

JULY 2023

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca



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SEPTEMBER 30
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Cute but not cuddly



Don't be fooled by these cutelings! Most wild babies just need to be left alone. Fledging birds are learning to fly while leverets (baby hares) and fawns rely on camouflage for protection while mom forages! Keep pets secure when wild young are around.

Do you have teaching experience and a passion for wildlife? Apply today! Scan to learn more or visit: www.calgarywildlife.org



FOOD TRUCKS

@ ECA



MONTHLY MAY TO SEPTEMBER

5:00 PM – 8:00 PM
JUNE 29, JULY 27, AUGUST 30, SEPTEMBER 28

There are a variety of trucks + a portion of sales goes to the ECA

33 EDGEVALLEY CIR NW



PHONE: 403-238-1211 | WWW.EDGEMONT.AB.CA



President's Message



In Calgary, July will always be synonymous with the Calgary Stampede. The ECA jumped on the bandwagon and organized a pancake breakfast at the community centre on June 24. It was the first we've had in a while, and it was held in conjunction with the Nordic Rodeo. I hope you had a chance to enjoy the day's activities and yell out your first "yahoo!"

July is the beginning of summer vacation for Edgemont students. There are several summer camps and other youth-minded activities held at the community centre. We've been advertising these on our website and in the newsletter for some time with good registration numbers evident. We're always looking for new ideas and while we won't be able to implement them for this summer, we can put them into our plans for 2024. Share any ideas you have with the office and the staff will forward them to the appropriate committee for consideration.

July is smack dab in the middle of construction season! We know we must suffer a little bit of pain for any long-term gain; disruption to our roadways is often the cause of that pain. We have been advised by the City that Shaganappi Trail between John Laurie Boulevard and County Hills Boulevard will be repaved. Road repairs are expected from June through October. At the time of writing, I don't have the exact schedule but the City does post the information through the Annual Paving Program (calgary.ca) to help residents plan their trips.

Flickers – love them or hate them, they are part of the natural world of Edgemont. We have a pair nesting in an old log in our backyard and we watch them on a wildlife camera. Very entertaining! I think you can put me in the "love them" category. That said, we are not so enamored with them at the community centre. There, the birds have become pesky creatures who have pecked holes in the side of our recently stuccoed facility. We are doing our best to discourage them, but they are determined! It means repairs and it is unsettling to look at the damage they've done to what was our new pristine wall. We have tried to give them an easy alternative by putting up a flicker friendly bird house. Thanks to

Edgemont resident, Rick Lazzarotto, birdhouse builder extraordinaire, one was quickly available, although we may have missed the nesting season this summer.

I received a number of emails from residents about flowers in the planters. By now, you should see them in full bloom. Spring came early so we were all anxious to get some colour on the boulevards. We typically wait until after the May long weekend to put in the plants and we followed suit this year. The plants are a considerable expense and we can't always count on Mother Nature not to sprinkle a few frosty nights in late May.

In closing, I want to thank the students at Tom Baines School, especially those in the Environmental Stewardship program for their efforts, Dairy Queen Edgemont for dilly bars, the Federation of Calgary Communities for their funding, and the City of Calgary for cleanup kits in support of our community cleanup day on June 8. The smoke derailed our original plan to host a cleanup day on May 16 and so the event was rescheduled. Thanks to the volunteers who gave their time and showed their community spirit by helping us keep Edgemont clean!

When you are out and about, stop by and have a look at the fence painting by Westminster Church and Tom Baines School. It puts a smile on your face, and we could all use seeing more smiling faces!

Pamela Wilson

President



Edgemont Farm Stand

The City of Calgary hosts farm stands in local communities throughout the summer. A farm stand will be in the Edgemont Community Centre parking lot every Thursday from 3:30 to 7:00 pm. Visit Calgary.ca/localfood for more details!



33 Edgeway Circle NW, T3A 4X1
 Phone: 403-239-1211 • Fax: 403-547-5799 • Email: office@edgemont.ab.ca
 Web: www.edgemont.ab.ca • Facebook: Edgemont Community Association
 Twitter: @EdgemontCA • Instagram: @edgemontcommunity
 Business Hours: Monday to Friday 9:00 am to 5:00 pm

Submissions to
 Inside Edge due
 on the first of
 every month

VOLUNTEER BOARD OF DIRECTORS

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EDGEMONT VOLUNTEERS

Jeff Edwards	volunteers@edgemont.ab.ca
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Vacant	Mother Mary Greene Rep
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- The Board Room: Capacity 20**

For more information call 403-239-1211

The Tea Plant

Did you know that all tea comes from the same plant? Whether it's green, black, white, oolong, pu'er, or matcha, it all comes from the Camellia sinensis plant, a flowering evergreen. The difference in flavour has to do with the way the leaves are processed!



A Message from Your Volunteer Coordinator

Hello again Edgemont,

Volunteerism is alive and well in Edgemont!

Thistle Weeding – Would you like to help with thistle weeding in City parks? Contact me for information about the event (9:00 am on July 26).

Cleanup and Celebration – An exciting new event that happened on June 8. Volunteers picked up garbage all through Edgemont. Then there were refreshments and games! Thanks everyone.

Nordic Rodeo and Breakfast – Another great combo that happened June 24 at the ECA. Thanks to all the volunteers who made it happen!

Summer Lunch Club – We are once again helping out children in our neighbourhood in July and August. Email me if you can help occasionally.

Breakfast Club – In the fall, we could use another shopper to help occasionally. Interested?

Food Trucks and Volunteer List – There’s ongoing volunteering with the food trucks on last Thursdays and other ECA programs and events. Email me if you want to be on the volunteer email list.

Thanks everyone. Loving our neighbours,

Jeff Edwards

volunteers@edgemont.ab.ca

Indigenous Blanket Exercise – A Learning Opportunity



We live on Treaty 7 lands, thus, we are considered the peoples of Treaty 7. On September 30, 2023, from 3:00 to 5:00 pm, ECA, along with Westminster Presbyterian Church and Northwest Community Church, will host Rev. Tony Snow and Elders from the Stoney Nakoda Nation in Morley. It will be an opportunity to learn about the Indigenous peoples’ experiences of colonization using a blanket exercise, followed by a talking circle.

The blanket exercise was developed by Elders and educators to create an experiential learning tool to narrate the historic and contemporary relationship between Indigenous and non-Indigenous peoples in a Canadian context. The exercise includes storytelling, dialogue, as well as references to *These Mountains Are Our Sacred Places - The Story of the Stoney People*, written by Chief John Snow.

With Indigenous History Month in June, there were also many opportunities to learn about Indigenous culture and ceremonies, yet this blanket exercise experience offers an Indigenous representation of what happened to their ancestors when settlers first started arriving in Canada. There will be a limit of 50 participants, so register early through ECA website.



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News, Events, & More



Crime Statistics



Real Estate Statistics



After so many days with absolutely beautiful weather in May, we started populating our flower beds on June 1 in weather requiring toques and hot chocolate. Foothills, our landscaping company spent the first two days of June planting flowers in the flower beds, while work on the planters started on June 5. By the time you read this article in the July newsletter, the plants should be well established and full of colour and beauty! The pictures accompanying this article show a few of the parks that were just planted a few days ago. It will be exciting to see how they compare when in full bloom! Prior to planting, Foothills helped our ELM coordinator plant all the perennials donated by Edgemont residents! We will gratefully welcome your donations next year, as we have now finished the program for the remainder of 2023. Please contact our ELM coordinator at askELM@edgemont.ab.ca if you would like to donate perennials in the spring of 2024!

Going back to the start of the month of May, we met with one of the City ecologists on May 1 to have a look at the steep slope next to the firehall as a potential naturalization pilot area. The City of Calgary is currently working on a plan of potential pilot naturalization projects and the ecologist will further discuss our specific scenario with the City. As mentioned in previous articles, there is quite a bit of planning and red tape associated with this type of project and the very earliest we could see anything happen would be in 2024.

On the topic of naturalization, if you are interested in planting wildflowers in your own yard, you may want to check out the YardSmart section on the City of Calgary's website. It has a wealth of information on what trees/shrubs/plants grow well in Calgary and includes a section on wildflowers that thrive in Calgary. You can download several free guides in PDF format on trees and shrubs, plants, and native wildflowers. Below is the link: <https://www.calgary.ca/water/programs/yardsmart.html>.

Regarding potential tree planting for this year, responses are anticipated from the City's Forestry Department regarding potential plans of tree placements in our community.

Tagging along at the Spring Market event on May 6, ELM hosted a perennial plant exchange. Given that April had been so cold, and many gardeners were still facing



frozen or partially frozen flower beds, we were happy and impressed with the turnout of our real garden troopers! This included some very young and enthusiastic gardeners who promised to send us some pictures of how their new plants are doing! Next year, our plan is to host a perennial plant exchange later in the month of May to give our perennials a better chance to show themselves!

Any concerns or questions regarding maintenance and who should do what, City or ELM, please contact us at and we would be very happy to respond to your concerns.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka

ECA EVENTS & PROGRAMMING

**Location of events and programs are at the Edgemont Community Association unless otherwise specified. **

Note: All programs subject to AHS COVID-19 rules

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Self-Development and Healthy Living

Good Food Box

Small Box

\$25, 15 to 20lbs of fruits and vegetables

Medium Box

\$30, 25 to 30lbs of fruits and vegetables

Large Box

\$35, 35 to 40lbs of fruits and vegetables

*All weights are approximate

Order By

August 22

September 19

October 17

Pick Up

August 30

September 27

October 25

Email orders and information to GFB@edgemont.ab.ca.

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

Living the Legacies Al-Anon Meeting

Thursdays at 10:00 am in the Mountain View Room, person to person. Contact livingthelegacies@gmail.com for the Zoom link to join us online at the same time.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday. Contact 403-547-1020, or visit www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit <http://artsstc.com/>.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Coding Class

July 31 to August 4

9:30 am to 12:00 pm

Ages 8 to 12

Contact ECA at 403-239-1211 or www.edgemont.ab.ca for details.

Junior Philatelists

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootball.ca

Math Competition Tutoring

Precise and effective tutoring for math competitions. Covers all major Canadian and U.S. events (COMC, Euclid, Gauss, AMC 10 and 12). Contact 306-371-5662.

Northwest Warriors Hockey

www.northwestwarriorshockey.com

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Suspended until January due to gym unavailability. Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

To register for programs, call 403-239-1211



SUMMER CAMPS

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Taskai Kai Karate

Youth and adults. Contact Doug at 403-560-4508.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, X-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Spiritual

Northwest Community Church

Calgary True Light Gospel Church

Chinese service.

Gospel Church

Sunday evening services. Visit www.edgemontab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Monday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.



Registration opened May 1 on Edgemont.ab.ca.

Mr. D's Awesome Summer Teen Drama Camp

Grade 6 to 12 | July 3 to 7

Registration is on the Edgemont Community Association website. Register early as this camp sells out fast. Camp runs from 9:00 am to 3:00 pm each day.

Full – Mr. D's Awesome Summer Drama Camp from a Galaxy Far, Far Away

Ages 8 to 15 | July 10 to 14

Join the waiting list at www.edgemont.ab.ca.

Additional Summer Camps

Polyglots

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For more information and to register, please visit www.littlemedicalschool.com/calgary.

Contact us by email at calgary@littlemedicalschool.com or call 403-7552151.





193 Edgemont Scouts Update

Hello Edgemont community,

Another Scouting year is at an end! It was a busy one for all sections, capped by our annual Linking Camp at Chain Lakes Provincial Park at the end of May and the year-end barbecue with our partner group, 4th Elks Triwood, in June.

It was great to complete a full program of camps and outdoor activities. The Scouts were able to join Calgary-wide events like the Great Escape, Iron Scout (a cooking competition), and the Scout Con gaming day. We also got back to our traditional cross-country ski trip for the first time since the pandemic with a two-night ski just over the border to the Elk Lakes hut in BC. Insert Image



Our younger Cubs and older Venturers also spent weekends camping while the Beavers, our youngest section, had an overnight stay at the Hanger Flight Museum. Other activities for the Cubs and Beavers included hikes, skating, bowling, crafts, cooking, and a Remembrance Day program at the military museums. Our youth also helped out at the ECA's Winter Handmade Market in November.

Fundraising remains an important activity for the group if we are to continue to offer such a varied program. We are grateful to everyone in the Edgemont community who donated to one of our three bottle drives this year or bought popcorn in the fall. We also appreciated a generous donation to group funds from the former Edgemont soccer group headed by Jonathan Toop. The Pacific Jamboree returns in 2024 so our Scouts will be working doubly hard to fundraise their way to Vancouver Island next July!

Money aside, it's our amazing band of volunteer Scouters (leaders) who keep our show on the road, so we'd like to thank all of them for their time and commitment this past year. Special thanks go to Scouter Ross, who is retiring from Scouting after 25 years, and Scouter Amanda, who is stepping down after a decade as the mainstay of our Beavers section. We know that many members of the community owe them a debt of gratitude!

It's great to report that spots in our Beavers section remain in very high demand, with several youth currently on our waitlist. We are always delighted to welcome new youth into Scouting, but our capacity is directly proportional to the number of Scouters. More leaders mean more spaces for the kids. If you think you can help to lead this friendly and always entertaining group, then please get in touch! A space in our program is guaranteed to the youth of parents who give their time to deliver activities at the weekly meetings.

Thanks again for your support and have a great summer!

Graham Heeps

Registrar, 193 Edgemont Scouts

193edgemontand4triwoodscouts@gmail.com

Cats, Canines, & Critters of Calgary



Big Earl, Capitol Hill



Blue and Jere, Mount Pleasant



Max, Temple



Tali, Temple

To have your pet featured, email news@mycalgary.com

Spring Market Recap



Thank you so much to all of the amazing vendors who came out to our Spring Market + Perennial Exchange on May 6. We had a great turnout and there were so many lovely local creations! We would also like to thank the amazing, dedicated volunteers for their hard work. Without volunteers, events like



the Spring Market would not be possible. Keep an eye on the newsletter and on our social media for more details about our Winter Handmade Market happening before Christmas.



Mother's Day Tea Recap



Thank you so much to everyone who came out and supported our Mother's Day Tea. Everyone looked stunning in their pearls and lace! A big thank-you to Marco of Dolci Di Delia for beautifully catering the tea with dainty pastries and mini sandwiches. We would also like to thank our amazing volunteers, without whom events like this simply would not be possible. Thank you to all!



ONE SMALL STEP

On July 20, 1969, humans landed on the Moon for the first time. Commander Neil Armstrong was first to step onto its surface, and he's believed to have said "That's one small step for man, one giant leap for mankind." He said later that he was misquoted; his first line was actually "That's one small step for *a* man."

Edgemont

MEMBERS GET MORE

SIGN UP TODAY!

Support your community and get discounts on programs through the ECA with your membership

Scan the QR code to get your membership!



News from the Friends of Nose Hill

by Anne Burke

Guided Plant and Herb Walk

A guided plant and herb walk on Nose Hill taught attendees about local landscape and ecology (living things and habitat). The group identified plants, whether edible or poisonous ones, as well as invasive plants (weeds) and native species.

There is much interest in traditional medicine and modern uses. Agrology deals with the natural, economic, and social sciences related to environmental protection. The walk leader, as a member of the Alberta Institute of Agrologists, has studied the application of science to agriculture. It is important to understand that Calgary's Parks & Pathways Bylaw prohibits foraging as part of these events.

City Nature Challenge 2023

Here are the results for the City Nature Challenge 2023! Across Canada, 43 cities were in this year's challenge. Calgary was first for observers, with 9,185 who reported 775 species. Calgary came in fourth for 347 observations. Globally, there were 482 cities, with 66,394 participants who reported 57, 227 species, including 2,570 rare, endangered, or threatened ones.

World Migratory Bird Day

Light pollution remains a threat to migrating birds. To raise awareness in Canada, World Migratory Bird Day was on the second Saturday in May and, in South America, will be on the second Saturday in October.



The First Author

Texts have always had writers, but historically, they haven't always named the authors. The world's first known author was a woman named Enheduanna, a Mesopotamian high priestess, poet, and writer from 23 century BCE. Many creative and religious texts are attributed to her despite the male dominance in scribal tradition!

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LONDONDERRY PAINTING AND DECORATING: Interior painting: walls, ceilings, wood trim, wallpaper application and removal. Exterior painting: house, garage, fences, decks, including fence and deck repair. Seniors receive a discount. For a free estimate call Howard at 403-226-3456.

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