

NOVEMBER 2023

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca

**CHRISTMAS MARKET
NOVEMBER 18
SEE INSIDE FOR DETAILS**



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22-0024302 ADV-23056

calgary.ca/rpp

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Central Commons Park

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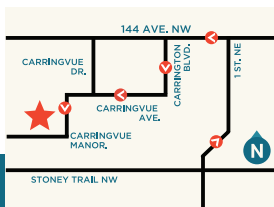
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President's Message



Are you one of the people who wait for Sunday, November 5, so our clocks will fall back one hour, and you can get an extra hour of sleep? Apparently, the practice was first suggested in a whimsical essay by none other than Benjamin Franklin in 1784. Several countries, including Australia, Great Britain, Germany, and the United States, adopted summer Daylight Saving Time during World War I to conserve fuel by reducing the need for artificial light. Here we are in 2023 debating whether we should continue to adopt this practice or whether in our "modern" day and age the need for this has run its course. Several jurisdictions have passed legislation indicating a willingness to set the clock and run on the same time year long. However, it seems each one is waiting for the other to take the first step.

November is a month of remembrance. November 11 is the official day we recognize our veterans and just how fortunate we are to live in Canada, a country that in recent memory has not been the site of war. The date was chosen at the end of WWI to honour those people who fought for our freedom. Today we also remember veterans who work in areas of conflict as peacekeepers. We take time to remember veterans who made the ultimate sacrifice and those who continue to work both at home and abroad to support peacekeeping missions and disaster relief. Our latest call on Canada's military was to aid in the fighting of this season's fires in the worst forest fire season on record.

November should ring in the completion of some of the construction projects at the Edgemont Community Centre. We've re-stuccoed the building to repair the damage caused by the flickers. The interior of the building has had the old lights replaced with new LED ones. Fingers crossed; the metal roof has been repaired. Keeping the building in good operating order is an ongoing task and it seems as soon as one project is completed; we are starting on a new one. It's not much different than maintaining your home. It's a never-ending battle.

Vandalism in our community is a concern. We're continuing to have incidents around the ECC where people are on the roof and in these last cases, damage was done to our HVAC system. Another repair on the

horizon! There has been damage at the ice rink so new lights have to be installed and from time to time, graffiti raises its ugly head. We rely on residents to keep their eyes open and if you see anything that concerns you, call the police.

On November 18, ECC will be hosting its Christmas market from 10:00 am to 3:00 pm. Come and get in the holiday spirit and support local arts and crafts people.

Our annual Christmas hamper program is underway. If you can donate either time or money to this cause, contact ECC at 403-239-1211. Donations from Edgemont businesses as well as residents are welcome. In addition, there will be a day to assemble the hampers and wrap gifts. Watch the Edgemont website for more information. Last year more than 75 volunteers helped to put together hampers so that more than a dozen local families could have a merry Christmas. This year we anticipate that the need will be even greater.

Have you been following the re-zoning debate at City Council about the changes the federal government is demanding of municipalities to access federal funding for affordable housing. I must confess that I hadn't been paying much attention until one resident raised concerns about the impact this re-zoning could have on our community. If you want to get in the know, go to the City of Calgary's website and if you have comments or concerns, Counsellor Chu's office is the place to start.

Finally, I want to thank Rev. Tony Snow and his team for conducting the Blanket Ceremony at ECC on September 30, The National Day of Truth and Reconciliation. I can't say enough about the influence activities like this have on those who participate. Rev. Snow provided historical context and sorted out several widely held misconceptions about the relationship of the First Nations communities, not only with each other, but with the European immigrants as well as the federal government. The blanket exercise itself was an interactive, visual approach to the settling of Alberta. Thank you to the Stony Nation at Morley, Westminster Presbyterian Church, and North West Community Church for bringing the event to ECC. It was our honour to host it.

Pamela Wilson

President



33 Edgevalley Circle NW, T3A 4X1
 Phone: 403-239-1211 • Fax: 403-547-5799 • Email: office@edgemont.ab.ca
 Web: www.edgemont.ab.ca • Facebook: Edgemont Community Association
 X (Twitter): @EdgemontCA • Instagram: @edgemontcommunity
 Business Hours: Monday to Friday 9:00 am to 5:00 pm

Submissions to
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 on the first of
 every month

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EDGEMONT VOLUNTEERS

Jeff Edwards volunteers@edgemont.ab.ca

OFFICE 403-239-1211

Office Administrator office@edgemont.ab.ca

Become a Sponsor for the Edgemont Community Association!

Do you want to support community driven events and initiatives? Then become an ECA annual sponsor! You can choose from great perks like social media features, an ad on our website, customizable options, and so much more! If you are interested in becoming a sponsor, please email mackenna@edgemont.ab.ca for a sponsorship package.

OTHER CONTACTS

Heather Hubert	Office Manager heather@edgemont.ab.ca
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Lori Holford	Edgemont Elementary
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For more information call 403-239-1211

MEMBERS GET MORE

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Support your community and get discounts on programs through the ECA with your membership

Scan the QR code to get your membership!



Girl Guides

Everything she wants to be.

AURORA SKY DISTRICT

by Abby, Spark Leader

The 165th Sparks have an exciting year ahead of them! They've started the year off with some fun activities learning about what it means to be a Spark, the Spark Song, and their promise, "I promise to share and be a friend." The Sparks are now learning about Girl Guide Cookies and got to do their first cookie stand this year on September 23, at Nolan Hill Sobeyes!

They especially liked the part where they got to sample their product as a reward for their hard work. The girls also brainstormed what activities they want to do this year like going to the Calgary Zoo, playing tag, and doing crafts! Moving forward, they are going to learn about the Spark story, enrollment ceremonies, and campfire songs! The 165th Sparks are excited for bridging activities with the 91st Pathfinders and 60th Rangers, doing a litter chase before it gets too cold, and a winter pajama party before winter break! The upcoming year will be packed with fun and new friends!

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Trespassing and Vandalism on Edgemont Community Centre Rooftop

Attention Edgemont Residents,

From time to time, we have noticed that people have been climbing up onto our community centre roof. This is always dangerous, and we are continually trying to prevent this. Sometime over the last week or so there has been damage to our Heating Units and some of our vents and fans. Interference with air circulation and venting can create a serious risk to building users. Also, repairs can be expensive, particularly to our HVAC units, but also to our roofing. Damage to the roofing can allow moisture incursion into the building, which brings further risks to building users and materials.

As mentioned, we are in an ongoing battle to prevent roof trespassing; one day we caught some young teens with a ladder to gain access. You can help! I would ask that parents speak to their children and advise them that it is unsafe to climb up on the roof, there are sharp points, and significant risk of falls, there are active commercial heating units up there and gas and electric lines; this is not a safe place to play or hang out. There is a real risk of personal injury. There is also a strong probability that if caught, they will be charged. Our staff calls the police when they become aware of people on the roof.

If you see anyone up on the roof in the evening, please let our staff know if the building is open. If the building is not open, please call 911 and report the trespassers. The risks of injury to trespassers and damage to ECA or School property are significant.

We have also had vandalism at the rink, with lights, outlets, door, and eaves trough damage. Again, calling the police helps, but even making your presence known by driving through the parking lot can discourage this behaviour. Do not take personal risk, but your help is greatly appreciated.

Thank you.

Rick Wierzbicki, ECA Board



Our fall weather has been spectacular and at the time of writing, the yellows, reds, and rust colours are absolutely stunning. Moreover, the flowers in our parks and planters are still growing very strong despite water restrictions remaining in place. Sadly, the time is approaching to remove the flowers and prepare parks and planters for

winter. Our plan was to pilot a “pick a flower” event on the day prior to removing the flowers; however, we were beyond disappointed to discover that one of the planters on Edgeridge Gate, a fairly high traffic road, had been vandalized (see picture) at some point between September 24 and 27. If you see anything like this happening, please take pictures and phone the non-emergency police line (403-266-1234) right away to report these acts of vandalism. Also, we often experience theft of decorative items from our winter displays; as a resident of Edgemont, please help your community and report these crimes.

We have been extremely happy to work with Foothills Landscaping this year and are happy to let you know that they have been catching up on some of the outstanding projects including trimming of the lilacs along Edenwold Drive and revamping some of the permanent flower beds to feature plants that are more suitable for specific areas. A permanent flower bed in the Edgebrook area (EDG 119) is scheduled for a facelift in 2024.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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The city's forestry department has planted nearly 60 trees in Edgemont this year and they are taking a different approach to the tree planting process to increase the chance of survival of new trees along our medians, such as modifying the content and volume of the tree beds and using mulch. Trees on medians are subject to road salts, pollution, and damage from equipment.

Unfortunately, the pocket gophers have been raising havoc near the community centre and at the Disc Golf Park and the city is in the process of treating the affected areas.

A quick reminder that if you have any perennials to donate in spring, please contact us as soon as possible using the email address below, so our ELM coordinator can take your most appreciated donation into account when planning for next summer.

askElm@edgemont.ab.ca

We are also happy to inform you that there will be no increase of the special tax levy next year to help fund the ELM program.

Any concerns or questions regarding ELM, please contact us using the above email address and we will be very happy to respond to your concerns.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka

**SCAN HERE TO VIEW ADDITIONAL
EDGEMONT CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



ECA EVENTS & PROGRAMMING

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Note: All programs subject to AHS COVID-19 rules
Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Self-Development and Healthy Living

Good Food Box

Small Box

\$30, 15 to 20lbs of fruits and vegetables

Medium Box

\$35, 25 to 30lbs of fruits and vegetables

Large Box

\$40, 35 to 40lbs of fruits and vegetables

*All weights are approximate

Order By

November 13

Pick Up

November 22

Please email GFB@edgemont.ab.ca for more information.

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

Living the Legacies AI-Anon Meeting

Thursdays at 10:00 am in the Mountain View Room, person to person. Contact livingthelegacies@gmail.com for the Zoom link to join us online at the same time.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday. Contact 403-547-1020, or visit www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for

youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting.

Visit <http://artsstc.com/>.

Bizz Atomic

Offers business and entrepreneurship education for Grade 4 to 12 students through comprehensive virtual and in-person programs tailored to various age groups. Visit www.bizzatomic.com for more information.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootball.ca

Math Competition Tutoring

Precise and effective tutoring for math competitions. Covers all major Canadian and U.S. events (COMC, Euclid, Gauss, AMC 10 and 12). Contact 306-371-5662.

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Taskai Kai Karate

Youth and adults. Contact Doug at 403-560-4508.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, X-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Spiritual

Northwest Community Church

10:30 am Sundays. See nwcchurch.ca.
Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See calgarytruelight.com.
Chinese Service
Ke Wang 587-717-5826

Gospel Church

Sunday evening services
Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Christmas Market

November 18, 10:00 am to 3:00 pm at ECA



Yielding to Emergency Vehicles

by Alberta Health Services

For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles with their lights and sirens activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- Move right or left to the nearest curb on one-way streets.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., to pass other traffic.

When operating a vehicle:

- Motorists must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.





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Google Images

We've all used Google Images, but do you know the reason it was created? On July 12, 2001, Google invented this search engine because so many people had searched for pictures of Jennifer Lopez' green Versace dress. Can you imagine that kind of impact?!

A Day to Remember

by Fatima Farhan, a volunteer with the Edgemont Youth Press



Remembrance Day, a day which marks the end of the First World War, first took place on Monday, November 11, 1918. On this day, we remember and acknowledge the heroic soldiers who served and sacrificed.

How do we remember?

A moment of silence can be given on the 11th hour of the 11th day of the 11th month of the year. In addition, there are many ceremonies hosted across Calgary. For example, at the Military Museum. The Military Museum's ceremony includes the laying of wreaths on the Eternal Flame Monument and guests of honour, which include the mayor of Calgary and veterans.

Poppies are also a way in which we remember. So why exactly do we wear poppies?

It all started with Lieutenant-Colonel John McCrae. He was a Canadian physician and soldier during World War 1. On May 2, 1915, sadly one of McCrae's friends and fellow soldiers died on the battlefield during the Second Battle of Ypres. McCrae noticed how the poppies began to grow on the battlefield and around the graves of fallen soldiers and he decided to write a poem. Today, "In Flanders Fields" is read around the world to remember the fallen.

"In Flanders fields the poppies blow / Between the crosses, row on row, / That mark our place; and in the sky / The larks, still bravely singing, fly / Scarce heard amid the guns below. / We are the Dead. Short days ago, / We lived, felt dawn, saw sunset glow, / Loved and were loved, and now we lie, / In Flanders fields." -John McCrae

The poppy is now worn as a symbol of respect to all those who served in war. The week of November 5 to 11 is Veterans Week, with November 8 being Indigenous Veterans Day. In the First World War alone, over 4,000 Indigenous soldiers served for Canada. November 11 is a day in which we honour and respect the brave soldiers who have served in the wars for our freedom.



CHRISTMAS HAMPERS

ITEMS NEEDED:

- FOOD:** Staples such as dried beans and lentils, rice, pasta, flour, sugar, etc. Canned meat such as tuna, salmon, etc would also be welcomed
- CASH:** Is needed in order to cover gift requests and perishable food items
- GIFT CARDS:** Gift cards to Superstore or Walmart are very useful
- OTHER:** Winter accessories, socks, + underwear for adult men and women
- GIFTS:** Please feel free to also drop off new + unopened appropriate gifts

PLEASE DROP OFF ALL DONATIONS AT THE ECA

 OCTOBER 1 TO DECEMBER 8

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BLUE WAGON LANDSCAPING: A local student-owned business now offering snow removal services! Ensure safe and clear paths for the holiday season. 700+ homes served. Limited spots are available so book now to keep your property snow-free. Contact Michael at 403-585-6128, team@bluwagon.ca, or visit www.bluwagon.ca to get a free instant quote!

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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At-Risk for Mental Illness Research Program

Seeking participants for youth mental health studies

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- Are you 12-30 years old?


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For more info, please contact: 403-210-8740 or naps@ucalgary.ca

The University of Calgary Conjoint Health Research Ethics Board has approved these research studies (REB20-0983, REB20-2133, REB21-0535)

Joke of the Month

What did the yoga instructor say when his landlord tried to evict him?

Namaste.





News from the Friends of Nose Hill

by Anne Burke

In 1993 a land use inventory was conducted of Nose Hill Park. This study reported on archaeological resources on Nose Hill from Alberta's original inhabitants and their land. For the Blackfoot, their culture and homeland have existed for as long as 6,500 years or more. This was their place for more than 350 generations. There are clues about their way of life from remains of the prehistoric past, such as tools, 10 campsites, a kill site, and a "cairn" or stone pile. Pre-contact cairns were used as small game traps, navigation markers, flagging for drive lanes, and burials.

Nose Hill has 18 known sites which contain stone circles from tipi lodges and cooking circles or a central hearth. Fire-broken or cracked rock is a by-product of stonепit boiling. The tipi covers and liners were held down by rocks from the tipi circles. The distribution and weights along the circle are a means of determining the season of use. It is presumed to be a shorter period based on the Nose Hill uplands, where tipi lodges are back from the escarpment edges or in depressed areas, so they were probably meat camps or transitory travel camps. People likely lived there in the early spring for the hunting of individual bison. There are more than 90 rings. The size of the lodge group can be estimated by the size of the ring. Given the number of skins and poles for a tipi, we learn about a group's transportation method. The number and distribution of the rings within a group reveal the size of a larger social group. Isolated rings, even when found in groups, may be vision quest sites.

Read more Uncovering Human History: Archaeology and Calgary Parks at: www.calgary.ca/parks/history.html.

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