

APRIL 2024

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca

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Edgemont
Community Association



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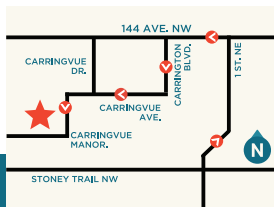
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President's Message



What's going on in April at ECA, you might ask? There are many programs in the works for April and beyond, so I'll get straight to it.

Let me start by saying "thank you" to the volunteers who supported Lego Mania.

It's amazing to see what can be made of those simple little blocks. Congratulations to all who participated. Volunteers are the backbone of any community association, and in Edgemont we have the best! Perhaps I'm a little biased.

One issue that's become quite contentious is the City's Upzoning Bylaw. I've heard from a few residents, and we were joined at our last meeting by two who presented a case to oppose the bylaw and the process that's taken us to this point. We had a very good discussion, and the Board has sent a letter to the Mayor and City Council outlining our position. Several community associations have sent a joint letter with a similar outlook. ECA decided that sending our own letter along with an invitation to host a community town hall to the Mayor and the City Council was a stronger tactic that enabled us to outline our own views on this bylaw. At the time I'm writing this message, I haven't had an acknowledgement of our letter or our invitation.

For those looking to get out on the soccer pitch, registration is open. See the website for details. Play with your friends. Make new friends. Learn new skills. Soccer is one of the fastest growing sports and with good reason.

On May 11 ECA will be hosting "Petals and Posies" our annual Mother's Day Tea. Please join us for an afternoon celebrating mothers, grandmothers and all others who serve in a nurturing role in families. It's a garden party theme so don your favourite spring colours and enjoy the goodies and the companionship. There will be a photo area complete with a spring backdrop so tune up those cameras in your cell phone and have a family photo taken. There will be volunteers around to take the pictures. Registration is a must as we are limiting the attendance to 50. Go to the ECA website for a link to the registration information.

May 15 is our AGM. We will be posting the agenda as well as audited financial reports on our website so members can review the information prior to the meeting. It's been a busy year so there is lots to report! In addition, several Directors have completed their terms of office. This means there is room for new members to join the Board. If you are interested, contact Rick (rick@edgemont.ab.ca) to get the nomination package. So far there has been lots of interest and we'd be happy to see even more! The term of office is two years with a limit of serving no more than three consecutive terms. We are looking for innovative ideas.

Watch out for details about the Disc Golf tournament on May 25. More information can be found on the website as well as further along in this newsletter. Here's hoping for a good weather day. The disc golf course is well utilized, and I continue to receive positive comments about how much fun residents are having on the course. Our tournament is "mostly" recreational, but if you know golfers, both the traditional and disc type, you know that a little competition always sneaks its way into the game.

Nordic Rodeo will be held on June 22 along with a Stampede Breakfast and a Citizenship Court Ceremony. A great kick off to Stampede shenanigans. Check the website for the complete program. ECA is honoured to host the Citizenship Court to welcome new Canadians in great Calgary style. All are welcome.

ECA has had a number of meetings with MLA Julia Hayter. Julia has a great interest in our community and its needs, particularly around social service supports. One initiative that she has launched is Period Poverty Drive. ECA is supporting MLA Hayter by being a collection site for feminine hygiene products to be distributed to those in our community that are finding it difficult to stretch their household budgets. Drop by the centre with items and you will find the collection spot just outside the reception office. Doing our part helps people feel confident in their ability to partake in all activities no matter the time of the month.

In closing I'd like to encourage all members to take out a membership in ECA. There is a link on the website to accept your payment. It's a simple thing but the more members ECA represents, the more influence we

have when advocating on our community's behalf. All members who pay their fees prior to the AGM being called to order are eligible to fully participate in that meeting. There will be memberships sold onsite that day if that seems more convenient.

Pamela Wilson

President



Vancity

April is a special month for Canada! Now a bustling hub of community, film, and diversity, the city of Vancouver was incorporated on April 6, 1886. Can you imagine a Canada without Vancouver?!



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Petals & Posies
Mother's Day Tea

FRIENDS CAFE
'Catered by our local Friends Cafe'

\$25/adult
\$20/child

2-4pm
May 11th

Ticket includes food, sweets, and drinks. Kids under 2 are free




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Jeff Coombes	Director jeff@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Jeff Edwards	volunteers@edgemont.ab.ca
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OFFICE 403-239-1211

Office Administrator office@edgemont.ab.ca



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Anthony Gong	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
Disc Golf	discgolf@edgemont.ab.ca
ELM	askELM@edgemont.ab.ca

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- The Board Room: Capacity 20**

For more information call 403-239-1211

SCAN HERE TO VIEW ADDITIONAL EDGEMONT CONTENT

<p>News, Events, & More</p> 	<p>Crime Statistics</p> 	<p>Real Estate Statistics</p> 
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With the huge snowfall of the past couple of days, it is a bit of a challenge to think about spring and what flowers are going to populate our flower beds and planters this summer! However, we have just received some flower suggestions from our landscaping company for the upcoming season which

is very exciting! Worse drought conditions than in 2023 are predicted for the 2024 season, so we may be facing water restrictions like we did towards the end of the 2023 season. Despite those restrictions, our flower displays were beautiful, and we are looking at similar designs for this summer. As for your own garden, the city website has some suggestions regarding plant species that are more drought resistant: <https://www.calgary.ca/water/programs/water-wise-annuals-and-perennials.html>.

ELM newsletter articles are published on the ECA website as soon as they are submitted to the communications coordinator, whereas the hard copy is delivered to residents several weeks later. If you are regularly checking our website, the information below may reach you on time to remind you to frequently check the City of Calgary website for updates on a few freebies. As in previous years, the city will give away free compost from the green bin material collected. Remember that you need to book appointments to get your free compost! At this time, there are no updates regarding start dates; however, below is a link to the page with information about the green-cart-compost-giveaway: <https://www.calgary.ca/waste/residential/green-cart-compost-giveaway.html>.

Also available to Calgarians is free mulch; keep an eye out for updates about free mulch by checking the webpage below. All of this free stuff goes quickly, so check the website daily with your morning coffee! <https://www.calgary.ca/waste/residential/free-mulch.html>.

The annual Spring Market and Perennial Exchange will take place on April 27 from 10:00 to 3:00 pm at the Edgemont Community Centre! Hopefully, we will have

an early spring, allowing you to dig up perennials you would like to exchange at this time. Please label your plants and bring them in a container or lined cardboard box for the new happy owners to take home. No invasive species or weeds please!

Our ELM coordinator would also be very happy to arrange for curb side pickup of any perennials that you would like to donate to the community. Please let us know if you are planning to donate plants this year by contacting us via email at askElm@edgemont.ab.ca.

Lastly, street sweeping in Edgemont is scheduled for June 8 to 12.

Any concerns or questions regarding ELM, please contact us using the above email address and we will be very happy to respond to your concerns.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka



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Soccer in the Community

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northsidesoccer.ca

ECA EVENTS & PROGRAMMING

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Note: All programs subject to AHS COVID-19 rules

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Self-Development and Healthy Living

Good Food Box

Small Box

\$30, 15 to 20lbs of fruits and vegetables

Medium Box

\$35, 25 to 30lbs of fruits and vegetables

Large Box

\$40, 35 to 40lbs of fruits and vegetables

*Please note weights are approximate

Order By 6:00 pm

April 15

May 6

June 3

*No Good Food Box in July

August 5

September 2

September 23

October 21

November 18

Pick Up

April 24

May 15

June 12

August 14

September 11

October 2

October 30

November 27

Order link:

edgemont.getcommunal.com/parent_programs.

Email GFB@edgemont.ab.ca for information.

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

Living the Legacies AI-Anon Meeting

Thursdays at 10:00 am in the Mountain View Room, person to person. Contact livingthelegacies@gmail.com for the Zoom link to join us online at the same time.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday. Contact 403-547-1020, or visit www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

Free Ballroom Dance Classes

Professionally taught Ballroom Dance for Kids with showcases - all free for kids 8 to 12, twice a week. Please register and take advantage of this opportunity! Email inspire.dancestudioyyc@gmail.com or call 587-839-3575 for more information.

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artsstc.com/.

Bizz Atomic

Offers business and entrepreneurship education for Grade 4 to 12 students through comprehensive virtual and in-person programs tailored to various age groups. Visit www.bizzatomic.com for more information.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Calgary Minor Basketball Association (CMBA)

CMBA provides basketball opportunities for youth in and around Calgary that is fair and safe. Visit www.cmba.ab.ca/ for more information.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Pee wee, Bantam)

www.mavericksfootball.ca

Oasis Learning

Oasis Learning offers a comprehensive Islamic and Arabic studies program for kids that is tailored to the needs of young learners. Our program is designed to provide children with a solid understanding of Islamic principles and practices, as well as proficiency in the Arabic language. Contact oasislearning20@gmail.com for more information.

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in northwest and southwest Calgary. The club offers

classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association.

Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.

Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Cricket Friends XI Adult Cricket Team

Contact anadeemus@yahoo.com for more information.

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-20-3988 or franky8y@hotmail.com.

continued on next page

To register for programs, call 403-239-1211

Calgary Chinese Elderly Citizen's Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985. It provides a great variety of services and programs including social services, community support, health service, etc.

Visit <https://www.cceca.ca/> for more information.

Spiritual

Northwest Community Church

10:30 am Sundays. See nwcchurch.ca.

Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See calgarytruelight.com.

Chinese Service.

Ke Wang 587-717-5826.

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Spring Market and Perennial Exchange

April 27, 10:00 am to 3:00 pm at ECA

Mother's Day Tea

May 11, 2:00 to 4:00 pm at ECA

Disc Golf Tournament

May 25, 10:00 am at John Laurie Park

Nordic Rodeo and Stampede Breakfast

June 22 at ECA



EDGEMONT COMMUNITY ASSOCIATION
NORDIC RODEO
+ Stampede Breakfast
June 22nd

Featuring

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MORE INFORMATION COMING SOON!

STAY UP TO DATE ON ALL OF THE EVENTS AND PROGRAMMING AT THE ECA BY FOLLOWING US ON OUR SOCIAL MEDIA CHANNELS!
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2024 Summer Camps at ECA

Mr. D's Awesome Summer Teen Drama Camp

Let's take off to The Wizarding World of Edgemont this summer. We plan to release The Prisoner of Azkaban. Get "Sorted", star in Friday's blockbuster production for family and friends. We will play "House Cup Survivor" with awesome new drama games, Quidditch challenges and prizes for everyone. Camp T-shirts, an all-house talent shows with Death Star Donuts, summer comic book day and Mr. D's awesome cooking show and more surprises are all on the menu. Your favourite camp counsellors are back too.

Grade 6 to 12 | July 1 to 5 | 9:00 am to 3:00 pm | \$265

Mr. D's Awesome Summer Drama Camp from A Galaxy Far, Far Away

It's time! The Jedi Return to the Edgemont community centre. With all new games, prop building, magic, and fun you do not want to miss out. It's a week of awesome Jedi Challenges, lightsabre battles, Bounty Hunter games with special guests, comics, and dramatic good times. Our stage play will be off the charts with lights, sound and you, the star! We'll have our own sci-fi convention. Don't miss the movie day, death star donuts, awesome camp t-shirts and your friendly neighbourhood Stormtrooper.

Ages 8 to 15 | July 8 to 12 | 9:00 am to 3:00 pm | \$265

Mr. D's Camp registration starts April 1.

Register early at edgemont.getcommunal.com as this camp sells out fast.

Little Medical School

- Little Doctor School Summer Camp: Calling All Future Doctors

Ages 6 to 11 | July 8 to 12 | 9:00 am to 4:00 pm

- Little Medical School Summer Camp: Wilderness Medicine and Sports Medicine

Ages 6 to 11 | July 29 to August 2 | 9:00 am to 4:00 pm

Register at www.littlemedicalschool.com/calgary
| calgary@littlemedicalschool.com | 403-755-2151
| Check our Facebook page: www.facebook.com/littlemedicalschoolcalgary.

Good Times Multisport Camp

Come try a variety of sports - soccer, BASE-sports, kickball, handball, ultimate frisbee, and more! Kids will be on a team, try new sports, develop skills, and increase their sports IQ, while building confidence and the ability to work with a team! All skill levels are welcome. Camp t-shirt, and a personalized award for every kid!

Ages 5 to 12 | July 15 to 19 | 9:00 am to 4:00 pm | \$375 per week

Ages 5 to 12 | August 22 to 26 | 9:00 am to 4:00 pm | \$375 per week

To register visit goodtimesmultisport.ca.

Summer In the City Camp

Closer to Home Community Services (CTH) and the North Central Family Resource Network (NC-FRN) extends free educational programming to the community during the summer through a unique program called Summer in The City (SITC). This annual program provides exciting, engaging, and experiential opportunities which serves diverse families, children, and youth within the North Central area of Calgary. For ages 7 to 14.

For more information, please contact North Central Family Resource Network at 403-543-0555 or email familyresourcecentrenetwork@closer-to-home.com.

Polyglots Summer Camp

Join us for a fulfilling learning experience this summer with our imaginary adventures and learn French or Spanish. No previous language experience required. Full of fun activities, games, arts and crafts, and language learning.

July 22 to 26: Tell me a Story | July 29 to August 2: Beyond our World.

For kids ages 5 to 10

Half Day \$160 and Full Day \$315

Pre- or post-care from 8:30 am to 4:30 pm for an additional \$25 per week.

Contact Polyglots.ca/immersion_camps/.

Email: contact@polyglots.ca.

Telephone: 587-287-8979.

Calgary Stars Camp

July 29 to August 2 | August 19 to 23

Keep an eye out in our newsletter and on our website/ social media as more summer camps become available for registration!

A Message from Your Volunteer Coordinators

Hi Edgemont Volunteers,

Here's the update...

Frost Fest and Lego Mania – Thanks to our amazing volunteers! These were great events in February and March.

Edgemont Rinks – Thanks for another great season. Wonderful volunteers did the cleaning, fixing, and flooding!

Snow Angels – Shovelers, your neighbours thank you again for keeping sidewalks clear for another winter!

ECA Board – Are you interested in helping direct all the great things that happen in our community? This is a great team to join.

Casino Volunteers – Are you interested in helping with our biggest community fundraiser? We'll know the date soon. Experienced volunteers are in place to lead the way!

Wednesday Breakfast Club – We continue to help children out in our neighbourhood Wednesday mornings before they head off to school. Email me if you want information.

Good Food Boxes – Distribution and delivery volunteers keep fruits and veggies flowing out of our ECA kitchen.

Other – There's ongoing volunteering with social events, online groups, the Edgemont Networking Group, Youth Press, ELM team, and other ECA programs. Email with inquiries.

And if you want to be on the volunteer email list, please contact us.

Loving our neighbourhood,

Tina Chen and Jeff Edwards

volunteers@edgemont.ab.ca



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MEMBERS GET MORE

SIGN UP TODAY!

Support your community and get discounts on programs through the ECA with your membership

Scan the QR code to get your membership!



Open Disc Golf Tournament

Saturday, May 25, 2024



Edgemont will host a family friendly all ages Disc Golf Tournament to celebrate the completion of the park. Two rounds for adults and one round for children. Come up to the golf course at the west parking lot on John Laurie Park after 10:00 am, pick up a score card and fill in your information, then get out and play.

There will be door prizes and draws for champions if there are ties for score in each class. There will be special prizes for various things we think of. It will be a fun day out.

As this is now a City facility, we will share the course with walk on players as well. Take your time, enjoy the course, and play safe.

Classes:

- Children old enough to throw to age 9
- Children aged 10 to 14, boys and girls divisions
- Children aged 15 to 18, boys and girls divisions
- Adult: Men
- Adult: Women

Register at edgemont.ab.ca.

Water will be provided, if the weather is terrible the event will be postponed for a week.

Rick Wierzbicki



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DISC GOLF TOURNAMENT



MAY 25 10 AM

FREE TO ENTER
REGISTER AT EDGEMONT.AB.CA

Edgemont JOHN LAURIE PARK



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HIGH SCHOOL SUMMER CAMP
Start earning credits right after Grade 9!

SESSIONS STARTING IN JULY AND AUGUST

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TO REGISTER NOW OR FOR MORE INFORMATION CONTACT US:
Progressive Academy
mountainadventure.school
780-455-8344



At-Risk for Mental Illness Research Program

Seeking participants for youth mental health studies

- Do you feel something is not quite right and you are concerned about recent changes in your thoughts, behaviour or experiences?
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The University of Calgary Conjoint Health Research Ethics Board has approved these research studies (REB20-0983, REB20-2133, REB21-0535)

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