

FEBRUARY 2024

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca

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LEGO MANIA
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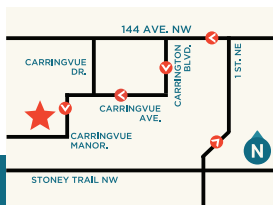


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Edgemont Community Association's

Frost Fest

It's a Fun
Winter Time!



Monday,
February 19

Come enjoy winter activities and games, grab a warm drink, and spend time with the family and beloved neighbours!

at John Laurie Park
from 11:00am to 2:00pm

Ice Skating - Snow
Games - Ice Bocce - Hot
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Cost: **FREE**



Confirm your
attendance



Edgemont

PHONE: 403-239-1211 | WWW.EDGEMONT.AB.CA

President's Message



With January in the rearview mirror, we're looking forward to February. February always seems to me to be the "slump" month. We're looking for something to do but not quite ready to be encouraged that spring is not far away. Although, if

I know the gardeners in the community, they are already perusing the seed catalogues.

I started investigating what folks celebrate in February. Wow! February 2 should be a hubbub of activity: Ground Hog Day, Play Your Ukelele Day, Optimists' Day, and the list goes on. Nowadays it seems like we have a day for everything. I particularly like Random Acts of Kindness Day on February 17. That's one I think we can all get behind.

On the ECA schedule, we are looking forward to Frost Fest on February 19. Fingers crossed that we get enough cold weather to have our outdoor skating rink in good condition. Thanks to Rick and the team of volunteers who look after that facility for us. Nevertheless, the hot chocolate and doughnuts will taste just as good if we have warmer than average weather and there will be new friends to meet. Confirm your attendance for this free event at edgemont.getcommunal.com/parent_programs.

March 9 brings us to Lego Mania. 2024 is our second event and if last year was any indication of the interest in Lego, we are anticipating a large turnout. Each entry is \$8 + \$1 registration fee and there are numerous categories to capture any builder's interest. You can find additional information at www.edgemont.ab.ca/events/lego-mania-competition-3/.

The Program Committee is always adding new programs and events. Keep up to date by visiting the events calendar found on the ECA website.

We are already recruiting for the next ECA Board. This year we anticipate that we will lose some experienced Board members who have completed their allowed terms on the Board. This means there will be several directorships to fill. We have had some interest and look forward to others stepping up to this challenge. If you are interested, let me know or get in touch with Rick.

We can fill in the details. In addition, if you'd like to see what we do, you would be welcome to attend a Board meeting to get a sense of what our committees and our Board have on the agenda. Send me an email at pam@edgemont.ab.ca and I'll make the arrangements.

Our Annual General Meeting is where elections to the Board take place and the business of the previous year goes under review. Elected directors serve a two-year term. We can have up to fifteen directors. This year we have been running very lean with eight although this isn't how we started out. We all understand that circumstances change and what we thought we could do last May and the challenges we were presented with meant we lost some good people. I believe we have made good progress on governance, human resources, building administration and renovations, and other matters that needed attention. We have a good staff complement to support the Board's direction. With any luck, we can keep the momentum going. You're your calendars for Wednesday, May 15, 2024, at 7:00 pm in the Panorama Room of the Edgemont Community Centre and plan to attend the AGM. You must be a member to vote or serve on the Board. Memberships are available online or onsite prior to the AGM being called to order.

That's a wrap for February.

Pamela Wilson

President



UNIVERSITY OF
CALGARY

At-Risk for Mental Illness Research Program

Seeking participants for youth mental health studies

- Do you feel something is not quite right and you are concerned about recent changes in your thoughts, behaviour or experiences?
- Are you 12-30 years old?

Our studies offer monitoring, education and/or interventions.

For more info, please contact: 403-210-8740 or napls@ucalgary.ca

The University of Calgary Conjoint Health Research Ethics Board has approved these research studies (REB20-0983, REB20-2133, REB21-0535)

VOLUNTEER BOARD OF DIRECTORS

Pamela Wilson	President president@edgemont.ab.ca
Barb Elms	Vice President barb@edgemont.ab.ca
Aurora Wen	Secretary secretary@edgemont.ab.ca
Shaffic Fazal	Treasurer treasurer@edgemont.ab.ca
Tina Chen	Director tina@edgemont.ab.ca
Kathleen Stewart	Director kathleen@edgemont.ab.ca
Rick Weirzbicki	Director rick@edgemont.ab.ca
Jeff Coombes	Director jeff@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Jeff Edwards	volunteers@edgemont.ab.ca
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OFFICE 403-239-1211

Office Administrator office@edgemont.ab.ca



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OTHER CONTACTS

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Lori Holford	Edgemont Elementary
Genie Han	Tom Baines School Rep genieh1@educbe.ca
Anthony Gong	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
Disc Golf	discgolf@edgemont.ab.ca
ELM	askELM@edgemont.ab.ca

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The Mountain View Room: Capacity 70

- Mountain view
- Wood floor
- Round or rectangular tables

The Board Room: Capacity 20

For more information call 403-239-1211

SCAN HERE TO VIEW ADDITIONAL EDGEMONT CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics





A Message from Your Volunteer Coordinator

Hi Edgemontonians,

Exciting news! Tina Chen has agreed to take on the role of Volunteer Coordinator for Edgemont. She and I will share the role this year. Tina currently serves on the ECA Board, and she is wonderful. You can reach either of us now at volunteers@edgemont.ab.ca. Thank you and welcome Tina!


Here is the update for this month:

- Our Snow Angels continue strong, shovelling walks for several neighbours. We could use another volunteer or two if you are available to shovel occasionally.
- The Wednesday Breakfast Club continues to help children out in our neighbourhood Wednesday mornings before they head off to school. Email us if you can donate or volunteer.
- Good Food Box monthly distribution and deliveries in the northwest continue with Edgemont volunteers.
- ECA Board – Are you interested in helping direct all the great things that happen in our community? This is a great team to join.
- Casino – We need a casino coordinator who will help recruit volunteers for our ECA fundraiser in Q4 2024. There are existing veterans to show the way and volunteer lists to reach out to. Contact us for more info.
- Edgemont Volunteers email list – If you want to hear about other opportunities and events email us to get on the list.

Loving our neighbours in Edgemont,

Jeff Edwards and Tina Chen

volunteers@edgemont.ab.ca




MEMBERS GET MORE

SIGN UP TODAY!

Support your community and get discounts on programs through the ECA with your membership.

Scan the QR code to get your membership!



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Despite the unseasonably mild temperatures to date, the winter displays arranged by Edenscapes appear to be standing up very well. As indicated in prior newsletters, the focus this year has been on using more spruce and decorations in the hope that the displays will withstand the test of this El Niño winter.

Decorations will be re-used in the years to come, so please take pictures of violations, and report any issues to askElm@edgemont.ab.ca right away.

At this point there is not a lot of news to report as trees and gardens are in a well-deserved dormant stage right now. However, there are quite a few things as gardeners to start thinking about and the city website offers several interesting ideas to have a look at. There are free YardSmart how-to videos and YardSmart plant guides available on the city website.

Are you re(designing) your yard for native plants, or did you move to a house with a sunny (or shady) yard? Then you may find some helpful ideas in the free articles and videos offered by the city on their website. In 2023, the city also offered some online courses together with the Calgary Horticultural Society on designing your yard; it is not clear if that will be the case this year. Courses (some online) are offered through the Calgary Horticultural Society as well; however, you will have to be a member of the Calgary Horticultural Society. We suggest that you keep looking for updates on free workshops related to gardening on the city website. Furthermore, the gardening guides are offered in several languages! Here is a general link and you can browse further from there: www.calgary.ca/water/programs/yardsmart.html.

As in previous years, the city will offer the Green Cart compost giveaway starting in April. You are required to book an appointment through the city website if you would like to take advantage of this. Since this is a very popular program, check the city website regularly and book as soon as possible: <https://www.calgary.ca/waste/residential/green-cart-compost-giveaway.html>.



A quick reminder that if you have any perennials to donate in spring, please contact us as soon as possible using the email address below, so our ELM coordinator can take your most appreciated donation into account when planning for next summer: askElm@edgemont.ab.ca.

Any concerns or questions regarding ELM, please contact us using the above email address and we will be very happy to respond to your concerns.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka

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ECA EVENTS & PROGRAMMING

Note: All programs subject to AHS COVID-19 rules

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Self-Development and Healthy Living

Good Food Box

Small Box

\$30, 15 to 20lbs of fruits and vegetables

Medium Box

\$35, 25 to 30lbs of fruits and vegetables

Large Box

\$40, 35 to 40lbs of fruits and vegetables

*Please note weights are approximate

Order By 6:00 pm

February 19

March 11

April 15

May 6

June 3

*No Good Food Box in July

August 5

September 2

September 23

October 21

November 18

Pick Up

February 28

March 20

April 24

May 15

June 12

August 14

September 11

October 2

October 30

November 27

Order link:

edgemont.getcommunal.com/parent_programs.

Email GFB@edgemont.ab.ca for information.

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

Living the Legacies Al-Anon Meeting

Thursdays at 10:00 am in the Mountain View Room, person to person. Contact livingthelegacies@gmail.com for the Zoom link to join us online at the same time.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday. Contact 403-547-1020, or visit www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

Free Ballroom Dance Classes

Professionally taught Ballroom Dance for Kids with showcases - all free for kids 8 to 12, twice a week. Please register and take advantage of this opportunity! Email inspire.dancestudioyyyc@gmail.com or call 587-839-3575 for more information.

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artstsc.com/.

Bizz Atomic

Offers business and entrepreneurship education for Grade 4 to 12 students through comprehensive virtual and in-person programs tailored to various age groups. Visit www.bizzatomic.com for more information.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Calgary Minor Basketball Association (CMBA)

CMBA provides basketball opportunities for youth in and around Calgary that is fair and safe. Visit www.cmba.ab.ca/ for more information.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootball.ca

Oasis Learning

Oasis Learning offers a comprehensive Islamic and Arabic studies program for kids that is tailored to the needs of young learners. Our program is designed to provide children with a solid understanding of Islamic principles and practices, as well as proficiency in the Arabic language. Contact oasislearning20@gmail.com for more information.

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in

northwest and southwest Calgary. The club offers classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association.

Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.

Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Cricket Friends XI Adult Cricket Team

Contact anadeemus@yahoo.com for more information.

continued on next page

To register for
programs, call
403-239-1211

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-20-3988 or franky8y@hotmail.com.

Calgary Chinese Elderly Citizen's Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985. It provides a great variety of services and programs including social services, community support, health service, etc.

Visit <https://www.cceca.ca/> for more information.

Spiritual

Northwest Community Church

10:30 am Sundays. See nwcchurch.ca.

Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See calgarytruelight.com.

Chinese Service.

Ke Wang 587-717-5826.

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Frost Fest

February 19, 11:00 am to 2:00 pm at John Laurie Park. Free.

LEGO Mania Competition

March 9, 12:00 to 3:00 pm at ECA.

Considering downsizing? Let's discuss your options and available choices.

Please contact

Tony Schlee

Senior Real Estate Specialist

Stonemere Real Estate Solutions

403-615-2662

tonyschlee@gmail.com



SUPERHERO OF TIME

We all know Leap Day occurs on February 29 every four years. But did you know without leap day swooping in every four years, our calendar would be like that friend who's always fashionably late—except 24 days late every century! We'd be celebrating Christmas in January and New Year's in February. Thank goodness for leap day, the superhero of timekeeping, saving us from the chaos of a wonky calendar!

29

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February, a Fun Filled Month!

by Fatima, a volunteer with the Edgemont Youth Press



Welcome to 2024! February is full of exciting things this year, such as Family Day on February 19 and Valentine's Day on February 14!

Family Day

The Military Museum is hosting a fun event on February 19, perfect for the whole family! Some activities will include gallery tours, book signing, scavenger hunts, and exciting crafts for kids!

Black History Month

February is also Black history month. Black history month goes from February 1 to February 29, 2024. It is a time to reflect and learn more about the history of black people, their impact, and their contribution to Canada both in the past and in the present.

Groundhog Day

Another exciting event that takes place in February is Groundhog Day! Groundhog Day is February 2, 2024.

Each province that takes part in Groundhog Day has its own groundhog. Alberta's groundhog is named Balzac Billy and lives in the town of Balzac, Alberta.

Each year, on the second of February, Balzac Billy peaks out from his burrow in attempts to see his shadow. Legend has it that if he sees his shadow, winter will supposedly last six more weeks. If a shadow is not seen the legend forecasts an early spring will be up ahead.



Open to players ages 4-19



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Edgemont Rink Report

As I write it is going to be another day with sun and above zero temperatures, but it is dropping below zero overnight and is supposed to cool off in January. Your ice makers at the rink have been having a hard time getting ice set due to the balmy temperatures. Despite Mother Nature not cooperating we managed to get most of the sheet and the kiddy sheet in before Christmas. A lot of evening floods and day floods any time the temperature hovered around freezing.

I hope we get an extended season given the late start. A few reminders for users. You use the rink at your own risk, helmets are strongly recommended. If you scrap and clean the ice please throw the snow over the boards, snow left along the boards on the ice sheet tend to freeze up leaving rough ice and makes the work of the ice rink volunteers more difficult. Share the ice, if little kids want to play then the older players should play half sheet. The little kiddy rink is for the learn to skate crowd and small children, please do not play hockey on that rink.

Also, as this is a public child friendly venue in a city park, no alcohol drinking is allowed, and you should not bring glass containers to the rink. Use the garbage cans, respect your fellow users and the rink volunteers, and help keep the rink neat and tidy.

Your rink icemakers, all community volunteers





Summer Camps 2024

Mr. D Summer Camp

July 1 to 5

Mr. D Star Wars Camp

July 8 to 12

Good Times Multi-Sport Camps

July 15 to 19 | July 22 to 26

Polyglots Summer Camp

July 22 to 26 | July 29 to August 2

Calgary Stars Camp

July 29 to August 2 | August 19 to 23

Keep an eye out in our newsletter and on our website/social media as more summer camps become available for registration!



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