

MAY 2024

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca



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MAY 11 AT ECA**



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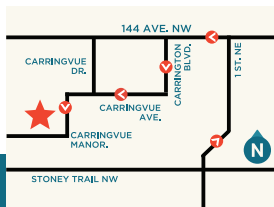
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WWW.MRMIKESPLUMBING.CA/JOIN-OUR-TEAM



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President's Message



Can you believe it's May already? Tulips. Daffodils. Irises. The yards are starting to look colourful and we're sitting on our hands waiting for a string of warm weather to get the bedding plants out. Although it was a relatively mild winter, it still seemed long.

I'd like to remind people that ECA is hosting its annual Mother's Day Tea at the centre on May 11; that's the Saturday immediately before Mother's Day. This year's theme is Petals and Posies so dress in your best garden party attire. It's fun for all and the treats provided by Friends, our neighbourhood café, should be delicious. Ticket prices for members are \$25 per adult and \$20 per child. Register at https://edgemont.getcommunal.com/parent_programs. We have sold out every year so don't delay.

May 15 is the date of our Annual General Meeting. The meeting will begin at 7:00 pm. Details and supporting documents will be posted on the ECA website. There are several board positions open. If you have an interest in serving the community by volunteering on our board, reach out to Rick at rick@edgemont.ab.ca for the nomination papers. To be a board member, you must be an ECA member. Memberships are available online and will also be sold the evening of the AGM. Members can fully participate in the meeting if their membership dues are paid in full before the meeting is called to order.

Only a few weeks to go until the kids are out of school and we're looking for ways to keep them occupied. Start now! Many programs are already taking registrations and they sell out fast. If soccer is on the list, Northside Soccer is a program to investigate. There's a link on the ECA website to the program details. If you are looking for drama and opportunities to investigate a galaxy far, far away, check out Mr. D's Awesome Summer Camps! Again, go to the ECA website to get more information and a registration link.

In June we welcome both the Farm Stand and the Food Trucks to the community centre parking lot. They will be setting up on the third Thursday every month starting in June and running through the fall. The farm stand frequently sells out and the Food Trucks continue to be popular. My favourite ... Bear Balls!

Toward the end of June, Stampede is on the minds of many, including us! On June 22, we will be hosting a Stampede breakfast, the Nordic Rodeo, and the Citizenship Ceremony. There is no charge to attend but you must register so we can estimate how many pancakes to have on hand. The Nordic Rodeo has been a crowd-pleaser in past years with opportunities to try ski jumping among other activities. If we are lucky this year, we may be able to set up a luge course. The Citizenship Ceremony officially welcomes new Canadians to our country. ECA hasn't hosted one for some time, and we're thrilled to have the chance once again.

I hope to see you out and about in this great place we call home!

Pamela Wilson

President



Petals & Posies
Mother's Day Tea

FRIENDS CAFE
'Catered by our local Friends Cafe'

\$25/adult
\$20/child

2-4pm
May 11th

Ticket includes food, sweets, and drinks. Kids under 2 are free



Edgemont PHONE: 403-258-1211 | WWW.EDGEMONT.AB.CA

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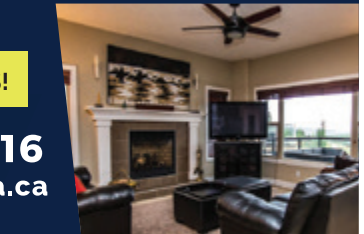
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33 Edgevalley Circle NW, T3A 4X1
 Phone: 403-239-1211 • Fax: 403-547-5799 • Email: office@edgemont.ab.ca
 Web: www.edgemont.ab.ca • Facebook: Edgemont Community Association
 X (Twitter): @EdgemontCA • Instagram: @edgemontcommunity
 Business Hours: Monday to Friday 9:00 am to 5:00 pm

Submissions to
 Inside Edge due
 on the first of
 every month

VOLUNTEER BOARD OF DIRECTORS

Pamela Wilson	President president@edgemont.ab.ca
Barb Elms	Vice President barb@edgemont.ab.ca
Aurora Wen	Secretary secretary@edgemont.ab.ca
Shaffic Fazal	Treasurer treasurer@edgemont.ab.ca
Tina Chen	Director tina@edgemont.ab.ca
Kathleen Stewart	Director kathleen@edgemont.ab.ca
Rick Weirzbicki	Director rick@edgemont.ab.ca
Jeff Coombes	Director jeff@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Jeff Edwards	volunteers@edgemont.ab.ca
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OFFICE 403-239-1211

Office Administrator office@edgemont.ab.ca



OTHER CONTACTS

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Genie Han	Tom Baines School Rep genieh1@educbe.ca
Anthony Gong	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
Disc Golf	discgolf@edgemont.ab.ca
ELM	askELM@edgemont.ab.ca

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 - Round tables, upholstered seating
- The Mountain View Room: Capacity 70**
 - Mountain view
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 - Round or rectangular tables
- The Board Room: Capacity 20**

For more information call 403-239-1211

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SCAN HERE TO VIEW ADDITIONAL EDGEMONT CONTENT

<p>News, Events, & More</p> 	<p>Crime Statistics</p> 	<p>Real Estate Statistics</p> 
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What a beautiful start to the month of April! While we all realize we are getting teased into thinking spring is around the corner, it is nice to see the snow on the roads melt away for now. Time has also come to remove the winter displays from the planters and get them ready for summer! As you know, the decorations are not up for grabs but will

be reused next winter! If you would like to give us any feedback regarding the winter displays, please do so while it is fresh in your mind and send your comments to askElm@edgemont.ab.ca.

Further to the City's free compost, remember that you need to book an appointment to get your free compost at either the Spyhill or the Shepard landfill sites. Appointment times will be released in three stages. The first opportunity to book an appointment was on April 9 for compost pick up between April 15 and May 4. More appointments will be released on April 30 for pick up between May 6 and 18, and the last opportunity to book an appointment will be on May 14 for pick up between May 20 and June 1. Please familiarize yourself with all the rules and conditions to get your free compost by checking out <https://www.calgary.ca/waste/residential/green-cart-compost-giveaway.html>.

We have a little bit more news on the naturalization pilot project. Rather than using the slope near the firehall as our pilot project area, the plan is to restore an


area adjacent to the stairs leading to the ECA parking lot from Edgemont Boulevard at the recommendation of the city ecologist. The proposed area is situated at the southeast corner of Edgemont Boulevard and Edgevalley Drive. Using the summer to make the area weed free, the goal is to plant native species in the fall. Specific taller growing shrubs and plants have been selected to increase native plant biodiversity while discouraging pocket gophers from taking up residence by creating more shade using taller varieties. While the city will be providing materials for this project, we will really need some volunteers to help make the targeted area weed free so we can start planting this fall. In addition, the cooperation of all residents staying out of the restoration area and by respecting fencing that will be put in place to protect this area will be highly appreciated. Your cooperation in making this a success is critically important! Can you volunteer some time for this pilot project? Please contact our ELM coordinator!

Lastly, we would like to repeat our message that Shari Pitka, our ELM coordinator will be happy to arrange for curbside pickup of any perennials that you would like to donate to the community. Please let us know if you are planning to donate plants this year by contacting us via email at askElm@edgemont.ab.ca.

If you have any concerns or questions regarding ELM, please contact us using the above email address and we will be very happy to respond to your concerns.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka





At-Risk for Mental Illness Research Program

Seeking participants for youth mental health studies

- Do you feel something is not quite right and you are concerned about recent changes in your thoughts, behaviour or experiences?
- Are you 12-30 years old?

Our studies offer monitoring, education and/or interventions.
For more info, please contact: 403-210-8740 or naps@ucalgary.ca

The University of Calgary Conjoint Health Research Ethics Board has approved these research studies (REB20-0983, REB20-2133, REB21-0535)



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ECA EVENTS & PROGRAMMING

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Self-Development and Healthy Living

Good Food Box

Small Box

\$30, 15 to 20lbs of fruits and vegetables

Medium Box

\$35, 25 to 30lbs of fruits and vegetables

Large Box

\$40, 35 to 40lbs of fruits and vegetables

*Please note weights are approximate

Order By 6:00 pm

May 6

June 3

*No Good Food Box in July

August 5

September 2

September 23

October 21

November 18

Pick Up

May 15

June 12

August 14

September 11

October 2

October 30

November 27

Order link:

edgemont.getcommunal.com/parent_programs.

Email GFB@edgemont.ab.ca for information.

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

Al-Anon Family Group Meeting

Support for friends and family of alcoholics. Thursdays at 10:00 am in the Boardroom. For more information, email livingthelegacies@gmail.com or call 403-266-5850.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday. Contact 403-547-1020, or visit www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

Free Ballroom Dance Classes

Professionally taught Ballroom Dance for Kids with showcases - all free for kids 8 to 12, twice a week. Please register and take advantage of this opportunity! Email inspire.dancestudioyyc@gmail.com or call 587-839-3575 for more information.

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artsstc.com/.

Bizz Atomic

Offers business and entrepreneurship education for Grade 4 to 12 students through comprehensive virtual and in-person programs tailored to various age groups. Visit www.bizzatomic.com for more information.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Calgary Minor Basketball Association (CMBA)

CMBA provides basketball opportunities for youth in and around Calgary that is fair and safe. Visit www.cmba.ab.ca/ for more information.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootball.ca

Oasis Learning

Oasis Learning offers a comprehensive Islamic and Arabic studies program for kids that is tailored to the needs of young learners. Our program is designed to provide children with a solid understanding of Islamic principles and practices, as well as proficiency in the Arabic language. Contact oasislearning20@gmail.com for more information.

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in northwest and southwest Calgary. The club offers

classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association.

Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.

Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Cricket Friends XI Adult Cricket Team

Contact anadeemus@yahoo.com for more information.

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-870-8878 or franky8y@hotmail.com.

continued on next page

To register for programs, call 403-239-1211

Calgary Chinese Elderly Citizens' Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985. It provides a great variety of services and programs including social services, community support, health service, etc.

Visit <https://www.cceca.ca/> for more information.

Spiritual

Northwest Community Church

10:30 am Sundays. See nwcchurch.ca.

Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See calgarytruelight.com.

Chinese Service.

Ke Wang 587-717-5826.

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Mother's Day Tea

May 11, 2:00 to 4:00 pm at ECA

Disc Golf Tournament

May 25, 10:00 am at John Laurie Park

Nordic Rodeo and Stampede Breakfast

June 22 at ECA



2024 Summer Camps at ECA

Mr. D's Awesome Summer Teen Drama Camp

Let's take off to The Wizarding World of Edgemont this summer. We plan to release The Prisoner of Azkaban. Get "Sorted", star in Friday's blockbuster production for family and friends. We will play "House Cup Survivor" with awesome new drama games, Quidditch challenges and prizes for everyone. Camp T-shirts, an all-house talent shows with Death Star Donuts, summer comic book day and Mr. D's awesome cooking show and more surprises are all on the menu. Your favourite camp counsellors are back too.

Grade 6 to 12 | July 1 to 5 | 9:00 am to 3:00 pm | \$265

Mr. D's Awesome Summer Drama Camp from A Galaxy Far, Far Away

It's time! The Jedi Return to the Edgemont community centre. With all new games, prop building, magic, and fun you do not want to miss out. It's a week of awesome Jedi Challenges, lightsabre battles, Bounty Hunter games with special guests, comics, and dramatic good times. Our stage play will be off the charts with lights, sound and you, the star! We'll have our own sci-fi convention. Don't miss the movie day, death star donuts, awesome camp t-shirts and your friendly neighbourhood Stormtrooper.

Ages 8 to 15 | July 8 to 12 | 9:00 am to 3:00 pm | \$265

Mr. D's Camp registration started April 1.

Register early at edgemont.getcommunal.com as this camp sells out fast.

Little Medical School

- Little Doctor School Summer Camp: Calling All Future Doctors

Ages 6 to 11 | July 8 to 12 | 9:00 am to 4:00 pm

- Little Medical School Summer Camp: Wilderness Medicine and Sports Medicine

Ages 6 to 11 | July 29 to August 2 | 9:00 am to 4:00 pm

Register at www.littlemedicalschooll.com/calgary

| calgary@littlemedicalschooll.com | 403-755-2151

| Check our Facebook page: www.facebook.com/littlemedicalschoollcalgary.

Good Times Multisport Camp

Come try a variety of sports - soccer, BASE-sports, kickball, handball, ultimate frisbee, and more! Kids will be on a team, try new sports, develop skills, and increase their sports IQ, while building confidence and the ability to work with a team! All skill levels are welcome. Camp t-shirt, and a personalized award for every kid!

Ages 5 to 12 | July 15 to 19 | 9:00 am to 4:00 pm | \$375 per week

Ages 5 to 12 | August 22 to 26 | 9:00 am to 4:00 pm | \$375 per week

To register visit goodtimesmultisport.ca.

Summer In the City Camp

Closer to Home Community Services (CTH) and the North Central Family Resource Network (NC- FRN) extends free educational programming to the community during the summer through a unique program called Summer in The City (SITC). This annual program provides exciting, engaging, and experiential opportunities which serves diverse families, children, and youth within the North Central area of Calgary. For ages 7 to 14.

For more information, please contact North Central Family Resource Network at 403-543-0555 or email familyresourcecentrenetwork@closetohome.com.

Polyglots Summer Camp

Join us for a fulfilling learning experience this summer with our imaginary adventures and learn French or Spanish. No previous language experience required. Full of fun activities, games, arts and crafts, and language learning.

July 22 to 26: Tell me a Story | July 29 to August 2: Beyond our World.

For kids ages 5 to 10

Half Day \$160 and Full Day \$315

Pre- or post-care from 8:30 am to 4:30 pm for an additional \$25 per week.

Contact Polyglots.ca/immersion camps/.

Email: contact@polyglots.ca.

Telephone: 587-287-8979.

ABAITC Coding Summer Camps

Programming course, coding logical game, visit robermaster lab U of C, 3D print experience, computer department lab, outside activities.

First Session: July 8, 9, 10, 11, 12, 15, 16, 17, 18, 19
Second Session: August 6, 7, 8, 9, 12, 13, 14, 15, 16, 19
Class Time: 9:00 am to 3:00 pm

Fee: \$799 each session (includes course fee, visit, classroom fee, and school bus fee)

Register: 587-926-9005 or aitech201905@gmail.com.

Calgary Fit-to-Fly Summer Camp

Put on by Alberta Ski Jumping and Nordic Combined Association.

- July 8 to 12
- July 15 to 19
- July 22 to 26
- July 29 to August 2
- August 12 to 16
- August 19 to 23
- August 26 to 30

Registration Page:

<https://asjnc.uplifterinc.com/registration/>.

Calgary Stars Camp

July 29 to August 2 | August 19 to 23

Keep an eye out in our newsletter and on our website/social media as more summer camps become available for registration!



A Message from Your Volunteer Coordinators

Hi Edgemont Volunteers,

Here's the update...

Spring Market – Thanks to our amazing volunteers! Thank you for all your time and hard work.

Edgemont Rinks – Interested in being part of the rink team? You're welcome to contact us in November for the upcoming season.

Snow Angels – Please contact us in October if you need help clearing your sidewalk or you would like to become one of our snow angels.

ECA Board – Are you interested in helping direct all the great things that happen in our community? This is a great team to join.

Casino Volunteers – Are you interested in helping with our biggest community fundraiser? We'll know the date soon. Experienced volunteers are in place to lead the way!

Wednesday Breakfast Club – We continue to help children out in our neighbourhood Wednesday mornings before they head off to school. Email me if you want information.

Good Food Boxes – Distribution and delivery volunteers keep fruits and veggies flowing out of our ECA kitchen.

Other – There's ongoing volunteering with social events, online groups, the Edgemont Networking Group, Youth Press, ELM team, and other ECA programs. Email with inquiries.

And if you want to be on the volunteer email list, please contact us.

Loving our neighbourhood,

Tina Chen and Jeff Edwards

volunteers@edgemont.ab.ca



EDGEMONT COMMUNITY ASSOCIATION
NORDIC RODEO
+ Stampede Breakfast
June 22nd

Featuring
MINI SKI JUMPS & **LASER BIATHLON**

STAMPEDE PANCAKE BREAKFAST FROM 9AM TO 11AM
ACTIVITIES 10AM TO 1PM

STAMPEDE BREAKFAST: FREE - MUST REGISTER FOR BREAKFAST
NORDIC RODEO WITH CALGARY NORDIC ALLIANCE
FOR MORE INFORMATION/REGISTRATION: WWW.EDGEMONT.AB.CA

Edgemont PHONE: 403-239-1211 | WWW.EDGEMONT.AB.CA CALGARY NORDIC ALLIANCE

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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the Gutter Doctor 403-714-0711
gutterdoctor.ca

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Open Disc Golf Tournament

Saturday, May 25, 2024



Edgemont will host a family friendly all ages Disc Golf Tournament to celebrate the completion of the park. Two rounds for adults and one round for children. Come up to the golf course at the west parking lot on John Laurie Park after 10:00 am, pick up a score card and fill in your information, then get out and play.

There will be door prizes and draws for champions if there are ties for score in each class. There will be special prizes for various things we think of. It will be a fun day out.

As this is now a City facility, we will share the course with walk on players as well. Take your time, enjoy the course, and play safe.


Classes:

- Children old enough to throw to age 9
- Children aged 10 to 14
- Children aged 15 to 18
- Adults 18+

Register at edgemont.ab.ca.

Water will be provided, if the weather is terrible the event will be postponed for a week.

Rick Wierzbicki



Annual General Meeting (AGM) 2024 Notice

Date: May 15, 2024
Time: Registration 7:00 PM MDT
Meeting 7:30 PM MDT
Location: Edgemont Community Centre
33 Edgevalley Circle NW

403-239-1211
33 Edgevalley Cir NW,
Calgary, AB, T3A 4X1
www.edgemont.ab.ca

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