

FEBRUARY 2025

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca



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FEBRUARY 17
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Outdoor Ice Rink Maintenance

Marty, Mike, and Michael are your rink leaders this year and they will need help if we are to have a great community rink. Volunteers are needed to help with making and cleaning the ice on our rink this winter. The job involves work from 8:00 to 10:00 am on weekends and on Wednesday evenings. We have dedicated leaders and need the assistance of others to keep our ice clear and in good condition. The rink operates from late November to mid-March, weather permitting. Please consider helping out in our community.

For information, please email rink@edgemont.ab.ca or office@edgemont.ab.ca.



VOLUNTEER BOARD OF DIRECTORS

Pamela Wilson	President president@edgemont.ab.ca
Barb Elms	First Vice President barb@edgemont.ab.ca
Umar Ukukkadi	Second Vice President umar@edgemont.ab.ca
Kieran Fitness	Secretary kieran@edgemont.ab.ca
Rick Weirzbicki	Treasurer rick@edgemont.ab.ca
Shaffic Fazal	Director shaffic@edgemont.ab.ca
Kathleen Stewart	Director kathleen@edgemont.ab.ca
Jeff Coombes	Director jeff@edgemont.ab.ca
Joanne Nowak	Director joanne@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Tina Chen	volunteers@edgemont.ab.ca
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OFFICE 403-239-1211

Office Administrator	office@edgemont.ab.ca
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STRONGER TOGETHER. COMMUNITY

Having a membership allows you to have a voice in your community. Get involved in your community through events, board initiatives, and much more!

Visit edgemont.ab.ca to get your membership

OTHER CONTACTS

Heather Hubert	Office Manager heather@edgemont.ab.ca
Cst. Dennis Smithson 4788	Community Resource Officer DSmithson@calgarypolice.ca
Evezi Esiehor	Newsletter Submissions and Communications Coordinator evezi@edgemont.ab.ca
Lori Holford	Edgemont Elementary
Genie Han	Tom Baines School Rep genieh1@educbe.ca
Anthony Gong	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
Disc Golf	discgolf@edgemont.ab.ca
ELM	askELM@edgemont.ab.ca

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The Board Room: Capacity 20

For more information call 403-239-1211

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

President's Message



What would February be without Frost Fest? I am hoping you and your family are planning to join us at the ice-skating rink in John Laurie Park on February 17 to celebrate the season and enjoy a cup of hot chocolate.

Please go to the ECA website at www.edgemont.ab.ca to register. There is no fee to participate, but we want to keep track of the numbers, so we are sure there are enough snacks to go around.

Sometimes when I go to write this column, I wish I had a crystal ball. We are already having discussions about our Annual General Meeting in May. The date is May 14, 2025. Registration begins at 7:00 pm with the meeting being called to order at 7:30 pm. You must be a member to participate in the meeting and memberships will be sold onsite and online. Memberships purchased before the meeting is called to order will be eligible to vote. This year we will be facing some challenges in filling Board positions as a number of the current members have completed their terms of office and are not eligible to stay on the Board. We also have some board members that have only one year left in their terms and so continuity is going to be a challenge. Board positions are two-year terms with the bylaws restricting directors to three consecutive two-year terms.

We are looking for ECA members who are interested in helping to steer ECA through its next few years by involving themselves in the governance of the association. For more information, please contact Rick Wierzbicki (rick@edgemont.ab.ca) or myself (president@edgemont.ab.ca). The Board generally meets once a month for about two hours. Agendas are circulated prior to the meeting so we can keep our discussions focused. We welcome interested parties to join us at a Board meeting. If you would like to see how we operate, come to a meeting. Simply let me know so that I can ensure that our meeting room will accommodate the group. We value diversity and hope to create a Board that reflects the many different interests in Edgemont. Details will be posted on the website.

In 2025, ECA would like to launch a Coffee and Conversations activity to bring residents together to learn from experts as well as each other. This program is in its initial stages so please watch the website to

get more information as the plans come together. If you have topics that you think would fit this format and that you would like to explore, contact Barb (barb@edgemont.ab.ca).

Finally, I have sad news to share. Elaine Scobie who was a community builder extraordinaire in Edgemont passed away on December 12 after a valiant battle with ALS. We highlighted both Elaine and her husband, Rick, in our December newsletter and shared with residents how influential the two of them were in building the Edgemont Community Centre and the ECA. Without that team, we would not enjoy all that we have in Edgemont. Our thoughts go out to Elaine's family. For those who wish to read the wonderful tribute to Elaine, follow the link www.choicememorial.com/obituaries/Elaine-Jessie-Scobie?obId=34123985.

ALS is an insidious neurodegenerative disease for which there is no known cure. Rest in peace, Elaine. We will miss you terribly.

Pamela Wilson

President



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by Anne Burke

Natural parkland is green space with a (relatively) low level of maintenance and natural or naturalizing vegetation. Natural areas are accessible (by trail networks) or have limited/little public access. A master plan deals with current and future needs by population for park/greenspace. The Municipal Protected Areas Program demonstrates how biodiversity will be protected, conservation lands connected, and how Canadians will gain an appreciation for local nature. A Municipal Eco Toolkit by the Miistakis Institute for Alberta municipalities will help maintain their natural infrastructure systems (municipal30x30.ca).

Nature Canada is building a web of partners to help Canada achieve its biodiversity conservation goals to protect 30% of land, water, and marine areas by 2030. As of 2022, Canada has only protected 13.7% of land. The Canadian City Parks Report surveyed 35 Canadian municipalities, 2,500+ residents of Canadian cities, as well as park staff and other professionals across the country. One-third of cities said addressing federal biodiversity and land protection goals are a high priority. When 81% of Canadians are living in urban areas, protecting land in urban areas is vital. Cities are in dire need of new space for parks. Park budgets are not keeping pace. Partnerships are critical when cities need policies and structures. Park issues are increasing and require more training and collaborations. Departmental structures can promote collaboration or disconnection. Some residents feel disempowered but still want to engage. Mental and physical health benefits are key although there is a lack of programs. There are nine case studies in the 2024 Report which includes analysis of key data from surveys of both municipal staff and residents of Canadian cities, for new and ongoing issues facing parks, and how to help city staff make better decisions about programs, policies, and funding. Read more at parkpeople.ca.

A Message from Your Volunteer Coordinators

Happy February to all Edgemont volunteers!

Here's the latest update...

Wednesday Breakfast Club

Thanks to our amazing volunteers who continue to support children in our neighbourhood every Wednesday morning before they head off to school. If you are interested in helping with distribution or make donations, please contact us!

Good Food Boxes

Distribution and delivery volunteers are essential in keeping fruits and veggies flowing out of our ECA kitchen. Your help is greatly appreciated!

Snow Angels

Are you able to lend a helping hand by shovelling sidewalks for neighbours in need during the winter months? If so, we'd love to hear from you! Please email us at volunteers@edgemont.ab.ca to join our Snow Angels team.

Ice Rink Team

Thank you for keeping the rink in great shape! Your hard work shovelling, cleaning, and maintaining the ice ensures our community has a fantastic rink to enjoy this winter.

Be Part of Our Volunteer Team

Volunteering is a wonderful way to support our community and make new friends. We offer year-round opportunities through ECA programs and events. Now is the perfect time to get involved! Email us to stay informed about upcoming volunteer opportunities.

Have a wonderful and blessed 2025!

Loving our neighbourhood,

Tina Chen and Jeff Edwards

volunteers@edgemont.ab.ca



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Edgemont Community Association's

Frost Fest



Monday,
February 17

*Come enjoy winter activities
and games, grab a warm drink,
and spend time with the family
and beloved neighbours!*



Confirm your
attendance



*It's a Fun
Winter Time!*

at John Laurie Park
from 11:00am to 2:00pm

Cost: **FREE**



Edgemont
COMMUNITY ASSOCIATION

PHONE: 403-239-1211 | WWW.EDGEMONT.AB.CA

ECA EVENTS & PROGRAMMING

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Please note that some programs are only offered during the school year while others are year round.

Self-Development and Healthy Living

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

AL-Anon Family Group Meeting

Support for friends and family of alcoholics. Thursdays at 10:00 am in the Boardroom. For more information, email livingthelegacies@gmail.com or call 403-266-5850.

Good Food Box

Small Box: \$30, 15 to 20 lbs of fruits and vegetables*
Medium Box: \$35, 25 to 30 lbs of fruits and vegetables*
Large Box: \$40, 35 to 40 lbs of fruits and vegetables*

*Please note weights are approximate.

Order by 6:00 pm

February 24
March 17
April 21
May 19
June 9
July 21
August 18
September 15
October 13
November 17

Pick Up

March 5
March 26
April 30
May 28
June 18
July 30
August 27
September 24
October 22
November 26

Order link:

edgemont.getcommunal.com/parent_programs.
Email GFB@edgemont.ab.ca for information.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday.
Contact 403-547-1020, or visit
www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artsstc.com/.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Calgary Minor Basketball Association (CMBA)

CMBA provides basketball opportunities for youth in and around Calgary that is fair and safe. Visit www.cmba.ab.ca/ for more information.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootball.ca

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in northwest and southwest Calgary. The club offers classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association. Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.
Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Cricket Friends XI Adult Cricket Team

Contact anadeemus@yahoo.com for more information.

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-870-8878 or franky8y@hotmail.com.

Calgary Chinese Elderly Citizen's Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985. It provides a great variety of services and programs including social services, community support, health service, etc.
Visit <https://www.cceca.ca/> for more information.

Spiritual

Mountain Creek Community Church (formerly Northwest Community Church)

10:30 am Sundays. See nwcchurch.ca.
Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

continued on next page

Please call
organizers for
more information

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See calgarytruelight.com.

Chinese Service.

Ke Wang 587-717-5826.

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Frost Fest

February 17, 2025



SCAN HERE TO VIEW ADDITIONAL EDGEMONT CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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(Aurora Sky District includes the following communities: Edgemont, Evanston, Glacier Ridge, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood, and Sage Hill)

The 85 Embers have had a great start to our year. We are a unit of twelve Embers (girls ages 7 to 8 years). In October we had a sleepover, a first for many of them, sleeping away from home. The theme was "Animals", which included decorating and assembling butterfly houses, and building bear dens out of graham crackers and teddy grahams.



Other highlights this fall included learning about money – how much do grocery items actually cost for your favourite recipe at Evanston Sobeys. Girls also had the chance to scan their items through and take turns as cashier/shopper/packer. They really seemed to enjoy the role playing. Then the next week we had a very successful auction where donated items from our families (books, toys) were auctioned off. Each girl only had \$10 to spend, so many hard decisions had to be made. Our auctioneer (Guider Heather) was fantastic – she had experience going to many cattle auctions from when she was a kid growing up on the family farm.

In January, we will be doing a day event at the Calgary Gymnastics Centre – the option they overwhelmingly ended up voting for (other options included Telus Spark, Bow Habitat Fish Station, and the Zoo). Should be a great way for them to earn their My Physical Self badge. We are also hoping to do a 'behind the scenes' tour of Evanston Sobeys. As well we are planning a visit or two to a local Seniors home to play games with the Seniors. And we have a spring camp planned at Camp Jubilee in Cochrane. It is shaping up to be a great year.

December was very calm as Christmas was coming up. But to end 2024, we went on a trip to the Ferrari dealership. We learned the history of Ferraris and got to see the many different models and colours they had in the dealership.

That was the end of 4-H 2024. Happy Holidays everyone!



GAMES & PUZZLES

Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70th anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



Edenscapes did another excellent job this year getting our winter displays planted despite some very frigid conditions! Sourcing all our materials took patience, especially given that we are quite particular in using greenery that stays green longer in our changeable temperatures! We are asking for your help once again: should you see anybody remove anything from the winter displays, please let us know right away by emailing askElm@edgemont.ab.ca. Once in place, no adjustments to the planters are necessary! Record license plates and/or take pictures of offenders if possible!



Edgevalley Way

As we are all spending a bit more time inside, this is a wonderful time to start planning your garden! Are you planning to replace some of your perennials or are your perennials thriving to the point where they need to be split? Our ELM coordinator, Shari Pitka, would be happy to pick up those extra perennials for distribution in our Edgemont parks! Please contact Shari anytime at askElm@edgemont.ab.ca to arrange for pickup of any plant donations around the end of May!



Planter closeup

Are you new to Edgemont or are you looking for inspiration? There is so much information available on the website of the City of Calgary including valuable information on plants, shrubs, and trees that thrive in dry conditions. There are YouTube videos as well on many topics related to gardening in Calgary. In addition, city gardening guides

are available in several languages! Are you in the market for a rain barrel this year at an affordable price? Use the

link below and check the city website regularly from now on for options to buy a rain barrel through the city's Green Calgary program early in the spring: calgary.ca/water/programs/rainbarrel.html. If you are interested in free compost from the Green Cart program, you will need to make an appointment. Bookings typically start in April for pick up beginning the middle of April until the end of May. To book your appointment use the following link: calgary.ca/waste/residential/green-cart-compost-giveaway.html.

Pick up of free compost takes place at the Spyhill and Shepard landfill locations. Residents must bring their own containers, shovels, and other supplies.

Free mulch, however, is available year-round at the East Calgary landfill location. Appointments are not required, just bring your own container and other supplies.

Any comments or concerns, please contact us at askElm@edgemont.ab.ca.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka



Snow day



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Cat-and-Mouse Game

On February 10, 1940, the iconic cat-and-mouse duo, *Tom and Jerry*, made their big screen debut! Created by William Hanna and Joseph Barbera, this cat-and-mouse game would go on to capture the hearts of generations.



Breakfast Club VOLUNTEERS NEEDED

When?

Every Wednesday until June

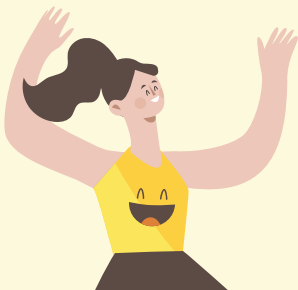
7:30 - 8:45 am

Volunteers typically help out around 1-2 shifts per month!

What is Involved?

Helping ensure every child starts the day with breakfast

Contact volunteers@edgemont.ab.ca for more information!



Word of the Month

Eudaemonia: *noun* (yoo-di-moh-nee-uh)

Happiness, well-being, good spirit.

*We are all trying to experience
Eudaemonia.*

NORTHWEST DENTAL

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Dr. Todd Donnelly



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