

MARCH 2025

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

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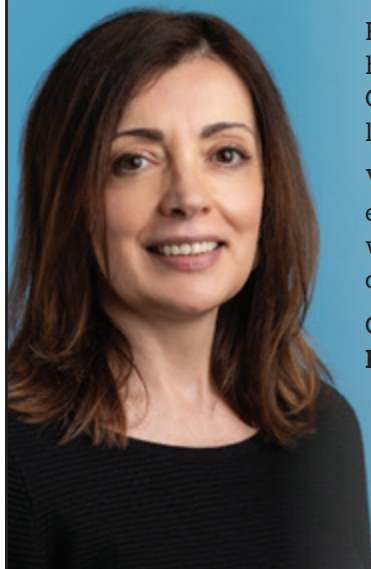
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 Phone: 403-239-1211 • Fax: 403-547-5799 • Email: office@edgemont.ab.ca
 Web: www.edgemont.ab.ca • Facebook: Edgemont Community Association
 X (Twitter): @EdgemontCA • Instagram: @edgemontcommunity
 Business Hours: Monday to Friday 9:00 am to 5:00 pm

Submissions to
 Inside Edge due
 on the first of
 every month

VOLUNTEER BOARD OF DIRECTORS

Pamela Wilson	President president@edgemont.ab.ca
Barb Elms	First Vice President barb@edgemont.ab.ca
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Kathleen Stewart	Director kathleen@edgemont.ab.ca
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Joanne Nowak	Director joanne@edgemont.ab.ca

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Anthony Gong	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
Disc Golf	discgolf@edgemont.ab.ca
ELM	askELM@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Tina Chen	volunteers@edgemont.ab.ca
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OFFICE 403-239-1211

Office Administrator	office@edgemont.ab.ca
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President's Message



In this message, I'm going to start off with the nasty stuff! I have received complaints about pet owners not cleaning up after their animals. This became very evident during the warm spells when the snow melted to reveal that nastiness. The green space that runs parallel to Edgevalley Way going all the way to Shaganappi Trail has been pointed out as a particular problem area. ECA has no authority over these spaces but is certainly willing to advocate on behalf of the residents. You can call 3-1-1 to report the problem. A picture is helpful. We know that the more complaints 3-1-1 gets about a particular problem, the more likely the City is to respond. We also engaged with Sean Chu, our City Councillor, to help us. One solution we've proposed is additional garbage cans along these walkways.

And the next problem... the signage that is placed along the medians and boulevards in Edgemont. If you are a business that puts up these signs, please go to the City website to review the restrictions. The signs are meant to be temporary, not semi-permanent billboards. I challenge the businesses that advertise using this method to ask new customers how they found out about the business. I suspect most new customers won't identify these signs as the prompt to seek service. There are better ways to reach residents without cluttering up the neighbourhood!

And finally, I've had complaints for some time now about the damaged signage at the corner of Country Hills Boulevard and Edgepark Drive. We have been trying to get the City to work out a strategy to address this eyesore. At our last Board meeting, our City rep, Eric, advised that some progress has been made. We'll let you know as soon as we have something concrete to share.

Now, on to more "fun" things. Please mark your calendars for the Mother's Day Tea in May. The tea is on Saturday, May 10. Shortly there will be a link on the website so you can purchase tickets. Registration is limited to 50.

The ECA AGM is scheduled for Thursday, May 15. A more formal notice will be circulated as well as the tentative agenda. Financials will also be available prior to the meeting so members have the opportunity to review them. Memberships will be sold at the door and any

member who has paid the membership fee prior to the meeting being called to order will have the right to vote and participate in the meeting. In addition, we will be holding elections. If you are interested in service on the Board, contact Rick (rick@edgemont.ab.ca). We can elect not more than 15 Directors. It is the elected Directors who then elect the Officers from that slate.

Julia Hayter has been a great supporter of the ECA and takes the time to contact us regularly. The campaign to address period poverty was initiated by Julia. If you want to contribute either feminine hygiene items or cash, stop by the ECA office. It's hard to imagine having to make a choice between necessities such as food or utility bill payments and personal hygiene items, but we know that people in our community are making those choices every day. We want to build confidence and remove barriers to full participation in day-to-day activities.

Looking forward to the end of June and our Stampede Breakfast, I am making a call for volunteers to help with this event. In particular, we need at least two cooks! The cooks will have others to help them with their duties, but two are required to take the lead. Sounds interesting? Reach out to Tina at volunteers@edgemont.ab.ca and she will put you on the list. Note that to participate in the Stampede Breakfast, guests are required to register. A link will be provided on our website. We plan the menu quantities on that registration list and offer no guarantee to residents who simply show up that day that we can accommodate them. Registrants will be given first priority.

Pamela Wilson

President



Soccer in the Community

Players ages 4 - 19



northsidesoccer.ca

2025 Summer Camps at Edgemont!

Mr. D.'s Awesome Summer Teen Drama Camp

Back with over 20 years of amazing summer memories behind us this drama camp is active, exciting, and awesome. Our high-tech play will take us on an amazing adventure to Jurassic Park.

We will play "Jurassic Park Survivor" with awesome new drama games, dino challenges, and prizes for everyone. Camp t-shirts, T-Rex talent show with Gigantosaurus Donuts, summer comic book day, and Mr. D.'s awesome cooking show and more surprises are all on the menu. Lights, camera, action! Let's make a summer camp movie too. All of our families and friends are invited to our big show Friday afternoon. Your favourite camp counsellors are back too.

Registration starts May 1 online. Register early as this camp sells out fast.

Grade 6 to 12 | July 7 to 11 | 9:00 am to 3:00 pm daily

Mr. D.'s Awesome Summer Drama Camp from a Galaxy Far, Far Away

Calling all Jedi to the Edgemont community centre. Light sabres and pod racers will ignite the summer full of fun and energy. We bring back the best of the past and all new games, prop building, magic and fun you do not want to miss out. It's a week of awesome Jedi Challenges, amazing races, Bounty Hunter games with special guests, comics, and dramatic good times. Our stage play will be off the charts with lights, sound, and you, the star! We'll have our own Sci-Fi Convention. Don't miss the movie day, death star donuts, awesome camp t-shirts, and Amp - your friendly neighbourhood Stormtrooper.

Registration starts May 1 online. Register early as this camp sells out fast.

Registration Fee is \$265.

Ages 8 to 15 | July 14 to 18 | 9:00 am to 3:00 pm daily

Little Medical School

July 21 to 25 | 9:00 am to 4:00 pm | Little Veterinarian School Summer Camp: Future Dog and Cat Veterinarians | Ages 6 to 11

July 28 to August 1 | 9:00 am to 4:00 pm | Future Medics Summer Camp: Wilderness Medicine and Sports Medicine | Ages 6 to 11

August 11 to 15 | 9:00 am to 4:00 pm | Little Doctor School Summer Camp: Calling All Future Doctors | Ages 6 to 11

Register at littlemedicalschool.com/calgary | calgary@littlemedicalschool.com | 403-755-2151 | Check our FB page: facebook.com/littlemedicalschoolcalgary

Polyglots Summer Camps

Join us for a fulfilling learning experience this summer with our imaginary adventures and learn French or Spanish. No previous language experience required. Full of fun activities, games, arts and crafts, and language learning.

July 21 to 25 | Kids vs The Wild | 9:00 am to 4:00 pm, Monday to Friday | Weekly Tuition: \$320

July 28 to August 1 | Natural Wonders and Curiosities | Half Day | Weekly Tuition: \$165

Kids vs The Wild

What if you were lost in the jungle or stranded on a deserted island? Discover the incredible true story of teens shipwrecked on a remote island and four brave children who survived the Colombian rainforest alone. This engaging week combines outdoor adventures with hands-on learning. Campers will create art using natural materials, identify plants, practice knot-tying, build shelters, and navigate marked paths.

The language focus will be on expressing needs and mastering essential survival vocabulary—all while having fun outdoors!

Natural Wonders and Curiosities

Half Day | 9:00 am to 12:00 pm or 1:00 to 4:00 pm, Monday through Friday

Embark on an exciting journey to explore the natural wonders and curiosities of our world! This week, children will discover the incredible wildlife from lemurs and chameleons in Madagascar to pudu and Patagonian mara in South America. They will learn the importance of protecting endangered species and environmental conservation. We'll explore ancient cave art and create our own cave paintings. Through exciting games, creative art projects, and outdoor activities, this week is packed with curiosity and adventure!

Early Registration Discount: Receive \$30 off per full day registration and \$15 off per half day registration when you sign up before March 15, 2025.

Email: contact@polyglots.ca. Telephone: 587-287-8979.

Sewing Camp

July 7 to 11 | 9:00 am to 3:00 pm

Contact Karolina: goldynstudio@gmail.com.

Mad Science Camps

Robots, Gizmos, and Gadgets | July 7 to 11 | 9:00 am to 4:00 pm

Mad Science Mayhem | July 28 to August 1 | 9:00 am to 4:00 pm

ABAITC Coding Summer Camps

Minecraft Game Development Course | 9:00 am to 3:00 pm | Daily, July 7 to 11 and July 14 to 18

Python Programming Class | 9:00 am to 3:00 pm | Daily, August 11 to 15 and July 18 to 22

Contact June: 587-926-9005. Email: aitech201905@gmail.com.

Keep an eye out in our newsletter and on our website or social media as more summer camps become available for registration!



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ECA EVENTS & PROGRAMMING

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Please note that some programs are only offered during the school year while others are year round.

Self-Development and Healthy Living

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

AL-Anon Family Group Meeting

Support for friends and family of alcoholics. Thursdays at 10:00 am in the Boardroom. For more information, email livingthelegacies@gmail.com or call 403-266-5850.

Good Food Box

Small Box: \$30, 15 to 20 lbs of fruits and vegetables*
Medium Box: \$35, 25 to 30 lbs of fruits and vegetables*
Large Box: \$40, 35 to 40 lbs of fruits and vegetables*

*Please note weights are approximate.

Order by 6:00 pm

March 17
April 21
May 19
June 9
July 21
August 18
September 15
October 13
November 17

Pick Up

March 26
April 30
May 28
June 18
July 30
August 27
September 24
October 22
November 26

Order link: edgemont.getcommunal.com/parent_programs.
Email GFB@edgemont.ab.ca for information.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday.
Contact 403-547-1020, or visit www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artsstc.com/.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Calgary Minor Basketball Association (CMBA)

CMBA provides basketball opportunities for youth in and around Calgary that is fair and safe. Visit www.cmba.ab.ca/ for more information.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootball.ca

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca

Youth and Adults

One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and youth. Contact Melinda at 403-247-3607.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in northwest and southwest Calgary. The club offers classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association. Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.
Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

Koala-Tea Conversations

Student-run English Conversation Club designed to help ESL and native speakers with communication skills while having fun. Ages 12+. 7:00 to 8:00 pm weekly, Fridays in the North Rock Room. Contact koalateaconversations@gmail.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Cricket Friends XI Adult Cricket Team

Contact anadeemus@yahoo.com for more information.

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-870-8878 or franky8y@hotmail.com.

Calgary Chinese Elderly Citizen's Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985. It provides a great variety of services and programs including social services, community support, health service, etc.
Visit <https://www.cceca.ca/> for more information.

Spiritual

Mountain Creek Community Church (formerly Northwest Community Church)

10:30 am Sundays. See nwcchurch.ca.
Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See calgarytruelight.com.
Chinese Service.
Ke Wang 587-717-5826.

continued on next page

Please call
organizers for
more information

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Mother's Day Tea

May 10, 2025



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A very cool start to February at the time of writing! On the positive side: this will keep our planters looking nice and green! In the meantime, not much is happening visibly on the ELM front; however, our ELM coordinator, Shari Pitka, is working very hard behind the scenes with Foothills Landscaping on our summer plans and projects! Below are a few highlights of what is on our agenda subject to constraints due to weather conditions and or City approval. Projects like fertilizing for instance, are conditional on City approval.

On the horizon:

- Aerating and fertilizing in the spring.
- Levelling of some of the planters.
- Revamping the flower bed at the bus stop on Edenvold Drive (near Edgemont Boulevard).
- Redesign of the flower bed on Edgebrook Drive.
- Addressing the lilac situation on Edenvold Drive (just past Mother Mary Green School) after the shrubs have finished blooming; this will include pruning and filling in some gaps with additional lilacs.
- Adding some Karl Foerster grasses in the tiered brick flower bed on Edgemont Boulevard to give it some height.
- Reviewing potential alternative methods of pest control.

As for your own yards, are you keeping an eye on the booking dates for the free green cart compost giveaway? As of February 1, there were no updates; however, it is best to keep checking: calgary.ca/waste/residential/green-cart-compost-giveaway.html.

A quick reminder that if you have any perennials to donate in spring, please contact us as soon as possible using the email address below, so our ELM coordinator can take your most appreciated donation into account when planning for next summer: askElm@edgemont.ab.ca.

Any concerns or questions regarding ELM, please contact us using the above email address and we will be very happy to respond to your concerns.

Kathleen Stewart, Rick Wierzbicki, Shari Pitka

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Be The Change

by Sofia N., a volunteer with the Edgemont Youth Press

Malala Yousafzai once said, "I want every girl to know that her voice can change the world."

That is a sentiment that as a society, we should strive to embody every single day. Annually, on March 8, communities around the world come together to commemorate International Women's Day - an occasion to celebrate strong historical and contemporary women and the strides we have taken toward gender equality. It also serves as a reminder of the work that is left. Still, too often, when we think of women, we continue to think of them as "weak" or "inferior". These sentiments are solely rooted in historical bias and stereotypes.

International Women's Day serves as a perfect opportunity to empower us to break this cycle of prejudice and create positive change. So, what are some ways in which we can do that?

First, we can educate ourselves on individuals who have fought for gender equality. Although we often hear names like Ruth Bader Ginsburg or Malala Yousafzai, we don't often have a full understanding of their stories. We should strive to learn about their work so we can be inspired to take our own actions.

Second, we can make a small donation or even offer our time to a women's organization or charity like the Women in Need Society or the Women's Centre of Calgary. Both of these agencies help women fulfil their basic needs and allow Calgarian women and their families to thrive.

Last, we can recognize and have authentic conversations with women who have defied societal barriers and made an impact on our lives - whether that be a mentor, teacher, or family member. We can recognize their strength, sacrifices, and dedication to making the world a better place. We can ask them about their stories, why they do the work they do, and their hopes for a more just future. This will allow us to carry on the exceptional legacies of extraordinary women in our lives.

At the end of the day, gender equality is an issue that is constantly evolving, and we are still far from perfect. However, the reality is that, just like Malala said, change comes from each one of us using our minds, hearts, and

words to stand up for what we believe in. One small step at a time, we can make the world a place where every human being, regardless of what pronouns they use or what they look like, is treated with love, respect, and dignity.

Ultimately, the change starts with us.

Outdoor Ice Rink Maintenance

Marty, Mike, and Michael are your rink leaders this year and they will need help if we are to have a great community rink. Volunteers are needed to help with making and cleaning the ice on our rink this winter. The job involves work from 8:00 to 10:00 am on weekends and on Wednesday evenings. We have dedicated leaders and need the assistance of others to keep our ice clear and in good condition. The rink operates from late November to mid-March, weather permitting. Please consider helping out in our community.

For information, please email rink@edgemont.ab.ca or office@edgemont.ab.ca.



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WILLS | PROBATE | REAL ESTATE

A Message from Your Volunteer Coordinators

Happy March to all Edgemont volunteers!

Here's the latest update...

Frost Fest

A huge thank you to all the volunteers who helped bring our community together at Frost Fest! It was a wonderful day to connect with neighbours and enjoy hot chocolate by the cozy fire pit.

Wednesday Breakfast Club

A big shout-out to our amazing volunteers for continuing to support children in our neighbourhood every Wednesday morning before they head off to school. If you're interested in helping with distribution or making donations, please reach out to us!

Good Food Boxes

Our distribution and delivery volunteers play a key role in ensuring fresh fruits and veggies flow from our ECA kitchen to those who need them. Your dedication is greatly appreciated!

Snow Angels

Thank you, Snow Angels! Your kindness in shovelling sidewalks for neighbours in need has made a big impact, helping keep our community safe during the winter months.

Ice Rink Team

A huge thank you to our ice rink leaders and volunteers for maintaining the rink! Your hard work ensures that our community can continue enjoying the fantastic rink all winter long.

Be Part of Our Volunteer Team

Volunteering is a great way to support our community. We offer year-round opportunities through ECA programs and events. Now is the perfect time to get involved! Email us to stay informed about upcoming volunteer opportunities.

Upcoming Volunteer Opportunities:

- May - Mother's Day Tea
- June - Nordic Rodeo

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Joke of the Month



Which is faster,
hot or cold?

Hot, because you
can catch a cold.



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