

FEBRUARY 2026

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside Edgemont

www.edgemont.ab.ca



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UPDATES**



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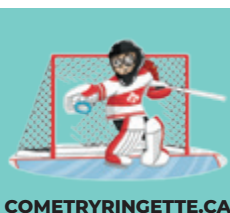
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April is Come Try Ringette month, and there will be many sessions in Calgary. Scan the QR code to register or visit: cometryringette.ca

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Word of the Month

Malapropism: noun (mal-uh-prop-iz-uhm)

The unintentional use of a word that sounds somewhat like the one intended but is very wrong in the context.

Jane was so nervous about her speech she did not realize she had made a malapropism until an audience member made a joke about her word use.



VOLUNTEER BOARD OF DIRECTORS

Pamela Wilson	President president@edgemont.ab.ca
Barb Elms	First Vice President barb@edgemont.ab.ca
Margaret Anne McCaughey	Second Vice President margaret@edgemont.ab.ca
Deirdre Harris	Secretary deirdre@edgemont.ab.ca
Rick Weirzbicki	Treasurer rick@edgemont.ab.ca
Kieran Fitness	Director kieran@edgemont.ab.ca
Jeff Coombes	Director jeff@edgemont.ab.ca
Charmaine Grills	Director charmaine@edgemont.ab.ca
Jymi Chun	Director jymi@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Jymi Chun volunteers@edgemont.ab.ca

OFFICE 403-239-1211

Office Administrator office@edgemont.ab.ca

OTHER CONTACTS

Heather Hubert	Office Manager heather@edgemont.ab.ca
Cst. Shawn Radford	Community Resource Officer SRadford@calgarypolice.ca
Vacant	Newsletter Submissions and Communications Coordinator
Lori Holford	Edgemont Elementary
Vacant	Tom Baines School Rep genieh1@educbe.ca
Vacant	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
Disc Golf	discgolf@edgemont.ab.ca
ELM	askELM@edgemont.ab.ca

Need a special event room?

The Panorama Room: Capacity 180

- Beautiful mountain view
- Landscaped gardens
- Full kitchen facilities attached
- Round tables, upholstered seating

The Mountain View Room: Capacity 70

- Mountain view
- Wood floor
- Round or rectangular tables

The Board Room: Capacity 20

For more information call 403-239-1211



**STRONGER TOGETHER.
COMMUNITY**

Having a membership allows you to have a voice in your community. Get involved in your community through events, board initiatives, and much more!

Visit edgemont.ab.ca to get your membership

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A Message from Your Volunteer Coordinator

February Volunteer Spotlight: Snow Angels and Community Leadership

February might be cold, but the warmth of our community spirit continues to shine!

Angels in the Snow - Our Snow Angel Program is continuing strong, and we are so grateful for everyone who has supported their neighbours by clearing walks and pathways. This simple act of kindness truly makes a difference in ensuring our residents can safely get around. If you are available to be our Snow Angel and help a neighbour who needs support with snow removal, please reach out to us today!

Direct the Great Things: Join the Board! - Are you passionate about all the fantastic initiatives, events, and resources that happen in our community? Are you interested in helping to direct all the great things that make Edgemont a wonderful place to live? The Edgemont Community Association (ECA) Board is looking for enthusiastic residents to join! Email us to learn more about the roles and responsibilities and to join the Edgemont Community Association Board!

Be Part of Our Volunteer Team

Volunteering is a wonderful way to support the community and make new friends! We offer year-round opportunities through ECA programs and events. Interested in getting involved? Email us at volunteers@edgemont.ab.ca to be added to our volunteer mailing list!

Jymi Chun

Volunteer Coordinator

volunteers@edgemont.ab.ca



Edgemont
Community Association
PRESENTS
**LEGO MANIA
COMPETITION**
Public viewing, live builds, + prizes!
FEBRUARY 7, 2026
Registration opens: Dec 15th, 2025
Spectators welcome!
More Details To Come!
Categories: Things that go, Scenes and Building, Animals and Figures



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President's Message



Before getting into February, I need to take a moment to send a big thank you to the local businesses and volunteers who supported our December Hamper Program. If you haven't participated in some capacity, I can say you likely can't comprehend the difference this makes for some families. One of our board members and her husband delivered hampers this year for the first time and made the following observation:

"The joy, gratitude, and thanks that was expressed by the families was nearly overwhelming. The mothers both shrieked in disbelief at the volume of gifts. They could not believe we had to make many trips to our truck to bring everything into their homes. Both mothers repeatedly blessed us and hugged us. Their relief and thanks were so sincere." (Charmaine Grills)

If one of your goals in life is to make a difference in someone else's, this is certainly one way! Recipients are Edgemont residents so your donation (time, money, etc.) supports local and in the same spirit I would encourage you to support local businesses. All participating businesses received a certificate of appreciation to display so it shouldn't be too hard to confirm which businesses stepped up in 2025.

Some say February is the shortest month of the year but one packed with opportunities for adventure. At ECC we will try to make that happen!

We are kicking off February with our Lego Mania Competition! Mark your calendar for February 7, 2026. There are 80 spots available with three categories: Things that Go, Scenes and Buildings, and Animals and Figures. Registration for the Lego Mania is open. Check our website for details. Both participant builders and spectators are welcome. The creations are surprising! The imagination and the building skills of participants never ceases to amaze. How do they get those little blocks to fit together in such unique ways?

Our Annual Frost Fest Family Day event is back on February 16 from 11:00 am to 2:00 pm at John Laurie Park. Please see our website for more details and to

register. This is a free event, but we ask that you register so we can make sure we don't run out of treats. Matthew Halladay is sponsoring this event and providing everyone with free hot chocolate and Timbits! Matthew is a local realtor well familiar with Edgemont! If you recall, last year this day was so warm that we moved the event to the ECC and we held a number of games resulting in some friendly competition. In my family, I seem to recall being crowned the bocce ball champion. Who knows what this year will hold? Fingers crossed that we will be up at the skating rink. By the way, the skating rink is open for as long as the weather will allow and it is maintained by a group of hearty folks who take care of the snow shovelling and all other matters related to offering residents a good skating experience.

As we say goodbye to the Year of the Snake, we welcome the Year of the Horse in the Chinese zodiac on February 17. It is viewed as a year of optimism and opportunity, with strong public and investor confidence pointing towards economic growth. Heaven knows, we could use a year like this!

If this is the year for you to invest in real estate or divest of some real estate, then mark your calendars for the Coffee and Conversation event on February 22 from 2:00 to 4:00 pm. Guest speakers will be Realtor Dabs Fasola and Roxana Velicu. The discussion will focus on the 2026 Market Landscape including:

- Buying in 2026: What's Different Now
- Selling in a More Strategic Market
- Investor Insights: Opportunity vs Risk
- Buy, Sell, or Hold?
- How to "Win Anyway" Strategy over Speculation
- Bonus: Attendees will receive an exclusive Real Estate Reset Playbook plus a complimentary home evaluation and consultation.

Dabs and her team are also well acquainted with Edgemont, and you can expect to get some good information. Free refreshments and snacks provided. Check our website or social media for more information.

On March 6 we will be having our second free drop-in Board Game Night, this time in our large Mountain View Room. Arrive on time to have a spot! Bring your games

and your own snacks and enjoy some community fun! Please note no alcohol and it is a 14+ event. Our first event was a smashing success!

In April we will be hosting our first ever jazz night with a full orchestra and vocals. Music will span from the 40s all the way to today's contemporary jazz hits! Watch for more details to come on our website and social media! Like jazz? Then I hope to see you there.

Keep in mind that we will hold our AGM in May with elections being the "highlight." More information will be posted as it becomes available. Anyone with an interest in serving on the Board, contact me or Rick Wierzbecki for more information. We welcome new ideas and fresh energy!

That's if for February!

Pamela Wilson

President



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A Report from the Edgemont Networking Group

Thank you for your help with the Edgemont Hampers this year. I know that it was a bit more complicated this year with having to move between Westminster and the ECA; however, everyone pitched in and the project ran quite smoothly.

In the end we supported 14 families. The remaining food and miscellaneous items were shared with the Mustard Seed, Veterans Food Bank, Calgary Food Bank, and Edgemark Lane residents.

Here are some of the comments we received from grateful recipients:

"Good Morning, I am speechless! I cried with joy for the first time in my life! This is way more than I ever expected! I felt like we won a lottery! You guys are God sent! You made our life way better! Thank you! Thank you! Thank you!"

"Thank you so much for all the gifts! You and Barb and the whole team are amazing! I've been so emotional and crying the last couple of hours! I really appreciate you guys for everything! Thank you. Thank you. Thank you!"

"Please accept my sincere thank you to all of you who have helped and supported us. I am grateful. I wish you all a very Merry Christmas and a prosperous new year."

"Hi there! I have no words to thank you enough for accommodating my family last minute for Christmas and for blessing us so much this holiday! We are amazed with so much effort, time spent, and love put into our hamper! We really appreciate all that you did for us! We wish you a blessed Christmas!"



ECA EVENTS & PROGRAMMING

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Please note that some programs are only offered during the school year while others are year round.

Self-Development and Healthy Living

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

AL-Anon Family Group Meeting

Support for friends and family of alcoholics. Thursdays at 10:00 am in the Boardroom. For more information, email livingthelegacies@gmail.com or call 403-266-5850.

Good Food Box

New Prices Effective January 2026

Small Box: \$35, 15 to 20 lbs of fruits and vegetables*

Medium Box: \$40, 25 to 30 lbs of fruits and vegetables*

Large Box: \$45, 35 to 40 lbs of fruits and vegetables*

*Please note weights are approximate.

Order by 6:00 pm

February 23
March 16
April 20
May 18
June 8
July 20
August 17
September 14
October 12
November 16

Pick Up

March 4
March 25
April 29
May 27
June 17
July 29
August 26
September 23
October 21
November 25

Order link: edgemont.getcommunal.com/parent_programs.
Email GFB@edgemont.ab.ca for information.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday.
Contact 403-547-1020, or visit
www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artsstc.com/.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootballclub.com

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18
www.thunderbasketball.ca.

Youth and Adults

Momentum Dance Academy

We offer Ballet, Jazz, Lyrical, Acro, Hip Hop, and Tap! Come dance with us! We offer both recreational and competitive options.

Contact office@momentumdanceacademy.ca for more information. www.momentumdanceacademy.ca.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in northwest and southwest Calgary. The club offers classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association.

Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.

Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

New! Colour On Fire Art Studio and School (COF)

Kids and adults explore the exciting world of art at COF art education classes! Students learn about sketching, shading, texture, and colour while working with a variety of mediums such as acrylic and watercolour paint, chalk and oil pastels, charcoal and more.

Through artistic experimentation, using a variety of techniques and subject matter, students learn, gain confidence and an understanding of their own art practice.

For more information contact 403-542-0178 or to register visit www.colouronfireartstudio.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Fit 4 Change

Adult fitness classes on Tuesdays 6:30 to 7:30 pm | September 2025 to June 2026

Contact Michelle: 403-804-6951 or email yycfit4change@gmail.com. www.fit4change.ca.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.
Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-870-8878 or frank8y@hotmail.com.

Calgary Chinese Elderly Citizens' Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985.

continued on next page

It provides a great variety of services and programs including social services, community support, health service, etc.

Visit www.cceca.ca/ for more information.

Spiritual

Mountain Creek Community Church (formerly Northwest Community Church)

10:30 am Sundays. See nwcchurch.ca.

Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See truelightca.com.

Chinese Service.

Ke Wang 587-717-5826.

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Lego Mania

February 7, 2026

Frost Fest

February 16, 2026

Edgemont Community Association 1st Annual Pageantry Flag Contest

Registration Opens March 1, 2026

More details coming soon.

Board Game Night

March 6, 2026

Coffee and Conversations: Seed Starting and Indoor Growing Seminar

March 15, 2026

SKIING SISTERS

At the Sochi Winter Olympics on February 8, 2014, Canadian sisters Justine and Chloé Dufour-Lapointe claimed gold and silver medals in the women's moguls freestyle skiing event. They stood together on the podium, marking the first time Canadian sisters had shared an Olympic podium at a Winter Games. What a special sister bond!



COFFEE & CONVERSATIONS



PRESENTS



2026 Real Estate Reset: What's Changing, What's Coming, and What It Means for You (And How to Win Anyway)

Speaker: Dabs Fashola
REALTOR®

Date: Sunday, Feb 22nd, 2026

Time: 2:00 PM – 4:00 PM

Location: Edgemont
Community Association



- Learn from a local expert
- Get your questions answered
- Enjoy light refreshments

FREE ADMISSION!

REGISTER at:

https://edgemont.getcommunal.com/parent_programs



(403)-239-1211 | office@edgemont.ab.ca

EDGEMONT COMMUNITY PAGEANTRY FLAG CONTEST

THEME: For the Love of Edgemont

WHO CAN ENTER: Edgemont Residents of All Ages!

Compete to have your flag design on
display in the community!
Prizes for the winners!

FULL CONTEST DETAILS ON THE WEBSITE
https://edgemont.getcommunal.com/parent_programs



CONTEST LAUNCH: MARCH 1ST
SUBMISSION DEADLINE: MAY 15TH



(403)-239-1211 | contests@edgemont.ab.ca

Free Drop-In Board Game Night

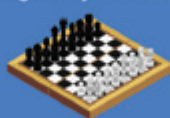


Join Us!

March 6th, 2026

6:30 - 9:00 PM

At Edgemont Community Association, 33
Edgevalley Circle NW



Drop in and bring your own snacks and games for a
fun evening of friendly competition!

No Alcohol Please!



OFFICE@EDGEMONT.AB.CA | (403)-239-1211

Seed Starting and Indoor Growing Seminar

By Tracy Grills

Founder of Eco Lighting &
Electrical & Growtronics™



Get a head start on your garden
with this informative and
interactive session!

Learn about:

- Seed starting basics (soil, timing, trays, humidity)
- Why lighting matters most
- Hands-on demos & Q&A
- Practical tips for healthy indoor growing

DATE: March 15th, 2026

TIME: 2:00 PM – 4:00PM



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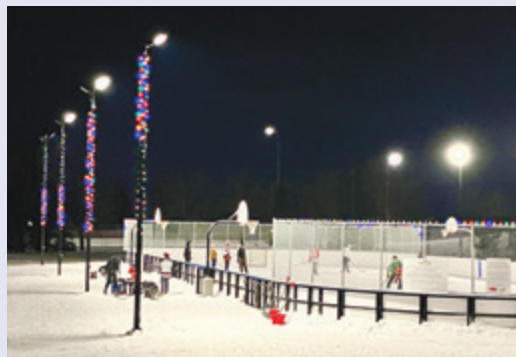
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(house calls and after-hours appts. still available)

Ice Rink

We have had a good year so far. We got the rink started in early December during the first cold snap of the season and had a good base frozen in. Members of the ice maker team were out several times a week to clean and flood the ice. Before Christmas the rink was ready to welcome skaters. The area is looking even better this year with more holiday lights installed under the guidance of Ed Wiercinski. We also had one rink light replaced, building lights upgraded, and an electrical conduit repaired. We also had the lights adjusted to cast more lights on the rink.

As usual we still have a problem with our users piling snow inside the boards or in front of gates and then burying pucks inside the snow which damages our machines when we clean the ice. If you scrape off the ice to play, please take the extra few minutes to throw the snow over the boards. We hope the weather cooperates so we can have the annual frost fest event in February, marshmallows and hot chocolate and treats and skating and other winter fun at the rink.

Thank you to our dedicated volunteers and to the ECA for covering the costs of operating the community rink. Please consider buying a membership to support your community and the rink, one of the many amenities the community association provides. This year would mark about the 40th year I have been involved with the rink maintenance. All thanks to the pioneering work of Barry Palmer, our first rink master and so many volunteers over the years.



Edgemont's Warmth on Long Winter Nights

We hope you have had a chance to feel the warmth and texture of your community's winter displays during our long, deep nights of winter. Whether you were able to spend some time in our fabulous green spaces, or white spaces as the season dictates, with family or friends, or furry friends, had visitors comment on your community, or simply felt the relief of coming home driving up or down Edgemont's decorated streets after a hectic day, this is made possible by your ELM program.

For those new to Edgemont, a big welcome! You are residing in a special community that has done tremendous work to bring a greatly enhanced level of grounds keeping and mowing, beautiful flowers, winter interest displays, and prompt litter control versus non-ELM communities. ELM, Enhanced Landscape Maintenance, is a City of Calgary and Edgemont Community Association joint initiative that uses a small annual tax levy on your property tax of which 100% goes directly back to our community to provide this level of service, fun fact; the only part of your property tax that does.

We say a collective "thank you" to Shari Pitka who is Edgemont's outgoing ELM Coordinator as I step in to fill some big gardening boots. It is a pleasure to see such a well-run program. I will be continuing this momentum, listening to your preferences and concerns, and working with stakeholders to continue building trusting and amicable relationships to benefit all entities. I have been involved in city ELM Programs for 21 years advising on development of policy, running other city northwest ELM community programs, and even helped Edgemont a little with the initial vote and first years of program implementation.

As our plants are seemingly dormant in our cold winter days, roots below the surface are active, preparing for their summer theatrical time. And not unlike this, there is a lot of activity happening in winter too with ELM programs. Aside from the seedlings growing in tropical-like greenhouses and ink drying on contracts with vendors, there is much change anticipated on the horizon with all city-wide ELM programs and the way they are managed and administered. This is very good

news. This has been a work-in-progress for a few years, primarily to understand the difficulties and instabilities inherent in the system. ELM has now been granted the stability, a pause if you will, to develop the future of the program. Everything from how new communities may begin to participate, how to demonstrate ongoing support of mature ELM communities, and maintain the spirit that community associations, volunteer entities, need to successfully deliver the program are all on the table for improvements or re-writes. I am excited to continue working with the wonderful City of Calgary partners and other ELM communities working for this and for us!

Edgemont will have the expertise and passion of Foothills Landscaping again for 2026 completing weekly mowing, tending to all of our flowers, and taking ownership of problem situations. If you see anything that needs tending to, even in winter, please send me a note to askElm@edgemont.ab.ca.

Financially, Edgemont continues to utilize the Special Tax Levy funds and the Grant Funds required to deliver the program efficiently and responsibly. As a matter of reporting, the community will be carrying over \$162,497 for 2025 to 2026. This is generally in line with previous years and allows for funding of expenses due prior to the availability of the Tax Levy Funds in June such as the spring cleanup and flowers. A similar carry-over will be prudent into 2027 and is the result of funds received in a given year equalling the funds utilized in a given year, a program requirement.

We hope you will continue to enjoy the changing season and longer days ahead as we look forward to another spring overlooking the world-famous Canadian Rockies!

ELM





News from the Friends of Nose Hill

by Anne Burke

The Calgary area has been the subject of many geological studies in scientific papers, field guides, and monographs, including glacial mapping of Nose Hill. The top of Nose Hill contains gravel deposited by the ancient Bow River, also carrying sand and mud, flowing east out of the mountains and reaching the level of the present hilltop. There may have been as many as 20 major glacial advances and retreats in what is now the Calgary area.

During the last one to two million years of earth history, ice sheets shaped the landscape. The continuous plain to the north, and on the east and west flanks of Nose Hill, were shaped by glacial meltwater from nearby ice. As the modern Bow River developed, it created a broad valley and the southern flanks of the Hill. A large lake was produced by an ice dam on the River. On its North and East, Nose Hill is bounded by Beddington and Nose Creeks. To the west, Big Hill Springs Coulee is what remains of the earlier glacial spillway system.

Nose Hill provides spectacular views from which to interpret the geological history of the Bow River Valley and its tributaries, as well as the uplands across the valley to the south. The boundary between eastern and western ice sheets is the result of a landslide from Mt. Edith Cavell. As the valley glacier advanced it was deflected southward by eastern ice and glacial erratics (large boulders) mark its former path.

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