

JANUARY 2026

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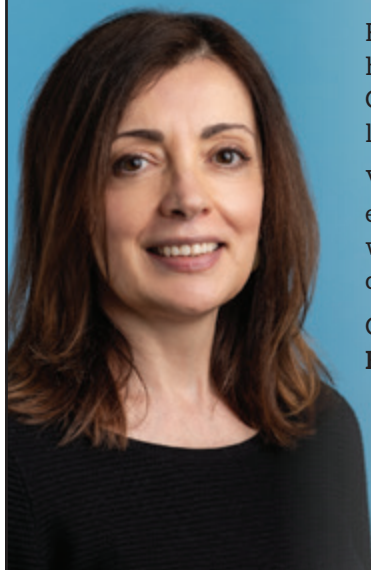
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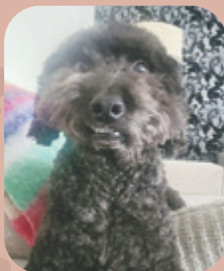
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Dazi,
North Glenmore Park



Jack, Seton



Leo, Nolan Hill



Rosie, Renfrew



Tango, Palliser



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Toulouse, Killarney

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SCAN ME

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Jymi Chun	Director jymi@edgemont.ab.ca

EDGEMONT VOLUNTEERS

Jymi Chun	volunteers@edgemont.ab.ca
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	Sir Winston Churchill High Rep
Vacant	Mother Mary Greene Rep
Rick Wierzbicki	Rink Coordinator rink@edgemont.ab.ca
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ELM	askELM@edgemont.ab.ca

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- Mountain view
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The Board Room: Capacity 20

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A Message from Your Volunteer Coordinator

Happy New Year, Edgemont Volunteers!—Welcome 2026

As we step into 2026, we want to take a moment to celebrate what an incredible year 2025 has been. It has truly been inspiring to meet and work alongside so many wonderful volunteers from across the Edgemont community. Your spirit, kindness, and willingness to jump in wherever help is needed have made every program and event brighter.

A special shoutout goes to our amazing youth volunteers from Tom Baines School, who supported us with Winter Market setup, ice rink maintenance, and the big stockroom clean-up alongside our Ice Rink Keeper, Rick Wierzbicki. Rick shared that “the kids were fun... and his back was sore!”—hopefully you all enjoyed the day as much as Rick did!

We are also incredibly grateful to the dedicated students from Sir Winston Churchill High School, who were with us throughout Winter Market Day—from the early cold morning helping vendors settle in, to guiding visitors around the event, to the late-afternoon dismantling. Your energy and commitment truly helped make the event a success.

A huge thank you as well to everyone who supported our Christmas Hamper program—from drivers, sorters, packers, gift-wrappers, to those who helped deliver the hampers. We simply could not have made this happen without you. We were especially touched to receive so many emails from volunteers eager to

help even before our schedule was finalized. Your enthusiasm, generosity, and warm hearts mean the world to us.

And finally, a heartfelt thank-you to all of our Snow Angels, who continue to support neighbours during the coldest months. Your care and kindness bring real warmth to our community.

Thank you again—each and every one of you—for giving your time, heart, and love to Edgemont. We are excited for all the meaningful moments, teamwork, and community connections that 2026 will bring together.

Be Part of Our Volunteer Team


Volunteering is a wonderful way to support the community and make new friends! We offer year-round opportunities through ECA programs and events. Interested in getting involved? Email us at volunteers@edgemont.ab.ca to be added to our volunteer mailing list!

Jymi Chun

Volunteer Coordinator

volunteers@edgemont.ab.ca



<p>Joke of the Month</p> <p>Royalty</p> 	<p>What kind of cow wears a crown?</p> <p>A dairy queen</p>
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Soccer in the Community

Partnered with **Edgemont** Community Association

Winter: Jan - Feb

northsidesoccer.ca



President's Message



January is here and it's typically a month of resolutions, fresh starts, and the hopeful anticipation of a year filled with growth, joy, and good news. Before I get to the "good news" there are some people I need to thank for the great year 2025 turned out to be. There are so many volunteers who turn up to help with activities. Thank you to all of them! There have been business sponsors who stepped up with funding. I try to recognize them close to the event they sponsored. Our latest sponsor is Lamb Halladay Real Estate who helped us with the Winter Market. Residents, I would encourage you to support our sponsors when you have the chance to do so. They are investing in Edgemont.

Movie Night was a smashing success! We will be repeating it in 2026. The office received a number of thank you notes from attendees. It's always nice to hear that folks enjoyed the evening. I'll share more information as it becomes finalized and as always, check out the ECA website.

Shari Pitka has been a very valuable resource to the ELM committee. She will be focussing on other priorities in 2026 and has had to withdraw from ELM. We will truly miss her guidance and thank her for sharing her knowledge and leadership. The good news is that we have found a replacement. Mark Koelbl will be stepping into Shari's shoes. Mark has experience in working with ELM committees in other subdivisions and comes highly recommended. We welcome Mark to the team.

Our MLA, Julia Hayter, continues to be a big supporter of ECA. Julia was at our Winter Market to talk to residents and get a feel for what is on the minds of Edgemont residents. Provincial politics has been a wild ride lately, so conversations at the grassroots are important. In January, Julia will be hosting an event to help residents who rely on AISH or other social assistance programs to understand how to navigate that system. Watch for more information. As the final details will miss our publication deadline, I encourage you to check our website or follow Julia directly. For those on our email list, we will push a message to you once we have all the information.

The first Coffee and Conversations event of the year is on January 11, 2026, and based on the registration already in, this seems to be a topic that interests a number of people. The focus will be Wealth Management and Financial Planning skills needed to plan estates and create wills in Alberta and Canada that reflect your wishes. The session will be facilitated by Hash Assad and Rehana Begum from Assad Wealth Management. Free snacks and refreshments are provided. Check the website for registration details.

We are hosting a sip and paint on January 23, 2026, from 5:30 to 8:30 pm and the entry fee is \$35 per person. Registration is open and includes a glass of wine and snacks. It's meant to be a fun, relaxing event.

For kids, we also have an exciting "Paint the Rocky Mountains" art class being taught by a local Edgemont artist for ages 5 to 10 years old. The date is January 25 from 3:15 to 4:45 pm and the cost is \$10—supplies included. Spaces are limited and registration is open. Check our website for details. We expect this to fill up quickly.

Our Lego Mania Competition is back! Mark your calendar for February 7, 2026. There are 80 spots available with three categories: Things that Go, Scenes and Buildings, and Animals and Figures. Registration for the Lego Mania is open. Check our website for details. Both participant builders and spectators are welcome. The creations are surprising! The imagination and the building skills of participants never ceases to amaze. How do they get those little blocks to fit together in such unique ways?

We are looking forward to Frost Fest on February 16. The event is at the ice rink, weather permitting. You don't have to wait until Frost Fest to go down to the skating rink. As soon as the ice is skate worthy, the rink is ready for your enjoyment. Thanks to the volunteers who make the ice, maintain the ice, shovel the snow, and take care of all the many tasks that keep the rink an enjoyable outdoor feature in Edgemont. We have done some maintenance at the rink site. You may notice new lights for example and during the holiday season, we added festive lights to create the holiday ambiance.

Finally, looking forward to March, you can expect to hear about a flag contest that ECA will be running. Our goal is to have residents design flags that we can display on seven light standards in our area. There will be categories for competitors based on age and there will be a prize for the winning flag designer in each category. We are finalizing the theme and the timeline for the competition. I expect to be able to share more information in February.

Until the next edition of *Inside Edgemont*, stay warm!

Pamela Wilson

President



GAMES & PUZZLES

Guess the Cartoon!



1. Mojo Jojo is always trying to cause havoc in this female-led cartoon.
2. Joe Barbera first considered calling this classic cartoon *The Gladstones*.
3. This group of mystery solvers was brought to life in 1969 and led to multiple shows and movies.
4. One of the main characters of this cartoon is named Finn and though he is an adventurer, he is afraid of the ocean.
5. Stephen Hillenburg, creator of _____, was actually a marine biologist!
6. This cartoon follows a family who lives life in Orbit City with their dog Astro.

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ECA EVENTS & PROGRAMMING

Edgemont Community Centre, 33 Edgevalley Circle NW or online.

For more information, call the office at 403-239-1211, or check www.edgemont.ab.ca.

Please note that some programs are only offered during the school year while others are year round.

Self-Development and Healthy Living

Alcoholics Anonymous

Meets at Edgemont Community Centre every Friday evening. Contact ECA: 403-239-1211.

AL-Anon Family Group Meeting

Support for friends and family of alcoholics. Thursdays at 10:00 am in the Boardroom. For more information, email livingthelegacies@gmail.com or call 403-266-5850.

Good Food Box

New Prices Effective January 2026

Small Box: \$35, 15 to 20 lbs of fruits and vegetables*

Medium Box: \$40, 25 to 30 lbs of fruits and vegetables*

Large Box: \$45, 35 to 40 lbs of fruits and vegetables*

*Please note weights are approximate.

Order by 6:00 pm

January 5
February 23
March 16
April 20
May 18
June 8
July 20
August 17
September 14
October 12
November 16

Pick Up

January 14
March 4
March 25
April 29
May 27
June 17
July 29
August 26
September 23
October 21
November 25

Order link: edgemont.getcommunal.com/parent_programs.
Email GFB@edgemont.ab.ca for information.

Childcare

Edgemont EduSARC

Before and after school-age program serving the Edgemont Elementary School. Please call 403-241-0131 or email edusarc@gmail.com.

Location of events and programs are at the Edgemont Community Association unless otherwise specified.

Kaleidoscope Kids

Preschool for ages 3 to 4 years. Monday to Friday.
Contact 403-547-1020, or visit
www.kaleidoscopekidspreschool.com.

Babies, Children and Youth

193 Scout Group Edgemont

Activities and adventures for youth ages 5 and up. We need new parent leaders to help us open up more spots for youth! No experience necessary, and full training provided. Come and have fun with Scouting! Contact Graham at 193edgemontand4triwoodscouts@gmail.com.

Fencing Calgary

Learn to play the fencing way! Programs for children and youth aged 7 to 14. Equipment included. Visit www.fencingcalgary.com.

Art Drawing Class, STC Arts

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, and watercolour painting. Visit www.artsstc.com/.

ABAITC

AI Junior Coding Class | For more information or to register call 587-926-9005 or email aitech201905@gmail.com | abaitc.org.

Casey O'loughlin Academy of Irish Dance

Saturday mornings for ages 4 and up. For more information or to register, call 403-520-0059 or email caseyoloughlin@academy.com.

Junior Philatelists (Stamp Club for Youth)

Meeting the second Saturday of the month, January to May, and September to November. Each gathering includes discussions on the history, geography, and culture of stamp issuing countries. Ideal age range would be from 8 to 16, and no previous background in the hobby is necessary. For further information, please contact Jim Senecal at 403-547-7681.

Mavericks Football (Atom, Peewee, Bantam)

www.mavericksfootballclub.com

Rhythmic Gymnastics

We offer rhythmic and acro gymnastic classes for ages 5 and up. For information, email h.palmer@shaw.ca or visit www.rgcalgary.ca.

Sportball

Indoor parent-and-child sports program. Ages 2 to 3 with a parent; ages 3 to 5 do not require a parent to attend. Call 403-700-7994, or visit www.sportball.ca/calgary/return-to-play.

Stars Basketball (Grades 1 to 6)

Our coaches are trained to promote joy, ignite passion, and develop skills. Email info@starsathletics.ca.

Suzuki Baby

Music classes for ages 0 to 2. Visit www.suzukibaby.ca/.

Thunder Basketball

Tykes to U18

www.thunderbasketball.ca.

Youth and Adults

Momentum Dance Academy

We offer Ballet, Jazz, Lyrical, Acro, Hip Hop, and Tap! Come dance with us! We offer both recreational and competitive options.

Contact office@momentumdanceacademy.ca for more information. www.momentumdanceacademy.ca.

Seiwa Kai Karate

Seiwa Kai Karate was established in Calgary in 1979. Presently, the club has five branches located in northwest and southwest Calgary. The club offers classes for beginners, children, and adults. All students of Seiwa Kai Karate are members of the National Karate Association and Karate Alberta Association.

Email info@seiwakai.ca or call 403-560-4508. Visit www.seiwakai.ca for more information.

Alan Colter Karate

Koryu Uchinadi karate club based in Calgary, Alberta, Canada.

Call 403-926-3535 or email sensei.alan@bunbukankarate.com.

New! Colour On Fire Art Studio and School (COF)

Kids and adults explore the exciting world of art at COF art education classes! Students learn about sketching, shading, texture, and colour while working with a variety of mediums such as acrylic and watercolour paint, chalk and oil pastels, charcoal and more.

Through artistic experimentation, using a variety of techniques and subject matter, students learn, gain confidence and an understanding of their own art practice.

For more information contact 403-542-0178 or to register visit www.colouronfireartstudio.com.

Adults and Seniors

Gentle Yoga

In-person yoga on Thursdays. To register, email savannah.nocera@gmail.com, or call 403-852-5415.

Fit 4 Change

Adult fitness classes on Tuesdays 6:30 to 7:30 pm | September 2025 to June 2026

Contact Michelle: 403-804-6951 or email yycfit4change@gmail.com. www.fit4change.ca.

Second Sixties Outdoor Club

Open to age 50+. If you enjoy any of hiking, walking, snowshoeing, cross-country skiing or beginner golf, check out www.secondsixties.ca for more information.

Speakers' Edge Toastmasters

Meets Saturdays.

Contact speakersedgetoastmasters@gmail.com.

Calgary Silver Thimbles Quilters Guild

Quilting guild meets at 7:00 pm on the first and third Wednesday of the month from September to June. Zoom meetings are held for some of the third Wednesdays during the winter months. Quilters of all levels are welcome. For more information contact cstqg1@gmail.com.

Calgary Chinese Seniors Recreation Society-Ping Pong

We provide a variety of recreational programs, giving our members the opportunity to build their social network, showcase their talent and improve the seniors' quality of life. Contact Frank at 403-870-8878 or frank8y@hotmail.com.

Calgary Chinese Elderly Citizens' Association CCECA

The Calgary Chinese Elderly Citizens' Association (CCECA) is a non-profit social service organization. It has been serving Chinese older adults citywide since 1985.

continued on next page

It provides a great variety of services and programs including social services, community support, health service, etc.

Visit www.cceca.ca/ for more information.

Spiritual

Mountain Creek Community Church (formerly Northwest Community Church)

10:30 am Sundays. See nwcchurch.ca.

Contact Pastor Jeff Edwards at 403-616-6480 or pastor@nwcchurch.ca.

Calgary True Light Gospel Church 真光教会

10:30 am Sundays. See truelightca.com.

Chinese Service.

Ke Wang 587-717-5826.

Gospel Church

Sunday evening services

Visit www.edgemont.ab.ca for details.

ECA Board of Director Meetings

ECA board meetings are generally held on the third Tuesday of the month starting at 7:00 pm. If you have an item that you would like added to the agenda, email secretary@edgemont.ab.ca. ECA members are welcome to attend meetings in-person. Let the secretary know so we can be assured that we have sufficient meeting space.

Upcoming Events and Projects

Go to www.edgemont.ab.ca for more information.

Coffee and Conversations

January 11, 2026

Sip and Paint

January 23, 2026

Rocky Mountains Art Class

January 25, 2026

Lego Mania

February 7, 2026

Frost Fest

February 16, 2026



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COFFEE & CONVERSATIONS
PRESENTS

JAN 11, 2026 What happens when you die without a Will in Canada?
Featuring Hash Assad and Rehana Begum
from Assad Wealth Management
2pm - 4pm

Registration Required:



Tips and Strategies for Selling your Home
Featuring Dabs Fashola
from One Percent Realty
2pm - 4pm

FEB 22, 2026

Seed starting and Indoor Growing Seminar
Featuring Tracy Grills
from Growtronics™
2pm - 4pm

MAR 15, 2026

Location: Edgemont Community Association

Edgemont Community Association (403)239-1211 | office@edgemont.ab.ca

Sip + paint
Class

FOR ALL LEVELS
20 SPOTS AVAILABLE

Join us for a cozy evening of creativity at our Sip & Paint Night! Whether you're a seasoned artist or just picking up a brush for the first time, this class is the perfect way to unwind, sip on something warm, and create your own masterpiece. No experience needed - just good vibes, drinks, snacks, and plenty of paint!

DATE & TIME 23 JAN 2026 FROM 5:30 - 8:30	LOCATION EDGEMONT COMMUNITY CENTER ALL SUPPLIES WILL BE PROVIDED	ENTRY FEE \$35 PER PERSON
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Registration Opens Dec 5th, 2025



SCAN HERE

Edgemont Community Association (403)239-1211 | office@edgemont.ab.ca



LET'S PAINT THE ROCKY MOUNTAINS

DATE : Saturday, January 25th 2026
TIME: 3:15 - 4:45 PM
COST: \$10 Per child
AGE LEVEL: 5-10

Registration Opens Dec 9th



Limited Spots! Registration Required.
No experience needed.
All Materials will be provided.

Edgemont Community Association (403)-239-1211 | office@edgemont.ab.ca

Edgemont Community Association
PRESENTS
LEGO MANIA COMPETITION

Public viewing, live builds, + prizes!

FEBRUARY 7, 2026



Registration opens: Dec 15th, 2025

Spectators welcome!
More Details To Come!

Categories: Things that go, Scenes and Building, Animals and Figures

Edgemont Community Association's

Frost Fest

*It's a Fun
Winter Time!*



Monday,
February 16

*Come enjoy winter activities
and games, grab a warm drink,
and spend time with the family
and beloved neighbours!*

at John Laurie Park
from 11:00am to 2:00pm

Ice Skating - Snow Games -
Ice Bocce - Hot Chocolate -
& Much More

Cost: **FREE**



Edgemont
COMMUNITY ASSOCIATION

PHONE: 403-239-1211 | WWW.EDGEMONT.AB.CA



The summer 2026 flowers have been approved!

Even though it's snowy and white outside, we're already hard at work planning next season's selections for the ELM program.

Edenscapes have once again been in the community this season, filling our pots with beautiful winter greenery and decorations. We kindly ask for your help—if you see anyone removing items from the winter displays, please notify us right away at askElm@edgemont.ab.ca or by calling 403-239-1211.

We are also very pleased to share that Foothills will continue to look after our landscaping and ELM projects in 2026. In addition, the ELM program and the community of Edgemont would like to welcome Mark Koelbl, who will be taking over for Shari and caring for our community going forward. Mark has been involved in the ELM program for many years and will be kicking off the 2026 season in Edgemont.

We would also like to acknowledge that Shari Pitka will be stepping away from the management of the ELM program. Shari's community in Northern Saskatchewan, East Trout Lake, was lost to wildfire this year. She will be focusing her efforts on returning north to assist with rebuilding. We are grateful for her dedication to the community of Edgemont and the ELM program.

As you begin planning any yard renovations for next year, please remember that ELM greatly appreciates donations of perennials in the spring for distribution throughout the community prior to planting the annuals. If you have a donation, simply dig up your perennials in the spring and contact Mark at askElm@edgemont.ab.ca to arrange pickup.

Wishing you a Happy New Year and happy gardening in 2026!

Kathleen Stewart, Rick Wierzbicki, Mark Koelbl



News from the Friends of Nose Hill

by Anne Burke

On the Park's northern boundary, Alberta Government Telephone, in 1982, and Canadian Western Natural Gas, in 1990, had access rights. Carma Developments put waste in the MacEwan Glen ravine. Construction sites attracted four-by-fours and dirt bikes. Nose Hill Trail condition and use were studied between July 20 and September 20, 1993. Volunteers working in pairs came from the Nose Hill Park Users Group, Nose Hill Communities Board, and Calgary Field Naturalists Society. Their goal was to measure trail type and surface, width, and depth. An aerial photo mosaic marked the survey areas. Data was collected for the glacial moraine (the Hill plateau and side slopes), ravines (Many Owls and Porcupine Valley), and disturbed land. The time of day was morning (7:00 am to noon), afternoon (noon to 6:00 pm), and evening (6:00 pm to dark). During both the week and weekend, Hill use was greatest in the afternoon and evenings. On the weekend, people spent time in the ravines. However, during the week more were recorded on the plateau and side slopes. Pathway routes were widened by braiding but less rutted than trails. The greatest use was in disturbed sites, rather than on the moraine. All pathways and trails were used by cyclists, who preferred gravel pathways to grass trails. Walkers without dogs used pathways, unlike dog walkers in the ravines. A review revealed that areas damaged by vehicles, horse and cattle grazing, and gravel extraction were slowly regenerating, including severely damaged areas. Although some trails were rutted (and may remain so for a time) others had high grass growing in them without horse and vehicle traffic. Ravine trails were overgrown by tall grasses, thistles and nettles, so many people no longer used them.

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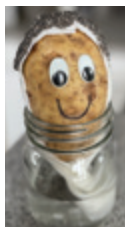
Grow Something New This Winter With 4-H Intro Clubs



Have you heard of 4-H? Many know 4-H for its long history in rural and agricultural communities, but today 4-H is thriving in cities, including right here in Northwest Calgary. Alongside our traditional, year-long 4-H clubs, we also offer a short-term program

designed for families who want to explore 4-H before making a longer commitment.

4-H Intro Clubs are a six-week program for youth ages 9 to 15 that provides a hands-on introduction to the 4-H experience. These are not traditional clubs. During intro clubs, youth attend once a week for two hours, learn all about running meetings and try a different hands-on activity each session, giving them a fun and friendly way to explore what 4-H has to offer.



One popular winter activity is the Potato Pet Hair Garden, where youth learn about seeds, plant growth, and patience in a silly and hands-on way. Using a potato, paper towel, water, and chia or alfalfa seeds, participants create a “potato pet” with sprouting hair, then track growth over the week. Along the way, they practice observation skills, explore plant life cycles, and get a taste of science in action, all indoors during the cold winter months.

Try It at Home: Create your own Potato Pet Hair Garden:

- Wrap a potato in a damp paper towel or cotton strip.
- Draw a face and add googly eyes.
- Place it on a jar of water so the bottom touches the water.
- Spread chia or alfalfa seeds on top, like hair.
- Mist daily and watch the sprouts grow in four to seven days!

Learn more about intro clubs starting in January by visiting 4hab.com/member.

Send us your potato head photos or ask us a question at introclubs@4hab.com.

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