EVANSTON EVANSTON

THE OFFICIAL EVANSTON COMMUNITY NEWSLETTER





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MERRY CHRISTMAS AND HAPPY HOLIDAYS





GAMES & PUZZLES

Guess the Holiday!

- 1. This holiday seems like it could be named after a sport, but it has nothing to do with one.
- 2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.
- 3. This holiday typically revolves around one shape.
- 4. Eggnog, trees, and bells are classic elements of this holiday.
- 5. Costumes are a huge part of the fun of this holiday.
- 6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.







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SCAN THE QR CODE FOR THE SOLUTION









Word of the Month

Absquatulate: Verb (ab-skwoch-uh-leyt)

To run away or leave abruptly.

The sneaky cat managed to absquatulate any time the door was open.



Our Clinic Hours of Operation M, T, W: 10:00am - 6:00pm

Th, F: 8:00am - 4:00pm

Saturday (2/mo): 8:00am - 3:00pm

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EvanstonCreekside Community Association ECCA

PO Box 47059 20 — 12192 Symons Valley Road NW, Calgary, Alberta T3P 0B9. eccacalgary.com

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OFFICERS	REPRESENTATIVE			
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Secretary	Vacant			
Treasurer	Stan Kunnathu			
DIRECTORS	REPRESENTATIVE			
Memberships	Vacant			
Public Spaces	Karl Alexander			
Safety	Mike Stiles			
At Large	Maricel McDonald			
At Large	Emma Sauriol			
COMMITTEE	CHAIR			
Business Outreach	Maricel McDonald			
Planning	Emma Sauriol			
Public Spaces	Karl Alexander			
Safety	Mike Stiles			
Schools	Doug Lamb			

Evanston Board Meetings

are held on the first Tuesday of every month.

All community members are welcome and encouraged to contribute.



On December 21, 2019, Mariah Carey officially 'defrosted' when her song "All I Want for Christmas Is You" finally topped the Billboard Hot 100 chart for the first time since its release in 1994. Talk about a Christmas miracle - 25 years in the making!

PRESIDENT'S MESSAGE

Season's Greetings, Happy Holidays, and Merry Christmas from the Evanston Creekside Community Association (ECCA)! We wish you and yours a safe, festive, and joyous season.

Our Community Park (115 Evanston Drive NW)

We have made some wonderful additions to the Park this autumn – overhead solar string lights, solar tree lights, a book cabinet, and a pergola. A reminder that the Park is under the ECCA's control. We are responsible for all maintenance and funding including grass, trees, fire pit, benches, and garbage – and we do so all as volunteers. Please be mindful of this when using the Park. If you see something such as overflowing bins, contact us at board@eccacalgary.com. Together we can keep this fantastic public space welcoming for everyone.

Book Club, Anyone?

The new book cabinet, built and donated by an anonymous community member, was added to the Park last month. Residents are already coming and going with books which is great to see. Let us know at board@eccacalgary. com if you are interested in an Evanston Book Club!



January Skating for All

Want to skate for free? The ECCA and Skate Shack return this year with KidSport Canada. Our date is Saturday, January 18 at our Community Park. Skates will be free to rent for the entire family. There will be hot drinks, entertainment, and the fire pit to keep us all warm. We will need volunteers to successfully run the event so please email president@eccacalgary.com. This date is also Hockey Day in Canada, and we will mark the start of the ECCA's 18th birthday celebration week.

Community Garden Committee

Are you interested in helping shape the community garden at the Community Park? We would love your input and assistance whether you have an avid green thumb or have an eye for design or want to get involved in your community. Please email president@eccacalgary.com for information about the committee and how you can join.

People Power!

The ECCA Board has taken great strides and created momentum and activity in recent months. The entire Board is comprised of volunteers who put hours into running the non-profit company we call a community association. We recently formally recognized the following Directors for their contributions:

Karl Alexander, Director of Public Spaces, who has kept the community park's grass, bins, and trees in top shape. Mike Stiles, Director of Safety, who organized and oversaw the construction of the pergola, posts for overhead lights, and book cabinet. Maricel McDonald, Director, who has supported and coordinated the volunteers for our events this summer and autumn. Thank you!

If you are interested in joining our enthusiastic board, please contact us. We would love to hear from you! There are nearly 21,000 people who call Evanston home – we are certain many of you have ideas and willing to help your community.

Join Your Association!

To help support the ECCA, please visit the Evanston Creekside Community Association webpage at https://www.eccacalgary.com/register/ to purchase a \$20 membership. All money goes towards the maintenance of our Community Park, the community garden, and funding for events.





Were you in a NAPLS study?

- We are trying to find people who previously took part in any of our NAPLS studies at the At-Risk for Mental Illness Research Program.
- We invite you to participate in a short interview so we can learn how you have been doing.

For more information, please contact: 403-210-8740 or napls@ucalgary.ca

The University of Calgary Conjoint Health Research Ethics Board has approved this research study "Predictors and Moderators of Long-Term Outcome of Persons at Clinical High Risk for Psychosis" (REB21-1762)

Safety Message

The holidays are a time to relax, recharge, and enjoy family and friends. This season the Evanston Creekside Community Association (ECCA) wishes you a happy, safe, and healthy Christmas and New Year.

Mike Stiles

ECCA Director of Safety



trend, more people are having packages stolen right off their front porch. If you're expecting packages, request signature confirmation or have a trusted neighbor hold on to it for you.

OOKING HAZARDS A fried turkey is delicious. A fried house due to a deep fryer accident is not. Make sure you read the instructions on how to prepare your turkey safely and please, use the deep fryer OUTSIDE of the house.



ORATION HAZARDS

Speaking of fires, Christmas tree fires can be devastating for what is normally such a beacon of happiness. If you have a live tree, make sure that it has water every day, and ensure that any lights you use are checked for breaks or exposed wires.

Dispose of your presents boxes creatively placing that 60" TV box outside on trash day after Christmas is just asking for trouble. Try and break down boxes and other packaging as to not give away the wonderful gifts your family received.





In today's inter-connected age, it's important to be very careful Labout what you share on social media. Be very careful about what you post and if you do decide to share your gifts, please make sure you don't have your location tagged to the post.



If you're traveling to visit family or going on a holiday vacation, wait until after your trip to post about it. Have a good friend or neighbor check on your house every couple of days to give you and update.





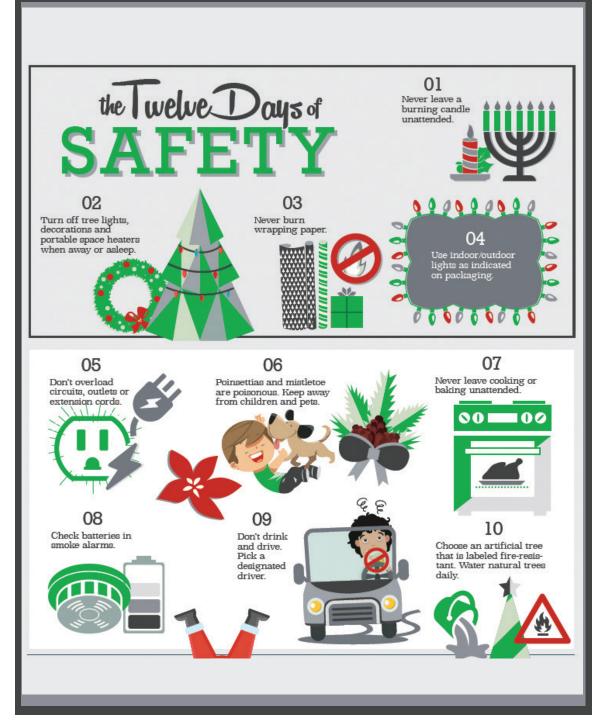
RATIONS & LIGHTING

Make sure not to run extension cords through windows or garage doors. Just the littlest crack can expose a home to thieves.

VHO'S AT THE DOOR

Criminals can try and scope at your home posing as a delivery person or someone looking for charitable donations. Be cautious when talking to people you're unfamiliar with and don't let them in your home







Magic Carpet Ride

Family Literacy Program



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www.canlearnsociety.ca/magic-carpet-ride



City Kids: Exploring 4-H Beyond the Farm

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs

The Intro Clubs in our city have been buzzing with excitement! We're wrapping up another round of daytime and evening programs, filled with hands-on workshops that let kids try new things and make connections with friends over six weeks.

Kids have enjoyed a wide range of activities, from pottery and beekeeping to crafting their own Grinch trees. Each workshop sparked creativity and teamwork, and the feedback from families has been fantastic. Along the way, the kids picked up core 4-H skills like leadership, communication, record-keeping, and community service.





One highlight was our Sourdough Workshop, where participants got a taste of bread dough-making, complete with a wheat grinding demonstration! They also learned about the science behind sourdough and had fun making pizzas with sourdough crust. The aroma of fresh pizza filled the air, and the favourite part was tasting their creations.

We're excited to announce that the Sourdough Workshop will be back in January as part of our next round of clubs, so those who missed it will get another chance!

The Intro Clubs are a great place for kids to grow, make friends, and have fun. We can't wait for the new workshops and activities coming up! For more information on upcoming clubs, please email introclubs@4hab.com. Thank you to all the families who've joined us on this journey—stay tuned for updates, and we hope to see you at our next workshop!



MLA Calgary-North Hon. Muhammad Yaseen

104 – 200 Country Hills Landing NW T3K 5P3

- □ calgary.north@assembly.ab.ca
- f @muhammadyaseenyyc

Happy Holidays!

Healthcare Improvements

To better recruit and retain healthcare professionals, Alberta has introduced a competitive compensation package for resident physicians. As a result, the province had over 12,000 registered doctors by the end of September, a gain of more than 500 compared to last year.

Arthur J.E. Child Comprehensive Cancer Centre

The Alberta government announced that the Arthur J.E. Child Comprehensive Cancer Centre, a state-of-the-art facility, is now welcoming patients. With 127,000 square meters, 160 inpatient beds, and extensive research space, the centre aims to deliver world-class cancer care and drive innovation. As one of Alberta's largest infrastructure projects, it will expand cancer care capacity by integrating and enhancing services, ensuring high-quality, patient-centred care for today and the future.

New Affordable Housing Helps Those in Need

Alberta's government is committed to ensuring Albertans have access to safe, stable, and affordable housing and is celebrating the completion of HomeSpace's Hope Heights affordable housing project which will provide 35 one-bedroom units for those in need in the Crescent Heights community. Through Alberta's Affordable Housing Partnership Program, over \$2 million has been invested in HomeSpace's newly completed Hope Heights building. The Hope Heights project will provide residents with access to wrap-around support services on-site to help those in need of specialized supports.

Christmas is a season for traditions, for creating treasured memories with loved ones, and for embracing the spirit of giving and gratitude. May the warmth of the season surround you, bringing reflection and renewal as we look forward to a new year filled with promise and opportunity. Merry Christmas and Happy New Year!



Councillor, Ward 2 Jennifer Wyness

403-268-2430Ward2@calgary.ca

Calgary.ca/ward2 Ward2Wyness

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As we enter the final month of the year, the spirit of the holidays is in full swing. Whether you're busy with festive preparations, winter activities, or simply enjoying the cozy indoors, we're looking ahead to the new year while focusing on ways we can give back and support each other. As we welcome the holiday season, it's the perfect time to reflect on what truly makes our community special. Family traditions, time with loved ones, and faith are all part of why we celebrate.

I'd like to give a heartfelt thank-you to our amazing community association volunteers, who have worked tirelessly throughout the year to make Ward 2 a welcoming place for everyone. From hosting events to creating spaces where neighbours can connect, your dedication is part of what makes our community great.

From the Ward 2 Office, we wish everyone a very Merry Christmas and Happy Holidays! May this season be filled with warmth, joy, and time spent with those who matter most.

Drive Safe and Prepare for Winter

With winter on its way, the season brings new challenges. Here are some winter driving tips to help you stay safe:

- Find a safe place or empty parking lot to learn how your vehicle responds to snowy, icy conditions.
- Test your brakes gently to get a feel for slippery surfaces and keep your distance from the car in front of you.
- Equip your car with essentials like tire chains and an ice scraper. A bag of sand or a floor mat can help add traction if you're stuck on ice.
- Clear any snow from your exhaust pipe to avoid carbon monoxide issues.
- Keep a tow truck contact on hand.
- Download a rideshare or taxi app in case you need alternative transportation in an emergency or after holiday parties.

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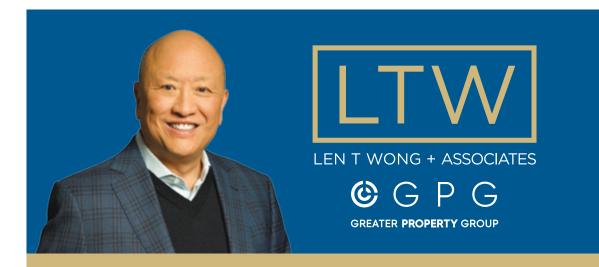
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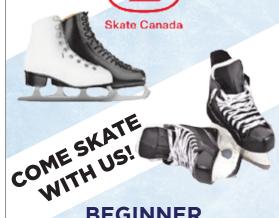
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