

NOVEMBER 2024

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your EVANSTON

THE OFFICIAL EVANSTON COMMUNITY NEWSLETTER



**CHRISTMAS MINGLE AND
SILENT AUCTION**
SEE PAGE 8 FOR DETAILS



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Santa Meet & Greet is on November 30th,
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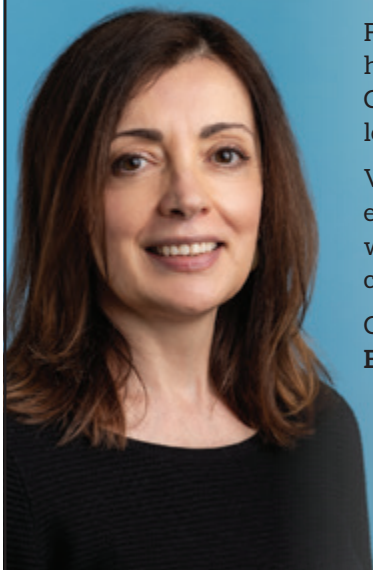
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GAMES & PUZZLES

Guess the Landmark!

1. This gorgeous UNESCO World Heritage Site in India was built to be a mausoleum.
2. The _____ was made across many dynasties and states, taking over 2,500 years to construct.
3. This stunning Italian landmark is also called the Bell Tower and is over 180 feet tall.
4. This iconic structure was built for the 1889 World Fair; it celebrated the 100th anniversary of the French Revolution.
5. This famous ancient city was frozen in time due to almost the exact opposite circumstance.
6. There are no straight lines in this ancient temple structure, located on the Athenian Acropolis.



SCAN THE QR
CODE FOR THE
ANSWERS!



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**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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EVANSTON-CREEKSIDE COMMUNITY ASSOCIATION

EvanstonCreekside | **ECCA**
Community Association

PO Box 47059
20 – 12192 Symons Valley Road NW, Calgary, Alberta T3P 0B9, eccacalgary.com

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Evanston Board Meetings

are held on the first Tuesday of every month.

All community members are welcome and encouraged to contribute.

Peanut Butter Lovers Month

Did you know November is Peanut Butter Lovers Month? Although, many believe George Washington Carver is the person to thank for this tasty, nutty treat. It was actually Canadian chemist Marcellus Gilmore Edson who patented peanut paste in 1884, by milling roasted peanuts between heated surfaces.

Now you know who to thank for your favourite spread!



PRESIDENT'S MESSAGE

Update from the Alberta Government regarding the fence installed at Evansford Circle/Evansford Road in late-September:

"While we appreciate the frustration of recreational users of these areas, the fence has been put up for safety reasons.

Transportation Utility Corridors (TUCs) may appear suitable for recreation, but they are not public green space. Active TUC land must be protected from surface disturbances of any kind because they may include networks of vital underground energy pipelines and utility infrastructure.

The fence is permanent and was installed in addition to 'No Trespassing' signs to prevent unauthorized use of the TUC. For maintenance and repair purposes, workers must be able to access TUCs safely, which means without obstructions. Unauthorized use of a TUC impacts the safety of workers."

Information of the Month

Our Community Park is a year-round facility that the ECCA has a licence of occupation for fifteen years. We are responsible for all maintenance and funding including grass, trees, fire pit, benches, and garbage. Please be mindful of this when using the park. If you see something such as overflowing bins, contact us and not the City as it is not their responsibility.

November Christmas Light Decoration Contest

The ECCA's outdoor Christmas Light Decoration Contest is on now. Entry is free for all Evanston residents; however, prizes can only be won by ECCA Members (\$20). Participants must submit three photos to board@eccacalgary.com of your light decorations on by November 30. The contest runs from November 1 to 30 and the winners will be announced at the Christmas Mingle and Silent Auction on December 6. We look forward to seeing and showcasing all of your fantastic lighting decorations!

December Holiday Mingle and Silent Auction

Tickets are \$65 per adult and one child per ticket eats free (children's menu). You have a choice of a traditional roast beef dinner, chicken and mushroom, Donair and fries, or a vegetarian dish. There are 70 tickets, and we sold out last year so purchase yours by e-Transfer to board@eccacalgary.com and indicate what meal you

want per ticket. We are excited as we already have lots of auction items and are still collecting more. If you own a business and would like to donate, please email board@eccacalgary.com. You will also be featured as a business spotlight on a Friday on our social media channels. This is a great event to come out and mingle while supporting your community. Events and upgrades to the Community Park cannot happen without donations and memberships. With our membership drives over the past few months, we were able to install lights for night skating. We are excited for this event and all planned events we have. We thank you for your support.

January Skate Shack

Skate Shack is back with KidSport Canada. Our date is Saturday, January 18 at our Community Park. Skates will be free to rent for the entire family. There will be hot drinks, entertainment, and the fire pit to keep us all warm. We will need volunteers to successfully run the event so please email president@eccacalgary.com. This date is also Hockey Day in Canada, and we will mark the start of the ECCA's birthday celebration week. Mark your calendars now!

Volunteer With the ECCA

Are you looking to volunteer? Please email board@eccacalgary.com if you are interested about how you can get involved and or join the Board of Directors!

Join Your Association!

To help support the ECCA, please visit the Evanston Creekside Community Association webpage at <https://www.eccacalgary.com/register/> to purchase a \$20 membership. All money goes towards the maintenance of our Community Park, the community garden, and funding for events.



UNIVERSITY OF
CALGARY

Were you in a NAPLS study?

- We are trying to find people who previously took part in any of our NAPLS studies at the At-Risk for Mental Illness Research Program.
- We invite you to participate in a short interview so we can learn how you have been doing.

For more information, please contact:
403-210-8740 or napls@ucalgary.ca

The University of Calgary Conjoint Health Research Ethics Board has approved this research study "Predictors and Moderators of Long-Term Outcome of Persons at Clinical High Risk for Psychosis" (REB21-1762)

JOIN US FOR OUR

2nd Annual Christmas Mingle & Silent Auction

FRIDAY, DEC 6 AT 6:30 PM
BLOWERS & GRAFTON - CREEKSIDE LOCATION

Evanston
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RSVP : BOARD@ECCACALGARY.COM

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Tonu, Seton

To have your pet featured, email news@mycalgary.com

Dear Evanston Community,

As our vibrant neighbourhood continues to grow, it is important that we ensure no one is left behind, especially those in need of extra care and support. With this in mind, we are excited to announce the proposal for a new Personal Care Home in Evanston Landing. This project, supported by Alberta Health Services (AHS) and facilitated by Globeas Lodge (an experienced provider of personal care homes in the NW for over a decade), aims to bring compassionate and attentive care to those in need within our community.

The introduction of a personal care home brings numerous benefits to our community, including:

- **Enhanced Support for Residents:** By offering client-centered care, we prioritize the health, safety, quality of life, and well-being of our residents. The home will provide daily support to adults with care needs in a comfortable, home-like setting.
- **24/7 Health Care Services:** With round-the-clock health care support, under the AHS umbrella, residents will receive continuous support, ensuring their needs are always met.
- **Community Integration:** The care home will foster positive relationships within the Evanston community, encouraging collaboration and support between residents and neighbours.
- **High Standards of Care:** We adhere to all AHS professional codes of ethics, ensuring that our care services are delivered according to best practices and continuous quality improvement measures.

This Personal Care Home is designed to be a supportive and enriching environment for its residents while also strengthening the fabric of the Evanston community. We look forward to sharing more updates and engaging with you as we move forward with this exciting initiative. If you have any questions, please reach out to us at the contact information below.

Sincerely,

Gloria

Operator: Globeas Lodge
globeaslodge@telus.net



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Flatbread Pizzas

by Jennifer Puri

Flatbreads are used to create wraps and quesadillas, but the most popular use of flatbreads is pizza.

Rich in fibre, flatbreads are typically unleavened bread and do not contain yeast. Flatbreads originated in ancient Egypt but today are produced and enjoyed around the world. Some of the most popular flatbreads are focaccia, naan, tortillas, pita, oatcake, green onion cake, torta, and injera.

Flatbreads have a lower caloric and carbohydrate content due to their thinner crusts and are ideal as appetizers or light entrees as shown in the Flatbread Pizza recipes below.



Peach and Prosciutto Flatbread

Prep Time: 10 minutes

Cook Time: 7 to 8 minutes

Servings: 2

Ingredients:

- 1 flatbread
- 1 cup shredded mozzarella cheese
- 1 ½ cups sliced peaches
- 6 to 8 slices prosciutto
- 3 tsps. balsamic vinegar
- ¾ cup shredded Gouda cheese
- ½ cup coarsely chopped fresh basil leaves
- 1 tsp chilli flakes (optional)

Directions:

Sprinkle mozzarella cheese on flatbread, then top with sliced peaches, prosciutto, balsamic vinegar, gouda cheese, basil leaves, and chilli flakes. Bake on middle rack of pre-heated oven (400 degrees Fahrenheit) for 7 to 8 minutes. Serve immediately.



Roasted Red Pepper and Olive Flatbread

Prep Time: 10 minutes

Cook Time: 10 to 12 minutes

Servings: 2

Ingredients:

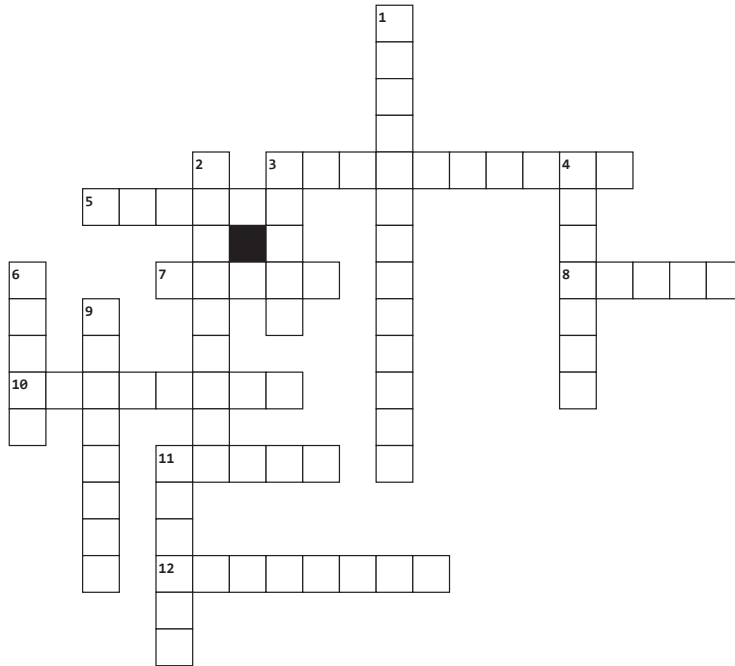
- 1 flatbread
- 1 ½ cups of roasted red peppers sliced
- ½ cup seedless black olives halved
- ½ cup cherry tomatoes halved
- 1 cup shredded mozzarella cheese
- ¾ cup crumbled feta cheese
- ½ cup coarsely chopped fresh basil leaves
- 1 tsp chopped fresh oregano leaves

Directions:

Sprinkle mozzarella cheese on flatbread, then top with sliced roasted red peppers, cherry tomatoes, olives, feta cheese, oregano, and basil leaves. Bake on middle rack of pre-heated oven (400 degrees Fahrenheit) for 10 to 12 minutes. Serve immediately.

Bon Appétit!

November Crossword



Across

3. Frederick Banting, co-discoverer of insulin and recipient of the Nobel Prize in _____/Medicine, was born on November 14, 1891, in Alliston, Ontario.
5. In November 1999, beloved musician, _____ Dion, was inducted into the Canadian Broadcast Hall of Fame.
7. In November 2020, Baby _____ by Pinkfong became the most watched YouTube video of all time with over 7 billion views.
8. November has two birthstones, _____ and Citrine, best known for their warm yellow hue.
10. World _____ Day, celebrated on November 13, reminds everyone to show compassion and be helpful in their communities.
11. Canadian rock musician, _____ Adams, was born on November 5, 1959, in Kingston, Ontario and has sold more than 100 million records worldwide.
12. Known as Remembrance Day in Canada, the U.S. celebrates _____ Day on November 11 annually.

Down

1. November's birth flower, also called "mum", comes in a variety of colours and generally symbolizes longevity and happiness.
2. On November 22, 1995, *Toy Story* was released introducing the world to Woody and Buzz _____.
3. *Friends, Lovers, and the Big Terrible Thing*, written by Canadian actor Matthew _____, was released on November 1, 2022.
4. "The Great One", Wayne _____, scored his 600th career goal in the National Hockey League (NHL) on November 23, 1988.
6. This mixed-breed dog was the first live animal sent to space in Sputnik 2 on November 3, 1957.
9. The _____ Broadcasting Corporation was founded and established as a Crown Corporation on November 2, 1936.
11. November's full moon is named after Canada's national animal, the _____.



Councillor, Ward 2
Jennifer Wyness

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Ward2@calgary.ca

Calgary.ca/ward2 Ward2Wyness

@WynessJennifer @JenniferWyness



MLA Calgary-North
Hon. Muhammad Yaseen

104 – 200 Country Hills Landing NW T3K 5P3

calgary.north@assembly.ab.ca

@muhammadyaseenny

Dear Friends and Neighbours,

As we move into November, the chill in the air reminds us that winter is just around the corner. With the holidays on the horizon, there's plenty happening in Ward 2! This month, we're highlighting important tips and tricks on how to get ready for the winter and keep your pipes clean and clear. Stay tuned and stay connected as we navigate the last few weeks of autumn together!

Visit the Homeowner Fall Checklist to help prepare your home for winter. You'll find tips like:

- Check your toilets, taps, humidifier, hot water heater, and other water using devices for leaks.
- Turn off your outdoor water supply and winterize your irrigation system to avoid leaks.
- Leave plant debris in plant beds over winter to provide habitat for pollinators.

When it comes to residential and household leaks, toilets, faucets, and outdoor irrigation are the most common culprits. The online Homeowner Water Guides provides step-by-step guidance to identify and repair leaks in our homes, ideas to improve water efficiency, and tips to prepare yards for winter.

To find everything you need, visit calgary.ca/waterguide.

Protect Your Pipes!

Autumn is a season for gathering with family, enjoying delicious meals, and making lasting memories. With Christmas around the corner, the thought of savory dishes like turkey, gravy, and bacon might already be top of mind.

But don't forget: Any fats, oils and grease can block your pipes and may result in messy (and costly) sewage backups.

Remember to:

- Cool it: in a disposable can or container.
- Scrape it: into a certified, compostable bag or paper bag.
- Compost it: place the rolled up or tied up bag in your green cart.

Smaller amounts of oils can be wiped with a paper towel and placed in your green cart. Learn more at calgary.ca/protectyourpipes.

Remembrance Day, on November 11, honours military personnel who died in wars, particularly since World War I. Marked by silence, ceremonies, and red poppies; the day is a time for reflection and gratitude for sacrifices made for peace and freedom.

To keep up with fast-rising student enrolment, Alberta's government is committing \$8.6 billion through the new School Construction Accelerator Program. This program will create more than 200,000 new and modernized spaces for students to learn, grow, and reach their full potential. Starting in Budget 2025, Alberta's government will kick-start up to 30 new schools and as many as eight modernizations and replacement schools every year for the next three years.

In 2023, visitors spent a record-breaking \$12.7 billion in Alberta, supporting jobs and businesses province wide. This surpasses the previous record by nearly 20%, injecting \$2 billion more into the province's economy than in 2022. 2023's record-setting year shows that Alberta's tourism strategy is working, and investments made by Alberta's government in the province's tourism sector are paying off.

Alberta's government is committed to ensuring seniors have access to safe, secure, and affordable homes. As part of this commitment \$680,000 has been invested through Alberta's Affordable Housing Partnership Program into a project with Silvera for Seniors. Alberta will continue to work closely with housing partners like Silvera for Seniors to ensure seniors have the supports they need.

Camp Kindle is Alberta's only camp dedicated, and medically equipped, to care for children with cancer, which is why Alberta's government is providing \$500,000 to the Kids Cancer Care Foundation of Alberta to expand capacity and accessibility at the camp.

Special thanks to my constituents for their continued support as I carry out my duties as your MLA.



MP Calgary Rocky Ridge
Pat Kelly
 202 – 400 Crowfoot Crescent NW
 Calgary, AB T3G 5H6
 ☎ 403-282-7980 📠 403-282-3587
 ✉ pat.kelly@parl.gc.ca

Parliament resumed on September 16, and I continue to stand up for Canadians struggling with the price of food, gas, heating, and housing. On September 18, Conservatives gave notice of a motion of non-confidence and are calling on the other opposition parties to join Conservatives and vote to bring down the government so that Canadians can have a federal election this fall.

I have returned to the Finance Committee where I will have the opportunity to hold this government to account for increasing taxes, excessive spending, and ongoing deficits. The Finance Committee is currently studying the current Government's proposed increase in the capital gains inclusion rate. This tax increase does not only affect the "ultra rich", but it is also a tax increase that will be paid by doctors, small businesses, farmers, homebuilders, seniors, and many other middle-class Canadians. It will discourage investment in Canada at a time when Canada desperately needs investment to reverse declining per capita GDP which has left Canadians poorer than they were ten years ago. Canadians are encouraged to write to the Finance Committee about how the proposed capital gains tax will affect them. Contact my Calgary office for more information.

I saw many people at community events this fall. Thank you, to the local organizations for inviting me to participate. I attended the third Annual Canadian Walk for Veterans. I also spoke at, and participated in, local community and cultural celebrations, including Hong Culture Day, the LDS Church Annual Corn Bust, the Silver Springs Botanical Gardens Celebration, and the Hawkwood Fall Festival.

It remains my honour to represent you at the House of Commons as your Member of Parliament.

Feedback from Calgarians is very important to me. If you would like to share your thoughts with me on national issues, please feel welcome to contact me through my Calgary office.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



Joke of the Month

Dogs can't operate MRI machines.

But catscan.



Yielding to Emergency Vehicles

by Alberta Health Services



For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles with their lights and sirens activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
 - On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
 - Move right or left to the nearest curb on one-way streets.
 - On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
 - Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., to pass other traffic.

When operating a vehicle:

- Motorists must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

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