

FEBRUARY 2025

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THE OFFICIAL EVANSTON COMMUNITY NEWSLETTER



**WHICH PLAYGROUND?  
SEE PAGE 7**



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- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
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- Supply & install one corner caddy with soap dish

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BRAIN  
GAMES

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FOR THE SOLUTION



## Our Clinic Hours of Operation

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**SCAN HERE TO VIEW ADDITIONAL EVANSTON CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**

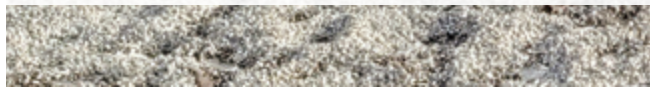


**Real Estate  
Statistics**



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# EVANSTON-CREEKSIDE COMMUNITY ASSOCIATION

**EvanstonCreekside** | **ECCA**  
Community Association

PO Box 47059  
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## Evanston Board Meetings

are held on the first Tuesday of every month.

All community members are welcome and encouraged to contribute.



## The Little Month



We all know February is the shortest month of the year, but did you know the Welsh have a cute nickname for the month. The Welsh call February “y mis bach,” which means “the little month”.

## PRESIDENT'S MESSAGE

We are well into winter and hope you spend time with your family this month.

### Skating Continues

The skating rink at the community park (115 Evanston Drive) has been flooded and prepared by our dedicated Board volunteers and continues to operate into February. The status of the rink is available on our Facebook page. Rink use is at your own risk. Come also to enjoy the community park including the book library that is free for all to use. Want to use the fire pit? Let us know at [board@eccacalgary.com](mailto:board@eccacalgary.com).

### Wine Tasting – March 15

Did you miss our first wine tasting event in October? This time it will be held on a Saturday at Wine & Beyond Sage Hill. There will be wines from around the world and every participant will have their own individual boxed charcuterie. Reserve your spot now at [board@eccacalgary.com](mailto:board@eccacalgary.com). This is an 18+ event.

### Traffic Calming

And let there be (traffic) lights! They became operational at the north intersection of Symons Valley Parkway and Evanston Drive in early December. We worked as a community to get these installed for the safety of everyone. Your 3-1-1 calls and emails to the City helped tremendously. Your ECCA Board also had regular dialogue and updates from the Ward 2 Councillor's office is one of the many great things a community association can do. No more taking unnecessary risks especially during the times of glaring sunlight and rush hours. Stay safe, Evanston! Note: the pedestrian crosswalk markings are not in place yet as of January.

There are plans to install bumper curbs on Evanston Way in front of Evanston Grand Village. The Board has been following up with the City about the timeline.

### Schools Update

The K-9 school at Evanston Drive and Evanspark Way (directly across from Shoppers Drug Mart) is going up right before our eyes. The scheduled completion date of the building is January 2026. The estimated school population is 900 students.

The new school at Evanston Drive and Evansfield Way is currently in the design phase. Our Board has contact

with officials regarding this school. Please let us know if you have questions and we can relay them to the appropriate people.

### Business Outreach

We are fortunate to have supportive businesses in our community that have helped with our events and fundraisers. Without them, we would not be able to put on a varied program for everyone throughout the year. The support includes sponsorships, donations, and even providing space for our Board to meet each month. In return, we feature a business spotlight on our Facebook page. Please email [board@eccacalgary.com](mailto:board@eccacalgary.com) if you would like to get involved and to be featured.

### Your Skills

Are you tech savvy? Have an interest in social media, newsletters, maybe websites? We would like to meet with you! Maybe you are really organized and have experience coordinating a fun team behind the scenes. Let's have a chat!

### Which Playground?

There are at least 11 playgrounds in Evanston. Where is the playground on the cover of this month's newsletter? Email [board@eccacalgary.com](mailto:board@eccacalgary.com) to win a prize for the correct answer!

### Join Your Association

To help support the ECCA please visit the Evanston Creekside Community Association webpage at <https://www.eccacalgary.com/register/> to purchase a \$20 membership. If you are interested in volunteering, send us an email at [president@eccacalgary.com](mailto:president@eccacalgary.com). We are always looking for enthusiastic people to help!



There are two boxes that must be checked off for a year to be a Leap Year. First, it must be divisible by four; second, it will not be divisible by 100 unless it's also divisible by 400. 2025 does not check off these boxes, but you can still look forward to it because the next Leap Year will be February 29, 2028!

## Safety Message

Are you or someone you know a victim of domestic abuse? There is help for you. Domestic violence is not okay. Please reach out to any of these resources.

### What Is Domestic Violence?

Domestic violence is defined as physical violence, verbal abuse, emotional abuse, stalking and harassment between family members or persons in a relationship or related by virtue of children, marriage, or adoption. It can happen in heterosexual and same-sex relationships, and both men and women can be victims.

### What Are the Warning Signs of Domestic Violence?

In adults, the warning signs of domestic violence include:

- Personality changes (angry, moody, agitated etc.).
- Becoming withdrawn, closed, suddenly fearful, or secretive.
- Difficulty sleeping or abnormally tired.
- Lower self-esteem, feeling negative about themselves.
- Neglecting personal hygiene or personal appearance.
- Physical signs of injuries like bruises, sores, and cuts.
- Making excuses for injuries which seem implausible.
- Hiding injuries with excessive make-up, sunglasses, extra clothing.
- Appetite changes - weight loss or weight gain.
- Starting to use substances or increasing in substance use.
- Stops attending usual activities (church, gym, family and holiday gatherings).

If you need to leave your home and need to return to get your belongings, Calgary Police Service can assist with what is called a domestic standby where you may remove your belongings.

Our investigators are responsible for following up the incident, interviewing the complainant, and assessing the person's level of risk. We also help the complainant navigate the legal system and connect the victim with support services within the community. If the person is at risk, we may move victims to a shelter or provide safety planning and other options. If there is a concern for a child's safety, then the child may be temporarily taken out of the home until Child Family Services Authority deems the home to be a safe environment for the children to live in. The abuser may be taken out of the home on a court order and the victim of the abuse, and the children stay in the home.

### Where To Get Help

If you are in immediate danger, call 9-1-1.

CPS non-emergency calls: 403-266-1234.

The government directly delivers these supports to Albertans affected by family violence: The Family Violence Info Line, toll-free at 310-1818, 24/7. The service is available in more than 170 languages to help Albertans find services and other information.



## February Snow

*by Garth Paul Ukrainetz, Poet of the Blackmud Creek*

February snow can't miss your falling  
Always sure to drift my way  
Cling to pant legs, holding tightly  
Begging me to come and play  
Slide upon a long toboggan  
Skate across a pond of ice  
Downhill ski on powdered mountain  
Friendly little snowball fight

February snow I know you're lonely  
This time of year I feel it too  
Maybe we should get together  
Wintertime is over soon

Glide along the trails cross country  
Snowshoe thru the meadows white  
Snowmen build in brightest sunshine  
Angels make on moonlit night



## **ChargeYYC: Helping Calgarians Install EV Chargers in Multi-Residential Buildings**

*by The City of Calgary*

The City of Calgary opened ChargeYYC for applications on January 28! This pilot program is designed to support residents living in apartments, townhouses, rowhouses, and other multi-residential buildings to install electric vehicle (EV) chargers. This initiative is part of The City's commitment to prepare for the future of low carbon mobility.

Building owners and property managers can apply into Phase One of the program for financial incentives of up to \$4,000 to develop a plan to install EV chargers in their buildings. ChargeYYC aims to simplify the process and reduce the costs associated with EV charger installations, making it easier for more Calgarians to own electric vehicles.



Motor vehicles are a major contributor to Calgary's greenhouse gas emissions, making programs like ChargeYYC essential for achieving the city's climate goals. The first phase of the program focuses on planning, with future phases offering additional financial incentives for installation.

For more details and to apply, visit [calgary.ca/chargeyyc](http://calgary.ca/chargeyyc).

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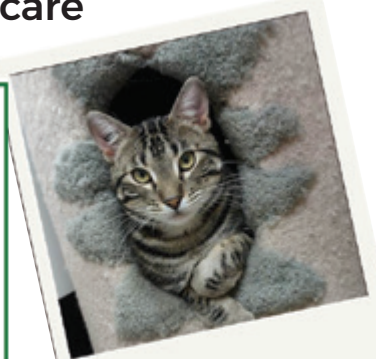
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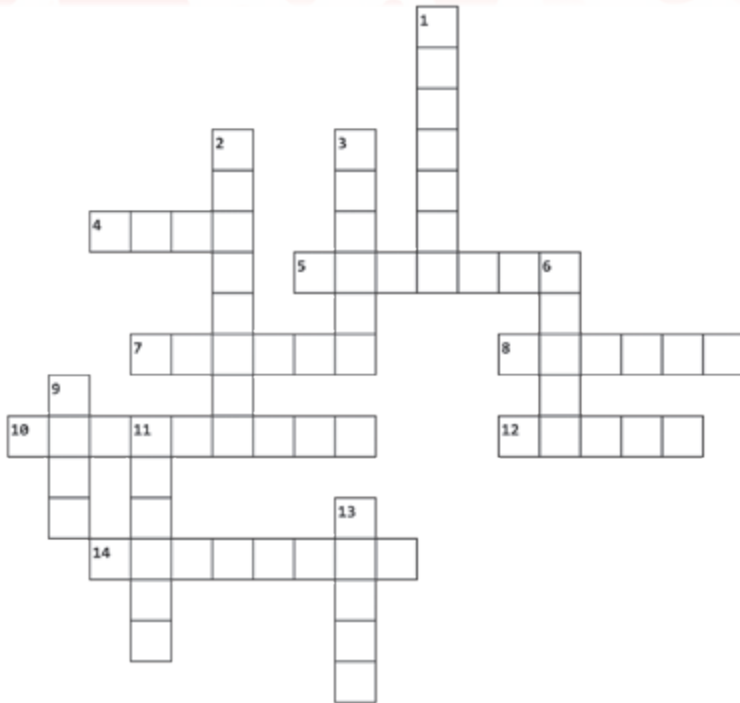
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# February Crossword



## Across

4. Canadian filmmaker, Denis Villeneuve's sci-fi adventure film \_\_\_\_\_: *Part Two* first premiered in February 2024.
5. Fleetwood Mac's best-selling album, \_\_\_\_\_, was released on February 4, 1977, featuring songs such as "Dreams" and "Go Your Own Way".
7. Born on February 1, 1994, England-born pop sensation, Harry \_\_\_\_\_ rose to fame as part of a boy band before going off on his own.
8. On February 21, 1948, the National Association for Stock Car Auto Racing, best-known as \_\_\_\_\_, was founded.
10. Something that is typically given to a significant other or friend(s) during the month of February.
12. February is National \_\_\_\_\_ Month, highlighting the importance of cardiovascular health.
14. Singer-songwriter and multi-instrumentalist, Joni \_\_\_\_\_, was inducted into Canada's Juno Hall of Fame on February 5, 1981.

## Down

1. In February of 1917, this famous Spanish artist, best known for Cubism made his first trip to Italy.
2. February's purple birthstone, the \_\_\_\_\_ is believed to be a symbol of protection.
3. The Grammy Award-winning song "No \_\_\_\_\_" by TLC was released on February 2, 1999.
6. 2025's Chinese Zodiac is this slippery, slithery creature.
9. Angie Thomas' young adult bestseller, *The \_\_\_\_\_ U Give* was originally published on February 28, 2017.
11. Canadian actor, \_\_\_\_\_ Page, was born on February 21, 1987, in Halifax, Nova Scotia.
13. \_\_\_\_\_ History Month was made official by U.S. President Gerald Ford in 1976 and is observed every February.



## Winter Salad with Green Dressing

by Jennifer Puri



Cranberries are rarely eaten raw due to their acidic and sour taste. They are typically consumed dried, in a juice, sauce, or as supplements. Dried cranberries are typically sweetened with sugar or a sugar alternative.

Related to blueberries, bilberries, and lingonberries, cranberries are a rich source of plant compounds and antioxidants which include flavonoids and polyphenols. These help in keeping blood vessels healthy and cranberries' vitamin C and calcium content assist in maintaining strong bones.

There are a multitude of ways to enjoy cranberries as they can be added to muffins, tarts, breads, stuffing, smoothies, spritzers, sangria, or a salad as shown in the winter salad with green dressing recipe below.

**Prep Time:** 25 minutes

**Cook Time:** 35 minutes

**Servings:** 4

### Ingredients:

- 1 small butternut squash
- 2 tbsp. olive oil
- 1 tsp. coarsely ground salt
- 1 tsp. coarsely ground black pepper
- 1 small can sliced pears or peaches, drained
- 1 small can beets drained, rinsed, and cut in halves
- 6 cups arugula or baby spinach leaves
- 1 cup chopped walnuts
- ½ cup dried cranberries

### Dressing:

- 2 garlic cloves, chopped
- 3 green onions, sliced
- 1 cup Greek yoghurt
- 1 cup of fresh coriander and parsley leaves
- 2 tbsp. honey
- 2 tbsp. mayonnaise
- Juice of half a lemon
- 2 tsp. olive oil
- ½ tsp. coarsely ground black pepper
- ¾ tsp. salt or to taste

### Directions:

- Preheat oven to 375 degrees Fahrenheit.
- Slice butternut squash into 1-inch-thick pieces and remove seeds, pith, and skin.
- Place squash pieces in a bowl and toss with olive oil, salt, and pepper.
- Line a baking tray with foil and place the squash pieces on it. Bake on middle rack of oven for approximately 30 minutes or until tender. Allow to cool and then cut into bite size pieces.
- In a blender place the garlic, green onion, yoghurt, honey, mayonnaise, parsley, coriander, lemon juice, salt, and pepper. Pulse until smooth and then slowly add the olive oil and pulse for a few more seconds.
- Place arugula or spinach leaves in a large salad bowl. Arrange the squash pieces, beets, pear or peach slices around the edges of the bowl and the walnuts and cranberries in the center.
- Serve with green dressing and crusty, sourdough, or ciabatta bread.

Bon Appétit!

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## GAMES & PUZZLES

### Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70<sup>th</sup> anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



### Joke of the Month



Why aren't dogs good dancers?  
They have two left feet.



**MLA Calgary-North**  
**Hon. Muhammad Yaseen**  
 104 – 200 Country Hills Landing NW T3K 5P3  
 ✉ calgary.north@assembly.ab.ca  
 📧 @muhammadyaseenyyc

**Celebrating Albertans Who Step Up for Seniors**

For 26 years, the Minister’s Seniors Service Awards have recognized and celebrated outstanding individuals and organizations for their service to Alberta’s seniors. Nominations are now open, and Albertans are encouraged to nominate individuals, businesses, and non-profit organizations who showed kindness, compassion, and dedication for Alberta’s seniors. Up to 13 awards will be presented to individuals, including two Special Service Awards. Nominations will close on April 30, 2025; details on submission can be found online.

**World Leaders in Creative Thinking**

Thanks to the hard work and dedication of our province’s students, parents, teachers, and education support staff, Alberta ranked first in Canada and second globally in creative thinking. These achievements build on our province’s outstanding success in reading, science, and mathematics from the same 2022 PISA assessments. Alberta students ranked first in science, reading, and creative thinking among Canadian provinces, and second only to Singapore among all participating countries and second in mathematics among Canadian provinces. By participating in international assessments like PISA, our government is committed to benchmarking Alberta’s education system against the best in the world. Together, we’re setting the bar high and shaping a bright future for Alberta’s learners.

**Rewiring Alberta’s Electricity Market**

Alberta’s government is modernizing the province’s electricity system to put Albertans first, restoring the balance between affordability, reliability, and sustainability. To achieve this, Alberta’s government continues to work with its partners on power market reforms. Alberta’s transmission policies are also being updated to improve reliability, increase efficiency, protect ratepayers, and align Alberta with other jurisdictions. Alberta’s government is committed to the province’s unique competitive electricity market, which provides consumers with choice and makes the province a premier destination for investors.

Thank you to my constituents for their support, wishing you all a Happy Family Day.



**Councillor, Ward 2**  
**Jennifer Wyness**  
 ☎ 403-268-2430  
 ✉ Ward2@calgary.ca  
 🌐 Calgary.ca/ward2 📱 Ward2Wyness  
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February is all about celebrating community and embracing the best of Calgary’s winter season. From lending a hand as a Snow Angel to enjoying the vibrant festivities of Chinook Blast, there’s no shortage of ways to connect, support, and enjoy what makes our city so special. Read on for all the details and get involved!

**Become a Snow Angel**

Being a Snow Angel is simple—just adopt a sidewalk and keep it clear of snow! Keep an eye out for neighbours who may need a hand, like older adults, those with limited mobility, or anyone temporarily unable to shovel. By lending a helping hand, you’re making your community safer and more connected.

The City recognizes these everyday heroes with printed certificates during the annual Snow Angels campaign, which runs from December to mid-April. If you know someone who deserves to be celebrated for their kindness, don’t forget to nominate them! Visit [calgary.ca/volunteer/snow-angels](http://calgary.ca/volunteer/snow-angels) to learn more.

**Chinook Blast, January 31 to February 17**

February is here, and with it comes Chinook Blast, Calgary’s iconic winter celebration! From now until February 17, this vibrant festival will light up the city with world-class entertainment, cultural experiences, and free outdoor programming for all ages. This year, while Olympic Plaza undergoes construction, the festival’s core activities will take place at Stephen Avenue and The Confluence, with additional events happening throughout Calgary. Whether you’re exploring stunning light installations, enjoying live music, or taking in the city’s unique cultural offerings, Chinook Blast is a chance to embrace the magic of winter and celebrate the best of Calgary. For schedules and updates, visit the Chinook Blast website at [www.chinookblast.ca](http://www.chinookblast.ca).

As always, my office is open if you have any questions or concerns. You can reach us at [Ward2@calgary.ca](mailto:Ward2@calgary.ca). I look forward to hearing from you soon.

*Jennifer*



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**AURORA SKY DISTRICT**

(Aurora Sky District includes the following communities: Edgemont, Evanston, Glacier Ridge, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood, and Sage Hill)

The 85 Embers have had a great start to our year. We are a unit of twelve Embers (girls ages 7 to 8 years). In October we had a sleepover, a first for many of them, sleeping away from home. The theme was "Animals", which included decorating and assembling butterfly houses, and building bear dens out of graham crackers and teddy grahams.



Other highlights this fall included learning about money – how much do grocery items actually cost for your favourite recipe at Evanston Sobeys. Girls also had the chance to scan their items through and take turns as cashier/shopper/packer. They really seemed to enjoy the role playing. Then the next week we had a very successful auction where donated items from our families (books, toys) were auctioned off. Each girl only had \$10 to spend, so many hard decisions had to be made. Our auctioneer (Guider Heather) was fantastic – she had experience going to many cattle auctions from when she was a kid growing up on the family farm.

In January, we will be doing a day event at the Calgary Gymnastics Centre – the option they overwhelmingly ended up voting for (other options included Telus Spark, Bow Habitat Fish Station, and the Zoo). Should be a great way for them to earn their My Physical Self badge. We are also hoping to do a 'behind the scenes' tour of Evanston Sobeys. As well we are planning a visit or two to a local Seniors home to play games with the Seniors. And we have a spring camp planned at Camp Jubilee in Cochrane. It is shaping up to be a great year.

## Cats, Canines, & Critters of Calgary



Basha and Molly, *Elbow Scene*



Daisy Nulo and Nulo Pickles, *McKenzie Towne*



Howie and Pepper, *Crestmont*



Tucker and Bentley, *McKenzie Towne*

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