

OCTOBER 2026

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OCTOBER 29



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E: nolanhill@theacademykids.ca

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Affordability Grant funding is subject to Government of Alberta eligibility, program requirements, funding availability and change. The Academy does not determine government funding eligibility.

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BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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www.canlearnsociety.ca/magic-carpet-ride

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EVANSTON CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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EVANSTON-CREEKSIDE COMMUNITY ASSOCIATION

EvanstonCreekside
Community Association

ECCA

PO Box 47059
20 – 12192 Symons Valley Road NW, Calgary, Alberta T3P 0B9
eccacalgary.com

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Director at Large/Garden Coordinator	Sharon Todd
Director at Large	Sukhdeep Sukhi

Evanston Board Meetings

are held on the first Tuesday of every month.

All community members are welcome and encouraged to contribute.

Public Warning

Due to ongoing vandalism and property damage, the Evanston Creekside Community Association has installed security cameras throughout Evanston Park. Footage of individuals engaging in criminal or disruptive behaviour may be shared with law enforcement or posted on social media to help identify offenders and keep the park safe.

Winged Creatures

Did you know that bats are the only mammal that can fly? This is possible because of their elongated finger bones and thin skin that stretches across their bodies creating a wing.





Pumpkin Carving & Costume Contest

THURSDAY, OCTOBER 29 | 5:00 TO 7:00 PM

October 29, we have a pumpkin carving/costume contest from 5:00 to 7:00 pm at Evanston Park.
More details coming soon but people who are interested can email board@eccacalgary.com.

Support Victoria Fortuna and Her Family After a Tragic Highway Accident



Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton. Donate to this GoFundMe to help ease the inconceivable financial hardship the Fortuna family is facing.

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gofund.me/31fdeef6f

Any help is appreciated ♥



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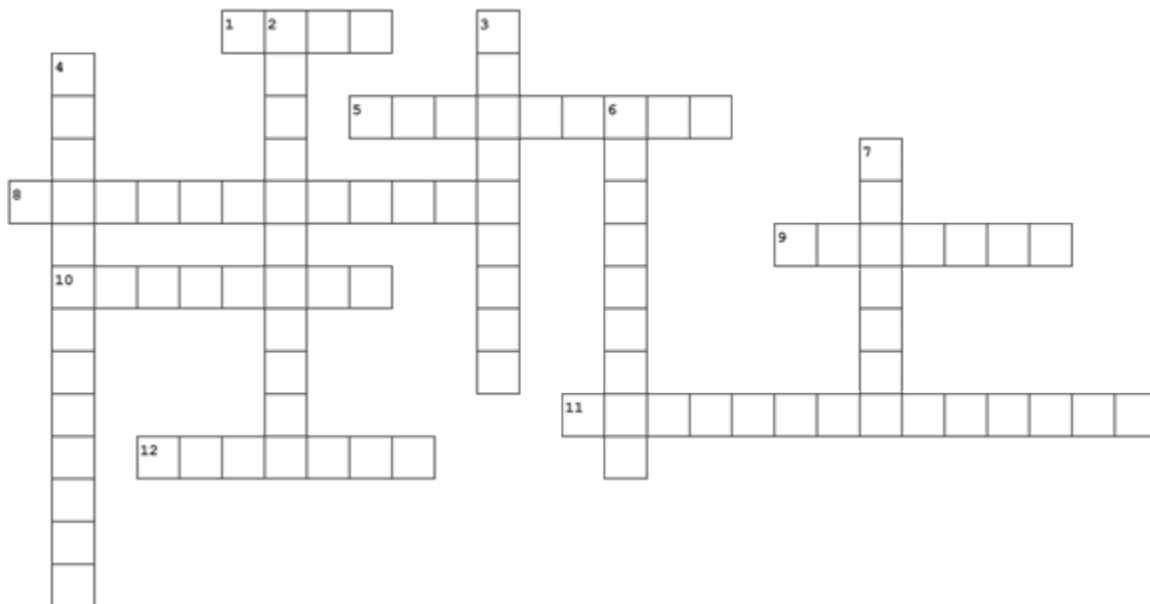
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October Crossword



Across

1. Known as October's birth stone, this iridescent gem is sometimes worn by artists to inspire creativity.
5. These tall, friendly faces are full of straw and often seen in the middle of corn fields.
8. Celebrated this year on October 12, this holiday encourages generosity, connection, and the consumption of a delicious meal.
9. This large orange squash is traditionally carved the night before Halloween
10. Twists and turns; this fall activity is generally held in large fields of a certain tall grain.
11. This Oscar-winning actress was the "final girl" in the classic horror movie series, *Halloween*.
12. Known as the Greek Goddess of harvest, she is the mother to Persephone.

Down

2. Bright red and sour, the seeds of this fruit were consumed by Persephone in Greek myths.
3. These bright yellow and red flowers are the birth flowers of October, representing joy, warmth, and remembrance.
4. Horace Walpole's *The Castle of Otranto*, published in 1764, is most famously known as the first novel of this literary genre.
6. "In Rainbows" an album released October 10, 2007, was the seventh studio album for this alternative rock band.
7. This monster has a variety of features but is most often depicted with long fangs and red eyes.



Evanston & Creekside

♥ Why Join ECCA?

Because strong communities don't happen by accident—
they're built together.



Exclusive Community Events

Family fun, seasonal celebrations, kids' activities, and events that bring us all together.



Community Garden Access

Grow, connect, and dig into something meaningful—right in your own neighbourhood.



Local Business Discounts

Enjoy special member-only savings from amazing local businesses that support our community.



Programs & Initiatives

From wellness to youth programs, we invest in what matters most.



A Stronger Voice

Membership helps support advocacy, improvements, and future projects for our area.



And so much more...

Because community is more than a place—it's a feeling.

Email memberships@eccacalgary.com for more information



Make a Change One Weed at a Time

I showed up for the first time to pull some weeds with community members who signed up for our NCPS event that we coordinated with the Parks Department of the City of Calgary on a glorious warm golden lit sky alongside the future development known as Naato'siyinnipi.

As we walked to the location inside the west nose creek boundary what struck me was the beauty. Seriously, the grassland, even with the weeds glowed and sparkled with life.



Our mission was to address the invasive nodding thistle by removing the heads to contain the seeds and thus removing more potential invasive growth. There was an opportunity to practice some patience, as the bees loved the beautiful magenta flowers, harvesting as much pollen as they could. By the end we had bags piled up with our catch and a little, or for me, a lot more love for the land I have taken for granted.

What surprised me the most was that the real gem from the effort was getting to spend time with others I share this community with. Everyone came with kind hearts and a love of nature. The city staff were wonderful as they walked us through the details and provided us with the materials we needed like clippers, vests, gloves, and collection bags. Best of all was how they were engaged as they answered all of our questions.



I recommend arranging one of these weed pulls in your community. You are welcome to email us at info@savenosecreek.com with any questions you have, and we can forward you our contact at the City of Calgary who can

work with you. I will be planning more than one next year, maybe even hit all three seasons, spring, summer, and fall in 2027. Keep in the loop and sign up for our monthly newsletter at savenosecreek.com.

News from the Friends of Nose Hill

In 1973, Calgary City Council voted to reserve 4,100 acres as parkland on the top and escarpments of the east end of Nose Hill. The result was a combination of vigorous and sustained political pressure due to the activities of citizen groups who promoted the creation of the park. The decision to acquire it was influenced by public and private lobbying, including civic servants. A citizens' task force was appointed by the City Parks and Recreation Board; their report identified Nose Hill as of the highest priority and should be immediately purchased outright. There was strong support for large natural areas when the Calgary Field Naturalists' Society completed their year-long study. Although the land had been a subject of speculation since World War I, the City was freed by provincial policy to plan for a major park on Nose Hill. The Calgary Municipal Airport, in the late 1950s, decided that Nose Hill was on a flight path, so that the Federal Department of Transport imposed a development ban. Some farmers had to relocate and during the 1960s' suburban sprawl, people believed the open space would remain, unless or until the jet soon replaced the propeller. The Calgary Planning Commission requested a sector plan for the Nose Hill Highlands from the City Planning Department. The North Hill Community Associations asked for a delay to help prepare the plan. Calgary Field Naturalists' Society, Society for Pollution and Environment Control, The Junior League, and Local Council of Women asked to speak at a Public Hearing, before City Council voted 11 to 2 to put a freeze on Nose Hill development. Read more of "Fish Creek and Nose Hill Parks: A case study in contrasting forms of public participation" by Harvey A. Buckmaster (1929 to 2018) and his wife Margaret who advocated for Alberta's special places. www.fonhs.org/xdocuments.html.

Healthy Relationship for our Children

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



How Does My Relationship with My Partner Affect My Children?

Children learn about relationships long before they begin having relationships of their own. They watch how their parents speak to one another, handle disagreements, show affection, repair hurts, and navigate life's challenges. The relationship between parents becomes one of the first models children have for understanding what love, safety, trust, and partnership look like.

A healthy marriage does not mean a marriage without conflict. In fact, children can benefit from seeing that disagreements are a normal part of relationships when those disagreements are handled with respect and ultimately repaired.

Children Feel Safer When Their Parents' Relationship Feels Secure

A strong parental relationship can provide children with an important emotional foundation. When children

experience their parents as a team who care about one another and are committed to working through difficulties, they are more likely to experience their family as a safe and predictable place.

This sense of security gives children room to focus on the important work of childhood: learning, exploring, developing friendships, making mistakes, and discovering who they are.

Children Learn How Healthy Relationships Work

Children are constantly observing. They notice whether parents listen to each other, express appreciation, apologize when they are wrong, and respect one another's boundaries.

When parents demonstrate healthy communication, children learn that it is possible to express difficult feelings without attacking or humiliating another person. They learn that differences do not have to

threaten a relationship and that problems can be discussed and resolved.

These lessons become part of their developing understanding of relationships.

Children Learn Resilience by Watching Parents' Repair

One of the most powerful lessons parents can provide is not perfection, it is repair.

Parents will sometimes become frustrated, misunderstand each other, or say something they wish they had said differently. When children see their parents take responsibility, apologize, listen, and reconnect, they learn an important message: relationships can experience difficulty without falling apart.

This is a foundation for resilience.

Children begin to understand that mistakes are not necessarily disasters, conflict can be managed, and difficult emotions can be worked through.

A Healthy Relationship Creates Emotional Space for Parenting

When parents feel connected and supported by one another, they often have greater emotional resources available for their children. A strong partnership can make it easier to share parenting responsibilities, problem-solve together, and support one another through the inevitable stresses of raising a family.

This doesn't mean parents must agree on everything. Healthy couples can have different perspectives while still communicating respect and presenting a united commitment to their children's wellbeing.

Children Don't Need Perfect Parents

Perhaps most importantly, children don't need a perfect marriage. They need parents who are willing to keep learning, growing, communicating, and repairing.

A healthy relationship between parents can teach children that love is not simply about getting along when everything is easy. It is about showing up, listening, taking responsibility, extending compassion, and finding your way back to one another after difficult moments.

When parents invest in the health of their relationship, they are not only strengthening their marriage, they are helping their children develop the emotional security, relationship skills, and resilience they will carry into the rest of their lives.

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Keeping Bus Zones Clear Near Schools

by The City of Calgary



School and transit buses rely on clear bus zones to safely load and unload passengers. When vehicles stop or park in bus zones, buses may be forced to stop in traffic, putting children and passengers at risk. Bus zones are designated safety areas that must remain clear at all times. Respecting these zones helps protect children, supports accessible transit, and keeps traffic moving predictably. Parking legally and avoiding bus zones—even for short stops—helps create safer school environments for everyone. Learn more: calgaryparking.com/safeschools.

The School Patrol Program helps improve safety in school zones by focusing on education first.

School zones are designed to protect children. Parking rules help:

- Keep crosswalks and corners visible.
- Reduce congestion and sudden stops.
- Support safer crossings for kids and families.

Parking safety and compliance officers attend schools during busy dropoff and pickup times to:

- Remind drivers about safe and legal parking.
- Explain why certain rules exist.
- Answer questions from parents, caregivers, and school communities.

With over 150 elementary schools across the city, patrols can't be everywhere every day. Unsafe parking, like blocking crosswalks, doubleparking or stopping in noparking zones makes it harder for drivers to see children and for children to see cars.



MLA Calgary-North
Hon. Muhammad Yaseen
104 – 200 Country Hills Landing NW T3K 5P3
📞 403-274-1931
✉️ calgary.north@assembly.ab.ca
📱 @muhammadyaseenyc

Happy Thanksgiving! May your holiday be filled with gratitude, happiness, and meaningful moments shared with loved ones.

Alberta's finances have improved significantly, with the 2026-27 first-quarter fiscal update projecting a \$2 billion surplus. With 2025-26's year-end results also expected to show a surplus, Alberta is on track for five consecutive surpluses and a possible sixth in 2026-27. The Alberta Heritage Savings Trust Fund is expected to meet or exceed Budget 2026's forecast of \$32.1 billion by year-end and remains on track to reach Premier Danielle Smith's goal of \$35 billion by the end of 2027, strengthening Alberta's long-term financial position and economic security for Albertans.

Applications for the Alberta Midwifery Strategy Grant are open until October 6, 2026. To be eligible, organizations must propose projects that advance or strengthen midwifery services in Alberta. Funding may be used to recruit and support midwives, expand culturally appropriate services, improve data collection and reporting, and better integrate midwifery services into Alberta's team-based primary care system.

Alberta's non-profit organizations strengthen communities by supporting families, preserving heritage, and creating spaces for people to connect. Through Budget 2026, Alberta's government is investing more than \$38 million in community grants to help these organizations continue delivering vital programs, services, and public spaces. Grants through the Community Initiatives Program and Community Facility Enhancement Program have traditionally supported more than 700 projects annually. These investments help sustain Alberta's cultural landscape, address local priorities, and ensure non-profits can continue creating meaningful results and improving quality of life for communities across the province.

Thank you to my constituents for your support as I carry out my duties as your MLA.

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Word of the Month

Deipnosophist: Noun (*dighp-noss-uh-fist*)

A person skilled in table talk.

"I host a monthly dinner for my friends; they are quite the deipnosophists".



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