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Prasad PANDA



A strong voice for our community

- Spent 28 years working around the globe in oil and gas major projects
- Was an important advocate in opposition as critic for Economic Development and Energy
- Oversaw Alberta's major construction projects as Minister of Infrastructure and Transportation
- Selected by Legislature colleagues as the MLA with "Best Community Outreach" for initiatives like the annual Veterans Food Drive and Moustache Shave for cancer research

United 
Conservatives

Authorized by the Calgary-Edgemont United Conservative Party Constituency Association (403) 744-1004



Hamptons Homeowners Association

234 - 5149 Country Hills Blvd, Box 120
Calgary, AB T3A 5K8

Phone: 403-208-0205 • Fax: 403-208-0206

Email: admin@hamptonscalgary.ca

Web page: www.hamptonscalgary.ca

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Community Designated Schools

(FR) Denotes French Immersion Program

Hamptons Elementary
 Captain John Palliser Elementary
 Tom Baines Junior High
 Sir Winston Churchill Senior High
 St. Dominic Fine Arts
 St. Jean Brebeuf Junior High
 St. Francis Senior High
 St. Luke Elementary (FR)
 Madeleine d'Houet Junior High (FR)
 École Terre des Jeunes (FR)
 Ste-Marguerite-Bourgeoys (s)(FR)
 École de la Rose sauvage (FR)

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Traffic Service Request

The Calgary Police Service would like to introduce the Traffic Service Request program. If you see patterns and problem areas within our community, please visit www.calgary.ca/cps/traffic/traffic-service-requests.html.

We appreciate your participation.




ALLEN SCHULTZ 
 for Calgary-Edgemont
 Authorized by
ALBERTA Party



Hamptons *Spring Cleaning*

**Garage Sale
Parade**

May 6, 9am-2pm

**Garbage, E-cycle
& Shredding**

May 27, 10am-2pm

**For More Info or to
Register for Sale Visit
www.hamptonscalgary.ca**





AURORA SKY DISTRICT

Edgemont, Evanston, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood, and Sage Hill

It is sometimes hard to write an article six weeks in advance of the article being published but here goes.

In late April, our entire district will be attending a District Camp Skills Day at Charles Butler Memorial Park just north of the city. The older girls (Pathfinders, Rangers, third year Guides) will be running the stations, and the younger girls (Sparks, Embers, younger Guides) will be participating. We will have stations like First Aid, Fire Safety, Outdoor Cooking, and Campsite Safety and Preparation. We will end the day with a campfire and singalong.

Our units have also been very busy selling our Girl Guide cookies – the classic ones with a row of chocolate and a row of vanilla. The price of a box of cookies is now \$6 this year – the first price raise in 10 years. We really do appreciate every single box of cookies that you buy. Selling Girl Guide cookies is our main fundraiser every year.

Thank you for all of your support of your local Girl Guides. If you'd like to become a leader, see below.

Join our valued team of volunteers. Find out more at www.girlguides.ca/volunteer or email the District Commissioner Aurora Sky at any-calgaryaurorasky@girlguides.ca.



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HAMPTONS CONTENT**

**News, Events,
& More**



**Crime
Statistics**



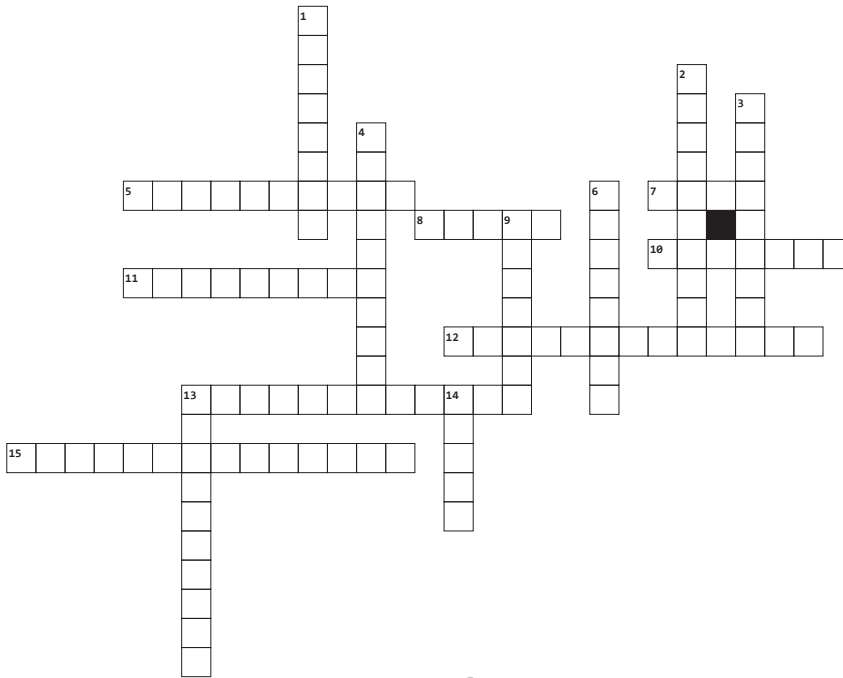
**Real Estate
Statistics**



THE EMERALD

The emerald is May's official birthstone. Unlike some birthstones, emerald is classified as one of four precious gemstones. Although the oldest emeralds date back 2.97 billion years and were first mined in Egypt, emeralds have been found in Canada, although they're rare. Canada's first emeralds were found in 1998 in Yukon Territory!

May Crossword Puzzle



Across

5. Originally from Nunavut, this artist has won both a Polaris Music Prize and a JUNO for her unique blend of throat singing with Western music genres.
7. In May of 1918, some women were given the ability to do this.
8. World _____ Day celebrates and raises awareness for this endangered water dwelling mammal.
10. On May 15, this band, hailing from Hamilton, Ontario won Group of the Year at the 2022 JUNO awards.
11. A *Star Wars* pun becomes very popular on this day.
12. This actor and ex-wrestler has both their American and Canadian citizenship, only getting the latter at the age of 37.
13. This classic children's toy was introduced on May 1, 1952, and was the first toy ever advertised on television.
15. On May 11, 2019, this novel by Eden Robinson won the Ethel Wilson Fiction Prize.

Down

1. On May 17, 1642, this Canadian city was founded by Paul de Chomedey, Sieur de Maisonneuve.
2. At San Francisco's Grand Opera House, this was played for the first time on May 4, 1878.
3. This clothing item was patented 150 years ago.
4. Released 28 years ago, this film increased tourism in Scotland.
6. A solar eclipse on May 29, 1919, proved _____'s theory of general relativity.
9. Canada's first _____ was found in 1998 in Yukon Territory.
13. In the United States, the most phone calls are made on this holiday.
14. On May 30, 1966, the first full-disk image of _____ was taken.

SCAN THE QR CODE FOR
THE ANSWER KEY



Tuna Tostadas

by Jennifer Puri

To fold or not to fold is the difference between a tostada and a taco.

The decision to stuff toppings into a taco or pile toppings on a tostada is up to you.

The early Mexicans determined that the best way to extend the shelf life of a stale tortilla was to toast it. It appears that avoiding food waste was as important then as it is now.

There are many popular Mexican food options, but the taco is an international favourite, and there are few better ways to achieve a combination of flavours in one bite.

A tortilla fried or toasted is a delicious crunch base and can be topped with refried beans, cheese, Mexican rice, lettuce, tomatoes, ground beef, shredded chicken, or ahi tuna used in the recipe for tuna tostadas.

Prep Time: 20 minutes

Cook Time: 8 minutes

Servings: 4

Ingredients:

- 500 gm ahi tuna
- 2 cups thawed mango chunks
- 1 jalapeno pepper, seeded and chopped
- 3 tbsp. chopped coriander leaves



- ½ cup red onion, finely chopped
- 1 cup chopped cucumber
- 3 tbsp. extra virgin olive oil
- 2 tbsp. freshly squeezed lemon juice
- 6 tbp. mayonnaise
- 2 chipotle peppers in adobo sauce, finely chopped
- 4 x 6-inch corn or flour tortillas
- 4 tbsp. vegetable oil

Directions:

- Slice ahi tuna into bite size pieces and set aside.
- Cut mango chunks into half-inch pieces and place in a medium size mixing bowl. Add chopped, de-seeded jalapeno, red onion, cucumber, coriander leaves, lemon juice, and olive oil. Now add ahi tuna pieces and gently blend together, cover, and set aside.
- Prepare the adobo mayo dressing by combining the chopped chipotle peppers and a little of the adobo sauce with the mayonnaise.
- In a heated frying pan or skillet, place a tablespoon of vegetable oil and one tortilla. Fry tortilla, flipping once or twice until crispy, approximately one to two minutes. Remove from pan and place on paper towel to drain of any excess oil. Repeat process with remaining tortillas.
- Place individual tostadas on dinner plates and top with ahi tuna mixture. Garnish with a tablespoon of adobo mayo dressing, a few coriander leaves, and serve.



Bon Appétit!

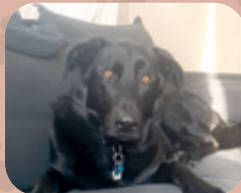
Cats, Canines, & Critters of Calgary



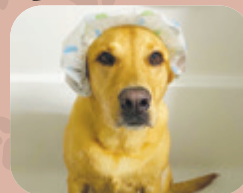
Miki, Haysboro



Rigby, Huntington Hills



Riley, Dover



Whiskey, Walden

To have your pet featured, email news@mycalgary.com

GAMES & PUZZLES

Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.
4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.



SCAN THE QR CODE
FOR THE ANSWERS!



BRAIN GAMES

SUDOKU

		8			1			
	5							1
9			5		2			7
				3				
			1		5	9		
						2	3	6
			8			7		
2	7	5			6			1
	3							5

SCAN THE QR CODE
FOR THE SOLUTION



News from the Friends of Nose Hill

by Anne Burke

The annual May Plant Count is an event where volunteers survey their favourite natural areas to collect data on the distribution and blooming of flowering plants in Alberta. Collection of plant specimens is not allowed in any protected or restricted areas, such as Nose Hill Park. The survey, which takes place between May 25 and 31, encourages stewardship and is based on appreciation of nature.

Expertise in identification is valuable, but not mandatory. It is open to anyone with an interest in plants and flowering. As a citizen scientist, your photos submitted during the count period will contribute to the databases. To join the project, go to <https://inaturalist.ca/projects/alberta-may-plant-count>. In order to submit observations, you will need to log in and create an account (which is free).

The May Plant Count is part of the May Species Count. It began in 1976 to track bird species across Alberta and, in 2011, over 300,000 birds were counted. In 2022, over 400 people participated in the bird count. To learn more about how to download your results onto the eBird app and to contact your local organizer, go to <https://naturealberta.ca/may-species-count/>.

Joke of the Month

What do you call a little bear with no teeth?

A gummy bear.

Hamptons Garbage, E-cycle & Shredding

May 27, 10am-2pm
Hamptons Parking Lot

*available only to HHOA members in good standing, ID required

Garbage

Will **NOT** accept

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- Animal Carcasses
- Railway ties

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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In 1919, John and Stella King, descendants of black American settlers, moved to Calgary's Hillhurst-Sunnyside. In 1929, their daughter Violet was born. She would later attend the University of Alberta and become Canada's first black woman lawyer. An advocate for women and racialized individuals, Violet's many accomplishments live on today.



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