

JANUARY 2025

YOUR OFFICIAL COMMUNITY NEWSLETTER

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HANSON
RANCH

VOLUME 212

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February 18, 6 - 8 p.m.
 18 Février de 18:00 à 20:00
 Crossroads Community Association (1803 14 Ave NE)


February 19, 6 - 8 p.m.
 19 Février de 18:00 à 20:00
 Vivo for Healthier Generations (11950 Country Village Link NE)

February 20, 6 - 8 p.m.
 20 Février de 18:00 à 20:00
 Vivo for Healthier Generations (11950 Country Village Link NE)




February 25, 6 - 8 p.m.
 25 Février de 18:00 à 20:00
 Genesis Centre (7555 Falconridge Blvd NE)

February 26, 6 - 8 p.m.
 26 Février de 18:00 à 20:00
 Genesis Place (800 East Lake Blvd NE, Airdrie, AB)

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- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
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- Supply & install custom shower doors
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- Supply & install one corner caddy with soap dish

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	Listed	Sold	Listed	Sold
November 24	8	10	\$614,950	\$601,250
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September 24	12	7	\$629,000	\$613,000
August 24	13	13	\$580,000	\$595,000
July 24	16	9	\$600,000	\$627,000
June 24	18	18	\$664,500	\$664,000
May 24	20	18	\$662,400	\$660,500
April 24	18	13	\$587,000	\$620,100
March 24	11	9	\$569,900	\$580,000
February 24	8	7	\$579,900	\$625,000
January 24	9	8	\$607,500	\$628,000
December 23	1	6	\$564,450	\$563,625

To view more detailed information that comprise the above
MLS averages please visit hid.mycalgary.com

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SCAN HERE TO VIEW ADDITIONAL HIDDEN VALLEY CONTENT

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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Girl Guides

Everything she wants to be.

AURORA SKY DISTRICT

(Aurora Sky District includes the following communities: Edgemont, Evanston, Glacier Ridge, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood and Sage Hill)



The 9th Trex have gone canoeing, and tent camped with 110th Guides, participated in Nite Trek (an area camp where they do a night hike and do tasks along the way), went to Colour Me Mine and painted lovely bowls. We finished stuffing and closing up about 30 Izzy dolls (kind of like African Comfort Dolls) and sent them off to be used in packing for medical supplies for remote areas. The dolls are given to children when they get vaccinations or other medical care. The girls also learned how to start a crochet chain so they can work on making the Izzy Dolls themselves! We also wrote postcards to Navy personnel on the HMCS Calgary for Remembrance Day. We did a Banff day where the participants went to the Historic Cave and Basin, did a Scavenger Hunt downtown, visited the Whyte Museum, Banff Park Museum National Historic building, and of course, the hot springs! In December, our service project was to help with Stephen's Backpack's and had a Winter PJ party! The girls have a list of things they would like to do in the New Year that include a hostel stay in Kananaskis, tubing and swimming! We have a yurt camp already planned for May!

If you'd like to register your daughter, please visit www.girlguides.ca and use the unit finder to find an open unit in your area. If you cannot find a unit in your neighbourhood, it might be because the unit is full (you can modify the search – try searching "all" units; the default is to show only units with space available). You might want to consider becoming a leader – with more leaders, we can take in more girls. For more information, please email any-calgaryaurorasky@girlguides.ca for more information.



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PRESIDENT'S MESSAGE

Happy New Year Hidden Valley and Hanson Ranch residents! As we move further into the winter season, I wanted to take a moment to reflect on the incredible work our board has been doing and share some exciting updates with you all. The Hidden Valley Community Association (HVCA) continues to thrive thanks to the dedication, passion, and hard work of our board members. I am truly grateful for the efforts each person contributes as we work together to make this neighbourhood a vibrant and welcoming place for all.

In November, we bid a heartfelt farewell to our amazing Treasurer, Heather. Heather graciously stayed on with the HVCA for the last several months as we looked for a new Treasurer. We thank her for her generosity and dedication during this time. Over the years, Heather has been an invaluable member of our board, guiding us with financial insight, wisdom, and dedication. Her leadership and commitment to the association have helped shape the strong foundation we have today. While we are sad to see her go, we are also excited to welcome our new Treasurer, Robert. Robert brings a wealth of knowledge and experience in finance, and we are confident that his expertise will help us continue to manage our resources effectively. We look forward to working with Robert as he steps into this new role, and we know he will play a crucial part in ensuring the continued success of our community.

With the cold weather settling in, we hope everyone is enjoying the winter activities that make this season so special in Hidden Valley. The Hidden Hut is up and running, offering a fantastic opportunity for residents of all ages to enjoy sledding and skating. Whether you're gliding across the ice or racing down the hill on a sled,

the Hidden Hut is the perfect spot to embrace the winter fun that makes this time of year so memorable. We encourage everyone to bundle up and take advantage of these outdoor activities—there's no better way to make the most of the season!

Looking ahead, we are excited about our upcoming Winter Family Fun Festival. This event promises to be a highlight of the season, filled with fun activities and entertainment for the whole family. From festive games to delicious treats, there's something for everyone to enjoy. Be sure to mark your calendars and don't miss out on the opportunity to connect with neighbours, create lasting memories, and celebrate the winter season together.

As always, the success of our community events relies on the support and participation of our residents. We encourage everyone to purchase their membership and sign up to volunteer. Whether you have a few hours to spare or can commit to helping out throughout the year, your involvement makes a significant difference. The HVCA thrives because of the time, energy, and ideas that our volunteers contribute, and we would love for you to be a part of the action.

In closing, I want to express my sincere gratitude to our board, our members, and our volunteers. Together, we are creating a community that is not only strong and united but also full of joy, fun, and opportunity. Here's to a great winter season filled with excitement, connection, and all the wonderful things that make Hidden Valley such a special place to live.

Robyn M.

President, HVCA

*Word of
the Month*



Cynosure: noun (SIGH-noh-syoor)

A center of attraction or attention.

The bride was the cynosure of all eyes at the wedding.

Winter Festival 2025: A Celebration of Family Fun and Community Spirit

Get ready to embrace the charm and excitement of winter at the Winter Festival presented by the Hidden Valley Community Association (HVCA)!

Join us on Saturday, February 8, 2025, from 11:00 am to 1:00 pm at the Hidden Hut for an unforgettable day filled with outdoor activities and festive community spirit.

This year's Winter Festival promises something for everyone, making it the perfect family outing. The Hidden Hut is set to come alive with laughter, joy, and the vibrant energy of our community, making it an ideal spot for friends and families to gather and celebrate the season.

One of the highlights of the festival will be tobogganing down our specially designated hill. Grab your sled and experience the thrill of speeding down the snow-covered slope – the perfect adventure for children and adults alike!

For those looking to skate, our ice rinks will be open. Bring your skates and enjoy the camaraderie of fellow skaters as you take in the invigorating winter air.

Another exciting feature of the Winter Festival is the popular horse-drawn wagon rides. These charming rides will take you back in time, offering a unique way to enjoy the beauty of winter, while making memories with loved ones. Be sure to bring your camera! Please use the QR code to sign up for your spot on the wagon or watch for the link on our social media.



Wagon Ride Sign Up

Snuggle up near our outdoor firepits, toast some marshmallows, and sip on a cup of hot chocolate!

Of course, no winter festival would be complete without delicious food, and this year, we're hosting a Chili Cook-off Contest! Community members are

encouraged to whip up their best chili recipes and enter the competition for a chance to win fun prizes.

Sign up for the competition by emailing events@hiddenhut.org, by using the QR code, or the link in our social media. Be sure to arrive at The Hut by 11:30 am for the contest to start. Don't miss out—secure your spot today!



Chili Cook-Off Sign Up

When the judging is complete, taste testing will be available for all attendees, so prepare your taste buds for a delightful experience as you sample a variety of mouth-watering chilis. It's a fantastic opportunity to share your culinary skills and enjoy the flavours of winter together.

The Winter Festival is not just an event; it's a chance for our community to come together, celebrate the joys of winter, and foster relationships with neighbours and friends. We encourage everyone to bundle up in their favourite winter gear and bring their family, friends, and neighbours along to join in the fun.

Remember these events would not be possible without the proceeds of our memberships, please know membership purchases will be available; \$30 annually. New members are always welcome and yes, we take debit or credit, join us!

Don't miss out on this excellent opportunity to create lasting memories in a winter wonderland setting. Mark your calendars for February 8, 2025, from 11:00 am to 1:00 pm at the Hidden Hut.

The HVCA looks forward to welcoming everyone for a day filled with excitement, laughter, and delicious food. Let's make this Winter Festival a resounding success together!

For more information and updates about the event, please visit our website, Facebook page or contact the HVCA. We can't wait to see you there!

Anita K.

Events Director, HVCA

HVCA

WINTER FESTIVAL

Join us for some winter fun!

- Skating
- Sledding
- Wagon rides
- Fire pits
- Hot chocolate
- Chili Cook-off Competition 11:30am

FEBRUARY 8, 2025
11AM-1PM

HIDDEN RINK AND HUT



Joke of the Month

Why did the pony get detention?

Because he was horsing around.



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News from the Friends of Nose Hill

by Anne Burke

Alberta's Provincial Parks Act, introduced in 1930 and amended in 2000, provides for preservation of provincial parks, wildland parks, and provincial recreation areas to benefit current and future generations. There are rules and regulations about certain activities and restrictions. Important sites for conservation management are the Wilderness Areas, Ecological Reserves, Natural Areas, and Heritage Rangelands. More information at <https://albertaparks.ca/>.

The original Plan for Parks (2009-2019) is archived online. A new Plan for Parks: Engagement guide and fact sheet were posted. The first phase of engagement collected feedback from Albertans to inform a Plan. In the second phase, Albertans review the draft and provide input. The proposed vision statement has added cultural benefits and Indigenous reconciliation. There may be additional fees, some partner groups, increased tourism, recreation, and campgrounds.

An Online Survey asked how often you visit parks, what do you most value, what will Alberta Parks look like 100 years from now? If you agree that Albertans should be informed and engaged in park issues, what ways are important to you: a) increase opportunities to provide input into decision making for provincial parks; b) establish clear deliverables and milestones in the new ten-year Plan for Parks; c) consistently report on progress and achievement?

Since Parks conserve nature and connect people with nature, providing access to a variety of nature-based experiences will be important, so that building an appreciation for natural values is a key priority. Which of the following options would you support? a) create more parks to increase conservation and nature access; b) collaborate to improve how information about conservation activities in parks is shared; c) expand interpretive and educational programs to inform and inspire visitors; d) add volunteer opportunities to promote hands-on nature and conservation education.

Sports Update

This 2025 season, the HVCA will be hosting a Learn to Skate on January 8 from 6:00 until 8:00 pm. We will also be hosting a Learn to Skate on January 18 from 12:00 until 2:00 pm followed by a family friendly hockey game.

This year the rink will be designated the following days:

- Tuesdays from 5:00 to 8:00 pm is designated family friendly hockey in the arena.
- Wednesdays from 7:00 to 9:00 pm is adult hockey in the arena.

Lights will be on! Invite your friends and family and come on out!

Mitch G.

Sports Director, HVCA



How to Be a Great Communicator

by Nancy Bergeron, R. Psych. | info@nancybergeron.ca

Just because we speak and understand the same language doesn't necessarily mean we are good communicators. One of the most common reasons couples seek my services is to learn better ways to communicate. The list below is for anyone who would like to hone their own skills.

Let's Start with Some Bad Habits in Communication:

1. Interrupting – This can make it seem like you don't care what the other person is saying. Yes, sometimes I get excited and blurt things out but it's important to acknowledge the other and be respectful to allow them to continue. This can also be an issue if you are neurodivergent, and the speaker doesn't know this.

2. Story-Topping – This can shift the conversation from connection to competition.

3. Bright-Siding – Always encouraging others to be positive or look on the bright-side can be invalidating. Toxic positivity is a thing, allow others to feel what they are feeling.

4. Being Right – The conversation becomes a debate or about being right. Try to listen to understand the other's point of view... you might learn something new.

5. Being All-Knowing – Explaining information without being asked for your expertise. This can sometimes make you look like a know-it-all.

6. Advising – Sometimes people just want empathy or just to be heard. They didn't ask for your advice. Do not offer it unsolicited. This can also be seen as a boundary violation.

Here Are Some Habits of Good Communicators:

1. They create conversational safety free from judgement, fault finding, or rejection. Just be there to listen.

2. They validate other people's feelings with statements like; that makes sense, of course, or I get that. It doesn't mean you have to feel the same way, but you are showing that how they feel is valid.

3. They follow their natural curiosity by asking



questions that show interest and seeking to know more. Nothing feels better than someone showing interest in what you have to say or wanting to get to know you better.

4. They listen with their whole body by being fully present while listening; not looking around or looking at their phone and are giving non-verbal cues that they are fully engaged such as eye contact and facing the speaker.

5. They hear what's beneath the words by reading the speaker's body language, tone of voice, and facial expressions. This is an art form of attuning to another.

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Communications Update

Hello Hidden Valley and Hanson Ranch residents!

Did you know we have an official Facebook page, Instagram, and X(Twitter) accounts? This is where you will find up to date information on sports, events, and other happenings in our community. As well our website is a great resource: it usually has the HVCA newsletter posted a couple of weeks before the mail delivers it (posted to social media as well)!

Follow Us to Keep Engaged

- Facebook: HVCA Hidden Valley Community Association
- Instagram: HVCAHiddenhut
- X(Twitter): @HVCAHiddenhut
- #HiddenValleyYYC

In addition to these, there are a couple of Facebook community groups that are not affiliated with the HVCA but are great resources for sharing information with your neighbours, asking questions within the community and advertising your businesses. These are: Hidden Valley/Hanson Ranch Community Group and Hanson Ranch Neighbour Group.

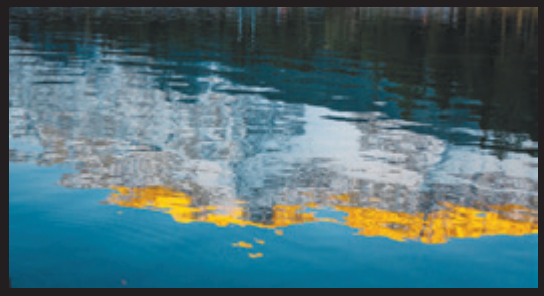
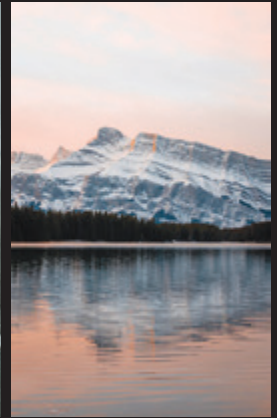
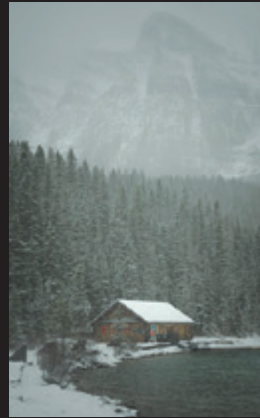
We would love to know what you value in our newsletter. As we move into the New Year we would like to continue improving upon the newsletter. Over the past few months, we have heard you and have tried to make the newsletter relevant, so you do not miss out on events and happenings in the community. Now we would like to figure out what holds value for you: do you want to continue seeing updates from the HVCA directors, do you want to see recipes monthly, or read facts about our neighbourhood, etc.? Please email newsletter@hiddenhut.org or watch for the poll on Facebook to voice your thoughts.

Amy M.

Communications Director, HVCA



Photo Gallery by Jirapan Nilmanee (Mik)



Hanson Ranch 2023 Survey Results

In late spring 2023, in response to long-standing concerns raised by residents of Hanson Ranch relating to representation by the Hidden Valley Community Association (HVCA), the City of Calgary conducted a survey based on those concerns. Namely, did Hanson Ranch wish to remain part of the HVCA, form its own community association, or join an adjacent community association (e.g., Northern Hills, etc.). The survey also invited respondents to offer commentary on specific areas of concern, dissatisfaction or satisfaction with the HVCA. Prior to the survey closing, a community meeting was hosted by the City to both explain and answer any questions regarding the purpose or the intent of the survey. It was explained that the only potential change would be which community association represents Hanson Ranch residents. There would be no change to the official community boundaries, voting boundaries, school boundaries, or designation as a community. Hanson Ranch would remain as it is in those respects. Engagement was encouraged via social media and door-to-door delivery of flyers to all homes within Hanson Ranch. Although responses to the survey were unfortunately not restricted to the community of Hanson Ranch alone, results were compiled and presented by the Neighbourhood Partnership Coordinator with the City to the HVCA board shortly thereafter.

Results showed that 51.52% did not feel that representation as it existed was working while 48.48% felt representation was adequate. Comments provided were mixed depending upon a general sense of satisfaction or dissatisfaction. In response to a relatively large number of respondents not being satisfied with representation within the HVCA, board members at that point in time felt that the ability for Hanson Ranch residents to connect and communicate directly with the board was needed. The roles of "Hanson Ranch directors" on the HVCA board were created to ensure equitable representation and in recognition that concerns and/or wishes that may be unique to Hanson Ranch could be brought forward to the board. Hanson Ranch would also have more direct input into events and happenings within Hidden Valley as a whole. Most importantly, it was hoped that by creating director roles specific to Hanson Ranch, a feeling of community and inclusivity may be encouraged, fostered, and maintained within the greater community of Hidden Valley.

Since June of 2023, when the first Hanson Ranch director was elected and through to June of 2024 with the election of a second director, updates that pertain to Hanson Ranch specifically are included on every HVCA monthly agenda. Ongoing initiatives such as traffic safety, the condition of the park located at Hidden Creek Blvd x Hidden Creek Dr, the theft of the bronze dog statue amongst other items have been undertaken and continue to be discussed at the HVCA board table. The ability to reach out directly to neighbours who are active on the board is now possible.

Your comments are welcome with respect to any continuing concerns that you may have with Hanson Ranch representation within the HVCA. Please feel free to offer your suggestions and/or comments by email to info@hiddenhut.org. Members of the community are also welcome to attend monthly HVCA meetings which are held the third Thursday of each month. Even better, become a volunteer, a director-at-large, or a coordinator. Get active in our community! All are welcome!

Sandy Buffett and Sonia Quon

Hanson Ranch Directors



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Happy New Year!

May 2025 bring you joy, success, and a year filled with happiness, growth, and everything you wish for.

In May 2022, Alberta’s government invested \$5 million over three years to enhance financial literacy for students. Enriched Academy, the Canadian Foundation for Economic Education, and Junior Achievement receive annual funding to provide financial literacy programs for grades K-12. These initiatives teach vital skills like saving, budgeting, and investing, aligned with the curriculum. By integrating financial literacy into education and funding dedicated resources, Alberta is equipping students with the knowledge and confidence needed to navigate the fundamental life skills they need to prosper in adulthood and secure their futures in today’s fast-moving world.

Alberta’s government is improving healthcare access by expanding the role of nurse practitioners (NPs) through the Nurse Practitioner Primary Care Program (NPPCP). Since its April launch, 33 NPs are now practising independently, with 56 applications approved. The program allows NPs to work autonomously or join existing practices, with a requirement to maintain a panel of at least 900 patients, providing after-hours care, and accepting walk-ins, enhancing flexibility for Albertans.

Albertans’ feedback helps shape financial priorities and address the needs of our growing population. Budget 2025 will maintain a responsible approach to supporting Albertans while strengthening health care, education, and economic resilience. Your input is essential, share your ideas and priorities at alberta.ca/budget-2025-consultation. Businesses, municipalities, community groups, and other stakeholders can also provide feedback via the online portal. All input will be shared with Minister Horner to ensure diverse perspectives are considered. The survey and portal are open until Sunday, January 12. Let’s work together to create a brighter future for Alberta!

Thank you to my constituents for their support, wishing you all a joyous and prosperous New Year.



Councillor, Ward 3
Jasmine Mian
 ✉ ward03@calgary.ca 🌐 jasminemian.ca
 📧 @jasminemian 📷 @jasmine.mian
 ✂ @jasmine_mian

Happy New Year!

I hope your holidays were filled with rest and time with loved ones. Looking forward to 2025 and all that the year will bring.

Here are some updates related to new City initiatives and programs.

Transit Advocacy and Snow Detours

I have heard first-hand from many residents how important reliable transit is to them. As our city grows, I will continue to advocate for funding and improvements to transit.

This past fall, I was successful in making some efficient changes to several bus routes in Ward 3. These changes mostly affect the communities of Panorama Hills, Hidden Valley, Hanson Ranch, Livingston, and Carrington. You can read about the changes made and the current snow detours at jasminemian.com/news.

New Skating Rink in Ward 3!

We’re fully in winter mode, and a new ice rink opened last month in Sandstone! My office worked with the Sandstone MacEwan Community Association to secure City funding for their new boarded rink. Their volunteers work incredibly hard to maintain two community rinks, so if you want to help out, visit sandstonemacewan.com.

You can view a map of all ice-skating rinks across the city at calgary.ca/parks/activities.

Protect Water Lines from Freezing

Every winter, some Calgarians will experience frozen pipes, resulting in a water outage.

Recently, there’s been an increase in frozen pipes. These steps can prevent pipes from freezing:

- Keep your thermostat at a minimum of 15°C.
- Eliminate any cold drafts in unheated areas.
- Repair broken windows, check doors, and insulate areas.
- Insulate water pipes in cold areas.
- Open interior doors and cabinets in cold areas.
- Turn off, disconnect, and drain the water lines to outside features.
- Regularly run water in your pipes.

Visit calgary.ca/frozenpipes to learn more.

For questions and concerns, or to view my voting record, visit jasminemian.ca.



4-H ALBERTA

In November, the Rockyview District hosted both a Diary Workshop and an Executive Workshop on Friday, November 15. The Diary workshop was a workshop where they showed us how to make our diaries, they were also there to answer any questions we had and helped explain things in different ways to help us understand. The Executive was the same, but they explained more about leadership and club roles.

The Rockyview District hosted a communion workshop on Friday, November 29, 2024. This event was generously paid for by the Rockyview District Council, with supper provided at the event. This was a great opportunity for some of our new members to get an understanding of what our public speaking competitions look like and how they run. This was also a good review for members who had done this before.

On November 30, we had our November meeting followed by our Secret Santa. Finally, our club ended the day off with grinch trees. We had our lovely instructor Natasha from Flower Aura come and teach us how to make grinch trees. This was a fun and interactive workshop for members of all ages. You could customize your grinch tree with the different coloured bows and acorns, and she had many different colourful ornaments that went at the end of your grinch tree. Some even had patterns!



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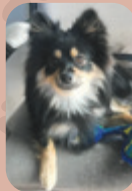
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