

OCTOBER 2025

YOUR OFFICIAL COMMUNITY NEWSLETTER

**HIDDEN  
VALLEY**



**HANSON  
RANCH**

VOLUME 221

[WWW.HIDDENHUT.ORG](http://WWW.HIDDENHUT.ORG)



**VISIT THE  
HVCA WEBSITE!**



**Sourdough Bread & Baked Goods  
IN YOUR COMMUNITY**

**403-383-3238**

[/hiddenvallezbreads](https://www.instagram.com/hiddenvallezbreads)





## Unlock Your Dream Home Now!

Low Rates,  
Fast Approval,  
Big Savings!  
Don't Wait – Act Today!



**ANITA  
RUSSELL**

**403-771-8771**  
anita@anitamortgage.ca

*Licensed by Avenue Financial*



- LICENCE PLATES • DRIVERS LICENCES
- LEARNERS PERMIT • FINE PAYMENTS
- ROAD TESTING • LIEN SEARCHES
- LAND TITLES • BIRTH CERTIFICATES
- MARRIAGE LICENCES
- CORPORATE REGISTRY
- COMMISSIONER FOR OATHS

📞 403.286.6824

📠 403.288.9677

✉ info@calgaryregistry.com

🌐 calgaryregistry.com



**#312, 5149 Country Hills Blvd. NW**

**BRAIN  
GAMES**

# SUDOKU

6								
			1				8	9
	7			6				
				9	1	3		
		4	3				1	
			4					6
		1		4	8			
	2					1		3
		9	6					

SCAN THE QR CODE  
FOR THE SOLUTION



# OFFICIAL

**PLUMBING & HEATING**

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

**Service Call Fee**



**403-837-4023**

info@officialplumbingheating.ca  
official-plumbing-heating.ca



LEN T WONG + ASSOCIATES

**RE/MAX**  
COMPLETE REALTY



## HIDDEN VALLEY-HANSON RANCH COMMUNITY REAL ESTATE ACTIVITY

# YOUR HOME SOLD GUARANTEED!\*

Call to find out more about our  
Innovative Consumer Programs

Virtual Tours

Guaranteed Sale Program\*

Trade Up Program\*

Blanket Home Warranty Program\*

Accepting Crypto Currency

Call us to help you navigate through  
the changing real estate world

**Call or Text 403-606-8888**

**Email [len@lentwong.com](mailto:len@lentwong.com)**

\*Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	25	20	12	\$659,900	\$646,500
July	25	21	11	\$599,900	\$585,000
June	25	20	18	\$649,450	\$645,750
May	25	19	15	\$599,900	\$595,300
April	25	18	10	\$684,450	\$673,750
March	25	14	15	\$579,999	\$568,750
February	25	14	9	\$649,900	\$644,500
January	25	6	2	\$552,000	\$548,500
December	24	6	6	\$647,450	\$637,194
November	24	5	10	\$614,950	\$601,250
October	24	9	14	\$577,450	\$585,000
September	24	11	7	\$629,000	\$613,000

To view more detailed information that comprise the above  
MLS averages please visit [hid.mycalgary.com](http://hid.mycalgary.com)

# GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

**We make your phone ring.  
We bring you more customers.  
We grow your sales.**

Call 403-720-0762 | [grow@greatnewsmedia.ca](mailto:grow@greatnewsmedia.ca)



SCAN ME



# CONTENTS

- 6 POEM BY GARTH PAUL UKRAINETZ
- 8 AGE-FRIENDLY CALGARY ESSENTIAL NUMBERS FOR SENIORS IN CALGARY
- 9 RECIPE: SALMON AND BROCCOLI RICE BOWL
- 11 RESIDENT PERSPECTIVES: SHOULD YOU BUY A STARTER HOME OR INVEST IN YOUR FOREVER HOME?
- 13 BUSINESS CLASSIFIEDS



SCAN HERE TO VIEW ADDITIONAL  
HIDDEN VALLEY CONTENT

News, Events,  
& More



Crime  
Statistics



Real Estate  
Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



## Sulphur Mountain Sasquatch

by Garth Paul Ukrainetz

Where hot springs flow from long ago  
Where mountain trees did younger grow  
A Sasquatch soaked in water hot  
And all his problems there forgot

But then one day his world would change  
His dear ol' Rocky Mountain range  
Banff National Park, the first to be  
Now tourists flocked for all to see

Up Sulphur Mountain Sasquatch climbed  
His favourite hot pool left behind  
He at the top made cave of snow  
And cried alone in moonlight's glow

From high above he got to scheming  
He'll go back down while Banff was dreaming  
So, down below he'd go at night  
And back up top by morning light

Where hot springs flow from long ago  
Where mountain trees now older grow  
A Sasquatch soaks in water hot  
With one eye open, lest he be caught

## HVCA Board of Directors

President	Robyn Moser
Vice-President	Deb Munro
Treasurer	Dugane Quon
Secretary	Meredeth Wilkes
Sports Director	Mitch Gallant
Events Director	Anita Kelle
Communications Director	Amy Munro
Parks Director	Rachel Noble-Pattinson
Facilities Director	Bruce Ritchie
Hanson Ranch Directors	Sonia Quon and Sandy Buffett
Membership Director	Saba Victoriyo
Fundraising Director	Raye-Lynn Graham
Volunteer Director	Vacant
Public Spaces Director	Doug Fenton
School Liaison	Adwoa Savage

**Volunteers always appreciated.**  
**Email [volunteers@hiddenhut.org](mailto:volunteers@hiddenhut.org).**

## SPIRIT HALLOWEEN

Halloween is a favourite holiday for many. One particularly exciting tradition that some enjoy is visiting the popular costume, mask, and makeup store called Spirit Halloween. Popping up all over Canada and the United States, Spirit Halloween is actually the largest Halloween retailer in the United States. What a Spooky Scary Superstore!



MANY OTHER PACKAGES AVAILABLE!

## BATHROOM RENOVATION SALE

### SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$17,679*

**SALE \$13,879**

*Limited Supplies*

### SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$20,679*

**SALE \$15,679**

*Limited Supplies*

**We Also Specialize in En Suites & Custom Bathrooms**

**PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!**



**WESTERN BATHROOMS & RENOVATIONS**

*Serving Calgary since 1989*

**403-257-3222 | WWW.WESTERNBATHROOMS.CA**

**All Labour & Material Included**

**All packages pertain to standard size bathrooms**

# Age-Friendly Calgary Essential Numbers for Seniors in Calgary

## 9-1-1 Emergency (24-Hour)

For EMERGENCY medical, fire, and police response. Call the non-emergency police line at **403-266-1234** to report an incident that is not an emergency.

## 8-1-1 Health Link (24-Hour)

Health advice (including dementia advice) from a registered nurse.

## 3-1-1 City of Calgary (24-Hour)

Information on all City of Calgary services. [www.calgary.ca](http://www.calgary.ca).

## 2-1-1 Community Resources (24-Hour)

Information and referrals for community and social services. [www.ab.211.ca](http://www.ab.211.ca).

## 403-SENIORS (403-736-4677) The Way In

Information, advice, and help accessing programs and benefits for older adults.

## 403-266-HELP (403-266-4357) Distress Centre and SeniorConnect (24-Hour)

Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).

## 403-943-1500 Access Mental Health

Non-urgent advice on navigating the addiction and mental health system.

## 403-705-3250 Elder Abuse Resource Line (24-Hour)

Confidential information and support, or to report a suspected case of elder abuse.

Telephone language interpretation service available on all lines.

# GRANDPARENT SCAM ALERT

## WHAT IS THE SCAM?

Scammers are calling seniors claiming to be family members in need of immediate money for bail or hospital expenses.

The scammer will often send someone to the door to pick up payment.

## BAIL FACTS:

- Police, lawyers, judges or jails do not call people to get money.
- Bail/ fines are typically paid at a courthouse, police station or jail.
- Bail in Alberta is typically \$10-\$500.
- Bail can't be paid using gift cards.



**"Court appointed" couriers don't exist. If someone asks to come to your home to pick up payment, it's a scam.**



**If it has to be now, it has to be no. Using fear or high-pressure tactics are usually a red flag.**



**Always ask for proof of identification and call-back numbers. Talk to family, friends or other people you trust to help verify claims or requests.**

CALGARY  
POLICE  
SERVICE

**If you have lost money or the scam is in progress, contact the Calgary Police Service at [403-266-1234](tel:403-266-1234)**

**To report a scam in general, contact the Canadian Anti-Fraud Centre at [1-888-495-8501](tel:1-888-495-8501)**

## Salmon and Broccoli Rice Bowl

by Jennifer Puri

Raw or cooked, broccoli is a nutrient-rich vegetable packed with vitamins, minerals, and fibre.

Steaming or roasting tends to preserve the most nutrients and flavour, but raw broccoli is also a great option when paired with dips or in salads.

Cooking broccoli can soften the tough fibres making it easier to chew and digest. Nutrient-rich and low in fat, broccoli can be a healthy, low-calorie snack.

When purchasing broccoli, choose bright green broccoli with crisp, dark green leaves and tightly closed buds. Store in the refrigerator and wash only when you plan to use it.

Create your own stir-fry sauce or use a store-bought one as shown in this simple and easy to prepare salmon and broccoli rice bowl recipe below.

**Prep Time:** 15 minutes

**Cook Time:** 20 minutes

**Servings:** 2

### Ingredients:

- 2 fillets of Salmon (4 oz. each)
- ¼ tsp. pepper
- ½ tsp. salt
- 1 tbsp. olive oil
- 2 tsp. black sesame seeds
- 1 crown of broccoli sliced
- ½ cup store-bought stir-fry sauce
- ½ tsp. crushed garlic
- ½ tsp. crushed ginger
- 1 tbsp. sesame seed oil
- 2 cups cooked white, brown, or black rice
- ½ avocado sliced

### Directions:

1. Preheat oven to 400 degrees Fahrenheit.
2. Place salmon fillets on a foil lined baking sheet. Drizzle the olive oil on the fillets, sprinkle the salt and pepper, and then bake on the middle rack of the oven for 18 minutes or until salmon is cooked through. Remove salmon from oven, sprinkle with black sesame seeds,



and cut into small chunks.

3. Heat 1 tbsp. of sesame seed oil in a skillet, add the broccoli florets, and sauté on medium heat for 3 to 4 minutes.
4. Next add the garlic, ginger, and stir-fry sauce and continue to sauté until broccoli is tender.
5. To serve, divide the rice into two bowls and top with salmon pieces, broccoli, sliced avocado, and lemon wedges. Spoon additional stir-fry sauce on the broccoli if desired.

Bon Appétit!

## Halloween Safety

by Alberta Health Services



As a member of Calgary's Child Magazine Partners for Safety initiative, AHS EMS would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

### Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

### Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.
- Advise children not to eat anything until they return

home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

### Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

# Should You Buy a Starter Home or Invest in Your Forever Home?

by Virginia Cooper

For many Canadian homebuyers, the tension between buying a modest starter home and stretching for a forever home isn't just about square footage or location. It's about timing, risk tolerance, personal growth, and how you want your living space to evolve alongside your life. The decision runs deeper than budgets or bedrooms—it's a test of how well you know your own trajectory.

### Leverage Smart Savings Before You Choose

First-time buyers often don't realize how much leverage they can gain from strategic tax shelters. With the introduction of the First Home Savings Account (FHSA), Canadians can now contribute up to \$8,000 annually—up to a lifetime max of \$40,000—while gaining the dual benefits of tax-deductible contributions and tax-free withdrawals. That's a rare pairing. Used properly, tax-deductible accounts help Canadians buy faster by accelerating down payment growth without pushing you into a higher tax bracket. If your choice between starter and forever hinges on readiness, the FHSA can close the gap faster than you'd expect.

### Tame the Paperwork with Mobile Tools

Homebuying in 2025 isn't just showings and signatures. It's paperwork across email chains, lender portals, insurance approvals, sometimes all in a single day. If you're working remotely or buying in a different province, keeping track of every document becomes critical. One overlooked friction-solver? Scanning key paperwork from your phone. There are features of a free scanner app that lets you digitize everything instantly—mortgage pre-approvals, pay stubs, even handwritten notes from a home inspector, without needing a clunky printer-scanner setup.

### Flexibility Often Beats Square Footage

Real estate markets don't wait for you to get settled. That's part of the problem, and the potential. If you're watching interest rates shift or waiting for new inventory, smaller homes can function as strategic footholds. They let you get in, observe from within, and make sharper decisions down the line. There's power



in mobility. In fact, many financial planners argue that starter homes offer agility that can't be matched by a long-term commitment too early.

### What Business Owners Should Watch For

If you're running a business—especially from home—housing decisions take on a different shape. It's not just about what you can afford; it's about how your home supports your work. Zoning laws, workspace comfort, client meetings, even write-offs. Founders and freelancers need to think beyond mortgage rates and ask what their home enables. A valuable breakdown of housing considerations for self-employed buyers highlights how the home you choose affects everything from tax planning to burnout risk. Entrepreneurs can't afford to misread the fine print on this decision.

### Short-Term Moves, Long-Term Wealth

One of the most misunderstood advantages of a starter home is how it compounds wealth, not just saves money. Instead of viewing it as "throwaway square footage," consider how appreciation, modest renovations, and timing the next sale could become a lever. Buying low doesn't mean thinking small, it often means moving smart. Experts suggest that moving twice can build equity more efficiently than stretching into a forever home you can barely afford upfront. The second move is an upgrade backed by value.

There's no universal answer—only alignment. Starter homes buy you time, options, and mobility. Forever homes offer roots and rhythm. The right move depends on where you are, what you value, and how steady your vision feels. Be honest about that. Then act accordingly. That's not just buying smart; that's building a life.



**MLA Calgary**  
**Amanda Chapman**

106 – 8220 Centre St. NE

✉ [calgary.beddington@assembly.ab.ca](mailto:calgary.beddington@assembly.ab.ca)

☎ 403-282-7980 ✉ [amandachapman](mailto:amandachapman)

📱 @amandachapmanndp

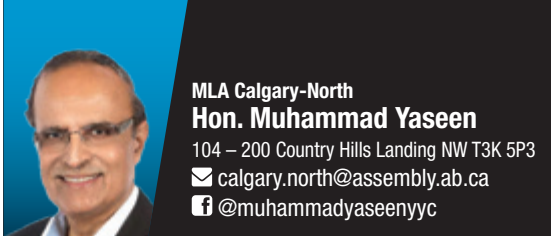
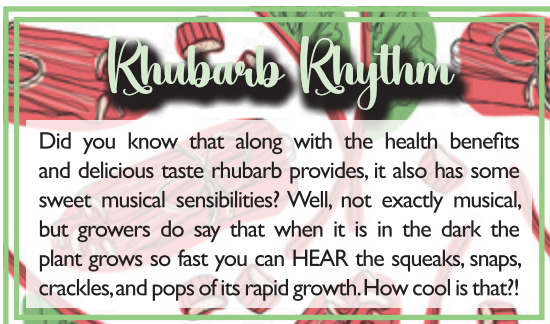
Dear Neighbours,

I hope you're all enjoying the crisp air and colourful leaves that the fall season brings. By the end of October, the legislature will reconvene, and I'm looking forward to continuing the work we've started—focusing on the issues that matter most to our community.

Thank you to all those who have called or emailed in the last month to share your priorities and concerns with me. It was a pleasure connecting with so many of you, hearing your thoughts, and sharing updates on what's ahead.

As always, if you have any questions, concerns, or need assistance, please don't hesitate to reach out to my office—we're here to help.

Wishing you and your families a safe and festive Halloween! Please keep an eye out for trick-or-treaters and enjoy the season.



**MLA Calgary-North**  
**Hon. Muhammad Yaseen**

104 – 200 Country Hills Landing NW T3K 5P3

✉ [calgary.north@assembly.ab.ca](mailto:calgary.north@assembly.ab.ca)

📱 @muhammadyaseenyyc

Happy Thanksgiving!

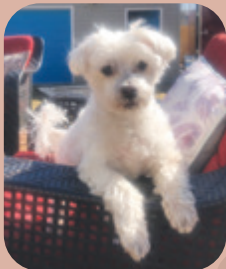
Let's take a moment to appreciate our health, homes, and give thanks and love to those who provide us with unconditional support throughout our everyday lives.

- A new bursary program, launched in partnership with NorQuest College and supported by over \$3.3 million from the Canada-Alberta Early Learning Agreement, will help up to 300 current and aspiring early childhood educators earn their certificate at approved Alberta institutions.
- Alberta is investing \$4 million in 29 agencies to support 31 projects that tackle the root causes of family violence. These initiatives promote prevention and healthy relationships through education, sports, mentorship, support groups, and service connections.
- To support Alberta's exploration of nuclear energy as a solution for increasing electricity needs, Minister Neudorf will visit the United Kingdom to participate in the World Nuclear Symposium in London. During the event, he will engage with representatives from regions with established nuclear sectors and showcase Alberta's energy industry to key stakeholders and potential partners.
- Alberta invested over \$9 million to renovate a government-owned facility for the Calgary Recovery Community, part of a broader initiative to build 11 recovery communities across the province with nearly \$350 million in capital funding.

Thank you to my constituents for your support as I carry out my duties as your MLA.



## Cats, Canines, & Critters of Calgary



Charlie, Copperfield



Cody, Glenbrook



Dobby, Huntersen Place



Guzel, Huntersen Place



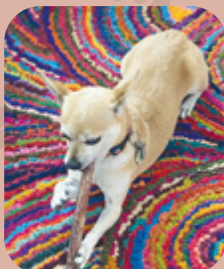
Nelly, Dalhousie



Poppy, Tuxedo Park



Sugar, Signal Hill



Todd, Lake Chaparral

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

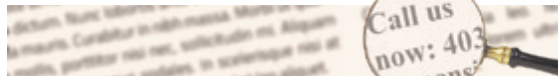
**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**HIDDEN VALLEY | HANSON RANCH MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita Russell at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**GUTTER DOCTOR!** Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+ BBB member, multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**PR HANDYMAN:** All exterior repairs and renovations: fences, decks, railings, stairs, sheds, garages. Prep/place/repair all styles of concrete/parging. All interior repairs/renovations: drywall, paint, plumbing. Kitchen and bathroom renovations, basement renovations. No job too small! Seniors' discount. Fully-insured. Sheldon, 403-975-5562.



## The 2025 General Election Is Here

*by The City of Calgary*

Eligible voters can cast their ballots for the 2025 General Election starting October 6, 2025.

During Advance Vote, from October 6 to 11, voters can vote at any of the Advance Vote stations, regardless of the ward in which they reside.

On Election Day, October 20, voters must vote at their designated voting station.

Voters can use the "Where Do I Vote?" tool on the Elections Calgary website to find their nearest Advance Vote location, as well as their designated voting station on Election Day.

Special (mail-in) ballots are available for request for voters who cannot vote during the Advance Vote or on Election Day for any reason. The last day to request a mail-in ballot to be mailed to you is October 3. The last day for in-person pick-up is October 20 at 10:00 am. All mail-in ballots must be received by the Elections Calgary office by 12:00 pm (noon) on October 20. Mail-in packages can be requested online or by calling 403-476-4100.

More information on where, when and how to vote, voter identification requirements and other important information about the 2025 General Election can be found at [electionscalgary.ca/vote](https://electionscalgary.ca/vote) or by calling 403-476-4100.



*by Anne Burke*

The first recorded land occupancy of Nose Hill was an 88,000-acre lease in 1882. Large range leases were bought by well-financed ranchers, such as Senator Patrick Burns, who purchased most of two sections of Nose Hill. Cattle grazing occurred until Nose Hill was established as a park. Crops, such as wheat, oats, and rapeseed, were first grown on the plateau in 1907. Privately held farmland was horse pasture until 1912. The negative impact of horse and cattle grazing was widespread on slopes and ravines. However, it helped to control taller nuisance weeds, such as thistle and common nettle.

By 1910, Calgary's boundaries extended north to 48 Avenue. Residential development between 1945 and 1959 pushed as far north as Capri Avenue and east of 14 Street as far north as 56 Avenue. Aerial photographs reveal traffic to and from fields on the Hill to sites in the ravines and gullies along the escarpment. There were many old vehicle trails. Pickups and 4x4 trucks on the Hill used the sloping benches south of 56 Avenue and east of 24 Street. Trail development and use by walkers increased with the Winter Club.

Gravel mining began in 1961. Many Owls Valley was part of the route for commercial trucks on the main road and along the ridge on the south slope of the valley. Severe damage was caused to slope crests and the top of hummocky areas. Construction of John Laurie Boulevard in 1968-69 caused overuse in areas without fencing. More people trespassed on private lands north of the Boulevard or drove to riding club stables south of the gravel pit. There were many horse trails and dirt bikes, walkers, and joggers from 1975 to 1980. Agriculture on the Hill was suspended in 1979.

# the Gutter Doctor®

Home Exterior Services

GUTTER CLEAN, FIX & INSTALL  
FASCIA • SOFFIT • ROOFING  
GUTTER GUARDS • WINDOW CLEAN  
SIDING • CLADDING • HEAT CABLES

403-714-0711 • gutterdoctor.ca



## Fast Fingers

On October 21, 1918, Margaret Owen put her fingers to the test and set a world record for typing. Owen impressively typed 170 words in one minute! To make her achievement even more impressive, she set the record on a manual typewriter.



### EXCLUSIVE EVENT

CRUISE AUTHORITY CANADA

CELEBRITY CRUISES / EXOTICCA

OCTOBER 15TH, 2025

SUNSET GRILL

41 SAGE HILL GATE NW

OKTOBERFEST EVENT

FOOD AND BEVERAGES SERVED

DURING THE PRESENTATION

REGISTRATION STARTS 5:30 PM



CRUISE AUTHORITY CANADA  
We are Canadian Owned and Operated  
Buy Local, Buy Canadian

RSVP

By Email: [info@cruiseauthority.ca](mailto:info@cruiseauthority.ca) By Phone: (403) 276-8879  
Address: 124-450 Country Hills Blvd NE, Calgary, AB T3K 5A5



## THE FUN RUN OF THE YEAR!

**1KM & 5KM**  
**INCREDIBLE RIVER VIEWS**

Supporting



Calgary Humane Society



east  
village

SATURDAY, NOVEMBER 15<sup>TH</sup>

**ONESIERUN.CA**



# ANDREW YULE FOR WARD 3



## Calgary's Future Announces Official Endorsement for Ward 3: Andrew Yule

### Andrew Yule is an Independent Voice

Calgary City Council candidate Andrew Yule has always lived in north Calgary, and feels the area is forgotten about too often by council. He grew up in Hanson Ranch and now lives in Coventry Hills with his wife and their three children.

Andrew is operations VP for SOLE, a footwear company, and ReCORK, which creates carbon-negative materials through North America's largest wine cork recycling program. He founded Save Nose Creek, a group advocating to protect Nose Creek Valley's biodiversity by designating it as a park.

For the past 10 years Andrew has worked in Executive and Managerial positions, along with community non-profit governance. Andrew was awarded the Queen's Platinum Jubilee Medal in 2023 for his decade of tireless volunteer service to his community.

### Here's why Andrew Yule is the right choice

Andrew has a plan to address the transit crisis in northern Calgary, and to bring the public amenities to Ward 3 that Calgarians enjoy in other parts of the city. Andrew is focused on working collaboratively with other councillors across any partisan lines because his goal is to get progress for his ward, not to play political games. Andrew understands and will champion the needs of his community.

### Here's why we're endorsing Andrew Yule

- **Expert in logistics:** Two decades of experience getting things done
- **Tireless advocate:** Started Nose Creek Preservation Society
- **Executive experience:** VP at sustainable footwear company

*"I hope to bring to light the needs we have here in Ward 3. It's important that we start to get some momentum on transit, infrastructure, and community connection."*

**— Andrew Yule, Calgary City Council Candidate  
for Ward 3**



If you want to hear more about where Andrew Yule stands on the critical issues facing Calgarians, check out his answers to our Candidate Questionnaire