

MAY 2024

DELIVERED MONTHLY TO 3,625 HOUSEHOLDS

# HIGHLAND PARK

SUMMIT

THE OFFICIAL HIGHLAND PARK COMMUNITY NEWSLETTER



LeafFilter  
GUTTER PROTECTION



**A LIFETIME OF CLOG-FREE  
GUTTERS-GUARANTEED!**

+See Representative for full warranty details.  
\*One coupon per household. No obligation  
estimate valid for 1 year.

Call Us Today! 844-211-4281  
FOR A FREE INSPECTION!  
[www.Leaffilter.ca/15off](http://www.Leaffilter.ca/15off) | Promo: 1CGY002

Claim Your Discount Now!  
**15% Off + 10%** Seniors & Military

# Foster's Garden Chapel

[www.fostersgardenchapel.ca](http://www.fostersgardenchapel.ca)

## 25<sup>th</sup> ANNUAL CHARITY GARAGE SALE

Sunday, June 9, 2024 from 9:00am - 12:00pm

Foster's Garden Chapel

3220 - 4 Street NW, Calgary, Alberta

**Support our charity by renting a table for \$20/table  
at our Charity Garage Sale.**

Funds collected from table, refreshment and "staff table" sales will be given to Buchanan Elementary School. All funds you receive from the sale of your treasures are yours!

If you would like to rent a table of your own,  
please call 403-297-0888 to find out how.

Dignity<sup>®</sup>  
MEMORIAL

A Division of Service Corporation International (Canada) ULC



**Your Patio Furniture Superstore!**

**YETI** **weber**

**Wicker Land Patio**

TRAEGER **BBQ LAND** RATANA **Modern Patio**

Located Three Blocks East of Chinook Mall  
6125 Centre Street S, (403) 258-2506  
[WickerLand.ca](http://WickerLand.ca)



**OFFICIAL**  
PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**  
Service Call Fee

**403-837-4023**  
[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)



# HPCA Seniors Luncheon Recognition

by Rosalind Kohut



Highland Park Community Association Seniors Luncheon is an event put on by HPCA and Fresh Start Recovery. Every third Tuesday of the month, seniors gather at our beautiful community centre

to see their long-time friends and old neighbours.

Over the last couple of months, I have been asking our seniors, when did the HPCA Seniors Luncheons start? Well, it seems our seniors who attend our lunches today have been attending a gathering that may have started almost 30 years ago. Some of these seniors have volunteered or attended this event for years and still offer to help at their young age of 80, 90, and even 100!



On behalf of HPCA, I would like to send out a huge "thank you" to everyone who has contributed and volunteered their time, and for continuing to support our community with such a long running successful event. Also, an

extra special "thank you" to Fresh Start Recovery, especially the kitchen staff, for collaborating with HPCA over the last eight years. They have helped us continue our luncheons by providing an affordable hot meal to our treasured seniors and have become an integral part of our Highland Park community.



## Highland Park Chats

Hosted by Amrit, Community Connector

Let's chat about our community!

- what's happening in Highland Park?
- How can you get to know your neighbours?
- what ideas do you have to bring people together?
- need information on local resources?
- how can we help?

I'll have the coffee on, I'm looking forward to chatting with you!

Date: May 6, 2024

Time: 6 pm - 7 pm

Location: Highland Park Community Association - Lobby

For more information contact Amrit at [amrit.gosal@calgary.ca](mailto:amrit.gosal@calgary.ca)

Community Connectors help people connect in their community!

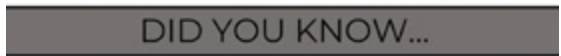


CALL FOR VOLUNTEERS

Meet new neighbours...

Have a laugh...

Make a difference for our community!



- Casinos can generate over \$50,000!
- This means that we don't have to fundraise otherwise during the year.
- Do your kids love the playground? That's casino money at work!
- Casinos help fund many other upgrades and improvements.

Casino dates: July 1 & 2, 2024

- Volunteer for one or both days.
- Pick one of three daily shifts.
- Free food and non-alcoholic drinks.
- Downtime during your shift? Bring a book, laptop, etc.

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE


HIGHLAND PARK




HIGHWOOD




SIGN UP TODAY



Follow us @HighlandP kCa



HPCA 3716 2 STREET NW, CALGARY, AB 403-276-6969

# Highland Park Community Association

📞 403-276-6969 📍 3716 2 St NW

## BOARD OF DIRECTORS

President	Vacant
Vice President	Chris Hunt
Secretary	Carolyne Mondoux
Treasurer	Jerry Kohut
Past President	Elise Bieche
Director	D. Jeanne Kimber
Director	Rosalind Kohut
Director	Tanya Kowalchuk
Director	Donna Marzolf
Director	Greg Miller
Director	Anne Naumann
Director	Suresh Nair
Director	Amrit Kaur
Director	Vacant
Director	Vacant

## COMMUNITY CONTACTS

Website	<a href="http://www.hpca.ca">www.hpca.ca</a>
Facility Rental and Management	Stephen Wright, 403-276-6969 <a href="mailto:hallmanager@hpca.ca">hallmanager@hpca.ca</a>
Facility Rental Availability Calendar	<a href="http://hpca.ca/hall-calendar">hpca.ca/hall-calendar</a>
Newsletter Editor	Kerri Johansen <a href="mailto:newslettereditor@hpca.ca">newslettereditor@hpca.ca</a>
Good Food Box	Ellen Peterson <a href="mailto:goodfoodbox@hpca.ca">goodfoodbox@hpca.ca</a>
Development Review	Jeanne Kimber <a href="mailto:development@hpca.ca">development@hpca.ca</a>
Seniors' Luncheon	Rosalind Kohut, 587-349-0870 <a href="mailto:seniorscoordinator@hpca.ca">seniorscoordinator@hpca.ca</a>
Volunteer Coordinator	<a href="mailto:volunteer@hpca.ca">volunteer@hpca.ca</a>
Block Connector/ Human Library	<a href="mailto:connections@hpca.ca">connections@hpca.ca</a>
Activity Kits Booking and Info Community Social Worker	<a href="mailto:activitykits@hpca.ca">activitykits@hpca.ca</a> Jennifer Dimarzo <a href="mailto:jennifer.dimarzo@calgary.ca">jennifer.dimarzo@calgary.ca</a>
Ward 4 Councillor	Sean Chu, 403-268-3727 <a href="mailto:sean.chu@calgary.ca">sean.chu@calgary.ca</a>
Police Service	Cst. Raeann Watson, District 3 <a href="mailto:pol5218@calgarypolice.ca">pol5218@calgarypolice.ca</a> , 403-860-8027
Bylaw Infractions	Call 311 or complete form online at: <a href="http://www.calgary.ca/311online">www.calgary.ca/311online</a>

## Highland Park Hall Rental Rates

**Phone: 403-276-6969**  
**[www.hpca.ca/hall-rental](http://www.hpca.ca/hall-rental)**

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, and loads of tables and chairs.

### Rental Rates:

#### Main Hall – 186 person capacity

\$550/day (8:00 am to 10:00 pm) or \$55/hour; \$500 damage deposit.

#### North Hall – 60 person capacity

\$400/day (8:00 am to 10:00 pm) or \$44/hour; \$400 damage deposit.

There is a once per year 25% discount for HPCA area residents with a current membership.

All rentals are subject to GST.

Our facilities can only be rented until 10:00 pm.

## The Good Food Box

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. You can pay in two ways: 1) by e-transfer to our Board Member, Anne Naumann, at [AnneNaumann@shaw.ca](mailto:AnneNaumann@shaw.ca) before 4:00 pm on the Monday order date, or 2) with cash or cheque at the hall on the order date, between 6:00 and 7:00 pm. The pick-up date and time for the ordered boxes is always on a Thursday, at the HPCA hall between 6:00 and 7:00 pm.

**Large Box:** 45 to 50 lbs = \$40

**Medium Box:** 35 to 40 lbs = \$35

**Small Box:** 25 to 30 lbs = \$30

For more information, contact our volunteer, Ellen Peterson, at [GoodFoodBox@HPCA.ca](mailto:GoodFoodBox@HPCA.ca).

**ORDER DATE:**  
Monday, May 6

**PICK-UP DATE:**  
Thursday, May 16





## Register today for September 2024

### Open House

May 15, 5:00 to 7:00 pm  
3716 2 St NW

Stop by to see the classroom and meet  
the teachers!

Visit our website to learn more.

### Morning Classes

Mon/Wed/Fri | 9am to 11:30am | \$105 per month  
Tues/Thurs | 9am to 11:30am | \$65 per month

### Afternoon Classes

Mon/Wed/Fri | 12:30 to 3:00pm | \$105 per month  
Tues/Thurs | 12:30 to 3:00pm | \$65 per month

preschool@hpca.ca | 403-276-6969  
www.hpca.ca/preschool

## Do you know a young person thinking about suicide?

Skills for Safer Living is a free four-week support group program for youth ages 12-24 with thoughts of suicide and their caregivers.

Learn more: [www.suicideinfo.ca/workshops](http://www.suicideinfo.ca/workshops)



## Fresh Start Recovery

# HIGHLAND PARK COMMUNITY SENIORS' LUNCHEON

**Next Lunch:** Tuesday, May 21 at 11:30 am - New!

Coffee/tea served at 11:00 am

Confirm attendance by May 14

\$6 per person for HPCA members

\$10 per person without membership

HPCA seniors' membership is \$5 per year

Contact [seniorscoordinator@hpca.ca](mailto:seniorscoordinator@hpca.ca) or

587-439-7263 to register to attend.

## Highland Next

Before & After School Care Program

Before & After School Care

Grades 1 – 6 | Kindergarten

Fully Licensed | Certified Staff | Quality Care

6:15am – 6:00pm

Monday to Friday | Closed STAT Holidays

Private Bussing | PD Day Care | ½ Friday Care

School Break Care | Summer Care

[www.nextkidsinc.com](http://www.nextkidsinc.com)

## UPCOMING EVENTS AND ACTIVITIES

As always, for more information about the events below, please contact our Volunteer Coordinator, Anne, at [Volunteer@HPCA.ca](mailto:Volunteer@HPCA.ca) or our Hall Manager, Stephen, at [HallManager@HPCA.ca](mailto:HallManager@HPCA.ca) or 403-276-6969. Events are listed in chronological order, with ongoing events first. There are also usually additional details on our website if you scroll down to Upcoming Events on [HighlandParkCommunity.ca](http://HighlandParkCommunity.ca). Don't forget, you can sign up for our email list and follow HPCA on our social media sites there too.

### **HPCA Casino Sign-Up**

We have a few spots still open for volunteers for our next casino on July 1 and 2. Volunteers need to be 18 or older as of July 1, and for all positions, except Chip Runner, a Casino Volunteer Worker form must be submitted indicating you have no criminal record related to narcotics, acts of dishonesty, or acts of violence. Sign yourself up at: <https://signup.com/go/hVHzYNz>. Volunteers receive a free meal and snacks during their shift.

### **HPCA 70th Anniversary**

This year is Highland Park Community Association's 70th Anniversary, as we were incorporated as a society on June 21, 1954. Contact Anne at [Volunteer@HPCA.ca](mailto:Volunteer@HPCA.ca) if you have any pictures of our neighbourhood or events that we can include in a slideshow to share with the community. We'll put together some memories of our community to show on June 19, after our AGM, and will celebrate with cake and snacks.

### **HPCA E-Newsletter**

Sometimes you may not get the paper newsletter in time, so why not get it delivered to your email inbox? Sign up for our email distribution list and get a PDF of our newsletter at the start of every month. Go to [HighlandParkCommunity.ca](http://HighlandParkCommunity.ca) and when the pop-up comes up at the bottom to "Join our mailing list" just input your email. Please note, your email will not be shared with anyone outside of the Highland Park Community Association.

### **Friday Night Fires**

Our volunteer Dee is still going strong, hosting a campfire at the Highland Park grounds every Friday evening starting 6:00 pm, unless the weather is terrible (too windy, rainy, or too cold, etc.) Bring your own blanket to wrap up in, and something to roast over the fire (like hot dogs or marshmallows) and your own roasting sticks, if you want. Note if you have any firewood, you won't be using, please drop it off next to the HPCA shed.

### **Good Food Box and Highland Park Chats**

Amrit, our Community Connector, is hosting Highland Park Chats in our hall lobby during Good Food Box order dates, on certain Mondays, from 6:00 to 7:00 pm. The next ones are May 6 and June 3. Come have a coffee and chat about community resources and your event ideas. You can order a Good Food

Box at the same time. Good Food Box Pickup is always on a Thursday, ten days after the order date, between 6:00 and 7:00 pm in our hall lobby. If you are ordering for the first time, make sure you register with our lead volunteer, Ellen, by sending an email to [GoodFoodBox@HPCA.ca](mailto:GoodFoodBox@HPCA.ca) with your name, email, phone, and the number of adults, children, and seniors your box order will feed. You can pay with cash in person with Ellen, or by e-transfer to our Volunteer Coordinator, Anne, at [AnneNaumann@shaw.ca](mailto:AnneNaumann@shaw.ca).

### **Seniors' Luncheon**

This monthly event is on the third Tuesday of the month, with the next two being May 21 and June 18. Remember to register one week in advance with our lead volunteer for this program, Roz, at [SeniorsCoordinator@HPCA.ca](mailto:SeniorsCoordinator@HPCA.ca) so we know how much food needs to be purchased and prepared. The cost is still \$6 for HPCA members and \$10 for non-members. This program is proudly supported by Fresh Start Recovery Centre, whose cooks prepare the meals.

### **Community Market**

Saturday, June 15, from 11:00 am to 3:00 pm. This is the next one in our series of Market events and will tie in with Neighbour Day. Mark your calendars to come out and support local vendors. If you want to book a table, please email [Connections@HPCA.ca](mailto:Connections@HPCA.ca).

Note: do not try to book a table through any other email address, as some folks are trying to trick vendors into sending scammers money.

### **HPCA AGM**

Wednesday, June 19 will be Highland Park Community Association's Annual General Meeting followed by an Open House social event to meet your neighbours and celebrate our 70th Anniversary. Sign-in for the meeting will start at 6:45 pm, and we expect the social event will start around 7:30 pm. Note, only those with current memberships 30 days prior to the meeting (by May 19) are eligible to vote at the meeting. You can purchase your 2024 membership on our website [HighlandParkCommunity.ca](http://HighlandParkCommunity.ca). Please RSVP to Anne at [Volunteer@HPCA.ca](mailto:Volunteer@HPCA.ca) if you plan to attend, so we can ensure we have enough snacks and cake for everyone.

### **Stampede BBQ and Music in The Park**

Wednesday, July 10, from 5:00 to 8:30 pm. We'll serve a low-cost meal and provide free live entertainment. There will also be a Petting Zoo, which was a big hit last time we booked them. Volunteers are needed to help make this day a success. Please sign up here: <https://signup.com/go/xTzKjOm>.

# MAY 2024 HIGHLAND PARK HALL CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 MH 5:30 to 10:00 pm Big Bucks Cornhole	2 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	3 MH 6:30 to 9:30 pm YDS Canada	4 MH 8:00 am to 10:00 pm Asatryan MHB 6:00 to 7:30 pm GraceNotes Music
5 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH, NH 5:00 to 9:00 pm Saadat	6 6:00 to 7:00 pm Good Food Box Order and HP Chats MH 6:30 to 9:00 pm Bunbukan Karate	7 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	8 MH 5:30 to 10:00 pm Big Bucks Cornhole	9 MH 9:00 am to 1:00 pm Child Development Dayhomes NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	10 MH 6:30 to 9:30 pm YDS Canada	11 MH 3:00 to 8:00 pm Nguyen MHB 6:00 to 7:30 pm GraceNotes Music
12 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH 1:00 to 8:00 pm McKenzie	13 MH 6:30 to 9:00 pm Bunbukan Karate	14 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	15 LNH 5:00 to 7:00 pm HPCA Preschool Open House MH 5:30 to 10:00 pm Big Bucks Cornhole	16 Lobby 6:00 to 7:00 pm Good Food Box Pick-up NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	17 MH 6:30 to 9:30 pm YDS Canada	18 MH 8:00 am to 10:00 pm Truong
19 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH 1:00 to 3:00 pm Forge Martial Arts NH 2:00 to 10:00 pm Potter	20 MH 6:30 to 9:00 pm Bunbukan Karate	21 NH 11:00 am to 1:00 pm HPCA Seniors Luncheon NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	22 Lobby 1:30 to 3:00 pm Northminster United Church Bread Hamper MH 5:30 to 10:00 pm Big Bucks Cornhole NH 7:00 to 9:00 pm HPCA	23 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	24 MH 6:30 to 9:30 pm YDS Canada	25 MH 8:00 am to 10:00 pm Suffled Cards
26 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church NH 1:00 to 6:00 pm Huskic	27 MH 6:30 to 9:00 pm Bunbukan Karate	28 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 10:00 pm Forge Martial Arts	29 MH 5:30 to 10:00 pm Big Bucks Cornhole	30 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	31 MH 6:30 to 9:30 pm YDS Canada	

For the latest hall calendar, please visit [hpc.ca/hall-calendar](http://hpc.ca/hall-calendar).

## Highland Park Community Association **MEMBERSHIP FORM**

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5

Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to: Highland Community Association, 3716 – 2 Street NW, Calgary, Alberta T2K 0Y4

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_



\*memberships also available for purchase online at [hpc.ca/membership](http://hpc.ca/membership)

# HIGHLAND PARK PLANNING AND DEVELOPMENT REPORT

by D. Jeanne Kimber

By the time you read this, Calgary City Council will have held a public hearing on the “Rezoning for Housing” proposal. Residents of Highland Park have already received postcards providing basic information about the proposal to upzone R1/R-C1 and R-2/R-C2 land use to R-CG. There are also proposed amendments to R-CG that will be put forward at the hearing.

Another significant planning initiative currently underway is the City Building Program. The program has three components:

- Integrating the Municipal Development Plan (MDP) and the Calgary Transportation Plan,
- Developing a new Zoning Bylaw to replace the current Land Use Bylaw, and
- Creating a new Street Manual to provide updated guidance on how Calgary’s streets are designed.

Information on the Program can be found at <https://www.calgary.ca/planning/city-building-program.html>. Public engagement is closed, and we are still waiting for “What Comes Next”.

Here is a brief listing of the recent planning and development applications in Highland Park starting with land use change applications:

- LOC2023-0352 212 32 Ave NE for R-CG land use was approved at a public hearing at Council on April 9.
- LOC2024-0069 3910 Centre B St NW for a land use change to R-CG.
- LOC2024-0083 440 32 Ave NW for a land use change to R-CG.
- LOC2024-0006 3520 Centre St NE for a land use change from M-C1 to M-U2 to enable construction of a six-storey multi-residential building with ground floor commercial potential. This is a 50 ft mid-block parcel and we have questioned the feasibility and the appropriateness of such a development, even though it is on a designated “Main Street”. The application does not appear to have progressed since March.
- LOC2024-0034 4020 1 St NW for H-GO to allow for five units with suites. The property is within the 40 Ave Neighbourhood Flex corridor but there is an older bungalow in-between the parcel and 40 Ave. The application will be going to the Calgary Planning Commission for a non-public hearing, but the date has not been set.
- LOC2023-0259 3820 and 3824 Centre A St NE. The application is for M-C1 zoning which allows a max

density of 148 units per hectare and a building height of 14 m. Our response was that M-CG would be more appropriate. The application is still under review.

- LOC2023-0290 3308 2 St NE. The application for R-CG has not progressed since March.

Recent Development Permit (DP) applications include:

- DP2024-01385 212 32 Ave NE for two three-unit rowhouses with six suites. We have noted that the building plans do not conform to R-CG land use.
- DP2024-00453 4023 Centre B St NW for a five-unit rowhouse with suites.
- DP2024-01681 204 33 Ave NE for a four-unit rowhouse with suites. Some discrepancies in the surveyed parcel width might impact setbacks.
- DP2023-08976 3404 3 St NW. The application is for two buildings containing five units and four suites in a stacked townhouse style. The DP is still under review.
- DP2023-07472 116 43 Ave NE for two semi-detached buildings with suites. The plans are still under review.
- DP2024-00614 3704 Centre St NE for a Chinese Buddhist Temple is under review.
- DP2024-00720 458 33 Ave NW for a five-unit rowhouse with suites is under review.
- DP2024-01027 3307 2 St NE for a rowhouse with suites is under review.
- DP2023-01343 covering #204 to #212 40 Ave NW. Revised plans for three parcels to build three rowhouse buildings with 16 units and 16 suites. Still under review.

To learn more about any of the land use change or development permit applications in Highland Park, please visit the City’s Development Map at <https://developmentmap.calgary.ca/>.

Email [development@hpca.ca](mailto:development@hpca.ca)





# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**HIGHLAND PARK | HIGHWOOD MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**FALCONER HANDYMAN SERVICES LTD:** Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**TERRAVIEW LAWN CARE & LAWN PAINTING:** Lawn painting; enjoy a nice green lawn while saving water! Drought friendly! Spring cleanups, power raking, aerating, slit-seeding, etc. Weekly and bi-weekly mowing and yard maintenance services. Reasonable rates. Ron | 403-669-4671 or Craig | 403-819-7905. View us on Facebook at [www.Facebook.com/TerraViewLawnCare](http://www.Facebook.com/TerraViewLawnCare).



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



## HIGHLAND PARK'S BLOCK CONNECTOR PROGRAM

Join the Highland Park Block Connector Program to:

- Connect with your neighbours
- Learn about local resources and opportunities
- Create some fun on your block!

Contact Jennifer DiMarzo with the City of Calgary at [jdimarzo@calgary.ca](mailto:jdimarzo@calgary.ca) for more information.

# Celebrating 70 Years of Community Spirit: Highland Park Community Association

In 2024, Highland Park Community Association (HPCA) is proudly celebrating its 70th anniversary, marking seven decades of enriching our neighbourhood with its vibrant presence. This milestone stands as a testament to the dedication of our hardworking volunteers who have tirelessly contributed to making Highland Park a wonderful place to live, work, learn, and play.

At the heart of HPCA are its volunteers, with every initiative, program, and event driven by the commitment of community members. As a completely volunteer-run organization, their efforts have brought forth numerous programs, events and initiatives that have made a lasting impact on our community.

## Community Hall Improvements

One shining example of our volunteers' dedication is the extensive renovations undertaken at our community hall. From the installation of solar panels to the creation of a rain garden, community garden boxes, and a new playground, these major improvements have created sustainable and inviting spaces for everyone to enjoy. Additionally, initiatives like the Family Skating Rink with its beautiful, twinkling overhead lights and fire pit, and the Paint the Pavement Project, with the bright and colourful quilt-like design at the intersection at the corner of the park, not only beautify our surroundings, but also promote safety and connectivity year-round.

## Community Events

The commitment to fostering a sense of community extends beyond physical spaces. Year-round events such as community cleanups, community markets, family skating, monthly seniors' luncheons, Stampede BBQs, and Music in the Park not only bring our neighbours together, but also strengthen the bonds that define our neighbourhood.

## Highland Park Preschool

Central to our community is Highland Park Preschool, founded on the vision and initiative of a group of parent volunteers who recognized the need for quality early childhood education in our neighbourhood. From humble beginnings with one class in 2016, the preschool has flourished and now serves 70 families with affordable and high-quality education.

These are just a few recent examples! Do you have old pictures of our neighbourhood or events that we can include in a slideshow to share with the community? Contact Anne at [volunteer@hpca.ca](mailto:volunteer@hpca.ca).

## Volunteers Needed

None of this would be possible without the continued support of our small but mighty group of volunteers. As we reflect on our achievements over the past 70 years, we acknowledge the pressing need for more hands to ensure the sustainability of our endeavours. Whether it's serving on committees or assisting at events, there are many opportunities for individuals to contribute their time and skills in whatever capacity they can offer.

### Two of our urgent needs are:

#### Casino Volunteers - July 1 and 2

Casinos can generate over \$50,000! Our last Casino raised almost \$80,000 for Highland Park. These are important funds for upgrades and improvements that make our community hall and park space a welcoming space for community events and programs. You can volunteer for one or both days and pick from one of three daily shifts. Sign up at <https://signup.com/go/hVHzYNz>.

#### Board Members

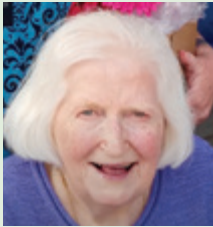
These volunteers provide ongoing support to help lead our community in a fiscally responsible manner. New board members will be elected in June 2024. We are seeking volunteers with skills and experience in accounting, bookkeeping, budgeting, facilities management, marketing and communications, project management and legal.

As we look to the future, we invite members of our community to join us. Volunteering isn't just about giving back; it's about forging connections, gaining new experiences, and making a tangible difference in the lives of those around us. So, if you're passionate about building a stronger, more vibrant community, we urge you to reach out and explore the various volunteer opportunities available at HPCA.

Together, let's continue to nurture the spirit of community that has defined Highland Park for seven decades. Join us, and let's write the next chapter in our community's remarkable journey.

For more information on volunteering with HPCA, please contact Anne at [volunteer@hpca.ca](mailto:volunteer@hpca.ca). Your contribution could be the spark that ignites an even brighter future for Highland Park.

## A Lifetime of Service – Sandy Handy, 1938 to 2024



One of the Lifetime Members of the Highland Park Community Association, Sandy Handy, passed away on April 6, 2024, at the age of 85. For those who knew her, she was a smart lady, with a wry sense of humour,

who was an incredibly dedicated volunteer with the community, and our local elementary, Buchanan School.

She was born and raised in Calgary, trained as a nurse at the General Hospital, and moved with her family to Highland Park in 1967. Almost immediately she became involved with the community association and with Buchanan School, which her own children, and eventually her grandson, attended. Even after her grandson graduated from Buchanan, she remained involved with its Parent Association as the liaison for the HPCA Board. Over the years she served in pretty much every role on the HPCA Board and was also involved in efforts to keep Buchanan open when enrolment had declined, as well as efforts to “Save Nose Hill,” both of which were successful. To honour Sandy, HPCA will be giving a donation to the Buchanan School Breakfast Program.

For a personal reflection about Sandy from one of our current Board members, please visit our website news page at <https://www.highlandparkcommunity.ca/news>.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## FREE POP-UP BREAD & RESCUED GOODS MARKET

May 23, 2024

1:30pm – 3pm

(the fourth Wednesday of each month)

Highland Park

Community Association

3716 2 Street NW

Presented by Kerby Centre, Cobs Bread and Northminster United Church

Friendly faces, delicious breads and baking!



### HIGHLAND PARK PHYSIOTHERAPY CLINIC

Unit 4325 - 4303 Centre St NW, Calgary, T2E 2Z1



We successfully manage difficult injuries that are difficult or unresolved  
We work with you to heal your pain effectively

#### We Treat

- Motor Vehicle Accidents • Personal/Sports Injuries
- Dizziness/Vertigo/Headache • TMJ Disorders
- Dry Needling • WCB Injuries

#### We Offer

- Experienced physiotherapists to evaluate your injuries
- Customized treatment tailored to your needs
- One-on-one treatment in private rooms
- We accept direct billing through most insurance companies

Call us today to book an appointment

**587-327-6465**

[www.highlandparkphysio.ca](http://www.highlandparkphysio.ca)



## No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



### OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone effectively annihilates 99% of bacteria and viruses upon contact, encompassing both odor-causing bacteria and those responsible for various illnesses, such as staph infections.

**CALL US TODAY AT**  
**403-726-9301**  
**calgaryfreshjock.com**

## CALGARY MAT & LINEN SERVICES

**403.279.5554**  
calgarymatandlinen.com

We care about the safety, cleanliness, and appearance of your business.

### Mat Rentals & Purchases

- Outdoor and indoor entryway mat rentals
- Customized mat rental programs to suit your needs
- Mats are regularly changed, cleaned, and sanitized
- No upfront mat inventory investment required
- Available mat types: Outdoor Scrapers, Entry Mats, Logo'd Mats, and Waterhogs
- Multiple different mat sizes available to suit your unique work environment



### Wedding and Party Linen Cleaning

- Tablecloths & napkins
- Flexible pick up / drop off scheduling
- Quick turnaround times

### Linen Cleaning Services

- Towels, Sheets, Pillow Cases, & Face Cradles
- Ideal services for Hotels, Massage, Physiotherapy, and Chiropractic



### Workwear Cleaning Services & Supplies:

- Uniforms, Coveralls, Gowns, Rags
- Tork Dispensers and Supplies



VISIT OUR WEBSITE



CONTACT US

