

FEBRUARY 2026

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# HIGHLAND PARK

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## BATHROOM RENOVATION SALE

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- Remove all old materials from bathroom and job site
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- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$17,679*

SALE **\$13,879**  
*Limited Supplies*

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- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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*Some restrictions may apply. Reg: \$20,679*

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# Highland Park Community Association

 403-276-6969    3716 2 St NW    [hpca.ca](http://hpca.ca)

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## COMMUNITY CONTACTS

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Police Service	Cst. Ryan Krueger D3CR0@calgarypolice.ca
Bylaw Infractions	Call 3-1-1 or complete form online at www.calgary.ca/311online

## Highland Park Hall Rentals

**Phone: 403-276-6969**  
**[www.hpca.ca/hall-rental](http://www.hpca.ca/hall-rental)**

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, and loads of tables and chairs.

### Rental Rates:

**Main Hall – 186 person capacity**

\$550/day (8:00 am to 10:00 pm) or \$55/hour; \$500 damage deposit.

**North Hall – 60 person capacity**

\$400/day (8:00 am to 10:00 pm) or \$44/hour; \$400 damage deposit.

There is a once per year 25% discount for HPCA area residents with a current membership.

All rentals are subject to GST.

Our facilities can only be rented until 10:00 pm.

Visit our current hall rental calendar at [hpca.ca/hall-calendar](http://hpca.ca/hall-calendar).

**Editorial Content 10**  
of each month  
for the next  
month's issue

**DEADLINE**

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# HIGHLAND PARK PLANNING AND DEVELOPMENT REPORT

by D. Jeanne Kimber

Since mid-December, there has been a flurry of new Development Permit (DP) applications coming in. With the exception of applications for adjacent single-detached homes on Centre B St NW and a garage suite on 43 Ave NW the remainder are for four-plexes and rowhouses, all with suites. The current rules of the Land Use Bylaw remain in effect until Council has a public hearing on the matter, which is expected to happen in March. The new applications received are:

- 3831 Centre A NE for a rowhouse with suites [DP2025-06900].
- 3827 Centre A St NE for a four-plex with suites [DP2025-7157].
- 3423 Centre B St NW for a four-unit rowhouse with suites [DP2025-7061].
- 427 35 Ave NW, also for a four-plex with suites [DP2025-07075].
- 324 32 Ave NE for a four-plex with suites [DP2025-07093].
- 3916 3 St NW for a four-plex with suites [DP2025-07303].
- 311 33 Ave NE for four-plex with suites [DP2025-07314].
- 3301 1 St NW for a four-unit rowhouse with suites [DP2025-07323].

All of these are “In Circulation” and under review. You can access the plans and submit comments online through the City’s DMAP ([developmentmap.calgary.ca](http://developmentmap.calgary.ca)).

Still “Under Review”, most with plans still accessible to download are the following projects:

- 3820 and 3824 Centre A St NE for two multi-residential front and rear building configurations [DP2025-04201].
- 4004 and 4008 Centre A St NE for three front and rear layout multi-residential buildings [DP2025-04756].
- 425 – 439 36 Ave NW for a four-rowhouse (15 units) project with 15 suites [DP2025-02163].
- 201 34 Ave NE for a four-unit rowhouse with suites [DP2025-04803].
- 203 42 Ave NW for a four-unit rowhouse with suites [DP2025-05104].
- 3408 1 St NW South and North Lots for two single-detached houses [DP2025-06058 and DP2025-06059].
- 120 41 Ave NW for a four-plex with suites [DP2025-06188].

- 244 43 Ave NW for a garage suite [DP2025-6869].
- 3703 Centre A St NE for three rowhouses with six suites [DP2024-08555].

It should be kept in mind that Approval does not mean that construction will start right away. DP approvals have conditions that must be met by the applicant before the DP is “Released”. At last count there were 12 approved DPs where the permits had not yet been released, including for several larger multi-residential projects at 4055 and 4111 1 St NE, 3404 Centre St NE, and at 204-212 40 Ave NW.

As mentioned in previous issues, the Calgary Planning department has a number of planning initiatives underway. The City Building Program includes work on a new Calgary Plan (to update the current Municipal Development Plan), a new Zoning Bylaw (to replace the current Land Use Bylaw), and a Streets Manual.

We are particularly interested in the following initiatives to improve communication, knowledge and interactions between the City and residents:

- **Keeping Neighbours in the Know** is focused on how the City can improve the notification process to residents about planning applications.
- **Planning Liaison Program** is intended as a way for the City planning team to learn more about a community and act as a bridge between residents and the Planning team. File Managers deal with individual applications and are frequently shifted from one area of the city to another to broaden their knowledge and experience. A City Planning Liaison dedicated to a community or communities would be able to develop a deeper understanding of what makes the community work, what doesn’t work, and what are the needs of the community. From this, we hope that the City Planning Liaison would both help with and represent the concerns of residents as they engage with development applications.





**Fresh Start Recovery**

## HIGHLAND PARK COMMUNITY SENIORS' LUNCHEON

### HPCA Seniors' Luncheon - Now on Saturdays!

Join the HPCA and Fresh Start Recovery once again for Seniors' Luncheon now on Saturdays from 11:30 am to 2:00 pm. Enjoy a nice meal and the company of other seniors for a reasonable price. All are welcome but HPCA members get a great discount!

2026 Luncheon Dates	Registration Open
February 21	January 2 to February 13
March 21	February 13 to March 14
April 18	March 14 to April 10
May 16	April 10 to May 8
June 20	May 8 to June 12
July 18	June 12 to July 10
No luncheon in August	
September 19	July 10 to September 11
October 17	September 11 to October 9
November 21	October 9 to November 13
No lunch in December	

To learn more and register, please visit [highlandparkcommunity.ca/seniors-luncheon](http://highlandparkcommunity.ca/seniors-luncheon), email [seniorscoordinator@highlandparkcommunity.ca](mailto:seniorscoordinator@highlandparkcommunity.ca), or call Vanessa at 403-671-0826 and leave a message with your name, number, and email.

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## UPCOMING EVENTS AND ACTIVITIES

For more information about the events below, please contact our new Executive Director/Hall Manager, Anne, at [HallManager@HPCA.ca](mailto:HallManager@HPCA.ca) or 403-276-6969. Events are listed in chronological order, with ongoing events first. There are usually additional details on our website at [HighlandParkCommunity.ca](http://HighlandParkCommunity.ca) under Upcoming Events.

**HPCA E-Newsletter:** Want to get your newsletter a little bit earlier? Sign up for a PDF of the newsletter to be delivered to your inbox by going to our website at [HighlandParkCommunity.ca](http://HighlandParkCommunity.ca) and when the pop-up comes up at the bottom to "Join our mailing list" just input your email. Please note, your email will not be shared outside of HPCA.

**Good Food Box:** Details on the program, including order dates and other information, can be found on our website at [www.HighlandParkCommunity.ca/good-food-box](http://www.HighlandParkCommunity.ca/good-food-box) or by contacting our lead volunteer, Ellen, at [GoodFoodBox@HPCA.ca](mailto:GoodFoodBox@HPCA.ca).

**Seniors' Luncheon:** The dates and other details about this program can be found on our website at [www.HighlandParkCommunity.ca/seniors-luncheon](http://www.HighlandParkCommunity.ca/seniors-luncheon). To attend, you need to pre-register at least eight days in advance of the luncheon date, with our Lead Volunteer for the program, Vanessa Gillard; you can reach her at [SeniorsCoordinator@HPCA.ca](mailto:SeniorsCoordinator@HPCA.ca).

**Threads of Sustainability Sewing Events:** HPCA will be hosting sewing events in the North Hall, generally on the last Tuesday of each month. Please contact Sage. Wheeler-Ramnauth at [calgary.ca](mailto:calgary.ca) for full details, and confirmation of the dates. This program is supported by a Neighbourhood Grant. Supplies and instructions

to make a simple project will be provided, or you can bring your own sewing project to work on. If you have a portable sewing machine, please bring it.

**Community Safety Event:** On Tuesday, February 24, from 6:00 to 8:00 pm, you are invited to join some of your neighbours and others from our surrounding area to hear from Calgary Police about ways to keep our communities safe. Seats are limited, so pre-registration is required. Contact [Sage.Wheeler-Ramnauth@calgary.ca](mailto:Sage.Wheeler-Ramnauth@calgary.ca) to register to attend. A light supper will be served.

**Community Art Project Workshop:** Sunday, March 8, from 2:00 to 5:00 pm in our Main Hall – you are invited to come learn about colours and acrylic painting techniques from a professional artist who lives in Highland Park, Christianne Olguin. Participants will each be making a small botanical-themed painting that will be displayed around our community native plant rain garden. Register by email to [Chris.OlguinArtist@gmail.com](mailto:Chris.OlguinArtist@gmail.com).

**Highland Park Casino:** Highland Park has been assigned the dates of May 27 and 28 for our next casino event. This is a major fundraiser for the community, with the funds serving as matching funds to pay for hall renovations and improvements. Multiple volunteers are needed for this event, for both days, for afternoon and night shifts. No experience is needed, but all volunteers must be 18 years of age. Sign up via our online sign-up sheet: [signup.com/go/JcHyqqU](http://signup.com/go/JcHyqqU).



## Highland Park Community Association **MEMBERSHIP FORM**

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$10

Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to: Highland Community Association, 3716 – 2 Street NW, Calgary, Alberta T2K 0Y4

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_



*\*memberships also available for purchase online at [hpca.ca/membership](http://hpca.ca/membership)*

## Community Social Worker

Hello from your Community Social Worker! I hope you have all had a great start to 2026. Please see information below on upcoming community events, programs, and initiatives! If you'd like to be added to the CSW email list for up-to-date event and volunteer information, email [sage.wheeler-ramnauth@calgary.ca](mailto:sage.wheeler-ramnauth@calgary.ca).

### Art Workshop: Women Monsters

**Thursday, February 5, 1:00 to 3:30 pm | Georgina Thompson Building (772 Northmount Drive NW)**

Join us for an afternoon of art making and learning! We will explore images of women in art history, focusing on stories of "monstrous" women and what those images tell us. Connect to a feminist history of artmaking and then create your own unique collage inspired by these themes and ideas. No art experience needed! This workshop is open to everyone, with priority registration for women-identified and non-binary folks.

Register with Sage at [sage.wheeler-ramnauth@calgary.ca](mailto:sage.wheeler-ramnauth@calgary.ca).

### Community Safety Conversation with Calgary Police Services

**Tuesday, February 24, 6:00 to 8:00 pm | Georgina Thompson Building (772 Northmount Drive NW)**

Join our CPS Community Engagement Officer to discuss safety trends in the North Central area. This is a great opportunity to share your concerns, learn how to keep you and your neighbours safe, and discuss community-centred solutions to crime, traffic concerns, and other safety issues. A light dinner will be provided. Register with Sage at [sage.wheeler-ramnauth@calgary.ca](mailto:sage.wheeler-ramnauth@calgary.ca).

### Neighbourhood Grant

Our neighbourhood grant program provides \$1,000 in funding for community members to develop resident-led projects that increase social inclusion, economic participation, antiracism or foster Truth and Reconciliation in neighbourhoods. Up to \$1,000 can be granted to residents with project ideas to improve your neighbourhood. For more information about Neighbourhood Grants visit [www.calgary.ca/communities/grant-programs.html](http://www.calgary.ca/communities/grant-programs.html) or contact Sage at 587-893-3460 or [sage.wheeler-ramnauth@calgary.ca](mailto:sage.wheeler-ramnauth@calgary.ca).

### Calgary Little Free Pantries

Did you know Highland Park is home to a Little Free Pantry? Located at 3823 2 Street, this little pantry provides small food items and basic toiletries to our neighbours right here in the community. We are

currently looking for other community members to expand the reach of our Little Free Pantries. A volunteer team will help you with installing and managing your own Little Free Pantry, answering questions and sharing food donations. If you are looking for a way to support neighbours who are experiencing hunger, this is a great way to get involved! Contact [calgarylittlefreepantries@gmail.com](mailto:calgarylittlefreepantries@gmail.com).



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Calgary Bath Reglazing

## SKIING SISTERS

At the Sochi Winter Olympics on February 8, 2014, Canadian sisters Justine and Chloé Dufour-Lapointe claimed gold and silver medals in the women's moguls freestyle skiing event. They stood together on the podium, marking the first time Canadian sisters had shared an Olympic podium at a Winter Games. What a special sister bond!





# COMMUNITY SAFETY WITH CALGARY POLICE SERVICES

**FEBRUARY 24<sup>TH</sup> 2026**

**6PM – 8PM**

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**REGISTER WITH SAGE AT  
[SAGE.WHEELER-RAMNAUTH@CALGARY.CA](mailto:SAGE.WHEELER-RAMNAUTH@CALGARY.CA)**

### Family Day

by Danielle Robbertze



From big to small, blood related or chosen, family forms an important aspect in all our lives.

That is why Family Day, celebrated on February 16 this year, is a delightful honour to those we hold so near and dear in our lives. Family Day in Alberta was first celebrated in 1990 and introduced by then Premier Don Getty. In fact, Alberta was the first province to declare Family Day as a statutory holiday. Over the years, other provinces followed Alberta's example. They include British Columbia, New Brunswick, Ontario, and Saskatchewan.

The aim of the day? To highlight the importance of family values. Moreover, Family Day gives us a much-needed break during one of the coldest months of the year. Before Family Day there was a large gap between statutory holidays (New Year's Day to Good Friday).

So, what exactly is family? Family can be defined in many different ways depending on the person you ask. From nuclear to single-parent families, adoptive to chosen families, blended to extended families, and even work families—we all find a way to be part of a familial bond. With such a diverse population in this province, a single Albertan's family could be separated by five kilometres to 15,000 kilometres.

And with Family Day falling so close to Valentine's Day each year, February truly is solidified as the month of love in Alberta. Remember this Family Day to call that long-distance relative, hug the ones close by, and celebrate all the family memories created over the years, and while you do all that you can create even more long-lasting memories.



### News from the Friends of Nose Hill

by Anne Burke

The Calgary area has been the subject of many geological studies in scientific papers, field guides, and monographs, including glacial mapping of Nose Hill. The top of Nose Hill contains gravel deposited by the ancient Bow River, also carrying sand and mud, flowing east out of the mountains and reaching the level of the present hilltop. There may have been as many as 20 major glacial advances and retreats in what is now the Calgary area.

During the last one to two million years of earth history, ice sheets shaped the landscape. The continuous plain to the north, and on the east and west flanks of Nose Hill, were shaped by glacial meltwater from nearby ice. As the modern Bow River developed, it created a broad valley and the southern flanks of the Hill. A large lake was produced by an ice dam on the River. On its North and East, Nose Hill is bounded by Beddington and Nose Creeks. To the west, Big Hill Springs Coulee is what remains of the earlier glacial spillway system.

Nose Hill provides spectacular views from which to interpret the geological history of the Bow River Valley and its tributaries, as well as the uplands across the valley to the south. The boundary between eastern and western ice sheets is the result of a landslide from Mt. Edith Cavell. As the valley glacier advanced it was deflected southward by eastern ice and glacial erratics (large boulders) mark its former path.



## Good Food Box

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. It's an excellent deal on fresh produce!

**Large Box:** 45 to 50 lbs - \$45

**Medium Box:** 35 to 40 lbs - \$40

**Small Box:** 25 to 30 lbs - \$35

The pick-up date and time for the ordered boxes is always on a Thursday (10 days after the order date) at our hall between 6:00 to 7:00 pm (3716 2 St NW).

If you are ordering for the first time, please register with our Lead Volunteer, Ellen, via email to [GoodFoodBox@HPCA.ca](mailto:GoodFoodBox@HPCA.ca), or at our hall on the order date between 6:00 to 7:00 pm.

Please do not send e-transfers prior to registering!

You can pay for your box in two ways:

1. Send an Interac E-Transfer to our Hall Manager, Anne Naumann, at [AnneNaumann@shaw.ca](mailto:AnneNaumann@shaw.ca) by 4:00 pm on the order date. Please ensure you indicate what size box(es) you are ordering.
2. Bring cash or cheque to the address above between 6:00 to 7:00 pm on the order date.

**For more information, please email Ellen at [goodfoodbox@hpc.ca](mailto:goodfoodbox@hpc.ca).**

## HPCA GOOD FOOD BOX 2026

### Monday

#### Order Date

February 23

March 16

April 20

May 18

June 8

July 20

August 17

September 14

October 12

November 16

### Thursday

#### Pick-Up Date

March 5

March 26

April 30

May 28

June 18

July 30

August 27

September 24

October 22

November 26

**Email: [GoodFoodBox@HPCA.ca](mailto:GoodFoodBox@HPCA.ca)**

**Or call HPCA Hall: 403-276-6969**



**On February 13, 2025, Adrián Simancas experienced something truly biblical. While kayaking off Chile's Patagonian coast, Simancas was briefly swallowed by a humpback whale. The encounter, filmed by his father, lasted only a few seconds with the whale luckily spitting him out. What an over-whale-ming experience!**





Visit our website to register for the September 2025-26 school year!

Open spots are still available for our Tuesday/Thursday afternoon class.

#### Morning Classes

Mon/Wed/Fri | 9:00 to 11:30 am | \$105 per month

Tues/Thurs | 9:00 to 11:30 am | \$65 per month

#### Afternoon Classes

Mon/Wed/Fri | 12:30 to 3:00 pm | \$105 per month

Tues/Thurs | 12:30 to 3:00 pm | \$65 per month

#### Five Days/Week (\$245 per month)

Mon/Wed/Fri am and Tues/Thurs pm

Mon/Wed/Fri pm and Tues/Thurs pm

Mon/Wed/Fri pm and Tues/Thurs am

preschool@hpca.ca | 403-470-5845

[www.hpca.ca/preschool](http://www.hpca.ca/preschool)





# Staying in Relationships Thinking the Other Person Will Change, Now What?

by Nancy Bergeron, R.Psych. | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)

In romantic relationships, the hope that someone will change is incredibly common, and very human. Here's the why:

We fall in love with potential, not just reality. Early connection, chemistry, and shared dreams can make us focus on who someone could be rather than who they consistently are.

Love activates optimism and attachment. Attachment bonds naturally create hope. Our nervous system prefers security over loss, so we hold onto the idea that change will come rather than face the pain of disappointment or separation.

We confuse influence with control. Healthy relationships do involve growth and compromise, but that can slide into the belief that love, patience, or suffering will eventually motivate change in areas that are actually character-based or deeply ingrained.

Familiar patterns feel safer than unfamiliar outcomes. Even dissatisfaction can feel safer than the uncertainty of leaving—especially if someone grew up adapting to others or earning love by tolerating discomfort.

Cultural narratives reinforce it. We're taught that love "fixes," that commitment means endurance, and that leaving equals failure rather than discernment.

Acceptance doesn't mean approval. It means clearly seeing who someone is right now, and asking: Can I live peacefully with this if it never changes? If the answer is no, the work isn't to force acceptance—it's to honor that truth. Real intimacy grows when we choose people for who they are, not who we hope they'll become.

Here are practical ways to shift your inner narration and cultivate acceptance of your partner—without abandoning your own needs or values (unless the situation is unsafe or abusive):

### 1. Separate "preferences" from "deal-breakers"

Narration shift: "I don't like this" to... "This is uncomfortable, but not unsafe or violating."



### 2. Replace fantasy with reality statements

Narration shift: "They would be perfect if..." to... "This is who they are today, consistently."

### 3. Translate irritation into meaning

Ask: What does this trigger in me; fear, unmet needs, old wounds?

Narration shift: "They're the problem" to... "This brings up something important in me."

### 4. Use compassion without justification

Narration shift: "They shouldn't be this way" to... "I can understand why they're this way, without agreeing or excusing."

### 5. Practice present-tense acceptance language

Use phrases like: "This is what's here right now." or... "I don't have to solve this today."

### 6. Stop future-bargaining

Narration shift: "Once X happens, then I'll be okay" to... "If nothing changes, how do I feel about this life?"

### 7. Name your choice clearly

Narration shift: "I'm stuck" to... "I am choosing to stay for now, with eyes open."

Choice restores agency and reduces resentment.

### 8. Practice grief, not resistance

Acceptance often requires grieving the partner you hoped for.

Narration shift: "This shouldn't hurt" to... "Of course this hurts."

### 9. Anchor acceptance in boundaries

Narration shift: "I have to accept everything" to... "I accept who they are and I choose how close I stand."

### 10. Use curiosity over judgment.

Narration shift: "They're wrong" to... "This is different from me—what does that mean for us?"

## **Customer Review Period (January 14 to March 23) Is Your Opportunity to Review and Ensure the Accuracy of Your 2026 Property Assessment**

*by The City of Calgary*

Your 2026 property assessment is mailed out January 14. The 2026 Customer Review Period (CRP) runs from January 14 to March 23. CRP is your opportunity to review and ensure the accuracy of your 2026 property assessment and learn more about how your assessment was determined.

What to look for when reviewing your assessment:

- Is your market value assessment a reasonable estimate as of July 1, 2025?
- Are the property details we have on record, correct?
- Is your assessment fair when compared with others in your neighbourhood?

Each year, The City and the Province separately set a budget and decide how much money they need from property tax. Your share of property tax is based on your assessment class and the assessed value of your property. Your 2026 property tax bill will be mailed in May, but you can get an estimation of it now by visiting [calgary.ca/taxcalculator](https://calgary.ca/taxcalculator).

To help you review your property assessment we offer general resources on [calgary.ca/assessment](https://calgary.ca/assessment) and property specific tools through the secure log in feature of [calgary.ca/mytax](https://calgary.ca/mytax). By logging onto myTax you can:

- Check your property details and ensure they're correct. \*Incorrect property details can result in your assessment not accurately reflecting the value of your property.
- Compare your property's assessed value to similar properties in your area.
- Review real estate market trends and learn how your property was assessed.

Questions? Visit [calgary.ca/assessment](https://calgary.ca/assessment) or call 3-1-1. Customer Review Period ends March 23.

## **Make The Youth Hiring Fair Work for You**

*by The City of Calgary*



Mark your calendars! The Youth Hiring Fair is on March 26, at the Big Four Building in Stampede Park from 1:30 to 6:00 pm. Now's the time to get prepared. Set yourself up for success and be ready to meet 80 employers who are hiring.

Interested in attending? Youth ages 15 to 24 are encouraged to visit the Youth Employment Centre before the event. Drop-in to meet with an employment counsellor for free Youth Hiring Fair preparation. We can help you with:

- Targeting your résumé to available jobs.
- Creating a pitch to introduce yourself.
- Preparing for on-the-spot interviews and more.

Find us at the at the Alberta Trade Centre (315 – 10 Ave SE). We're open on weekdays from 8:30 am to 5:00 pm. No appointment needed.

Visit [calgary.ca/yechiring](https://calgary.ca/yechiring) for ongoing announcements and advice on how to get prepared!



**MLA Calgary - Klein  
Lizette Tejada**

#232-A - 3630 Brentwood Rd NW

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Hello Calgary-Klein!

As we head into February, I hope you're all staying warm and taking in the winter happenings around the city and your community! With Valentine's Day on the horizon, I remember that it is also Heart and Stroke Month. This month is an opportunity to learn more about cardiovascular health, the risks of heart disease and stroke, and what steps we can take toward prevention.

I'm committed to advocating for more family doctors and wraparound health services so you can access the care you need, when you need it. Working closely with your family health team is an important part of that effort. It is also critical that on a provincial level we commit to strengthening public funding and delivery of healthcare to better meet the needs of Albertans.

Winter is also a great time to explore our beautiful neighbourhoods! Whether it's cross-country skiing in Confederation Park or snowshoeing near the creek at Queens Park Cemetery, there's so much to enjoy. A few weeks ago, I had the pleasure of touring the hidden creek behind the cemetery with the Friends of Confederation Creek—it was a real gem! What's your favourite hidden treasure or historical spot in the riding?

We head back to the Legislature at the end of this month, and as I prepare for session and budget deliberations – I'd like to have a conversation with you! Please join me for a town hall to talk about what your vision is for the province, and what your priorities are. We will be gathering on Thursday, February 19, 7:00 pm at Crossroads Community Association. For registration details, please email us at [Calgary.klein@assembly.ab.ca](mailto:Calgary.klein@assembly.ab.ca) or call 403-216-5430. Hope to see you there!

Lizette

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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