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GAMES & PUZZLES

Mythology Trivia

1. Who is the Greek goddess of the rainbow?
2. In Norse mythology, what is the name of the world tree?
3. Which animal is the symbol of the Egyptian god Bast?
4. The Aztec capital, Tenochtitlan, was founded after which bird's landing?
5. In Chinese mythology, which season does the Azure Dragon represent?
6. According to Blackfoot legend, what is the name of the spirit that caused the splitting of the Okotoks Erratic?



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			5	1	7		
	1		3			9	
	5		9	4			
4							6
9	3		1			2	5
5							3
			7	2		3	
	7		6			8	
		2	1	4			

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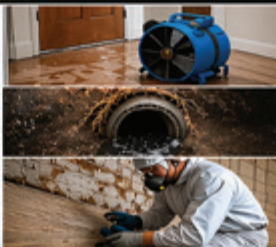
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Highland Park Community Association

☎ 403-276-6969 📍 3716 2 St NW 🌐 hpca.ca

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Ward 4 Councillor	DJ Kelly ward4@calgary.ca, 403-268-1675
Police Service	Cst. Ryan Krueger D3CRO@calgarypolice.ca
Bylaw Infractions	Call 3-1-1 or complete form online at: www.calgary.ca/311online

Highland Park Hall Rentals

403-276-6969; www.hpca.ca/hall-rental

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, and loads of tables and chairs.

Weekend and Evening Rental Rates:

Main Hall – 186 person capacity

\$550/day (8:00 am to 10:00 pm) or \$55/hour; \$500 damage deposit.

North Hall – 60 person capacity

\$400/day (8:00 am to 4:00 pm) or \$44/hour; \$400 damage deposit.

There is a once per year 25% discount for HPCA area residents with a current membership. All rentals are subject to GST.

Our facilities can only be rented until 10:00 pm.

Visit our current hall rental calendar at hpca.ca/hall-calendar.

*See our website for weekday daytime rental rates and other details.



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MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

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Fresh Start Recovery



HIGHLAND PARK COMMUNITY SENIORS' LUNCHEON

HPCA Seniors' Luncheon – Third Saturday of the Month (Except in June)

The HPCA is proud to partner with Fresh Start Recovery to bring the community Seniors' Luncheon on the third Saturday of the month from 11:30 am to 1:00 pm. Enjoy some coffee/tea, soup/salad, a generous meal, and dessert all for just \$7 for HPCA members and \$10 for non-members.

To learn more and register, please visit hPCA.ca/seniors-luncheon, email seniorscoordinator@hPCA.ca, or call Vanessa at 403-671-0826 and leave a message with your name, phone number, and the date you would like to attend.

2026 Luncheon Dates	Registration Open
May 16	April 10 to May 8
June 13	May 8 to June 5
July 18	June 12 to July 10
No luncheon in August	
September 19	July 10 to September 11
October 17	September 11 to October 9
November 21	October 9 to November 13
No lunch in December	



News from the Friends of Nose Hill

by Anne Burke

Nature Conservancy Canada offers a prairie grasslands action plan to conserve 500,000 plus hectares by 2030 – an area six times the size of Calgary. The first-ever Citizen Science Day was in 2016. Global city scientists participate in the largest community science biodiversity census in the world while helping us better understand – and therefore, take care of – the nature that lives in and around urban areas. Volunteers find nature or wildlife, note the location, take a picture or record a sound, then share their observations online through iNaturalist. The YYC City Nature Challenge collected pictures of wild plants and animals, April 24 to 27; then uploaded observations and identified what was found April 28 to May 10. Results will be announced online Wednesday, May 13. Planning for 2027 is already underway. Jane's Walk (May 1, 2, and 3) is an annual global festival of walking tours. Jane Jacobs (1916 to 2006) was a writer, urbanist, and activist. She promoted walking to foster a sense of belonging. The free event shares stories, discovers communities, and brings neighbours together in 500 plus cities. The YYC walks are sponsored by the Federation of Calgary Communities. Since 1976, The May Species Count has been a citizen scientist project. You can read the results of the 2025 May Bird Count online. In the Alberta Summary there were 477 participants who spent 1,376 hours counting 166,709 birds from 264 species. You can contribute your observations too. Some fascinating plants can be found in our region. The annual survey (May 25 to 31) focuses on the flowering status of native plants. The aim is to collect valuable plant data while encouraging stewardship and promoting appreciation of Alberta's natural areas. Anyone with an interest can participate. However, it is important to first read the project purpose and instructions, at <https://naturealberta.ca/may-plant-count/>.

UPCOMING EVENTS AND ACTIVITIES

For more information about the events below, please contact our new Executive Director/Hall Manager, Anne, at ExecDirector@HPCA.ca or 403-276-6969. Events are listed in chronological order, with ongoing events last. There are usually additional details on our website at HighlandParkCommunity.ca under Upcoming Events.

Casino

HPCA's upcoming casino is on Wednesday, May 27 and Thursday, May 28. Multiple volunteers are needed over this two-day event, which will provide us with important funds for renovations and maintenance on our hall. All volunteers need to be 18 or older. You can volunteer for both dates, but it must be for the same job, i.e. Cashier on both days. Use this link to sign up for a shift: <https://signup.com/go/JcHyqqU>. If you need more information, please contact Anne at ExecDirector@HPCA.ca or check our website.

HPCA Annual General Meeting

Join us on Wednesday, June 17 at 7:00 pm in the North Hall for our AGM. All residents are welcome to attend, but only paid Community Members are eligible to vote. We'll review our achievements over the last year, review our financial statements, and elect a new Board of Directors for the upcoming year.

HPCA Community Artisan Market

Saturday June 20. This event is open to the public from 11:00 am to 3:00 pm. Come out to celebrate Neighbour Day, see what our vendors have for sale, and support local small businesses! Volunteers are also needed for this event for various roles, including event set up and clean up, greeters, and family activity supervisors. Please use this link to sign up for a shift: <https://signup.com/go/CkeRQHN>. If you need more information, please contact Tina at YourCommunity@HPCA.ca.

Annual Community Cleanup

Saturday June 27, from 9:00 am to 2:00 pm at our hall parking lot. We'll be accepting items for re-use, such as gently used clothing and household goods, items for recycling such as metal and electronics, and other items for the trash compactor. Why not start now to make a list (or a pile) of things you want to bring? Use this link to sign up for a shift: <https://signup.com/go/PtwSbQQ>. If you need more information, please contact Anne at ExecDirector@HPCA.ca or check our website.

Threads of Sustainability Sewing Group

HPCA will be hosting sewing events in the North Hall, on the last Tuesday of each month. This program is supported by a Neighbourhood Grant. Supplies and instructions to make a simple project will be provided, or you can bring your own sewing project to work on. Also, if you have a portable sewing machine, please bring it. Please contact Sage at Wheeler-Ramnauth@calgary.ca for full details.

Good Food Box Program & Seniors' Luncheon

The monthly dates and other details about these programs can be found on our website at HighlandParkCommunity.ca. To participate, you need to pre-register with our Lead Volunteers for each program, Ellen Peterson at GoodFoodBox@HPCA.ca, and Vanessa Gillard at SeniorsCoordinator@HPCA.ca.

HPCA E-Newsletter

Sign up for the newsletter to be delivered via email by going to our website at HighlandParkCommunity.ca and when the pop-up comes up at the bottom to join our mailing list, input your email. Please note, your email will not be shared outside of HPCA.



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HIGHLAND PARK PLANNING AND DEVELOPMENT REPORT

by D. Jeanne Kimber

On April 8 Calgary's Council voted 12-3 to repeal the Rezoning for Housing Bylaw. Implementation to revert zoning takes effect as of August 4, as will changes to R-CG rules passed by Council. The City's newsroom site says the following:

"Change the zoning of residential properties back to what existed before the citywide Rezoning for Housing in 2024, except for properties that:

- Received approval for a development permit, building permit, or subdivision application under R-CG, R-G, or H-GO zoning before the bylaw takes effect; or,
- Submitted a development permit, building permit, or subdivision application before the first reading of the bylaw; or,
- Rezoned through an approved rezoning application applied for by the property owner after August 6, 2024."¹

We asked Councillor Kelly for some further clarification since there are a number of development permit applications for four-unit townhouses or rowhouses currently under review. His office confirmed that the only two ways that a DP currently under consideration would revert to the pre-existing land use are:

- If the DP application is denied by the City Planning team and then not appealed to the Subdivision and Development Appeal Board (SDAB)
- Or, if the DP is approved, appealed to the SDAB, and the approval is then revoked by the SDAB. Therefore, if an approval is appealed but is upheld by the SDAB, then the Approval stands and the land use would not revert.

It should be noted that the zoning on any parcel which has reverted to its original land use designation (ex. R-C2) can still be changed if Council approves a Land Use Change application. This is the situation that existed prior to "blanket rezoning." However, it is hoped that some of the amendments passed by Council along with any additional amendments being considered will mitigate some of the concerns with R-CG developments that were raised by residents.

The DP applications mentioned in last month's newsletter that were Under Review are still Under Review with the following exceptions:

- DP2025-07075 to allow for a four-plex with suites at 427 35 Ave NW was approved on March 30. The deadline to appeal the approval to the Subdivision and Development Appeal Board (SDAB) was April 23.
- DP2025-07314 to allow a four-plex with suites at 311 33 Ave NE is Pending Decision as of today's date.
- DP2026-01836 for a four-plex with suites at 4008 2 St NW is a newly received application. Comments may be made through the Development Map at <https://dmap.calgary.ca/?p=DP2026-01836>.

See <https://developmentmap.calgary.ca/> to stay up to date on applications in Highland Park. Plans can also be downloaded from the DMAP and comments submitted if an application is listed as Open for Comment.

During the public hearing on the repeal of the Rezoning for Housing Bylaw, there was also discussion about the need for proceeding with the Local Area Planning Process. A Local Area Plan (LAP) is used to define areas in communities where, among other things, higher density is desired and to be encouraged. The LAP, however, does not define land use designation or zoning for particular parcels. Highland Park is part of the North Hill Communities Local Area Plan (NHCLAP), which was the first LAP created in Calgary. There is a link to download a copy of the NHCLAP at <https://www.calgary.ca/planning/local-area/completed-plans/north-hill-communities.html>. In particular, Maps number three and number four provide a visual look at where higher density and taller buildings were envisioned when the plan was finalized in 2022.

References:

<https://newsroom.calgary.ca/council-approves-repeal-of-blanket-rezoning-land-use-bylaw-1p2007-amendments-implementing-citywide-residential-rezoning/>



Stock Up on Pantry Essentials with Your Neighbours!

If all goes according to the federal government's current plans, a new "Groceries and Essentials" benefit will take effect this spring for people who are struggling across the country. Meanwhile, here in Highland Park, a group of neighbours have been trying small steps with little fanfare to help relieve the pinch of high food prices by providing a "Little Free Pantry."

You've likely seen "little free libraries" around the city, often hosted on a household's front lawn for passersby to access and share books. A little free pantry is much the same size and shape as a little library but provides snacks and essentials instead of books.

If you're looking for a real-life example, check out the pantry in our neighbourhood at 3823 2 Street NW. People are dropping off food while walking their dogs, contributing money to help the pantry hosts stock up, and showing interest in the project during community markets where the volunteers have been present.

At the same time, others are regularly opening the pantry door to take what they need. We've observed our neighbours using it respectfully – taking what they need while leaving supplies for others. Still, it's clear that folks on their way to work, school, and elsewhere are passing the pantry and feeling the need to access its goods.

Last year, 135,526 people used the Calgary Food Bank; 37 percent of them were children. While we don't expect anyone in Highland Park to individually solve this challenge, you can certainly become one part of the solution.

If you find yourself in the position of having a little extra to give:

- Please give what you would like to receive, and consider the popular items listed below.
- Leave supplies in the pantry or on the porch at the address mentioned above.
- Take your contributions to the Highland Park Community Association at 3716 2 Street NW from Monday to Thursday between 7:00 and 9:00 pm.
- Email mrkelln@gmail.com with e-transfer donations.

Can you take on a slightly bigger role? We'd love to see more Little Free Pantries pop up around the neighbourhood. We've even built a second pantry and are looking for someone to host it. Our volunteers will help you install the pantry, get everything set up, and stay in contact to support you with what we've learned so far about managing and sharing food donations. If you or someone you know might be interested in this opportunity, contact calgarylittlefreepantries@gmail.com.



Families facing food insecurity often compromise on food quality, skip meals, or rely on cheaper, less nutritious options... all of these realities can have long-term consequences for health and well-being (many of which become more difficult and expensive to address later on).

If you are looking for a way to support neighbours who are experiencing hunger – or if you simply believe that meaningful change often starts with small, everyday actions – we would love your support!

Popular Items List:

- Canned Meats of any sort, i.e., chicken or tuna snack packs
- Canned Chili, Manwich, Ravioli Etc. (heartly and heat-able!)
- Boxed Mac and Cheese
- Spreadable Cheese and Cracker Sets
- Instant Noodles
- Instant Rice (small size Uncle Ben's, etc.)
- Instant Pasta
- Heat and Eat Meals
- Canned Vegetables
- Band-Aids
- Pads/Tampons
- Deodorant
- Chapstick
- Tissue Travel Packs

Do You know about the Water Not Coal Citizens Initiative?

by Judy Hughes, Highland Park Senior

"I am only one, but I am one. I cannot do everything, but I can do something, I will not let what I cannot do interfere with what I can do." - Edward Everett Hale

This article is to inform my neighbours that as a result of changes by our provincial government, coal mine leases are now available throughout the Eastern Slopes of our Rocky Mountains.

These eastern slopes reach from Rocky Mountain House down to the Waterton area. There are many company and government promises in the latest proposal to the Director of Environmental Assessment, Alberta Energy Regulator. Five years ago in a review, economic benefits for Albertans were considered but judged to be low to moderate and insufficient to outweigh the environmental cost: <https://static.aer.ca/prd/documents/decisions/2021/2021ABAER010.pdf>.

Fortunately, myself and many Albertans along with the Alberta Wilderness Association, have submitted letters based on the science of coal mining to challenge the Grassy Mountain project.

I learned that selenium leaches from coal dust for decades and over time endangers fish species reproductive ability. No one can truly mitigate the damage of mining inside our mountains i.e. headwaters of rivers that supply water for drinking and for irrigation. Selenium contamination affects cutthroat trout and destroys the aquaculture which impacts the birds that eat the fish. If water treatment is required indefinitely,

Albertans pay for it financially and live with the results affecting southern Alberta agriculture and tourism. I don't know about you, but I feel deeply concerned by these events.

Clean water is required for life. Our local country singer, Corb Lund, is working tirelessly on our behalf to keep the eastern slopes intact and to protect our water for future generations. His initiative focuses on getting legislation to stop new coal mining along the Rocky Mountain Eastern slopes. You can decide for yourself but do learn the facts. Information is important for all of us so we can make a difference by informing each other and acting together. As a grandmother, I want to do my part so my grandkids can enjoy the wildlife, fly fishing, and hiking in their Rocky Mountains in their lifetime!

Questions or concerns? Contact me at judy.hughes20@icloud.com.



Support Victoria Fortuna and Her Family After a Tragic Highway Accident



Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton. Donate to this GoFundMe to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit gofund.me/31fdeef6f

Any help is appreciated ♥



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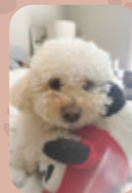
May, Elbow Park



Miss Charlee, Crescent Heights



Moony, Lake Bonavista



Oreo, Mahogany



Osito, Canyon Meadows



Togo Grimshaw, Panorama Hills Estates

To have your pet featured, email news@micalgary.com



Good Food Box

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. It's an excellent deal on fresh produce!

Large Box: 45 to 50 lbs - \$45

Medium Box: 35 to 40 lbs - \$40

Small Box: 25 to 30 lbs - \$35

The pick-up date and time for the ordered boxes is always on a Thursday (10 days after the order date) at our hall between 6:00 to 7:00 pm (3716 2 St NW).

If you are ordering for the first time, please register with our Lead Volunteer, Ellen, via email to GoodFoodBox@HPCA.ca, or at our hall on the order date between 6:00 to 7:00 pm.

Please do not send e-transfers prior to registering!

You can pay for your box in two ways:

1. Send an Interac E-Transfer to our Hall Manager, Anne Naumann, at AnneNaumann@shaw.ca by 4:00 pm on the order date. Please ensure you indicate what size box(es) you are ordering.
2. Bring cash or cheque to the address above between 6:00 to 7:00 pm on the order date.

For more information, please email Ellen at goodfoodbox@hPCA.ca.

HPCA GOOD FOOD BOX 2026

Monday	Thursday
Order Date	Pick-Up Date
May 18	May 28
June 8	June 18
July 20	July 30
August 17	August 27
September 14	September 24
October 12	October 22
November 16	November 26

**Email: GoodFoodBox@HPCA.ca
Or call HPCA Hall: 403-276-6969**

Highland Park Community Association **MEMBERSHIP FORM**

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5

Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to: Highland Community Association, 3716 - 2 Street NW, Calgary, Alberta T2K 0Y4

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____



**memberships also available for purchase online at hPCA.ca/membership*



Visit our website to register for the September 2025-26 school year!

Open spots are still available for our Tuesday/Thursday afternoon class.

Morning Classes

Mon/Wed/Fri | 9:00 to 11:30 am | \$105 per month

Tues/Thurs | 9:00 to 11:30 am | \$65 per month

Afternoon Classes

Mon/Wed/Fri | 12:30 to 3:00 pm | \$105 per month

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www.hpca.ca/preschool



Community Market

Mark your calendars for a day of fun and connection!

Join us on Saturday, June 20 from 11:00 am to 3:00 pm for the Highland Park Neighbour Day Community Market. Support local vendors, discover unique handmade goods, while grabbing a bite and a cold drink. Enjoy a great lineup of free activities for all ages!

- Local artisan vendors, food vendors, bouncy castle, kids' crafts, family games, 11:00 am to 3:00 pm.
- Zumba Class 11:00 am and 1:00 pm, face painting 11:30 am, magician 1:30 pm.

Come catch up with your neighbours in the heart of the community!

We're also looking for volunteers to help bring the event to life. Sign up here: <https://signup.com/go/CkeRQHN>





Highland Park Community Market

3716 - 2nd Street NW

JUNE 20, SATURDAY
11 AM - 3 PM

Free Entry

Neighbour Day Celebration

- 30 + Vendors
- Concession Stands
- Kids Crafts
- Bouncy Castle

- Zumba Classes 11AM & 1 PM
- Face Painting 11:30 AM
- Magician 1:30 PM

For more information please visit hpca.ca/events





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HIGHLAND PARK



HIGHWOOD





Meet the New Kid of Ecological Advocacy: Nose Creek Preservation Society

Nose Creek Preservation Society (NCPS) is the ‘new kid’ on the ecological advocacy block here in Calgary. Nature advocacy has a long history in Calgary—both Fish Creek Park and Nose Hill Park owe their existence to Calgarians who spoke up.



Established in 2023, the mission from the beginning has been to “Speak for Nose Creek” by advocating to preserve the health and natural beauty of the Nose Creek Valley and improve equitable access to nature in the north region of Calgary.

After years of being both a dumping ground and home for industrial development, members of surrounding communities began to question the city’s Area Structure Plans that did not account for the impact on the health of the watershed or natural environment. Alberta is consistently losing native grassland and the biodiversity that is key to a sustainable future. We want to advocate for improved long-term development that builds ‘better’ in the region. Once our native land is dug up and replaced, there is no going back.



This is not a simple task, and we believe that this work has no end date. Our initial organizational structure was a traditional hierarchical model with decision-making led by a limited few and often felt like ‘work.’ As a volunteer-run organization, it’s important to ensure all efforts are appreciated and volunteers are supported.

This year, we decided to take mother nature’s lead and design our advocacy team to mimic the flow of nature.

Organizational Structure



We have been working together to create a community-collaborative model inspired by circular/egalitarian/matriarchal ideologies. Instead of one leader, we have developed a leadership council made up of key members who share the load while also having autonomy in each person’s skillset and interest. This is a volunteer gig—so it shouldn’t feel like being another cog in a system that doesn’t matter. Everyone matters.

We began this work by determining our core values:

- Connection and Community
- Ecological Integrity and Sustainability
- Knowledge and History
- Equity

If you have an interest in learning more about Nose Creek, we have many ways you can engage. Between volunteering with Creek Watch, joining the council, or becoming a member, the only limit is your own creative ideas and interest.

First Annual Nose Creek Discovery Day

In this spirit we are hosting our first annual Nose Creek Discovery Day on Sunday, May 24, 2026. You are invited to learn more about the NCPS and the Nose Creek valley. Between 1:00 and 4:00 pm you and your family can play Discovery bingo and experience nature in your own backyard for free. You can learn more and RSVP today at savenosecreek.com/discovery-day.



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With spring finally settling in, I'm looking forward to spending more time out in the community here in Calgary-Klein this May.

We've all seen how global tariffs and supply chain disruptions can drive up costs and create uncertainty. It's a reminder that when we choose to buy local, we're doing something powerful. Supporting local businesses helps keep money in our communities, sustains local jobs, and builds resilience right here at home.

Small businesses are deeply connected to the health of our local ecosystems, too. Farmers' markets, florists, and small producers depend on thriving pollinator populations and healthy growing conditions. Pollinators like bees are essential to the flowers, fruits, and vegetables that fill our markets. In turn, those markets help sustain neighbourhood businesses and create vibrant, connected communities. When we support local, we're strengthening that entire cycle, from ecosystem to economy.

This work is personal to me. My family once ran a small beekeeping operation, selling honey at markets just like the ones I'll be visiting this spring and summer. That experience gave me a real appreciation for both the challenges small business owners face and the critical role pollinators play in Alberta's environment.

As the days get longer and we spend more time outdoors, it's also a good moment to return to simple acts of care for one another. This can mean checking in on a neighbour, supporting a local shop, lending a hand where it's needed, or just taking the time to be present and considerate in our shared spaces. These small, everyday choices help build stronger, more connected communities where people look out for one another and everyone has a better chance to thrive.

Lizette

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