

JANUARY 2023

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HILLHURST SUNNYSIDE

VOICE

PRESERVING AND ENHANCING THE QUALITY OF LIFE FOR RESIDENTS OF HILLHURST SUNNYSIDE



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SCAN ME



Share your thoughts from January 17 to February 12, 2023:

- Tell us what you think at calgary.ca/Riley.
- Check your mailbox for an engagement booklet or pick one up at a My Idea Station (see map online) starting January 17. Each engagement booklet includes a comment form that can be mailed in with pre-paid postage.
- Join an engagement session – check out the schedule and register at calgary.ca/Riley.

Get Involved

Riley Communities Local Area Planning

The Riley Communities Local Area Plan will set the vision for the evolution of your community over the next 30 years. We need your input to help guide future change, growth, and redevelopment.

We want to hear from you

Phase 2 of the Riley Communities Local Area Planning project kicks off January 17, 2023.

This phase of engagement will focus on exploring where and how growth and change could happen in the Riley Communities (West Hillhurst, Hounsfield Heights/Briar Hill, Hillhurst, and Sunnyside).

As part of Phase 2, you can provide feedback on:

1. The Draft Vision and Core Values for the Riley Communities
2. Potential Focus Areas for Moderate-to Large-Scale Growth
3. Opportunities and Challenges with Small-Scale Growth

Learn more at calgary.ca/Riley



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| Sunshine and Rainbow Rooms | Hillhurst Sunnyside Daycare | 403-270-9703 |
| Flea Market Coordinator ext. 231 (Drop in on Sundays, or leave a message. Calls returned on Wednesdays and Sundays only) | Bonnie Constable | |
| Community Programs Coordinator ext. 248 | Alex Walz | alex.w@hsca.ca |
| Community Connections Coordinator ext. 247 | Shaye Radford | shaye.r@hsca.ca |
| Planning Committee Chair | Shirley Wong | |



Hillhurst Sunnyside Community Association

FLEA MARKET

SUNDAYS 7:00 AM- 3:00 PM

403-283-0554, ext 231
1320 5 Ave NW



A community program since 1985!
OPEN WEEKLY | YEAR ROUND | FREE ADMISSION
140+ vendor tables



Program Phone Numbers

| | |
|---|---------------------------------|
| Chair Yoga | Debbie 403-283-0554 ext. 224 |
| Farmers' Market Fresh Food Basket | Alex Walz 403-617-6094 |
| Flea Market | Bonnie 403-283-0554 ext. 231 |
| <i>(Drop in on Sundays or leave a message. Calls returned on Wednesdays and Sundays only)</i> | |
| Neighbour Night | Shaye 403-283-0554 ext. 247 |

SCAN HERE

**To View Additional
Hillhurst Sunnyside Content**



Bridgeland Daycare
Hillhurst & Sunnyside Location
www.bridgelanddaycare.com

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Accredited Non-Profit Daycare Offering
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Ages 19 months to 6 years



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Call Laurie 403-261-7650

Opening Jan 3rd, 2023 | 325 10th St NW

The Good Food Box (GFB)

The Good Food Box is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-out program as opposed to hands-off.

Large Box: Includes approximately 40 pounds of produce. Cost: \$35

Medium Box: Includes approximately 30 pounds of produce. Cost: \$30

Small Box: Includes approximately 20 pounds of produce. Cost: \$25

Orders Accepted:

Online at the HSCA Web Store: www.hsca.ca/community-food-program.

Orders may be placed during the pick-up times – cash orders only.

New 2022 to 2023 Order and Delivery Dates (Area B)

| Order by 2:00 pm | New Pick-Up Time 2:00 pm to 6:00 pm |
|------------------|-------------------------------------|
| January 17 | January 26 |
| February 7 | February 16 |
| March 7 | March 16 |
| April 11 | April 20 |
| May 2 | May 11 |
| May 30 | June 8 |
| June 20 | June 29 |
| August 22 | August 31 |
| September 19 | September 28 |
| October 17 | October 26 |
| November 14 | November 23 |



**Registration
now OPEN!**

Foothills Little League offers baseball to girls and boys aged 4-16. All skill levels are welcome!

Spring season runs from mid-April to mid-June.

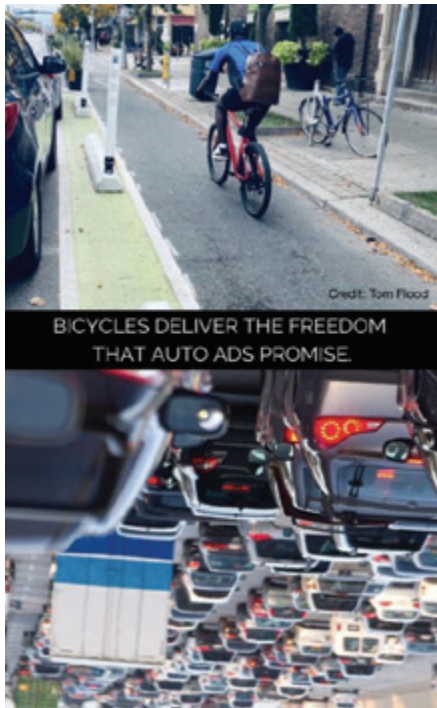
www.foothillslittleleague.org

A Conservative's Case for Bike Lanes

by Tim Schaefer, Sunnyside Resident

When the discussion about investing in bike lanes comes up, the political right seems to take a default position against it. Why? Is it only to be contrarian to the political left, where bike lanes are generally more accepted? Are conservative advocates assuming that nobody on the political right is interested in safe bike infrastructure? This seems like a short-sighted position of spite towards a topic that really should be bipartisan.

Setting aside any preconceived notions or beliefs, having more bike infrastructure actually aligns greatly with conservative values. Let's park our political biases and examine them.



Freedom: All conservatives, particularly libertarian conservatives, love freedom. Especially the freedom of choice. Today's built environment, such as our streets and gathering places, primarily cater to people driving personal vehicles. That effectively

means that for most people, there's only one viable option to travel. This fundamentally goes against the principle of freedom of choice.

Some may argue that if you need to bike on the street to reach a destination, you are free to do that. Let's not kid ourselves; bikes may be allowed on streets today, but if a street is busy and fast moving, only the very brave will ride a bike on it because the stakes are high. Cars and trucks have become increasingly larger, and drivers are increasingly distracted. Shared streets are not a viable option for most people due to this risk of injury or death.

Fiscally Prudent: Bike infrastructure aligns greatly with fiscal conservative values. Building and maintaining vehicle infrastructure is very costly for governments. On the other hand, bike infrastructure is significantly cheaper to build and maintain. The reasons are simple: bikes just don't need as much space and they don't wear the surface down like heavy cars and trucks. So, the smaller size requirements and less frequent maintenance makes bike infrastructure significantly less expensive for cities to build and operate which in turn means less taxes.

Good for the Economy: Calgary has, for decades, talked about the importance of diversifying its economy. Growing the business sector of bike sales and service is a great way to do that. Today, Calgary's bike shops cater mostly to recreational users with a portion of business going to bikes as transportation. Having more people bike for transportation will grow this sector. This brings up the topic of what can be used in the bike lane and it's not just bikes. There are e-bikes, cargo bikes, scooters, trikes, and various e-powered products including wheelchairs that all can be used in active mobility lanes.

Great for Main Streets: Since the 1950s, we've been sold the message that having our main streets dedicated to cars and on-street parking are good for shops and restaurants. The reality is that most vehicles are just passing through without stopping and our ever-increasing size of vehicles makes on-street parking a very inefficient use of space per customer. Having safe wheeling infrastructure on our main streets brings many more customers who have a higher likelihood to actually stop and spend money compared to customers in cars.

The good news is that Calgary's City Council has decided to further invest in active mobility infrastructure in its 2023-26 budget cycle. When that investment becomes reality through building safe dedicated space, let's take a conservative perspective on them and celebrate the freedom, the fiscal prudence, the economic diversification, and the increased business that it will bring to our city and our main streets.

**EVERY PERSON WHO CHOOSES
TO BIKE IS ONE LESS PERSON
CREATING TRAFFIC IN A CAR.**



Keep in mind, Calgary has already invested heavily in car infrastructure with an average of 42 feet of paved road lanes per person. That means that if you are keen on continuing to use your car or truck to get around, that option is not going away. But also remember, when Calgary provides safe alternative options through active mobility lanes, it means that we won't need to take on expensive, and let's be honest, inconvenient road expansion projects as the city grows. That's because people who'd prefer to bike will choose that alternative because it's a safe, viable option.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Ongoing Programming at HSCA

Mondays

Senior Connections Group (Online) will return on Mondays starting January 9, from 10:00 to 11:00 am.
Contact Debbie at 403-283-0554 for the Zoom link.

Sustainable Food Programming, 4:00 to 6:00 pm

Something for everyone! Fresh Routes affordable mobile grocery store is onsite for all to shop, and grocery credits and free food are available for folks in need.

Tuesdays

Chair Yoga

No Chair Yoga in January; please see the Senior Connections section for details.

Sip 'n' Chat, 2:00 to 4:00 pm

Weekly drop-in time for all community members to enjoy a coffee or snack together. All ages welcome.

Wednesdays

Cribbage, 12:30 to 3:00 pm

Join a lively game of cribbage with community members and area seniors.

Thursdays

Chair Yoga

No Chair Yoga in January; please see the Senior Connections section for details.

Neighbour Night

No Neighbour Nights in January.

Returning Thursday, February 2 at 5:30 pm.

Join neighbours on the first and third Thursday of each month for a free evening of creativity and fun. Vegetarian supper, an activity, and childminding are all included.

Saturdays

The HSCA Farmers' Market Indoor Season runs from 11:00 am to 3:00 pm.

Sundays

The Sunday Flea Market runs 7:00 am to 3:00 pm.

Check out the crafts, furniture, antiques, books, treasures, and community building every Sunday at HSCA.

Other Programming

HSPC meetings are the first Wednesday of each month from 7:00 to 9:00 pm online.

Please contact planning@hsca.ca to participate in a meeting.

Caregiver Connections (Online), 7:00 to 9:00 pm on the third Thursday of each month.

Providing a safe and welcoming space for all caregivers to share their journeys and connect with others in similar situations. Contact Debbie for the Zoom link.

CRIME STATISTICS




Hillhurst Crime Activity was Down in November 2022

The Hillhurst community experienced 0 crimes in November 2022, in comparison to 28 crimes the previous month, and 28 crimes in November one year ago. Hillhurst experiences an average of 26.6 crimes per month. On an annual basis, Hillhurst experienced a total of 319 crimes as of November 2022, which is up 16% in comparison to 275 crimes as of November 2021. To review the full Hillhurst Crime report visit hill.mycalgary.com.

Sunnyside Crime Activity was Down in November 2022

The Sunnyside community experienced 0 crimes in November 2022, in comparison to 11 crimes the previous month, and 18 crimes in November one year ago. Sunnyside experiences an average of 14.1 crimes per month. On an annual basis, Sunnyside experienced a total of 169 crimes as of November 2022, which is down 2% in comparison to 172 crimes as of November 2021. To review the full Sunnyside Crime report visit sunn.mycalgary.com.

How To Report Crime In Hillhurst | Sunnyside: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.



New Year's Eve in Times Square

New Year's Eve in Times Square is quite the spectacle, with live entertainment, fireworks, and a ball drop at midnight. But did you know that the first New Year's celebration held in this square had a slightly different purpose? In 1904, Adolph Ochs organized the event to celebrate the new headquarters of his publishing company, The New York Times!

Purchase Your HSCA Membership!

By purchasing an HSCA membership, you are supporting the Hillhurst Sunnyside Community Association in a variety of ways, but also, you are making a statement that you care about our community and that you want to play an active part in the community movement. Purchase your membership online at www.hsc.ca/membership.

HSCA Membership Benefits

In addition to making a difference in the community, purchasing a membership now earns you perks and/or discounts at local businesses!

Memberships are valid for one year from the date of purchase, you can use your HSCA membership card to receive discounts with the following local businesses:

- **Sunnyside Natural Market:** Save 5% with your HSCA Card (case discounts not included).
- **Vine Styles Kensington:** 10% off total purchase. Show your HSCA membership to Vine Styles staff to create your customer profile with built-in discount. Not applicable to already existing discounted items and/or case discounts.
- **Flippn' Burgers:** 10% discount on all purchases.
- **OXBOW:** 10% discount on breakfast/brunch or dinner.
- **Hotel Arts Kensington:** 10% discount on guest room accommodation.
- **Framed on Fifth:** 10% discount on all framing.
- **Rejuve your Body:** Get a 30-minute massage free when you book the next 30 minutes for \$49. For first visit clients only. Also 15% off on all other services at Rejuve.
- **Beagle 14 (formerly Regal Beagle):** 10% off your order (excludes daily specials).
- **Pho HouZ Vietnamese:** 10% off regular orders (excludes alcohol).
- **Tania MediSpa:** Family and individual members receive 20% off facials and body wraps, 10% off massages, botox, fillers, permanent makeup and fillers. Senior members receive 20% off facials, nails, and massages, 10% off product.
- **Free House YYC:** Enjoy 15% off pickup orders through our website, just click Order Online and use the promo code HSCA15, when you arrive to pickup your order show our lovely staff your card and enjoy.
- **Dignity Memorial Funeral Services:** 10% savings on all preneed or at-need funeral or cremation products and services, cemetery interment rights, products and services* [*On already discounted Dignity Memorial plans, the employee or member is entitled to the greater of the two discounts.] National Transferability on prearranged services at no additional charge, Thirteen (13) months of unlimited access to the 24-Hour Compassion Helpline®, Access to the Dignity Memorial Bereavement Travel Program.
- **Cadence Chiropractic, Sport and Health:** 20% off your first 60- or 90-minute massage.
- **Sunny Cider:** 10% off to all HSCA members.
- **Canary Refillery and Zero Waste Market:** 10% off purchases.
- **Wheels Training Centre:** HSCA members will receive \$50 off any course. Use coupon code community50 when registering for the course through the website.
- **Good Trade Coffee Company:** 10% off all beverages with a valid HSCA membership card.
- **PB and J YYC:** Show your valid HSCA membership card and receive 10% off your order.
- **Gummi Boutique:** HSCA members will receive 10% off on regular bulk items.
- **D'Orient Spa:** Receive 15% off spa services and 5% off products when you show your valid HSCA membership card.
- **Indie counterculture:** 10% off your purchase with a valid HSCA membership card.
- **Villages Calgary:** *New* 10% off purchase (excludes rugs and clearance items).
- **Coco Bath and Soap:** *New* 10% off your purchase.
- **The Plaza Theatre:** *New* 10% off beverages at the café.

SENIOR CONNECTIONS

For all the programs listed below, or if you need to connect with me for anything related to seniors (support, information, or volunteering) call the office and leave me a message (403-283-0554 ext. 224) or send me an email at Debbie.o@hsca.ca. The need to connect doesn't stop during the year, so don't hesitate to connect with me at anytime.

Snow Removal

Shoveling snow can be hazardous for many. The heavy snow can be difficult to lift and move; the colder weather means that our blood vessels constrict, making the blood flow more restricted which can drive up our blood pressure and could lead to a heart attack. The heart attack does not always happen while removing the snow. It can come later in the day. Even the most active and healthy individual can be at risk.

For seniors, this can be an even more hazardous challenge. If you can help a senior neighbour with their snow removal or see that someone's snow hasn't been removed from the City sidewalk especially, please lend a hand. If not cleared within 24 hours, there is a hefty fine that can be charged to the homeowner as snow covered sidewalks are hazardous to everyone. Having sidewalks cleared up to the door means that the mail will be delivered, individuals can get out of their house more safely, and for the City sidewalks, we can navigate our community on foot without fear of falling.

If you are a senior and cannot clear your sidewalk, or if you know a senior who needs some help with this, please connect with me. I will do my best to find a volunteer who can help. If you would like to help a senior in the community remove their snow this winter, please let me know. I will be glad to make the connection. This will help improve the safety of all community residents during the winter snowfalls.

Caregiver Connections

Caregiver Connections occurs online from 7:00 to 9:00 pm on the third Thursday of the month from January until June 2023, but I can connect with you at anytime. Connecting with someone outside of family and friends can help when we are feeling overwhelmed or just need someone to talk to. Just send me an email or call and I will be more than happy to set up a different time to connect with you. There are other connections that you

may be interested in, so don't hesitate to explore the possibilities. If you don't have a computer or internet access, connect with me for other ways to connect.

HSCA Website

Check out the HSCA website under Senior Community Connections, Online Programming, and Caregiver Connections Online, for more links and information. If you don't have a computer or internet access but would like more information about supports and programs, please call me and leave a message. I will get back to you and provide you with contact numbers, information, and supports that may be helpful. If there is something you would like to see added to the site, please let me know.

Chair Yoga

Chair Yoga returns in February at a new time, from 10:00 to 11:00 am on Tuesdays and Thursdays, until the end of July. For the link to the class, please connect with me directly. The online room opens at 9:30 am to connect. Be sure to join 5 minutes before 10:00 am to make sure your link is working.

If you would like to join the class from the community centre moving forward, you will need to let me know by email or by leaving me a voice message (403-283-0554, ext. 224). The in-person class at the centre will only happen if there is enough interest in returning, so please let me know as soon as possible if you are interested in joining the online class from the centre at this time.

Joining the class in person means that you will be following Sharon on the screen in the Hearth Room. We do ask that all participants in person please bring a mask to wear during the class for everyone's safety.

This is a gentle exercise class that will help you to move and stay limber, especially during the winter when you may not be walking as much. Come join us.

Senior Connections

Monday Connections will return on Mondays from January 9 until the end of February (except statutory holidays) for anyone who would like to connect for any reason.

Do You Wish the Police Were There to See the Traffic Violations That We See in Our Community?

by Christie Page

Cst. Leimer of the Calgary Police Service (Traffic Section) wants residents to know about the Traffic Service Request System (TSR). The TSR is a key tool to help Calgary Police Service monitor and track traffic safety issues.

The Residential Traffic Safety Unit (RTSU) has four sworn Calgary Police Officers and four Photo Radar Operators that work strictly days from Monday to Friday. Each week, they work on a quadrant of the city, and at the beginning of that week, they review all the Traffic Service Requests (TSR) that have been submitted. They review the TSRs and pick the ones that mostly affect the residential areas, that is, playground zones, etc. The ones that appear to be on the major roadways and outside the Monday to Friday schedule will be passed onto the District Offices and the Traffic Response Unit (TRU) teams.

Anyone can use the TSR program and if the complainant is unable to access it, a third party is welcome to complete it but should include the original person's contact information so that officers can reach out for further details. Each TSR is provided with a unique number for tracking. The officer will include dates and times that they contacted the complainant, enforcement duration, and stats. This tracking can be used to direct members of the Districts and TRU teams when best to conduct enforcement and/or for the City to see if additional changes of signage, roadway engineering, or traffic calming measures is needed.

You can submit a TSR by scanning the QR code or going to:

<https://www.calgary.ca/cps/traffic/traffic-service-requests.html>



I really want to hear from you whether you are a senior, are looking to help a senior you know, are concerned about a senior, are a potential volunteer, or if you have ideas that you would like to explore around seniors.

Cribbage Group

Cribbage is a new card group that meets on Wednesday afternoon from 12:30 to 3:00 pm in the Hearth Room. This group has been together for many years and is joining our Community Connections program from another location. We are excited to bring you another opportunity for connections.

They play four games, break for coffee, tea, and snacks, and then play until 3:00 pm. There is a \$1 admission fee to cover coffee supplies and a sign-up sheet for snacks.

Each game is \$.25, which goes to the winner, then the winners move to the next table and there is an extra \$.10 for a skunk. Anyone who wishes to play is welcome. If you are looking for another opportunity to connect with others, enjoy playing crib, or would like to learn to play crib, come check them out; everyone is welcome.

If there is anything related to seniors that you would like to explore or know about, please connect with me. I am more than happy to talk and share connections, links, and explore other possibilities.



**mybabysitterlist**

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.



Heritage Moment

*Excerpt from the Hillhurst Sunnyside Historical Context paper.
For more on the history of our neighborhood, check out the
full paper: <https://www.hasca.ca/historical-context-paper>.*

In May 1901, Lawrence William Herchmer (1840-1915) purchased CPR land in the north half of Section 17 north of the river, in the southwest part of today's Hillhurst, where he built and resided in the ca1901-1903 'old colonial Herchmer House' (extant, relocated to Broadview Rd) for several years. He had been serving in the South African War from 1899 but in 1900 had been involuntarily retired from his position as Commissioner for the NWMP, a role he had held since 1886 when he was selected by Sir John A. Macdonald. He came from a staunch Loyalist family based in Kingston, Ontario, and he and his wife's families had extensive political connections. His Oxford-educated father was a schoolmate and friend of Sir John A. Macdonald. As with all his siblings, he was born in England, where he and his brothers were educated. His diverse experience in Canada and abroad with the military, farming, business, and Indian agencies led to his selection as Commissioner.

Herchmer is credited with shaping the early NWMP into an efficient organization and effective military operation, improving training and living conditions, and introducing a pension plan and medical examinations. By no means a popular figure, his uneven temperament, political associations, and strict enforcement of disciplinary actions attracted enemies and campaigns against him and led to his early retirement. He left a legacy of a NWMP with significantly higher morale and reputation, and the wide-brimmed felt hat and the musical rides that he adopted have become widely popular. He and his second wife, Jane Ashworth, developed the land in 1907 as the 'Westmont' subdivision of Hillhurst, reserving an acreage for them to live in their colonial home.



Photo courtesy of William Hopsop



HILLHURST SUNNYSIDE
COMMUNITY ASSOCIATION
1320 5 Ave NW

DROP-IN BADMINTON

Mondays and Thursdays
10:30 am to 1:30 pm

January 2 - April 27
(see programs and recreation calendar
for blackout dates)

\$4 pay-to-play

punch-cards available at
[hasca.ca/badminton](https://www.hasca.ca/badminton)

*The schedule will be posted to the HSCA Program & Recreation Calendar as it is determined. Blackout dates may occur on which there will NOT be badminton. Please see [hasca.ca/programsrecreationcalendar](https://www.hasca.ca/programsrecreationcalendar) for details

Please provide your own racket and birdies.

Olympic Medals for Artists

The founder of the modern Olympic Games, Baron Pierre de Coubertin, believed that a true Olympian was not only athletic, but also artistic. As a result, for the first four decades of these international games, artists were awarded medals for painting, sculpture, architecture, literature, and music, so long as their work was inspired by athletic endeavours.



Fly Safely on Your Vacation

from the Better Business Bureau



Are you thinking about traveling by air for a few days?

Before Clicking the Button to Buy Tickets, BBB Recommends the Following:

- Check current requirements for domestic and international travel. In Canada, look for Canadian travel advisories.
- Make sure everyone who is traveling has the appropriate ID. Make certain parties traveling together have a current compliant ID as required by the provinces or countries you're traveling to.
- Read all cancellation policies carefully. Not all situations require a full refund of the ticket value and fees if your flight is canceled. Each online travel agency, airline, and broker is different.
- Book tickets only after reviewing travel restrictions. Save time and stress by reading the updated status of restrictions on the Health Canada website.
- Consider trip insurance. Have a complete understanding of what the policy does and does not cover.

- Be an informed traveler. Refer to the Department of Transportation website for details on consumer issues, filing complaints, and other aviation information.
- Avoid hidden fees. Read the fine print!

Flying isn't the only aspect of your trip to consider.

Here Are Some Other Travel-Related Resources from BBB:

- **Rental cars:** Make your next car rental experience a little easier.
- **Hotel rooms:** Learn what to keep in mind when booking a hotel room.
- **Travel agents:** Know what to look for in a travel agent and find one near you.

During the holiday or any time of year, find ways to travel safely and avoid scams. If you plan to travel to or from Canada, check for travel advisories. Remember to report any suspicious activities to BBB Scam Tracker and sign up for Scam Alerts.

For more information go to [BBB.org](https://www.bbb.org).

HSCA
Sip 'n' Chat



TUESDAYS 2 - 4 PM
IN THE HEARTH ROOM AT HSCA



FARMERS' HILLHURST SUNNYSIDE MARKET

**The HSCA Farmers' Market
Indoor Season**

Every Saturday, 11 am - 3 pm
Beginning October 15th, 2022

1320 5 AVE NW

HSCA



DECIDEDLY JAZZ DANCEWORKS

Brighten up your winter with DJD's

OLD/NEW/ BORROWED/BLUE

January 19-29, 2023 at the DJD Dance Centre

AS PART OF THE 37TH ANNUAL HIGH PERFORMANCE RODEO

Featuring some new works, a borrowed piece, and some favourite old DJD repertoire sure to put a smile on your face.

Tickets range from \$43-\$71

For more information, visit decidedlyjazz.com



TRUDIE LEE PHOTOGRAPHY

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

HILLHURST | SUNNYSIDE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

HILLHURST / SUNNYSIDE CARPENTER / CONTRACTOR: Licensed carpenter for home or office renos or repairs. Small fixes to full renos. Whatever you need - framing, drywall and taping, painting, bathrooms and basements. Clean, safe work. Prompt service. 403-286-1788.

LOCAL HANDYMAN IN HILLHURST/SUNNYSIDE: Repairs/replacements and odd jobs. Plumbing (e.g. fix/replace leaky/running faucet or toilet, install new garburator), electrical (e.g. repair/replace wall switch or light fixture not working, exhaust fan), install new window hardware and/or coverings, fix sticky door, drywall repairs, painting, etc. Call/text Tom 403-970-4466, or email tomh5566@gmail.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

READING SUCCESS FOR CHILDREN: Want to help a struggling reader but don't know where to start? Free literacy screening kit. Follow up with individualized modules designed to develop reading skills for success. frameworks4learning@gmail.com.

JOSHUA BLAIR CLASSICAL OSTEOPATHY: Helps find and fix the cause of your aches and pains through gentle manipulation so you can improve your wellbeing and be your best self! Better Structure. Better Function. Located at 1904-B 20th Avenue NW in Capitol Hill. Book online: www.jblairosteopathy.ca or by phone: 587-225-9734.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.



National Hot Tea Day

We have ancient China to thank for tea, the most consumed beverage in the world aside from water. According to myth, tea was discovered when a dead leaf from a wild tea bush fell into an emperor's cup of boiled water. Thousands of years later, we still love tea, so much so that January 12 is National Hot Tea Day. In honour of this day, why not brew yourself a nice hot cup of tea!

CARDINAL

BY TREVOR RAMAGE



RE/MAX®

REAL ESTATE (CENTRAL)

Happy New Year! Wishing you wonderful memories in 2023.



2.5



1192



16 Promenade Way SE

List Price: \$399,900

MLS #A2011751

An immaculately kept, charming end-unit brownstone offering abundant light, updated flooring, and a notable window-framed gas fireplace.



2



931



505, 1726 14 Avenue NW

List Price: \$389,900

MLS #A2012997

Live an enriched lifestyle in this peaceful home at The Renaissance at North Hill. Highlights include sprawling mountain & Nose Hill Park views, in-suite laundry, and 24-hour security.



2320 24 Avenue SW

List Price: \$999,900

Congratulations to my clients on their successful sale.



2603 30 Street SW

List Price: \$948,000

Heartfelt congratulations to my longtime clients.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM

403.850.2560   



#1 OFFICE WORLDWIDE

*Based on Total Dollar Sales
Volume for a Single Office