

JUNE 2024

DELIVERED MONTHLY TO 6,450 HOUSEHOLDS

HILLHURST SUNNYSIDE VOICE

PRESERVING AND ENHANCING THE QUALITY OF LIFE FOR RESIDENTS OF HILLHURST SUNNYSIDE

**NEIGHBOUR DAY
SATURDAY, JUNE 15**

**BOWVIEW OUTDOOR
POOL OPENS JUNE 15**



☎ 403.850.2560

RE/MAX[®]
REAL ESTATE (CENTRAL)



CARDINAL

BY TREVOR RAMAGE

HONESTY • INTEGRITY • EXPERIENCE

CARDINALBYRAMAGE.COM

Not intended to solicit buyers or sellers currently under contract with a broker.



SCAN ME



mountainview
PAINTERS

403-607-0316
info@mvpcanada.ca



we specialize in

*Stucco Coatings
Stucco Repair*

hassle-free exterior **restorations.**

Mountain View Painters is a full-service painting company, specializing in elastomeric stucco coatings. We have access to a wide array of top-quality products that are proven to improve the durability and appearance of your property, guaranteed!

the leading professionals in :

- Exterior Painting
- Interior Painting
- Powerwashing
- Colour Consultation

...and much more

mvp

Calgary Owned
and Operated!

find us on    houzz

mvpcanada.ca

hi, SUNNYSIDE

Come explore Hive, 140 modern rental apartments for people who enjoy the buzz of life. Move-in ready starting in July 2024.

Pre-register to make Hive in Sunnyside your home. Prices start from \$2095/month.

HIVEYYC.COM | @ HIVELIVINGYYC

HIVE

TerraBurst
TRENCHLESS SEWER & WATER

No-Dig Sewer & Water Line Repair

We rehabilitate pipes without disturbing trees, landscaping, or interior flooring and finishings.

SOLUTIONS FOR

- Root Intrusions
- Water Line Leaks
- Pipe Corrosion
- Sewer Belly or Low Spot
- Pipe Misalignments
- Aging Pipes

75% OFF

Present this coupon for 75% off a sewer line camera inspection. This offer includes a sewer camera inspection, video recording, and assessment from an expert technician.

Valid until 2024/12/31

Upgrade Your Infrastructure, Increase Your Property Value & Preserve Your Asset

403-450-0087 | TerraBurst.ca | info@terraburst.ca

BOARD OF DIRECTORS

Chair	Bekah Callaghan
Treasurer	Andrew Rogan
Planning Committee Chair	Shirley Wong
Director-at-Large	Laila Adam
Director-at-Large	Joanne Gordon
Director-at-Large	Brian Ceelen
Director-at-Large	Hailey Doney
Director-at-Large	Jaimie Graham
Director-at-Large	Miranda Johnson
Director-at-Large	Dora Lam
Director-at-Large	Garth Johnson

STAFF LISTING

Executive Director ext. 221	Kate Stenson	kate.s@hsca.ca
Planning Coordinator	Becky Poschmann	planning@hsca.ca
Communications Coordinator ext. 226	Stephanie Corbett	stephanie.c@hsca.ca
Activities and Rental Coordinator ext. 250	Hannah Garcia	hannah.g@hsca.ca
Daycare Program Manager	Kerin Ching	dcmanager@hsca.ca 403-270-9703
OOSC Program Manager	Chelsea Wroblewski	chelsea.w@hsca.ca
Facility Services Manager ext. 223	Karl Kingsley	karl.k@hsca.ca
Seniors' Connection Coordinator ext. 224	Debbie Olson	debbie.o@hsca.ca
Controller ext. 225	Amy Kettenbach	accounting@hsca.ca
Sunshine and Rainbow Rooms	Hillhurst Sunnyside Daycare	403-270-9703
Flea Market Coordinator ext. 231 (Drop in on Sundays, or leave a message. Calls returned on Wednesdays and Sundays only)	Angel Davis	fleamarket@hsca.ca
Community Programs Coordinator ext. 248	Giselle Gilliard	giselle.g@hsca.ca
Community Connections Coordinator ext. 247	Reiko Yamagishi	reiko.y@hsca.ca

Backyard birding IS a THING.

- Feed the birds to....
- connect with nature
 - find relaxation
 - support our urban wildlife
 - have fun
 - take a break from technology

See us for all of your backyard bird supplies, and info on attracting birds.

Fairplay Wildbird Centre

2604 Kensington Road NW 403-283-2117 Find us on FB & IG





Program Phone Numbers

Chair Yoga	Debbie 403-283-0554 ext. 224
Farmers' Market Sustainable Food Programs	Giselle Gilliard 403-617-6094
Flea Market	Angel 403-283-0554 ext. 231
<i>(Drop in on Sundays or leave a message. Calls returned on Wednesdays and Sundays only)</i>	
Neighbour Night Sip 'n' Chat	Reiko 403-283-0554 ext. 247



HSCA
Sip 'n' Chat

TUESDAYS 2 - 4 PM
IN THE HEARTH ROOM AT HSCA



**NEIGHBOUR DAY IS
SATURDAY, JUNE
15TH!**

Join the fun,
build community!

Visit the HSCA website
for information on
resident-led Neighbour
Day activities and
events in Hillhurst
Sunnyside.



WWW.HSCA.CA/NEIGHBOUR-DAY

ONGOING PROGRAMMING AT HSCA

For the most-up-to-date information, visit our program and recreation calendar for more information at www.hsca.ca/programsrecreationcalendar.

Mondays (Except Stat Holidays)

Senior Connections Group, 10:00 to 11:00 am (Online)

Sustainable Food Programming, 4:00 to 6:00 pm

Fresh Routes affordable mobile grocery store is onsite every Monday (Except stat holidays).

HSCA offers residents of Hillhurst Sunnyside experiencing food insecurity resources and assistance, including access to the free table. Questions? Connect with one of our team members at the Sustainable Food Program (SFP) for more information.

Tuesdays

Chair Yoga, 10:00 to 11:00 am (Online and In-person)

Sip 'n' Chat, 2:00 to 4:00 pm

Drop by anytime between 2:00 and 4:00 pm. We welcome all community members to enjoy a coffee or snack together. Everyone is welcome. In the Hearth Room at HSCA.

Wednesdays

Cribbage, 12:30 to 3:00 pm

Join a lively game of cribbage with community members and area seniors in the North Social Hall.

HSCA's Farmers' Market

The HSCA runs every Wednesday 3:00 to 7:00 pm, year-round.

Thursdays

Chair Yoga, 10:00 to 11:00 am

Connect with Debbie for more information

Neighbour Night, 5:30 to 7:30 pm (First and third Thursdays of every month) - RSVP is mandatory for this event!

See details for our June Neighbour Nights below.

Come on over to enjoy a simple vegetarian meal, a fun activity or craft, and some neighbourly company!

Free | Everybody is Welcome | Child-Friendly. You must RSVP by emailing reiko.y@hsca.ca or calling 403-283-0554, ext 247.

Neighbour Night: Thursday, June 6 - Jewellery Making with Melisa

By using broken jewellery, bobbles, and notions we will make projects suitable for all genders, and all ages.

Just bring your creativity, Melisa and friends will guide you through some great projects that express your personality. The final pieces can be wearable or used as home decor. Look forward to seeing you there!

Cancelled - There will be no Neighbour Night on Thursday, June 20.

Sundays

The Sunday Flea Market runs 7:00 am to 3:00 pm - Concession Now Open

Check out the crafts, furniture, vinyl records, antiques, books, treasures, and community building every Sunday at HSCA.

Flea Market Partnership with Cerebral Palsy Alberta- Donation Drop Off

Shop and donate! The HSCA Flea Market has partnered with Cerebral Palsy Alberta and is now a charitable drop off location. Important: Drop off donations can only be made Sunday during the Flea Market hours in HSCA's Tyler Room (there is signage on the door). Donations cannot be left outside the building. HSCA will not be accepting donations any other time during the week. Donation items Cerebral Palsy Alberta is accepting include: quality used clothing, accessories, and small household items.

Other Programming

HSPC meetings are the first Thursday of each month from 7:00 to 9:00 pm online

Please contact planning@hsca.ca to participate in a meeting.

Call Out for Volunteers: Farmers' Market Volunteers, Shared Garden, Neighbour Night, and Sustainable Food Program

Farmers' Market Volunteers

Please reach out to Giselle.g@hsca.ca directly to learn more about these exciting positions:

- Entertainment Coordinator.
- Welcome tent greeter.
- Tent set-up/take down support.

Shared Garden Volunteer Opportunities

Spend a few hours a week tending to this volunteer-run community garden and feeding your community! The Shared Garden differs from a traditional community garden because everyone works together to tend to all

the plots, instead of having your own. All volunteers are welcome to share in the bounty, and the extra produce is donated to HSCA's Sustainable Food Program to feed neighbours struggling to afford good food. The Shared Garden is seeking general garden volunteers (to support planting, watering, weeding, and harvesting – no experience necessary). Reach out to giselle.g@hsc.ca for more information.

Neighbour Night Volunteer Opportunities

Please reach out to reiko.y@hsc.ca for more information.

- Cook.
- Community Connector.

Sustainable Food Program Volunteers Opportunities

- Back-up Driver.

Other Volunteer Opportunities at HSCA

For all other volunteer opportunities at HSCA, please visit www.hsc.ca/volunteer and click on our volunteer portal (Timecounts).

**CALGARY PROFESSIONAL
GUTTER GUYS
AND EXTERIORS**

*EAVESTROUGH CLEANING,
LEAF GUARD INSTALLATION
AND REPAIRS*

**FREE ESTIMATES
403-869-9996**



HSCA Spotlight 

New Team Member!



Meet Giselle
Farmers' Market Manager
& Community Programs Coordinator

HSCA Spotlight Series: Meet Giselle!

Meet Giselle! Giselle is HSCA's Community Programs Coordinator and Farmers' Market Manager. You may see Giselle around HSCA on Mondays during our Sustainable Food Program or during the weekly Wednesday Farmers' Market. We're thrilled to have her part of the team so please say hello to her when you see her around! Let's get to know Giselle... in five questions or less.

Q: Ask me more about...
A: Traveling, family, gardening, music, cooking, creating/building a sustainable retreat centre and home outside of the city.

Q: What is your favourite part about HSCA or the Hillhurst Sunnyside community?
A: Staff, volunteers, community members, and market vendors enjoy their roles and are eager to work together towards shared goals. (To me) Community means people coming together to get to know each other, offer friendship and support and work towards a common goal.

Q: What keeps you busy outside of your role at HSCA?
A: Facilitating Breathwork practices and offering group workshops, making and selling chocolate bliss balls and sacred smudge bundles, spending time with family and friends, exploring and hiking in nature, taking photos, gardening, playing guitar, drums, and singing.

Q: Finish this sentence: "On Saturday mornings, you can usually find me..."
A: Enjoying a cacao elixir, listening to music, heading out to the mountains for the day with friends.

Recreation at HSCA

Bowview Pool - 2024 Season

Visit www.hasca.ca/bowview-outdoor-pool.

Bowview Outdoor Pool opens Saturday, June 15 and we cannot wait to see you all!

Bowview Outdoor Pool is operated by Hillhurst Sunnyside Community Association, and we offer plenty of programs and events to keep your summer active. Bowview offers Lifesaving Society Swim for Life® swimming lessons, private lessons, swim club, private pool rentals, public swimming, and lane swimming.

Private Lesson, Swim Club, and Private Pool Rental bookings are already open and can be found on the HSCA webstore under 'Activities' and 'Facility Bookings', visit <https://www.hasca.ca/bowview-outdoor-pool>.

Swim for Life® Swim Lesson registration, Public Swim, and Lane Swim tickets are already open and can be found at <https://www.calgaryoutdoorpools.ca/> under 'Bowview Outdoor Pool'.

Please visit <https://www.hasca.ca/bowview-outdoor-pool> for all Bowview information regarding pool schedules, Swim for Life® lesson and private lesson schedules, private rentals, and more!

<https://www.hasca.ca/> is your resource for all things Bowview. Please check our website to stay updated on schedule changes, closures, and events. Don't forget to follow us on Instagram @bowviewoutdoorpool. You can reach out to bowviewmanager@hasca.ca with any questions or concerns. We hope to see you at the pool!



Photo by Hannah G.

HSCA Tennis Courts - 2024

Registration for use of the HSCA tennis courts is now open. All registrants must have a valid HSCA membership. Tennis courts will be open from April 29 to October 31, weather permitting. Visit www.hasca.ca/tennis.

Drop-in Badminton

Most Mondays and Thursdays from 10:30 am to 1:00 pm. Visit www.hasca.ca/badminton for full schedule and blackout dates. No registration is required, \$4 per session.

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023
info@officialplumbingheating.ca
official-plumbing-heating.ca

Your Patio Furniture Superstore!



YETI **Wicker Land Patio** **weber**

TRAEGER **BBQ LAND** RATANA **Modern Patio**

Located Three Blocks East of Chinook Mall
6125 Centre Street S, (403) 258-2506
WickerLand.ca

Why Shop at the Hillhurst Sunnyside Farmers' Market?

It's farmers' market season and there's an abundance of farmers' market options around our city. But what makes HSCA's farmers' market so special?

Hyper-Local

Approved Alberta Farmers' Markets must maintain a "Made, Baked, or Grown" ratio of 80%. That means four of every five vendors must sell Albertan products that they, their staff, or their family members have created. For the past five years, the HSCA Farmers' Market has had an MBG ratio of at least 90%, and this number has improved every year.

Meet the Maker

Compared to other Calgary markets, most vendors at the HSCA Farmers' Market are responsible for creating the goods they sell, rather than hiring staff members to do it for them. This means they literally stand behind their products and can answer any questions about how they're made!

Save the Environment and Support the Local Economy

Because the HSCA Farmers' Market is truly local, you can be certain that your dollars are going back into the local economy. Shopping from local producers also reduces your ecological footprint, because goods don't have to be shipped huge distances before arriving on the shelf, as they often are in big-box grocery stores.

Although times are difficult right now for most of us, the benefits of shopping locally have never been more important!

What do you think makes the HSCA's Farmers' Market special? Email stephanie.c@hsca.ca to share your thoughts with our community.

The Hillhurst Sunnyside Farmers' Market outdoor season is here. Join us outdoors every Wednesday for local goods and community building.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Did You Know June Features...

- National Indigenous History Month
- Pride Month (Follow Calgary Pride for details on the Calgary Pride Parade on September 1, 2024)
- Filipino Heritage Month
- Seniors' Week in Alberta (June 3 to 9)
- Neighbour Day (June 15)
- Indigenous People's Day (June 21)

Call Out for Photos: Show Us Your Community!

We know there are many of you out there capturing the beauty of our community through photography and we want to hear from you! If you'd like to share your photos around our neighbourhood, please email stephanie.c@hsca.ca. Pictures tell a story and we're looking to include photos from community members in our newsletters and other communication channels.



Maria Mendonça Marieno, M.S., R.AUD
Audiologist

- Hearing assessments
- Hearing aids
- Accessories
- Custom earplugs

📍 140, 1228 Kensington Road NW

☎ 403-283-4826

🌐 www.calgaryaudiologyclinic.com

INDEPENDENT, LOCALLY-OWNED CLINIC

BARKER'S

• FINE DRY CLEANING •

PICK UP &
DELIVERY
SERVICES

403-282-2226



**Hate Your
Renewal
Rate?
Call Me!**

Expert advice
Excellent rates
Many options
Better mortgages



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

Bowview Bluefins Swim Club Est. 2019

Bowview Outdoor Pool is bringing back a new and exciting approach to learning advanced swimming skills for swimmers 7 to 12 years old. The swim club will provide professional coaching, stroke correction/improvement, technical instruction, and a non-competitive swim meet at the end of the season!

Swimmers must have completed Swimmer 4 or be able to comfortably swim a minimum of 25 meters.

\$220 for eleven weeks of swimming, plus all swimmers receive a Bowview Bluefins Swim Cap and t-shirt!

Bowview Bluefins runs June 18 to August 27, Tuesday evenings from 7:50 to 8:50 pm at Bowview Outdoor Pool.

Visit <https://www.hsca.ca/bowview-outdoor-pool> for more information.

BOWVIEW BLUEFINS SWIM CLUB

Tuesdays 7:50pm - 8:50pm

**\$220 Per Swimmer for 11 weeks of
swimming, PLUS a Swim Cap & T-Shirt**

Bring a friend and dive into the most fun you'll
have this summer!!



**BOWVIEW
BLUEFINS
SWIM CLUB**
Est. 2019

BOWVIEW OUTDOOR POOL

1910 6th Ave NW - June 15th to 30th 2024

Time:	Mon	Tues	Wed	Thurs	Friday	Sat	Sun
8:00	LANE SWIM 8:00 - 10:00					LANE SWIM 8:45 - 9:45	
9:00							
10:00	PRIVATE LESSONS 10:00 - 11:00					RENTAL 10:15 - 11:15	RENTAL 10:15 - 11:45
11:00	FAMILY & TOT SWIM 11:15 - 1:00					LANE SWIM 11:50 - 12:50	
12:00							
13:00	SCHOOL RENTALS 1:15 - 3:30 <small>June 17th - 21st: School Lessons June 24th - 28th: School Rentals</small>					PUBLIC SWIM TIME SLOTS: 1:00 - 2:30 2:45 - 4:15 4:30 - 6:00	
14:00							
15:00	PUBLIC SWIM 3:45 - 5:15						
16:00							
17:00	LESSONS 5:30 - 7:05					LANE SWIM 6:15 - 7:15	
18:00							
19:00							
20:00	PUBLIC SWIM 7:20 - 8:50	SWIM CLUB 7:50 - 8:50	CBI HEALTH 8:00 - 9:00	JUNIOR JEWELS 7:50 - 8:50	PRIVATE RENTALS 7:30 - 8:30		
21:00						PRIVATE RENTALS 8:45 - 9:45	

Prices By Age:

Under 2:	FREE!
2 to 7:	\$6.00
8 to 17:	\$6.00
18 to 64:	\$6.00
65+:	\$6.00

Full Pool Rentals: 1-40 ppl - \$175/hr. 41-80 ppl - \$260/hr.

To Book Public Swim, Lessons, Rentals, or Swim Club visit: calgaryoutdoorpools.ca

Email bowviewmanager@hsca.ca if you wish to book 2hr private rentals:
Fri, Sat, & Sun: 7:30pm-9:30pm

For more information:
Email: bowviewmanager@hsca.ca
Phone: 403-221-3571

SENIOR CONNECTIONS

For seniors related support, information, or volunteering, contact Debbie at 403-283-0554 ext. 224 (and leave a message) or by emailing debbie.o@hsc.ca. We appreciate any opportunity to connect with you! Visit HSCA's Seniors page for more information and for program Zoom links at www.hsc.ca/seniors.

Seniors Week is June 3 to 9

<https://www.calgary.ca/events/seniors-week.html>

Check out the City of Calgary website for information on the daily events and activities during Seniors Week. Many locations, like Telus Spark have reduced entry prices for seniors and there are many programs and activities throughout different quadrants of the city. Check them out.

Monday Connections: Seniors Connections Network (Online), 10:00 to 11:00 am

Rebuilding the Seniors Connections Network is well underway. This volunteer network is about developing connections with seniors in our community, in a variety of ways. If you are interested in being a part of this network, please reach out to Debbie to arrange some time to connect and explore the possibilities.

Caregiver Connections, the Third Thursday of the Month, 7:00 to 9:00 pm

Our Caregiver Connections group is offered online from 7:00 to 9:00 pm on the third Thursday of the month until June 20, 2024. There will be no scheduled sessions during July and August but please connect with Debbie at any time.

Connecting with someone outside of family and friends can help when we are feeling overwhelmed or just need someone to talk to. Just send Debbie an email or call and she will be more than happy to set up a different time to connect with you. There are other connections that you may be interested in, so don't hesitate to explore the possibilities. If you don't have a computer or internet access, leave Debbie a phone call (403-283-0554 ext. 224) or email (Debbie.o@hsc.ca).

Chair Yoga- Online and In-person

Chair Yoga continues until the end of July and then takes a break in August and will return in September.

A gentle exercise class led by an experienced instructor, Sharon! Anyone is welcome.

When: Every Tuesday and Thursday from 10:00 to 11:00 am.

Contact Debbie for the private Zoom link. The room opens at 9:30 am for chatting before the class.

Cribbage Group

When: Wednesday afternoons from 12:30 to 3:00 pm in the Hearth Room.

Join this established and well-organized group in their new location at HSCA! They play four games, break for coffee, tea, and snacks, and then play until 3:00 pm. There is a \$1 admission fee to cover coffee supplies and a sign-up sheet for snacks.

Each game is \$.25, which goes to the winner, then the winners move to the next table and there is an extra \$.10 for a skunk. Anyone who wishes to play is welcome.

Other Updates

Website updates on www.hsc.ca/seniors page will continue in the months ahead. Please connect with Debbie directly for information about supports and programs.

If there is something you would like to see added to the website related to Seniors, Caregivers and/or Volunteering or Volunteers, please connect with Debbie.



the Gutter Doctor 403-714-0711
gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

HILLHURST



SUNNYSIDE



BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

HILLHURST | SUNNYSIDE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

DETAILED HOUSE CLEANING: Weekly, bi-weekly and monthly. Plus, move-in and move-out cleaning. Licensed, insured and bonded. We work according to our clients' needs. We also do Airbnb hosting. Call 403-470-6548.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

HILLHURST/SUNNYSIDE CARPENTER/CONTRACTOR: Licensed and insured carpenter for home or office renos or repairs. From small fixes to full renos. Whatever you need - framing, drywall and taping, painting, bathrooms and basements. Clean, safe work. Prompt service. 403-286-1788.

LOCAL HANDYMAN IN HILLHURST/SUNNYSIDE: Repairs/replacements and odd jobs. Plumbing (e.g. fix/replace leaky/running faucet or toilet, install new garburator), electrical (e.g. repair/replace wall switch or light fixture not working, exhaust fan), install new window hardware and/or coverings, fix sticky door, drywall repairs, painting, etc. Call/text Tom 403-970-4466, or email tomh5566@gmail.com.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

LOTUS LANDSCAPING: Is an independently owned and operated landscape and handyman company. At Lotus, we provide competitively low rates for high quality services specializing in snow removal, junk removal, irrigation, lawn maintenance, masonry, fence and decks and all other home and yard needs. 403-483-2162, lotus-landscaping@outlook.com.

Who to Call, When to Call

Emergency Services: 9-1-1. Emergencies only: police, fire, medical. Should only be called if lives are in danger or a crime is in progress and an immediate response is required.

CPS Non-Emergency Line: 403-266-123. The number for non-emergency situations, where time has elapsed after the incident, the suspect is not on scene, or if calling about a nuisance issue.

ALPHA House Help Team (formerly DOAP): 403-998-7388. Please use this number if you meet someone in a vulnerable situation that could use non-emergency assistance from HELP, 24/7.

ALPHA House Needle Response Team: 403-796-5334. This is the number for a mobile response unit which safely cleans up needle debris.

Encampment Team: 403-805-7388. The Alpha House Encampment Team supports “rough sleepers”, navigating them into shelters, detox and housing, or providing them with food, medical assistance etc.

Distress Centre: 403-266-HELP (4357). Call or text this number for 24-hour crisis support, including youth peer support and professional counselling.

Bylaw, City Information: 3-1-1. Call, download the app, or visit Calgary.ca/311 for City information (e.g., bylaw, garbage collection, etc.)

Transit Watch: 403-262-1000 or text 74100. Text 74100 or use the help phone/button on C-Trains and platforms to report immediate safety and security issues (e.g., such as disorder, areas needing attention or cleaning, infrastructure issues, broken glass, or harassment, etc.)



DRAGON BOAT FESTIVAL DAY

Also known as Duanwu Jie, this Chinese festival occurs on the fifth day of the fifth lunar month, which is June 10 this year. The best way to celebrate this day is by eating sticky rice dumplings and either watching or participating in a dragon boat race; these impressive boats hold up to 90 people, including a drummer who sets the pace and keeps morale up!



Neighbour Day Art Festival

FREE

Saturday, June 15 from 10am - 3pm



amed on Fifth

1207 5th Ave NW, Calgary
403-244-3688
www.frameonfifth.com

Over 20 participating local artists making art:
From glass, to paint, to textiles and more...
Showing you what artists do and how they do it.



WHAT'S NEW IN OUR NEIGHBORHOOD



SCAN FOR INFO

Eau Claire Athletic Club, Calgary's new private athletic facility, slated to open in early 2025, in the former YMCA building

ECathleticClub.ca

CARDINAL

BY TREVOR RAMAGE



RE/MAX®

REAL ESTATE (CENTRAL)

☎ 403.850.2560



JUST LISTED



1701, 1234 5 Avenue NW

List Price: \$3,799,900

MLS # A2124914

Step into perfection with this unparalleled unit. Features include 360-degree panoramic views, a resort-like outdoor sanctuary, and a culinary dream kitchen. Riley Park's unbeatable convenience is right at your doorstep.



JUST LISTED



2236 Bowness Road NW

List Price: \$1,199,900

MLS # A2121871

Experience the pinnacle of urban living in this inner-city oasis. Every detail exudes sophistication, from the seamless, luminous layout to modern amenities like skylights, in-floor heating, and central air conditioning.



SOLD

2216 12 Avenue NW

List Price: \$989,900

Sending congratulations to my sellers on the sale of your property. Appreciative for the connection and the opportunity to represent you.



SOLD

807 21 Avenue SE

List Price: \$549,900

Deeply grateful for referrals from past clients and extending heartfelt congratulations to new clients on your successful sale.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM



SCAN ME



#1 OFFICE WORLDWIDE
*Based on Total Dollar Sales
Volume for a Single Office