# E HOUNSTILL

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES



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## **CARDINAL**

BY TREVOR RAMAGE

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THE OFFICIAL HOUNSFIELD HEIGHTS-BRIA



### **Magic Carpet Ride**

Family Literacy Program



#### A family that reads together, grows together.

The Magic Carpet Ride program is for 3-5 year olds and their parents or caregivers. We help families learn to use everyday activities to build a love of literacy and learning. Held at convenient locations across Calgary.



Reading



**At-Home Activities** 



**Singing** 

#### **FREE!** Contact us to learn more:

famlit@canlearnsociety.ca (403) 686-9300 ext. 128













## Hounsfield Heights – Briar Hill Community Association BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL	PHONE
President	Marsh, Jeff	president@hh-bh.ca	
1st Vice President and Facilities	Sammet, Gunter	vp@hh-bh.ca	
2nd Vice President	Wong, Kin	2nd.vp@hh-bh.ca	
Treasurer	Winkler, Kathryn	treasurer@hh-bh.ca	
Secretary	Falconi, Sandra	secretary@hh-bh.ca	
Land Use Director	Atkinson, Elizabeth	land.use@hh-bh.ca	
Communications	Falconi, Sandra	communications@hh-bh.ca	
Education Director	Roessingh, Hetty	education@hh-bh.ca	
Events Planning Director	Vacant	events@hh-bh.ca	
Programs Director	Vacant	programs@hh-bh.ca	
Community Safety Director	LeGrandeur, Michelle	community.safety@hh-bh.ca	
IT Director	Wong, Kin	it@hh-bh.ca	
Executive Director	Noonan, Val	executive.director@hhbh.ca	403-282-6634
PROGRAM COORDINATORS			
Indoor Soccer	Cumming, Darcy	indoor.soccer@hh-bh.ca	
Outdoor Soccer	Vacant	outdoor.soccer@hh-bh.ca	
Youth Badminton	Vacant	badminton@hh-bh.ca	
COMMUNITY RESOURCES			
Louise Riley Library	Thomson, Allison		

### **CONTACT**

Mailing Address: Box 65086, RPO North Hill Calgary, AB, T2N 4T6

Board Room / Gym - 1922 - 14 Avenue NW

**Parking:** West of the Louise Riley Library, accessed via the library driveway. Hall/Gym is located NE of our parking lot, just across the soccer field.

Phone: 403-282-6634 Email: admin@hh-bh.ca

Beacon Submissions: beacon@hh-bh.ca

Boardroom/Gym Bookings: bookings@hh-bh.ca



For the latest news, programs and events, please visit our Official HH-BH Community Association website at **www.hh-bh.ca**.



Like our Facebook Page www.facebook.com/hhbhca



Follow us on X (Twitter) @hhbhca

Have an idea for a great community program or event? Send your ideas to **events@hh-bh.ca**.

## **MEMBERSHIPS**

Your annual membership is good through July 31, 2025 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST.

Hounsfield Heights – Briar Hill Community Association  Membership Application 2024-25					
Family Name(s):					
First Name - Adults: 1. First Name - Children:		2.			
Address:		Postal Code:			
Home Phone:  Email:					
Would you like to receive the newsletter and other announcements by email?  yes □ no □					
I would be interested in vo	lunteering for:	Membership #			
☐ Land Use	☐ Membership Drive	Valid through July 31 2025			
☐ Green Space/Reforestation	☐ Children's Programs	Annual membership (including GST) is :			
☐ Fundraising	☐ Seniors' Programs	☐ \$20 per household			
☐ Facilities/Ice Rink	☐ Sports Programs	☐ \$10 for seniors			
☐ Communications/Newsletter	☐ Social Activities				
□ Other		Paid by: cash □ cheque □			
Send cheques payable to <b>Hounsfield Heights-Briar Hill Community Association</b> Box 65086 RPO North Hill, Calgary AB T2N 4T6					
Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community					

Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine

months after expiry date of the membership.

WWW.MYCALGARY.COM/MAGAZINES | HOUNSFIELD HEIGHTS-BRIAR HILL

#### **VISION AND MISSION**



#### Vision

A peaceful, central, residential community with friendly neighbours connected through vibrant public space and activities.



#### Mission

Inspire and support residents to build our community together through volunteering, social and recreational activities, and partnerships.

## Age-Friendly Calgary Essential numbers for seniors in Calgary

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9-1-1 Emergency (24-Hour)	<b>403-SENIORS (403-736-4677)</b> The Way In					
For EMERGENCY medical, fire and police response. Call the non-emergency	Information, advice and help accessing programs and benefits for older adults.					
police line at <b>403-266-1234</b> to report an incident that is not an emergency.	<b>403-266-HELP (403-266-4357)</b> Distress Centre and SeniorConnect (24-Hour)					
8-1-1 Health Link (24-Hour)	Crisis support and urgent social work response					
Health advice (including dementia advice) from a registered nurse.	(including if you are concerned about a senior at risk in the community).					
<b>3-1-1</b> City of Calgary (24-Hour)	<b>403-943-1500</b> Access Mental Health					
Information on all City of Calgary services. www.calgary.ca	Non-urgent advice on navigating the addiction and mental health system.					
<b>2-1-1</b> Community Resources (24-Hour)	<b>403-705-3250</b> Elder Abuse Resource Line (24-Hour)					
Information and referrals for community and social services.	Confidential information and support, or to report a suspected case of elder					

### Let's Talk...

DEC. 10, 2024

TIME: 2:00 pm Doors at 1:30 pm

Join us as we continue our Let's Talk series and discover "What Brings People Together"
This month, Michelle Mcfarlane, General Manager, North Hill Mall, will discuss what she sees bringing people together at the mall, and provide some information surrounding future plans for the mall.

HH-BH Community Centre 1922 - 14 Ave NW



abuse.

Telephone language interpretation service available on all lines.

www.ab.211.ca



#### Riley Local Area Plan Referred to Administration by Council for More Work – May Get Worse

This is a short update on the Riley LAP process, which is becoming even more concerning for our community. The City is developing a new Riley Local Area Plan (LAP) for our community. This will replace the Hounsfield Heights – Briar Hill Area Redevelopment Plan (ARP), which has guided the redevelopment of our neighbourhood since the 1980s. The City circulated their latest Phase 4 LAP draft online a few months back – look at https://engage.calgary.ca/Riley/Realize. Their plan, as it is, makes fundamental changes to our community, including six and four storey apartments permitted to replace single-family homes in a significant portion of our community, six storeys permitted below the Hounsfield Heights escarpment, and narrow infill homes permitted throughout.

The initial council IPC hearing about the Riley LAP was on October 16, and they made a motion that it go back to City Administration for more work to "Prioritize greater density around Transit Oriented Development (TOD) sites within the Riley Communities Local Area Plan". The motion also included a clause about improving mobility planning. The full council unanimously passed this motion of referral on October 29. The scheduled public hearing on December 3 has been cancelled. Councillors had different motivations for approving the motion, and do not necessarily support the clause for even more density, but the City will do what the motion instructs, and fighting these changes will now be even more difficult.

Lions Park LRT station is the main TOD site discussed, and this motion instructs the City to add more density around our station. This very likely means they will propose twelve storeys in Hounsfield Heights and push apartments further into the community – exactly the opposite of what the citizens affected by these proposals have been saying. The Community Association has spoken about reasonable compromise and the effects on our community, but none of our concerns were heard.

Further, the Municipal Development Plan and Transit Oriented Development guidelines state that existing stable communities should be respected. The MDP says "ensure infill development complements the established character of the area and does not create dramatic contrasts in the physical development pattern", but neither the current proposal nor suggested changes on referral do this. However, the City is also working on replacing the Municipal Development Plan with the "Calgary Plan", and these concepts of considering context and respecting the citizens and communities that are already there do not appear to be included anymore...

If you receive this in time, please come out to the Community Association Annual General Meeting on November 28, to learn more about this issue and what we can do! Personally, I think it is grossly unfair and unreasonable to ignore context like this – we need to step up our lobby about context and respect – that everyone counts, and existing communities should not be thrown under the bus! Community members may wish to consider expressing their opinions directly to council (themayor@calgary.ca, ward07@calgary.ca, our councillor Terry Wong, and similarly for the rest of the 14 councillors – ward01@calgary.ca etc.). We can discuss and answer questions at land.use@hh-bh.ca.

#### Beth Atkinson

Director – Land Use, Hounsfield Heights – Briar Hill Community Association



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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FOR MORE INFO CALL (403) 282-6634

#### **SAFE AND SOUND**

#### **Cold Weather Safety**

by Alberta Health Services

Emergency Medical Services (EMS) paramedics respond to a number of cold weather-related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

#### **Frostnip**

- Frost-nipped skin is extremely cold, but not yet frozen skin:
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

#### **Frostbite**

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, not hot, water until fully re-warmed;
- Call 9-1-1 or seek further medical attention as required.

#### Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;



- Early recognition and prompt medical attention is key. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible.
   Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

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SCAN THE QR CODE FOR THE SOLUTION





#### by Anne Burke

Phase 3 of the Connect: Calgary's Parks Plan is underway, and the draft plan was shared with the public and partners before Council's expected approval in early 2025. You can send questions or comments directly to the project team by emailing parksplan@ calgary.ca. Please note that these will not be included in the final Phase 3 What We Heard Report. A Park is a space set aside for enjoyment, recreation, education, cultural or aesthetic use, or for the protection of wildlife or natural habitats. An urban forest includes trees and shrubs intentionally planted, naturally occurring, or accidentally seeded within city limits. This means all trees in parks, river valleys, streets, roadways, natural areas, and commercial and private lands.

A Natural Area is a City-owned park or open space where the primary role is protection of a (relatively) undisturbed parcel or with a natural/native plant community. Natural areas are categorized to provide guidance for management and permitted uses according to habitat sensitivity and conservation needs. Habitat is the environment where the life cycle of a species is found and characteristics of the place (climate or suitable food and shelter). A Habitat Management Plan means a ten-year operational plan on how we manage natural areas that help maintain or improve the health and function of a park. Calgary's natural ecosystems are categorized by their habitat type (e.g., grassland, forest, wetland). There are also categories for classifying parks with natural environments: Special Protection or Major; Supporting (may be buffers), and other naturalized parks. Naturalization means improving management or repairing some function. For Environmentally Significant Areas, some key natural components recognized by the City of Calgary are Water Quality and Quantity; Rare, Intact, or Biologically Diverse content; and Habitat for Native Species of Interest. Read more at engage.calgary.ca/parksplan.

#### **GAMES & PUZZLES**

#### **Guess the Holiday!**

- 1. This holiday seems like it could be named after a sport, but it has nothing to do with one.
- 2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.
- 3. This holiday typically revolves around one shape.
- 4. Eggnog, trees, and bells are classic elements of this holiday.
- 5. Costumes are a huge part of the fun of this holiday.
- 6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.











Calgary Confederation Len Webber, MP 2020 – 10 St NW Calgary, AB T2M 3M2

403-220-0888

✓ len.webber@parl.qc.ca

#### **Christmas Help**

This month, many families will gather around the table to celebrate Christmas with loved ones. Unfortunately, the meal will not be as grand as it once was for a growing number of families.

Food Banks Canada has reported that food bank use in Canada is setting all-time records with shocking regularity. They report that up to 25% of Canadians are living in a state of poverty, while 35% feel worse-off financially. Canadians are struggling to keep their heads above water, relying on food banks to survive.

Food bank use in Canada has doubled since 2019 with over two million visits in March 2024 alone. This is 6% higher than last year and this year will likely set a new record.

Food Banks Canada blames inflation, housing costs, and insufficient social supports for creating the food insecurity problem.

At the same time, a 23% hike in the carbon tax is not helping. If you tax the farmer who grows the food, and the trucker who ships the food, you end up taxing the Canadian who buys the food.

One-third of those using food banks are children. One-in-five is employed and 70% live in market rent housing. These are people struggling to keep up. Food insecurity has a huge impact on one's mental health and overall health outcomes. This in turn puts additional stress on other social services and the healthcare system.

This Christmas season, if you are able, please donate to a food bank or food pantry so that we can all celebrate Christmas like we used to.

While the need for donations continues throughout the year, your Christmas donation sends a special message of support to those who need it the most during the holiday season.

## Cats. Canines. & Critters of Calgary Echo, Signal Hill Chip, Woodbine George, Huntington Hills George, McKenzie Towne Lola, Calgary Misty, Queensland Pedro, Sandstone Valley Walden To have your pet featured, email news@mycalgary.com

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**HOUNSFIELD HEIGHTS** | **BRIAR HILL MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING:** Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



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Wishing you a joyful holiday season filled with warmth, happiness, and special moments.



#### 111 Woodland Lane

List Price: \$2,999,900

Experience a sophisticated, tranquil lifestyle on 4 acres in Bearspaw, complete with a chef-inspired country kitchen, an outdoor saltwater pool, and multiple elegant spaces for indoor and outdoor living.



#### 370 Capri Crescent NW

List Price: \$2,150,000

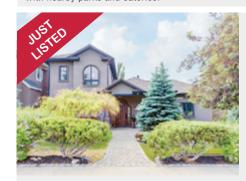
Congratulations to terrific clients. Your continuous trust and loyalty are the greatest compliments I could receive.



#### 2329 6 Avenue NW

List Price: \$1,999,900

An exceptional home with stunning curb appeal framed by mature trees. Features include a custom staircase, an elegant wine room, all nestled in a vibrant neighbourhood with nearby parks and eateries.









2447



#### 1827 11 Avenue NW

List Price: \$1,499,900

Breathtaking views await. Enjoy serene landscaping, an open floor plan, a walkout lower level, and a dream garage complete with a lift.

Not intended to solicit buyers or sellers currently under contract with a broker.

**CARDINAL**BYRAMAGE.COM **└** 403.850.2560 **F ◎ X** 





\*Based on Total Dollar Sales Volume for a Single Office