# 岩HUNTINGTON HILLS HHONKER

THE OFFICIAL VOICE OF THE HUNTINGTON HILLS COMMUNITY ASSOCIATION







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TO FIND OUT WHAT IS HAPPENING AT YOUR LOCAL COMMUNITY, READ THE HONKER!











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THANKS FOR GIVING US THE OPPORTUNITY TO SERVE YOU!





remove his blue tooth.











### 520 – 78 Avenue NW, Calgary

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OOSC Director of Children Services	Sarah Kidd			



# Longest Day

Mark your calendars - this year's summer solstice will take place on June 20. Calgary will experience approximately 16 hours and 35 minutes of daylight. That means there is plenty of time to play, relax, and maybe even forget what bedtime is!

## Where Community Becomes Family

403-275-6666

Register or drop-in for programs!





Curling

@huntingtonhills curlingcalgary

Out of School Care & Camps



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@huntingtonhillsca

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Sign up for E-news updates!



www.huntingtonhillscommunity.ca

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Crime Statistics



Real Estate Statistics





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# HUNTINGTON HILLS FOOD PANTRY

# **BOOKING QUICKLY - LIMITED SPACES!**

BOOKINGS ACCEPTED MONDAY THROUGH FRIDAY FROM 1:00PM - 7:00PM

🥁 WEEKEND BOOKINGS ARE BY SPECIAL REQUEST

SPACES ARE LIMITED - BOOK WHILE YOU CAN!

## EMAIL US TODAY - WE LOOK FORWARD TO HEARING FROM YOU!

### 🖳 PLEASE EMAIL:

ELCCADMIN@HUNTINGTONHILLSCALGARY.COM

ADD "FOOD PANTRY" IN THE SUBJECT LINE OF EMAIL

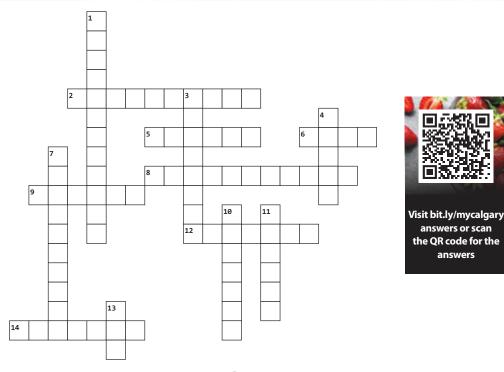
### **₽LEASE CALL**: 587- 392- 2268

NO TEXTS, THIS IS A LAND LINE

VISIT WWW.HUNTINGTONHILLSCOMMUNITY.CA

Huntington Hills

## **June Crossword**

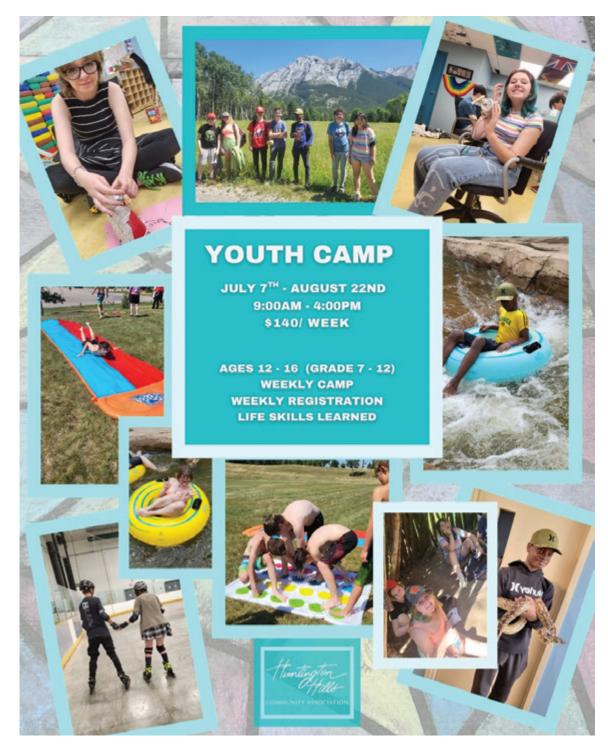


#### **Across**

- 2. The harvest season for this juicy, red fruit typically starts in mid-June in Canada.
- 5. This solstice occurs in June in the Northern Hemisphere.
- 6. On June 21, 1970, \_\_\_\_\_ made history by becoming the first player to win the FIFA World Cup three times.
- 8. Along with the rose, this fragrant plant, popular with bees and hummingbirds, is the birth flower for June.
- 9. The dystopian novel *Nineteen Eighty-Four* by George was first published on June 8, 1949.
- 12. Charles Blondin crossed \_\_\_\_\_ Falls on a tightrope on June 30, 1859.
- 14. On June 23 in the year 930 the world's oldest parliament was established in this Nordic Island nation.

#### Down

- Canadian actor Dan Aykroyd starred in this spooky comedy which premiered in June 1984.
- Known for his role as Marty McFly in Back to the Future, Michael J. Fox was born in \_\_\_\_\_\_, Alberta on June 9, 1961.
- 4. Hockey Hall of Fame inductee, Cam \_\_\_\_\_, was born on June 6, 1965, in Comox, BC.
- Famous for songs such as "Ironic" and "Hand in My Pocket", Alanis \_\_\_\_\_\_ celebrates her birthday on June 1.
- 10. Avril \_\_\_\_\_\_'s debut album *Let Go* was released on June 4, 2002.
- 11. This superhero movie, directed by Tim Burton, premiered in June 1989.
- 13. The first broadcast of this 24-hour news channel occurred on June 1, 1980.

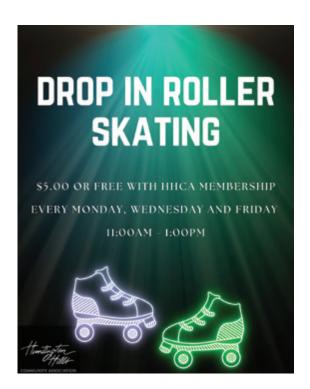




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SCAN THE QR CODE FOR THE SOLUTION







### YOUR CITY OF CALGARY

## Property Tax Is Due Monday, June 30, Pay or Join TIPP By Then to Avoid Late Payment Penalties

by The City of Calgary



Property tax bills were mailed out on May 14, with a payment due date of Monday, June 30.

New this year, property owners will also be able to access online their current year's tax bill, and four previous years, through the City of Calgary's secure website, calgary.ca/mytax.

The City's Tax Instalment Payment Plan (TIPP) is the most popular payment method. You pay the same amount as your annual property tax bill, but instead of one large lump sum payment in June, you pay smaller monthly instalments. TIPP makes budgeting easier, and you reduce the risk of late payment penalties.

Signing up for TIPP is easy and you don't need to re-apply each year. The easiest and fastest way to join is using TIPP Online. It's easy, safe and secure. Through TIPP online, your customized agreement will be processed automatically. Once you submit, you will receive an email confirming your enrolment. To access TIPP Online, go to calgary.ca/TIPP and click on the 'Join TIPP' box.

You can also request a TIPP agreement by calling 3-1-1. If calling from outside Calgary dial 403-268-2489.

Plan enrolment must be completed by the due date shown on your tax bill to avoid a late payment penalty.

If you're already on TIPP, you can visit calgary.ca/TIPP to learn how your monthly TIPP instalments are calculated and adjusted.











Read
Return
Repeat

Seed A Book?
Take One
Seed A Pazzle?
Take One
Steed A Pazzle?
Take One
Borrow a Game?
Heave One



Association
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pioneers50@shaw.ca
403-275-4294



# **Come Try Something New!**









# DROP IN PICKLEBALL

NEW DROP IN TIMES

BEGINNER DROP IN TIMES EVERY
MONDAY, WEDNESDAY & FRIDAY AT 2:00 PM

MONDAY: 10:00 AM - 12:00 PM

12:00 PM - 2:00 PM

2:00 PM - 4:00 PM

TUESDAY: 10:00 AM - 12:00 PM

12:00 PM - 2:00 PM

3:00 PM - 5:00 PM

WEDNESDAY: 10:00 AM - 12:00 PM

12:00PM - 2:00 PM

2:00 PM - 4:00 PM

THURSDAY: 10:00 AM - 12:00 PM

12:00 PM - 2:00 PM

3:00 PM - 5:00 PM

FRIDAY: 10:00 AM - 12:00 PM

12:00 PM - 2:00 PM

2:00 PM - 4:00 PM

PUNCH CARDS AVAILABLE FOR PURCHASE OR DROP IN FOR \$5.00 EACH TIME

## **Roasted Chickpea Salad**

by Jennifer Puri

Chickpeas are often considered a superfood due to their high nutritional value and have been enjoyed by humans for over ten thousand years.

Grown in over fifty countries, chickpeas are a type of legume and in the same family as peanuts and kidney beans.

The high plant-based protein and fiber of chickpeas may also promote healthy ageing and assist in retaining our skin's elasticity and firmness.

Roasted chickpea salad is delicious on its own or can be served with pita bread or as a side salad.

Prep Time: 30 minutes

Cook Time: 30 minutes

### Servings: 4

#### Ingredients:

- 1 540 ml can of chickpeas
- 2 tbsp. olive oil
- 1 tsp. paprika or hot pepper sauce
- 1 tsp. salt
- ½ tsp. ground black pepper
- 4 cups of chopped head lettuce
- 4 cups of cooked quinoa
- 1 cup Kalamata olives
- 1 cup sliced radishes
- 1 cup cucumber chopped
- 1 cup chopped tomatoes
- 1 small container of store-bought red pepper hummus

#### **Dressing:**

- 1/4 cup extra virgin olive oil
- ¼ cup almond butter
- 3 tbsp. fresh squeezed lemon juice
- 2 tsp. Dijon mustard
- 2 tsp. maple syrup
- ½ tsp. salt
- ½ tsp. coarsely ground black pepper
- 5 to 6 tbsp. cold water

#### **Directions:**

- Preheat oven to 450 degrees Fahrenheit.
- Rinse, drain, and pat dry the chickpeas and place in a small bowl, then combine with the olive oil, salt, black pepper, and paprika or hot pepper sauce.
- Spread chickpeas on a foil lined baking tray and bake in the oven for about 25 to 30 minutes until brown and crisp. Remove from the oven and allow to cool.
- In a screw top jar place the olive oil, salt, pepper, Dijon mustard, lemon juice, and maple syrup, and shake until combined. Next add the almond butter and 5 to 6 tbsp. of cold water and stir until you get a smooth consistency.
- To serve divide the quinoa among the bowls and top with lettuce, olives, radish, tomatoes, cucumber, roasted chickpeas, red pepper hummus, and some dressing. Serve with pita bread if desired.

#### Bon Appétit!











SAB CONNECTIONS

# ANNUAL BACKPACK PROGRAM



A PROGRAM TO HELP STUDENTS IN NEED TO ASSIST THEM WITH BACK-TO-SCHOOL FEES.



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## **DROP-OFF LOCATION:**

150 Martinbrook Rd NE, Calgary, AB T3J 3E3
\*or we can send a volunteer to pick up the items\*



Email us at contactsabconnections@gmail.com or call (403) 708-7924





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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

# WORD OF THE MONTH

**Acumen: noun** (uh-kyoo-muhn, ak-yuh-) A keenness; the ability to make quick, good decisions.

Her sharp business acumen meant she would be a great CEO at the company.



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