KINCORA

YOUR OFFICIAL KINCORA COMMUNITY NEWSLETTER





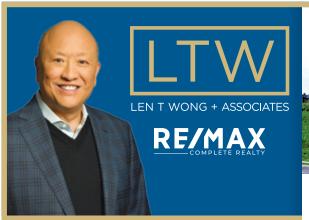
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		Properties		Median Price	
		Listed	Sold	Listed	Sold
October	25	12	6	\$699,900	\$676,500
September	25	12	8	\$544,950	\$535,000
August	25	10	9	\$335,000	\$320,000
July	25	7	18	\$427,500	\$414,250
June	25	21	7	\$524,900	\$510,000
May	25	21	8	\$712,450	\$710,250
April	25	7	8	\$654,950	\$668,250
March	25	11	7	\$699,900	\$695,000
February	25	12	10	\$764,450	\$763,750
January	25	10	5	\$689,900	\$667,250
December	24	4	5	\$719,900	\$715,000
November	24	4	7	\$505,000	\$492,500
To view more detailed information that comprise the above					

To view more detailed information that comprise the above MLS averages please visit kca.mycalgary.com







KINCORA COMMUNITY ASSOCIATION MEMBERSHIP

www.kincora.org (Online Registration and Payment)

KCA Membership Fee: \$20

Cheque is payable to the Kincora Community Association (NO CASH) Mail: P.O. Box 47146 Creekside, Calgary, AB T3P 0B2

Last Name:	First Name:	Are you interested in volunteer opportunities? Date (dd/mm/yy)
Address:		
Home Phone:	Alternative Phone:	

Registration confirmation is sent out from wpadmin@kincora.org. Please contact members@kincora.org for inquiries.

Information is collected under the authority of the Freedom of Information and protection of Privacy Act, section 33(c). This information is used to record your Kincora Community Association membership household payment history. This information will only be used in whole or in part for internal statistical reporting. It will never be shared with a third party. If you have any questions or concerns regarding the use or collection of this information, please contact us.

KINCORA BOARD OF DIRECTORS

PO BOX 47146, Creekside, Calgary, AB, T3P 0B2 www.kincora.org • communications@kincora.org

NAME	VOLUNTEER POSITION
Dicky Sum	President
Kris McPherson	First Vice-President
Vacant	Second Vice-President
Wesley Hall	Treasurer
Vlad Rudko	Secretary
Thouseef Usman	Director of Communications
Charles Zhang	Director of Rink Operations
Sydney Kennedy	Director of Membership
Zachary Kennedy	Director at Large
Vacant	Director of Events

Connect with Kincora Community Association - KCA

KCA is a non-profit organization run by volunteers from Kincora. We have many ways of engaging with you. You can also communicate with us! Take a moment to connect to your community, receive regular updates, and have your voice heard.

Our Website

Go to www.kincora.org to register for a free account. You can access information about upcoming events, becoming a volunteer, paying your membership fees, and other useful community links. For assistance with your website account, please contact members@kincora.org.

Emails

Once you create an account on our website, you can choose to receive emails from us. You must choose to get them. To do this, simply log in, go to the "Members" tab; click "Profile", then "Email Options". Emails are typically sent once a month, or to announce event information.

Our Newsletter

Our official newsletter – *Kincora News* will provide meaningful information that your family will find useful. All your editorial submissions will be considered for printing and must be submitted by the first day of the month for the following month's publication.

Social Media

We can also be reached on our Facebook pages @KincoraCommunity and @KincoraResidents, on X (Twitter) @Kincora_YYC, or on Instagram @kincora_art. There you will be able to interact with us, receive regular updates, and connect with other engaged residents of Kincora.

Symons Valley United Church (Kincora Community Hall)

36 Kincora Rise NW, Calgary, AB

Sunday Worship and Livestream at 10:30 am

Contact Reverend Vicki McPhee and Reverend Hillary van Spronsen at 403-274-2361 or visit symonsvalleyuc.com.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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PRESIDENT'S MESSAGE

Hello Kincora,

Season's Greetings to all Kincora residents! As we approach the end of the year, I want to extend my warmest wishes to you and your loved ones for a joyful and restful holiday season.

Board Update

First, I would like to take this opportunity to thank Vlad, our KCA Secretary, who will be resigning at the end of December. Vlad's dedication and hard work over the past year have made a significant impact on our association and community. On behalf of the KCA, I want to express our sincere gratitude for his contributions and wish him all the best

Good things happen in Kincora when you care! I encourage you to consider joining the KCA Board. We currently have several open positions:

- Second Vice President
- Director of Volunteers
- Director of Events
- Secretary

Serving on the board gives you the opportunity to be the first to know what's happening in our community and in Calgary from our elected officials and drive positive changes in Kincora. You will also develop your management and organizational skills and connect with amazing people within our community. If you are interested, or even just curious, please send us an email.

Volunteerism

Volunteerism is what keeps our community vibrant. I'd like to recognize Annette Hall, our KRA President, who crafted the festive planter covers and installed them that brighten Kincora over the years. Please join me in giving Annette a big shout-out for her dedication to making our community better.

Event Update

This year, we are bringing back the Christmas Decoration Photo Contest! Check our website and Facebook page for details and updates.

And, looking ahead, the KCA Board is actively planning our upcoming Annual Winter Festival for next year in February. As always, there will be horse wagon rides, hot chocolate, donuts, and more. If you have a business or your organization wants to engage with our community during this event, please reach out to me at president@kincora.org.

Safety

Lastly, as winter settles in, please remember to stay warm and safe. Don't leave your car unlocked while warming it up, as this can create an opportunity for theft. And, if you notice your neighbour left their garage door open, don't be shy — let them know.





How to Highlight the Quality of a Newer Home to Attract Serious Buyers

by Virginia Cooper



Selling a newer home should, in theory, be easier—after all, the paint is fresh, the systems are modern, and everything feels move-in ready. But in practice, newer homes compete on perception, not just price. Buyers want proof of quality, and the sellers who demonstrate that proof most convincingly are the ones who convert "curious browsers" into buyers.

TL;DR

- Buyers trust what they can see, verify, and document.
- Showcase builder upgrades (materials, finishes, warranties).
- Offer a pre-listing inspection to show transparency.
- Present an organized documentation packet that reinforces quality and condition.

These actions shift buyer perception from "Is this home worth it?" to "This home is a safe investment."

1. Start with the Builder's Story

Most buyers don't just want to know who built the house — they want to know why it's better than the average home next door. If your home includes premium materials, energy-efficient systems, or smart-home upgrades, make them visible:

- Feature builder highlights in your listing description.
- Include brand names (e.g., Andersen windows, Moen fixtures, Bosch appliances) for credibility.
- Showcase any transferable warranties or green certifications (like Energy Star or LEED ratings).

A clear, fact-based comparison to standard features can create trust quickly.

2. Create an Experience, Not Just a Showing

Newer homes can sometimes feel impersonal — so your job is to make quality tangible. During showings:

- Stage selectively. Highlight craftsmanship with minimalist décor that lets details shine.
- Use daylight to emphasize finishes like hardwood, tile, and cabinetry.
- Keep all mechanical and system panels (HVAC, electrical, etc.) spotless and clearly labeled.

Buyers notice cues of care. Even new homes lose appeal if they feel unmaintained.

3. Offer a Pre-Listing Inspection

Transparency is magnetic. A certified pre-listing inspection signals confidence in the home's condition — and that you're not hiding surprises.

An inspection can:

- Validate that systems are in peak shape.
- · Identify minor fixes before they become buyer objections.
- Reduce negotiation friction and build immediate trust.

4. Organize Proof of Quality (The Confidence Packet)

Buyers love documentation — especially those purchasing newer homes. Creating a downloadable, well-organized packet builds buyer confidence faster than any marketing phrase can.

Include in your packet:

- Builder plans and upgrade lists.
- Inspection reports and receipts for recent services.
- Appliance manuals and warranties.
- Maintenance records and HOA documentation.

Store the file digitally, label everything clearly, and save it as a PDF so it's universally accessible. A clear, structured packet demonstrates professionalism and reliability — two powerful emotional triggers for serious buyers.

If you're not sure how to compile or convert files, you can use a free online tool to combine or convert different file types into one polished PDF. Buyers and agents appreciate having an organized, shareable summary at their fingertips.

5. Add a Human Touch: Testimonials and Builder **Endorsements**

Real people validate what glossy marketing can't. Include:

- A short testimonial from your builder or contractor about the materials and workmanship.
- Reviews from neighbours who bought similar models or upgrades.
- · Quotes from local service pros who can vouch for system reliability.

These micro-endorsements transform a data-driven listing into a story that resonates emotionally. You can even use layout inspiration you find online.

6. Checklist: Quality-Confidence Readiness

Use this quick self-audit before going live:

• Builder name, upgrades, and warranties clearly stated in the listing.

- Pre-listing inspection completed and summarized for buvers.
- All receipts, records, and floor plans consolidated into one PDF packet.
- Home is spotless, staged, and systems labeled.
- Testimonials and neighbourhood context included.
- presentation materials emphasize Agent transparency, not salesmanship.

This checklist ensures your home isn't just seen — it's trusted.

7. Comparison Table: What Buyers Notice Most

Buyer Focus Area	Traditional Home	Newer Home Done Right
Maintenance Costs	Unpredictable	Documented, predictable
Efficiency	Varies by upgrade	Proven energy metrics
Transparency	Reactive inspection	Proactive pre- listing report
Documentation	Scattered or absent	Single organized packet
Emotional Pull	Nostalgia- driven	Confidence- driven

FAO

Should I still stage a newer home?

Absolutely. Even pristine homes need warmth. A few well-placed furnishings guide buyers' imagination without masking details.

Is a pre-listing inspection worth it for a new house?

Yes. It confirms what buyers hope is true — that the home is sound — and it prevents surprise renegotiations later.

What if my builder is no longer in business?

Provide whatever documentation remains (permits, manuals, or product brand lists). The goal is to show the story of quality, not the brand name alone.

Conclusion

A newer home sells fastest when it tells a story of verified quality. Clear builder documentation, visible upkeep, and transparent proof transform your property from "another listing" into a verified investment. In today's data-driven market, credibility isn't just earned — it's engineered.

MENTAL HEALTH MOMENT

Self-Care Through the Holiday Season

by Nancy Bergeron, R.Psych | info@nancybergeron.ca

The holiday season often arrives with a mix of excitement and exhaustion. Between family gatherings, financial pressures, and the weight of expectations, it's easy to lose sight of your own well-being. Yet caring for yourself—body, mind, and spirit—is one of the most meaningful ways to experience the season with more peace and joy.

Here are some simple ways to stay grounded and well through the holidays.

1. Slow Down and Simplify

The holiday rush can make even meaningful traditions feel like chores. This year, consider doing less so you can enjoy more.

Ask yourself:

- · What truly brings me joy or connection?
- What could I let go of this year?

Simplifying plans, menus, or gift lists can make space for rest, laughter, and moments of genuine presence.

2. Nourish Your Body with Care

Cold weather, busy schedules, and rich food can leave you feeling depleted. Instead of striving for perfection, focus on gentle balance.

Eat regularly, stay hydrated, and make time for movement—even a short walk outside helps reset your nervous system. Rest when you can. Your body is not a machine; it's your home.

3. Set Emotional Boundaries

The holidays often highlight complicated relationships. You have the right to protect your emotional energy.

It's okay to say "no", leave early, or change plans that don't feel right.

Boundaries aren't unkind—they're how we create safety and preserve the capacity to show up with love where it matters most.

4. Stay Connected to What Matters

Amid the noise and marketing, take moments to remember what feels meaningful to you.



That might be spiritual reflection, gratitude, giving, or time in nature. Meaning doesn't come from doing more—it comes from doing what aligns with your heart.

5. Mind Your Inner Dialogue

Many people carry silent stress about doing the holidays "right." Notice the voice of pressure or guilt and replace it with compassion.

Instead of, "I should be happier," try, "It's okay to feel however I feel today."

Self-kindness softens expectations and makes room for authentic joy.

6. Create Restorative Moments

Small, intentional pauses can have a big impact:

- Light a candle and breathe deeply for one minute.
- Step outside and notice the winter air.
- Write down one thing you're grateful for each day.
- These simple rituals help your mind and body reset amid the busyness.

7. Ask for Support When You Need It

If the holidays stir up grief, loneliness, or old wounds, you don't have to face it alone. Reach out to a trusted friend, support group, or therapist.

Sometimes the bravest thing you can do is acknowledge that you're struggling and allow others to meet you there.

8. End the Year with Reflection, Not Resolution

Before jumping into goals for the new year, pause to reflect.

What did you learn? What moments mattered most? What are you ready to release?

Reflection honours your growth and sets the stage for gentle, sustainable change—no pressure required.

A MESSAGE FROM THE KRA

Hello everyone!

As we approach the end of another incredible year, we would like to take a moment to reflect and express our gratitude. Your kindness, participation, and support have made our community a truly special place.

Kincora Boulevard Project

The electrical repairs for Kincora Boulevard NW have been rescheduled for spring/summer 2026.

This change is expected to result in cost savings by avoiding the higher expenses associated with the fall/ winter construction season. Thank you for your patience and understanding as this important work is completed.

2026 HOA Fees

As part of the KRA Board's year-end planning, we are pleased to confirm that there will be no increase in annual fees for 2026.

- Effective Date: January 1, 2026
- Invoices: Have been distributed to all owners.
- Budget and Fee Assessment: Check your email inbox or owner portal for full details.

Owners using Canada Post may experience delivery delays.

Please ensure that your portal contact information is up to date to receive updates promptly. If you have not received your 2026 HOA fee invoice, please contact Erika, KRA's Simco Property Manager:

- Phone: 403-234-0166
- Email: KincoraRA@SimcoMgt.com

New Simco Fee

Please note that Simco Property Management has introduced a \$50 fee for individual account arrear reminders.

- This fee is not charged or collected by the KRA.
- It applies to both emailed and mailed arrear notices.

The KRA Board is reviewing this new Simco fee to determine how best to align it with our collection process.

Snow Angels Program

With the return of winter, snow has arrived in Calgary and so has the Snow Angels campaign!

This annual initiative encourages residents to help one another by shovelling a neighbour's sidewalk.

Becoming a Snow Angel is easy:

- · Simply adopt a sidewalk and keep it clear whenever it
- Look out for neighbours who might need assistance especially older adults, individuals with limited mobility, or anyone temporarily unable to shovel.

Your small act of kindness helps keep our community safe and connected!

The KRA Board wishes all residents happy holidays and all the best in 2026!

Thank you for helping make Kincora a caring and engaged community.

Kincora Residents Association

kincoraresidents.org



Fingerprints

Though identical twins have the same DNA, they experience development differently. One interesting part of this, is that due to environmental factors in the womb they will not have the same fingerprints!





SYMONS VALLEY PARK UPDATE

Happy Holidays from Symons Valley Park!

As the year comes to a close, we want to wish you and your family a joyful holiday season and a bright start to the new year. Whether you're enjoying time at home, travelling, or playing outside in the snow, we hope this season brings rest, connection, and a little everyday magic. Thank you for being part of a community that believes in creating a place where neighbours can gather, play, and make memories all year long.

Project Update: We've Entered Stage Gate 1!

We're excited to share a major milestone: Symons Valley Park has officially entered Stage Gate 1 of development. This phase includes pre-construction geotechnical surveying: the very first step toward design and construction. These investigations help determine where future features such as buildings, pathways, underground utilities, and amenities will be placed. In other words: we're moving from vision to realistic drawings and concepts, a step closer to reality.

Thank You to Our Donors

A heartfelt thank you to everyone who donated in November, including those who contributed during the Giving Tuesday raffle. December is the last chance to make a charitable donation and have it applied to your 2025 tax year. If you're considering a year-end contribution, this is a meaningful moment to maximize your tax return and help build Calgary's next great community space.

Fun Park Fact

Did you know? The earliest recorded ice-skating blades were made of animal bone and were used in areas where Finland is today more than 4,000 years ago. People tied them to their feet with leather straps and pushed themselves along the ice using wooden poles [1]. We've come a long way... good thing modern skates are a little easier to use!

How You Can Help

- Donate: Every dollar counts! Instructions on our website.
- · Spread the word: Share our project with friends, family, and neighbours.
- Volunteer: Join the team making Symons Valley Park

possible. Learn more about how you can volunteer on our website.

• Follow us: @SymonsValleyPark on Facebook and Instagram.

Thank you for being part of this journey!

Symons Valley Leisure and Amenities Society

www.symonsvalleypark.ca

Resources:

[1] Wilton, P. (2008, December 16). Yule blog: Ancient ice skating. Oxford News. https://www.ox.ac.uk/news/ science-blog/yule-blog-ancient-ice-skating.



Age-Friendly Calgary Essential Numbers for Seniors in Calgary

9-1-1 Emergency (24-Hour)

For EMERGENCY medical, fire, and police response. Call the non-emergency police line at 403-266-1234 to report an incident that is not an emergency.

8-1-1 Health Link (24-Hour)

Health advice (including dementia advice) from a reaistered nurse.

3-1-1 City of Calgary (24-Hour)

Information on all City of Calgary services. www.calgary.ca.

2-1-1 Community Resources (24-Hour)

Information and referrals for community and social services. www.ab.211.ca.

403-SENIORS (403-736-4677) The Way In

Information, advice, and help accessing programs and benefits for older adults.

403-266-HELP (403-266-4357) Distress Centre and SeniorConnect (24-Hour)

Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).

403-943-1500 Access Mental Health

Non-urgent advice on navigating the addiction and mental health system.

403-705-3250 Elder Abuse Resource Line (24-Hour)

Confidential information and support, or to report a suspected case of elder abuse.

Staying Healthy Through the Holidays

by MPC Foundation



The holiday season is a time of celebration, connection, and comfort — but it can also bring changes in routine, rich foods, colder weather, and a bit of extra stress. For many seniors, these shifts can take a toll on energy and overall wellness. The good news is that with a few simple habits, you can enjoy all the joys of the season while staying healthy, balanced, and energized.

Steady Routines

Start by keeping a steady routine whenever possible. With parties, family visits, and special events, schedules can get hectic. Try to maintain regular sleep, meal, and medication times. A consistent routine helps your body stay in sync and reduces fatigue.

Nutrition

Nutrition is also key. Holiday treats are part of the fun but make sure to balance them with nourishing foods like fruits, vegetables, and lean proteins. Stay hydrated, even when it's cold — a cup of herbal tea or warm water with lemon can be just as refreshing as a summer drink. And remember, it's okay to enjoy a piece of pie or a few cookies — moderation keeps both body and spirit happy.



Staying Active

Staying active during the winter months can be a challenge, but movement is one of the best gifts you can give yourself. Gentle walks, light stretching, or chair exercises help boost circulation and mood. If the weather keeps you indoors,

turn on some holiday music and move along — a few minutes a day makes a big difference.

Emotional Health

The holidays can stir memories and emotions, so reach out to friends, attend community events, or volunteer to spread kindness. Staying socially connected helps prevent loneliness and strengthens mental well-being.

Finally, listen to your body and rest when you need to. The season will be much more enjoyable when you feel your best. With a mindful approach, you can celebrate the holidays with energy, comfort, and joy — keeping both your heart and health full this festive season, while creating cherished memories that last a lifetime.

GAMES & PUZZLES Guess the Christmas Song!

- 1. Brenda Lee was only 13 years old when she recorded this "new old-fashioned" Christmas favourite.
- In December of 1965, this was the first song played in space. Hint: It is a classic written by James Lord Pierpont.
- 3. This song was originally called "Tinkle Bells".
- 4. Thurl Arthur Ravenscrof, the singer of this mean, green song, was also the voice of Tony the Tiger.
- 5. Sammy Cahn and Jule Styne ironically wrote this romantic winter song during a heat wave.
- There are three official music videos for this modern Christmas song, as well as a celebrity lip-syncing montage video.







YOUR CITY OF CALGARY

Create More Memories and Less Waste This Holiday Season

by The City of Calgary - Waste and Recycling Services



The holidays bring joy—and extra waste. We generate about 25% more this time of year from wrapping paper, packaging, and leftover food. Small changes can make a big impact:

- Give experiences instead of things. Time together creates lasting memories.
- Make or repurpose gifts. Handmade or passed-down items tell a story.
- Wrap creatively. Reuse bags, bows, or wrap with fabric.
- Shop with purpose. Plan ahead and choose thoughtful gifts.
- Reduce food waste. Stick to a grocery list, use leftovers, or send extras home with guests.

Christmas Tree Composting

When the holidays are over, give your real Christmas tree a green goodbye by choosing one of the following options:

- Green Cart Pickup: Remove decorations, cut into small pieces, and place in your green cart.
- Drop-Off (until January 31): Take your undecorated, unbagged tree to a designated site.

Find locations at calgary.ca/christmastree.

Holiday Collection Changes

Please note blue, black, and green cart pickup date changes in your community!

- Thursday, December 25 moves to Monday, December 22.
- Thursday, January 1 moves to Monday, December 29.

Regular Thursday collection resumes January 8. Check your schedule at calgary.ca/cartschedule.

Thank you for helping keep Calgary clean and green. Happy holidays!



by Anne Burke

Sites of prehistoric interest relate to the precontact history of Native use and settlement. These valuable archaeological resources represent 10,000+ years of occupation by Native inhabitants of the Calgary region. In all, 45 archaeological sites on Nose Hill have been recorded. Stone feature sites include cairns (a human-made pile of stones as a landmark, marker, or memorial), alignments (arrangements in a straight line or correct relative positions), and stone circles. Archaeological studies of Nose Hill began in the early 1970s. Students from the University of Calgary carried out surveys of the entire Calgary region; five prehistoric sites were recorded in what is now the park. These include three tipi ring sites, a lithic (stone) scatter, and a prehistoric campsite.

When the City planned a municipal park for Nose Hill, a Historical Resources Inventory was required in 1978 within the proposed boundaries. The results were a cairn, ten campsites (two with tipi rings), a glacial erratic, four isolated finds, a kill site, 18 lithic scatters, a rock mound site of overgrown gravel, and six tipi ring sites. The Alberta Government in Edmonton held microfiche copies of permit and research reports, in which existing resources were described. In 1982 and 1983, a spring survey of stone circles along the southern margin of the uplands of Nose Hill recorded 60 new rings. This was followed by a series of field trips in the summer and fall of 1993. Conditions were poor, with high grass. The focus was on undisturbed sites but limited to revisiting all the original sites. Aerial photo mosaics of Nose Hill were prepared. Overlays combining trails and archaeological resources were used to relocate sites in the field. Best estimates of site locations were recorded using a GPS receiver.

Quick and Easy Bruschetta Appetizers

by Jennifer Puri



Affordable and versatile, bruschetta is a deliciously simple tomato and basil combo.

A classic Italian appetizer, bruschetta originated in 15th century Italy. Olive growers would grill bread over an open fire to taste their freshly pressed oil. The simple slice of toasted bread later evolved to include cheeses, meats, and olives.

Soft cheeses like goat cheese, ricotta, or brie can create a unique flavour. This recipe uses bleu cheese and slices of French bread, but you can also use ciabatta bread instead. Bruschetta can be served warm or cold as part of an appetizer platter.

Bruschetta pairs well with pastas and salads, grilled chicken, or fish. Leftovers can be refrigerated for two to three days in an airtight container.

Prep Time: 15 minutes **Cook Time:** 10 minutes

Servings: 4 to 6

Ingredients:

- 4 cups of chopped tomatoes
- 2 tbsps. chopped basil
- ¼ cup chopped red onion
- 6 tbsps. extra virgin olive oil
- 1 loaf of French bread

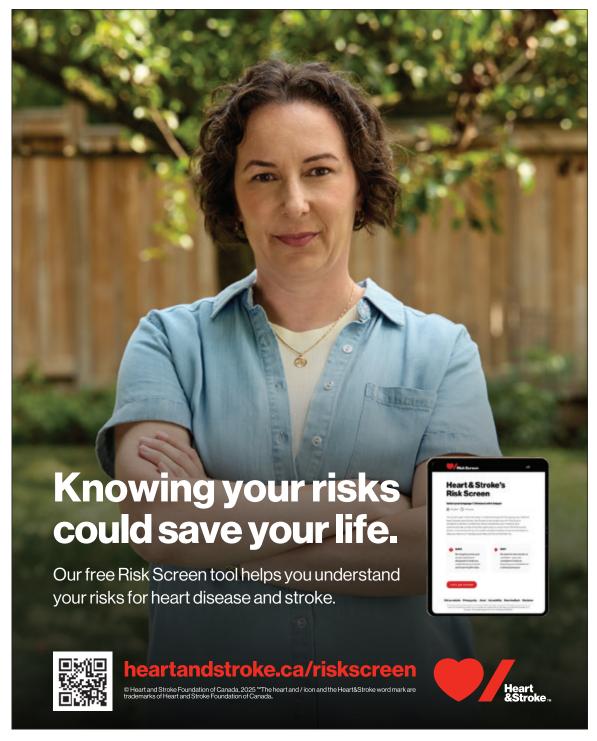
- 1/2 cup mayonnaise
- ½ cup crumbled bleu cheese
- 3/4 tsp. dry mustard
- ½ tsp. salt
- ½ tsp. coarsely ground black pepper
- 1 tbsp. white wine vinegar

Directions:

- 1. Preheat oven to 400 degrees Fahrenheit.
- Slice French bread into ½-inch-thick slices and then cut into half. Lightly brush slices with olive oil on both sides, place on a baking sheet and bake in oven for 10 minutes or until lightly brown.
- Prepare tomato mixture by mixing together tomatoes, red onion, basil, salt, pepper, 2 tbsps. of olive oil, and the white wine vinegar.
- 4. In a separate bowl gently mix together mayonnaise, mustard, and crumbled bleu cheese.
- Spread the cheese mixture on the toasts then top with the tomato mixture. Garnish with fresh basil leaves and serve.

Bon Appétit!







Programs run out of the Huntington Hills Community Centre and VIVO



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Pre-Power | Adult
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BUSINESS CLASSIFIEDS

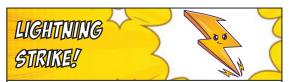
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KINCORA MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.





You may associate getting struck by lightning with electricity. But you can't forget about the extreme heat! Lightning can heat the air it passes through to 50,000 degrees Fahrenheit (27,760 degrees Celsius), which is five times hotter than the surface of the sun!



LEADERS IN COMMUNITY FOCUSED MARKETING

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