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KINCORA NEWS

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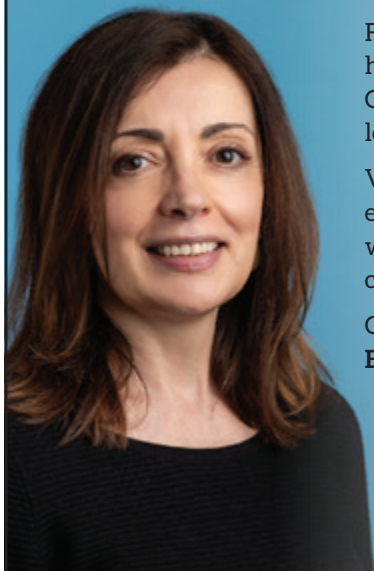
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them.

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the second chance they
deserve.

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KINCORA COMMUNITY ASSOCIATION MEMBERSHIP

www.kincora.org (Online Registration and Payment)

KCA Membership Fee: \$20

Cheque is payable to the Kincora Community Association (**NO CASH**)

Mail: **P.O. Box 47146 Creekside, Calgary, AB T3P 0B2**

Last Name: _____ **First Name:** _____

Email: _____

Address: _____

Home Phone: _____ **Alternative Phone:** _____

**Are you interested
in volunteer
opportunities?** ☐

Date (dd/mm/yy) _____

Registration confirmation is sent out from wpadmin@kincora.org. Please contact members@kincora.org for inquiries.

Information is collected under the authority of the Freedom of Information and protection of Privacy Act, section 33(c). This information is used to record your Kincora Community Association membership household payment history. This information will only be used in whole or in part for internal statistical reporting. It will never be shared with a third party. If you have any questions or concerns regarding the use or collection of this information, please contact us.

KINCORA BOARD OF DIRECTORS

PO BOX 47146, Creekside, Calgary, AB, T3P 0B2
www.kincora.org • communications@kincora.org

NAME	VOLUNTEER POSITION
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Dicky Sum	President
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Kris McPherson	First Vice-President
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Vacant	Second Vice-President
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Wesley Hall	Treasurer
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Vacant	Secretary
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Sandra Rose	Director of Communications
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Charles Zhang	Director of Rink Operations
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Sydney Kennedy	Director of Membership
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Vlad Rudko	Director at Large
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Zachary Kennedy	Director at Large
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Vacant	Director of Events
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Connect with Kincora Community Association – KCA

KCA is a non-profit organization run by volunteers from Kincora. We have many ways of engaging with you. You can also communicate with us! Take a moment to connect to your community, receive regular updates, and have your voice heard.

SCAN HERE TO VIEW ADDITIONAL KINCORA CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Our Website

Go to www.kincora.org to register for a free account. You can access information about upcoming events, members' benefits, becoming a volunteer, paying your membership fees, and other useful community links. For assistance with your website account, please contact members@kincora.org.

Emails

Once you create an account on our website, you can choose to receive emails from us. You must choose to get them. To do this, simply log in, go to the "Members" tab; click "Profile"; then "Email Options". Emails are typically sent once a month, or to announce event information.

Our Newsletter

Our official newsletter – *Kincora News* will provide meaningful information that your family will find useful. All your editorial submissions will be considered for printing and must be submitted by the first day of the month for the following month's publication.

Social Media

We can also be reached on our Facebook pages @KincoraCommunity and, private group, and @KincoraResidents, @Kincora_YYC on X (Twitter), or on Instagram @kincora_calgary. There you will be able to interact with us, receive regular updates, and connect with other engaged residents of Kincora.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

PRESIDENT'S MESSAGE

Dear Kincora Residents,

Happy Canada Day! July is always a special time to celebrate our Calgary Stampede. As we gather with friends and neighbours, I hope you're able to enjoy the beautiful weather and Canadian spirit that make our neighbourhood so welcoming.

The excitement doesn't stop there—our 17th Annual KCA Stampede Breakfast is just around the corner! Mark your calendars and get ready to yahoo! This event brings over 500 attendees who come out to have fun, connect, and have a great breakfast. For the local business, it's not too late to participate as a sponsor. Email at stampede@kincora.org if you are interested.

Remember, the breakfast is free for all KCA members, so renew your membership or join if you haven't already. You can find all the event details on our website at <https://tinyurl.com/4fu4yhes>.

Speaking of memberships, don't forget to check out other benefits available to KCA members at <https://kincora.org/benefits/>.

Also, I am excited to announce that Sandra Rose will be joining our board as Director of Communication. We're thrilled to welcome Sandra and look forward to her energy in keeping our community well-informed and engaged.

Recently, there has been an increase in Facebook posts about coyote activity in our neighbourhood. The City of Calgary encourages everyone to coexist safely with urban wildlife—coyotes are an important part of our local ecosystem. For tips and information on urban coyotes, visit <https://www.calgary.ca/parks/wildlife/urban-coyotes.html>.

Finally, be sure to keep reading this newsletter for a special message from the Kincora Residents Association president.

Thank you for making Kincora such a fantastic place to live. We look forward to seeing you at our Stampede Breakfast. As always, don't hesitate to drop us your ideas and feedback.

Warm regards,

Dicky Sum

President, Kincora Community Association

DATE KINCORA EVENTS 2026

February 21	Skate Night
February 22	8 th Annual Kincora Winter Festival
April 21	KCA AGM
April 25	Earth Day Litter Pickup
May 16	Parade of Garage Sales
June 20	Kincora Neighbour Day
June 30	KRA AGM
July 12	17 th Annual Stampede Breakfast



Kincora Community Association Instagram



When Convenience Becomes a Barrier: How Automation Is Leaving Seniors Behind

by MPC Foundation



As society continues to shift from manual services toward automation, many older adults are finding themselves increasingly isolated and unable to fully participate in everyday activities. While

automation improves efficiency and reduces costs for businesses, it inadvertently creates barriers for seniors who may lack digital literacy and familiarity with rapidly evolving technology.

One of the most visible examples is the widespread adoption of self-service kiosks at airports. In lieu of staffed check-in counters, automated kiosks have become the new norm, requiring passengers to navigate multiple screens, scan identification, and print boarding passes independently. For younger travellers, their technology-based lifestyle allows this to be straightforward. However, a missed instruction or unfamiliar interface can quickly turn a routine task into a frustrating experience for seniors. In some cases, the lack of readily available staff support can leave older adults feeling overwhelmed and discouraged from travelling independently.

The consequences extend far beyond airports. Grocery stores, banks, parking systems, and government services increasingly rely on digital platforms rather than face-to-face interactions. As a result, seniors who struggle with technology often become dependent on



family members, friends, or strangers for assistance. This dependence can reduce their sense of independence and confidence while limiting their ability to engage with their communities.

According to Statistics Canada, approximately 1.8 million Canadians remained offline in 2022, with older adults representing the largest proportion of non-users. While 94% of Canadian households had internet access, only 75.7% of Canadians aged 75 years and older reported having internet access at home. These gaps suggest that many seniors continue to face challenges accessing services that are increasingly designed with digital users in mind.

Technology should be a tool that connects people, not one that excludes them. As automation maintains its ubiquity, governments, businesses, and technology developers must ensure that accessible alternatives remain available. Maintaining staffed service counters, providing technology education programs, and designing age-friendly interfaces can help ensure that seniors remain active, independent participants in society rather than becoming isolated by the very systems intended to improve efficiency.

TOUR DE FRANCE

The Tour de France is one of the most famous cycling races of the past century. Did you know the route measures over 3,000 km and has riders on the road for 23 days!



2026 Events



Green Bins Are for Food Scraps and Yard Waste

by The City of Calgary, Waste and Recycling Services



Food scraps belong in the green cart, but packaging does not. Plastic does not compost and can break into small pieces during processing, which can contaminate the finished compost. All food scraps must be separated from packaging before composting, even if the packaging says it is biodegradable or compostable.

A few simple habits can make a big difference:

- Remove all plastic before putting food scraps in the green bin.
- Empty and clean plastic, glass, and metal containers go in the blue cart.
- Plastic wraps, foam, and other non-compostable packaging belong in the black cart.

Putting food scraps in the green cart and packaging in the right bin helps keep compost clean. If you are not sure where an item goes, visit <https://www.calgary.ca/waste/what-goes-where/default.html>.

**9 PM
ROUTINE**

**CALGARY
POLICE
SERVICE**

☒ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

News from the Friends of Nose Hill

by Anne Burke

The 1992 Master Plan Review recommended a Natural Area Management Plan for Nose Hill after a land use study. The job was to document compatible recreational opportunities because of native grasslands with some deciduous shrubs and trees. The Nose Hill Park Trail and Pathway Improvement Plan relied on the earlier research and did further consultation, before concluding that activities in the multi-use zone (top of the Hill) should be separated from all Park native vegetation. Over 86% was Western wheatgrass, Rough fescue - Parry oatgrass, Smooth brome, and Rough fescue-Golden bean. There was strong support to extend the multi-use zone towards the Edgemont entrance but increase habitat protection along the south side of Porcupine Valley. The earlier study assessed the sensitivity of vegetation from recreational trampling (foot traffic). Rough fescue-Golden bean has the greatest distribution in the Park and contributes almost 75% of the moderate to high at-risk areas. Most of the grassland is along the sloped areas of the Park's escarpment. Rough fescue grasslands are significant since they are in great abundance on Nose Hill (up to 35%) but have been lost in much of western Canada. Native Rough fescue grassland along the escarpment is prone to erosion due to more trails and off-trail uses, so having rules will help minimize impact and disturbance to reduce the invasion of non-native species (weeds). Due to its rarity, Nose Hill Park's Rough fescue is a nationally significant ecosite and preservation of the grassland is a great management concern. It is also important to consider that while the native grasslands have higher sensitivity to trampling, heavy recreational use and other disturbances also support the invasion of non-native species (weeds), for which natural recovery times could take several decades.

A MESSAGE FROM THE KRA

Celebrate Canada Day and Calgary Stampede

Happy Canada Day! Celebrate our 159th Confederacy anniversary with events highlighted on websites with the City of Calgary and the Canadian Government.

Want to know what's happening in Kincora? The KCA, Symons Valley Park, and KRA use lots of ways to reach out and receive input from our residents. Attending annual general meetings are a great opportunity to hear updates and meet the volunteers who make a huge impact in our community.

- Kincora Community Association's AGM was in April,
- Symons Valley Park's AGM was in May, and,
- Kincora Residents Association's June AGM wrapped up the list for 2026!

Thank you to those who attended these important events. Your input, interest, and volunteering shapes our community. Website information is included in the Kincora News columns.

Get Ignited!

Volunteers are welcome for the KCA, KRA, and Symons Valley Park boards and helping at events. Continue making things happen in and for our community.

- The KRA board needs help with communications and landscaping.

Got your KCA membership handy? Your family's pancake breakfast is free with your KCA membership. Join us at the Kincora fields for the 17th Annual Stampede Breakfast on July 12 from 9:00 am to noon. Volunteers also get free pancakes. Everyone else pays \$5 per plate.

- Membership: www.kincora.org/register/.
- Volunteer: volunteers@kincora.org.
- Sponsor: stampede@kincora.org.

Outdoor Water Usage

Flyers were mailed out regarding permanent changes to outdoor watering practices, including a residential watering schedule. The new bylaw will help protect Calgary's water supply. This is not like the previous temporary water restrictions.

Homeowner Fees. Which Applies to You?

- 76% of homeowners have their accounts in good standing - \$0
- 274 accounts had interest updated on their account - \$7,200
- 74 accounts had owner information verified - \$1,850
- 26 accounts received final payment notices - \$650
- ? accounts being forwarded for collections – starting at \$345 per account

Thank you to owners that keep their accounts in good standing.

Enjoy summer and hope to meet you at Kincora events.

Kincora Residents Association

www.kincoraresidents.org



Fireworks

Out enjoying fireworks on Canada Day? Did you know that fireworks originated in China over 2,000 years ago? Ancient firecrackers came to be when bamboo stalks exploded after being thrown into firepits.



The Growth of Professional Soccer in Calgary and Canada



Since the launch of Canada's professional soccer landscape in recent years, Calgary has emerged as an important contributor to the sport's national growth. The rise of professional soccer in the city reflects a broader shift across the country, as communities connect more deeply with the world's game and its expanding future in Canada. As excitement builds toward the FIFA World Cup in 2026, communities across Calgary are finding new ways to feel connected to the global game through shared local pride.

That momentum is driven by a shared belief in soccer's power to unite communities, develop talent, and strengthen Canada's place on the global stage. Professional clubs now serve not just as competitive teams, but as local ambassadors for the sport, linking Canadian fans to an increasingly international game.

Set against the iconic backdrop of Spruce Meadows, Cavalry FC blends world-class facilities with a strong local identity. Emphasis has been placed on developing Canadian players - particularly those from Calgary and

Alberta - while integrating experienced international professionals who raise standards on and off the field. This approach plays a vital role in strengthening Canada's soccer pathway, supporting both domestic competition and the national team system.

Matchdays themselves have become a defining part of the experience. ATCO Field's intimate setting brings fans closer to the action, creating an atmosphere distinct from any other sporting venue in the city. Combined with the natural beauty and prestige of Spruce Meadows, it showcases what a uniquely Canadian soccer environment can feel like.

Beyond competition, Cavalry FC continues to make a meaningful difference through school programs, youth camps, community appearances, and grassroots partnerships. As Canada prepares to welcome the world in 2026, the legacy being built in Calgary centres on growing the game locally, strengthening community connections, and inspiring the next generation of players and supporters nationwide.

Celebrating Community This Canada Day

As we celebrate Canada Day, we want to take a moment to reflect on what makes our communities so special. Whether its neighbours helping neighbours, families gathering outdoors, or volunteers dedicating their time to meaningful causes, it is the people of Kincora, Nolan Hill, Sage Hill, and Sherwood who make this area such a wonderful place to call home.

At Symons Valley Park, we remain committed to creating a space where our communities can come together to play, connect, and unwind for generations to come. Thank you for being part of this journey and for your continued support as we work to bring this vision to life.

Welcome on Board, Tik!

We are excited to welcome Tik Tycholaz from Nolan Hill to the Symons Valley Leisure and Amenities Society Board of Directors as our new Director.

Tik brings valuable experience, enthusiasm, and a passion for community-building that will help support our fundraising efforts as we move closer to construction.

Board Openings – Join Our Team

We are still looking to fill the following volunteer Board positions:

- Two (2) Directors at Large

These roles offer a unique opportunity to make a lasting impact on a project that will benefit thousands of residents for years to come. If you are passionate about community development and would like to get involved, we'd love to hear from you.

For more information, please contact hello@symonsvalleypark.ca. We would love to hear from you!

Save the Date: Movie in the Park 2026

Our annual Movie in the Park event is just around the corner, who's excited?! It's happening on September 12, 2026!

Join us at the future home of Symons Valley Park for an evening of family fun, community spirit, and entertainment under the stars. This event continues to

be one of our favourite opportunities to bring residents together and celebrate the future of our park.

More details, including movie selection pool and event activities, will be shared in the coming weeks. Stay tuned on our social media to not miss anything. If you don't follow us yet, our account is below.

Help Build the Best Backyard Around

As we celebrate the importance of community this month, we'd like to remind everyone that Symons Valley Park is being built through the collective support of residents, volunteers, donors, businesses, and funding partners.

Every contribution, large or small, helps move the project forward.

Ways you can help:

- Donate online at www.symonsvalleypark.ca/donate.
- Share our project with friends, family, and neighbours.
- Follow us on Facebook and Instagram (@SymonsValleyPark).
- Volunteer your time and expertise.

Together, we can build the best backyard around.

Did You Know?

Pickleball is one of the fastest-growing sports in North America, played by over 20 million people in North America. It's easy-to-learn rules, smaller court size, and social atmosphere have made it popular with players of all ages [1].

That's one reason we're excited to include tennis and pickleball courts as part of the Symons Valley Park vision.

Warm regards,

Symons Valley Leisure and Amenities Society

www.symonsvalleypark.ca

[1] Sports & Fitness Industry Association. (2025). U.S. pickleball participation report. Sports & Fitness Industry Association. <https://sfia.org/research/u-s-pickleball-participation/>



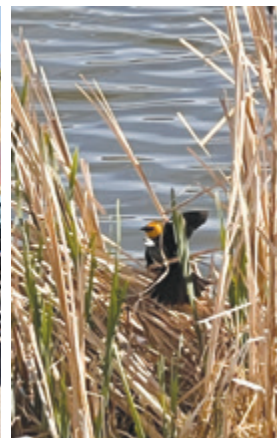
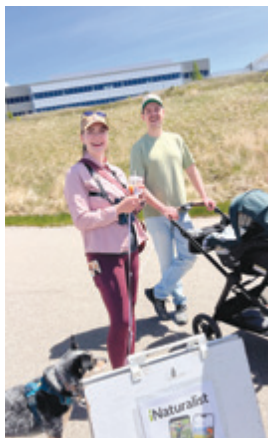


Nose Creek Preservation Society's First Annual Discovery Day Marked as a Success

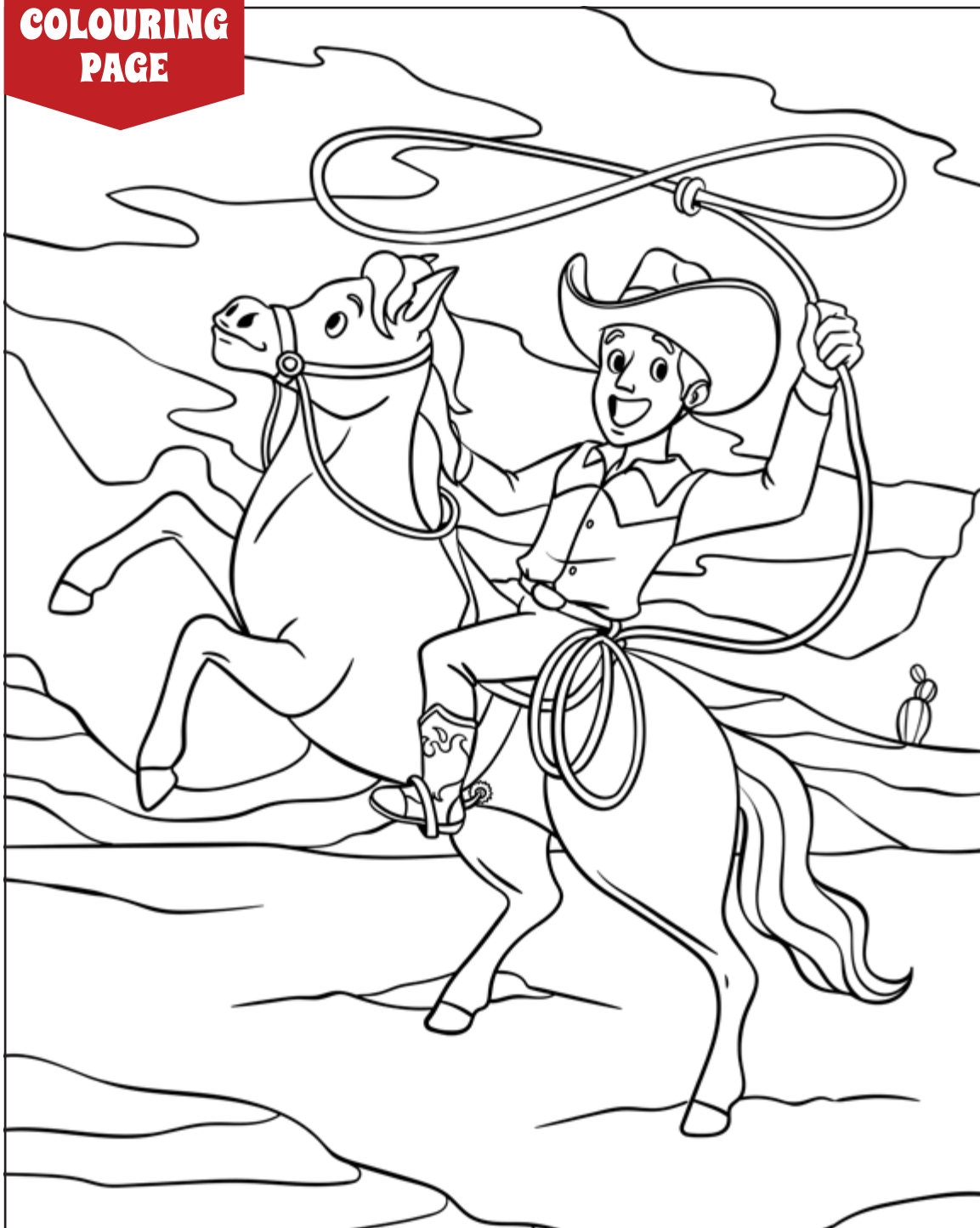
We hosted our first public event to showcase the Nose Creek Valley, connect with our communities, and showcase the beauty and life that call it home. And we succeeded! Over fifty Calgarians popped by the district storm pond, and everyone commented they had no idea this natural space existed!

Everyone—including our wonderful exhibitors, local government reps, and two very young kids enjoying a planned playdate—enjoyed what turned into a beautiful day. Our soundtrack was the birdsong playing on repeat, no speaker required.

Thank you to everyone who attended. For those who couldn't make it, sign up online at savenosecreek.com for our newsletter to learn more about the Nose Creek Valley and details for the second annual Discovery Day sometime in May 2027!



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		Listed	Sold	Listed	Sold
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April	26	16	9	\$669,000	\$635,000
March	26	16	6	\$369,950	\$362,450
February	26	6	3	\$764,999	\$739,999
January	26	8	6	\$688,950	\$671,000
December	25	6	7	\$374,000	\$365,000
November	25	5	7	\$629,000	\$608,000
October	25	7	6	\$699,900	\$676,500
September	25	8	8	\$544,950	\$535,000
August	25	9	9	\$335,000	\$320,000
July	25	7	18	\$427,500	\$414,250
June	25	20	7	\$524,900	\$510,000

To view more detailed information that comprise the above
MLS averages please visit kca.mycalgary.com