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		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	26	13	7	\$599,999	\$590,000
July	26	14	6	\$542,450	\$529,500
June	26	13	12	\$554,450	\$533,250
May	26	17	10	\$527,500	\$514,500
April	26	11	9	\$669,000	\$635,000
March	26	14	6	\$369,950	\$362,450
February	26	6	3	\$764,999	\$739,999
January	26	8	6	\$688,950	\$671,000
December	25	6	7	\$374,000	\$365,000
November	25	5	7	\$629,000	\$608,000
October	25	7	6	\$699,900	\$676,500
September	25	8	8	\$544,950	\$535,000

To view more detailed information that comprise the above
MLS averages please visit kca.mycalgary.com

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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit
gofund.me/31fdeef6f
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Sydney Kennedy	Director of Membership
Zachary Kennedy	Director at Large
Vlad Rudko	Director at Large
Vacant	Director of Events

Connect with Kincora Community Association – KCA

KCA is a non-profit organization run by volunteers from Kincora. We have many ways of engaging with you. You can also communicate with us! Take a moment to connect to your community, receive regular updates, and have your voice heard.

SCAN HERE TO VIEW ADDITIONAL KINCORA CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Our Website

Go to www.kincora.org to register for a free account. You can access information about upcoming events, members' benefits, becoming a volunteer, paying your membership fees, and other useful community links. For assistance with your website account, please contact members@kincora.org.

Emails

Once you create an account on our website, you can choose to receive emails from us. You must choose to get them. To do this, simply log in, go to the "Members" tab; click "Profile", then "Email Options". Emails are typically sent once a month, or to announce event information.

Our Newsletter

Our official newsletter – *Kincora News* will provide meaningful information that your family will find useful. All your editorial submissions will be considered for printing and must be submitted by the first day of the month for the following month's publication.

Social Media

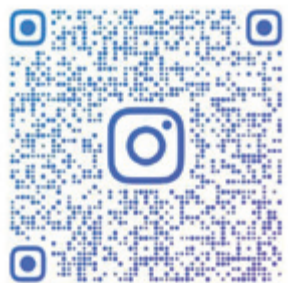
We can also be reached on our Facebook pages @KincoraCommunity and, private group, and @KincoraResidents, @Kincora_YYC on X (Twitter), or on Instagram @kincora_calgary. There you will be able to interact with us, receive regular updates, and connect with other engaged residents of Kincora.



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Kincora Community Association Instagram



@KINCORA_CALGARY

Recycle More Packaging This October



Calgary, get ready to recycle more! Starting October 1, 2026, you'll be able to recycle more household packaging than ever before. This includes:

- Flexible bags like chip bags, granola wrappers and coffee bags.
- Foam packaging like cushion blocks, meat trays, and egg cartons.
- Tubes like lotion tubes, deodorant, and toothpaste.
- Food and body aerosols like cooking spray, hair spray, and sunscreen.

Visit calgary.ca/recyclemore to see the full list of materials.



KINCORA COMMUNITY ASSOCIATION MEMBERSHIP

www.kincora.org (Online Registration and Payment)

KCA Membership Fee: \$20

Cheque is payable to the Kincora Community Association (NO CASH)

Mail: P.O. Box 47146 Creekside, Calgary, AB T3P 0B2

Last Name: _____ First Name: _____

Email: _____

Address: _____

Are you interested in volunteer opportunities? ☐

Date (dd/mm/yy) _____

Home Phone: _____ Alternative Phone: _____

Registration confirmation is sent out from wadmin@kincora.org. Please contact members@kincora.org for inquiries.

Information is collected under the authority of the Freedom of Information and protection of Privacy Act, section 33(c). This information is used to record your Kincora Community Association membership household payment history. This information will only be used in whole or in part for internal statistical reporting. It will never be shared with a third party. If you have any questions or concerns regarding the use or collection of this information, please contact us.

PRESIDENT'S MESSAGE

Hi Kincora,

Happy Thanksgiving! October is one of my favourite times of the year in our neighbourhood. The trees along the pond and up on Nose Hill turn gold, and it is a natural moment to slow down and think about what we are thankful for. My list is short and easy: my family, my neighbours, and the many volunteers who quietly keep this community running. I hope you get to share a good meal with the people you care about this long weekend.

Our New Playground is Open

I am happy to announce that the new playground by the Kincora Pond is complete. If your kids haven't been yet, please get them off their screens and take them to play at this new playground.

A project like this does not happen on volunteer energy alone. On behalf of the KCA Board, I want to thank Parks Foundation Calgary, the Government of Alberta, and the City of Calgary for the funding and support that made the playground replacement possible. I also want to thank the Kincora Residents Association for standing behind this project from the very beginning and for their financial support.

Rink Build Day

Winter is coming, and so is our community rink. Please join us for Rink Build Day sometime in October at the Kincora Fields. We will share the exact date once this event is confirmed. No special skills are needed, just a willingness to lend a hand and maybe a cordless drill if you have one. The more hands we have, the faster it gets done. Watch our Facebook group and website for details.

Pumpkin Giveaway

Sergey Korostensky from Comox Realty will once

again be giving away pumpkins on October 17 at 10:00 am at the Kincora field. Be sure to get a pumpkin for Halloween decoration; supplies are limited!

Board Update

More good news. Shahir Jinnah has joined us as Second Vice-President, and Sunny Mangat is joining the board as our Director of IT. Both are Kincora residents passionate about making our community a better place to live and I look forward to working with them.

That said, we are still looking to fill the Secretary. No experience is required. We are all here to learn from each other and support one another for the common goal of making Kincora a better place to live. If you are curious, visit <https://kincora.org/volunteer/> or email president@kincora.org.

Alberta Referendum, October 19

Finally, the Alberta Referendum 2026 is being held on October 19. There will be 10 long questions, which could be intimidating for those not fluent in English to understand. However, I still encourage every eligible voter to vote. Take some time to research and talk with friends and family you trust to understand these questions. Visit www.elections.ab.ca for the list of questions, voting locations, dates, and what you need to bring for identification.

Thank you for making Kincora such a great place to live. As always, please do not hesitate to send us your ideas and feedback.

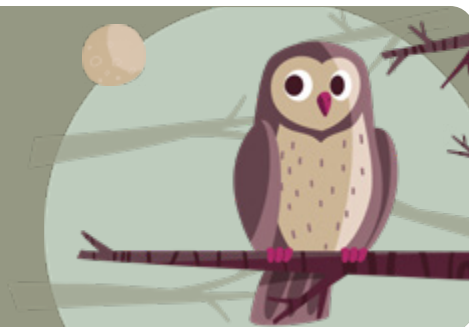
Dicky Sum, P. Eng.,

President, Kincora Community Association

Hooting Season

Who's That Calling?

Did you know that autumn is a great time to hear owls? Known as hooting season, owls hoot more frequently to claim and defend territory and find mating partners. The cooler, quieter nights of fall also helps the sound of their hoots carry farther!



Halloween Safety

by Alberta Health Services



As a supporter of Calgary's Child Magazine's Partners for Safety initiative, Emergency Health Services (EHS) Alberta would like to remind parents and trick-or-treaters of important Halloween safety tips as October 31 approaches.

Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks or at well-lit corners. It is safest to work your way up one side of the street and then cross once to the other side.
- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home where you feel unsafe.
- Let your parents know where you are going and what route you plan to take. Let them know if you will be late returning home.

Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Predetermine the boundaries for trick-or-treating and

establish a time for children to return home.

- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with or are not properly wrapped.

Costumes

- Choose brightly coloured costumes that are highly visible. Adding reflective tape to costumes can further increase visibility.
- Consider sending your children with a flashlight for additional safety and visibility.
- When purchasing or making costumes, look for materials and accessories labelled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic makeup instead of masks that may impair breathing or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not extend below your child's ankles.
- Ensure your child is wearing adequate footwear that takes the weather conditions and walking into consideration.

A MESSAGE FROM THE KRA

New South Feeder Water Main Commissioning

With September's hopefully successful completion of electrical work on the new north water system pumping station and feeders, it's time to connect the new south water feeder line. Expect and prepare for lengthy Stage 4 water restrictions to occur.

Happy Thanksgiving

Monday, October 12, is for appreciation of the special people in our lives—family, friends, and community. The KRA appreciates the Kincora Community Association and Symons Valley Park volunteers for their commitment to bringing our residents together and promoting healthy lifestyles. Thank you for making Kincora special!

Make Your Voice Heard with the Provincial Referendum

A choice of up to 10 ballots and topics. Voting information and voting cards should have been mailed.

When to vote: Tuesday, October 19, 2026, between 9:00 am and 8:00 pm. More information online at www.albertaballot.ca/vote/.

Where to vote: Find voting locations online at map.elections.ab.ca/.

Who can vote: Check if you are an eligible voter at www.elections.ab.ca/voters/who-can-vote/.

What ID to bring: Visit www.elections.ab.ca/voters/id-required-to-vote/.

How to vote: Referendum date, special ballots, and advance poll options are available at www.elections.ab.ca/.

ab.ca/voters/how-to-vote/.

Options in 27 languages, barrier-free access, visual support, reading support, and ballot marking support available, www.elections.ab.ca/voters/accessible-voting/.

Ghouls and Goblins

Will be out 'Halloweening' October 31, 2026, a Saturday this year! Let's hope for nice weather and great costumes.

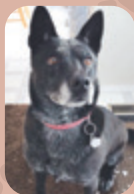
For KRA Owners

Outstanding account: Interest will be updated on accounts with balances on December 31, 2026. Accounts that have been contacted by SVR lawyers should contact SVR lawyers to minimize additional charges.

2027 Budget: Submit project ideas to KincoraRA@SimcoMGT.com.

2027 HOA Fees: Invoices will be issued before January 1, 2027, including KRA budget information. Owners decide how they receive invoices and notices. Check if your contact information is current. Email KincoraRA@SimcoMGT.com or call 403-234-0166 ext. 4030 to sign up for paperless notifications. Already signed up? Log into the Simco portal to verify your email address. See www.KincoraResidents.org for links and contact information. If you have signed up for a pre-authorized payment, any banking changes may not allow for the payment to be processed. Also, Simco's online portal 'Condo Control' has updated their payment system. A previously set-up credit card payment will need to be re-entered.

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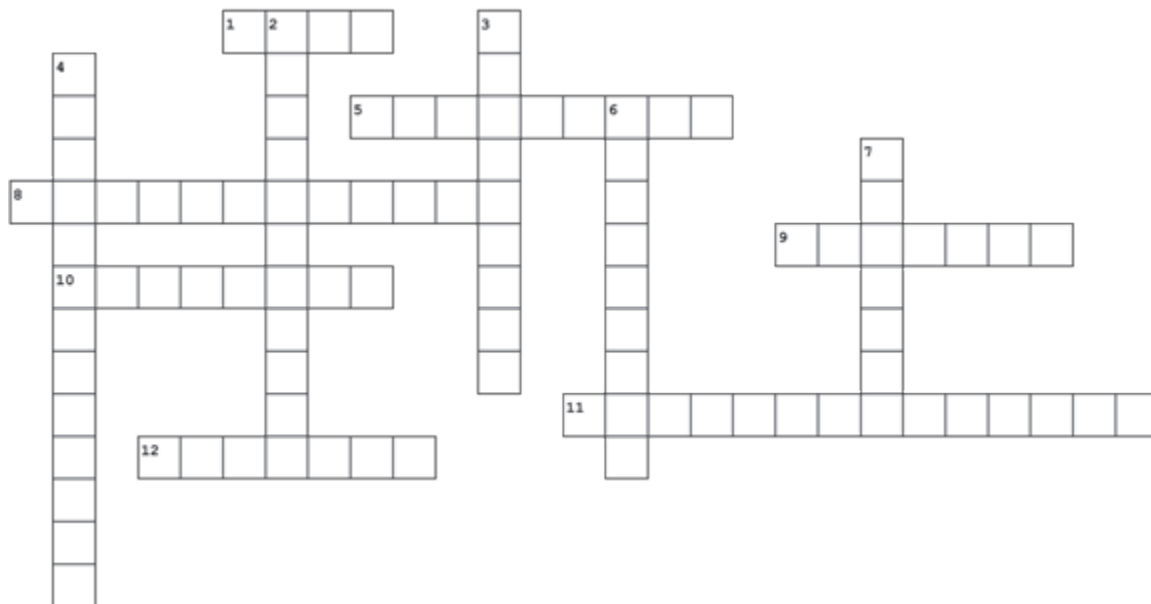
Rosie,
Walden



Zeus,
Evanston

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October Crossword



Across

1. Known as October's birth stone, this iridescent gem is sometimes worn by artists to inspire creativity.
5. These tall, friendly faces are full of straw and often seen in the middle of corn fields.
8. Celebrated this year on October 12, this holiday encourages generosity, connection, and the consumption of a delicious meal.
9. This large orange squash is traditionally carved the night before Halloween
10. Twists and turns; this fall activity is generally held in large fields of a certain tall grain.
11. This Oscar-winning actress was the "final girl" in the classic horror movie series, *Halloween*.
12. Known as the Greek Goddess of harvest, she is the mother to Persephone.

Down

2. Bright red and sour, the seeds of this fruit were consumed by Persephone in Greek myths.
3. These bright yellow and red flowers are the birth flowers of October, representing joy, warmth, and remembrance.
4. Horace Walpole's *The Castle of Otranto*, published in 1764, is most famously known as the first novel of this literary genre.
6. "In Rainbows" an album released October 10, 2007, was the seventh studio album for this alternative rock band.
7. This monster has a variety of features but is most often depicted with long fangs and red eyes.



Healthy Relationship for our Children

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



How Does My Relationship with My Partner Affect My Children?

Children learn about relationships long before they begin having relationships of their own. They watch how their parents speak to one another, handle disagreements, show affection, repair hurts, and navigate life's challenges. The relationship between parents becomes one of the first models children have for understanding what love, safety, trust, and partnership look like.

A healthy marriage does not mean a marriage without conflict. In fact, children can benefit from seeing that disagreements are a normal part of relationships when those disagreements are handled with respect and ultimately repaired.

Children Feel Safer When Their Parents' Relationship Feels Secure

A strong parental relationship can provide children with an important emotional foundation. When children

experience their parents as a team who care about one another and are committed to working through difficulties, they are more likely to experience their family as a safe and predictable place.

This sense of security gives children room to focus on the important work of childhood: learning, exploring, developing friendships, making mistakes, and discovering who they are.

Children Learn How Healthy Relationships Work

Children are constantly observing. They notice whether parents listen to each other, express appreciation, apologize when they are wrong, and respect one another's boundaries.

When parents demonstrate healthy communication, children learn that it is possible to express difficult feelings without attacking or humiliating another person. They learn that differences do not have to

threaten a relationship and that problems can be discussed and resolved.

These lessons become part of their developing understanding of relationships.

Children Learn Resilience by Watching Parents' Repair

One of the most powerful lessons parents can provide is not perfection, it is repair.

Parents will sometimes become frustrated, misunderstand each other, or say something they wish they had said differently. When children see their parents take responsibility, apologize, listen, and reconnect, they learn an important message: relationships can experience difficulty without falling apart.

This is a foundation for resilience.

Children begin to understand that mistakes are not necessarily disasters, conflict can be managed, and difficult emotions can be worked through.

A Healthy Relationship Creates Emotional Space for Parenting

When parents feel connected and supported by one another, they often have greater emotional resources available for their children. A strong partnership can make it easier to share parenting responsibilities, problem-solve together, and support one another through the inevitable stresses of raising a family.

This doesn't mean parents must agree on everything. Healthy couples can have different perspectives while still communicating respect and presenting a united commitment to their children's wellbeing.

Children Don't Need Perfect Parents

Perhaps most importantly, children don't need a perfect marriage. They need parents who are willing to keep learning, growing, communicating, and repairing.

A healthy relationship between parents can teach children that love is not simply about getting along when everything is easy. It is about showing up, listening, taking responsibility, extending compassion, and finding your way back to one another after difficult moments.

When parents invest in the health of their relationship, they are not only strengthening their marriage, they are helping their children develop the emotional security, relationship skills, and resilience they will carry into the rest of their lives.



News from the Friends of Nose Hill

In 1973, Calgary City Council voted to reserve 4,100 acres as parkland on the top and escarpments of the east end of Nose Hill. The result was a combination of vigorous and sustained political pressure due to the activities of citizen groups who promoted the creation of the park. The decision to acquire it was influenced by public and private lobbying, including civic servants. A citizens' task force was appointed by the City Parks and Recreation Board; their report identified Nose Hill as of the highest priority and should be immediately purchased outright. There was strong support for large natural areas when the Calgary Field Naturalists' Society completed their year-long study. Although the land had been a subject of speculation since World War I, the City was freed by provincial policy to plan for a major park on Nose Hill. The Calgary Municipal Airport, in the late 1950s, decided that Nose Hill was on a flight path, so that the Federal Department of Transport imposed a development ban. Some farmers had to relocate and during the 1960s' suburban sprawl, people believed the open space would remain, unless or until the jet soon replaced the propellor. The Calgary Planning Commission requested a sector plan for the Nose Hill Highlands from the City Planning Department. The North Hill Community Associations asked for a delay to help prepare the plan. Calgary Field Naturalists' Society, Society for Pollution and Environment Control, The Junior League, and Local Council of Women asked to speak at a Public Hearing, before City Council voted 11 to 2 to put a freeze on Nose Hill development. Read more of "Fish Creek and Nose Hill Parks: A case study in contrasting forms of public participation" by Harvey A. Buckmaster (1929 to 2018) and his wife Margaret who advocated for Alberta's special places. www.fonhs.org/xdocuments.html.



Beyond the Impression: Van Gogh and Post-Impressionism

by Kristina Quapp

Van Gogh is an artist that needs no introduction, but the style of his work is a different story. Vincent's style is commonly mislabelled as impressionist, where the more accurate classification would be post-impressionist. Impressionism is a 19th-century art movement that featured a strong focus on lighting, thick brush strokes, unblended colours, and everyday modern subjects painted outdoors (*en plein air*). As most art movements do, impressionism built upon the foundations of the realist movement which took place about 20 to 30 years prior. Realist painters preferred working *en plein air* as it allowed them to capture natural light and unvarnished everyday life, while pushing back on traditional academy standards that forced what some considered artificial compositions. While both art styles feature an emphasis on lighting and capturing the environment, impressionists did not focus as heavily on the realistic details.



Though Van Gogh's work certainly captures elements of impressionism such as thick brush strokes and vivid colours, his work often pushed the boundaries of impressionism. For example, Claude Monet, the founder of the impressionist movement, features large brush strokes, but the lighting

remains grounded. As can be seen in Monet's 1875 oil painting, *Woman with a Parasol*, the piece is heavily stylized. Brush strokes are visible and the hues are vibrant, but the edge light and shadow in front of the

woman tells the viewer that Monet focused on realism when capturing the atmosphere. In contrast, Vincent's *The Starry Night*—while it maintains *impasto* as Monet did—exhibits



even more vibrant colour contrast and his sentiment at the time, represented in weighty brush strokes. It's often conferred that *The Starry Night* is symbolic of Van Gogh's inner turmoil, given the swirling and turbulent skies, thick impasto brush strokes, and the large looming cypress tree outlined in red.

Vincent's *The Garden of Saint Paul's Hospital*, often referred to as *Leaf-Fall*, features inspired aspects from traditional Japanese woodblock prints. Van Gogh implements an elevated perspective and tree trunks that are abruptly cut off by the lower and upper edges of the canvas, eliminating the horizon line. These artistic choices create a compressed sense of space similar to the arrangements found in Japanese print designs.



Like the changing landscape around him, Van Gogh's work had moved beyond simply capturing a fleeting impression of the world. His colours became bolder, his brushwork more expressive, and his paintings increasingly shaped by emotion and personal interpretation. This October, as the leaves begin to fall, perhaps take a moment to look at the world around you—not only as it appears, but through the impression it leaves on you.



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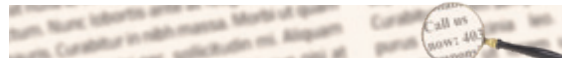
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Ballet Season

In 1841, Paris, France premiered Giselle, for the first time. The Romance Era ballet featured a young peasant girl falling in love with noble man in disguise. This delightfully entertaining ballet became increasingly popular for its spooky themes and ghostly motifs.





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