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On The Cover

New Lighting on the East Wall of the MCA!
This improvement would not have been possible without the financial support of the Energizing Spaces funding grant powered by ENMAX. These lights help flood our MCA children's playground area making it safer and extending the hours of usage.

Thanks to the Federation of Calgary Communities for their help in understanding our need for the additional lighting and for pointing us in the direction of the ENMAX funding program.

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SCAN HERE TO VIEW ADDITIONAL MONTGOMERY CONTENT

News, Events, & More	Crime Statistics	Real Estate Statistics

COMING UP

November 9, 11:00 am to 1:00 pm
Indigenous Veterans Day, BCA

November 10, 1:30 to 3:00 pm
Kitchen Kompanions for Seniors

November 14, 5:00 to 8:00 pm
Light Up Montgomery, Town Square

November 14, 8:00 am to 12:00 pm
Porch Dogs and Mocking Shadows

November 19, 1:45 to 3:45 pm
AHS Better Breathing Workshop

November 28, 11:30 am to 2:00 pm
Monthly Seniors Brunch

December 19, 11:30 am 2:00 pm
Seniors Santa Shuffle

Complete descriptions of these events and programs are available at the event link on our website at mcapeople.com.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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President's Message

Hello once again fellow Monty's! It's good to be back with another fantastic update from our Association. We have some exciting items to announce, and I'll start off to say that even within a few months our Board has worked hard to bring you wonderful updates from the MCA.

First—as we're getting into the winter season, we're leaning on upgrading our fields in the spring and thus, most likely will not be able to set up our ice rink for the year. Still, if you would like to volunteer and help with other winter items, we always need assistance with, please reach out to president@mcapeople.com and we'll graciously get you involved.

On this note, I would like to send out a special appeal to our great community on volunteering. We're always thin when it comes to helping hands and there's work to be done to keep our doors open. I encourage any and all of you to come out, see where your skills may be a good fit, and to help us align you with us! We always need help at Seniors' Brunches, some set up for bigger events and take down, and many specific events you can inquire about at any time. As well, come sit in on a board meeting, assisting us with the many decisions we need to make going forward. It's all for an incredible cause—our fantastic community!

Second—we already have quite a few bookings but are always looking to fill some empty spots that may arise due to cancellations or slower times. If you have anyone that you're looking to help out with a board room or our magnificent hall, do contact us: manager@mcapeople.com. Find out what will work best or try our website and have a browse. Click the Facility Rentals link on our website: mcapeople.com.

Next—amongst many exciting updates, we have several more tenants in the building including a preschool in the morning. Bring your children over for karate, inline skating and the rest we offer. Even come set up your business within our facility—we're looking for consistent, growing anchor tenants to fill some empty spaces.

We offer lots for seniors as well. Click the events and programs link on our website at mcapeople.com.

We're always busy serving you best. We appreciate any feedback you may have on any of the events, programs, facilities and our communications. If you see something you would like to see more of, or even less of, please email feedback@mcapeople.com.

Until the next issue, stay warm! It's getting chilly out there.

Kind regards,

Shane Corriveau, President MCA



Drop In Pickleball at the MCA Centre



Monday, Wednesday, and Friday afternoons from 1:00 to 3:00 pm. $7 drop-in fee. Cash is preferred. Credit cards and debit cards accepted.

We are one court, rotating drop in. Expect to laugh lots. Especially at oneself. This is a fun community group you will be a part of; it grows and shrinks with the seasons and travel plans.

Drop in one afternoon, meet the herd, and stay active with this low impact, incredibly social sport. Mid-level skills, please, these particular sessions are not for first timers.



Seminar Leaders! Business Leaders!

Group training? Brainstorming sessions? Get your staff out of the office to a comfortable neutral location. This will help inspire creativity and attention. Our boardroom accommodates up to 25 people. Our main hall can seat up to 300 people. Round tables. Square tables. Horseshoe setup. Break away tables. A full complement of A/V equipment. Reasonable rental rates! Fully certified kitchen facilities.

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Present your Montgomery Community Association membership card and get a 10% discount at these local businesses!

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- Brewsmith Brewing Co.
- Bubble Tea Brewers
- Calmedi Medical Supplies
- Canine Cuts
- Century Derma Lounge
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- Five Spice Kitchen
- Fringe Coffee
- Gas Tech Heating and Fireplace
- Golden West Restaurant
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- Hi Ball Restaurant
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- Montgomery Wellness Centre
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- Piercing Lab
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Some limits apply. Details available on our website at mcapeople.com.



Manager's Meanderings

The colours of fall are falling all around as I write this, and this weekend is our first of "minus something icky and northerly windy awful". So, bam, no more leaves on the trees, the beauty of their colour changes stolen from us once again. Ahhh, Calgary.

High school football games happening daily across the field from our back door. Watched Notre Dame and St. Francis last night. Wow, close game! Wow, noisy parents and friends in the stands! So much energy.

Watched some very confused rabbits walking across the fresh pile of Zamboni snow scraped from the rink next door an early morning earlier this week. White? Brown? Ack! That afternoon I saw the same confusion from a little human and their mom playing in that same pile of pure white stuff, under a pure blue sky and warm sun. Balance.

The dome will go up soon over the artificial turf fields. The sounds from the batting cage won't carry over the rink towards us till spring. The frisbee sports leagues are flattened. Outdoor lacrosse is done. Football games with both pointy and round balls all move inside.

Our Guides were out cleaning up garbage in the field, their volunteer time making up for the winkies who leave their litter to blow all over the property. The additional security lights went in above the playground. That reminds us we need to trim the apples and spruce in a few months. Now understanding the design basics of a pollinator garden out front. We put off painting the yellow lines in the parking lot again, but we will need to when the snow melts. Two new ground level furnaces are in, a healthy and warm difference. The rooftop venting system was all checked out, we are good to go for another winter of renting the MCA Centre to a string of wonderful humans. Like you, maybe? I hope so! Be well, be warm...

Spike



by Anne Burke

The Glenbow Archives entry for Robert Aramant refers to the researcher and author who spent time in Calgary, during the early 1980s. He is primarily recognized in local archives for his field research and documentation on Nose Hill. For in library use only, Calgary Public Library has a copy of his report: "The Tipi Rings Nose Hill: Calgary April 1982 to May 1983."

Robert Bo Ararmant (1932-2022) in the Natural Areas Group of the Calgary Field Naturalists' Society surveyed stone circles along the southern margin of Nose Hill uplands. Studies were done during the months when ground conditions were suitable. His research detailed bearing and distance information between tipi rings and on the diameter and number of stones with each ring. He recorded 60 new rings as well as mapping previously identified sites. Vehicle tracks, rubbing stones, and an unknown group of poplars were indicated.

Other maps show roads, critical bearings to Nose Hill Tower and horse barn. Following his study, the site was revisited. New rings related to recorded sites were compared. Some rings matched the original Lifeways of Canada definition by Alberta's first and longest-operating heritage and historical resources consulting company. Robert wrote it is very important to point out that this report only surveyed a small part of the proposed Nose Hill Park area. Even the southeast part of Nose Hill, where the report presents newly found tipi rings, has been very incompletely surveyed.

Consequently, there are many more tipi rings on natural prairie grassland areas and probably also many other kinds of archaeological sites and artifacts as well that are undiscovered on Nose Hill. It is very desirable that the natural prairie grassland still left on Nose Hill be preserved and protected. Read more at: www.newcomerkentuckiana.com/obituaries/robert-aramant.



A Backup Tip You Can Take Home

If there's one thing most computer users typically ignore, yet need to deal with, it's the dreaded task of backing up files. A backup is like insurance, you think you can live without it until something goes wrong. I lobby very strongly for backups because they are so easy to do once you get into the routine and the price of an external hard drive is so reasonable now, there really is no excuse.

Windows includes a command-line utility called Robocopy that is extremely good at keeping two folders synchronized. Instead of copying an entire folder every time, Robocopy compares the source and destination and copies only the files that are new or have changed. If you have 25 GB of files but changed only twenty documents since your last backup, Robocopy can concentrate on those twenty files rather than copying all 25 GB again. That's fast and efficient.

Suppose your important files are stored here: C:\Users\Karl\Documents and you want a synchronized copy on an external drive: E:\Backup\Documents (you would create this ahead of time). A basic Robocopy command could be: robocopy "C:\Users\Karl\Documents" "E:\Backup\Documents" /E. The /E option tells Robocopy to copy all subfolders, including empty ones. Run the command again tomorrow and Robocopy will compare the two locations. Files that are already identical are skipped. Only new or changed files are copied.

One of Robocopy's most useful options is /MIR, meaning mirror. You add this to the end of the command. This tells Robocopy to make the destination folder match the source exactly, meaning files you deleted from the computer are also deleted from the external drive.

/MIR is extremely useful for synchronization, but it should be used carefully. If you accidentally delete a folder from your computer and then run the mirror command, Robocopy may obediently delete that folder from the external copy as well.

I have a paranoid streak in me, and I don't want files deleted on my PC to be deleted from my backup drive, so here's the configuration I use:

Robocopy "C:\Users\karlp\Documents" "D:\Karl Documents Backup" /S /R:2 /W:5 /LOG:D:\doclog.txt. The /S includes subfolders (/S) but does not purge the destination of deleted files. The /R:2 /W:5 tells Robocopy how persistent to be, how many tries to read or write before moving on. /LOG:D:\doclog.txt tells it to keep a log file, what to name it and where to store it. This helps me to troubleshoot any issues.

I have a text file I made using the Notepad app that has the command I would type for each library on my PC, documents, music, pictures, videos, and downloads. I just copy and execute each command one by one. The first run will take a while because your destination is empty. The future ones will go much faster assuming you don't wait a year.

No subscription. No extra software. No fancy interface. Just one very capable command that has been quietly sitting there waiting to do the boring work for you.

Karl Plesz

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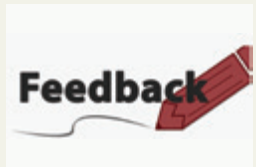
Reflections

November is an excellent month in Calgary to ruminate about weather. For me, November is one of the most trying months of the year because of it. What is "weather"? It is the result of the combining of temperature, atmospheric pressure, humidity, wind, precipitation and cloud coverage. And we have weather experiences daily here in Calgary. Now, weather patterns are supposed to determine the seasons. But do they? In fact, conventionally we have used the summer and winter solstices, and spring and fall equinoxes prompting us to identify four seasons. However, in the case of Calgary, I have found it much more useful to use the weather patterns to determine our seasons, rather than the tilt of the earth. Using this as the criterion, we have six well-defined seasons in Calgary. I think you may agree!

This may seem a novel concept to us, but it's not. Other people in the world have used weather rather than earth tilt to classify their climates. Here are two examples: The Native people of Australia identify six seasons, three main ones, and three transitional ones, as follows: lalin, jirrbal (transitional), wilakarra, koolawa (transitional), barrkana, and wilbooroo (transitional). They are marked by changes in the weather patterns and the landscape. For its part, Bangladesh is known to some as "the land of the six seasons", each lasting two months. Here the pattern follows the natural environment, and the crops as quite different fruits, grains and vegetables are harvested as the seasons go from extremely hot to temperate weather. Grishma runs from mid-March to mid-June (on our calendar). It is characterized by extreme heat. Barsha ritu is the season that follows, with heavy rainfall until October. Sharat ritu is a warm and dry season. Hemanta follows from mid-November to mid-December and is a pleasant, temperate season. Sheet ritu is chilly with longer nights, lasting until mid-February. The sixth season is Bosanto. My Bangladeshi friend told me that their diet changes markedly according to what is being harvested in each season, and indeed, if you eat the products of the season, it is believe that you will have enhanced resistance to seasonal diseases! Cool!

I maintain that we also have six seasons, four true ones, and two transitional ones, each lasting two months: spring, May and June, is our season when everything comes back to life: green leaves, blossoms, flowers. It is cool, and June is rainy. Summer, July and August, is warm and sunny, with long days and balmy nights. Berry bushes and fruit trees produce, and vegetable gardens begin to flourish. Fall, September and October, have warm and cool days, short cool and cold nights, with the leaves changing to golden and falling. We harvest our root crops in fall. The next season is transitional: finter, is what I call it. This is November to December, characterized by radical changes in weather. We see rain, sleet, snow, and cold in this season, as the days get shorter. This transitions us to winter, which is beautiful in Calgary. Cold, crisp mornings with the stars shining through deep turquoise skies. Little precipitation, and lots of sunshine characterize Winter, as the days get longer. The next season is transitional: sprinter. This is March to April, when the weather is literally bi-polar. One day is Spring, the next day is Winter. We are on our way to spring. This classification is helpful in many ways. Here are three: First, it makes our expectations more accurate each morning. Second, it makes it easier to select appropriate seasonal clothing choices. Finally, it silences those depressing voices that like to claim that we have "six months of winter in Calgary". Hey neighbours! Give this a go! You might find it useful. Especially in these months of finter!

Denise Brown



Feedback is an essential part of communication. If you have comments about the content in the Montgomery Messenger, please know that we want to hear from you. We welcome suggestions and we are always looking for writers that wish to contribute to our little magazine. Email us at feedback@mcapeople.com.

New Hail Sensor



Those who stroll by the community garden from time to time may notice a fascinating metallic piece of equipment (pictured) that resembles something out of Star Trek. Don't fret, we assure you this piece of sci-fi tech is not meant to blast off! This station monitors rain along with standard meteorological variables such as temperature, humidity, air pressure, etc. However, it also has an instrument to record the number of hail impacts and the size of hail, something which we are all too familiar with here in Calgary. Imagine that—an entire sensor that is devoted to this task!

This is great and all, but where did this equipment come from you ask? Well, your community has offered to help push the boundaries of cutting-edge science and partner with the Northern Hail Project, which is part of the Canadian Severe Storms Laboratory! We are an academic research organization based out of the University of Western Ontario. We set up the equipment as part of our efforts to understand why hail occurs so frequently in the Calgary area and how it affects our community. We have 21 stations deployed across the city and they record data every ten minutes, year-round. You can view the data here: weather.cssl.ca/.

From our end we could always use more data, and we have an exciting way for members of the Montgomery community to help us in this endeavour! The next time a hailstorm comes through the community, anyone can become a citizen scientist and contribute to our hail dataset. Once it is safe to do so, take pictures (looking straight down) of the hail on the ground with a measuring device like a ruler next to it. If the hail seems unusually large (say > 25 mm?), feel free to also keep some in your freezer in a sealed Ziploc bag. Just make sure to handle the hail with winter gloves to keep it from melting! Once this is done, email us at nhp@uwo.ca or text 403-556-4966 and we will happily use the pictures and come collect any hail. Thank you, Montgomery, for hosting our equipment and helping us with our research!

Tobias Schmidt

Research Meteorologist, Northern Hail Project

Canadian Severe Storms Laboratory, Western University, London, ON

Ask for It



One out of three businesses in Montgomery now offer a 10% discount to MCA members. Remember to ask for your discount!

By the way, one out of ten adults that live in Montgomery are members of the Montgomery Community Association. Are you?

Winter Parking Choices Matter Around Schools



As days get shorter and winter conditions arrive, visibility around schools becomes even more important. Snowbanks, early darkness, and icy roads can make it harder to see children crossing streets. Parking rules help reduce these risks by keeping corners, crosswalks, and sidewalks clear. Parking too close to intersections or in prohibited areas can further limit sightlines when visibility is already reduced. Choosing safe, legal parking options and allowing extra time during winter conditions helps protect students and families during the busiest parts of the school day. Learn more: calgaryparking.com/safeschools.

Can You See? Winter Conditions can Make School Areas Harder to Navigate

When visibility is reduced, small parking choices can make a big difference near schools. Shorter days, snow, ice, and changing weather can make it harder for children and drivers to see each other. School areas remain busy during drop-off and pick-up times, with children and families walking, wheeling, cycling, taking the bus, and driving. When vehicles stop or park in the wrong place, they can block sightlines at crosswalks, corners, sidewalks, driveways, bus zones, and school entrances. Even a quick stop can make it harder for children, families and drivers to see one another clearly.

The Calgary Parking School Patrol Program helps support safer school journeys throughout the school year. Parking Safety and Compliance Officers visit school areas where there are recurring parking or stopping concerns. They focus on education, reminders, and visibility. Enforcement may be used when unsafe parking continues or creates a safety or access issue.

Drivers can help by slowing down, leaving extra travel time, and choosing a safe, legal place to stop or park. Sometimes the safest choice is parking a little farther away and walking the remaining distance. Keeping crossings, corners, and travel lanes clear helps everyone move more safely. Before stopping near a school, ask yourself a simple question: Can children and drivers see each other clearly?

Students can help make school journeys safer by entering the Travel Safe Student Video Contest Parking category. Students are encouraged to submit creative video ideas that show how safe parking choices help everyone travel to and from school. Learn more about school-area safety and the Travel Safe Student Video Contest at CalgaryParking.com/SafeSchools.

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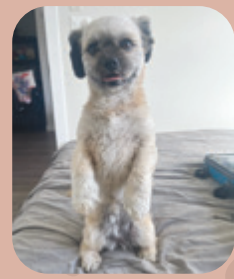
Psithurism: Noun (sith-yuh-riz-uhm)

The soft, whispering sound of the wind moving through trees and leaves.

"A faint psithurism at the edge of the woods could be heard as the evening air began to cool".



Cats, Canines, & Critters of Calgary



Bean, *Seton*



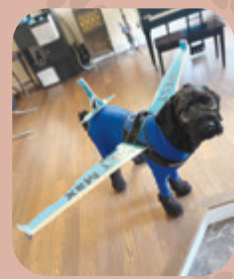
Coco, *New Brighton*



Ember, *Seton*



Kato, *McKenzie Lake*



Max, *Signal Hill*



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Whiskers, *Oakridge*



Zeke, *Seton*

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☑ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



If you live in Montgomery, you should follow the Montgomery BIA and the Montgomery Community Association on Instagram and Facebook!

Montgomery is considered to be one of Calgary's most vibrant communities with a population of 4,850 and a business district of 120 retailers and service providers.

From savouring unique flavours at our neighbourhood eateries and finding one-of-a-kind treasures in our charming shops, to supporting the essential services that keep our community thriving, Montgomery offers a rich tapestry of local experiences that connect us all.

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FRIDAY:	8 Siumai
SATURDAY & SUNDAY:	Family Dinner

Except for the $5 Wonton Soup special on Wednesdays, when you purchase the featured item of the day, you'll receive
50% off a second item!

OUR LOCATIONS
4708 16 Ave NW
1107 17 Ave SW
1000 Centre St N
6208 Rundlehorn Dr NE

The discounted second item must be a cooked food item of equal or lesser value than the first item purchased.

25¢
FLYERS
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