

JUNE 2023

DELIVERED MONTHLY TO 1,505 HOUSEHOLDS



# North Haven

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER

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# NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW  
Rentals 403-284-2716 • Hall 403-282-1075 • hello@northhavenyyc.ca

## Board of Directors

### Directors

President	Jody Breen	403-284-9775	president@northhavenyyc.ca
Vice President	Alex MacKinnon	403-807-7700	vp@northhavenyyc.ca
Secretary	Lucas Van Boeschoten	403-220-0288	secretary@northhavenyyc.ca
Treasurer	Tyme Wittebrood		treasurer@northhavenyyc.ca
Building and Maintenance	James Hill		facilities@northhavenyyc.ca
Hall Manager	Marie Heffernan	403-282-1075	
Civic Affairs	Terry Arnett	403-547-0237	civic.affairs@northhavenyyc.ca
Communication Technology	Mark Gervais	403-651-4063	communications@northhavenyyc.ca
Community Engagement	Anne Umpleby	403-477-3049	community@northhavenyyc.ca
Entertainment	Theresa Constantin		entertainment@northhavenyyc.ca
Memberships	Tyson Hickey	403-703-1302	memberships@northhavenyyc.ca
Newsletter	Maria Fernando		newsletter@northhavenyyc.ca
Hall Rentals	Sandra Whitty	403-284-2716	rentals@northhavenyyc.ca
Casino and Fundraising	Vacant		fundraising@northhavenyyc.ca
Director at Large	Meghan Owen		meghan@northhavenyyc.ca
Director at Large	Rodney Blanco		rodney@northhavenyyc.ca

**Monthly board meetings are held every second Thursday at 7:00 pm.  
NHCA board meetings are open to the public.**

**SCAN HERE TO VIEW ADDITIONAL  
NORTH HAVEN CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**



**Real Estate  
Statistics**



**MEMBERSHIPS NOW  
AVAILABLE ONLINE!**

[NorthHavenYYC.ca/membership/](https://NorthHavenYYC.ca/membership/)

Hello neighbours! We continue to have lots of fun events happening for the whole family, hope to see you soon!

### Spring Preteen Dance

**Friday, June 16, 6:30 to 8:30 pm**

Open to all kids in grades 4 to 6! We have lots of room so bring a friend! Tickets are \$5 for members and \$6 for non-members and guests. Candy and snacks will be available for purchase.

New! Donations for Ukrainian soldiers will be collected, and you get one free candy for your donation! Collection list can be found on our website. Our amazing DJ Safezone will be spinning some great tunes again! We will need parent volunteers at the event, email [entertainment@northhavenyc.ca](mailto:entertainment@northhavenyc.ca) if you can help.

### Stampede Breakfast

**Saturday, June 24, 10:00 am to 12:00 pm**

Join us at the hall for our family-favourite Stampede pancake breakfast! This will be fun for the whole family, with music, games, and activities, and of course pancakes!

### Food Truck Wednesdays

**June 28 and September 27, 5:00 to 7:30 pm**

We welcome the food trucks for two dates this summer! Skip making dinner and come check out the trucks at the hall field. We are excited to welcome Bento Burrito, Rocky Roadz Ice Cream and Mini Donuts, Waffles N Chix, YYC Burgers, and more. Bring a picnic blanket or lawn chairs to hang out and eat with neighbours or get something tasty to bring home.

### Lil Green Urban Farm Stand

**Wednesdays, 3:30 to 6:30 pm**

Every Wednesday afternoon through the summer, get your fresh greens and veggies from Lil Green Urban Farm, in the hall parking lot!

Check out our website at [www.northhavenyc.ca](http://www.northhavenyc.ca) for all the details!

*Theresa Constantin*

Entertainment Director



## Backyard Play Safety

*from Alberta Health Services*

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children this summer. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts. It's also advised to set up play equipment on top of a nine-inch layer of shock-absorbing material which extends six feet out in all directions from the play area.

### Water Hazards

- Drowning contributes to unintentional injury-related death among children ages one to four
- Children can drown in just a few centimetres of water if it covers their mouth and nose
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, lockable gate. (\*Alberta Building Code)

### Lawn and Garden Tools

- Keep young children away from outdoor power equipment
- Serious burns may result from touching hot engine surfaces
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

### Insect Bites and Stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions
- Avoid wearing brightly coloured clothing outdoors
- Consider destroying or relocating hives and nests situated near your home
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 911.

# NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENT!



## Notes:

- All rentals require a \$300 damage deposit
- Discount available for North Haven resident members
- Rates do not include GST

**Email [rentals@northhavenyyc.ca](mailto:rentals@northhavenyyc.ca) to view or book!**

## MAIN HALL Seating Capacity: 100

<b>Friday to Sunday and Holidays - Full Day</b> 9:00 am to 2:00 am	\$400/day + GST Includes full kitchen access
<b>Friday to Sunday and Holidays - Hourly Rate</b> 9:00 am to 2:00 am (min 3 hours)	\$50/hour + GST Includes basic kitchen access
<b>Monday to Thursday - Hourly Rate</b> 9:00 am to 11:00 pm (min 2 hours)	\$40/hour + GST Includes basic kitchen access

## MEETING ROOM Seating Capacity: 30

<b>Monday to Friday - Full Day</b> 8:00 am to 5:00 pm	\$200/day + GST Includes basic kitchen access
<b>Saturday to Sunday - Full Day</b> 8:00 am to 2:00 am	\$400/day + GST Includes basic kitchen access
<b>Monday to Friday - Hourly Rate</b> 8:00 am to 11:00 pm (min 2 hours)	\$30/hour + GST Includes basic kitchen access
<b>Saturday to Sunday - Hourly Rate</b> 8:00 am to 11:00 pm (min 2 hours)	\$50/hour + GST Includes basic kitchen access

# Volunteers Needed

Are you interested in helping out in your community and getting to know your neighbours? The North Haven Community Association is looking to recruit several new positions to the Board of Directors. The following board positions are available:

- **President**
- **Secretary**
- **Hall Manager**
- **Community Engagement**
- **Newsletter**
- **Casino and Fundraising**
- **Snow Shovelling Coordinator**
- **Kids in the Haven - Co-Coordinator**

If you are interested in any of these positions, or would like more information, please email Jody at [president@northhavenyyc.ca](mailto:president@northhavenyyc.ca).



## North Haven Real Estate Update

Last 12 Months North Haven  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2023	\$618,000	\$627,500
March 2023	\$599,900	\$615,000
February 2023	\$544,900	\$565,000
January 2023	\$0	\$0
December 2022	\$599,900	\$576,250
November 2022	\$585,000	\$600,000
October 2022	\$0	\$0
September 2022	\$499,900	\$485,000
August 2022	\$435,000	\$423,000
July 2022	\$599,999	\$577,500
June 2022	\$598,000	\$550,000
May 2022	\$549,900	\$525,000

Last 12 Months North Haven  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2023	2	2
March 2023	1	1
February 2023	1	1
January 2023	0	0
December 2022	0	4
November 2022	1	1
October 2022	1	0
September 2022	3	5
August 2022	7	4
July 2022	1	1
June 2022	3	3
May 2022	5	1

To view more detailed information that comprise the above  
MLS averages please visit [nhav.mycalgary.com](http://nhav.mycalgary.com)

# Events Calendar

### Spring Preteen Dance

Friday, June 16, 6:30 to 8:30 pm

### Stampede Breakfast

Saturday, June 24, 10:00 am to 12:00 pm

### Food Truck Wednesdays

June 28 and September 27, 5:00 to 7:30 pm

### Lil Green Urban Farm Stand

Wednesdays, 3:30 to 6:30 pm



### Want to Homeschool?

Phoenix Foundation offers BlendEd, Online, Kindergarten and Home Education programs for grades K-9. Amazing classes, events and field trips.

**403-265-7701**

[www.phoenixfoundation.ca](http://www.phoenixfoundation.ca)

## 132nd North Haven Scouts

Hello from the Scouts at North Haven!

The last couple of years have been hard as we have all had to learn new ways of being social in our neighbourhood. The 132nd North Haven Scouts have been around for approximately 50 years and sadly the group may be closing entirely this fall. We will be holding a registration event at the Stampede Breakfast (June 24) and are hoping that there will be enough interest to keep the group open; stay tuned for additional details. While there has been enough registration from youth to get started, we do not have any volunteers to direct and supervise the group. This is not a hard job, and it is extremely rewarding. Scouts Canada provides all training and necessary items, so this is at no cost to the volunteers. Please help us keep this group alive with the North Haven Community as a sponsor. This is a valuable and fun-filled activity for those of all ages and is 100% co-ed. If you have any questions or would like to get your training started, feel free to give me a call at 403-616-3402 or send an email to [northhavenscouts@shaw.ca](mailto:northhavenscouts@shaw.ca). Registration for next year has already begun and we can't wait to get this program up and running.

Yours in Scouting,

*Beverly Bridger*

132nd North Haven Group Commissioner



# NHCA

Annual Membership Form

Date \_\_\_\_\_

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name(s)

\_\_\_\_\_  
Address

\_\_\_\_\_  
Postal Code

\_\_\_\_\_  
Email Address (Please print clearly)

\_\_\_\_\_  
Phone Number

I consent to receive emails from the NHCA regarding membership renewal and community events.

**Please select a membership type:**

- \$ 15.00 North Haven Resident Household - 1 Year
- \$ 15.00 Non-North Haven Resident Household - 1 Year
- \$ 5.00 Senior Household - 1 Year

\_\_\_\_\_ **Donation**

**Select payment type:**

- Cash
- Cheque

Please mail or drop off the completed form and payment at:

**North Haven Community Hall - 5003 North Haven Dr. NW, Calgary AB, T2K 2K3**

Go to [northhavenyc.ca/membership](http://northhavenyc.ca/membership) to fill out a form online!

**Purchasing a membership supports local initiatives such as:**

- Ongoing growth of community events
- Neighbourhood improvement initiatives such as spring clean-up, playground and pathway upgrading and traffic safety
- Maintaining the Ice rink and community facilities
- The community website online communication and monthly newsletter

**Benefits of your North Haven Community membership include:**

- Discounted fees for community programs and events
- Discounted community hall rental fees (North Haven residents only)
- The option to be included in the North Haven Business Directory
- The ability to register for local groups such as McKnight Soccer
- Voting privileges at the Annual General Meeting (North Haven residents only)
- Giving input on community planning and development processes

Do you run a business and live in North Haven?  
Join our Business Directory at  
[northhavenyc.ca/businessdirectory](http://northhavenyc.ca/businessdirectory)



## News from the Friends of Nose Hill

by Anne Burke

Spring brought renewal and awakening of Mother Earth in April. There was a three-hour interpretive walk to connect with cultural landscapes through the ages in Nose Hill Park where attendees could be closer to the stars.

The group at the John Laurie Blvd parking lot began the 2.2 km route on pathway and gravel trail. The leaders were Crystal Many Fingers, a Blackfoot member of the Kainai First Nation of Treaty 7, and Lauren Bryant, a professional archaeologist who focused on human occupation.

Legends and sharing stories are an integral part of an oral culture. The importance of Nose Hill to pre-contact indigenous people is highlighted by sites such as the buffalo rubbing stone for ceremonies, vision questing, and fasting.

A natural area is a City-owned park with a natural/native plant community. Our primary role is to preserve the natural significance. Conservation protects these (relatively) undisturbed parcels of land. Damage can be repaired while loss can be restored.

Public engagement and feedback from tourists will contribute to Calgary's 20-year Park Plan. After a draft proposal, there comes a final version by spring 2024, before presentation to City Council. For more information, visit <https://engage.calgary.ca/parksplan>.



Dear Residents of Ward 4,

I hope this message finds you well. I want to take a moment to discuss the importance of preserving natural areas in our community. Natural areas are a unique type of park space that play a vital role in supporting the biodiversity of our city. These spaces provide a natural environment for plants, insects, birds, and other wildlife to thrive while also offering a place for the public to access and enjoy.

Unlike manicured parks, natural areas do not require the same level or frequency of management. It may be tempting to mow or trim natural area vegetation near your property line, but doing so can have damaging effects on the natural area. Mowing removes wildlife habitat and alters the local ecological system, diminishing the health and integrity of natural areas and reducing their ability to provide benefits like stormwater storage and filtration, carbon sequestration, and pollinator habitat.

Furthermore, mowing interferes with everyone's ability to enjoy the natural aesthetic of these areas. Therefore, it is crucial to understand that maintenance methods like mowing and weed control are different for natural areas versus manicured parks. By avoiding mowing into natural areas, you can help protect native plants, animals, and the ecological systems that allow them to thrive in our city.

Remember, park space is available for all Calgarians to enjoy. For more information on natural areas and how they are maintained, please visit <https://www.calgary.ca/parks/natural-areas> or contact 311.

Additionally, I want to bring your attention to the issue of pooled water on streets during heavy rainfalls. If you notice water accumulating around storm drains and it hasn't drained within 90 minutes, take a photo and report it using the 311 app or through an online request at [calgary.ca/stormdrains](https://calgary.ca/stormdrains). This will help the City's crews prioritize their response. However, if the water poses an immediate threat to safety or is entering a building, please contact 311 immediately.

Let's work together to preserve our natural areas and keep our community safe during heavy rainfall.

Thank you for your attention.

Best regards,

Sean Chu



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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**NORTH HAVEN MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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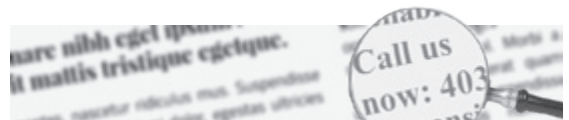
**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

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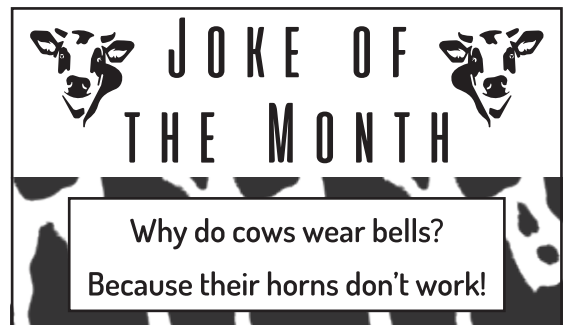
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**TERRAVIEW LAWN CARE:** Spring cleanups, power raking, aerating, slit-seeding, power washing, etc. Weekly and biweekly yard mowing and yard maintenance services. Reasonable rates. Call us today to discuss your yard care needs and to schedule any services. Craig | 403-819-7905. Ron | 403-669-4671.



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## Entertainment Committee Members Needed

Do you enjoy NHCA events? Want to get involved? We'd love to have you! Email Theresa if you are interested at [entertainment@northhavenyyc.ca](mailto:entertainment@northhavenyyc.ca).



### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

## We've partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1, 2, 3.

1. Download the app and book a pickup using <https://app.skipthedepot.com/nhca>.
2. Place your bags outside.
3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!

### Got Bottles?



Download the app and donate to us today!  
**SKIP THE DEPOT**



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FOR CHANGE



## Adoption Event

In collaboration with:



Come meet adoptable dogs & puppies!

Friday,  
June 30  
2pm – 6pm



7026-2060 Symons  
Valley Pkwy NW  
587-230-3188  
[petvalu.ca](http://petvalu.ca)

## GAMES & PUZZLES

### Guess That Book!



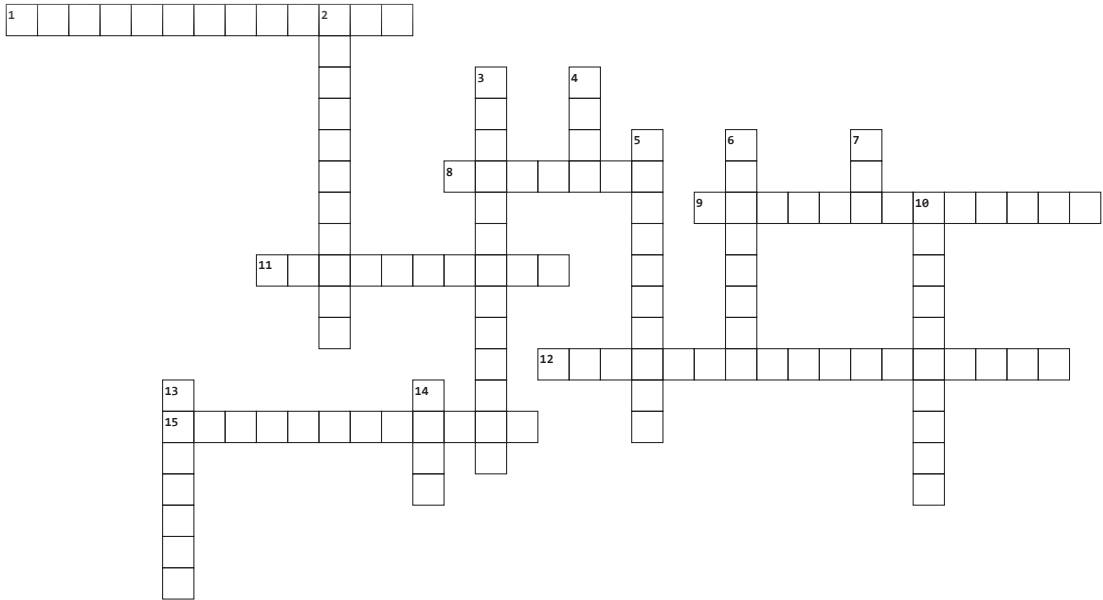
1. A nurse accidentally time travels to the 18<sup>th</sup> century.
2. On Long Island, a bond salesman rents a bungalow next to a wealthy man.
3. Humans are artificially bred and sorted based on intelligence.
4. A former physics postdoctoral student goes on a road trip with his girlfriend.
5. A forbidden romance ruins the lives of two close-knit Yorkshire families.
6. The 200-year-old protagonist is interviewed by a reporter.

SCAN THE QR CODE  
FOR THE ANSWERS!





## June Crossword Puzzle



### Across

1. Born on June 27, 1859, Mildred J. Hill composed this song, which is considered to be one of the most well-known songs in the English language.
8. In Sweden and Finland, Midsummer Day is traditionally celebrated by singing and dancing around this.
9. Canadian singer-songwriter Alanis Morissette wrote this breakup song in about 30 minutes.
11. Midland, Ontario holds an annual festival in honour of this classic Canadian pastry every June.
12. Canadian author Lucy Maud Montgomery's debut novel, which was released in June of 1908.
15. This Calgary landmark was opened to the public on June 30, 1968.

### Down

2. The song "I Will Always Love You," first recorded on June 12, 1973, by \_\_\_\_\_ gained renewed popularity with a re-release by Whitney Houston.
3. 43 years ago, this NHL hockey team relocated to Calgary.
4. The month of June is named after this Roman goddess.
5. In North America, National \_\_\_\_\_ Day is celebrated on June 8.
6. 29 years ago, this popular Disney movie, based on Shakespeare's play, *Hamlet*, was released.
7. The first Friday after Father's Day is National Take Your \_\_\_\_\_ to Work Day.
10. On June 2, 1967, this band released their iconic album, "Sgt. Pepper's Lonely Hearts Club Band," in the US.
13. This European country experiences the longest summer solstice due to its geographical location.
14. The official Father's Day flower.

SCAN THE QR CODE FOR  
THE ANSWER KEY





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