

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER





Barrington Griffiths Watch Company









Commercial mat rentals

and purchases

Workwear and cleaning of uniforms and coveralls



napkins. Laundry and pressing services



One-stop service for cleaning supplies and paper products

calgarymatandlinen.com







The Residential Parking Permit Program limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW

Rentals 403-284-2716 • Hall 403-282-1075 • hello@northhavenyyc.ca

Board of Directors

Directors			
President	Alex MacKinnon	403-807-7700	president@northhavenyyc.ca
Vice President	Vacant		vp@northhavenyyca.ca
Secretary	Vacant		secretary@northhavenyyc.ca
Treasurer	Tyme Wittebrood		treasurer@northhavenyyc.ca
Building and Maintenance	James Hill		facilities@northhavenyyc.ca
Hall Manager	Sandra Whitty		
Civic Affairs	Terry Arnett	403-547-0237	civic.affairs@northhavenyyc.ca
Communication Technology	Mark Gervais	403-651-4063	communications@northhavenyyc.ca
Community Engagement	Vacant		community@northhavenyyc.ca
Entertainment	Theresa Constantin		entertainment@northhavenyyc.ca
Memberships	Tyson Hickey	403-703-1302	memberships@northhavenyyca.ca
Hall Rentals	Vacant	403-284-2716	rentals@northhavenyyc.ca
Fundraising	Rodney Blanco		fundraising@northhavenyyc.ca
Director at Large	Lorraine Moulding		lorraine@northhavenyyc.ca

Monthly board meetings are held every second Thursday at 7:00 pm.

NHCA board meetings are open to the public.

Entertainment Committee Members Needed

Do you enjoy NHCA events? Want to get involved? We'd love to have you! Email Theresa if you are interested at entertainment@northhavenyyc.ca.



NorthHavenYYC.ca/membership/

ENTERTAINMENT

Hello North Haven!

The weather is getting chillier, and the holidays are just around the corner. We've got some fun events happening to keep you warm!

Preteen Dance Saturday, November 18 from 6:30 to 8:30 pm

Open to all local kids in grades 4 to 6; bring a friend! Tickets are \$5 for members and \$6 for non-members and guests, available online and at the door. Candy and snacks will be for sale. We will need parent volunteers at the event, please email entertainment@northhavenyyc.ca if you can help.

Christmas Craft Market Saturday, November 25, 10:00 am to 4:00 pm

This year's Christmas Market is presented by Taylor Markets. Come get free pictures with Santa and treats for the kids, plus enjoy food trucks, 40 local vendors, door prizes, and music!

Light Haven December 1 to 25

Register your house online by December 1 to be included on the map of must-see light displays in the community. This is a fantastic way to light up the dark December evenings.

See northhavenyyc.ca/events for all the details.

Theresa Constantin

Entertainment Director

Christmas Market

Kick off the season at Taylor Markets' Christmas Market at the North Haven Community Association! Join us for free pictures with Santa and free treats for the kids! There will be food trucks and music, along with 40 local vendors. Attendees are eligible to win amazing door prizes, like Heritage Park passes, gift cards to Atmosphere/Sportchek, and so much more! Plan a day out with your girlfriends or make it a family day - we've got something for everyone on your list, including you! All happening on Saturday, November 25 at the community hall, from 10:00 am to 4:00 pm.



Rink Crew Needed

Volunteers are needed to help set up and maintain the North Haven community rink. Tasks include snow removal, sweeping, and rink flooding. If you are interested and/or would like more information, please contact Jeff at jeff. bergeson@shaw.ca or 403-804-1775.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENT!



Notes:

- All rentals require a \$300 damage deposit
- Rental hours must include set-up and take-down time
- Discount available for North Haven resident members

Email rentals@northhavenyyc.ca to view or book!

	MAIN HALL Seating	Capacity: 100
	Friday to Sunday and Holidays -	\$400/day + GST
9	Full Day	Includes full kitchen access
į	9:00 am to 2:00 am	
ì	Friday to Sunday and Holidays -	\$50/hour + GST
•	Hourly Rate	Includes basic kitchen access
	9:00 am to 2:00 am (min 3 hours)	
į	Monday to Thursday - Hourly Rate	\$40/hour + GST
	9:00 am to 11:00 pm (min 2 hours)	Includes basic kitchen access
	MEETING ROOM Seat	ing Capacity: 30
É	Monday to Thursday - Full Day	\$200/day + GST
	8:00 am to 5:00 pm	Includes basic kitchen access
	Friday to Sunday and Holidays -	\$400/day + GST
	Full Day	Includes basic kitchen access
	8:00 am to 2:00 am	iliciades basic kitchell access
	Monday to Thursday - Hourly Rate	\$30/hour + GST
	8:00 am to 11:00 pm (min 2 hours)	Includes basic kitchen access
	Friday to Sunday and Holidays - Hourly Rate	\$50/hour + GST



8:00 am to 11:00 pm (min 2 hours)



- Secretary
- Hall Rentals
- Community Engagement
- · Kids in the Haven Co-Coordinator

following board positions are available:

If you are interested in any of these positions, or would like more information, please email Alex at president@northhavenyyc.ca.

Includes basic kitchen access

Intersection Planning Update

The North Haven Board is continuing discussions with the City Infrastructure Division. This message is a positive first step:

Intersection Planning Update - John Laure Boulevard at McKnight Trail NW

We have some news to share regarding the planning and development of the intersection of John Laurie Boulevard at McKnight Trail N. The 2005 functional planning study for the intersection and the McKnight Trail corridor is out of date. It does not align with Calgarians' evolving needs and the latest municipal policies on transit, walking, wheeling, and liveable communities. A new plan and design will need to be created. However, funding for a study to update the plans is not currently available. When we do begin a new plan in the future, community members will be invited to engage on the priorities and designs for this intersection and McKnight Trail corridor.

Please stay tuned for future updates on how you can get involved and contribute to this process. Your engagement and support are deeply appreciated as we collectively strive to create safer, more accessible, and efficient public spaces.

Reminder

Friendly reminder to anyone performing construction, etc. in the community to please clean up nails and debris from the roads to avoid tire punctures. Thank you!

Casino Volunteers Needed

Volunteers are needed to assist with the North Haven Community Association casino fundraising on December 5 and 6, 2023. If you are able to help, please contact Rodney Blanco at fundraising@northhavenyyc.ca.

Events Calendar

Preteen Dance

November 18, 6:30 to 8:30 pm

Winter Haven Craft Market

November 25, 10:00 am to 4:00 pm

Light Haven

December 1 to 25

Kids in the Haven – Coordinator Help Needed

Our program for North Haven youth in Grades 7 to 12 needs someone to share the coordinator role. This fun group gets together throughout the year for special events. Let us know if you're interested in helping out. Email Theresa at entertainment@northhavenyyc.ca.



North Haven Snow Shovelling Program

The North Haven Community Association is once again organizing five months of snow shovelling from November 1 to March 31. The program matches local kids with North Haven customers who would like to have a snow shovelling service at a reasonable rate. This program provides many kids with their first employment opportunity.

Fees for areas to be shovelled are assessed on an individual basis, and all fees collected (except GST) go directly to the shoveler. Customers can sign up for the full five months, or for as little as a weekend.

Email snow@northhavenyyc.ca if you are interested in participating as a customer or shoveler – new participants are always welcome. Customers and shovelers must be residents of North Haven and have a valid community membership.



		Date
Last Name	First Name(s)	
Address		Postal Code
Email Address (Please print clearly)		Phone Number
I consent to receive emails from the NHCA re	egarding membership rene	wal and community events.
Please select a membership type:		Select payment type:
\$ 15.00 North Haven Resident Househo	☐ Cash	
☐ \$ 15.00 Non-North Haven Resident Hor	○ Cheque	
S 5.00 Senior Household - 1 Year		
Donation		
Please mail or drop off the completed form and North Haven Community Hall - 5003 North Ha	. ,	TOV OVZ

Go to northhavenyyc.ca/membership to fill out a form online!

Purchasing a membership supports local initiatives such as:

- Ongoing growth of community events
- Neighbourhood improvement initiatives such as spring clean-up, playground and pathway upgrading and traffic safety
- Maintaining the Ice rink and community facilities
- The community website online communication and monthly newsletter

Benefits of your North Haven Community membership include:

- Discounted fees for community programs and events
- Discounted community hall rental fees (North Haven residents only)
- The option to be included in the North Haven Business Directory
- The ability to register for local groups such as McKnight Soccer
- Voting privileges at the Annual General Meeting (North Haven residents only)
- · Giving input on community planning and development processes

Do you run a business and live in North Haven? Join our Business Directory at northhavenyyc.ca/businessdirectory



by Anne Burke

In 1993 a land use inventory was conducted of Nose Hill Park. This study reported on archaeological resources on Nose Hill from Alberta's original inhabitants and their land. For the Blackfoot, their culture and homeland have existed for as long as 6,500 years or more. This was their place for more than 350 generations. There are clues about their way of life from remains of the prehistoric past, such as tools, 10 campsites, a kill site, and a "cairn" or stone pile. Pre-contact cairns were used as small game traps, navigation markers, flagging for drive lanes, and burials.

Nose Hill has 18 known sites which contain stone circles from tipi lodges and cooking circles or a central hearth. Fire-broken or cracked rock is a by-product of stonepit boiling. The tipi covers and liners were held down by rocks from the tipi circles. The distribution and weights along the circle are a means of determining the season of use. It is presumed to be a shorter period based on the Nose Hill uplands, where tipi lodges are back from the escarpment edges or in depressed areas, so they were probably meat camps or transitory travel camps. People likely lived there in the early spring for the hunting of individual bison. There are more than 90 rings. The size of the lodge group can be estimated by the size of the ring. Given the number of skins and poles for a tipi, we learn about a group's transportation method. The number and distribution of the rings within a group reveal the size of a larger social group. Isolated rings, even when found in groups, may be vision guest sites.

Read more Uncovering Human History: Archaeology and Calgary Parks at: www.calgary.ca/parks/history.html.

We've partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1, 2, 3.

- 1. Download the app and book a pickup using https://app.skipthedepot.com/nhca.
- 2. Place your bags outside.
- 3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!





SAFE & SOUND

Yielding to Emergency Vehicles

by Alberta Health Services

For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles with their lights and sirens activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- Move right or left to the nearest curb on one-way streets.
- •On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., to pass other traffic.

When operating a vehicle:

- Motorists must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.

- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.





BCM

BEDDINGTON CHIROPRACTIC & MASSAGE

Less than 10 minutes from North Haven!

Time to check in with your in with and visit health and visit

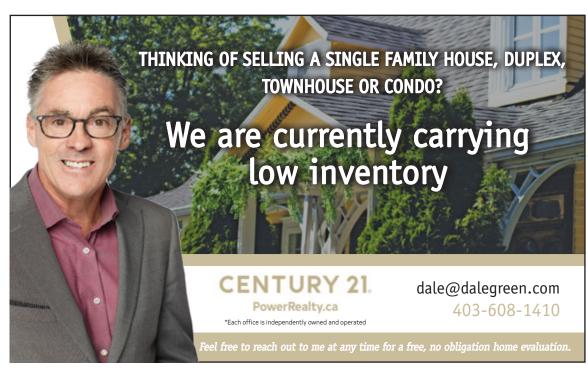
Why come see us?

- Back pain
- Neck pain
- O Pregnancy pain
- O Preventative care
- Car accident injury
- Kids/teens injuries
- O Seniors (Arthritis)
- Headaches

What we offer:

- An incredible team of five chiropractors
- Six fully registered massage therapists
- Scheduling availability and online booking (myBCMclinic.com)
- Direct billing to major insurers
- Free parking

Don't forget to use your lealth benefits this year







BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www. official-plumbing-heating.ca.

NORTH HAVEN MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a guote. We are located in SE Calgary.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GOT DIGITAL?

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