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North Haven

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DECEMBER 13

LIGHT HAVEN
DECEMBER 1 TO 25



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5003 North Haven Drive NW
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Director at Large	Celina Baharally	celina@northhavenyyc.ca

Board meetings are held on the second Thursday of the month at 7:00 pm.
NHCA board meetings are open to the public.



MEMBERSHIPS NOW AVAILABLE ONLINE!

NorthHavenYYC.ca/membership/



_____ Date

_____ Last Name

_____ First Name(s)

_____ Address

_____ Postal Code

_____ Email Address (Please print clearly)

_____ Phone Number

I consent to receive emails from the NHCA regarding membership renewal and community events.

Please select a membership type:

- \$ 15.00 North Haven Resident Household - 1 Year
- \$ 15.00 Non-North Haven Resident Household - 1 Year
- \$ 5.00 Senior Household - 1 Year

_____ **Donation**

Select payment type:

- Cash
- Cheque

Please mail or drop off the completed form and payment at:

North Haven Community Hall - 5003 North Haven Dr. NW, Calgary AB, T2K 2K3

Go to northhavenyc.ca/membership to fill out a form online!

Purchasing a membership supports local initiatives such as:

- Ongoing growth of community events
- Neighbourhood improvement initiatives such as spring clean-up, playground and pathway upgrading and traffic safety
- Maintaining the Ice rink and community facilities
- The community website online communication and monthly newsletter

Benefits of your North Haven Community membership include:

- Discounted fees for community programs and events
- Discounted community hall rental fees (North Haven residents only)
- The option to be included in the North Haven Business Directory
- The ability to register for local groups such as McKnight Soccer
- Voting privileges at the Annual General Meeting (North Haven residents only)
- Giving input on community planning and development processes

Do you run a business and live in North Haven?
Join our Business Directory at
northhavenyc.ca/businessdirectory

NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENTAL!



MAIN HALL

100-person capacity, for receptions, parties, conferences, includes kitchen

Friday to Sunday and Holidays Full Day: 9:00 am to 1:00 am	\$600 per day + GST
Friday to Sunday and Holidays Hourly Rate: 9:00 am to 1:00 am	\$55 per hour + GST (minimum 3 hours)
Monday to Thursday Hourly Rate: 9:00 am to 11:00 pm	\$45 per hour + GST (minimum 2 hours)

MEETING ROOM (LOUNGE)

30-person capacity, for meetings and small trainings

Monday to Thursday Hourly Rate: 8:00 am to 11:00 pm	\$35 per hour + GST (minimum 2 hours)
Friday, Saturday, Sunday and Holidays Hourly Rate: 8:00 am to 11:00 pm	\$55 per hour + GST (minimum 2 hours)

Notes:

- All rentals require a \$300 damage deposit
- Rental hours must include set-up and take-down time
- Discount available for North Haven resident members

Email rentals@northhavenyc.ca to view or book!



OFFICIAL

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Plumbing Services
Furnace Install & Repair
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\$50

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GAMES & PUZZLES

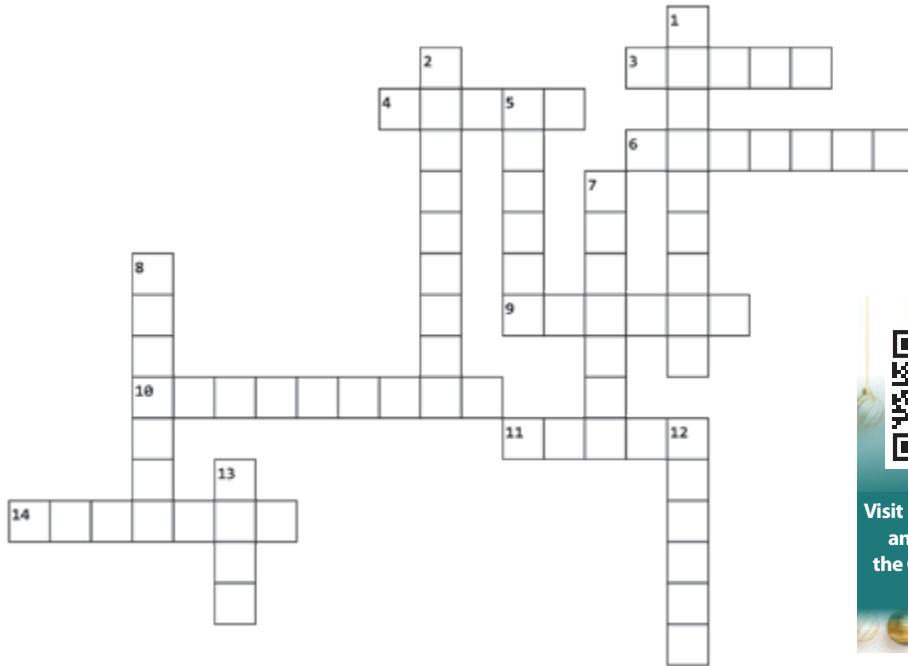
Guess the Holiday!

1. This holiday seems like it could be named after a sport, but it has nothing to do with one.
2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.
3. This holiday typically revolves around one shape.
4. Eggnog, trees, and bells are classic elements of this holiday.
5. Costumes are a huge part of the fun of this holiday.
6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.



SCAN THE QR CODE FOR THE ANSWERS!

December Crossword



Across

3. On December 5, 1991, Jostein Gaarder's novel, *Sophie's _____*, was published and tells the story of a Norwegian teenager on a journey of discovery about the history of philosophy.
4. *Driving Miss _____*, starring Morgan Freeman as a chauffeur to an elderly widow played by Jessica Tandy, was released on December 13, 1989.
6. Canadian singer, Nelly _____, was born on December 2, 1978, in Victoria, British Columbia.
9. This Christmas tree decoration, originally made from real silver that was shredded, was first invented in Germany in 1610.
10. December's official birthstone has the same name as the colour that it is.
11. Dr. Martin Luther King Jr. was awarded the Nobel _____ Prize on December 10, 1964.
14. James Cameron's _____ was first released on December 19, 1997, and is one of the highest-grossing films ever.

Down

1. International _____ Day was mandated by the UN General Assembly in 1985 and takes place every year on December 5.
2. December's birth flowers are the _____ (also known as paperwhites) and the holly.
5. On December 24, 1818, a choir in Austria first performed the popular Christmas carol "_____ Night".
7. This annual holiday celebrating African American culture is observed from December 26 to January 1.
8. On December 29, 1989, the Associated Press named hockey player Wayne Gretsky and tennis player _____ Navratilova Best Athletes of the Decade.
12. Canadian actor and comedian, _____ Levy, was born on December 17, 1946, in Hamilton, Ontario.
13. On December 1, 2003, the final film of *the Lord of the Rings* trilogy, *The Return of the _____*, premiered in New Zealand.

North Haven Snow Shovelling Program

The North Haven Community Association is once again organizing five months of snow shovelling from November 1 to March 31, with a potential option to extend coverage through the month of April. The program matches local kids with North Haven customers who would like to have a snow shovelling service at a reasonable rate. This program provides many kids with their first employment opportunity. Fees for areas to be shovelled are assessed on an individual basis, and all fees collected (except GST) go directly to the shoveller. Customers can sign up for the full five months, or for as little as a weekend. Email snow@northhavenyyc.ca if you are interested in participating as a customer or shoveller – new participants are always welcome. Customers and shovellers must be residents of North Haven and have a valid community membership.

Community Garden

Congratulations to the community gardeners on another successful year of gardening and community building! At our wrap-up meeting the highlights included volunteer participation in garden tasks, getting to know your neighbour, and seeing all the interesting plants. For areas to work on, some gardeners mentioned accessibility issues, and some gardening tasks that lagged in completion at times. As a result, we are piloting four specific volunteer roles that community gardeners can choose from next year:

1. Water Barrels - this was very successful this year, a big thank you to all the gardeners for your participation!
2. Orchard Maintenance - already the fruit trees have received their first prune, and ongoing care will be needed.
3. Community Food Plots - specific plots will be allocated to grow food for neighbours and food banks.
4. Garden Maintenance - general maintenance like taking on weeding, pests, fencing, and any other tasks which improve the garden.

The gardening committee will work over the winter to flesh out these roles. Any and all comments from gardeners are appreciated.

We look forward to sharing more details about registering for plots later in the new year and can't wait to get growing with you again! Finally, a huge thank you to all community gardeners for being mindful and considerate when watering during city water restrictions. It was a test of our community spirit, and we passed with flying colours!

Until early next season,

The NHCA Community Garden Committee



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News from the Friends of Nose Hill

by Anne Burke

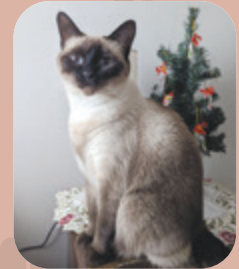
Phase 3 of the Connect: Calgary's Parks Plan is underway, and the draft plan was shared with the public and partners before Council's expected approval in early 2025. You can send questions or comments directly to the project team by emailing parksplan@calgary.ca. Please note that these will not be included in the final Phase 3 What We Heard Report. A Park is a space set aside for enjoyment, recreation, education, cultural or aesthetic use, or for the protection of wildlife or natural habitats. An urban forest includes trees and shrubs intentionally planted, naturally occurring, or accidentally seeded within city limits. This means all trees in parks, river valleys, streets, roadways, natural areas, and commercial and private lands.

A Natural Area is a City-owned park or open space where the primary role is protection of a (relatively) undisturbed parcel or with a natural/native plant community. Natural areas are categorized to provide guidance for management and permitted uses according to habitat sensitivity and conservation needs. Habitat is the environment where the life cycle of a species is found and characteristics of the place (climate or suitable food and shelter). A Habitat Management Plan means a ten-year operational plan on how we manage natural areas that help maintain or improve the health and function of a park. Calgary's natural ecosystems are categorized by their habitat type (e.g., grassland, forest, wetland). There are also categories for classifying parks with natural environments: Special Protection or Major; Supporting (may be buffers), and other naturalized parks. Naturalization means improving management or repairing some function. For Environmentally Significant Areas, some key natural components recognized by the City of Calgary are Water Quality and Quantity; Rare, Intact, or Biologically Diverse content; and Habitat for Native Species of Interest. Read more at engage.calgary.ca/parksplan.

Cats, Canines, & Critters of Calgary



Chip, Woodbine



Echo, Signal Hill



George, Huntington Hills



George, McKenzie Towne



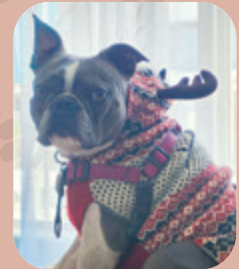
Lola, Calgary



Misty, Queensland



Pedro, Sandstone Valley



Walden

To have your pet featured, email news@mycalgary.com

ENTERTAINMENT

Hello North Haven!

The weather is getting chillier, and the holidays are just around the corner. We've got some fun events happening to keep you warm!

Light Haven

December 1 to 25

You can register your house online to be included on the map of must-see light displays in the community. This is a great way to light up the dark December evenings.

Family Skating Party

Sunday, January 26, 2:00 to 4:00 pm

Bring your family and your skates and join us for some pleasure skating time with friends and neighbours at the North Haven outdoor rink! Hot chocolate and music will be provided. Weather dependent so check on our website and socials for any updates.

Details on these events can be found on our website, www.northavenyyc.ca.



CHECK IT OUT!

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Easy Turkey Chili

by Jennifer Puri

Turkey is a large bird which is rich in protein and other nutrients such as iron, zinc, and selenium. It provides many of the same calories as chicken and most people are easily able to digest it.

Ground turkey is an inexpensive way to consume turkey and over the years has grown in popularity as a substitute for ground chicken. Rich in vitamins and minerals it can contribute to a healthy diet as it is low in fat. Dark meat is more flavourful but has more calories than white meat without the skin.

Turkey can be added to soups, salads, sandwiches, burgers, or Chili as shown in this Easy Turkey Chili recipe below.

Prep Time: 15 minutes

Cook Time: 1 hour

Servings: 6

Ingredients:

- 1 lb lean ground turkey
- 2 tbsps. olive or vegetable oil
- 3 garlic cloves finely chopped
- 1 medium yellow onion chopped
- 1 red bell pepper finely chopped
- 1 900 ml carton (low sodium) chicken broth
- 1 28 oz can diced tomatoes
- 1 small can corn niblets drained and rinsed
- 1 540 ml can black beans drained and rinsed
- 1 540 ml can red kidney beans drained and rinsed
- ½ tsp Chili powder
- 2 tsps. ground cumin
- 1 tsp dried oregano
- 1 tsp salt
- ½ tsp ground black pepper

Directions:

- In a large pot add olive or vegetable oil, chopped onion, garlic, and red pepper. Sauté the vegetables for 3 to 4 minutes until onions are softened and then add the ground turkey. Sauté the turkey for 4 to 5 minutes until cooked through.
- Add the Chili powder, ground cumin, oregano, salt and black pepper and continue to cook for a couple of minutes.

- Add the black beans, kidney beans, corn, and diced tomatoes and blend in with the turkey.
- Add the chicken stock and bring to a boil and then reduce heat and allow the Chili to simmer for approximately 45 minutes, stirring occasionally.
- Garnish the Turkey Chili with sour cream, shredded cheddar cheese and chopped coriander leaves or taco chips and sliced avocado if preferred.

Bon Appétit!



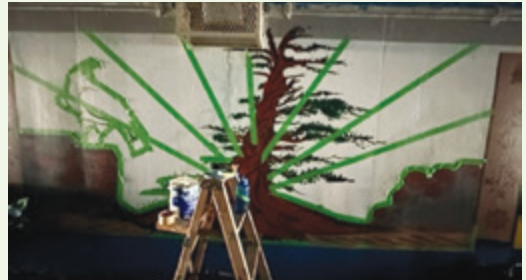
North Haven Nose Hill Tunnel Mural Update

2024 was a very big year for Stephanie One Spot, the lead artist for the Nose Hill tunnel mural. In April, Stephanie received her Bachelor of Fine Arts from the Alberta University of the Arts. Then, in July, she welcomed a daughter. These big events didn't leave a lot of time for painting, but Stephanie and her artist team were able work throughout September and October and bring the mural closer to completion.

Taking advantage of the long, linear space of the tunnel, the mural tells a story, showing scenes from Tsuut'ina creation mythology. Over the past few years, Stephanie has been able to spend time learning from Tsuut'ina Elders and creating images that will share this creation story. We are working on materials which will help guide viewers through the story as they walk through the tunnel.

Stephanie and her team of assistants, which include her sister, Maria One Spot, will be returning in late spring to complete the mural. The remaining work includes completing the animals that are currently outlined on the brightly coloured panels and adding more imagery to each panel. One section in the tunnel interior that has been damaged by water seeping in the concrete will be repaired and replaced. After the installation is complete there will be an opening event in the summer.

Stephanie and Maria would like to pass along their thanks to all the North Haven community members - and your dogs - for their support, questions, and kind comments as they worked on-site in the tunnel this fall.



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Landlord and Tenant Law – Rents and Landlord Access

by Charmaine Coutinho, volunteer lawyer with Calgary Legal Guidance



This article will only discuss leases covered by Alberta's Residential Tenancies Act (RTA). This excludes tenants sharing living space with a landlord, supported living accommodations, and a few other scenarios. This piece is to help our community become more familiar with a few RTA topics, at a time when both landlords and tenants are under stress and looking for ways to improve their circumstances.

Rent Increases

There is no limit on rent increases in Alberta. However, rent cannot be increased during the term of a fixed lease and cannot be increased within one year of the last rent increase or the start of the tenancy (for fixed or periodic leases).

The landlord must give a tenant notice before increasing the rent. The notice from the landlord must include the date of the notice, the effective date of the increase, and the landlord's signature. The notice period must be 12 full tenancy weeks for a weekly periodic tenancy, three full tenancy months for a monthly periodic tenancy, or 90 days for any other periodic tenancy; these deadlines apply from the date that the notice is delivered to the tenant. The notice must be delivered before the notice period starts, and the increase can take effect only after the period ends. For example, if a rent increase on a monthly tenancy (based on calendar months) is intended to take effect on December 1, the landlord must give notice before September 1. If a landlord delivers the notice on September 1, the rent increase cannot apply until January; if the landlord states an effective date of December 1 for the rent increase, the notice may not be effective at all.

Rent increases are frequently a point of contention between landlords and tenants; I've heard many anecdotes about landlords attempting to enforce increases despite not giving sufficient notice, and tenants forgetting to budget for anticipated increases. The lengthy notice periods involved offer room to manoeuvre, plan, or negotiate – plan accordingly!

Landlord's Notice to Enter

A landlord can enter the rental unit at any time with the tenant's consent. The landlord can also enter the rental unit without a tenant's consent, but with at least 24 hours notice, for a few specific reasons: repairs, inspection of rental premises, pest control in the unit, to show the unit to prospective purchasers or mortgagors, or to show the unit to prospective tenants after the landlord/tenant has given notice to end the tenancy.

A landlord may only enter a rental unit without consent or notice in an emergency or if the landlord believes that the tenant has abandoned the unit.

If the lease is covered by the RTA, and a landlord is not adhering to the notice provisions in the RTA, a tenant can apply to the Residential Tenancy Dispute Resolution Service (RTDRS) for an abatement of rent to compensate for the landlord breaching the tenant's entitlement to peaceful enjoyment and possession of the rental unit.

I hope that this brief helps community members to understand their rights and obligations in the context of a lease covered by the Residential Tenancies Act. I wish my neighbours amicable tenancies and peaceful enjoyment of their rental premises!



Carolyn's Corner: Winter Wonders - Bringing Holiday Magic to Your Planters

by TJ Yurko

As the holiday season approaches, it's time to let your creativity shine with seasonal décor. Capture the magic of winter and invite festive cheer into your home with these beautifully crafted, whimsically inspired holiday planter ideas.

Containers

Start with picking the perfect container. Terracotta pots, ceramic vases, wooden crates, woven baskets, and metal buckets work perfectly for indoor arrangements. For outdoor planters, choose containers made from durable, weather-resistant materials like waterproof plastic, metal, or wood.

Plants

Next, think about plant selection. Seasonal flowers like poinsettias, cyclamen, and amaryllis kindle holiday glamour indoors. Evergreens like pine, spruce, cedar, fir, and juniper evoke a classic holiday feel in any setting, with holly, euonymus, magnolia, and eucalyptus adding unique features. For a cascading effect, use weeping or trailing plants near the container's edges.

Quality substrate is crucial for keeping plants fresh. Use hydrated floral foam or a reusable floral grid with well-drained potting mix to keep your plants thriving all season long.

Ornaments

Add character to your holiday planter with decorations like cones, twigs, branches, ornaments, ribbons, faux birds, and lights. Battery-operated lights provide a warm, comforting glow without the hassle of cords and plug-ins. Arrange these accessories, so they complement your plants rather than overshadow them.

Designs

When designing your holiday planter, use the "thriller, filler, spiller" technique: Begin with a tall, focal plant or decoration ("thriller"), fill in with medium-height

materials ("filler"), then let elements drape over the edge ("spiller"). Experiment with different holiday colours like red, green, gold, blue, silver, and white. Place arrangements in high-traffic areas to showcase your creations.

Remember, the best holiday pots reflect the unique style and design of your home. So, embrace the spirit of the season, have fun with arrangements, and transform your planter into a masterpiece that personifies the true meaning of the holidays.

Need help sprucing up your landscape this holiday season? Don't hesitate – contact a professional today!



A CHRISTMAS CAROL

The first edition of the Christmas classic A Christmas Carol, written by Charles Dickens, was originally published in London on December 19, 1843. This story was published as a novella by Chapman & Hall and the first edition sold out by Christmas Eve that first year!



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Message From Our MLA

Hello, North Haven residents!

I'm thrilled to update you on some of the work I've been doing over the past few months. This summer has been incredibly busy, and it was wonderful to meet so many of you at the pancake breakfast! These past few months have also been packed with engaging conversations with constituents, meeting with stakeholders, and participating in events across Calgary-Klein. It's been a fantastic summer and an equally exciting start to fall.

I'm also excited to share that I've been appointed to the Standing Committee for Families and Communities and now serve as the Shadow Minister for Immigration and Multiculturalism. These new roles are a fantastic opportunity to continue advocating for our community and focus on the issues that matter most to you.

Our fall session started in late October, and our caucus is working tirelessly on crucial topics like affordability, healthcare, and retirement security. If there's something on your mind that you'd like discussed, please reach out to our office. I'm committed to representing your concerns in question period and debate, and it's been rewarding to share your stories in the Legislature—I look forward to sharing even more!

As always, you can connect with us anytime at calgary.klein@assembly.ab.ca and keep up with our activities on social media @LizetteNDP. I missed this year's Halloween event but am looking forward to upcoming gatherings. With the holiday season just around the corner, please reach out if there are any events, you'd like help sponsoring or promoting.

Thank you, and I can't wait to see you all soon!

MLA Calgary-Klein, Lizette Tejada





**Councillor, Ward 4
Sean Chu**
 403-268-3727
 ward04@calgary.ca
 www.calgary.ca/ward4
 www.seanchu.ca

Dear Ward 4 Neighbours,

As the year draws to a close and the winter season settles in, I want to extend my heartfelt wishes to each of you for a joyful and restful holiday season. This time of year is a special opportunity to pause, reconnect, and cherish the spirit of community that makes Calgary such a wonderful place to call home.

Whether you're celebrating at home or traveling to be with family and friends, I hope this season brings you warmth, peace, and plenty of moments to savour. Here in Calgary, we're so fortunate to have a community that supports each other in countless ways. From local events to friendly neighbours lending a hand with snow shoveling, these small acts remind us of the strength and kindness that define our neighbourhood.

Don't forget—if you have any City of Calgary-related issues or concerns, you can easily reach assistance by calling 3-1-1, visiting online, or using the 3-1-1 mobile app.

Wishing you a season filled with joy, health, and all the things that make your holiday bright.

Warm holiday wishes,

Sean Chu

Councillor, Ward 4

We Are Looking For A Volunteer!

The Hall Rentals volunteer will assist the hall manager in coordinating hall rentals. Duties may include responding to emails about rental inquiries, meeting and showing the hall to potential renters, and greeting renters the day of their event.

BUSINESS CLASSIFIEDS

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.



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