

OCTOBER 2024

DELIVERED MONTHLY TO 1,705 HOUSEHOLDS



North Haven

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER



NETHER HAVEN DANCE
NOVEMBER 2



TARGET BY COMMUNITY

PLACE YOUR AD HERE AND PROMOTE YOUR BUSINESS

403-720-0762 | grow@greatnewsmedia.ca



GET A QUOTE NOW

www.northhavenyyc.ca • newsletter@northhavenyyc.ca

OFFICIAL



PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca

Your
Dollar Store
With More

HALLOWEEN

We have a

MONSTER

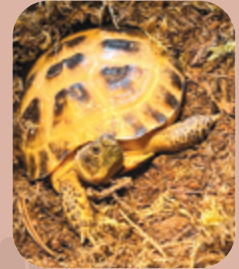
selection for your
every Ghoulish need

Across from Thorncliffe Safeway
5602 4th Street NW, Ph: (403) 313-5543
Hours: Mon to Sat 9:00am - 8:00pm
Sunday 10:00am - 6:00pm

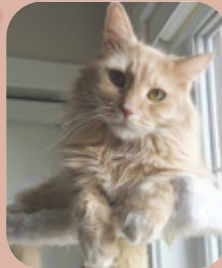
Cats, Canines, & Critters of Calgary



Buck, Montgomery



Dry Bones,
McKenzie Lake



Harper Lee, Beddington



Hemi, Shawnessy



Jasper, Mahogany



Josie, Springbank Hill



Leo, Panorama Hills



Percy, Evanston

To have your pet featured, email news@mycalgary.com

NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW
Rentals 403-284-2716 • Hall 403-282-1075 • hello@northhavenyyc.ca

Board of Directors

Directors

President	Theresa Constantin	403-807-7700	president@northhavenyyc.ca
Vice President	Meritt Kularatne		vp@northhavenyyc.ca
Secretary	Peggy Colborne		secretary@northhavenyyc.ca
Treasurer	Vacant		treasurer@northhavenyyc.ca
Building and Maintenance	James Hill		facilities@northhavenyyc.ca
Hall Manager	Sandra Whitty		
Civic Affairs	Vacant		civic.affairs@northhavenyyc.ca
Communication Technology	Mark Gervais	403-651-4063	communications@northhavenyyc.ca
Community Engagement	Joshua Grey		community@northhavenyyc.ca
Entertainment	Jesse Fowlis		entertainment@northhavenyyc.ca
Memberships	Susan Noble		memberships@northhavenyyc.ca
Hall Rentals	Vacant	403-284-2716	rentals@northhavenyyc.ca
Casino and Fundraising	Rodney Blanco		fundraising@northhavenyyc.ca
Director at Large	Lorraine Moulding		lorraine@northhavenyyc.ca
Director at Large	Celina Baharally		celina@northhavenyyc.ca

**Monthly board meetings are held every second Thursday at 7:00 pm.
NHCA board meetings are open to the public.**

SHIPWRECKED

Of course, it is nearly impossible to know the exact number of shipwrecks on the ocean floor. However, the current estimate is that there are about three million shipwrecks scattered down there. These wrecks include everything from sunken war ships to small, abandoned recreation boats.



**MEMBERSHIPS NOW
AVAILABLE ONLINE!**

NorthHavenYYC.ca/membership/



NHCA

Annual Membership Form

_____ Date

_____ Last Name

_____ First Name(s)

_____ Address

_____ Postal Code

_____ Email Address (Please print clearly)

_____ Phone Number

I consent to receive emails from the NHCA regarding membership renewal and community events.

Please select a membership type:

- \$ 15.00 North Haven Resident Household - 1 Year
- \$ 15.00 Non-North Haven Resident Household - 1 Year
- \$ 5.00 Senior Household - 1 Year

_____ Donation

Select payment type:

- Cash
- Cheque

Please mail or drop off the completed form and payment at:

North Haven Community Hall - 5003 North Haven Dr. NW, Calgary AB, T2K 2K3

Go to northhavenyyc.ca/membership to fill out a form online!

Purchasing a membership supports local initiatives such as:

- Ongoing growth of community events
- Neighbourhood improvement initiatives such as spring clean-up, playground and pathway upgrading and traffic safety
- Maintaining the Ice rink and community facilities
- The community website online communication and monthly newsletter

Benefits of your North Haven Community membership include:

- Discounted fees for community programs and events
- Discounted community hall rental fees (North Haven residents only)
- The option to be included in the North Haven Business Directory
- The ability to register for local groups such as McKnight Soccer
- Voting privileges at the Annual General Meeting (North Haven residents only)
- Giving input on community planning and development processes

Do you run a business and live in North Haven?
Join our Business Directory at
northhavenyyc.ca/businessdirectory

NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENTAL!



MAIN HALL

100-person capacity, for receptions, parties, conferences, includes kitchen

Friday to Sunday and Holidays	\$600 per day + GST
Full Day: 9:00 am to 1:00 am	
Friday to Sunday and Holidays	\$55 per hour + GST
Hourly Rate: 9:00 am to 1:00 am	(minimum 3 hours)
Monday to Thursday	\$45 per hour + GST
Hourly Rate: 9:00 am to 11:00 pm	(minimum 2 hours)

MEETING ROOM (LOUNGE)

30-person capacity, for meetings and small trainings

Monday to Thursday	\$35 per hour + GST
Hourly Rate: 8:00 am to 11:00 pm	(minimum 2 hours)
Friday, Saturday, Sunday and Holidays	\$55 per hour + GST
Hourly Rate: 8:00 am to 11:00 pm	(minimum 2 hours)

Notes:

- All rentals require a \$300 damage deposit
- Rental hours must include set-up and take-down time
- Discount available for North Haven resident members

Email rentals@northhavenyc.ca to view or book!



Scary, Spooky, Skeletons

Of the total body weight of an average human, about 14% is made up of bone mass. Typically, our bones reach their maximum mass between 25 and 30 years old. When we are born, we have around 270 bones, but as we grow into adulthood these fuse together, leaving us with about 206.

Unlock Your Dream Home Now!

Low Rates,
Fast Approval,
Big Savings!
Don't Wait – Act Today!

ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

ENTERTAINMENT

October is here and that means Halloween is just around the corner.

Yoga is back! Weekly on Wednesdays at the hall from 6:00 to 7:00 pm. Payments are accepted at the door.

Parents and Tots is now on Mondays from 9:30 to 10:30 am at the hall.

Flu shot clinic will be held again at the hall, date TBD. Details for booking are forthcoming and will be posted on our website and social media.

On October 26 from 9:15 am to 3:30 pm we have an upcoming workshop day, at the hall, put on by the FCC. There will be sessions on Urban Planning, Finance, Governance and Community Engagement. Register online.

Our annual Nether Haven Halloween Dance will be on November 2 from 6:30 to 8:30 pm. Keep an eye out for ticket sales as it will sell out fast!

Details on all these events can be found on our website, www.northhavenyyc.ca.

Jesse Fowlis

North Haven Community Association Entertainment Director



Nobel Canadians



Nobel Prize winners are announced in the first two weeks of October. Since the very first awards, Canada has won 27 Nobel Prizes. From 1923 to 2021, Canadians have received the award for everything from Economics and Physics to Literature.

North Haven Snow Shovelling Program

The North Haven Community Association is once again organizing five months of snow shovelling from November 1 to March 31, with a potential option to extend coverage through the month of April. The program matches local kids with North Haven customers who would like to have a snow shovelling service at a reasonable rate. This program provides many kids with their first employment opportunity. Fees for areas to be shovelled are assessed on an individual basis, and all fees collected (except GST) go directly to the shoveller. Customers can sign up for the full five months, or for as little as a weekend. Email snow@northhavenyyc.ca if you are interested in participating as a customer or shoveller – new participants are always welcome. Customers and shovellers must be residents of North Haven and have a valid community membership.

GAMES & PUZZLES

Guess the Colour!

1. This is the first primary colour a newborn can see.
2. Based on a worldwide study, this colour is the most popular favourite.
3. This colour and royalty have been linked since ancient times because of how expensive and exclusive the dye was.
4. This colour and red are thought to increase appetite.
5. The colour of night vision goggles.
6. Contrary to popular belief, this is the actual colour of the sun.



SCAN THE QR CODE FOR THE ANSWERS!

PRESIDENT'S MESSAGE

Hello North Haven, I am honoured to be your new NHCA President, and I am looking forward to the year ahead.

I would like to give a sincere thank you to our outgoing board members, Alex Mackinnon, Terry Arnett, Tyme Wittebrood, and Tyson Hickey for their contributions. Our neighbourhood wouldn't be what it is today without you!

We would not be able to provide the events and amenities at the hall and in our community without countless hours of work by all of our dedicated volunteers.

We're always looking for new volunteers for various roles. If you're looking to get involved, please reach out to myself or any of our other board members.

Theresa Constantin

President

president@northhavenyyc.ca



SCAN HERE TO VIEW ADDITIONAL NORTH HAVEN CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



by Anne Burke

Nose Hill Park is one of the largest urban parks in North America and is distinguished by its unique geological, ecological, and anthropological history (<https://inaturalist.ca/projects/nose-hill-park-bioinventory>). With an abundance of remarkable flora and fauna, this project aims to record observations made by Park users. This information and a quick update were posted on our Facebook page about how the Nose Hill Park iNaturalist project is going. There have been many awesome observations this year. Since January over 2,600 observations have been added. We have nearly 10,000 iNaturalist posts made for the Park. Let's keep the momentum going! Hopefully, we will be close to 11,000 by 2025 and encourage everyone to share their photos of flora and fauna on the Hill. We recently surpassed 200,000 posts made within the City of Calgary municipal boundaries. Of course, you can post (on iNaturalist generally) your biodiversity photos from anywhere in the world, including your own yard and other favourite parks. All this data will help to guide the Nature Calgary updated "Green Book" which is currently in the data collection phase.

World Migratory Bird Day is on the second Saturday in October and again in May. The goal is to raise awareness of issues affecting migratory birds and to inspire action around the world to take measures for their conservation. Migrating birds may fly from 24 kms to 960 kms or more per day. Hawks, swifts, swallows, and waterfowl migrate primarily during the day, while many songbirds migrate at night. Calgary has over 200 bird species and is one of Canada's first Bird Friendly Cities certified by Nature Canada. Bylaws preventing off leash dogs and encouraging people to stay on designated paths can lessen disturbance and decrease the risks to sensitive grasslands species.

North Haven Learning Grounds Update

Keen observers will have noticed some recent changes at the North Haven Learning Grounds. A beautiful, mounted sign including native plant information and drawings has been installed in the amphitheatre. The sign details and drawings were prepared by Grade 6 students as part of an Indigenous Residency supported by Kalyn Kodiak, of Kodiak Herbal Métis Culture. Many of the native plants featured on the sign are present in the Learning Grounds, including in native wildflower “islands” located in the meadow.

Area residents will also be pleased to note the return of the wolves! The wolves were the result of a previous Indigenous Residency with North Haven resident Chance Bellgarde of Redman Customs and installed in 2022. Individual wolf designs were a collaboration by each grade level and inspired by student interpretations of community. Our very own wolf pack was away for a few months to receive repairs due to weathering. Repairs were supported by area grandfather, Richard Swanson. Thanks Richard!

With the beginning of a new school year, we hope the Learning Grounds will continue to welcome students and community members to explore the space. Please join us in caring for the Learning Grounds by appreciating the trees with your eyes, or gentle hands. We would like all the tree branches to stay attached to their trunks to support tree health and eventually create shade in the school yard.

Learning Grounds Frequently Asked Questions

When will the fences be removed?

Our design and installation contractor recommended keeping fences up for three years following installation to allow vegetation to establish. The fence protects our small trees and shrubs while they develop healthy roots and branches.

The obstacle play area will be accessible following warranty work for safety relative to metal edging beside pathways.

How is the Learning Grounds doing with the water restrictions?

Just like gardens everywhere in Calgary, it has been a tough year for the Learning Grounds. Between the heat

and the water restrictions this summer, the Learning Grounds has suffered. The hard-working North Haven Parent Association volunteers and their children have weeded and watered when restrictions have allowed, but it's been tough. We will water again when the restrictions are lifted and assess the Learning Grounds in the spring to identify shrubs and very likely, one sad looking lodgepole pine that needs to be replaced. There will also be additional spring planting of wildflower plugs and seeds in the meadow.

Can we visit the Learning Grounds if we don't have students at the school?

Yes please! The Learning Grounds is a community space that's meant to be used. Come on in and walk the pathways, take a closer look at the wolves, read about native plants, and enjoy the space.

Who made this amazing space possible?

The North Haven Parent Association did the heavy lifting with support and amazing student involvement led by the staff at North Haven School. We also received generous donations from community members, and local businesses, what an amazing community! We won grants to support Phase 2 construction from the Government of Alberta (Community Facility Enhancement Program), TD Friends of the Environment Fund, and Calgary Foundation (Neighbours Grant). We have also received continued support from Parks Foundation Calgary.

North Haven Parent Association



Mmm, Coffee!

October 1 signifies not only the start of a new month, but an occasion that has sparked events all around the world in celebration of one of our favourite hot (or cold depending on how you like it!) beverages. It is International Coffee Day! So, especially on this day, make sure to enjoy your coffee, however you take it!

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

NORTH HAVEN MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & MAINTENANCE: 20+ years' experience with lawn care and snow removal for your year-round yard, sidewalk and driveway maintenance. Lawn cutting, lawn edging, tree brush trimming, blow cleaning grass, all grass needs, garden planting, dirt removal and fall clean-up. We also do decks, fencing and handyman work. Contact Mark at Blue Frog Services, 587-998-1316. Bluefrogserv@outlook.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.



the Gutter Doctor 403-714-0711
gutterdoctor.ca


Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

BRAIN GAMES

SUDOKU

1			8					
		2				5	3	
							6	4
		3			5			
			1	6	4			
8	1						7	
5				7			4	2
6		8			2			3
	4					8		

SCAN THE QR CODE FOR THE SOLUTION



Halloween Safety

by Alberta Health Services



The members of Calgary's Partners for Safety: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 9-1-1, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

HAVEN HOUSE CAFE



COFFEE ESPRESSO TEA
LUNCH SNACKS BAKED GOODS
ARTISAN MARKET & GALLERY
FULLY LICENCED



Come in on Saturday & Sunday for Our Weekend Specials!

"You're only a stranger once."

-Tim

In the ♥ of North Haven

1107 48 AVE NW 403•590•8425

Love us?
Check out our
menu, hours and
leave a review



Get Noticed

ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geofenced Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | sales@greatnewsmedia.ca



SCAN ME

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING