

FEBRUARY 2025

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# hello ACADIA

THE OFFICIAL ACADIA COMMUNITY NEWSLETTER

**WINTER CARNIVAL**  
PAGE 3

**SPRING SOCCER  
PROGRAM**  
PAGE 3



**New technology: Needle-free laser dentistry**

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YOUR COMPLETE EXAM, X-RAYS, AND CLEANING



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*dental*

**Dr. Lucas Curran**  
General Dentist

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# WILLOWSIDE *dental*

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**Dr. Lucas Curran**  
General Dentist



- Open on alternate Saturdays
- Emergencies welcome
- We direct bill your insurance

**403.455.3220**

[www.willowsidedentist.ca](http://www.willowsidedentist.ca)

**580 Acadia Dr SE**

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Entrance located on west facing side of building



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INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS, AND CLEANING.  
WE BILL IN ACCORDANCE WITH THE ADA FEE GUIDE.**

ACADIA COMMUNITY ASSOCIATION

# WINTER Carnival

February 8, 2025  
at the ARC - 240 90 Ave SE  
11am - 3pm

**Bake Sale \$5/BOX**    **Entry is FREE for ACA members \$5/non-members**    **Cake Raffle \$2/ROUND**

Carnival Games & Prizes | Hot Dogs | Popcorn | Kids' Craft Stations  
S'mores | Hot Cocoa | Horse Drawn Wagon Rides | Glitter Tattoo  
Snow Painting | Snowperson Building Contest | Bake Sale  
Raffles | Cake Raffle & SO MUCH MORE!



FOR MORE INFORMATION & TICKETS:  
[WWW.ACADIA.COMMUNITY/WINTERCARNIVAL](http://WWW.ACADIA.COMMUNITY/WINTERCARNIVAL)

ACADIA COMMUNITY ASSOCIATION

## WE ARE LOOKING FOR A PLANNING & DEVELOPMENT COMMITTEE CHAIR TO JOIN OUR TEAM!

**KEY RESPONSIBILITIES:**

- be alert to planning initiatives that are relevant to Acadia and provide information to the community
- review and provide comments on planning & development applications in the community
- enable and encourage community members to engage in the planning process

**HELPFUL SKILLS:**

- organizational abilities & attention to detail
- written and interpersonal communication skills
- understanding of municipal development and permitting processes
- engagement & group facilitation skills

**ACA COMMITTEE CHAIR ROLES:**

- time commitment of approx. 6-8 hours per month
- 2-year term commitment encouraged

EMAIL [VOLUNTEER@ACADIACA.COM](mailto:VOLUNTEER@ACADIACA.COM) FOR MORE INFO AND TO APPLY!

ACADIA COMMUNITY ASSOCIATION

# GRASSROOTS SOCCER 2025

AGE GROUPS: **U4-U12**    SEASON RUNS: **APR - JUNE**

**REGISTRATION OPENS JANUARY 10TH!**

Come meet and make new friends, learn new skills, and have lots of fun!

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[official-plumbing-heating.ca](http://official-plumbing-heating.ca)







# Acadia Community Association Contacts

☎ 403-255-1252  
 ✉ info@acadiaca.com  
 📱 @acacalgary  
 🌐 www.acadia.community  
 📍 240 - 90 Avenue SE Calgary, AB T2J 6P6

## Executives

Keith Simmons	President	president@acadiaca.com
Minh Badau	Vice President	vp@acadiaca.com
Ashley Chapman	Secretary	secretary@acadiaca.com
Shanon Crews	Treasurer	treasurer@acadiaca.com

## Directors

Brent Harding	Board Director	brent@acadiaca.com
Greg MacQuarrie	Board Director	greg@acadiaca.com
Adam Klimczak	Board Director	adam@acadiaca.com
Chris Kalyn	Board Director	chris@acadiaca.com
Kris Dass	Board Director	kris@acadiaca.com
Dana McCarty	Board Director	dana@acadiaca.com
Marina Munro	Board Director	marina@acadiaca.com

## Coordinators

Good Food Box	Leslie Pinto	goodfoodbox@acadiaca.com
Newsletter	Emily Lewandowski	helloacadia@acadiaca.com
Soccer	Vacant	soccer@acadiaca.com
Social Media	Brayden Darichuk Carmen Darichuk	
Youth Program	Kris Dass	kris@acadiaca.com

## Committees

Membership	Shayan Vosooghzadeh	membership@acadiaca.com
Volunteers	Vacant	volunteer@acadiaca.com
Communications	Vacant	communications@acadiaca.com
Events	Minh Badau	events@acadiaca.com
Playgrounds	Dana McCarty	playgrounds@acadiaca.com
Traffic Safety	Chris Kalyn	traffic@acadiaca.com
Governance	Vacant	governance@acadiaca.com
Grants/Fundraising	Shanon Crews	grants@acadiaca.com
Planning/Development	Vacant	planning@acadiaca.com
Community Engagement	Joe Henschel	community@acadiaca.com

## Acadia Recreation Complex Management and Staff

Executive Director	Cheryl Montgomery	403-255-1252 ext. 224 cheryl@acadiarec.com
Curling Coordinator /Special Events	Tannis Brown	403-255-1252 ext. 222 tannis@acadiarec.com
Curling Operations	Craig Recksiedler	403-255-1252 ext. 226 craig@acadiarec.com
	Jeff Ball	jeff@acadiarec.com
Arena Coordinator	Madeline Vatcher	403-255-1252 ext. 223 maddy@acadiarec.com
Building Operations	Ross Scott	403-255-1252 ext. 233 ross@acadiarec.com
Social Lounge /Frankie's Concession	Jayne Cameron	jayne@acadiarec.com
Guest Services	Emily Lewandowski	403-255-1252 ext. 221 emily@acadiarec.com

## Acadia Community Contacts

MLA Calgary-Acadia	Diana Batten	403-640-1363 calgary.acadia@assembly.ab.ca
MP, Calgary Midnapore	Stephanie Kusie	403-225-3480 stephanie.kusie@parl.gc.ca
Councillor Ward 11	Kourtney Penner	ward11@calgary.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	403-817-7918 neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	cathie.williams@cssd.ab.ca
CPS Community Resource Officer	Matt Forest	pol5067@calgarypolice.ca
Acadia Community Garden		587-777-0527 info@growingacadia.ca
Acadia Community Social Worker	Viviana Reinberg	403-476-7280 viviana.reinberg@calgary.ca
Girl Guides of Canada – Calgary Area		403-283-8348 ggcinfo@calgarygirlguides.com
Scouts Canada – Chinook Council		403-283-4993 253rdsouthheritagegroup@gmail.com



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appointment with her today!

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## MESSAGE FROM THE BOARD

Hello Neighbours!

With January in the rearview mirror, 2025 is well under way. The ACA has a lot in store for the community, and we are excited to share it all with our members. February marks the first ACA event of the year, and we hope you are all as excited as we are to join in with the Winter Carnival.

### **Annual Winter Carnival**

This year's annual Winter Carnival will be held on Saturday, February 8 at the ARC. You won't want to miss out on our biggest and longest standing event! There will be carnival games with prizes, raffles, a snowperson building contest, bake sale, horse drawn carriage rides, and so much more! Entry is free for ACA members, and \$5 for non-members. We hope to see you there with the whole family for some outdoor winter fun!

### **Grassroots Soccer Program**

Registrations for our spring soccer program are open now! Sign your kids up to make new friends, learn new skills, and have lots of fun! The program is for ages 3 to 12 and it runs from April to June. We are also seeking more individuals to get involved by helping coach the teams and run the program. To learn more about Grassroots Soccer, how your child can participate, and how to get involved, visit our website at [www.acadia.community/soccer](http://www.acadia.community/soccer).

### **New Soccer Program Coordinator Needed!**

Our wonderful soccer coordinator, Trudy, is retiring and we are in need of someone to take on this very important and rewarding role! Please reach out to [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) if you would like to learn more about this opportunity.

### **Volunteer With The ACA**

Our incredible and dedicated volunteers are what make the ACA and all of its programs and events possible. We are always looking for more people who want to give back to the community, and there are a bunch of ways to participate. Take part in your community through awesome events like the annual Winter Carnival or consider joining the board of directors. Volunteering opportunities are always available within the Acadia community as well. The current vacant roles are listed on page 11, or you can check out our website [acadia.community/volunteer](http://acadia.community/volunteer) for more details.

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[www.acadia.community/volunteer](http://www.acadia.community/volunteer) for more details.

<https://acadia.community/volunteer> for more details.

### **Are You Following Us On Social Media?**

Keep up with us @acacalgary on our Facebook and Instagram social media platforms for the latest updates on all things happening with the ACA.

### *Your Acadia Community Association*

Our incredible and dedicated volunteers are what make the ACA and all of its programs and events possible. We are always looking for more people who want to give back to the community, and there are a bunch of ways to participate. Take part in your community through awesome events like the annual Winter Carnival or consider joining the board of directors. Volunteering opportunities are always available within the Acadia community as well. The current vacant roles are listed on page 11, or you can check out our website [www.acadia.community/volunteer](http://www.acadia.community/volunteer) for more details.

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## CHILD CARE AT THE ARC!

## GRAND OPENING CHILDCARE CENTRE



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providing high quality  
child care and  
education right in your  
community!



Registration Now :  
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240 90 Ave SE

\* Accepting ages 3-5 years

\* School readiness  
program

\* Full time & part  
time care available

\* Subsidy available



## WE ARE LOOKING FOR A COMMUNICATIONS COMMITTEE CHAIR

### KEY RESPONSIBILITIES:

- Strategically plan marketing efforts and oversee creation of materials for the ACA's website, newsletter, and social media channels
- Motivate, support and assist committee members with their roles as needed
- Oversee logistics of the committee's operations and work
- Report to the Board on committee's work and recommendations

### HELPFUL SKILLS:

- Exemplary written and interpersonal skills
- Excellent organizational abilities and attention to detail
- Knowledge of social media best practices
- Branding, copywriting, creative, graphic design, marketing and/or social media experience

EMAIL [VOLUNTEER@ACADIACA.COM](mailto:VOLUNTEER@ACADIACA.COM) FOR MORE INFO  
AND TO APPLY!



ACADIA  
COMMUNITY  
ASSOCIATION

## WE ARE LOOKING FOR A SOCCER PROGRAM COORDINATOR TO JOIN OUR TEAM!

### KEY RESPONSIBILITIES:

- Oversee entire program and its success
- Manage player registrations, create & roster teams
- Assign volunteers to open positions
- Schedule coaches' clinic & photo day
- Budget and track program related expenses
- Manage league equipment & uniform orders and field permit renewals
- Primary contact for program sponsors
- Manage general communication regarding program with registered families
- Maintain procedures & policies documentation

### HELPFUL SKILLS:

- excellent organization & administrative skills
- superior communication skills (written & verbal)
- good time management skills

### ACA COORDINATOR ROLES:

- time commitment as needed from November to June
- provide monthly updates to the ACA Board of Directors
- 2-year term commitment encouraged

EMAIL [VOLUNTEER@ACADIACA.COM](mailto:VOLUNTEER@ACADIACA.COM) FOR MORE INFO  
AND TO APPLY!



## What's Up at the ARC February 2025



## HOME | Acadia Community OF THE | Association

### Acadia Community Association

#### ACA Memberships

Memberships are available online at [www.acadia.community/membership](http://www.acadia.community/membership) or in-person at the ARC.

Family: \$25 + GST | Individual: \$15 + GST | Non-Acadia

Residents: \$25 + GST.

#### Youth Drop-In Nights

Ages 10 to 17 can drop in for free to play games, have snacks, and meet new friends.

Check out our social media (@acacalgary) and website ([www.acadiaca.com](http://www.acadiaca.com)) to see what dates and times are available.

#### ARC Social Lounge Daytime Community Drop-In

Monday to Friday | 9:00 am to 4:00 pm

Use the lounge to work remotely, read, study or meet. This space is free and open to everybody. Pay-what-you-can coffee or tea available daily.

### Facility Rentals

#### Rose Hall Banquet Room, Conference Room, and Lounge

ACA members receive 15% off room bookings. For rental inquiries and more information, visit [www.acadiarec.com](http://www.acadiarec.com), contact Tannis at [tannis@acadiarec.com](mailto:tannis@acadiarec.com), or call 403-255-1252, ext. 222.

#### ARC Social Lounge

Now open year-round for free day time drop-in community use. Pay-what-you-can coffee and tea, free wi-fi, books, kids' toys, and board games. Monday to Friday | 9:00 am to 4:00 pm.

Regular Operating Hours Open to Public: Monday to Friday, 4:00 pm to Midnight | Saturday, Noon to Midnight | Sunday, 10:00 am to 10:00 pm.

#### Frankie's Concession

Monday to Friday | 11:00 am to 1:30 pm and 4:00 to 9:00 pm  
Saturday and Sunday | 8:00 am to 6:00 pm

#### Office Hours

Monday to Friday | 8:30 am to 9:00 pm  
Saturday and Sunday | 9:00 am to 5:00 pm

### Courts

#### Pickleball, Squash, and Racquetball Courts

\$20 + GST per hour per court for ACA members | \$25 + GST per hour per court for non-members.

Purchase squash or racquetball punch cards (buy four hours, get one hour free) at our Front Desk during regular office hours.

\$80 + GST for ACA members | \$100 + GST for non-members.

#### Wallyball Courts

\$30 + GST per hour per court for ACA members | \$35 + GST per hour per court for non-members.

Purchase wallyball punch cards (buy four hours, get one hour free) at our Front Desk during regular office hours.

\$120 + GST for ACA members | \$140 + GST for non-members.

#### Pickleball Drop-In Information

The pickleball drop-in is \$8.40 + GST per person per session. To register, book online at [acadiarec.com](http://acadiarec.com).

Morning Drop-In Sessions | Monday to Friday, 9:00 am to 12:00 pm.

Evening Beginner to Intermediate Drop-In Sessions | Monday and Tuesday, 6:30 to 8:30 pm.

Evening Intermediate to Advanced Drop-In Sessions | Thursday and Friday, 6:30 to 8:30 pm.

Call us at 403-255-1252 or book courts online at [acadiarec.com](http://acadiarec.com).

### Curling

The ARC is proud to have one of the largest curling pads in Calgary! For rental inquiries and more information, or if you are interested in joining a curling league, contact Tannis at [tannis@acadiarec.com](mailto:tannis@acadiarec.com) or 403-255-1252, ext. 222.

### Arena and Skate

#### Hockey Arena Ice

For rental inquiries and more information, contact Maddy at [maddy@acadiarec.com](mailto:maddy@acadiarec.com) or 403-255-1252, ext. 223.

#### Parent and Tot Skate

Tuesday and Friday | 9:30 to 10:30 am

Free! All participants must wear helmets. No sticks or pucks allowed.

#### Sticks and Pucks

Tuesday and Thursday | 12:00 to 1:00 pm

\$4.76 + GST per person per session.

Two to three nets set up on the ice. Maximum 20 participants. Must wear helmets with face shield and gloves.



## Public Skate

Sunday | 11:45 am to 12:45 pm

Wednesday | 3:30 to 4:30 pm

Friday | 1:45 to 2:45 pm

Free! All participants must wear helmets. No sticks or pucks allowed.

## Seniors (60+) Skate

Wednesday and Friday | 10:45 to 11:45 am

Free! All participants must wear helmets. No sticks or pucks please.

## Adult (16+) Shinny

Monday and Wednesday | 12:00 to 1:15 pm

\$6.67 + GST per player. Goalies play for free! Maximum 20 players (five on the ice at a time). Maximum two goalies. Helmet with mask and gloves mandatory.

## Events at the ARC

### Blood Services

Saturday, February 1 | 9:00 am to 2:00 pm

Saturday, February 22 | 9:00 am to 2:00 pm

For more information, please call 1-888-2-Donate or visit [www.blood.ca](http://www.blood.ca).

## Sports Card Show

Saturday, February 8 | 10:00 am to 4:00 pm

Sunday, February 9 | 10:00 am to 3:00 pm

For more information, please email [collectorsbooks\\_cards@shaw.ca](mailto:collectorsbooks_cards@shaw.ca).

## Partner Programs

### Childcare Provider Coming Soon!

Seeds of Success Early Learning Program. ACA members receive free registration.

For more information please call 403-383-9243 or email [hello@seedsofsuccess.kids](mailto:hello@seedsofsuccess.kids).



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# ACADIA COMMUNITY ASSOCIATION

# 2025 EVENTS

## WINTER CARNIVAL

Fun carnival games, s'mores around the fire, horse-drawn wagon rides.

Feb 8

## ACA SOCIAL NIGHTS

Meet & greet with ACA board members and coordinators over drinks and snacks. Occurs every second month.

## EASTER EGG HUNT

Kids can hunt for eggs filled with fun treats at one of Acadia's many parks.

Apr 19

## COMMUNITY CLEANUP

Get started on your spring cleaning and get rid of your unwanted items for free.

May

## BIKE PARADE

Decorate your bike with streamers & balloons & join the group to ride Acadia to kick off Bike Month!

May 31

## NEIGHBOUR DAY

Bringing Acadians together for a fun block party!

Jun 14

## STAMPEDE BREAKFAST

Pancake breakfast with live music, line dance lessons and petting zoo.

Jul 5

## PARADE OF GARAGE SALES

Shop for unique treasures as the entire community opens shop!

Jun 21/22

## MOVIE IN THE PARK

Enjoy a fun family movie under the stars in one of Acadia's greenspaces!

Sept 5

## ANNUAL GENERAL MEETING

The ACA Board and ARC staff will update the community on their activities, accomplishments & goals.

Sept

## FALL FESTIVAL

Food trucks, kids' business fair, glitter tattoos & fall themed activities. Local Acadian businesses on site to showcase their offerings.

Sept 27

## SOUTHEAST BREWFEST

The most anticipated ACA event of the year! Local craft breweries serve up their offerings for you to taste.

Oct 18

## KIDS' HOLIDAY PARTY

Visit with Santa, decorate cookies, make crafts & eat fun holiday themed treats.

Dec 6

## HOLIDAY LIGHTS CONTEST

Light up Acadia this holiday season. Prizes in various categories to be won!

Dec

## ACA Volunteer Callout - We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. There are a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions, making a difference in the community you live in!

To learn more about these roles and to apply, please contact [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) or visit [www.acadia.community/volunteer](http://www.acadia.community/volunteer).

### Soccer Program Coordinator

We're going into our second year of our grassroots soccer program, and we are in need of a Soccer Program Coordinator to make this season a great success! Over the past year, we've built a great program and developed lots of support, so the volunteer who picks up the program will have an excellent foundation to work from. If you are enthusiastic about bringing high-quality youth programming to your community, contact us today at [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) for more information and to apply!

### Communications Committee Chair

We are in need of someone to take on the Communications Committee Chair role to oversee support for ACA communications, including the [acadiaca.com](http://acadiaca.com) website, *Hello Acadia* newsletter submissions, and our social media accounts. If you have experience in general digital communications and would like to learn more about this great opportunity, please get in touch today!

### Planning/Development Committee Chair

We are looking for someone to take on the Planning/Development Committee Chair role in order to review planning, development, and transportation matters that pertain to the community of Acadia. This individual will also manage the other subcommittees of Traffic Safety and Playgrounds within their domain. If you are interested in helping to build a safer and more accessible community spaces, reach out to us today!

### Event Committee Members

Every fun event you've attended or heard about relies on key people to bring the plan together and execute it seamlessly.

The following event planning committees are looking for long-term members who have a passion for bringing

high-quality events to Acadia and would be interested in helping to plan and execute these events on every year: Winter Carnival; Easter Egg Hunt; Bike Parade; Neighbour Day; Stampede; Movie in the Park; Fall Festival; Halloween Party; and Holiday Party.

If any of the above major events interest you, reach out today to learn more about the commitment and responsibilities. We hope you will consider joining us and bring your creative touch to these awesome events!

### Community Engagement Committee Members

Are you passionate about making a difference in your community? Join our Volunteer Community Engagement Committee! We are looking for enthusiastic individuals who are eager to promote community involvement and foster connections between our community and those people, organizations, and businesses that make Acadia a great place to live or operate. If you believe we can make Acadia even better, bring creativity and positivity, and enjoy having fun while making an impact, this is the perfect opportunity for you to develop your skills, meet your neighbours, and contribute to meaningful projects that enhance our community.

A blue rectangular graphic with white and yellow text. At the top is a small logo of a tree with people figures. Below it, the text reads: "We are searching for Volunteers". A white box contains the word "Volunteers" in a large, blue, cursive font. Below this, it says: "Acadia Community Association is bringing some great events & initiatives to the Acadia community in 2025!". A yellow horizontal line separates this from the next section: "Email [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to express your interest in supporting events such as:". Below this is a list of events: "WINTER CARNIVAL | EASTER EGG HUNT", "STAMPEDE BREAKFAST | SOCCER PROGRAM", "YOUTH DROP IN | BIKE PARADE", "MOVIE IN THE PARK | NEIGHBOUR DAY", "FALL FAIR | KIDS' HOLIDAY PARTY", and "AND MANY MORE!". At the bottom is a row of seven stylized hands in various colors (yellow, orange, brown, green) reaching upwards.

We are searching for  
**Volunteers**

Acadia Community Association is bringing some great events & initiatives to the Acadia community in 2025!

Email [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to express your interest in supporting events such as:

WINTER CARNIVAL | EASTER EGG HUNT  
STAMPEDE BREAKFAST | SOCCER PROGRAM  
YOUTH DROP IN | BIKE PARADE  
MOVIE IN THE PARK | NEIGHBOUR DAY  
FALL FAIR | KIDS' HOLIDAY PARTY  
AND MANY MORE!

# A Good Food Box Depot in Acadia!

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price – approximately \$1 per pound of produce – and have those boxes delivered to the ARC for pick up.

Due to seasonal availability, the contents of each box cannot be guaranteed. However, all Good Food Boxes contain the maximum amount of produce available to ensure clients get the best value for the price. There are three box sizes to choose from, and the program is available to everyone regardless of income level.

Box Size	Price	Weight
Small	\$30	15 to 20lbs* of fruits and vegetables
Medium	\$35	25 to 30lbs* of fruits and vegetables
Large	\$40	35 to 40lbs* of fruits and vegetables

*\*Weights are approximate.*

If you are interested in purchasing a Good Food Box, please complete the contact form online at [acadia.community/goodfoodbox](http://acadia.community/goodfoodbox) or email [goodfoodbox@acadiaca.com](mailto:goodfoodbox@acadiaca.com). Once your order is confirmed, payment instructions will be sent to you. Payment must be made within one day of the order deadline. Boxes are available monthly and can be picked up at the Acadia Recreation Complex, 240 - 90 Ave SE. Visit our website [acadia.community/goodfoodbox](http://acadia.community/goodfoodbox) for more details.

## Good Food Box Order Deadlines and Pick Up Dates For 2025

Order Deadline - Friday	Pick Up Date - Wednesday From 11:00 am to 2:00 pm or 4:00 to 6:00 pm
February 14	February 26
March 7	March 19
March 28	April 9
May 2	May 14
May 30	June 11
July 11	July 23
August 8	August 20
September 5	September 17
September 26	October 8
October 24	November 5
November 28	December 10

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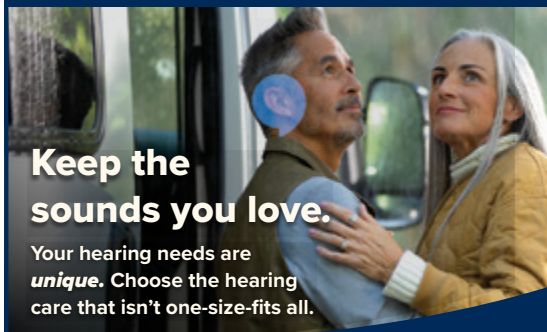
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