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PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER



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Purple Day
March 26

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2			8				1	
3		1				8		5
	4				1			2
1	7		3		9			
	3		1		4			
			5	2				

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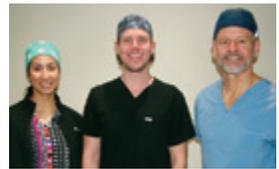
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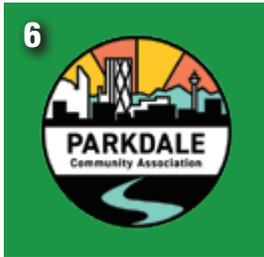
Monday - Tuesday: 1 pm - 8 pm
Wednesday: 7 am - 8 pm

Thursday: 7 am - 3 pm
Friday: 8 am - 4 pm

Emergencies - Direct Billing - Extended Hours - Full Family Dentistry - New Patients Welcome

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**News, Events,
& More**



**Crime
Statistics**



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Statistics**



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Director-At-Large	Kevin Thompson
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Instagram: @parkdaleyyc

Facebook: @parkdalecommunityassociation

Join the Parkdale Community Association – Your Voice Matters

Becoming a member of the Parkdale Community Association (PCA) is one of the easiest and most meaningful ways to support our community and have a say in its future.

Whether you sign up as a single, family, or senior member, PCA membership gives you the right to vote at the Annual General Meeting (AGM) and Special General Meetings. This means you can directly share your opinions on how the PCA is run and help shape the programs, events, and initiatives offered in Parkdale.

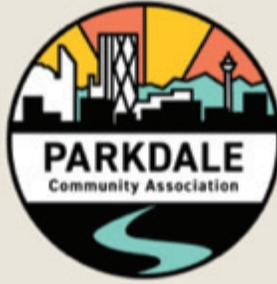
Your membership also strengthens the PCA's voice on issues that matter locally, including community safety, traffic concerns, and planning and development. A strong membership shows decision-makers that Parkdale residents are engaged, informed, and united.

In addition, members can take part in popular community programs such as the Community Garden and Parkdale soccer programs and may opt in to receive weekly PCA email newsletters featuring upcoming events, volunteer opportunities, and important updates, including information about the AGM.

Support your community. Stay informed. Make your voice heard.

Join the PCA today and help shape Parkdale's future.





THE PARKDALE COMMUNITY ASSOCIATION IS LOOKING FOR VOLUNTEERS!

Whether you want to join a committee or volunteer once, we would love to have you! We are looking for volunteers to join the community garden, rink, planning and development, and events committees. There are also opportunities to get involved with soccer, help out at a specific event, or if you have other skills or talents that you would like to share with your community, please reach out!

garden@parkdaleyyc.com
rink@parkdaleyyc.com
events@parkdaleyyc.com
soccer@parkdaleyyc.com

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To have your pet featured, email news@mycalgary.com

Did You Know? Our Outdoor Rink Runs on Volunteers

The outdoor skating rink is one of Parkdale's favourite winter gathering spots—a place to skate, play hockey, and enjoy the fresh air with friends and family. But did you know the rink wouldn't be possible without an amazing team of volunteers?

Volunteers are at the heart of keeping the rink running smoothly all season long. They help clear snow after winter storms, flood the ice to keep it smooth and safe, open the rink in the morning, and lock it up at night. It's hands-on work, but it's also incredibly rewarding—and yes, volunteers even get to ride the Zamboni!

Thanks to these dedicated community members, the rink stays in great shape and ready for everyone to enjoy. Whether it's an early morning flood or a late-night lock-up, our volunteers show up so the whole neighbourhood can skate.

We truly love and appreciate our rink volunteers, and we're always happy to welcome more helping hands. You don't need special skills—just a bit of time, warm clothes, and a willingness to pitch in. It's a great way to meet neighbours, give back to the community, and be part of something fun.

If you're interested in getting involved or want more information about volunteering at the rink, please reach out to us at rink@parkdaleyc.com.



JOKE OF THE MONTH

WHAT DO YOU CALL A PIG THAT DOES KARATE?

A PORK CHOP.

Spring is Sprouting at the Community Garden



With the days getting longer and spring just around the corner, the Parkdale Community Association (PCA) invites community members to start thinking about getting involved with the Parkdale Community Garden.

The garden features raised beds available for rent by individuals or families, along with shared spaces including perennial beds, fruit trees and bushes, an herb circle, a sandbox, and a tool shed. Throughout the summer, community members and garden bed renters come together at least once a month for garden workdays—an opportunity to tend the space, enjoy the sunshine, get some light exercise, and spend time with friends and neighbours while learning more about gardening.



Between community workdays, everyone interested is welcome to enjoy the garden and help care for it as they're able. Whether you're an experienced gardener or just getting started, the community garden is a welcoming space to connect, learn, and grow together.

Anyone interested in renting a raised garden bed or getting involved in the garden is encouraged to email garden@parkdaleyyc.com, and to stay tuned for more information about upcoming community garden workdays.

Building Community Starts at Your Front Door!

One of the best things about living in Parkdale is the sense of community—and sometimes, all it takes is one simple gathering to turn familiar faces into friendly neighbours. A block party is an easy and fun way to bring people together, build connections, and strengthen the community we all call home.

Block parties don't have to be complicated. They can be as simple as a few tables set up on the sidewalk or in a driveway, neighbours bringing snacks to share, kids playing together, and conversations flowing. Whether it's a casual afternoon meet-and-greet, a summer BBQ, or a potluck, the goal is connection—getting to know the people who live just down the street.

The Parkdale Community Association (PCA) is here to help make hosting a block party easy and stress-free. We can support residents by helping you get started with planning, offering tips and ideas, and guiding you through the permit application process if your event requires one (such as a temporary road closure). You don't need event-planning experience—just a willingness to bring people together.

Block parties help create safer, more connected neighbourhoods. When neighbours know one another, it's easier to look out for each other, share resources, and build a sense of belonging for families, seniors, and newcomers alike. They also create lasting memories and strengthen the friendly and welcoming spirit that Parkdale is known for.

If you're interested in hosting a block party on your street, reach out to the Parkdale Community Association. We'd love to help you turn a great idea into a great day for your block.

Let's get to know our neighbours—one block party at a time.



HEY PARKDALE!

LET'S CONNECT



x.com/ParkdaleYYC



instagram.com/parkdalecommunityyc/



facebook.com/parkdalecommunity



parkdaleyyc.com

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FOR ALL THE LATEST PCA NEWS

PARKDALE COMMUNITY



U4-U10 PROGRAMS

WEEKDAY EVENINGS

APRIL-JUNE

WESTMOUNT CHARTER SCHOOL FIELDS



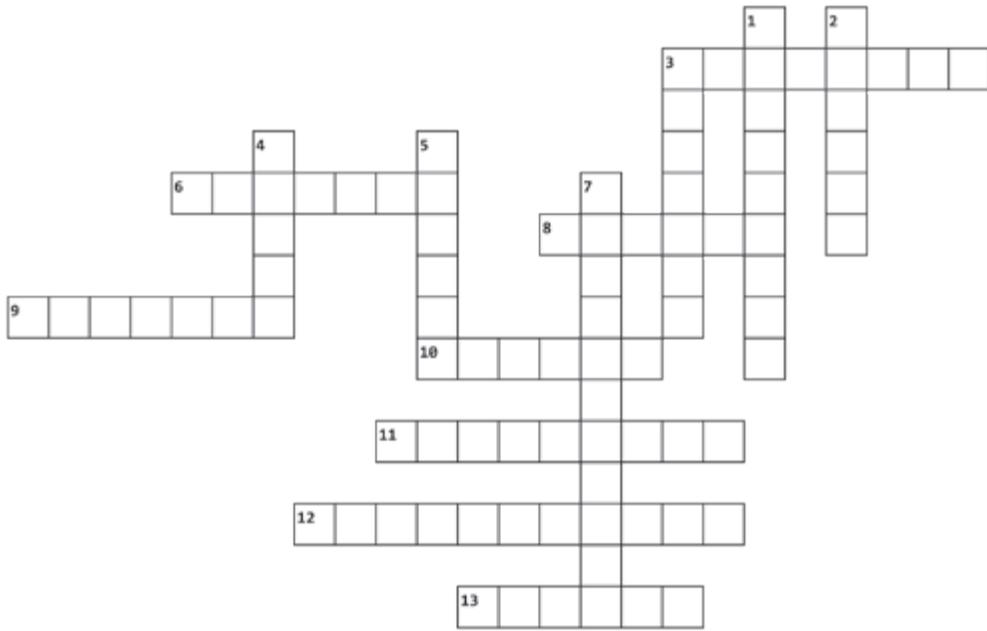
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March Crossword



Across

3. The prestigious piano manufacturer _____ & Sons was founded by Heinrich Steinweg on March 5, 1853.
6. *The Sound of Music* starring Julie Andrews and Christopher _____ premiered on March 2, 1965.
8. This equinox takes place on March 20 in the Northern Hemisphere.
9. The sports romance novel, *Heated _____*, by Canadian author Rachel Reid was originally published on March 25, 2019.
10. The _____ Harbour Bridge officially opened in Australia on March 19, 1932.
11. Ernest Shackleton's sunken ship, _____, was rediscovered after 107 years in the Weddell Sea on March 5, 2022.
12. On March 16, 1521, Portuguese explorer Ferdinand Magellan reached this archipelagic country in Southeast Asia.
13. World _____ Day is celebrated on March 21 honouring this form of literary work.

Down

1. On March 6, 1869, Dmitri _____ presented his periodic table of the elements to the Russian Chemical Society.
2. Turkish cities Constantinople and Angora officially changed their names to Istanbul and _____ on March 28, 1930.
3. Canadian actor William _____ was born on March 22, 1931, in Montreal.
4. In March 1997, the horror drama series _____ *the Vampire Slayer* premiered.
5. On March 13, 1781, William Herschel discovered this planet believing it to be a comet initially.
7. One of the most famous and fastest racehorses of all time, _____ was born on March 30, 1970.



Visit bit.ly/mycalgaryanswers
or scan the QR code for the answers

What To Do with Extra Waste?

by The City of Calgary, Waste and Recycling Services

Sometimes your carts may be full, but you still have extra materials to get rid of. Where possible, hold onto extra garbage, recyclables, or yard waste until your next collection day, when you can fit them into the appropriate cart.

Overfilled carts can pose safety risks by spilling their contents, so please keep the following rules in mind to make the most of your carts:

- **Lid Closure:** Carts must have lids closed to prevent trash from spilling while being emptied by automated trucks.
- **No Loose Items:** Do not place bags or items on top or beside the cart; they will not be collected.
- **Weight Limits:** Carts have a 60 kg weight limit. If you can roll the cart, it should be ok.

For handling excess waste, take extra recycling to a community recycling depot or visit one of the Calgary Eco Centres. For more information, please visit calgary.ca/extrawaste.



WORD OF THE MONTH

Hornswoggle: verb
(horn-swah-gul)
To deceive or swindle someone.

The scammer tried to
hornswoggle the woman into
revealing her credit card details.



News from the Friends of Nose Hill

by Anne Burke

The visual landscape assessment in the Nose Hill Natural Area Management Plan Technical Report identifies aesthetic values that led to establishment of the Park. The natural landscape offers a sense of separation (or escape) from the City. Special places are where users want to go, whether or not formalized trails are established. These core experiences should be preserved for future Calgarians. As destinations they deserve resource protection and require maintenance from damage by major impacts. Otherwise, excessive use will impair the aesthetic resource, so that rehabilitation is necessary. There are severe erosion channels on the slopes and invasive species (weeds). The uplands are recommended for restoration. Some viewpoints are from steep promontories (rocky headlands, bluffs, or parts of a plateau, overlooking a lowland). The Nose is a landmark for both the Park and City of Calgary, despite transmission lines and power poles at its crest, a visibly damaged quarry. The Bow Creek Promontory is exposed on the steepest slopes. The NE Promontory focuses on West Nose Creek and upper Nose Creek Valleys. Several coulees provide shelter, unlike the open hilltop experience. Rubbing Stone Hill offers a panorama of the Nose Creek Valley. The north face of the slope is the focus of view from 14 Street southbound. Rubbing Stone Coulee, the site of a glacial erratic, requires reclamation. Many Owls Valley, Porcupine Valley, and Aspen Grove Coulee are refuges and valuable wildlife habitats. A Sharptailed Grouse Lek was threatened by trail overuse. The water retention facility is at a low end of the Aspen Grove Coulee. Natural beauty of the Park can be enhanced by ecology but there are challenges to the visual and environmental amenities. Many more viewers are drivers along John Laurie Boulevard, 14 Street and Shaganappi Trail.



RINK
DAILY HOURS OF
OPERATION
9:00AM - 9:00PM
(LIGHTS OFF)



PCA RINK RULES

Please make yourself aware of the fire safety plan posted about the fire wood.

Keep the area clean. Garbage must be removed before leaving the area.

Fire pit door may be hot, use caution when opening.

When you're finished, ensure the fires completely out.

In case of an emergency call 911



RECYCLING & FUNDRAISING

Have bottles to recycle?

Help Support the Parkdale Community Association

Donate with Skip The Depot



Download the app today, & select the PCA to support!

Thank you for supporting us with your donation!

app.skipthedepot.com/parkdalecommunity



PCA RINK RULES

Use At Your Own Risk

1. **No** Skateboarding
2. **No** Use of Ramps, Rails or Obstacles
3. **No** Hanging on Basketball Rims
4. **No** Game Play Outside of the Rink
5. Protective Equipment Highly Recommended (helmets, padding)
6. **Do Not** Damage PCA Property / Facility Equipment
7. Volunteer Run, Please Help Keep it Clean

For Rental/Program Information, Please website: www.parkdaleyycc.com or TV schedule inside Locker Room

This area is monitored 24/7 by CCTV
In Case of an Emergency Call 911

GAMES & PUZZLES

Guess the Heroine!

1. This inspiring Calgarian was the first Black woman to become a lawyer in Canada.
2. This author put Canadian literature on the map with her well-known novel *Anne of Green Gables*.
3. This Polish scientist was the first to win two Nobel Prizes in different scientific fields.
4. This painter's 1938 self-portrait was the first work by a 20th-century Mexican artist to be featured in the Louvre.
5. This English primatologist was well-known for her pioneering conservation work.
6. Nicknamed Mama Africa, this South African singer was also a civil rights and anti-apartheid activist.



SCAN THE
QR CODE
FOR THE
ANSWERS!



Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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