

SEPTEMBER 2026

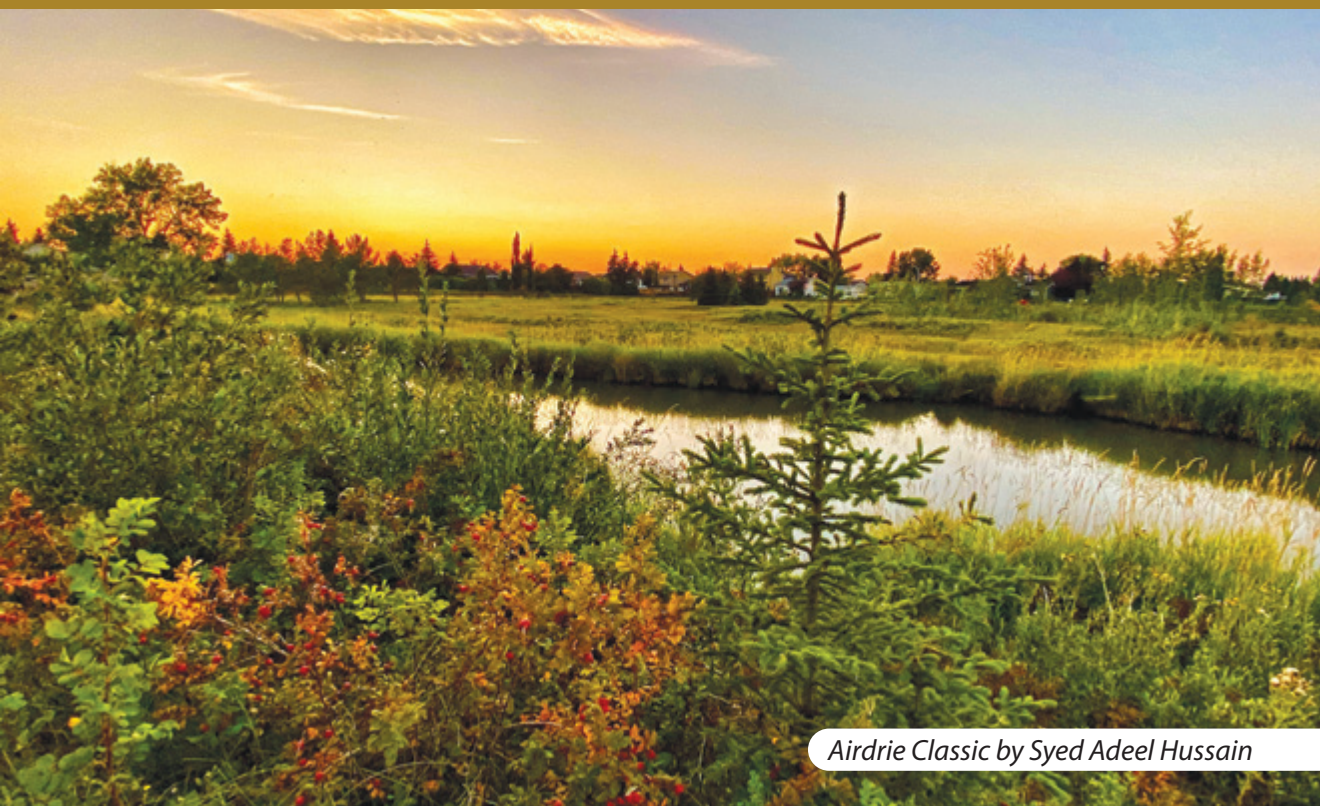
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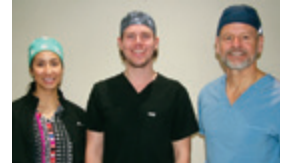
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www.parkdaleyyc.com

DIRECTORY

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Secretary	Sheila Hyatt secretary@parkdaleyyc.com
Treasurer	Jen Osterman treasurer@parkdaleyyc.ca
Past President	Jeremy Methot

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Garden Director	Sheila Hyatt (Director) Courtney Lester (Chair) garden@parkdaleyyc.ca
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Director-At-Large	Sandra Young
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Director-At-Large	Danijela Mikulic

PCA STAFF

Manager, Programs and Partnerships	Vacant programs@parkdaleyyc.com
Facility and Operations	Mike Talarico facility@parkdaleyyc.com

Instagram: @parkdaleyyc

Facebook: @parkdalecommunityassociation

WE NEED A COMMUNITY LEADER!

Parkdale Community Association
is searching for a new

BOARD PRESIDENT

It could be you!



We're Looking for a New Community Association President

The Parkdale Community Association is seeking a Board President—a rewarding volunteer role helping guide and support our community.

As President, you'll work with the board to set priorities, chair meetings, support committees, and help ensure the Association runs smoothly. This role is about leadership and coordination, not doing everything on your own—you'll have a strong team alongside you.

We're looking for someone who cares about the community, enjoys working with others, and wants to make a positive impact. No prior board experience is required.

If you're interested or would like to learn more, we'd love to hear from you!

Communications Director

Do you enjoy social media, storytelling, or keeping people informed about what's happening in the community? The Parkdale Community Association (PCA) is looking for a volunteer Communications Director to help share news, events, and opportunities with our neighbours.

In this role, you'll help manage the PCA's communications channels — from social media posts to newsletters — making sure the community knows what's happening and how to get involved.

If you like being creative, staying connected, and helping build a strong community voice, this is a great way to contribute.

Volunteering with the PCA is a fun way to meet neighbours, support local initiatives, and help bring our community together.

Reach out to vice.president@parkdaleyyc.com to learn more.

Behind the Scenes at PCA

Community Areas: We're working through several building and grounds improvements—including a makeover of the herb garden. Check it out if you haven't already!

Programming: Planning for fall and winter events is underway. If there's anything you'd love to see happening in the community, please email events@parkdaleyyc.com.

Grants: We're pursuing funding to help bring more programming and improvements to the community.

Community Partnerships: We're meeting with neighbourhood organizations to explore shared programming and spaces and community initiatives.



BRAIN
GAMES

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THE PARKDALE COMMUNITY ASSOCIATION IS LOOKING FOR VOLUNTEERS!

Whether you want to join a committee or volunteer once, we would love to have you! We are looking for volunteers to join the community garden, rink, planning and development, and events committees. There are also opportunities to get involved with soccer, help out at a specific event, or if you have other skills or talents that you would like to share with your community, please reach out!

garden@parkdaleyyc.com
rink@parkdaleyyc.com
events@parkdaleyyc.com
soccer@parkdaleyyc.com

MOON FESTIVAL

The Moon Festival, or Mid-Autumn Festival, takes place on September 25 this year. This is the second most celebrated Chinese holiday bringing good fortune and prosperity. Often celebrated by eating moon cakes, lighting lanterns and gathering for large family meals, the celebration dates back over 3,000 years and has variations that are celebrated all over East and Southeast Asia.



Host a Parkdale Block Party!



One of the best things about living in Parkdale is our strong sense of community—and sometimes all it takes is a simple gathering to turn familiar faces into friendly neighbours. A block party is a fun and

easy way to bring people together and strengthen the connections on your street.

Block parties don't need to be complicated. Set up a few tables in a driveway or on the sidewalk, invite neighbours to bring snacks, let the kids play, and enjoy good conversation. Whether it's a casual afternoon meet-and-greet, a summer BBQ, or a potluck, the goal is simply to connect.

The Parkdale Community Association (PCA) can help make hosting easy. We can provide planning tips and help guide you through the permit process if your event requires one, such as a temporary road closure.

If you host a block party, we'd love to see it! Share photos and tag the PCA so we can celebrate neighbourhood connections happening across Parkdale.

Interested in hosting one on your street? Reach out to the PCA and we'll help you get started. Let's get to know our neighbours—one block party at a time.

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Help Keep Sports Gear in Play—and Out of the Landfill

This fall, we're excited to host a Used Sporting Gear Sale at the community center on September 26 (potentially extending to September 27, depending on availability and weather). It's a great opportunity to support a good cause while helping keep gently used equipment out of the landfill.

We are currently collecting donations of sporting gear for all ages and all seasons. If you have equipment in good working condition that your family has outgrown, please consider passing it along to benefit others in the community.

Drop-offs will be accepted Monday to Friday from 10:00 am to 3:00 pm at the Nifty Fifties (in the community center) between September 14 and 25. As well, evening drop-off times on September 18 and 25 from 6:00 to 8:00 pm.

Proceeds from the sale will help support local community events and support KidSport Calgary, who provide grants to help cover the costs of registration fees, as well as providing no-cost equipment so that all kids aged 18 and under in Calgary and surrounding areas can play a season of sport.

Your donation can make a real difference—helping another child get in the game while supporting a more sustainable community.

For the latest updates, visit our website at parkdaleyyc.com or follow us on social media.

Paws for Celebration!

September is Happy Cat Month! Did you know about 75% of dogs visit the vet annually for checkups and preventative care, while only about 40-50% of cats do? That's why the month of September is dedicated to celebrating and promoting the health and happiness of our feline friends!



HEY PARKDALE!

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FOLLOW US ON OUR SOCIALS FOR ALL THE LATEST PCA NEWS

Join the Parkdale Community Association – Your Voice Matters

Becoming a member of the Parkdale Community Association (PCA) is one of the easiest and most meaningful ways to support our community and have a say in its future.

Whether you sign up as a single, family, or senior member, PCA membership gives you the right to vote at the Annual General Meeting (AGM) and Special General Meetings. This means you can directly share your opinions on how the PCA is run and help shape the programs, events, and initiatives offered in Parkdale.

Your membership also strengthens the PCA's voice on issues that matter locally, including community safety, traffic concerns, and planning and development. A strong membership shows decision-makers that Parkdale residents are engaged, informed, and united.

In addition, members can take part in popular community programs such as the Community Garden and Parkdale soccer programs and may opt in to receive weekly PCA email newsletters featuring upcoming events, volunteer opportunities, and important updates, including information about the AGM.

Support your community. Stay informed. Make your voice heard.

Join the PCA today and help shape Parkdale's future.

Community Mural

The Parkdale Community Association is exploring an exciting new idea — a community mural — and we want to hear from you!

A mural can be a vibrant way to celebrate the identity of a neighbourhood. It can reflect the history of the community, highlight the natural beauty of the Bow River and surrounding green spaces, showcase our public spaces like the garden and rink, or highlight the creativity and diversity of the people who call Parkdale home. Most importantly, a mural would be something created with input from the community, for the community.

At this stage, the project is in the very early planning phases. Before moving forward, we want to understand whether there is interest in the idea and gather suggestions for what neighbours would like to see represented in a mural.

Share Your Ideas

We'd love to hear your thoughts on questions such as:

- What themes or images represent Parkdale to you?
- Should the mural highlight nature, community life, local history, or something else?
- Are there colours, symbols, or ideas you feel would make a meaningful addition to our neighbourhood?
- Would you be interested in helping with planning or participating in the project?

Community murals can become a lasting landmark and point of pride, bringing neighbours together through creativity and collaboration. Whether you're an artist, someone with a great idea, or simply someone who loves public art, your voice can help shape the vision.

Get Involved

If you have ideas to share or would like to express interest in the project, we'd love to hear from you. Please reach out to: publicart@parkdaleyyc.com.

Your feedback will help guide whether this project moves forward and what it could become. Together, we can create something that reflects the spirit and creativity of Parkdale!



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News, Events,
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News from the Friends of Nose Hill

by Anne Burke

A Nose Hill supporter told me there used to be a plaque in memory of John Lee Laurie at the Brisebois parking lot entrance to Nose Hill Park (Many Owls parking area). It appears that the plaque has now gone missing. He said, "Do you happen to know what happened to it and whether there are any plans for it to be reinstalled in the future?" I responded that my city contact would ask our Infrastructure folks to see if they knew.

A colleague did walk over to read the plaque once, but that was many years ago. It spoke of the help Laurie gave to First Nations. The official name of Mount Yamnuska is Mount John Laurie, but he has no knowledge of the installation of the plaque. When I chaired the Nose Hill Park Management Advisory Committee, the John Laurie Rock Society obtained the City's permission to install the boulder that was moved during construction of the roadway.

John Lee Laurie (1899-1959) was a prominent educator and political activist in Calgary, best known for First Nations advocacy. From 1944 to 1956, he was the honorary secretary of the Indian Association of Alberta. When adopted by the Stoney Nakoda Nations, he was named "White Cloud" and recognized by having a major Calgary roadway and a Canadian Rockies peak named after him. Mount Yamnuska was officially renamed at the request of the Stoney Nakoda First Nation in 1961. Its original Stoney Nakoda name, Îyâmnathka, combines root words of "mountain" and "flat", so "flat-faced mountain". In 1979, concerned citizens collected over 5,000 signatures on a petition and on the Sunday before Monday's Council meeting, marched along John Laurie Blvd in defence of Nose Hill Park. City Council voted against any development rezoning of Nose Hill Park lands.

A Fantastic Farm Stand Season in Parkdale



Parkdale loved having the Farm Stand this summer!

Over the past few months, neighbours have turned out each Saturday to shop for fresh produce, support local growers, and enjoy having a farm stand right here in our community. We've been thrilled to see such a strong response to the program and to watch it become part of the Saturday rhythm in Parkdale.

A huge thank you to Broxburn Vegetables for bringing an incredible selection of fresh, locally and regionally grown fruits and vegetables to Parkdale each week, and to everyone in the community who stopped by and supported the stand throughout the summer.

The Farm Stand Program is a City of Calgary initiative that connects communities with local and regional growers, improves access to fresh food, and supports a stronger local food system.

Most of all, thank you Parkdale for showing up. Your support is what makes programs like this successful and helps us understand what our community wants to see more of.

We loved having the Farm Stand in Parkdale this summer and hope to welcome it back again!



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Parkdale Community Garden: Growing Together

Come See What's Growing in Parkdale

If you haven't wandered through the Parkdale Community Garden lately, this is a perfect time to stop by. The garden is looking beautiful after a summer of growing, tending and a whole lot of volunteer love.

Come take a stroll and see the work our garden volunteers have put into the perennial beds, food forest, and shared spaces. Better yet, join us for one last garden day of the season!

Final Community Garden Workday

Saturday, September 19

We'll be getting the garden ready for winter, tackling some seasonal cleanup, and giving the beds and shared spaces a little end-of-season TLC.

No green thumb required. Come for an hour or stay a little longer. It's a fun and easy way to get outside, meet some neighbours, learn a little about the garden and help care for one of Parkdale's special community spaces.

And bring the kids! Our garden workdays are family-friendly, with lots for little ones to explore. Kids can play in the sandbox, wander the garden, visit the Little Library or join in creative activities while the grown-ups lend a hand.

The Community Garden is truly a neighbourhood effort, and we're incredibly grateful to everyone who has planted, weeded, watered, tended and cared for it this year.

Haven't volunteered before? This is a great day to start. Haven't visited before? Come see what your neighbours have created.

To get involved or learn more, contact garden@parkdaleyyc.com.

We hope to see you in the garden on September 19!



Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

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Any help is
appreciated ❤️

Small Tasks, Big Learning: The Quiet Power of Practical Life

A small spray bottle, a pair of sunglasses, and a folded cloth may not look like much at first glance. But in the hands of a young child, these simple objects can become meaningful tools for concentration, independence, and care.

In Montessori-inspired early learning environments, practical life activities invite children to participate in the real work of everyday life. Pouring water, wiping a table, sweeping a spill, folding a cloth, caring for plants, or helping prepare a shared space are not simply chores. They are opportunities for children to build coordination, confidence, responsibility, and pride in their own abilities.

A child may begin by misting a pair of glasses and wiping them clean. At first, the focus may be on the movement itself: holding the bottle, pressing the trigger, noticing the water, and using the cloth. Over time, the work becomes more complex. The child may fold the cloth with care, refill the spray bottle, or notice independently that the lenses need another wipe. These small moments show a child moving from simple actions toward deeper attention, problem-solving, and self-correction.

The beauty of practical life is that it allows children to experience mastery in a gentle and dignified way. A spill does not have to become a mistake filled with shame. It can become an invitation: Where is the cloth? How do I clean this? What can I try again? With calm support, children begin to understand that they are capable of caring for themselves, their environment, and one another.

We often see this confidence grow gradually. A child who once resisted pouring their own water may begin by watching. Then they may try with help. Eventually, they may pour independently, carry the pitcher carefully to another table, or offer it to a friend. A child who once shyly held a dustpan may later notice crumbs on the floor and choose to sweep without being asked.

These are quiet milestones, but they matter. They help children develop focus, patience, fine motor control, decision-making, and a sense of belonging. They also teach that contribution is part of community life.

This learning does not have to stay inside the classroom. Practical life can extend into the neighbourhood through gardening, caring for shared outdoor spaces, noticing the changing seasons, or participating in small acts of stewardship. When children are trusted with real responsibilities in prepared, supportive environments, they begin to see themselves as capable members of a larger community.

At Blüm Academy, we see this every day: children do not need to be rushed into independence, nor do they need every task completed for them. They need time, encouragement, and meaningful opportunities to try. When we give children the space to participate in real life, we give them more than a skill. We give them confidence.

And often, the most powerful evidence of that confidence comes in four simple words:

"I can do it."

Editor's note: This article was adapted from a piece originally published in In Blüm Magazine. It was written by Tiffany Fiefield, Montessori Guide and Level 3 Early Childhood Educator, who previously served as Assistant Program Manager at Blüm's Tuxedo campus and is currently on maternity leave.



September's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

Write about a relatively new social trend that you appreciate.

Dear reader,

Social trends are ever-changing, and many are for the better. One shift in particular is near and dear to my heart: the increasing value our society places on pets.

From the moment I could speak, I began asking for a pet dog. Every single Christmas I placed "dog" at the top of my wish list. The significant pressure I put on both Santa and my parents was to no avail; my parents were not "dog people".

Over three decades later, that yearning for a four-legged, furry friend had never faded. In early 2020, my family began fostering dogs from a local shelter as a "test run" to see if we could handle the responsibility. We quickly realized we could. Each time a foster dog went to their forever home, I grieved their absence. The extra work felt worth it. We were ready.

When the world slowed down in the spring of 2020, a combination of isolation and extra time made the decision to officially adopt our own dog quite easy. We weren't alone; statistics showed that an unprecedented number of Canadians brought a pet into their homes during that time. It drastically accelerated a shift towards celebrating the creatures that provide us with companionship and unconditional love.

Today, society is becoming a friendlier place for pet owners. I've noticed the City of Calgary has become exceptionally welcoming to dogs. New communities are intentionally designed with dog parks, and many outdoor patios welcome our furry friends. We even have a cat café downtown and puppy yoga throughout the city.

Our pandemic puppy, Luna, is six years old this year. She was the piece our family didn't know we were missing until she arrived and made us feel complete. She was worth the wait.

Happy writing,

Michelle

Write It Forward



Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.





4-H Welcomes Calgary Families to Community Park Party

As another school year begins, many Calgary families are looking for activities that help young people build confidence, make friends, and discover new interests. One organization that has been doing exactly that for more than a century is 4-H.

While many people still associate 4-H with agriculture, today's program offers youth ages 9 to 15 opportunities to develop leadership, communication, teamwork, and practical life skills through hands-on learning experiences. Alongside traditional year-long clubs, 4-H Alberta also offers Intro Clubs, which are short-term programs allowing families to experience 4-H without committing to a full club year.

Recent Intro Club participants have explored everything from pottery, baking, robotics, and chocolate making, to horsemanship, food science, reptiles, and behind-the-scenes tours. The focus is less on mastering a single project and more on encouraging curiosity, trying new experiences, and building confidence along the way.

To help introduce more families to the program and reconnect with returning members before the new club year begins, 4-H Alberta is hosting a free community Park Party at the Dalhousie Community Association on Sunday, September 13, from 2:30 to 4:00 p.m.

The afternoon is designed as a casual community gathering where families can meet local 4-H leaders and members, participate in outdoor games and activities, enjoy light refreshments, gelato, and learn about upcoming fall 2026 Intro Clubs and traditional 4-H opportunities. Everyone is welcome, including families who are simply curious about what 4-H has to offer.

The event is free to attend, although advance registration is requested: www.4hab.com/member/4-h-alberta-intro-club-free-park-party-in-calgary.

Only one registration is needed per family. If you have questions, you can email introclubs@4hab.com.

Whether you're already part of the 4-H community or just wondering what it's all about, the Park Party offers a relaxed opportunity to connect with others and explore how 4-H continues to help young people learn by doing.





MP Calgary Confederation
Corey Hogan, MP
 207-1717 10th St NW
 Calgary, AB T2M 4S2
 ☎ 403-410-2121
 ✉ corey.hogan@parl.gc.ca

This summer has been marked by Calgary receiving federal dollars for two exciting projects: the Olympic Oval at the University of Calgary and Contemporary Calgary. I was proud to take part in both announcements, which demonstrate the federal infrastructure investments being made in Alberta.

One of the ways we strengthen communities is by investing in sport. Creating more opportunities for Calgarians to play, train, and proudly wear the maple leaf on the world stage brings us together and inspires all generations.

To that end, I was proud to have advocated for federal funding to come to the University of Calgary's Olympic Oval, which received up to \$26 million through the Build Communities Strong Fund. This investment will support the rehabilitation and modernization of the Oval—a legendary facility that hosted the 1988 Olympic Winter Games and remains home to the fastest ice in the world. It has nurtured generations of Olympic medallists and world-record holders, and this funding secures its long-term operation and accessibility for years to come. More than an elite training centre, the Oval is a community hub that keeps Calgary's reputation as a world-class sporting city strong.

Contemporary Calgary received up to \$40 million through the Build Communities Strong Fund. This investment will transform our historic Centennial Planetarium—home to Contemporary Calgary—into one of Canada's leading destinations for contemporary art, education, and community gathering. Expanding public access to the arts, creating a new gallery, education spaces, and revitalizing Calgary's Downtown West End, all while preserving one of our city's most recognizable landmarks through adaptive reuse.

Projects such as these enhance connectivity in our community and drive economic growth. Infrastructure is the foundation of healthy and prosperous communities, and of a strong Canada.

From our ice to our galleries, these investments will Build Calgary Strong.

I am honoured to be your MP,
 Corey Hogan

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