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ROUNDUP

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- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
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- Supply & install new vanity
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SALE **\$11,679**
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- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

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RANGLANDS COMMUNITY ASSOCIATION

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✉️ ranchlandscommunity@outlook.com • 🌐 www.ranchlandscommunity.com

FIND US ON FACEBOOK AND INSTAGRAM!

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BOARD OF DIRECTORS 2024-2025

President	Kathy Ervin president@ranchlandscommunity.com
Vice-President	Sharon Blackwell vice-president@ranchlandscommunity.com
Secretary	Miranda Christin
Treasurer	Bukola Abdul
Director at Large	Laurie Lin, Christy Edwards, Nadine Bird Contact RCA Office

PROGRAM CONTACTS

Ranchlands Food Pantry	Contact RCA Office www.ranchlandscommunity.com/RFP
Skating Rink Coordinator	Darren Angell Contact RCA Office
186th Ranchlands Scouts	186thRanchlandsScouts@gmail.com
Girl Guides of Canada: Wichewakn District	register.girlguides.ca/web/en/unit

COMMUNITY CONTACTS

Ranchlands Elementary School	403-777-6350 ranchlands@cbe.ab.ca
St. Rita's Catholic Elementary School	Cindy De Paoli 403-500-2083 stritas@cssd.ab.ca
Rise Calgary	403-204-8280 info@risecalgary.ca
MLA Julia Hayter	403-288-4453 Calgary.Edgemont@assembly.ab.ca
MP Pat Kelly	403-282-7980
Ward 2 City Councillor	Jennifer Wyness 403-650-6936 www.calgary.ca/ward2
CBE School Trustee	Vacant
CSSD School Trustee	Myra D'Souza 403-500-2761

RCA OFFICE AND HALL RENTALS

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Marching Into Spring

Spring will be upon us shortly after you receive this newsletter – all depends on what you put your faith in on Groundhog Day. Early spring? Late spring? Regardless of when it comes, spring will inspire opportunities to beautify our personal outdoor spaces and our community outdoor spaces. We have had members of the community attend our board meetings in the past couple of months with ideas and suggestions to keep our neighbourhood looking good. Reasonable, simple things like a coat of paint on our Ranchlands sign (in the works), recommending a coat of paint on the fences that are public facing, keeping weeds under control, and some simple decorative gardens for you and your neighbours to enjoy are suggestions for individuals and businesses. When we take pride in our community, small things can make a bit difference. If you have an idea, we would love to hear about it. Please email president@ranchlandscommunity.com and might be able to include it in the April edition of the *Roundup*. There might even be a prize for really creative ideas!

You will see that our volunteer CRA Tax Preparation program is underway. Thanks to our treasurer Bukola, along with staff and board members, we are pleased to offer this service. Please watch our Facebook page and our website for information on how to access the service.

Calgary Police Service representatives regularly attend our board meetings to provide information about any crime events (they are very few) along with information about traffic issues. There is a workforce that will help us to alleviate any risky or dangerous places where engineering changes will make our neighbourhood safer.

Our Ward 2 Alderman's office along with our City of Calgary Neighbourhood Partner Coordinator are a wealth of knowledge – and they also attend our meetings to give us information and insights. The Ward 2 survey has reported that 82% of us feel safe walking in our neighbourhoods. Let's keep that going by looking out for each other, reporting things of a bylaw nature through 3-1-1, and vandalism to the non-emergency police line at 403-266-1234 or on the CPS website. Our association also appreciates knowing your concerns – you can email the office at ranchlands@outlook.com or me at president@ranchlandscommunity.com.

Happy spring!

Kathy Ervin

President



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The Ranchlands Food Pantry

If you or someone you know in the community is facing food insecurity, the Ranchlands Food Pantry is here to help. You can request a hamper from our community webpage at <http://ranchlandscommunity.com> under the programs section. Please note that due to limited resources, we can only support Ranchlanders at this time.

Volunteer Opportunities

Join us in making a difference! We're actively searching for an individual to fill our role as a hamper drop-off driver volunteer. The role consists of picking up completed hampers from the Ranchlands Food Pantry on the first and last Monday evening of every month (or Tuesday evenings if Monday is a statutory holiday) between 5:00 and 5:30 pm and delivering them to the doorsteps of Ranchlands residents who have requested a hamper. Drop-offs are contactless. To volunteer in this position, you must have your own reliable vehicle and a valid driver's license.

If you're interested or have questions, please email volunteerca@ranchlandscommunity.com. Your commitment and support significantly contribute to the success of our community initiatives. Thank you for your support!



Items In Need

If you're looking to contribute to a cause that directly benefits your community, please consider donating items in high demand, such as cereal, canned soups and vegetables, fruits, and nut butters. Toiletries such as toothbrushes, toothpaste, dental floss, and toilet paper are also often requested items. Check out our Facebook page for regular updates on what items are in high demand. Donations can be dropped off at the Ranchlands Community Association RFP box, conveniently located in the foyer at 7713 Ranchview Drive NW. Operating hours are Monday to Friday, 1:00 to 5:00 pm. Thank you for your support!

Fine Arts Flourish at St. Rita



Did you know that the Fine Arts (Music, Art, Dance, and Drama) foster creativity, critical thinking, and problem-solving skills that are valuable in all areas of life? They also help children develop emotional expression and cultural awareness, encourage empathy, boost academic performance, and enhance communication skills. That's why

St. Rita teachers place such an emphasis on Fine Arts education.

Recently, our students got to dig deeper into the curriculum with opportunities like choir, dance residencies, and the art expertise of their teachers. Choral singing is an extracurricular activity for grades 3 to 6 that builds students' confidence and music skills. The dance residency week focused on hip hop, Latin, and Afrobeats, and ended in a groovy performance for

parents! Visual Art is taught as a discipline, and is also integrated throughout the curriculum, resulting in students retaining information better and improving performance in other subjects.





Rise Calgary (formerly Bowwest Community Services): 14 – 1840 Ranchlands Way NW

Westview Baptist Church: 1313 Ranchlands Way NW

St. James Anglican Church: 6351 Ranchview Drive NW

Islamic Association of NW Calgary: 7750 Ranchview Drive NW

Al-Salam Centre: 6415 Ranchview Drive NW

Good Food Box: Ranchlands' Depot is St. James Anglican Church



News from the Friends of Nose Hill

by Anne Burke

Across North America vast herds of bison destroyed woody plants in the area by horning, rubbing, and feeding on bark. Males made their mark during “rutting” (mating season). Trees are not naturally part of our vegetation in a tallgrass prairie landscape, due to risks from severe weather events, drought, insects, diseases, and climate change. Calgary has trees on both public and private lands, in parks, natural areas, and green spaces. However, 77% of the urban canopy is on private land. A Guide for Plant Appraisal estimates our urban forest on public land is valued at \$1.3 billion. The urban forest is aging, and other trees are lost to development. Planting 3,500 trees per year will maintain the status quo. The plan is to plant another 4,000 trees per year by 2060.

The City owns and offers Calgary Open Data. Enter your address to view City trees and zoom in to the neighbourhood level. A mobile device near a tree will pan to your location. Rank trees by The Alberta Tree Species Rating Guide. Reporting a City tree? You can now use the 3-1-1 Mobile App. Ask about a young tree that needs help, a mature tree, or a Heritage Tree. On your property, you may need a permit to remove a tree. Where a tree once was may be a good spot to plant a new one. Enjoy YYC Trees Guided Walks. In-person workshops and online programs are Pruning Q and A, Keep Your Tree Happy and Healthy, and Pest and Disease Treatment. Information sessions are 1.5 hours long. Urban Forestry Technicians offer advice. Space is limited. Register for one session only, since the content at each will be the same. For locations and dates check out <http://www.calgary.ca/parks/trees/education-workshops.html>.



Canada is home to 60% of the world's lakes, this equates to over 2 million shimmering bodies of water across this beautiful country we call home. But that's not all - Canada also has the longest coastline in the world stretching an astonishing length of 202,080 kilometres.

BRAIN GAMES SUDOKU

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SCAN THE QR CODE FOR THE SOLUTION



Find Your Next Job at the Youth Hiring Fair – March 27

by The City of Calgary

Mark your calendars! The Youth Employment Centre (YEC) is excited to announce the return of the Youth Hiring Fair on Thursday, March 27 at the Big Four Building from 1:30 to 6:00 pm. If you're between the ages of 15 and 24, this event is your opportunity to meet with 80 employers ready to hire for part-time, full-time, permanent, or seasonal positions.

Whether you're starting your job search or advancing your career, the Youth Hiring Fair is the place to be. You'll have the chance to connect directly with employers from various industries offering diverse opportunities for all skill levels.

Before the event, be sure to visit the Youth Employment Centre at 315 – 10 Ave SE to receive free assistance with resume building and interview preparation. Our expert employment counsellors are available to help you build confidence and ensure you're ready to make a strong impression on potential employers.

Don't miss out on this fantastic opportunity to secure your next job. Visit calgary.ca/yechiring for more details!



Fill Your Freezer and Support a Great Cause!

We're thrilled to launch our Fill Your Freezer fundraiser—where stocking up on delicious frozen foods also means supporting families in need through the Ranchlands Food Pantry (RFP)!

From now until March 13, you can place your order for high-quality frozen foods, including gluten-free options, halal products, and even vegan desserts. Not only will you fill your freezer with great meal options, but every purchase also helps provide essential food for those in need in our community.

How It Works:

1. Browse the flyer on our website – Choose from a variety of frozen products for easy, convenient meals.
2. Submit your payment before March 13 – Payments accepted via cash, cheque, or e-transfer.
3. Pick up your order on Saturday, April 5 – Stop by the Ranchlands Community Association (RCA) parking lot between 11:00 am and 12:00 noon for pickup.

Make a Bigger Impact!

Want to do even more? Choose the “One for You, One for RFP” bundle! Purchase two cases at a discounted rate, and we'll donate one directly to RFP's food hampers—helping families facing food insecurity.

More Ways to Get Involved

You don't need to live in Ranchlands to order—anyone can participate! Too much for one household? Team up with a friend or neighbour and split a case!

It's a win-win—great food for your family while giving back to your community.

To check out the flyer or submit your order, phone 403-241-0335 or email ranchlandscommunity@outlook.com.

#FillYourFreezer #SupportRFP
#OneForYouOneForThem



Burns and Scalds

by Alberta Health Services

Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- 3°: Severe. The deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for Burns

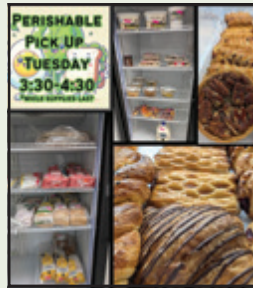
- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.
- Over-the-counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911.

Sharing Food, Reducing Waste: Our Free Perishable Giveaway



Every Tuesday, something special happens in our community—food that might have gone to waste instead finds its way onto tables where it belongs. Thanks to generous donations from local businesses, we're able to rescue fresh, perishable food and share it—for free!

No strings attached. No income requirements. No questions asked. Just good food, available to anyone who can use it.

Why We Do It

Did you know that Canada wastes over 3.2 million tonnes of edible food each year? Every year, perfectly good food ends up in landfills while families struggle to put meals on the table. We believe that food should be eaten, not wasted—and that everyone, regardless of their circumstances, deserves access to fresh, nutritious options.

Thanks to our partnership with the Leftovers Foundation, we're helping to rescue and redirect some of that food back into the community instead of letting it go to waste.

How It Works:

- Every Tuesday – We open the hall and give community members the chance to take home food items that would otherwise have gone in landfills.
- Come and take what you need – Whether you're stretching your grocery budget, preventing waste, or just love fresh food, you're welcome to stop by.
- A Community Effort – Local businesses donate, volunteers sort, and neighbours share.

This is about more than just food—it's about reducing waste, building community, and making sure no good meal goes uneaten.

Want to be part of it? Stop by on Tuesdays and help keep good food from going to waste!

#ReduceFoodWaste #SharingFood
#NoFoodLeftBehind

Get Your Taxes Done for Free!

Are you looking for assistance with your taxes? The Community Volunteer Income Tax Program (CVITP) is here to help! Our volunteer tax clinic at the Ranchlands Community Association is designed to provide free tax return services for individuals with modest incomes and straightforward tax situations.

How to Access the Clinic

Setting Up an Appointment: To schedule an appointment, contact the RCA Clinic directly at 587-207-5909 or send an email to taxclinic@ranchlandscommunity.com.

Be sure to mention that you are interested in the volunteer tax clinic.

What You'll Need

To make the process as smooth as possible, please bring the following documents:

- Identification: Valid photo ID (e.g., driver's license, passport)
- Social Insurance Number (SIN)
- Income Slips: T4, T5, and any other relevant income documents
- Receipts: For medical expenses, childcare expenses, and other deductions
- Last Year's Tax Return: If available

Clinic Details

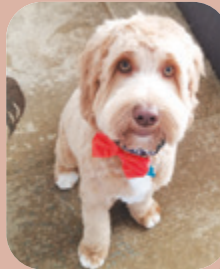
- Location: RCA Community Centre
- Operating Period: The clinic will be open from February 25 to May 31
- Contact Information: For any questions or to confirm your appointment, call the RCA Tax Clinic at 587-207-5909

Don't miss this opportunity to get your taxes done for free by experienced volunteers! If you have any questions or need further assistance, feel free to reach out.

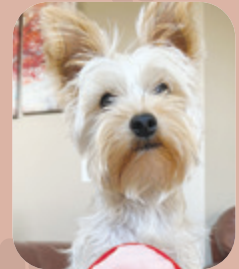
We look forward to helping you with your tax needs!



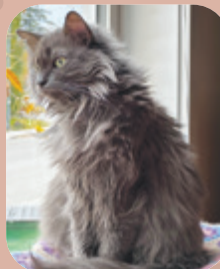
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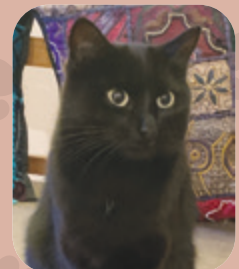
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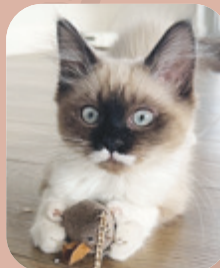
Louie, Panorama Country Hills



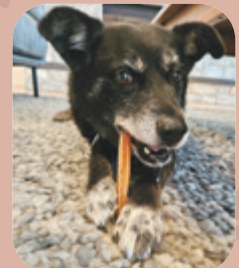
Luna, Marda Loop



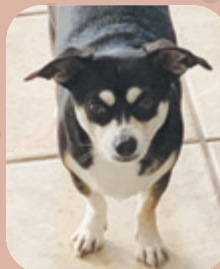
Luna, West Hillhurst



Lutik, Douglas Quarry



Mystery, Christie Park



Neville, Douglas Glen



Snoop, Southwood

To have your pet featured, email news@mycalgary.com

Host Your Next Event at the Ranchlands Community Association!



Did you know that the Ranchlands Community Association (RCA) has a bright, welcoming space available for rent? Whether you're planning a birthday party, family potluck, crafting night, or a casual get-together, our space is the perfect spot to bring people together!

Why Choose RCA?

- Spacious and Bright – A warm and inviting space to celebrate, create, or connect.
- Kitchen Access – Perfect for preparing and serving food at your event.
- Easy Online Booking – Secure your date in just a few clicks!
- Affordable Rates – A budget-friendly option for your gathering.

Whether you're hosting a small private event or a larger community gathering, we're happy to provide a comfortable and convenient space to make your occasion special.

Come Use Our Space and Have Some Fun!

Book your event today and create great memories in the heart of Ranchlands.

For rates, availability, and to book online, visit ranchlandscommunity.com/rentals/, stop by to have a look, call our office at 403-241-0335, or email ranchlandscommunity@outlook.com.

*RCA Members receive exclusive rates on rentals!

#HostWithUs #RanchlandsEvents
#CommunitySpaceForYou

Word of the Month



Limerence: *noun* (li-mer-uhns)

A state of mind resulting from romantic feelings for someone.

Amelie experienced limerence for her coworker after they worked the event together.

Monthly Giving for Our Ranchlands Food Pantry

With rising costs, some families in Calgary and in our community are having difficulty making ends meet. That is why we are so proud of our Community Food Pantry. But it is not always easy to keep the shelves fully stocked.

If you're able, we kindly ask you to consider making a one-time financial donation to help us restock and continue supporting those families in our community who are in need of a bit of extra help.

We would also deeply appreciate it if you could become a monthly donor, providing ongoing support to our efforts. <https://ranchlandscommunity.com/donate/>.

In both cases, we will gladly provide a charitable donation receipt in time for tax season. Thank you for helping us fill the shelves again with important nutritional foods like canned fruits and vegetables, cereal, and pasta sauces.

GAMES & PUZZLES

Guess the Toy!

1. This fashion doll, created by Ruth Handler, made her debut at the American Toy Fair on March 9, 1959.
2. This toy originates from the Swahili word "kujenga" which means "to build".
3. This was the first toy ever advertised on television, featuring parts that could be stuck into a fruit or vegetable.
4. Max Park holds the record for solving this 3D combination puzzle toy at 3.13 seconds.
5. This stretchy, bouncy, moldable toy was used aboard Apollo 8 to help secure tools and equipment in zero gravity.
6. This toy was named after Theodore Roosevelt who famously refused to shoot a captured animal during a hunting trip in 1902.



SCAN THE QR CODE FOR THE ANSWERS!



MP Calgary Rocky Ridge
Pat Kelly
 202 – 400 Crowfoot Crescent NW
 Calgary, AB T3G 5H6
 ☎ 403-282-7980 📠 403-282-3587
 ✉ pat.kelly@parl.gc.ca

In 2025 Justin Trudeau will step down as Prime Minister. This comes on the heels of a fall parliamentary session featuring virtually no government legislation, government scandals like the “Green Slush Fund”, a chaotic tabling of the Fall Economic statement, and the resignation or firing of nine Liberal cabinet ministers.

The Prime Minister also announced the prorogation of Parliament until March 24. This means that all bills in progress (except Private Members’ bills), are terminated, all Parliamentary committees cease to exist, and no meetings or votes in Parliament can occur – depriving MPs of the tools to hold the government to account.

The Government must pass new spending authorization before the end of March for the government to continue operating. There must be a vote for this spending, and it must occur within days of the scheduled resumption of Parliament. Such votes are “confidence votes.” I will vote non-confidence in the government. The other opposition Parties have publicly committed to voting non-confidence. If they are true to their word, the government will be defeated, and an election will be called.

In the community, I spoke at the Silver Springs Community Association AGM which was well-attended. Also, congratulations to the Rockland Park Homeowners Association on the Lodge and Park opening.

I regularly meet with constituents who would like to discuss national policy and events. Feedback from Calgarians is very important to me. If you would like to share your thoughts with me on national issues, please feel welcome to contact me through my Calgary office.

It remains my honour to represent you at the House of Commons as your Member of Parliament.



Councillor, Ward 2
Jennifer Wyness
 ☎ 403-268-2430
 ✉ Ward2@calgary.ca
 🌐 Calgary.ca/ward2 📘 Ward2Wyness
 📷 @WynessJennifer 🐦 @JenniferWyness

Spring is on the horizon, and with it comes fresh opportunities for growth and connection in Ward 2. This month, we’re sharing tips on how to be a good neighbour and information to help you keep safe during the season ahead.

How To Be a Good Neighbour This Season

Being a good neighbour means practicing a little extra thoughtfulness during the season. Always avoid parking in front of other people’s driveways or blocking sidewalks—this ensures everyone can access their homes and navigate safely. Stick to sidewalks and pathways rather than cutting across your neighbours’ lawns. Clean up after your pets and clear your sidewalk promptly after a snowfall to help everyone get around, especially kids, seniors, and those with mobility challenges. Keep garbage and recycling bins off walkways to avoid creating obstacles and be sure to put your garbage in your own bin. And if you see a neighbour struggling with snow removal, lending a hand is a small gesture that can go a long way to make their day a little brighter. Calgary weather can be challenging, but with a little courtesy, we can make it easier and more enjoyable for everyone.

Help Prevent Break-Ins

Keeping your neighbourhood safe starts with a few proactive steps to prevent break-ins and carjackings. Always lock your doors and windows, even when you’re home and ensure your garage is secure. Avoid leaving cash and valuables in plain sight inside your car, and park in well-lit areas or garages when possible. Install motion-sensor lights or cameras to deter would-be thieves and foster a sense of vigilance among neighbours. Most importantly, report any crimes in progress to 9-1-1, or report non-emergencies to Calgary Police at 403-266-1234. Working together can create a safer community for everyone.





MLA Calgary-Edgemont
Julia Hayter
 juliahayter@albertandp.ca
 @NDPjulia
 @NDPjulia
 @NDPjulia

The spring session has started and the UCP Budget has been presented. We have the highest inflation in Canada. I am proud that the Alberta NDP Caucus listens to you, and we will focus on how to grow our economy to build prosperity for everyone, investing in public education and healthcare, and making life more affordable so all Albertans can thrive. Please continue to email my office, letting me know what is important to you, so I can share your voice in the legislature and represent you.

March 8 marks International Women’s Day, a time to celebrate the women’s rights movement. For our daughters and all the women in our lives, we must continue to focus on gender equality, reproductive rights, and eliminating gender-based violence. I am deeply troubled by the rising rates of domestic violence and the severe capacity challenges our shelters are experiencing during this crisis. The UCP government needs to take real action now. They must implement the proven strategies outlined in the National Action Plan to end gender-based violence, starting with immediate and adequate funding for prevention programs and emergency shelters. I will continue to press these urgent issues in the upcoming budget debates. We cannot and will not accept a status quo where 11,000 children were turned away from shelters in 2022-2023, or where rural Albertans face months-long waiting lists for safety. These are not just numbers – they represent real families in crisis who deserve our immediate action and support.

As always, I am looking forward to the opportunity to connect with you, whether it’s at a community event or on your doorstep. If you see me, please come over and say hello.

You can also follow me on social media at @NDPJulia to learn about all my adventures.

Please do not hesitate to contact my office if you have questions or need assistance related to provincial matters.

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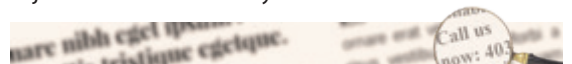
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