

DECEMBER 2025

DELIVERED MONTHLY TO 4,000 HOUSEHOLDS

# your SANDSTONE MacEWAN

THE OFFICIAL SANDSTONE & MacEWAN COMMUNITY NEWSLETTER



**SANDSTONE  
MacEWAN**



**LOOKS WHO'S COMING TO TOWN  
ERR SANDSTONE PARK**



#### **Freedom starts with a Reverse Mortgage**

- Cash to renovate, travel or relax
- Stay home, no monthly payments
- Leave a living inheritance

Call today to enjoy comfort, independence,  
and peace of mind.



**ANITA RUSSELL**

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**403-771-8771**  
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## GAMES & PUZZLES

### Guess the Christmas Song!

1. Brenda Lee was only 13 years old when she recorded this "new old-fashioned" Christmas favourite.
2. In December of 1965, this was the first song played in space. Hint: It is a classic written by James Lord Pierpont.
3. This song was originally called "Tinkle Bells".
4. Thurl Arthur Ravenscroft, the singer of this mean, green song, was also the voice of Tony the Tiger.
5. Sammy Cahn and Jule Styne ironically wrote this romantic winter song during a heat wave.
6. There are three official music videos for this modern Christmas song, as well as a celebrity lip-syncing montage video.



SCAN THE  
QR CODE  
FOR THE  
ANSWERS!



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Learn | Tour | Enjoy!

Join us for our next **open house!**

Call for information about dates and times or book a personal tour: **403-275-5667**

6700 Hunterview Drive NW



The Community with Heart

## BRAIN GAMES

## SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 | 2 |   | 7 |   |   |   |   |
| 7 |   |   |   |   |   | 1 | 3 |   |
|   | 5 |   |   | 3 |   |   |   | 7 |
|   |   | 9 | 6 |   |   |   |   | 3 |
|   | 7 |   | 8 | 9 | 5 |   | 6 |   |
| 2 |   |   |   |   | 3 | 5 |   |   |
| 4 |   |   |   | 1 |   |   | 9 |   |
|   |   | 7 |   |   |   |   |   |   |
|   |   |   |   | 8 |   | 3 | 1 |   |

SCAN THE QR CODE  
FOR THE SOLUTION



# Membership Application

Family Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Number of Residents: \_\_\_\_\_ Children's Ages: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

May we put you on a list of volunteers? Yes No

**Membership Fees are:**

**\$30 per household per year**

***Make cheques payable to Sandstone/MacEwan Community Association***

Mail or deliver to:

300 - 8120 Beddington Blvd. NW, Calgary, AB T3K 2A8

Email: [memberships@sandstonemacewan.com](mailto:memberships@sandstonemacewan.com)

***Memberships can be purchased***

***online at [sandstonemacewan.com](http://sandstonemacewan.com)***

**For Office Use Only**

Date Received: \_\_\_\_\_ Reg/Assoc

Card # Issued: \_\_\_\_\_ New/Renewal

Init: \_\_\_\_\_ Cash/Cheque

Source: \_\_\_\_\_ Rectified if Assoc:

## ALBERTAWOOD

Hollywood isn't the only location to shoot great films; Alberta has become a popular backdrop for many beloved films over the years. Most recently *Die My Love* was filmed here but other blockbusters include *Brokeback Mountain*, *Jumanji: The Next Level*, *Cool Runnings*, *Inception*, *Interstellar*, *Legends of the Fall*, *The Revenant*, *Ghostbusters: Afterlife*, and many, many more!



## Freedom starts with a Reverse Mortgage

- Cash to renovate, travel or relax
- Stay home, no monthly payments
- Leave a living inheritance

Call today to enjoy  
comfort, independence,  
and peace of mind.



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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

SANDSTONE VALLEY



MACEWAN GLEN



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# SANDSTONE MACEWAN

## COMMUNITY ASSOCIATION

300 - 8120 Beddington Blvd. NW • Calgary, AB T3K 2A8  
General Inquiries: [info@sandstonemacewan.com](mailto:info@sandstonemacewan.com)  
[sandstonemacewan.com](http://sandstonemacewan.com)

### EXECUTIVE DIRECTORS

|                |                    |
|----------------|--------------------|
| President      | Sue Coatham        |
| Vice-President | Trevor Bacon       |
| Treasurer      | Sharon Mazurkewich |
| Secretary      | Willa Wu           |

### DIRECTORS

|                   |                            |
|-------------------|----------------------------|
| Director at Large | Carolyn Gomez              |
| Director at Large | Pinky Nantais              |
| Director at Large | Jennifer Bidlake Schroeder |
| Director at Large | Colin May                  |
| Director at Large | Karen Lessard              |
| Director at Large | Yakov Lipkovich            |

\*This list of our SMCA board is available on our website at  
<https://sandstonemacewan.com/contact>.

|                |                   |  |
|----------------|-------------------|--|
| Girl Guides    | Leslie Jones      | 403-275-7098   |
| #224 Sandstone | Steve Herz        | 403-262-2871   |
| Community      | Angela Williams   | <a href="mailto:angela.williams@calgary.ca">angela.williams@calgary.ca</a> |
| Partnerships   |                   |  |
| Calgary Police | Cst. Bruce Graham | <a href="mailto:bgraham@calgarypolice.ca">bgraham@calgarypolice.ca</a>     |



# SANDSTONE MACEWAN

*Community Association*

[sandstonemacewan.com](http://sandstonemacewan.com)

Becoming a member is easier than ever!

Visit [sandstonemacewan.com/join](http://sandstonemacewan.com/join) or  
use your phone to scan the QR code  
below - all proceeds go back to  
supporting our community!



## 9 PM ROUTINE

CALGARY  
POLICE  
SERVICE

### ☒ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



## Sandstone/MacEwan Community Association Meetings

are held the second Thursday of the month at  
7:00 pm at the Berkshire Citadel-Sandarac Drive NW.  
Everyone is welcome to attend.

# RUNNER UP PHOTOS



*Merry Christmas and Happy New Year from SMCA*



*Beauty on Berkshire Blvd by Sandra Matthews*



*Thank You Rink Rats*



## JOKE OF THE MONTH

Why did the football  
coach go to the bank?  
To get his quarter back.



# SANTA SKATING PARTY

GRAB YOUR SKATES AND JOIN US FOR  
SOME FUN AND A SPECIAL VISITOR!



DECEMBER 13, 2025  
6PM - 9PM  
SANDSTONE PARK  
99 SANDSTONE DR NW

FREE HOT DOGS  
HOT CHOCOLATE & COFFEE  
FIRE PITS

SKATE EXCHANGE: IF YOU NEED  
SKATES WE MAY HAVE SOME FOR  
YOU, IF YOU HAVE EXTRA SKATES  
PLEASE DONATE THEM

**SANDSTONE  
MACEWAN**  
*Community Association*

## Cats, Canines, & Critters of Calgary



Addie, Renfrew



Billy, Woodbine



Charlie,  
Diamond Cove



Eowyn, Edgemont



Meeko, Cranston



Pepper, Evergreen



Sammie, Walden



Talbot, Queensland

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# **SANDSTONE MACEWAN**

*Community Association*

**We need Rink Rat Volunteers  
to help us flood  
our Rinks this Winter!**



For more information or to sign up  
please email us at  
[info@sandstonemacewan.com](mailto:info@sandstonemacewan.com)



## News from the Friends of Nose Hill

by Anne Burke

Sites of prehistoric interest relate to the precontact history of Native use and settlement. These valuable archaeological resources represent 10,000+ years of occupation by Native inhabitants of the Calgary region. In all, 45 archaeological sites on Nose Hill have been recorded. Stone feature sites include cairns (a human-made pile of stones as a landmark, marker, or memorial), alignments (arrangements in a straight line or correct relative positions), and stone circles. Archaeological studies of Nose Hill began in the early 1970s. Students from the University of Calgary carried out surveys of the entire Calgary region; five prehistoric sites were recorded in what is now the park. These include three tipi ring sites, a lithic (stone) scatter, and a prehistoric campsite.

When the City planned a municipal park for Nose Hill, a Historical Resources Inventory was required in 1978 within the proposed boundaries. The results were a cairn, ten campsites (two with tipi rings), a glacial erratic, four isolated finds, a kill site, 18 lithic scatters, a rock mound site of overgrown gravel, and six tipi ring sites. The Alberta Government in Edmonton held microfiche copies of permit and research reports, in which existing resources were described. In 1982 and 1983, a spring survey of stone circles along the southern margin of the uplands of Nose Hill recorded 60 new rings. This was followed by a series of field trips in the summer and fall of 1993. Conditions were poor, with high grass. The focus was on undisturbed sites but limited to revisiting all the original sites. Aerial photo mosaics of Nose Hill were prepared. Overlays combining trails and archaeological resources were used to relocate sites in the field. Best estimates of site locations were recorded using a GPS receiver.



## It's Christmastime in Calgary

by Garth Paul Ukrainetz

It's Christmastime in Calgary  
In foothills west a silent night  
The constellations fill the sky  
Forever sharing starry light

The whitetail deer in Nose Hill Park  
Prancing over city's glow  
Sweet homes of dancing candlelight  
Gentle as the falling snow

And high on top of every tree  
The stars and angels overlook  
For bleak and icy winter hearts  
The melting grace of warm chinook

It's Christmastime in Calgary  
Though heights of mountains cold in snow  
Our gifts stay warm beneath the trees  
Wrapped with love by River Bow

## Cold Weather Safety

by Alberta Health Services



Emergency Health Services (EHS) – Alberta responds to cold weather emergencies each winter. You can reduce your risk of sustaining a cold weather emergency by taking a few precautions. Dress by wearing warm, insulating layers close to the body covered with wind and waterproof layers on the exterior – cover as much skin as possible. Carry an emergency roadside kit in your vehicle containing extra clothing, blankets, and emergency supplies and ensure your mobile phone is fully charged.

### Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen.
- It commonly affects the ears, nose, cheeks, fingers, and toes.
- The skin may look red and possibly feel numb to the touch.
- When treated promptly, frostnip usually heals without complication.
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin-to-skin contact (i.e. hand covering tips of ears).

### Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze.

- Affected skin may look white and waxy and will feel hard to the touch.
- Move to a warm environment immediately and place the affected area in warm, not hot, water until fully re-warmed.
- Seek further medical attention as required.

### Hypothermia

- Hypothermia is abnormally low body temperature, less than about 35°C (as compared to normal body temperature of about 37°C).
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C).
- Left untreated, severe hypothermia may progress to unconsciousness or death.
- Early recognition and prompt medical attention is key. Don't forget to protect yourself from the factors that originally lead to the patient's situation.
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.



# Huntington Hills Skating Club

Programs run out of the  
Huntington Hills Community  
Centre and VIVO



Skate Canada



**COME SKATE  
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COMPETITIVE  
RECREATIONAL**

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Pre-Power | Adult  
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Figure Skating Programs**

*National Certified Programs taught by  
National Certified Coaches*

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**register.hhskatingclub.com**

 **hhsc\_coaches**

**403-272-5913**

## YOUR CITY OF CALGARY

### Create More Memories and Less Waste This Holiday Season

*by The City of Calgary - Waste and Recycling Services*



The holidays bring joy—and extra waste. We generate about 25% more this time of year from wrapping paper, packaging, and leftover food. Small changes can make a big impact:

- Give experiences instead of things. Time together creates lasting memories.
- Make or repurpose gifts. Handmade or passed-down items tell a story.
- Wrap creatively. Reuse bags, bows, or wrap with fabric.
- Shop with purpose. Plan ahead and choose thoughtful gifts.
- Reduce food waste. Stick to a grocery list, use leftovers, or send extras home with guests.

#### **Christmas Tree Composting**

When the holidays are over, give your real Christmas tree a green goodbye by choosing one of the following options:

- Green Cart Pickup: Remove decorations, cut into small pieces, and place in your green cart.
- Drop-Off (until January 31): Take your undecorated, unbagged tree to a designated site.

Find locations at [calgary.ca/christmastree](http://calgary.ca/christmastree).

#### **Holiday Collection Changes**

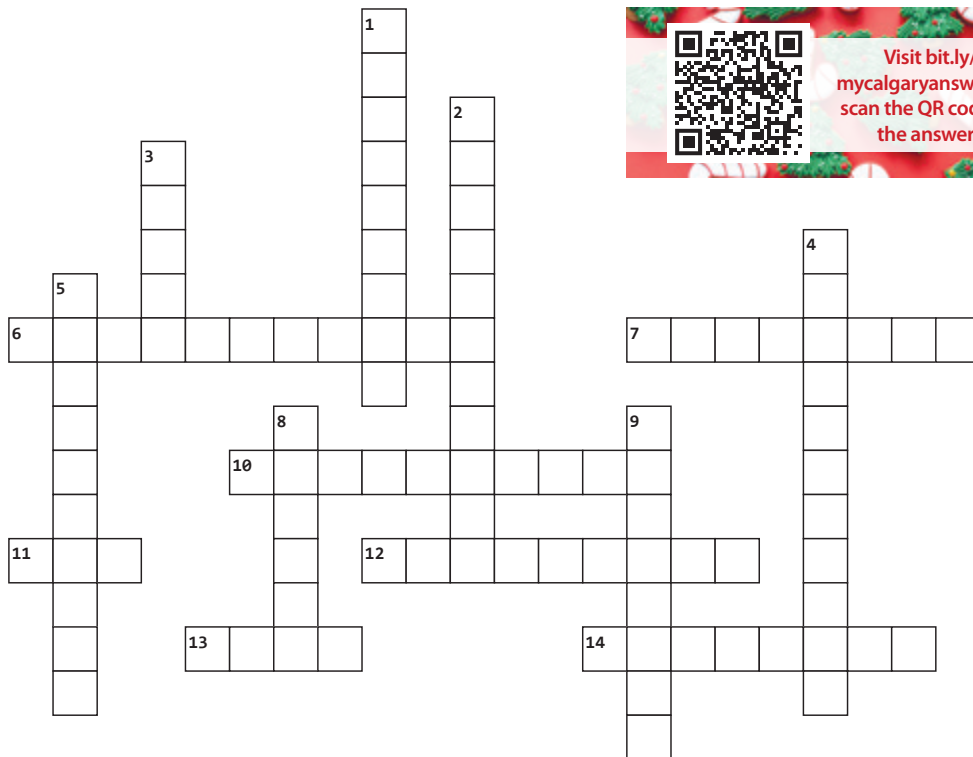
Please note blue, black, and green cart pickup date changes in your community!

- Thursday, December 25 moves to Monday, December 22.
- Thursday, January 1 moves to Monday, December 29.

Regular Thursday collection resumes January 8. Check your schedule at [calgary.ca/cartschedule](http://calgary.ca/cartschedule).

Thank you for helping keep Calgary clean and green. Happy holidays!

# December Crossword



Visit [bit.ly/mycalgaryanswers](http://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## Across

6. The Statute of \_\_\_\_\_ passed on December 11, 1931, granting Canada full legislative independence from the British Empire.
7. Known for his role in *Stranger Things*, Canadian actor Finn \_\_\_\_\_ celebrates his birthday on December 23.
10. The \_\_\_\_\_ is also known as the Christmas flower.
11. "Gangnam Style" by \_\_\_\_\_ became the first YouTube video to reach one billion views on December 21, 2012.
12. In December 1612, astronomer Simon Marius made the first known telescopic observation of this galaxy.
13. *Star \_\_\_\_\_: The Motion Picture* premiered on December 7, 1979.
14. December 14 marks the start of this Jewish holiday.

## Down

1. The bust of this Egyptian queen was found on December 6, 1912.
2. Annually on December 12, \_\_\_\_\_ House Day is celebrated.
3. The first human-to-human \_\_\_\_\_ transplant was performed on December 3, 1967, by Dr. Christiaan Barnard in Cape Town, South Africa.
4. \_\_\_\_\_'s ballet, *The Nutcracker*, premiered in Saint Petersburg on December 18, 1892.
5. Jane Austen's last novel, \_\_\_\_\_, was published on December 20, 1817.
8. Two years after being stolen, the "Mona Lisa" was returned to this museum on December 12, 1913.
9. Ferguson Jenkins born on December 13, 1942, in Chatham-Kent, was the first Canadian inducted into the \_\_\_\_\_ Hall of Fame.

## Quick and Easy Bruschetta Appetizers

by Jennifer Puri



Affordable and versatile, bruschetta is a deliciously simple tomato and basil combo.

A classic Italian appetizer, bruschetta originated in 15<sup>th</sup> century Italy. Olive growers would grill bread over an open fire to taste their freshly pressed oil. The simple slice of toasted bread later evolved to include cheeses, meats, and olives.

Soft cheeses like goat cheese, ricotta, or brie can create a unique flavour. This recipe uses bleu cheese and slices of French bread, but you can also use ciabatta bread instead. Bruschetta can be served warm or cold as part of an appetizer platter.

Bruschetta pairs well with pastas and salads, grilled chicken, or fish. Leftovers can be refrigerated for two to three days in an airtight container.

**Prep Time:** 15 minutes

**Cook Time:** 10 minutes

**Servings:** 4 to 6

### Ingredients:

- 4 cups of chopped tomatoes
- 2 tbsps. chopped basil
- ¼ cup chopped red onion
- 6 tbsps. extra virgin olive oil
- 1 loaf of French bread

- ½ cup mayonnaise
- ½ cup crumbled bleu cheese
- ¾ tsp. dry mustard
- ½ tsp. salt
- ½ tsp. coarsely ground black pepper
- 1 tbsps. white wine vinegar

### Directions:

1. Preheat oven to 400 degrees Fahrenheit.
2. Slice French bread into ½-inch-thick slices and then cut into half. Lightly brush slices with olive oil on both sides, place on a baking sheet and bake in oven for 10 minutes or until lightly brown.
3. Prepare tomato mixture by mixing together tomatoes, red onion, basil, salt, pepper, 2 tbsps. of olive oil, and the white wine vinegar.
4. In a separate bowl gently mix together mayonnaise, mustard, and crumbled bleu cheese.
5. Spread the cheese mixture on the toasts then top with the tomato mixture. Garnish with fresh basil leaves and serve.

Bon Appétit!





**MLA Calgary  
Amanda Chapman**

106 – 8220 Centre St, NE

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☎ 403-282-7980 ✂ [amandachapman](mailto:amandachapman)

📱 @amandachapmandp

Dear Neighbours,

As the weather turns colder and the holiday season approaches, I want to wish you and your loved ones joy, peace, and time to rest and reconnect with family and friends.

I know that the past few months have been challenging, particularly with the recent teachers' strike and the government's decision to invoke the notwithstanding clause. Over the past weeks, many of you have reached out to share your concerns, your support, and your steadfast advocacy for educators. I am deeply grateful for your engagement and your commitment to a fair and compassionate community. To the families who have anxiety regarding education, rest assured our teachers are the very best and myself and my colleagues will continue to fight to get them the support they need to give our kids the start in life they all deserve.

I'll be looking forward to seeing you all at holiday celebrations across our communities. This season brings out the best of what it is to be Albertan, and I always love to see the community come together.

As we head into the new year, I remain dedicated to representing your voices in the legislature and working hard on the issues that matter most to our community. My team and I are always here to listen and support you in any way we can. Please don't hesitate to reach out.

Warm regards,

*MLA Amanda Chapman*



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media  
at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

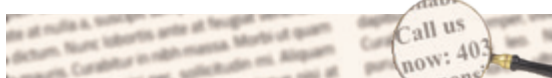
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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**TUTORING SERVICES BY EXPERIENCED TEACHER:** Certified Calgary teacher with 20+ years of teaching experience can tutor you or your child online or in-person in all grades, in the following subjects: Language Arts, Writing, Social Studies, English as a second language, IELTS Prep., etc. Please contact Maple Tree Education at 403-617-0830, or by email at [mapletreeduc@gmail.com](mailto:mapletreeduc@gmail.com).



# Knowing your risks could save your life.

Our free Risk Screen tool helps you understand  
your risks for heart disease and stroke.



**[heartandstroke.ca/riskscreen](https://heartandstroke.ca/riskscreen)**

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