

OCTOBER 2026

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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit
gofund.me/31fdeef6f

Any help is appreciated ♥



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- Remove all old materials from bathroom and job site
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- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

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- Supply & install one custom shower stall 60" x 30"
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- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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Number of Residents: _____ Children's Ages: _____

Date: _____ Signature: _____

May we put you on a list of volunteers? Yes No

Membership Fees are:

\$30 per household per year

Make cheques payable to Sandstone/MacEwan Community Association

Mail or deliver to:

300 - 8120 Beddington Blvd. NW, Calgary, AB T3K 2A8

Email: memberships@sandstonemacewan.com

***Memberships can be purchased
online at sandstonemacewan.com***

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Card # Issued: _____ New/Renewal

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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

SANDSTONE VALLEY



MACEWAN GLEN



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SANDSTONE MACEWAN

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RUNNER UP PHOTOS



*Bobcats Visit by
Susan Correia*



*Nice Kitties II by Janice
Anderson*

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Community Association

sandstonemacewan.com

Becoming a member is easier than ever!

Visit sandstonemacewan.com/join or
use your phone to scan the QR code
below - all proceeds go back to
supporting our community!



Halloween Safety

by Alberta Health Services



As a supporter of Calgary's Child Magazine's Partners for Safety initiative, Emergency Health Services (EHS) Alberta would like to remind parents and trick-or-treaters of important Halloween safety tips as October 31 approaches.

Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks or at well-lit corners. It is safest to work your way up one side of the street and then cross once to the other side.
- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home where you feel unsafe.
- Let your parents know where you are going and what route you plan to take. Let them know if you will be late returning home.

Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Predetermine the boundaries for trick-or-treating and

establish a time for children to return home.

- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with or are not properly wrapped.

Costumes

- Choose brightly coloured costumes that are highly visible. Adding reflective tape to costumes can further increase visibility.
- Consider sending your children with a flashlight for additional safety and visibility.
- When purchasing or making costumes, look for materials and accessories labelled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic makeup instead of masks that may impair breathing or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not extend below your child's ankles.
- Ensure your child is wearing adequate footwear that takes the weather conditions and walking into consideration.

Recycle More Packaging this October!



Calgary, get ready to recycle more! Starting October 1, 2026, you'll be able to recycle more household packaging than ever before. This includes:

- Flexible bags like chip bags, granola wrappers and coffee bags.
- Foam packaging like cushion blocks, meat trays, and egg cartons.
- Tubes like lotion tubes, deodorant and toothpaste.
- Food and body aerosols like cooking spray, hair spray and sunscreen.

Visit calgary.ca/recyclemore to see the full list of materials.

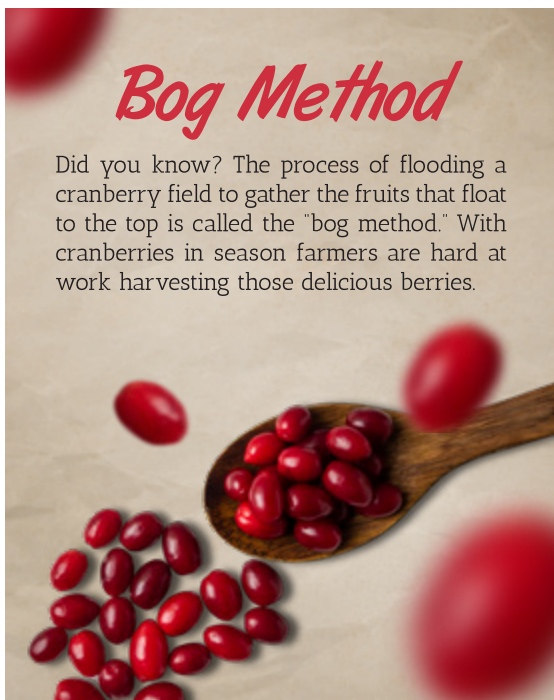
Block Party



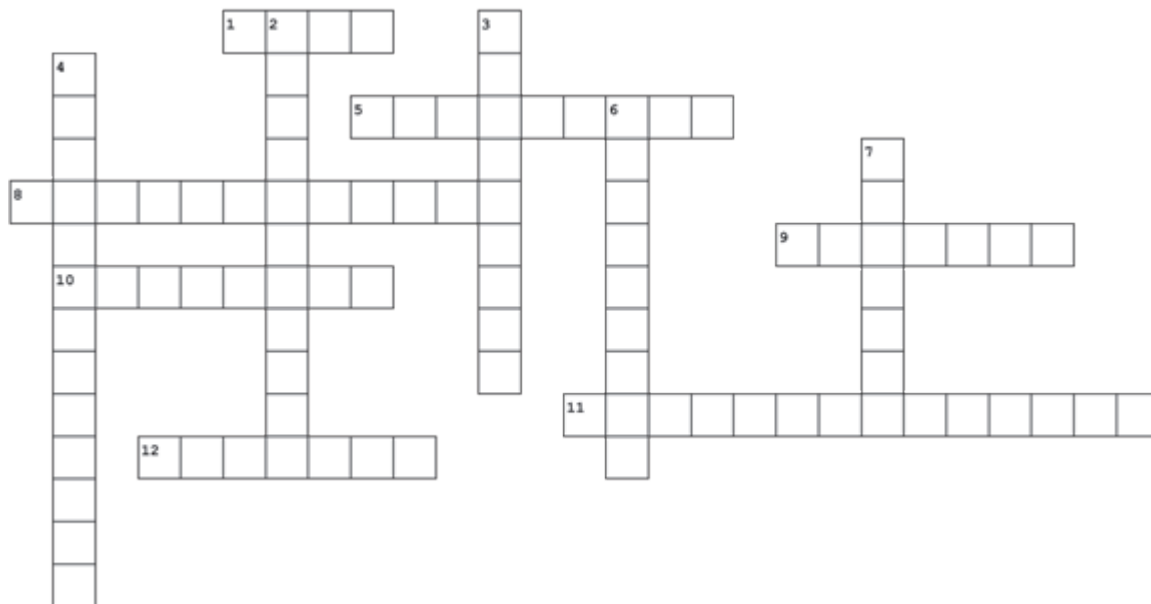
The block party included families in the Sandringham area of Sandstone. We had over 50 people in attendance. It was a wonderful time of connection with new and old friends! Special guests included 3-1-1 ambassadors, the Calgary Library Truck, Calgary Fire Department, and Councillor Andrew Yule. Sponsors included SMCA, 7-11, and Ken. Many neighbour volunteers made this amazing event come together! Thanks to everyone who pitched in before, during, and after! Special thanks to the planning committee: Petronella, Vicki, Noelle, Tim, Judy, and Sandra. Thanks so much to SMCA for sponsoring it!

Bog Method

Did you know? The process of flooding a cranberry field to gather the fruits that float to the top is called the "bog method." With cranberries in season farmers are hard at work harvesting those delicious berries.



October Crossword



Across

1. Known as October's birth stone, this iridescent gem is sometimes worn by artists to inspire creativity.
5. These tall, friendly faces are full of straw and often seen in the middle of corn fields.
8. Celebrated this year on October 12, this holiday encourages generosity, connection, and the consumption of a delicious meal.
9. This large orange squash is traditionally carved the night before Halloween
10. Twists and turns; this fall activity is generally held in large fields of a certain tall grain.
11. This Oscar-winning actress was the "final girl" in the classic horror movie series, *Halloween*.
12. Known as the Greek Goddess of harvest, she is the mother to Persephone.

Down

2. Bright red and sour, the seeds of this fruit were consumed by Persephone in Greek myths.
3. These bright yellow and red flowers are the birth flowers of October, representing joy, warmth, and remembrance.
4. Horace Walpole's *The Castle of Otranto*, published in 1764, is most famously known as the first novel of this literary genre.
6. "In Rainbows" an album released October 10, 2007, was the seventh studio album for this alternative rock band.
7. This monster has a variety of features but is most often depicted with long fangs and red eyes.





The City of Calgary presents this certificate to

SANDSTONE MACEWAN COMMUNITY ASSOCIATION



In recognition of your outstanding efforts in collecting
11515 KG
of waste during your community cleanup.

CONGRATULATIONS ON A SUCCESSFUL COMMUNITY CLEANUP
Thank you for your dedication to a safe and vibrant community.

Community Cleanup



Another Community Cleanup is officially in the books—or should we say, the landfill!

A huge thank you to all our amazing volunteers, SMCA, BHCA, Salvation Army, TechnoTrash, ALCOP Recycling, and the City of Calgary for helping make this rescheduled event a successful cleanup.



A big thumbs up to everyone for doing your part to keep your place—and our community—clean! Together, we made a difference.

News from the Friends of Nose Hill

In 1973, Calgary City Council voted to reserve 4,100 acres as parkland on the top and escarpments of the east end of Nose Hill. The result was a combination of vigorous and sustained political pressure due to the activities of citizen groups who promoted the creation of the park. The decision to acquire it was influenced by public and private lobbying, including civic servants. A citizens' task force was appointed by the City Parks and Recreation Board; their report identified Nose Hill as of the highest priority and should be immediately purchased outright. There was strong support for large natural areas when the Calgary Field Naturalists' Society completed their year-long study. Although the land had been a subject of speculation since World War I, the City was freed by provincial policy to plan for a major park on Nose Hill. The Calgary Municipal Airport, in the late 1950s, decided that Nose Hill was on a flight path, so that the Federal Department of Transport imposed a development ban. Some farmers had to relocate and during the 1960s' suburban sprawl, people believed the open space would remain, unless or until the jet soon replaced the propeller. The Calgary Planning Commission requested a sector plan for the Nose Hill Highlands from the City Planning Department. The North Hill Community Associations asked for a delay to help prepare the plan. Calgary Field Naturalists' Society, Society for Pollution and Environment Control, The Junior League, and Local Council of Women asked to speak at a Public Hearing, before City Council voted 11 to 2 to put a freeze on Nose Hill development. Read more of "Fish Creek and Nose Hill Parks: A case study in contrasting forms of public participation" by Harvey A. Buckmaster (1929 to 2018) and his wife Margaret who advocated for Alberta's special places. www.fonhs.org/xdocuments.html.

October's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

Write about a goal you achieved. What did you learn on the road toward the destination?

Dear reader,

I've learned that achieving a small goal can sometimes be a big deal. I'm the type of person who likes to set attainable goals. This way, after proving what I am capable of, I feel more motivated because it reminds me of my ability to grow. Achieving the first goal motivates me toward a new, more challenging goal. It makes me think, "Hey, since I hit that goal, why not go a bit further?"

My health and fitness journey has followed this path.

If you had asked me ten years ago if I'd be as committed to my fitness as I am now, I would not have believed it. Ten years ago, I had a five-year-old and a three-year-old. In other words, I was in the throes of parental exhaustion with no desire, time, or energy to commit to new fitness habits.

Once my kids were a more manageable age, life settled down, and I had both the desire and breathing room to work toward a fitness goal. I started small: two days a week of lifting weights at home. My goal at the beginning was to show up; not to lose weight, not to get jacked, it was simply to form the habit. This was motivating for me because I learned that I could feel a sense of accomplishment just from checking a box.

What happened next was quite interesting. After a while, I liked it and slowly built my routine to exercise three days a week, then four, and so on. Not only did I begin to look forward to working out, but I also felt more energetic, slept better, and had more self-confidence. I realized the previous bias I held that exercise was a chore was incorrect. I came to realize that it is a wonderful treat I need to feel whole.

This experience taught me to be open to new challenges and reinforced the importance of noticing how I perceive them. Sometimes my negativity or fear isn't justified, and it holds me back. I also learned that when I start small and build on goals, it helps lock them in on autopilot.

Your turn! Write in your journal or to your pen pal about a goal you achieved and what you learned.

Happy writing,

Michelle

Write It Forward



Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.



Thank you

Dear Sandstone Community,

On behalf of The Salvation Army Thrift Store, we would like to extend our sincere gratitude to you for your recent donation event. We collected 1953 lbs of reusable items.

Your support makes a meaningful difference, and we are truly grateful.

Your generosity helps us provide vital programs and services to those who need them most—food banks, shelters for people experiencing homelessness, rehabilitation for those struggling with addictions, children camps, and emergency relief efforts.

Beyond meeting urgent community needs, your donation also makes a meaningful environmental impact. By giving items a second life, you help reduce waste, promote sustainability, and support a more circular economy.

Thank you once again for your commitment to supporting our purpose, and helping us care for our communities and the planet we share.

Sustainably Yours,



Tonny Colyn
National Director Business Development and

**Together with Your Donation,
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85,720,852 lbs
from local landfills



47,772,671 lbs
of clothing & textiles



15,563,797 lbs
of household items



8,857,756 lbs
of books, paper & pulp



9,826,250 lbs
of electronics



3,700,378 lbs
of metal

Through this diversion¹:

869,019
Tonnes of carbon
emissions
were displaced

143,864
Kilolitres of water
were saved

All of which is equivalent to¹:

39,913,833
Trees planted

188,917
Cars removed
from the road

Statistics from our 2025-2026 Impact Report

1. Latham, C., 2021 "Emissions Coefficients for Residential Non-Hazardous Waste Streams" Data source: Eco-Invent v3.8

Simple acts make a big impact



**THRIFT
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Planning and Development Services are Gathering Community Feedback



The City of Calgary is conducting a Planning and Development Public Service Satisfaction Survey to better understand the experience of Community Associations and how information from the City related to local planning and development is used. Feedback will be reviewed to improve City service offerings. Comments and suggestions aim to help improve:

- The clarity and accessibility of planning information available to the public.
- The types of information related to planning and development provided by the City.
- How we communicate opportunities for public participation.
- Overall experience of interacting with our services.

Complete the survey at calgary.questionpro.ca/CalgaryPlanningSurvey until December 31. The survey is available online only and can be completed anytime. It will take approximately 5 to 20 minutes to complete depending on your responses, and your participation is entirely voluntary. Answers and comments will remain confidential, and you will not be personally identified. For more information about our survey and to register for the Partners in Planning (PIP) free certificate program that helps you understand how planning and development works in your community, go to calgary.ca/planning/planning-liaison-program.

Fire Prevention



Join the Calgary Fire Department during Fire Prevention Week.

Learn about the dangers of lithium-ion batteries and how to use, store, and dispose of them safely. Lithium-ion batteries power everyday electronics such as phones, laptops, power tools, and e-bikes and can cause fires or explosions if not used correctly.

Did you know?

- Battery fires at City landfills and recycling facilities are increasing due to improper disposal, with over 50 fire incidents reported at City landfills and recycling facilities in 2025.
- In 2025 alone, Calgary has seen estimated fire-related property losses of over \$32 million due to lithium-ion battery fires.
- An estimated 88 per cent of estimated losses due to battery fire since 2015 have already occurred in 2025 alone.

Fire Prevention Week runs from October 4 to 10 and your local firefighters are hosting several community events to help Calgarians stay safe when using or disposing of lithium-ion batteries. To learn more, visit calgary.ca/firepreventionweek.

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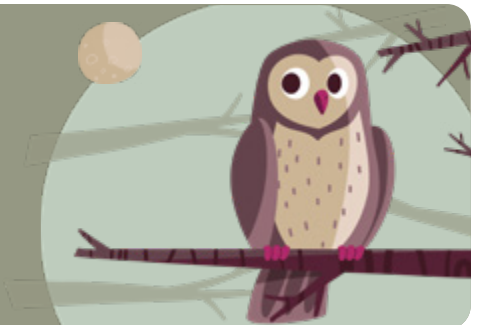
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Hooting Season

Who's That Calling?

Did you know that autumn is a great time to hear owls? Known as hooting season, owls hoot more frequently to claim and defend territory and find mating partners. The cooler, quieter nights of fall also helps the sound of their hoots carry farther!



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