

OCTOBER 2023

DELIVERED MONTHLY TO 4,660 HOUSEHOLDS

# your THORNCLIFFE GREENVIEW



RESERVE  
THIS SPACE



GET  
NOTICED

**GREAT NEWS MEDIA**  
LEADERS IN COMMUNITY FOCUSED MARKETING

Contact us at 403-720-0762  
[grow@greatnewsmedia.ca](mailto:grow@greatnewsmedia.ca)



In General Family Practice for Over 35 Years

*New patients always welcome!*

All office fees compliant with or lower than current Alberta Dental Fee Guide

- Oral Surgery
- Crowns & Bridgework
- Teeth Whitening

**Insurance Direct Billing**

**403-275-9255**

*deerfootdental@gmail.com*

Monday	9 am - 4 pm	
Tuesday to Thursday	9 am - 7 pm	By
Friday	9 am - 3 pm	Appointment
Saturday	9 am - 4:30 pm	

*www.deerfootdentalcentre.ca*

Second Floor, 971 - 64 Ave NE    Down the hallway from Original Joe's Restaurant

\*Denotes Prof. Corp.

BCM

## BEDDINGTON CHIROPRACTIC & MASSAGE

Less than 10 minutes from Thorncliffe!

Time to check  
in with your  
health and visit  
BCM.

### Why come see us?

- Back pain
- Neck pain
- Pregnancy pain
- Preventative care
- Car accident injury
- Kids/teens injuries
- Seniors (Arthritis)
- Headaches

### What we offer:

- An incredible team of five chiropractors
- Six fully registered massage therapists
- Scheduling availability and online booking ([myBCMclinic.com](http://myBCMclinic.com))
- Direct billing to major insurers
- Free parking

Don't forget to  
use your  
health benefits  
this year



# OFFICIAL



PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

Service Call Fee



**403-837-4023**

info@officialplumbingheating.ca  
official-plumbing-heating.ca

Proudly owned in *Calgary* serving Calgary businesses



**CALL 403.279.5554**



109 - 10836 24th Street SE



### MATS

Commercial mat rentals  
and purchases



### HOSPITALITY SERVICES

Linens for tables, chairs, and  
napkins. Laundry and  
pressing services



### WORKWEAR

Workwear and cleaning of  
uniforms and coveralls



### CLEANING

One-stop service for cleaning  
supplies and paper products

[calgarymatandlinen.com](http://calgarymatandlinen.com)

## Save Today for Their



# Tomorrow

### What is a Registered Education Savings Plan (RESP)?

An RESP is a smart way to begin saving for your child's or grandchild's education after they finish high school. It's a savings plan that's meant for the long term.

- Parents, grandparents, and family friends can open a no fee RESP account to save for a child's future.
- Families can receive up to \$2,000 free from the Canadian Government.

**RESP support is available for individuals, groups, and agencies.**

Carya can help you open a free RESP account. You'll receive a \$20 gift card for helping your child grow their future.



For more information, call 403-536-6558 or email  
[FinancialWellness@CaryaCalgary.ca](mailto:FinancialWellness@CaryaCalgary.ca).



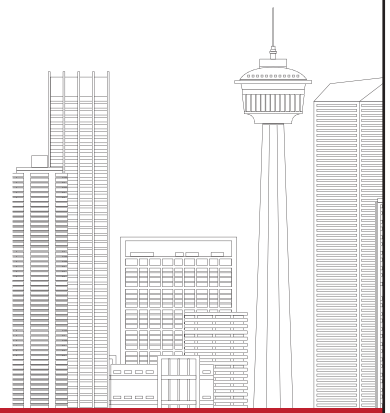


# My Calgary

MyCalgary.com is a community news website dedicated to profiling local events, activities, perspectives, wellness, culture, and lifestyle content.

## Available monthly by community:

- Community Real Estate Stats
- Digital Community Newsletters
- Community Crime Stats
- Politician Reports
- Community News/Content
- Local Classified Ads



 @MyCalgary\_ | 
  MyCalgary | 
  @My\_Calgary  
[news@mycalgary.com](mailto:news@mycalgary.com) | 403-243-7348

Made by Great News Media

Scan to visit MyCalgary.com



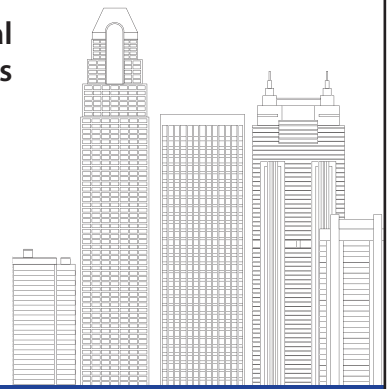
# GREAT NEWS MEDIA

## LEADERS IN COMMUNITY FOCUSED MARKETING

Great News Media has helped thousands of local companies market, advertise, and create awareness of their business, products, and services.

To advertise with us,  
 call 403-720-0762 or email  
[sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

Scan for an advertising quote



 @greatnewsmedia

 great-news-media

Visit our YouTube channel to learn about the latest in print and digital marketing!





# CONTENTS

---

- 6 NEWS FROM THE FRIENDS OF NOSE HILL
- 9 SAFE AND SOUND: HALLOWEEN SAFETY
- 11 OCTOBER CROSSWORD
- 12 TAKE ON WELLNESS: EAT TO LOWER YOUR RISK OF DIABETES
- 15 BUSINESS CLASSIFIEDS



**SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

**THORNCLIFFE**



**GREENVIEW**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.





## News from the Friends of Nose Hill

by Anne Burke

*Exploring Nose Hill: A Hands-On Field Guide* by Jill Kirker and Diana Kary was published by Grassroots NW: Environmental Awareness Society; it offers an introduction explaining why people should study Nose Hill Park and “how to” use this guide. There are maps of tours such as the NW Interpretive one and those of Meadowlark Prairie, Many Owls Valley, Wintering Hill, (Buffalo) Rubbing Stone Hill, and Porcupine Valley. After Nose Hill geology and an erratic boulder as part of a glacial lake, there is more about Nose Hill human history.

Check out tepee rings, native stories, the Blackfoot Nation, and exploration and settlement. The six habitats are fescue grasslands, previously cultivated land, shrubs, aspen groves, gravel, and wetlands. Suggested activities are for biodiversity, prairie field study, a mural of the prairie community, a grasslands species and food web, or hands-on weed control. With so many animal types there are also activities related to grouse, raptors, bird migration, ants, grasshoppers, gophers, ground squirrels, and mule deer on the Island Game. Learn more about the food chain, ecosystem, and sampling life in the pond-area wetlands. Studies can lead to other native grass areas of Calgary and designing wildlife corridors. Another important topic that is touched on is the world-wide issue of endangered species and grasslands.

Phase 2 engagement begins in October focusing on Calgary’s 20-year plan for how we develop, redevelop, and manage parks. Fall 2023 feedback will be on public park policies. Input is also needed from businesses, agencies, and organizations. A ‘What We Heard’ report from Phase 2 will be published in winter 2023. Phase 3 engagement will inform a draft plan. By spring 2024, the ‘Connect: Calgary’s Parks Plan’ will be final and then presented to City Council in summer 2024. Have your say at <https://engage.calgary.ca/parks-plan>.



Fresh Jock

## No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



### OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with – this includes odour causing bacteria and illness causing viruses, like staph infections.

**CALL US TODAY AT**  
**403-726-9301**  
**calgaryfreshjock.com**

# The Calgary Zoo: Past and Present

by Anthony Imbrogno, a volunteer with The Calgary Heritage Initiative Society/Heritage Inspires YYC

It's autumn – fall colours are out and days are noticeably shorter. Before the snow falls, it's time to visit the Calgary Zoo!

The Zoo is located on St. George's Island. In 1887, the Bow River islands were leased for development as parks. A ferry serviced them from 1891 until St. George's Zoo Bridge was constructed in 1908.

An animal park popped up in 1917, which became the Calgary Zoo in 1929. Dr. Omer Patrick from Ontario practiced medicine in Michigan before arriving in Calgary to develop Drumheller's coal fields. He took an interest in the city's beautification and natural spaces and was the founding president of the Calgary Zoological Society, until 1944.

An early addition to the Zoo was "Dinosaur Gardens." Lars Willumsen (president of the Zoological Society, 1959 to 1965) suggested it to Dr. Patrick after visiting a dinosaur park in Hamburg, Germany. Work on Calgary's Natural History Park began in 1935. German sculptor Dr. Charlie Beil designed the first dinosaurs, with Finnish engineer Aarne Koskelainen and Finnish sculptor John Kanerva constructing them.

The only survivor of these 56 pieces is Dinny the Dinosaur. In 1983, Prehistoric Park was created north across the river to make room for more animal enclosures. The original concrete figures were too costly to move during the recession. They were destroyed and replaced with fibreglass ones. To preserve the 110 tonne Dinny, it was designated a provincial historical resource in 1987 and recently underwent repairs thanks to donations from Calgarians.

Part of Calgary's conservation heritage is the Zoo's work. The Calgary Zoo is the oldest registered charity in Alberta (since 1967). It was among the first in Canada accredited by three zoo associations, who provide support for animal care, conservation, and environmental education. In 2013, the Association of Zoos and Aquariums wrote, "the Calgary Zoo sets itself apart as one of the top zoos in the world."

The Zoo continues its conservation work as part of the Wilder Institute and is a prime destination for enjoyment and education. A favourite is ZOOLIGHTS, a holiday tradition for many that celebrated its 25th anniversary in 2021.

\* All copyright images cannot be shared without prior permission



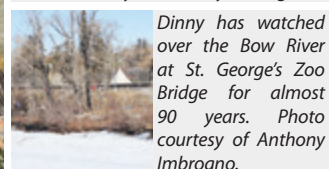
<https://digitalcollections.ucalgary.ca/asset-management/2R3BF1X4XGAO?WS=PackagePres>. "Dinosaur at St. George's Island Natural History Park, Calgary Zoo, Calgary, Alberta.", [ca. 1940-1945], (CU1216466) by Unknown. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.



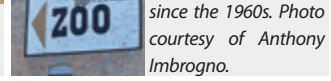
[https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FYT05F?WS=PackagePres&FR\\_1&W=1536&H=656](https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FYT05F?WS=PackagePres&FR_1&W=1536&H=656). "John Kanerva, dinosaur builder, Calgary, Alberta.", 1956-11, (CU1139955) by De Lorme, Jack. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.



Donations from Calgarians have preserved Dinny for future generations. Photo courtesy of Anthony Imbrogno



Dinny has watched over the Bow River at St. George's Zoo Bridge for almost 90 years. Photo courtesy of Anthony Imbrogno.



Yogi Bear has directed Calgarians to St. George's Zoo Bridge since the 1960s. Photo courtesy of Anthony Imbrogno.



<https://www.dreamstime.com/zoo-lights-heralds-christmas-season-calgary-alberta-canada-zoo-lights-heralds-christmas-season-calgary-alberta-canada-image204322376>. ZOOLIGHTS heralds the Christmas season, Calgary, Alberta, no date. ID 204322376 © David Butler | Dreamstime.com. Editorial license paid.



## Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business

Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep “tunnel” around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

### Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a “memory” so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

### The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

## Nature's Philosophy

by Victor Timmons



Nocturnal birds in sibilant causerie  
Forest creatures in distant revelry  
While nature's blanket dims their rivalry  
And stills the air to peaceful reverie

How brief is this tranquillity  
As hostile meetings in darkened shrubbery  
Remind, if only momentarily  
That man alone enjoys in camaraderie

## A HALLOWEEN DISGUISE

Halloween costumes have been around for over 2,000 years! This tradition began with the Celtic festival of Samhain, which marked the end of harvest season. It was believed that on October 31, spirits could walk the Earth. To honour the spirits and keep themselves safe by blending in, Celts donned disguises made of animal heads and skin.





## Halloween Safety

from Alberta Health Services



The members of Calgary's Partners for Safety: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 911, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

### Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

### Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

### Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.



## Thorncliffe Real Estate Update

Last 12 Months Thorncliffe  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$539,900.00	\$533,000.00
July 2023	\$437,000.00	\$423,500.00
June 2023	\$525,000.00	\$519,500.00
May 2023	\$448,000.00	\$458,000.00
April 2023	\$429,900.00	\$425,000.00
March 2023	\$260,000.00	\$270,000.00
February 2023	\$459,950.00	\$466,799.50
January 2023	\$537,450.00	\$520,000.00
December 2022	\$399,900.00	\$390,000.00
November 2022	\$324,900.00	\$314,750.00
October 2022	\$449,900.00	\$439,000.00
September 2022	\$429,000.00	\$410,000.00

Last 12 Months Thorncliffe  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	14	15
July 2023	15	12
June 2023	16	13
May 2023	19	23
April 2023	12	13
March 2023	19	13
February 2023	11	10
January 2023	6	6
December 2022	8	9
November 2022	5	4
October 2022	7	15
September 2022	11	11

To view more detailed information that comprise the above  
MLS averages please visit [thor.mycalgary.com](http://thor.mycalgary.com)

## Greenview Real Estate Update

Last 12 Months Greenview  
MLS Real Estate Sale Price Update

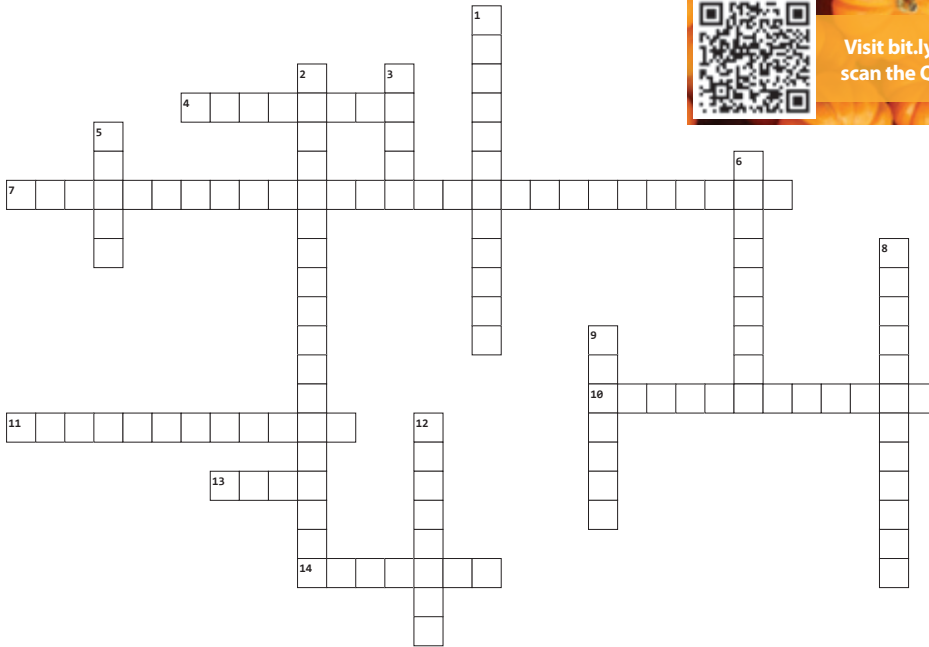
	Average Asking Price	Average Sold Price
August 2023	\$205,000.00	\$197,000.00
July 2023	\$189,000.00	\$195,500.00
June 2023	\$189,500.00	\$186,000.00
May 2023	\$199,900.00	\$175,000.00
April 2023	\$194,900.00	\$188,500.00
March 2023	\$148,000.00	\$140,000.00
February 2023	\$174,900.00	\$170,000.00
January 2023	\$234,350.00	\$237,900.00
December 2022	\$155,000.00	\$149,000.00
November 2022	\$262,450.00	\$255,000.00
October 2022	\$209,900.00	\$205,000.00
September 2022	\$164,950.00	\$159,950.00

Last 12 Months Greenview  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	7	7
July 2023	10	9
June 2023	5	7
May 2023	10	7
April 2023	2	5
March 2023	4	5
February 2023	5	6
January 2023	5	4
December 2022	5	2
November 2022	6	4
October 2022	3	3
September 2022	3	4

To view more detailed information that comprise the above  
MLS averages please visit [gree.mycalgary.com](http://gree.mycalgary.com)

# October Crossword



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## Down

- In October of 2018, the longest postseason Baseball World Series game took place; the LA Dodgers beat the \_\_\_\_\_ after 7 hours and 20 minutes.
- Every fall, these majestic, winged insects migrate 4,000 kilometres from Canada to Mexico.
- Born on October 24, 1986, this Canadian rap artist rose to fame on the television drama, *Degrassi*.
- In the Middle Ages, this was used to sweeten candy.
- This traditional Halloween candy was originally called 'Chicken Feed.'
- Hailing from Transylvania, Vlad the Impaler served as inspiration for novelist Bram Stoker's blood-thirsty protagonist, \_\_\_\_\_.
- In North America, this fruit becomes very popular in October.
- Harvested in October and November in Canada, these legumes are a complete protein, meaning that they have all nine essential amino acids.

## Across

- Published on October 27, 2016, this novel by Naomi Alderman depicts a world where females develop the ability to release an electrical charge from their fingers, thus becoming the dominant sex.
- Released on October 29, 1993, this stop-motion film, written by Tim Burton, is a Halloween classic.
- Born on October 9, 1823, \_\_\_\_\_ was the first woman to own and publish her own newspaper, *The Provincial Freeman*, in Canada.
- Observed on October 11, International \_\_\_\_\_ aims to celebrate and empower young girls while advocating for their rights and recognizing the unique challenges that they face.
- October's official birthstone and Australia's national gemstone.
- This 2,000-year-old Celtic festival marks the end of harvest and honours the spirits that are believed to walk the Earth on this day.

# Eat to Lower Your Risk of Diabetes

from Alberta Health Services



Diabetes is when your body cannot properly use and store the sugars broken down from food. This can lead to high blood sugar. There are many treatments available, including medication, physical activity, and healthy eating. Making healthy food and lifestyle choices may help lower your diabetes risk. It may also help you manage diabetes if you already have it.

- Eat regularly to keep energized throughout the day. It can be helpful to eat earlier in the day.
- Eat a variety of vegetables each day. It may lower your risk of getting diabetes or heart disease.
- Try filling half your plate with a variety of vegetables at every meal.
- Snack on carrots or celery sticks.
- Use spinach as a topper on your pizza.
- Add vegetables to your sauces. Try adding bell peppers to your marinara sauce, and zucchini strips to your pasta noodles.

- Include at least two types of vegetables at each meal. Try a Mediterranean Salad with Cheese recipe. It is full of vegetables, fibre, protein, and unsaturated fats.
- Try eating different coloured fruits and vegetables every day.
- Make water your drink of choice and limit sugar-sweetened drinks. The added sugars in drinks such as pop can add extra calories. Extra calories over time may increase risk of obesity, which can increase your risk of chronic diseases including diabetes.
- Choose a diet or sugar-free option instead of regular pop.
- Choose sparkling water instead of regular pop.
- Fill a bottle with water and carry it with you so you get in the habit of choosing water to drink.

Making healthy food choices can lead to long-term health. Start with making small changes. For more tips on how to make healthy eating a habit, call Health Link at 811 to speak with a dietitian.



With Momentum's Money Management workshops, you can

## Learn to budget and manage your debt

[momentum.org/money-management](https://momentum.org/money-management)

Complete a workshop and be entered to win a \$200 grocery gift card!







### Exploring Calgary's Historical Gems Through an Interactive Map

Dear Ward 4 Residents,

Calgary's rich history, woven with stories, architectural marvels, and iconic landmarks, has played a pivotal role in shaping the city's character. Experience the unveiling of this captivating narrative by delving into the Inventory of Evaluated Historic Resources Map. This remarkable online resource showcases over 900 heritage sites and assets scattered across Calgary. Embark on an enthralling journey through time as you engage with the interactive map, easily accessible at <https://maps.calgary.ca/HeritageInventory>, it is also mobile-friendly! For more cartographic treasures from the City of Calgary, explore the Map Gallery at [www.maps.calgary.ca](http://www.maps.calgary.ca).

### Prioritizing Fire Safety During Fire Prevention Week

As the crisp embrace of autumn envelops us and the aromas of comforting cuisines fill our kitchens, the joy of cooking is rekindled. Yet, in this gastronomic delight, let us not overlook our paramount duty toward fire safety. From October 8 to 14, the Calgary Fire Department (CFD) takes pride in observing Fire Prevention Week, spotlighting the theme, "Cooking safety starts with you. Pay attention to fire prevention."

A glaring reality is that cooking-related incidents take the lead in indoor fires and injuries within Calgary. The CFD ardently advocates for everyone to make safety a focal point in the kitchen. Essential precautions include never leaving cooking unattended—employ timers as reminders, and when leaving the kitchen, ensure burners are off.

Furthermore, swivel pot handles away from the stove's edge and keep a lid and oven mitt in proximity to swiftly stifle minor grease fires. A designated one-meter "kid- and pet-free zone" encompassing cooking spaces, toys excluded, aids in preventing mishaps. Additional tips encompass keeping flammable objects distant from the stovetop, educating children about hot surfaces, grilling outdoors with ample space, and cautious use of microwave ovens.

Incorporate these guidelines to safeguard your abode and loved ones. Together, we can maintain our kitchens as sanctuaries of delight and solace, free from the specter of flames. For detailed information, visit [calgary.ca/firepreventionweek](http://calgary.ca/firepreventionweek) or dial 3-1-1.

Thank you for your attention.

Best regards,  
Sean Chu

I'm looking forward to all that October has to offer in Calgary-Klein and at the Legislature. As we move into session, I'll be attending community events and will have many opportunities to chat with you - the members of our community.

Please let me know if you'd like me to join you at a community event, school event, non-profit event, or Community Association Meeting. Get in touch with our office and we will do our best to attend!

I'm humbled to represent the communities of Calgary-Klein in the Alberta Legislature as a member of His Majesty's Official loyal opposition. I eagerly anticipate working with my colleagues as we work to represent you. We will keep you updated on our activities via social media and through these newsletters.

Did you know? You can request anniversary and birthday certificates from your MLA by contacting our office or going to <https://www.assembly.ab.ca/members/related-resources/congratulatory-certificates>.

As always, I'm excited to hear from you. Please keep in touch via our office.





# Hate Your Renewal Rate? Call Me!

Expert advice  
Excellent rates  
Many options  
Better mortgages



**ANITA** 403-771-8771  
anita@anitamortgage.ca

Licensed by Avenue Financial

## CRIME STATISTICS



### Thorncliffe Crime Activity was Up in July 2023

The Thorncliffe community experienced 12 crimes in July 2023, in comparison to 9 crimes the previous month, and 24 crimes in July one year ago. Thorncliffe experiences an average of 13.8 crimes per month. On an annual basis, Thorncliffe experienced a total of 165 crimes as of July 2023, which is down 33% in comparison to 247 crimes as of July 2022. To review the full Thorncliffe Crime report visit [thor.mycalgary.com](http://thor.mycalgary.com).

### Greenview Crime Activity was Up in July 2023

The Greenview community experienced 7 crimes in July 2023, in comparison to 1 crime the previous month, and 5 crimes in July one year ago. Greenview experiences an average of 5.3 crimes per month. On an annual basis, Greenview experienced a total of 64 crimes as of July 2023, which is down 3% in comparison to 66 crimes as of July 2022. To review the full Greenview Crime report visit [gree.mycalgary.com](http://gree.mycalgary.com).

*How To Report Crime In Thorncliffe | Greenview: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at [crimestoppers.ab.ca](http://crimestoppers.ab.ca), or text tttTIPS to 274637.*

## BRAIN GAMES

## SUDOKU

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3		2			9			4
				1	8			
		8	7	6				

SCAN THE QR CODE FOR THE SOLUTION



## Fall of the Leaf

In Canada and the US, the season between summer and winter is typically called 'fall.' In the UK, the term 'autumn' (derived from the French word 'automne') is preferred. However, up until the 17th century, the UK also used the term 'fall' as it comes from the Old English word 'feallan,' which means the "fall of the leaf."

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**THORNCLIFFE | GREENVIEW MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**RESIDENTIAL/OFFICE CLEANERS:** Trained; bring own supplies; over 15 years' experience in Calgary area; trusted; reliable; reasonable rates. 403-819-0807.

**ENGLISH TUTOR:** Teacher with 25 years of experience has immediate openings for one-on-one tutoring at Thorncliffe Library. Specializing in ELA 30-1/-2 diploma prep, ELA and social studies course support grades 7-12, reading, writing, base skills, grade 9 PAT prep, college/university English course support, editing, AP and IB course support/exam prep. \$50/hour. Send a detailed text to 587-438-1698 or email darcy.burtch@gmail.com.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

**FALCONER HANDYMAN SERVICES LTD:** Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**HAIR BY TIA:** A licensed home-based hair salon located in the heart of Huntington Hills. Book now for any haircut or colour service. I specialize in colour, fun colour, hair makeovers, balayage. Call 403-305-7041. Email Hair.by.tia@hotmail.com. Portfolio on Facebook Hair.by.tia.yyc.

**SENIORS 55+ DROP-IN CURLING:** The Huntington Hills Community Association (520 78 Ave NW) Seniors Drop-in Curling League is looking for experienced curlers. We play Wednesday and Friday mornings. You must be at the rink by 9:15 am to participate. \$8 per game. Curling starts October 4. Email davejlaporte@shaw.ca for more information.

**ADAIR TREE CARE LTD. PROFESSIONAL ARBORISTS:** Calgary's trusted arborists since 1997. Expert tree pruning, removal, stump grinding, pest and disease management, fertilization, and planting. We love your trees! 403-686-6030, www.adairtreecare.com.



**mybabysitterlist**

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.



# *Advertising with us is un-be-leaf-able!*

**ACQUIRE AND RETAIN NEW CUSTOMERS.**

Your Ad Geofenced Precisely in Your Target Market  
on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)



SCAN ME

**GREAT NEWS MEDIA**

LEADERS IN COMMUNITY FOCUSED MARKETING