

JUNE 2025

DELIVERED MONTHLY TO 3,000 HOUSEHOLDS



TRIWOODtrumpet

THE OFFICIAL CHARLESWOOD, COLLINGWOOD & FOOTHILL ESTATES COMMUNITY NEWSLETTER



**Need Mortgage Solutions?
We've Got You Covered!**

Prime, Alternative, Reverse – We Do It
All! Let Us Find Your Perfect Fit Today!



403-771-8771

anita@anitamortgage.ca

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee

403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

SWANBY LAW NANCY A. SWANBY

• Barrister • Solicitor • Mediator

Wills & Estates Planning and Estate Administration
Collaborative Family Law
Residential Real Estate

Wills, Enduring Powers of Attorney, Personal
Directives, and Probate

Suite 226, Market Mall Professional Centre
4935 – 40th Avenue NW Calgary, AB T3A 2N1
Direct Line: (403) 520-5455
Facsimile: (403) 984-4842
e-mail: nancy@swanby.com
(house calls and after-hours appts. still available)



**Your Patio Furniture
Superstore!**

YETI

Wicker Land Patio

weber

TRAEGER

RATANA

BBQ LAND

**Modern
Patio**

Located Three Blocks East of Chinook Mall

6125 Centre Street S, (403) 258-2506

WickerLand.ca

**YOUR PREMIER REALTY EXPERT
WITH A SENIOR REAL ESTATE SPECIALTY!**

**BUYING OR
SELLING?**

**AFY FEREIDOONI
REALTOR®**
SRES™ (SENIOR REAL ESTATE SPECIALIST)

RE/MAX
REALTY INC.

CALL NOW
403.402.7503



CONCRETE COTERIE

403-816-0965
cityandvillageco@gmail.com

*All Triwood residents receive the
friendly neighbourhood 10% discount.

Joke of the Month



Why was the cellphone
scared to go to
the dentist?

He didn't want him to
remove his blue tooth.



Located near Brentwood Village Mall

French Immersion Preschool

Morning & Afternoon Classes for Children Ages 3-5
No previous French experience required

REGISTER TODAY!

(403) 815-4063

www.la-coccinelle.ca

registrar@la-coccinelle.ca

@lacoccinelleyyc

@lacoccinellepreschool



Everything You Should Know About June!

The month of June brings beauty in all forms, from flowers to sunlight.

On June 11th it is the full moon, or as some people call it, the **Strawberry Moon**.

June 20th is the **Summer Solstice**, which is the start of summer in the Northern Hemisphere. It is the day with the most hours of daylight. Take advantage of those extra hours of daylight to promote self-care and spend time outside with those you cherish.

Don't forget, June 15th is **Father's Day**. A day where you can celebrate dad and show him how much he means to you. *This June, take some time to celebrate dad and enjoy all the pleasures the start of summer has to offer.*



Scan QR code to view our June deals.

9, 728 Northmount Drive NW | Calgary, AB | T2K 3K2
403.289.9181 | CAMBRIANPHARMACY.COM





Confederation Park 55+ Activity Centre

Activity Centre for all adults 18 years of age & older
Located in the Triwood Community Centre



Upcoming Events for June

PLEASE REGISTER: call 403-289-4780 or visit yycseniors.com/events. All events are 18+.

Jun 4 - (12:30-2:00) Free Presentation: AHS Blue Cross YYC Homecare

Jun 6 - (10:00-2:30) Seniors Information Fair (Free) All kinds of information around seniors.

Jun 9 - (11:15-12:30) Free Presentation: Bone Building: Exercises to Improve Bone Density

Jun 10 - (10:00-11:30) Free Presentation: Psychological Health and Wellbeing

Jun 16 - (11:15-12:30) Free Presentation: When Do I Need to Move out of my House

**Jun 17 - (10:00-11:00) Free Presentation: Community Space at Creekside Shopping Plaza
We need your input for a new project!**

Jun 20 - (12:00-1:30) Free Presentation: Savvy Spending

Jun 18-20 - (9:00-2:30) Donation and Sorting Days for Garage Sale (If interested Volunteering please call the office)

Jun 21 - (8:00-2:00) Garage Sale

Jun 23 - (11:15-12:30) Free Presentation: Benefits of Gardening

Jun 24 - (10:00-12:00) Conversation Cafe - Topics around Dementia

Jun 30 - (11:15-12:30) Free Presentation: Unlock Restful Nights

Note: for any presentations where there are exercises please wear comfortable clothing and footwear.

WATCH FOR ADDITIONAL PRESENTATIONS AND EVENTS ON OUR WEBSITE!

Email info@yycseniors.com to join our email list!

Confederation Park 55+ Activity Centre, 2244 Chicoutimi Dr NW, T2L 0W1
info@yycseniors.com | 403-289-4780 | yycseniors.com | FB @yycseniors

**JOIN US AND STAY ACTIVE, STAY ENGAGED
AND ENJOY EVERY MOMENT!**



News from the Friends of Nose Hill

by Anne Burke

We are celebrating the 10th Anniversaries of the City Nature Challenge and of iNaturalist Canada. The 7th Annual Calgary City Nature Challenge was on April 25 to 28, 2025. So far, the previous year was most successful with 13,000+ observations. Other micro bioblitzes will happen all this summer. The iNaturalist platform is being used to help provide up to date records of the occurrence of the flora and fauna of Nose Hill with particular emphasis on the native vascular and nonvascular plants, fungi, birds, mammals, butterflies, moths, and bees.

Nature Calgary is a community that promotes the preservation of natural habitats, provides educational opportunities, and supports the collection of natural history observations. This year, the group is focusing their efforts on Nose Hill and Bowmont Park. We were contacted to encourage our members to take pictures of the Nose Hill biota (animal and plant life of a particular region, habitat, or geological period) and submit the photographs to <https://inaturalist.ca/projects/nose-hill-park-bioinventory>.

The goal is to publish an updated version of "The Green Book" in time for its 50th Anniversary and to monitor the changes in eleven Calgary Natural Areas. Whenever you visit a park, you can upload your observations to eBird and there are links to all these Parks at <https://inaturalist.ca/>. The project is being spearheaded by Nature Calgary and the Native Plants Council of Alberta - Calgary Chapter. In 1980 "The Green Book" was called "Calgary's Natural Areas: A Popular Guide" as one of the City's most extensive repositories of biodiversity. The first of its kind when data collection began in 1975, it was cited during the planning and creation of several of our Natural Parks. Many contributions provided by citizen scientists will add to the accuracy of the new publication and are greatly appreciated.

ADULTS & SENIORS

PICKLEBALL CLASSES

STARTED **21** MAY

TWO SLOTS
WEDNESDAYS

1) 10AM-11:30AM
2) 11:45AM - 1:15PM

TRIWOOD ARENA

TRIWOODCOMMUNITY.COM

STAMPEDE BREAKFAST

SUNDAY, JULY 6TH ★ 9AM-1 PM

- ★ FREE PANCAKE BREAKFAST
- ★ ANTIQUE CAR SHOW'N'SHINE
- ★ WAGON RIDES
- ★ LIVE MUSIC BY CRYSTAL MCGRATH
- ★ LINE DANCING

TRIWOOD COMMUNITY ASSOCIATION

TWC Directory

| | |
|-------------------------------|---|
| President | Mark Whiteman |
| Vice President | David Fong |
| Treasurer | Carlos Alonso de la Paz |
| Members at Large | Sandra Rhead, Jim Heck, Lynn Greig, Danielle Tse, Jordan Crone, Mara Pratt, Dean Stewart and Shannon Harrington |
| Executive Director | Chad Geiger |
| Accountant | Randy Dalgeish |
| Administrator | Olivia Fong |
| Operations and Events Manager | April Morlidge |
| Arena and Facilities Manager | Jim Pilling |
| Programs Coordinator | Mackenzie Spong |
| Community Engagement Manager | Shivani Gibbs |
| Scouts Coordinators | David Fong and Mark Whiteman |
| Cubs Coordinator | Andrew Waddington |
| Beavers Coordinators | David Fong and Andrew Waddington |
| Executive Chef | Mayur Kunte |
| Fund Development Manager | Lori Wilson |

Volunteering in Triwood

We have counted over 1,500 volunteer hours contributed since January 2024, so a huge thank you is due! Volunteers have spanned beyond event helpers and are crucial to us for essential fundraising, renovations help, administrative work, social group facilitators, and board members. Volunteering is empathy in action and builds the fantastic community culture we live in. If you're interested in learning more about the volunteer opportunities in Triwood, please visit triwoodcommunity.com/ volunteer and sign up for more information.

Triwood Writers



What stories have you lived?

You can become part of Triwood Writers! Join us at the Triwood Community Centre in the Foothills Room (downstairs) from 1:20 to 4:00 pm on the first Thursday of each month, year-round.

This group is designed for individuals who are interested in sharing their personal experiences and memories through the art of writing. Members provide friendly, helpful suggestions to help you become a better writer – take them or leave them! We all learn together. Whether you're a seasoned writer or a novice, our group provides a welcoming environment for all.

Bring your stories told in 500 to 1,500 words. You'll circulate your story by email to our small group a week before each get-together. Then we'll meet to discuss every submission. You'll also get feedback on your writing emailed from each member after each meeting.

It's not a writing course! It's an exploration. It's fun!

Each month through our story sharing, our group dives into collaborative feedback, creating community connections and personal growth.

Interested? Contact Colleen Tobman at tobman@tobman.ca and try something new.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Stop Apologizing Already

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca

This is something that really took me some time and awareness to change. Maybe it's because I'm Canadian...sorry?! Over-apologizing can be rooted in people-pleasing, a fear of conflict, feeling like you're a burden, or that you don't have a place to express yourself freely. The good news is you can unlearn it by becoming more aware of when you say "sorry" and replacing it with more confident or accurate expressions.

Here's how to start:

1. Notice Your Patterns

Start paying attention to when you say "sorry." Is it when you:

- Ask a question?
- Express a need?
- Walk past someone?
- Take up space?

Awareness is the first step.

2. Swap "Sorry" for More Empowering Phrases

a). When you're late

Instead of: "Sorry I'm late."

Try: "Thanks for your patience." or "I appreciate you waiting for me."

b). When you didn't respond right away

Instead of: "Sorry I didn't get back to you."

Try: "Thanks for your patience while I got back to you." or "I appreciate your patience."

c). When you need something

Instead of: "Sorry to bother you, but..."

Try: "Do you have a moment?" or "Can I ask you something?" or "Are you free for a consult?"

d). When you accidentally bump into someone

Instead of: "Sorry!"

Try: "Excuse me." or "Pardon me."

e). When you disagree

Instead of: "Sorry, but I think..."



Try: "I see it differently." or "Here's another perspective..." or just be curious and ask for more information on the topic.

f). When you're expressing emotion

Instead of: "Sorry I'm crying." or "I'm sorry I'm so angry."

Try: "Thanks for being here while I process this." or "I'm feeling a lot right now." or "Wow, this is overwhelming."

3. Use Apologies Intentionally

Apologize when you genuinely hurt someone or made a mistake. That keeps apologies meaningful. For everything else, aim for assertiveness and gratitude.

**TRIWOOD
COMMUNITY ASSOCIATION**

**FREE
ENTRY**

10AM - 3PM

**SUNDAY,
JUNE 8TH**

BLOCK PARTY

**BBQ & MUSIC!
BOUNCY CASTLE!
OUTDOOR GAMES!
SMALL, LOCAL BUSINESSES**

ALL AGES WELCOME. COME MEET YOUR NEIGHBOURS!

LOWER LOT (NEAR THE ARENA)

2244 CHICOUTIMI DR NW

TRIWOODCOMMUNITY.COM

Celebrate Neighbour Day!

by *The City of Calgary*

Celebrate Neighbour Day in your community on Saturday, June 21! Get involved in this year's event by gathering with your neighbours for a block party or community event. In addition to the many neighbourhood events taking place across the city on June 21, Sport Calgary's All Sport One Day will also give children a free opportunity to try a new sport, while collecting donations of used sports equipment.

Neighbour Day is our city's annual celebration of community spirit and connection. Held on the third Saturday in June, Neighbour Day is a step toward creating welcoming and inclusive communities where neighbours connect and belong every day of the year. Get to know your neighbours—whether through a friendly chat or a helping hand, small connections build stronger communities and a greater sense of belonging and wellbeing.

Show us how you're celebrating! Share your photos on social media using #YYCNeighbourDay.

To see Neighbour Day events in your community visit calgary.ca/NeighbourDay.





BBQ BURGER WEDNESDAYS

JT'S PATIO @ TRIWOOD COMMUNITY ASSOCIATION

We're firing up the BBQ at JT's Pub this summer!

Join us for burgers and sunshine.

JUNE 4, JULY 2, AUG 6
5PM - 9PM





Good Food Box

Summer 2025

Order a box of fresh, subsidized produce monthly
and pick-up your Good Food Box
at Triwood Community Association.

Small \$30, Medium \$35, or Large \$40 box

ORDER BEFORE
June 9th

PICK UP ON
June 18th

ORDER BEFORE
July 21st

PICK UP ON
July 30th

ORDER BEFORE
August 18th

PICK UP ON
August 27th

**More info: triwoodcommunity.com/good-food-box
or phone 403-282-2677 ext. 103**



Community Cleanup

Sunday, August 24 2025 | 9am-1pm

Triwood CA Parking Lot | Free service

What's a Community Clean Up? A chance to declutter your home! Get rid of your hard-to-dispose-of items at once.

Who's coming to community clean up?

- General Waste/Compost
- Metal Recycling
- Electronic Recycling
- Cerebral Palsy Alberta Donations
- Buy Nothing Item Swapping
- Bottle Drive by local Scouts



Seeking volunteers! Email marketing@triwoodcommunity.com if you're able to pitch in.

Items not accepted

- Liquids of any kind (Gas, Paint or Chemical)
- Mattresses
- Household batteries
- Large appliances (stoves, dishwashers, washers, dryers)
- Compressed cylinders (propane tanks or fire extinguishers)
- Hazardous waste
- Anything with Freon (AC units, water coolers or fridges)
- Fluorescent light fixtures or bulbs
- Thermostats
- Smoke detectors
- Glass of any kind
- Media - VHS tapes, DVD's or CD's
- Rechargeable Batteries loose
- Ink and Toner loose



MULTICULTURAL FEST!

SUNDAY, JULY 27 2025 | 10AM - 3PM

*Live performances! Food Trucks!
Games! Small, local businesses!*

 triwoodcommunity.com

the Gutter Doctor®

Home Exterior Services

GUTTER CLEAN, FIX & INSTALL
FASCIA • SOFFIT • ROOFING
GUTTER GUARDS • WINDOW CLEAN
SIDING • CLADDING • HEAT CABLES

403-714-0711 • gutterdoctor.ca



PLAYFUL PAWS PETS

YOUR NEIGHBOURHOOD
DOG WALKER

587-990-2879

www.playfulpawspets.ca

Stephanie Bustamante

SUMMER SPECIAL!!

LIMITED-TIME
OFFER

Cats, Canines, & Critters of Calgary



Bart, Heritage Park



Chico, Shawnessy



Elsbeth, Airdrie



Harry, Lakeview



Icy, North
Glenmore Park



Jagger, Richmond



Millie, North
Glenmore Park

To have your pet featured, email news@mycalgary.com

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

TRIWOOD MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

E.G.K. CONTRACTING, RENOVATIONS, DEVELOPMENTS, HANDYMAN SERVICES (ONE CALL DOES IT ALL): Drywall, taping, texturing, painting, tile work, T-bar ceilings, flooring, plumbing, water line breaks, flood and fire restoration, mold remediation, electrical and more. 40+ years of experience. Licensed, insured, carry WCB. BBB Accredited, A+ rating. Check out my website at www.egkcontracting.com, or call Erich at 403-606-2493.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

FALCONER HANDYMAN SERVICES LTD: New decks, fences and repairs. Stucco patching, re-stucco, foundation parging, interior and exterior painting, flooring, drywall, concrete, landscaping, and renovations. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

GUTTER DOCTOR! Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+ BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

OUT ON A LIMB PROFESSIONAL PRUNING: Tree and shrub pruning, shaping and restoration. Tree removal and stump grinding. New tree and shrub selection and installation. Fertilizing and insect pest management. Licensed & Insured. Journeyman Landscape Gardener and certified Arborist. Call Jim at 403-265-6965 or email outonalimbprofessionalpruning@live.ca.

SM PLUMBING LTD: Your local plumbing company. New construction, renovations, gas-fitting, garage unit heaters, repair/service including: Poly-B replacements, leaks, hot water tanks, toilets, faucets, drain cleaning, main sewer line camera inspections, and more. Licensed and insured. Call us today at 403-819-1810 or email smplumbinggyyc@gmail.com.





Need Mortgage Solutions? We've Got You Covered!

Prime, Alternative,
Reverse – We Do It
All! Let Us Find Your
Perfect Fit Today!



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

Looking for Quality Concrete Work in NW Calgary?

I have over 30 years' experience specializing in residential concrete projects. Based in NW Calgary, I take pride in delivering professional results - every time.

- Local and experienced
- Excellent references available
- Patios, sidewalks, driveways & more

Call Mario at (403) 561-0643 for a free estimate and let's bring your project to life!

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CHARLESWOOD



COLLINGWOOD



ANNUAL BACKPACK PROGRAM



A PROGRAM TO HELP STUDENTS IN NEED TO ASSIST THEM WITH BACK-TO-SCHOOL FEES.



Give the gift of learning! We need the following school supplies:

School bags, water bottles, ziplocks, lunch bags, pencil cases, art supplies, scissors, crayons, hygiene kits, markers, highlighters, glue, school snacks, and juice boxes.

DROP-OFF LOCATION:

150 Martinbrook Rd NE, Calgary, AB T3J 3E3

or we can send a volunteer to pick up the items

FOR MORE DETAILS:

Email us at contactsabconnections@gmail.com
or call (403) 708-7924



Visit our Facebook page:
www.facebook.com/sabconnections2025

GREAT NEWS MEDIA

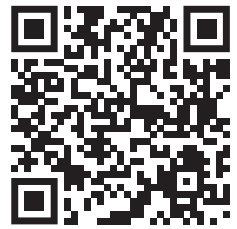
LEADERS IN COMMUNITY FOCUSED MARKETING

**We make your phone ring.
We bring you more customers.
We grow your sales.**

Call 403-720-0762 | grow@greatnewsmedia.ca

A central white oval balloon with a string is surrounded by various Father's Day-themed cutouts on a light blue background. The cutouts include a black fedora, a black bow tie, a pair of black-rimmed glasses, a black mustache, a black and white striped tie, and two gold 'HAPPY DAD' and 'HAPPY DAY' signs. Purple and blue streamers are scattered around the items.

**HAPPY
Father's
DAY**



SCAN ME



**“Professionals
DO get results!”**

**DANNY
WAI**



Top #2 Team in the year of 2024

ON THE MARKET



45, 380 BERMUDA DRIVE NW (BEDDINGTON HEIGHTS)

End-unit townhouse in the complex of Spicewood in Beddington Heights. Excellent location—this unit backs onto the playground and is beside the green space! Highlights of this lovely unit include more than 1,630 sq.ft. of living space, 3 bedrooms and 1.5 bathrooms. The developed basement has a large family room for social gatherings and a good-sized storage area in the laundry room. This unit comes with 1 assigned parking stall. Conveniently located to hop onto

Deerfoot Trail, 14 Street (north-south access) as well as Country Hills Blvd (west-east access).

Asking \$399,900 mls# A2214085



8408 ADDISON DRIVE SE (ACADIA)

This gorgeous bi-level home features 4 total bedrooms, 2 full bathrooms, south-facing backyard, renovated basement illegal suite (2024), central A/C, water softener, newer windows on the main floor, and a double detached garage! Behind the home is a stretch of green space off the paved back alley, perfect for dog runs, summer walks, and a community connector with privacy!

Asking \$689,900 mls# A2210955



CHARLESWOOD—CAPRI AVENUE

This executive bungalow is an absolute stunner (fully renovated in 2014 down to the studs). The smart layout doesn't take away from the adjacent living or dining rooms, anchored by a gas fireplace, encased with floor-to-ceiling tile accents, hardwood floors, recessed pot lights, open and airy with plenty of sunlight through the windows. The double detached garage is fully insulated and heated. The brick pathway in the front of the home makes its way down the side of the home and transforms into a brick patio once you step down from the deck.

Asking \$899,900 mls# A2209631



SPRUCE CLIFF—SPRUCE PLACE

Modern, spacious, luxurious condo offers an exceptional living experience. The perfect balance of convenience and lifestyle in the highly sought-after Ovations at Westgate Park with views of the Rocky Mountains and the city. The spacious primary bedroom includes double oversized closets and a private ensuite, creating a serene retreat. A second full bathroom adds convenience and privacy. Living at Ovations means access to luxury amenities, including a fitness centre, indoor swimming pool, hot tub, party room and games room. Plus 24-hour security patrol.

Asking \$429,900 mls# A2204906



COLLINGWOOD—COLLINGWOOD PLACE

An outstanding brand new luxury home in the heart of Collingwood! >3,000 sq.ft. of opulent living space—stacked with plenty of features, the builder has planned and executed meticulously throughout the process. This home has a legal 2 bedroom basement suite and a double attached garage. Separate furnace systems, with AC

installed for the main dwelling unit. Close to the Calgary Winter Club.

Asking \$1,329,000 mls# A2210505

**Free Home Evaluations Anytime
No Cost & No Obligation
Call **Danny Wai**
at **403-247-5171**
and Start Packing!**
Not intended to solicit currently listed properties.

**Visit my website,
www.dannywai.com,
for all my listings with
photos, anytime!**

**Re/Max Real Estate
Mountain View
201 - 4600 Crowchild Trail NW
Calgary AB T3A 2L6
Email: dannywai678@gmail.com
www.dannywai.com**