# TUXED©PARK

THE OFFICIAL TUXEDO PARK COMMUNITY NEWSLETTER







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# Tuxedo Park Community Association



202 - 29 Avenue NE Calgary, AB T2E 2C1 Phone: 403-277-8689

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President	Anne Johnson	president@tuxedoparkcommunity.ca
Vice President	Marina Kerr	
Secretary	Elysa Darling	secretary@tuxedoparkcommunity.ca

Treasurer Gillian Lee treasurer@tuxedoparkcommunity.ca

#### **GENERAL DIRECTORS**

Amy Lu, Arnie Brownlees, Gina Maskell, Karen Wang, Peter Sanele, Sofi Biviano, Shelby Milne

### **COMMITTEE CHAIRS**

Communications and Gazette Editor	Sofi Biviano	communications@tuxedoparkcommunity.ca
Facilities	Vacant	
Membership	Vacant	membership@tuxedoparkcommunity.ca
Social	Marina Kerr	social@tuxedoparkcommunity.ca
Traffic/Development	Arnie Brownlees	planning@tuxedoparkcommunity.ca

### **STAFF**

General Manager		Shannon Bowen-Kelsick	gm@tuxedoparkcommunity.ca	
	Hall Rentals	Violeta Vasquez	hallrentals@tuxedoparkcommunity.ca	
	Arts Procurement Manager	Dustyn Richardson	arts@tuxedoparkcommunity.ca	

Tuxedo Park Community Association meetings are held on the second Thursday of every month, except July and August (no meetings). Meetings start at 7:00 pm and are being held in person at the community hall. All community residents are welcome to meet some of their neighbours, express their concerns, or sit in and hear what's happening in and around the community. For more information, please email president@tuxedoparkcommunity.ca. For Hall rentals, email hallrentals@tuxedoparkcommunity.ca.



# SCAN HERE TO VIEW ADDITIONAL TUXEDO PARK CONTENT

News, Events, & More Crime Statistics ② [二] 3 (10) (中) 0 (11)

**Real Estate** 

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### **Rent the Tuxedo Park Hall**

Have an upcoming birthday party, meeting, or celebration? Our Hall has been updated and ready to host you and your quests!

At full capacity our Upper Hall can fit 150 people. It has a bar, a full kitchen, rectangular, round, and cocktail tables, and new grey banquet chairs. Our prices are very affordable and it's a great, central location.

Our Lower Hall is bright and modern and fits 50 people at full capacity.

Both spaces have modern wood flooring and modern paint colours.

Spaces are great for weddings, family gatherings, birthday parties, anniversary events, training events and all those social events that we have missed so much of!

For more information contact our Hall Manager at hallrentals@tuxedoparkcommunity.ca or call 403-277-8689 or visit www.tuxedoparkcommunity. ca/hall-rentals.





### PRESIDENT'S MESSAGE



Happy Holidays, Tuxedo! From your board of directors and staff at the Tuxedo Park Community Association, we wish you and yours a wonderful season and all the very best for 2025!

We've had a great year in our little neighbourhood. With the installation of four new beach volleyball courts, our park space is finally complete. In the spring, the courts will be open and ready to welcome players.

On our board, we welcomed four new directors, and our Arts Procurement Manager (stay tuned to learn more about his plans). It's been amazing to see new volunteers and meet new neighbours! We've hosted brilliant events and introduced new programming.

As we look to the New Year, we'll be continuing with the exciting initiatives we've started this year and bringing in even more. We'll be fundraising through a casino event May 27 and 28 at the Elbow River Casino—our most important fundraiser—and look forward to seeing many of you there.

Thank you, Tuxedo Park, for all your support!

Anne Johnson

president@tuxedoparkcommunity.ca







# **Cold Weather Safety**

by Alberta Health Services



Emergency Medical Services (EMS) paramedics respond to a number of cold weather-related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

### Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

#### **Frostbite**

 Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;

- Affected skin may look white and waxy and will feel hard to the touch:
- Move to a warm environment immediately and place the affected area in warm, not hot, water until fully re-warmed;
- Call 9-1-1 or seek further medical attention as required.

### Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death:
- Early recognition and prompt medical attention is key. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture

# **Kids' Tennis in January 2025!**

TPCA and Calgary Tennis Society (CTS) are happy to bring kids' tennis back to Tuxedo Park in January 2025!

(CTS) is a not-for-profit society which delivers tennis programs with a mission to make tennis more accessible, inclusive, and affordable for underrepresented communities.

Youth programs (ages six to nine) start on Wednesday, January 8, 2025, and run to April 23, 2025, in the Upper Hall. Classes will be Wednesday nights from 5:30 to 6:30 pm.

CTS works with qualified coaches and your kids will be sure to have fun and learn the wonderful game of tennis!

Rates are \$225 for 15 sessions, low coach to athlete ratios. Funding is available via Kidsport for low-income families, CTS will help applicants with this process if needed.

Date: Wednesday, January 8 to April 23, 2025

**Time:** 5:30 to 6:30 pm

Location: TPCA Upper Hall

Cost: \$225 per child

**Register now:** calgarytennissociety.org/programs.

For more information, contact CTS at contact@ calgarytennissociety.org or 403-870-8952.

### **TUXEDO PARK CLASSES AND EVENTS**

#### Walk15 Fitness

Walk15 fitness classes offer a low impact cardio workout suitable for all ages and fitness levels. The walking-based moves are easy to learn and set to music engineered to measure distance through the beat – no devices required. You'll be led by a Master Walk15 Instructor who will coach you along the way for your comfort and safety. Come walk with us!

Upper Hall.

Date: Mondays.

Time: 9:00 to 10:00 am. Cost: Free for members.

### **TPCA Seniors Fitness with Pat**

Join this gentle, guided fitness class to get moving, have fun, and get to know your neighbours!

Upper Hall.

Date: Tuesdays.

Time: 10:30 to 11:30 am.

Cost: Free, all are welcome, space is limited.

Arrive 10 minutes early to sign waiver.

Instructor/Host: Pat.



# A CHRISTMAS CAROL

The first edition of the Christmas classic A Christmas Carol, written by Charles Dickens, was originally published in London on December 19, 1843. This story was published as a novella by Chapman & Hall and the first edition sold out by Christmas Eve that first year!

### **NEW CLASS**

# **HATHA YOGA**

Led by Jennifer Clarke, this class will help you recharge, strengthen, stretch out tight areas, and calm and focus the mind. Sessions will include standing and balancing postures, connection to physical alignment, attention to breath to steady the mind, hip and shoulder opening, meditation, and deep rest.



Monday nights 6:15 pm Tuxedo Park Community Hall





### **TUXEDO PARK ARTISTS' CORNER**

# **An Outlet Meant to Inspire**

This month, we are excited to showcase two pieces of art from the talented members of the Tuxedo Park community! From an artistic expression that reminds us how important it is to be kind to a watercolour painting inspired by a sunny day; these creations are a true testament of how inspiring our community members are.





If you are interested in participating, please reach out with a JPEG of your creation to communications@tuxedoparkcommunity.ca.





# Tuxedo Park Real Estate Update

Last 12 Months Tuxedo Park MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2024	\$ 725,000	\$ 756,800
September 2024	\$ 622,450	\$ 627,500
August 2024	\$ 449,000	\$ 444,500
July 2024	\$ 587,500	\$ 580,500
June 2024	\$ 614,900	\$ 627,500
May 2024	\$ 489,950	\$ 504,950
April 2024	\$ 541,950	\$ 595,500
March 2024	\$ 739,950	\$ 735,000
February 2024	\$ 684,450	\$ 681,700
January 2024	\$ 674,950	\$ 676,000
December 2023	\$ 525,000	\$ 537,000
November 2023	\$ 659,000	\$ 665,000

Last 12 Months Tuxedo Park
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold		
October 2024	11	11		
September 2024	15	14		
August 2024	15	6		
July 2024	10	10		
June 2024	12	16		
May 2024	21	12		
April 2024	19	18		
March 2024	15	10		
February 2024	6	10		
January 2024	12	6		
December 2023	8	9		
November 2023	6	9		

To view more detailed information that comprise the above MLS averages please visit **tuxe.mycalgary.com** 

# **Grey Family Memorial Bench**

The TPCA is happy to announce that a Memorial Bench dedicated to the Grey Family has been installed in our park. Glen Grey was a lifelong resident of Tuxedo Park and a wonderful ambassador for our community. The owner of the Tuxedo Park Bed & Breakfast, Glen was known by many of our neighbours. The bench located west of the TPCA Community Hall, next to the pathway across from the playground is perfectly placed for anyone to "Sit awhile and enjoy sunshine and blue skies." I can picture Glen sitting there, his 'I Love Tuxedo Park' mug in hand, watching families enjoy the park he so loved.

Thank you to the Grey family for providing this loving memorial, our volunteers who helped facilitate it, and the Calgary Parks Foundation for making it happen.







### **GAMES & PUZZLES**

# **Guess the Holiday!**

- 1. This holiday seems like it could be named after a sport, but it has nothing to do with one.
- 2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.
- 3. This holiday typically revolves around one shape.
- 4. Eggnog, trees, and bells are classic elements of this holiday.
- 5. Costumes are a huge part of the fun of this holiday.
- 6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.





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Calgary Confederation Len Webber, MP 2020 – 10 St NW Calgary, AB T2M 3M2

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### **Christmas Help**

This month, many families will gather around the table to celebrate Christmas with loved ones. Unfortunately, the meal will not be as grand as it once was for a growing number of families.

Food Banks Canada has reported that food bank use in Canada is setting all-time records with shocking regularity. They report that up to 25% of Canadians are living in a state of poverty, while 35% feel worse-off financially. Canadians are struggling to keep their heads above water, relying on food banks to survive.

Food bank use in Canada has doubled since 2019 with over two million visits in March 2024 alone. This is 6% higher than last year and this year will likely set a new record.

Food Banks Canada blames inflation, housing costs, and insufficient social supports for creating the food insecurity problem.

At the same time, a 23% hike in the carbon tax is not helping. If you tax the farmer who grows the food, and the trucker who ships the food, you end up taxing the Canadian who buys the food.

One-third of those using food banks are children. One-in-five is employed and 70% live in market rent housing. These are people struggling to keep up. Food insecurity has a huge impact on one's mental health and overall health outcomes. This in turn puts additional stress on other social services and the healthcare system.

This Christmas season, if you are able, please donate to a food bank or food pantry so that we can all celebrate Christmas like we used to.

While the need for donations continues throughout the year, your Christmas donation sends a special message of support to those who need it the most during the holiday season.

# **BUSINESS CLASSIFIEDS**

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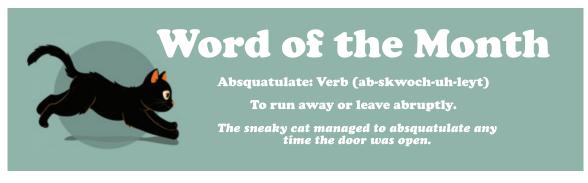
**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**SPC MATH TUTORING SERVICES:** Alberta certified professional teacher with 10 years high school math teaching experience available to provide targeted instruction on weekends and evenings, in-person or online. All courses and levels, including IB and AP. Rate \$75/hour. Please contact spc.mathtutor@gmail.com to arrange schedule and location.

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**SALES AND SERVICES** 







by Anne Burke

Phase 3 of the Connect: Calgary's Parks Plan is underway, and the draft plan was shared with the public and partners before Council's expected approval in early 2025. You can send questions or comments directly to the project team by emailing parksplan@ calgary.ca. Please note that these will not be included in the final Phase 3 What We Heard Report. A Park is a space set aside for enjoyment, recreation, education, cultural or aesthetic use, or for the protection of wildlife or natural habitats. An urban forest includes trees and shrubs intentionally planted, naturally occurring, or accidentally seeded within city limits. This means all trees in parks, river valleys, streets, roadways, natural areas, and commercial and private lands.

A Natural Area is a City-owned park or open space where the primary role is protection of a (relatively) undisturbed parcel or with a natural/native plant community. Natural areas are categorized to provide guidance for management and permitted uses according to habitat sensitivity and conservation needs. Habitat is the environment where the life cycle of a species is found and characteristics of the place (climate or suitable food and shelter). A Habitat Management Plan means a ten-year operational plan on how we manage natural areas that help maintain or improve the health and function of a park. Calgary's natural ecosystems are categorized by their habitat type (e.g., grassland, forest, wetland). There are also categories for classifying parks with natural environments: Special Protection or Major; Supporting (may be buffers), and other naturalized parks. Naturalization means improving management or repairing some function. For Environmentally Significant Areas, some key natural components recognized by the City of Calgary are Water Quality and Quantity; Rare, Intact, or Biologically Diverse content; and Habitat for Native Species of Interest. Read more at engage.calgary.ca/parksplan.

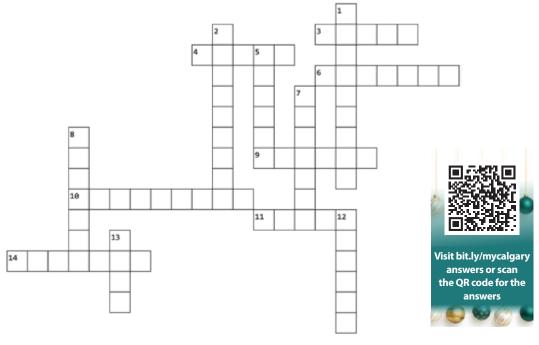












#### Across

- 3. On December 5, 1991, Jostein Gaarder's novel, *Sophie's* \_\_\_\_\_, was published and tells the story of a Norwegian teenager on a journey of discovery about the history of philosophy.
- 4. *Driving Miss* \_\_\_\_\_\_, starring Morgan Freeman as a chauffeur to an elderly widow played by Jessica Tandy, was released on December 13, 1989.
- 6. Canadian singer, Nelly \_\_\_\_\_, was born on December 2, 1978, in Victoria, British Columbia.
- 9. This Christmas tree decoration, originally made from real silver that was shredded, was first invented in Germany in 1610.
- 10. December's official birthstone has the same name as the colour that it is.
- 11. Dr. Martin Luther King Jr. was awarded the Nobel \_\_\_\_\_\_ Prize on December 10, 1964.
- 14. James Cameron's \_\_\_\_\_\_ was first released on December 19, 1997, and is one of the highest-grossing films ever.

#### Down

- 1. International \_\_\_\_\_\_ Day was mandated by the UN General Assembly in 1985 and takes place every year on December 5.
- 2. December's birth flowers are the \_\_\_\_\_\_ (also known as paperwhites) and the holly.
- 5. On December 24, 1818, a choir in Austria first performed the popular Christmas carol "\_\_\_\_\_\_Night".
- 7. This annual holiday celebrating African American culture is observed from December 26 to January 1.
- 8. On December 29, 1989, the Associated Press named hockey player Wayne Gretsky and tennis player \_\_\_\_\_\_\_ Navratilova Best Athletes of the Decade.
- 12. Canadian actor and comedian, \_\_\_\_\_ Levy, was born on December 17, 1946, in Hamilton, Ontario.
- 13. On December 1, 2003, the final film of *the Lord of the Rings* trilogy, *The Return of the* \_\_\_\_\_\_, premiered in New Zealand.



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