

MARCH 2025

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# TUXEDO PARK

GAZETTE

THE OFFICIAL TUXEDO PARK COMMUNITY NEWSLETTER

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## THE WINSTON<sup>™</sup> GOLF CLUB

The Turf Care department at **The Winston Golf Club** is now hiring for the upcoming golf season. The Winston Golf Club is one of the oldest golf courses in Calgary, just minutes away from the heart of downtown.

If you are an energetic individual who enjoys working outdoors, we may have a position for you on our team. All positions require the availability to work early mornings and weekends. Both full-time and part-time positions are available. Retired and semi-retired individuals are welcome. These positions are seasonal, with employment commencing approximately the beginning of April and completing at the end of October.

The Winston offers a professional and enjoyable working environment, free golf privileges, and pro-shop and meal discounts.

Contact [csteiner@thewinstongolfclub.com](mailto:csteiner@thewinstongolfclub.com) if you are interested in joining our team.

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# Tuxedo Park Community Association



202 - 29 Avenue NE  
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Phone: 403-277-8689

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[www.twitter.com/tuxedoparkyycc](https://www.twitter.com/tuxedoparkyycc)

## EXECUTIVE BOARD

President	Anne Johnson	<a href="mailto:president@tuxedoparkcommunity.ca">president@tuxedoparkcommunity.ca</a>
Vice President	Marina Kerr	
Secretary	Elysa Darling	<a href="mailto:secretary@tuxedoparkcommunity.ca">secretary@tuxedoparkcommunity.ca</a>
Treasurer	Gillian Lee	<a href="mailto:treasurer@tuxedoparkcommunity.ca">treasurer@tuxedoparkcommunity.ca</a>

## GENERAL DIRECTORS

Amy Lu, Arnie Brownlees, Gina Maskell, Karen Wang, Peter Sanele, Sofi Biviano, Shelby Milne

## COMMITTEE CHAIRS

Communications and Gazette Editor	Sofi Biviano	<a href="mailto:communications@tuxedoparkcommunity.ca">communications@tuxedoparkcommunity.ca</a>
Facilities	Vacant	
Membership	Peter Sanele	<a href="mailto:membership@tuxedoparkcommunity.ca">membership@tuxedoparkcommunity.ca</a>
Social	Marina Kerr	<a href="mailto:social@tuxedoparkcommunity.ca">social@tuxedoparkcommunity.ca</a>
Traffic/Development	Arnie Brownlees	<a href="mailto:planning@tuxedoparkcommunity.ca">planning@tuxedoparkcommunity.ca</a>

## STAFF

General Manager	Shannon Bowen-Kelsick	<a href="mailto:gm@tuxedoparkcommunity.ca">gm@tuxedoparkcommunity.ca</a>
Hall Rentals	Violeta Vasquez	<a href="mailto:hallrentals@tuxedoparkcommunity.ca">hallrentals@tuxedoparkcommunity.ca</a>
Arts Procurement Manager	Dustyn Richardson	<a href="mailto:arts@tuxedoparkcommunity.ca">arts@tuxedoparkcommunity.ca</a>

Tuxedo Park Community Association meetings are held on the second Thursday of every month, except July and August (no meetings). Meetings start at 7:00 pm and are being held in person at the community hall. All community residents are welcome to meet some of their neighbours, express their concerns, or sit in and hear what's happening in and around the community. For more information, please email [president@tuxedoparkcommunity.ca](mailto:president@tuxedoparkcommunity.ca). For Hall rentals, email [hallrentals@tuxedoparkcommunity.ca](mailto:hallrentals@tuxedoparkcommunity.ca).



## SCAN HERE TO VIEW ADDITIONAL TUXEDO PARK CONTENT

### News, Events, & More



### Crime Statistics



### Real Estate Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## Rent the Tuxedo Park Hall

Have an upcoming birthday party, meeting, or celebration? Our Hall has been updated and ready to host you and your guests!

At full capacity our Upper Hall can fit 100 people. It has a bar, a full kitchen, rectangular, round, and cocktail tables, and new grey banquet chairs. Our prices are very affordable and it's a great, central location.

Our Lower Hall is bright and modern and fits 50 people at full capacity.

Both spaces have modern wood flooring and modern paint colours.

Spaces are great for weddings, family gatherings, birthday parties, anniversary events, training events and all those social events that we have missed so much of!

For more information contact our Hall Manager at [hallrentals@tuxedoparkcommunity.ca](mailto:hallrentals@tuxedoparkcommunity.ca) or call 403-277-8689 or visit [www.tuxedoparkcommunity.ca/hall-rentals](http://www.tuxedoparkcommunity.ca/hall-rentals).



## PRESIDENT'S MESSAGE



Happy spring, Tuxedo Park! Hopefully, by the time this edition of the *Gazette* goes to print, the snow will be melting, and the ground will be thawing.

Your TPCA board of directors have a busy few months ahead of us, with great events and opportunities for you to get involved in your community.

### Join us for:

**TPCA 2025 AGM:** May 8 at 6:30 pm at the hall.

**Casino Fundraising Event:** May 27 and 28 at the Elbow River Casino (sign up to volunteer here: <https://volunteersignup.org/EP883>). For each shift you complete, you will receive a Cineplex Movie Night Out for two and raise valuable funds for our community.

**Summer Festival:** June 7. Kick off summer in Tuxedo with our annual street festival, vendors, games, beer gardens, live music, and entertainment.

With all this fun (and new programming) planned, the TPCA is still looking to fill two key board positions. We need an engaged volunteer to join our board and Chair our Volunteer Committee. This vital position will recruit, connect with, and engage volunteers for our events and programming.

We are also looking for a dedicated Board Director and Facilities Chair. This role supports our staff at the hall and plans and manages upgrades/maintenance. Contact me to volunteer for either of these roles or for our upcoming events.

Thanks, Tuxedo!

*Anne Johnson*

[president@tuxedoparkcommunity.ca](mailto:president@tuxedoparkcommunity.ca)

## Joke of the Month



Which is faster,  
hot or cold?

Hot, because you  
can catch a cold.

## Kids' Tennis in 2025!

TPCA and Calgary Tennis Society (CTS) are happy to bring kids' tennis back to Tuxedo Park in 2025!

(CTS) is a not-for-profit society which delivers tennis programs with a mission to make tennis more accessible, inclusive, and affordable for underrepresented communities.

Youth programs (ages six to nine) started on Wednesday, January 8, 2025, and run to April 23, 2025, in the Upper Hall. Classes will be Wednesday nights from 5:30 to 6:30 pm.

CTS works with qualified coaches and your kids will be sure to have fun and learn the wonderful game of tennis!

Rates are \$225 for 15 sessions, low coach to athlete ratios. Funding is available via Kidsport for low-income families, CTS will help applicants with this process if needed.

**Date:** Wednesday, January 8 to April 23, 2025

**Time:** 5:30 to 6:30 pm

**Location:** TPCA Upper Hall

**Cost:** \$225 per child

**Register now:** [calgarytennissociety.org/programs](http://calgarytennissociety.org/programs).

For more information, contact CTS at [contact@calgarytennissociety.org](mailto:contact@calgarytennissociety.org) or 403-870-8952.

## Tuxedo Park Artists' Corner: An Outlet Meant to Inspire In 2025

Was one of your resolutions to create more art in the New Year? If so, you've come to the right place. Whether it is a photo of a recent clay creation, an inspirational haiku, or a photograph taken around the community, we want to be inspired by your endeavours. All ages are welcome!

If you are interested in participating, please:

- Let your imagination run free; we want to be inspired!
- Scan a digital copy of your artwork in a JPEG format.
- Send to [communications@tuxedoparkcommunity.ca](mailto:communications@tuxedoparkcommunity.ca).
- Include your name, age, and a brief description about your art.
- If you are under the age of 16, please make sure you have permission from your parents or guardians to share your creation.

If you enter, you will have the chance to be featured here in print in the monthly newsletter and on our social media channels. We are excited to see what you come up with!



### Penny For Your Thoughts

Some hummingbirds weigh less than a penny! The Bee Hummingbird, the tiniest bird in the world, weighs only 1.6 to 2 grams.

# TUXEDO PARK CLASSES AND EVENTS

## TPCA 2025 General Annual Meeting

The Tuxedo Park Community Association's 2025 Annual General Meeting will take place on Thursday, May 8. Doors will open at 6:30 pm and the meeting will start at 7:00 pm. We'll have free snacks and refreshments, guest speakers, and community updates. All residents are welcome, and members of the CA will have voting rights. Be a part of the action!

Upper Hall.

Date: Thursday, May 8.

Time: 6:30 pm.

Cost: Free and all are welcome.

## Walk15 Fitness

Walk15 fitness classes offer a low impact cardio workout suitable for all ages and fitness levels. The walking-based moves are easy to learn and set to music engineered to measure distance through the beat – no devices required. You'll be led by a Master Walk15 Instructor who will coach you along the way for your comfort and safety. Come walk with us!

Upper Hall.

Date: Mondays.

Time: 9:00 to 10:00 am.

Cost: Free for members.

## TPCA Seniors Fitness with Pat

Join this gentle, guided fitness class to get moving, have fun, and get to know your neighbours!

Upper Hall.

Date: Tuesdays.

Time: 10:30 to 11:30 am.

Cost: Free, all are welcome, space is limited.

Arrive 10 minutes early to sign waiver.

Instructor/Host: Pat.

## Hatha Yoga

This class will help you recharge, strengthen, stretch out tight areas, and calm and focus the mind. Sessions will include standing and balancing postures, connection to physical alignment, attention to breath to steady the mind, hip and shoulder opening, meditation, and deep rest.

Upper Hall.

Date: Mondays.

Time: 6:15 pm.

Cost: Free, all are welcome.

Instructor: Jennifer Clarke.

We invite you to start your Wednesday mornings off with Yoga at Tuxedo Park! This 1.5-hour class will also be led by Jennifer Clarke, the Monday night instructor. She will lead sessions that will get you aligned and connected for the day. Please watch the website for more details!

Upper Hall.

Date: Wednesdays.

Time: 9:30 am.

Cost: Free, all are welcome.

Instructor: Jennifer Clarke.



## What Goes Where?

by *The City of Calgary*



Sorting can be tricky, but every decision counts, and we're here to help you become a sorting pro.

Green bins are for food scraps and yard waste, and your blue bin is for acceptable household paper, cardboard, and container packaging.



Some old and broken household items don't always have to end up in the black bin, there are a range of programs and services to help divert waste from our landfills and give items a second life.

Together, we can make a big impact and become recycling and composting champions.

If you're unsure where an item belongs, visit [calgary.ca/whatgoeswhere](http://calgary.ca/whatgoeswhere) to find the 'Right Bin for the Win!'

## TPCA 2025 Annual General Meeting - May 8

Join the Tuxedo Park Community Association for our 2025 Annual General Meeting on Thursday, May 8. Doors will open at 6:30 pm and the meeting will start at 7:00 pm. We'll have free snacks and refreshments, guest speakers, and community updates. All residents are welcome, and members of the CA will have voting rights. Be a part of the action! Memberships can be purchased in advance ([www.tuxedoparkcommunity.ca/membership](http://www.tuxedoparkcommunity.ca/membership)) or on site.

Thursday, May 8, 6:30 pm at the Tuxedo Park Community Hall (Upper Hall) 202 29 Avenue NE.



## Introducing Children's Story Time at Tuxedo Park

Bring your little ones to an upcoming family-friendly storytelling session.

Join us for a magical storytelling experience that is meant to inspire, entertain, and educate children in the community! We welcome them (and you, their caregiver!) to have a seat on the reading rug on Wednesday mornings for a story time series that is free of charge. This is a wonderful opportunity to introduce little ones to literacy while connecting with other caregivers.

Starting February 26, enthusiastic volunteers from the community (including the MLA for Tuxedo Park) will be reading their favourite children's books with reading materials provided by The Little Red Reading House. This series will run for a limited amount of time, and all are welcome to escape the cold and transport to a world of imagination and fun!

Dates: Wednesdays (March 5, March 12, and March 19)

Time: Noon

Location: Tuxedo Park Community Hall at 202 29 Ave NE (Upper Level)

Admission: Free for all – bring your neighbours and friends!





# CALL FOR VOLUNTEERS!

No training required! Meet your Neighbors! Have some fun!

## May 27<sup>th</sup> & 28<sup>th</sup> 2025 Elbow River Casino

*Tuxedo Park Community Association's bi-annual casino fundraiser is responsible for the majority of the funding for the community and wouldn't be possible without the generosity of our community members so thank you for your continued support.*

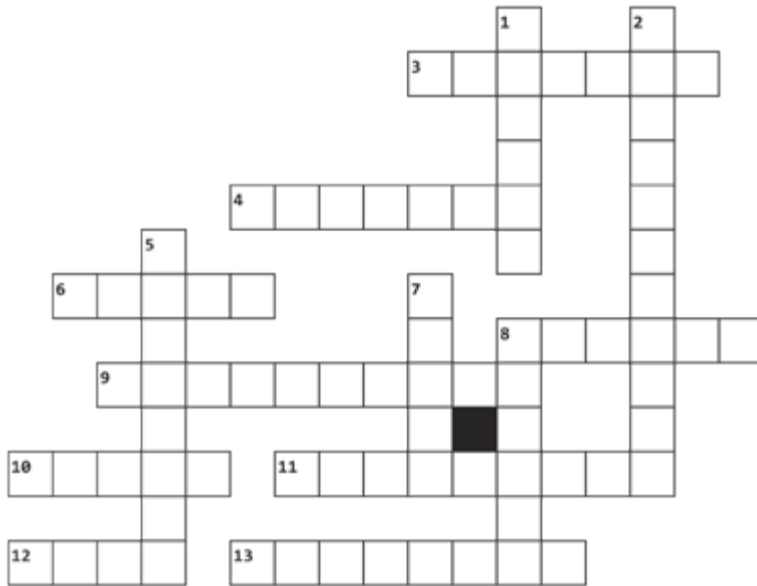
**All volunteers will receive 2 movie passes as a thank you!**



*Scan the QR  
code to sign up*



# March Crossword



## Across

3. Known as the “Fight of the Century”, on March 8, 1971, Muhammad Ali’s 31-fight winning streak was ended by Joe \_\_\_\_\_ in Madison Square Garden.

4. Nathan \_\_\_\_\_ was born on March 27, 1971, in Edmonton, Alberta, and is best known for his role as Captain Malcolm on *Firefly*.

6. Pink \_\_\_\_\_’s album *The Dark Side of the Moon* was released on March 1, 1973, and stayed on the Billboard Top 200 album charts for 741 weeks!

8. A \_\_\_\_\_ *Life*, an emotional novel following the lives of four friends and written by Hanya Yanagihara, was first published on March 10, 2015.

9. This pale-blue gemstone is one of March’s birthstones.

10. On March 26, 1953, Dr. Jonas Salk successfully tested a vaccine for this disease that has affected notable individuals such as Frida Kahlo, Franklin D. Roosevelt, Joni Mitchell, and Neil Young in the past.

11. Known for her roles in *Schitt’s Creek*, *Home Alone*, and *Beetlejuice*, \_\_\_\_\_ O’Hara was born on March 4, 1954, in Toronto, Ontario.

12. The month of March is named after this Roman god of war.

13. This iconic film about a giant ape causing chaos in New York City first premiered on March 2, 1933, at Radio City Music Hall.

## Down

1. Daylight \_\_\_\_\_ Time will start on Sunday, March 9 this year.

2. This national park with geothermal features spanning across Wyoming, Montana, and Idaho became the first national park in the world on March 1, 1872.

5. Daffodils and \_\_\_\_\_ are the official birth flowers of March.

7. March is officially \_\_\_\_\_ Heritage Month in Canada and celebrates the history and impact of individuals, past and present, from the country nicknamed the “Emerald Isle”.

8. On March 2, 2024, \_\_\_\_\_ James made NBA history by becoming the first player to score 40,000 career points.



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

# Preventing Cervical Cancer

by Alberta Health Services

Alberta Health Services (AHS) recommends cervical cancer screening once every three years, or as your healthcare provider recommends, for women and people with a cervix between the ages of 25 and 69 who are or have been sexually active.

A Pap test checks for abnormal cells in your cervix, which can lead to cervical cancer. Pap tests can also check if you already have cervical cancer. The earlier cancer is found, the easier it is to treat. Regular Pap tests and follow-up care can prevent about 90 percent of cervical cancer cases.

It's important to have regular Pap tests, even if:

- You feel healthy and have no symptoms of cervical cancer.
- You've only had one sexual partner.
- You've had the human papillomavirus (HPV) vaccine.
- You've been through menopause.
- You're no longer sexually active.
- You're a lesbian, bisexual, or queer woman.

### Human Papillomavirus (HPV) Immunization

HPV is a virus. It is the most common sexually transmitted infection and can cause genital warts and certain cancers. An HPV infection will often go away on its own. However, some people get a long-term infection. This can lead to cancer of the vagina, vulva, cervix, penis, anus, mouth, or throat. HPV causes almost all cervical cancers.

You can prevent cervical cancer by getting immunized with the HPV-9 vaccine. The HPV-9 vaccine protects against nine strains (types) of HPV. Some of these strains may cause up to 92% of cervical cancers.

Grade six students can get the HPV-9 vaccine as part of the school immunization program. Students can only be immunized in school with a parent or caregiver's permission (consent).

If you did not get the HPV-9 vaccine in Grade six, you can still get it for free up to and including age 26 years. Talk to your doctor to find out if it is a good idea for you. If you are unsure about getting the HPV vaccine for yourself or your child, try the HPV Vaccine Decision Tool.



### Other Ways to Reduce Your Risk

Regular cervical cancer screening and vaccination help lower the chances of getting cervical cancer and finding it early. You can also reduce your risk by:

- Quitting commercial tobacco and avoiding second-hand smoke. Talk to your healthcare provider or visit [AlbertaQuits.ca](https://AlbertaQuits.ca) for information and support to help you quit when you are ready.
- Practice safer sex. Use a barrier method of protection such as a condom, internal condom, or dental dam.

### Get Screened and Raise Awareness

Contact your healthcare provider's office or a women's health clinic to book a Pap test. If you do not have a healthcare provider:

- Visit <https://albertafindadoctor.ca/>.
- Use the [screeningforlife.ca](https://screeningforlife.ca) locator tool and select "cervical" as the type of test to find screening options near you.
- Call Health Link at 8-1-1.

Learn more about cervical cancer at <https://screeningforlife.ca/cervical/>.

## Share Your Thoughts on Our Community Mural

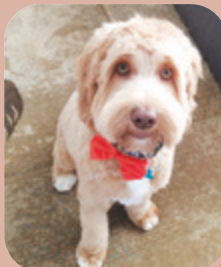
The TPCA is thrilled to announce that we are in the process of applying for grants and hiring a professional artist to design a mural that will live on the Southwest side of the community hall. This mural will be facing the playground and is meant to bring a sense of inspiration and colour to the neighbourhood for years to come.

For our neighbours who use the hall and park, we welcome your input and hope you will take the time to fill out the short Google survey found in the accompanying QR code. It will be open until May 31, 2025.



Canada is home to 60% of the world's lakes, this equates to over 2 million shimmering bodies of water across this beautiful country we call home. But that's not all - Canada also has the longest coastline in the world stretching an astonishing length of 202,080 kilometres.

## Cats, Canines, & Critters of Calgary



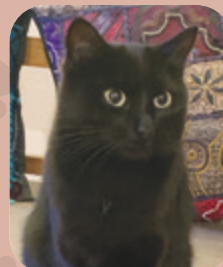
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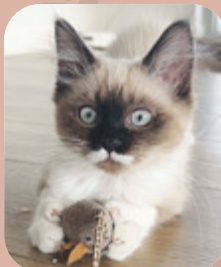
Louie, Panorama Country Hills



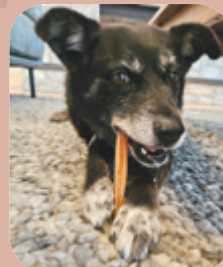
Luna, Marda Loop



Luna, West Hillhurst



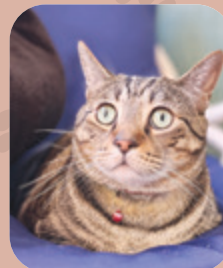
Lutik, Douglas Quarry



Mystery, Christie Park



Neville, Douglas Glen





Snoop, Southwood

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)



Save The Date

# TUXEDO PARK SUMMER FEST



Saturday,  
June 7

MARK YOUR CALENDARS FOR OUR ANNUAL  
DAY OF VENDORS, LIVE MUSIC, GAMES AND  
FUN FOR ALL AGES!

**IF YOU ARE INTERESTED IN BEING A  
SPONSOR OR VOLUNTEER,  
PLEASE CONTACT:  
SOCIAL@TUXEDOPARKCOMMUNITY.CA**



## Breakfast Quesadilla

by Jennifer Puri



Eggs are tasty, filling, and good for your health as a whole; eggs contain a little bit of every nutrient you need. Cheap and easy to prepare, they are an inexpensive source of high-quality lean protein.

Blue, green, brown, or white eggs may have different colours but there is no difference in taste or nutrition between them. An average hen lays 300 to 325 eggs per year. The colour of the yolk depends on the hen's diet and age, and typically as hens age, their eggs become larger.

An extremely versatile ingredient, eggs are not just for eating but are used to make beauty products such as face masks, compost, and garden fertilizer. In many cultures, the egg is a symbol of new life, fertility, and rebirth.

Eggs are also a breakfast/brunch mainstay, and scrambled, poached, baked, or fried are some of the ways to consume eggs. Quick and simple to cook, eggs can also be used in burritos or quesadillas as shown in the recipe for breakfast quesadillas below.

**Prep Time:** 20 minutes

**Cook Time:** 20 minutes

**Servings:** 2

### Ingredients:

- 2 large tortillas
- 1 ½ tsp. olive oil
- 1 chorizo sausage, cooked and casing removed
- 3 eggs lightly beaten
- ¼ tsp. salt
- 1 tbsp. butter

- 1 cup shredded Mexican cheese
- 2 cups kale washed, stemmed, and coarsely chopped
- 1 cup sliced button mushrooms
- ¼ cup chopped green onion
- ½ cup chopped red bell pepper
- ½ jalapeno, seeds removed and chopped (optional)
- Cooking spray

### Directions:

- Heat olive oil in a pan or nonstick skillet on medium heat. Add onions and sauté for about two minutes. Next add red peppers and mushrooms and sauté for another two minutes and then add kale, jalapeno pepper, and chorizo sausage. Cook until veggies are tender and then remove from heat and keep warm.
- In a skillet, melt butter on medium heat and pour in the egg mixture with a ¼ tsp. of salt. Cook eggs while stirring until they start to firm up then scramble until they are cooked through and remove from heat.
- Coat a large skillet or fry pan with cooking spray and heat on medium heat. Place a tortilla in the pan and sprinkle a ¼ cup of cheese on one half of the tortilla followed by half the veggie mixture and half the scrambled egg. Top with a ¼ cup of cheese and fold tortilla in half over filling. Cook for a few minutes until tortilla is golden brown, turning once.
- Transfer quesadilla to a cutting board and repeat the process with the second tortilla.
- Slice each quesadilla into two or three slices and serve with your favourite hot salsa, guacamole, or sour cream.

Bon Appétit!





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**TUXEDO PARK MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**DAY HOME PROVIDER:** Licensed and experienced day home provider. Spots available. Located at the corner of Edmonton Trail and 23 Ave NE. Good location, close to downtown and bus stops. Reasonable rates, subsidies available through my agency. Please feel free to contact Karima at 825-288-2340 for further information, or email papillongolf@yahoo.fr.

**TLC CLEANING:** Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.

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# Epilepsy Awareness Month

## Shine a Light on Epilepsy

This March, let's unite in support of the 30,000 individuals living with epilepsy in Southern Alberta. Together, we can make a meaningful impact. Wear purple, light up spaces, and be part of the movement!

MARCH 26  
**Purple Day**



**Light up the Night in Violet Vibes!** Light up your homes, offices, and public spaces in purple to show your solidarity.



**Dress in Grape Glory!** Show your support by wearing purple clothing or accessories on March 26th.



**Spark a Purple Revolution!** Be a part of the change! Donate or start a fundraiser.



[epilepsycalgary.com](http://epilepsycalgary.com)

Share your purple moments using

**#postyourpurple**

