

AUGUST 2026

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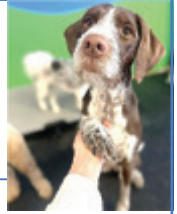


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EXECUTIVE BOARD

President	Anne Johnson	president@tuxedoparkcommunity.ca
Vice President	Marina Kerr	vp@tuxedocommunity.ca
Secretary	Kelly Parker	secretary@tuxedoparkcommunity.ca
Treasurer	Shelby Milne	treasurer@tuxedoparkcommunity.ca

GENERAL DIRECTORS

Amy Lu, Peter Sanele, Sofi Biviano, Vishveshwar Jatain

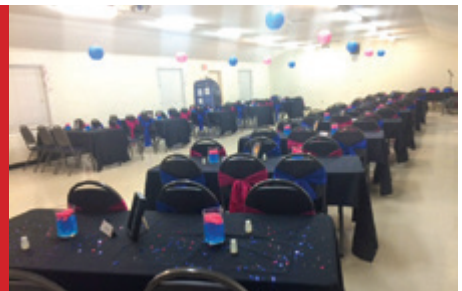
COMMITTEE CHAIRS

Communications and Gazette Editor	Sofi Biviano	communications@tuxedoparkcommunity.ca
Facilities	Vacant	
Membership	Peter Sanele	membership@tuxedoparkcommunity.ca
Social	Vacant	social@tuxedoparkcommunity.ca
Traffic/Development	Nicole Talbot	planning@tuxedoparkcommunity.ca

STAFF

General Manager	Shannon Bowen-Kelsick	gm@tuxedoparkcommunity.ca
Hall Rentals		hallrentals@tuxedoparkcommunity.ca

Tuxedo Park Community Association meetings are held on the second Thursday of every month, except July and August (no meetings). Meetings start at 7:00 pm and are being held in person at the community hall. All community residents are welcome to meet some of their neighbours, express their concerns, or sit in and hear what's happening in and around the community. For more information, please email president@tuxedoparkcommunity.ca. For Hall rentals, email hallrentals@tuxedoparkcommunity.ca.



SCAN HERE TO VIEW ADDITIONAL TUXEDO PARK CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Social Committee Chair Needed

Do you enjoy hosting gatherings and events? Are you organized with a knack for managing logistics? If you are looking to expand your skill set and get involved in the community, the TPCA Board has a Social Committee Chair position open to volunteers with an interest in communications and marketing. Responsibilities include:

- Identifying TPCA social needs and priorities
- Assessing and evaluating the delivery of social events
- Communications and promotion oversight
- Providing periodic reports and updates
- Expenditure and budget oversight
- Oversee, run, and operate social events

Time commitment varies. Must attend monthly board meetings, run social committee meetings, and help run events. Approximately five to eight hours per month.

If you are interested in learning more about this role please reach out to Anne Johnson at president@tuxedoparkcommunity.ca.



SOCIAL

COMMITTEE

CHAIR

NEEDED!

Tuxedo Park School Future Use Planning Website Is Live

The Tuxedo Park School planning website has now been launched. They will continue to update the website as they have more information on the project. Scan the QR code below for details and to stay up to-date on progress.



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TPCA Wants You to Become a Member!

Become a Tuxedo Park Community Association (TPCA) Member and give back to your community as much as it has been giving back to you! The current membership fees are \$10 for individuals and \$20 for families. The benefits of joining include:

- Ability to vote at the Annual General Meeting and Special General Meetings
- Opportunity to share opinions on what programs/ events should be offered
- Discounted rate on facility rentals, events, classes, and at local businesses
- And so much more!

If you are interested, please fill out the form below and mail it with payment to:

Tuxedo Park Community Association and Hall
202 29 Ave NE
Calgary, AB T2E 2C9

Additional details and the option to pay online can be found at TuxedoParkCommunity.ca.



TUXEDO PARK MEMBERSHIP

Please check one:
Type of Membership:

- ☐ New Member ☐ Renewal
☐ Family \$20.00 (max. 2 adults with children) ☐ Individual \$10.00

Please PRINT

Family Name: _____

Adult 1: _____ Email: _____

Adult 2: _____ Email: _____

☐ **I DO NOT** want to receive emails from TPCA regarding programs, events, and community information.

#of Children /Youth

1 st Child / Youth Age	2 nd Child / Youth Age	3 rd Child / Youth Age	4 th Child / Youth Age	5 th Child / Youth Age

Residence Telephone: _____

Address: _____

Payment Method: ☐ CASH ☐ ONLINE ☐ CHEQUE Received by: _____ Date: _____

Personal information collected by TPCA will be kept confidential and will not be used or disclosed to third parties.



TUXEDO PARK CLASSES AND EVENTS

Please check the website for up-to-date information on programs and events.

Hatha Yoga – Taking a Summer Break, Returning September 2026

This class will help you recharge, strengthen, stretch out tight areas, and calm and focus the mind. Sessions will include standing and balancing postures, connection to physical alignment, attention to breath to steady the mind, hips and shoulder opening, meditation, and deep rest.

Location: Upper Hall.

Date: Mondays.

Time: 7:15 pm.

Cost: Fee TBD and registration required. More information to come.

Instructor: Jennifer Clarke.

Walk15 Fitness

Walk15 fitness classes offer a low impact cardio workout suitable for all ages and fitness levels. The walking-based moves are easy to learn and set to music engineered to measure distance through the beat – no devices required. You'll be led by a master Walk15 instructor who will coach you along the way for your comfort and safety. Come walk with us!

Location: Upper Hall.

Date: Mondays.

Time: 9:00 to 10:00 am.

Cost: \$15 drop in

www.walkstrongcalgary.com

TPCA Seniors Fitness with Pat – Taking a Summer Break, Returning October 2026

The TPCA Seniors fitness class will be taking a break with no classes running July through September, with a restart of classes in October.

Budo Martial Arts*

Budo Martial Arts offers a dynamic karate program, focusing on discipline, confidence, and physical fitness. Led by experienced Sensei Eric, classes provide structured training in a fun and supportive environment.

Location: Upper Hall.

August: Tuesdays and Wednesdays.

September: Tuesdays and Thursdays.

Time: 5:30 to 6:30 pm.

Instructor: Sensei Eric.

Program: Kids Karate (Ages 4 to 18).

Contact: www.budomartialartscalgary.ca.

Zumba with Aspire to Inspire*

On break until September 9

Join a fun and high-energy Zumba session designed to get you moving while having a great time! Open to all fitness levels, this class blends dance and fitness for an energizing workout.

Location: Upper Hall.

Date: Wednesdays.

Time: 7:30 to 8:30 pm (arrive early to sign waivers).

Cost: \$10 per class.

Instructor/Host: Mihwa.

Contact: 403-975-5817 or atizumba@gmail.com.

Changes to TPCA Classes and Programs

We have been working hard to balance our operational budget, and with the balancing of our budget we have had to make a change to the programs we have been offering. Our community-run programs will be changing from free classes to paid classes beginning in July 2026. The programs affected will be: TPCA Senior's Fitness with Pat, TPCA Hatha Yoga with Jennifer, and TPCA Walk15 Fitness with Nancy.

We are proud that we have run these classes for many years free of charge, unfortunately we cannot sustain the cost going forward. We are working with our amazing instructors to reformat the classes to be paid programming. More info to come.

Please watch our website and speak with your instructors on how to sign up for future classes.

If you have any questions, please contact gm@tuxedoparkcommunity.ca.

A promotional graphic for the Savridi Singers choir. It features a dark background with silhouettes of people singing into microphones. The text is in white and red. The logo 'Savridi Singers' is in a stylized red script. To the right, it says 'COME SING WITH US!' in bold red and white. Below that, it says 'Savridi Singers is an auditioned treble-voice choir looking to add voices'. At the bottom, it says 'Please visit www.savridisingers.ca to arrange a voice evaluation' in white.

Savridi Singers

COME SING WITH US!

Savridi Singers is an auditioned treble-voice choir looking to add voices

Please visit www.savridisingers.ca to arrange a voice evaluation

Tuxedo Park's Neighbour Day

Thank you to all the community members that joined the TPCA on Saturday, June 20, for the art and planting festivities. We were thrilled to kick off the new City of Calgary Community Association based arts program with a day of painting and decorating clay bugs alongside Arts Programmer, Jana Norris. Families, adults, and children tested their artistic skills under a beautiful blue sky. Keep your eyes peeled, the creative bugs will be glazed and placed in the sensory garden for the summer.

Special shout out to all those that completed the arts survey on Neighbour Day! Your opinions and thoughts will help the team create impactful programming that will make a difference in our community.

Thanks to our secretary and gardening pro, Kelly Parker, for leading the Sensory Garden planting initiative around the Hall. We now have the beds near the dry pond updated with native Alberta plants that will add beauty and joy to our community for the entire summer season.

If anyone is interested in helping care for and support the garden, please contact Kelly at secretary@tuxedoparkcommunity.ca.



TUXEDO PARK ARTISTS' CORNER

Summer Is in Full Swing - Show Us What Inspires You

Long, sunny days are the perfect invitation to get creative. Whether it's a watercolor of your favorite park, a photo of your latest crochet project, a nature-inspired sketch, or any artwork that captures the spirit of summer, we'd love to celebrate your creativity.

If you are interested in participating, please:

- Let your imagination run free; we want to be inspired!
- Scan a digital copy of your artwork in a JPEG format.
- Send to communications@tuxedoparkcommunity.ca.
- Include your name, age and a brief description about your art.

If you are under the age of 16, please make sure you have permission from your parents or guardians to share your creation.

If you enter, you will have the chance to be featured here in print in the monthly newsletter and on our social channels.

Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit
gofund.me/31fdeef6f

Any help is appreciated ♥



Rent The Tuxedo Park Hall

Have an upcoming birthday party, meeting, or celebration? Our Hall has been updated and ready to host you and your guests!

At full capacity our Upper Hall can fit 100 people. It has a bar, a full kitchen, rectangular, round, and cocktail tables, and new grey banquet chairs. Our prices are very affordable and it's a great, central location.

Our Lower Hall is bright and modern and fits 50 people at full capacity. Both spaces have modern wood flooring and modern paint colours.

Spaces are great for weddings, family gatherings, birthday parties, anniversary events, training events, and all those social events that we have missed so much of!

For more information contact our Hall Manager at hallrentals@tuxedoparkcommunity.ca or call 403-277-8689 or visit www.tuxedoparkcommunity.ca/hall-rentals



News from the Friends of Nose Hill

by Anne Burke

As I write, it is Calgary Aboriginal Awareness Week. In 1979, the Native Urban Affairs Committee was established to represent Aboriginal issues and concerns. In 1987, the name was changed to the Calgary Aboriginal Urban Affairs Committee. I was contacted by a grade nine Math and Social Studies teacher who wanted to plan a tour of Nose Hill by a First Nations guide. There are a few documents related to the protocol for inviting Indigenous Elders. If you are in the Calgary area and need to connect with an Elder or Knowledge Keeper, you can consult the City of Calgary Indigenous Collaboration policy or the CBE Indigenous Education Protocol for local guidance. In First Nations, Métis, and Inuit cultures, the Elders are leaders, teachers, role models, and mentors. The CBE Indigenous Education team has kept wisdom and teachings shared orally from Elders and community Knowledge Keepers for several years. The CBE document represents a summary of those teachings. It also includes knowledge gained from other organizations and districts. The Alberta Teachers Association offers a guide to accompany the Association's Stepping Stones, Truth and Reconciliation resources. Crystal Manyfingers and her family are all members of the Kainai Nation of the great Blackfoot Confederacy who signed Treaty 7 in 1877. Crystal holds a B.A., B.Ed., and a Master's degree in Education (Adult and Workplace Learning) from the University of Calgary. She has written numerous magazine articles, published a children's book, and was awarded the Faculty of the Year Award for 2020 from Bow Valley College as a Learning Design Consultant for Indigenization and Decolonization of Curriculum, Research, and Innovation. Crystal serves on the Board of Directors for the Calgary Public Library as well as the Alberta Library Trustees Association.

August's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

List your favourite hobbies. Pick one that gives you great fulfillment. Why is it so special to you?

Dear reader,

It has taken me some time to figure out who I am and which pastimes I need to feel truly content. My favourite hobbies are reading, gardening, camping, hiking, and jigsaw puzzles. To properly nourish our whole selves, I surmise we each need a combination of hobbies that embody various aspects of our lives. For example, we need something active to move our bodies, something to challenge and sharpen our minds, something social to connect us to others, and something peaceful to help us relax.

Gardening is particularly special to me, fulfilling both my active and relaxation needs. I have had a deep affinity for the outdoors and growing things since childhood, heavily influenced by my parents. My dad always tended to the vegetable garden, while my mom creatively landscaped their farm in Southern Ontario.

Working with the earth is a natural lesson in hard work and reward. One morning this spring, I was roaming the backyard with my hot cup of tea, impatiently wondering when my peas would finally begin to sprout. When I noticed a flash of green, I was elated. A single pea shoot was poking proudly out of the soil, and my heart was happy.

However, gardening also requires realistic expectations and acceptance of things entirely outside of our control. Since those peas sprouted, I've had to battle hungry birds and mischievous squirrels. Losing plants to hail, insects, and other pests is simply part of the deal.

Gardening in a climate with a short growing season requires flexibility. It forces me to accept that hours of hard work could be thwarted on any given day by Mother Nature. Honestly, if I hadn't learned to accept that reality, I likely would have quit by now! Yet, despite the frequent challenges, it remains deeply rewarding. Soon enough, I will be eating fresh peas, lettuce, herbs, raspberries, and other delicious food that I managed to nurture, protect, and keep alive.

Happy writing,

Michelle

Write It Forward



Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.





Nose Creek Watchers

Community stepping into the watershed collecting valuable data that keeps an eye on the health of the Nose Creek watershed.

by Kristina Stephens, NCPS Council Member



Since 2023, the Nose Creek Preservation Society has been testing the waters of Nose Creek in partnership with the Alberta RiverWatch Institute's CreekWatch program. CreekWatch empowers citizen scientists to perform water quality tests and sample invertebrate diversity to provide the institute with valuable information on the health of our waterways.

Our scientifically accurate data is shared with the government and conservation organizations, which can aid in supporting sustainable watershed management. Our hope is that information we have been gathering about Nose Creek will aid in its preservation, especially in the wake of future developments.

Volunteers test the water on a weekly basis throughout the summer months (May to October). Tests are designed so that anyone can follow the step-by-step sampling guide, and gather accurate water quality data that includes:

- pH,
- dissolved oxygen,
- chloride,
- phosphates,
- ammonia,
- and turbidity.

There is a thing as too salty.

As a freshwater water source, Nose Creek should naturally have very little salt. However, the draining from agricultural fields and roadways within Nose

Creek's thousand square kilometre watershed area has increased the salinity of the watershed. This has been shown through one of our most important water metrics, chlorine.

This increase in chlorine data has been evident at our 15 Street Bridge testing location in Northeast Calgary. It has consistently been above the 120mg/mL maximum that the Alberta Surface Waters' Environmental Quality Guidelines recommends for maintaining a healthy freshwater ecosystem. Increased salinity reduces the health of Nose Creek and will impact the plant, fish, and invertebrate diversity in the creek over time.

CreekWatch teams also sample for diversity of invertebrates, such as insects, snails, clams, and worms, where their presence, or lack thereof, as well as their abundance are important indicators of the quality of the water. Using a fine mesh sieve to catch invertebrates floating in the water and those that are stirred up from the creek bed, we identify and roughly count invertebrates that are present such as:

- caddisfly larvae,
- midges,
- water boatman,
- and the invasive Northern Crayfish.

Thankfully our team has been finding several types of pollution-sensitive invertebrates in Nose Creek, which indicates that the water is healthy enough for them to live and reproduce.

The more we know, the better choices we can make along the Nose Creek Watershed.

Our dream is to have several testing locations along the trajectory of both West Nose Creek and Nose Creek to monitor how the water quality is changing overtime, but we need an army of volunteers to make that dream a reality!

So far, our only active testing site is the 15 Street Bridge in Calgary, but we would love to have a consistent testing location in Airdrie in the Nose Creek Regional Park; where West Nose Creek meets Nose Creek in West Nose Creek Park; and at the confluence of Nose Creek and the Bow River by the Wilder Institute Calgary Zoo.

If you are interested in volunteering with our Creek Watch team, you can sign up on our website savenosecreek.com/creek-watch. We would love to see you out on the creek!



4-H INTRO CLUB

4-H in Calgary: Hands-On Learning for Today's Youth

When many families hear 4-H they still picture animals and agriculture, but 4-H has grown into a hands-on youth development program focused on life skills, leadership, and real-world learning for ages 9 to 15 in both urban and rural communities.

Traditional 4-H clubs run for a full year and include member led meetings, youth leadership opportunities, project work, record keeping, and Achievement Days. Intro Clubs are different. They are short term experiences designed for families who want to explore 4-H before committing to a full club year.

4-H Intro Clubs are now expanding beyond Calgary into North Central Alberta and are being delivered in partnership with community associations, schools, and homeschool groups. To date, Intro Clubs have delivered eleven short term clubs across Alberta, including nine in Calgary and two in Edmonton, engaging 128 youth aged 9 to 15. Three additional clubs are already scheduled in Calgary, Vermilion, and Bonnyville this summer.

Over six weeks, youth explore a variety of hands-on workshops while building confidence, communication, problem solving, and teamwork skills. Recent activities have included pottery, reptiles, baking and sourdough, food science, chocolate making, horsemanship, microgreens, robotics, painting, and behind the scenes tours.

For many families, Intro Clubs provide an easy way to discover whether 4-H is a good fit while meeting other youth and learning new skills.

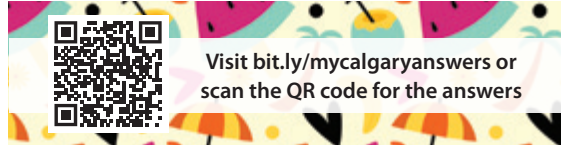
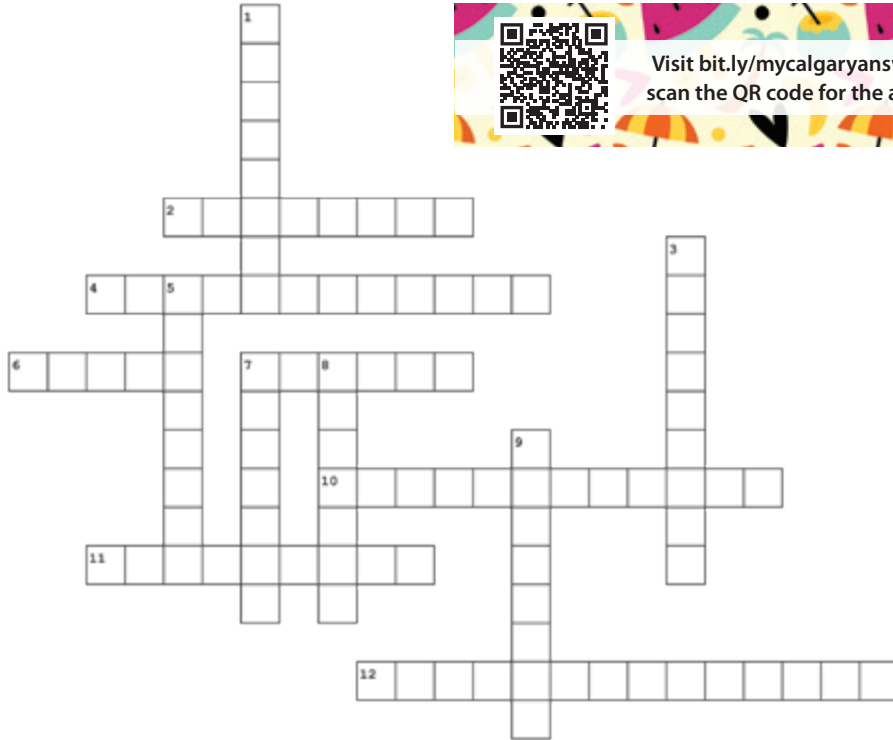
To help families learn more, 4-H Intro Clubs is hosting a free Park Party at Dalhousie Community Association in NW Calgary on Sunday, September 13, from 2:30 to 4:00 pm. The event is open to new families, returning members, curious youth, local 4-H clubs, and community supporters.

The afternoon will include outdoor games, light snacks, gelato, hands-on activities, and opportunities to connect with local leaders and learn about upcoming programs.



For more information or to RSVP for the Park Party, contact introclubs@4hab.com.

August Crossword



Across

2. Described as a period of abnormally hot weather, August is a typical time for these extreme weather events.
4. *Everything Everywhere All at Once* stars _____ as Evelyn, a mother trying to save her daughter from the evil forces of Jobu Tupaki in every universe.
6. *I Barely Knew Her*; is the title of this new artist's first album.
7. Weeping _____, is a popular tree native to northern China, but is now found in many places in North America.
10. These freshwater fish have a deceptively colourful name and can be found in the Bow River.
11. This American artist released his album *Wishbone*, featuring the songs, "Vodka Cranberry" and "Eleven Eleven" in August of last year.
12. If you're out on the lake, you may see people participating in this relaxing water sport.

Down

1. In this popular card game, you and your partner need to accrue a total of 121 points to win, even better if you skunk your opponents.
3. This popular Broadway musical was recently performed here in Calgary, telling the story of Orpheus and Eurydice.
5. Anne Hathaway's character in *The Devil Wears Prada* wears this blue that "represents millions of dollars of countless jobs."
7. This award-winning horror film follows Julia Garner as she tries to find her 17 students that go missing in the middle of the night.
8. These public spaces often promote a summer reading challenge for young kids.
9. These cold, fruit-flavoured treats are well-loved on a hot summer day.

BUSINESS CLASSIFIEDS

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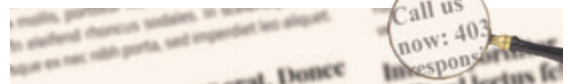
TUXEDO PARK MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbours navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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Word of the Month

Syzygy: noun (si-zuh-jee)

A nearly straight line-up of three celestial bodies in a gravitational system.

During an eclipse, the Earth, moon, and sun align to form a syzygy.



JOKE OF THE MONTH

I went to buy some camouflage pants, but I couldn't find any.



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- Dry Needling
- Spinal Decompression
- Laser Therapy

Massage Therapy

- Relaxation
- Sports Massage
- Deep Tissue
- Remedial

Acupuncture

- Neck, Shoulders & Back pain
- Insomnia
- Digestive Disorder
- Menopause
- Stress etc

Accepts Direct Billing!

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today to book your
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