# Your

WARBLER-

THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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CARDINAL

BY TREVOR RAMAGE

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#### **GENERAL MANAGER'S MESSAGE**



by Bryan Polak

Hello West Hillhurst Community!

2023 is shaping up to be a busy one for us. Here are some of the highlights so far.

We will be working on three projects shortly.

#### May and June

Resurfacing of the outdoor tennis courts.

#### **July and August**

The ice will be coming out as we are installing two new arena compressors in the plantroom.

#### **January to September**

We are working on the re-opening of the community lounge. We are aiming for a September re-launch.

WHCA will be celebrating our 75th anniversary this year. The Board will be working on some type of celebration for this. If you are interested in helping out, email us at admin@westhillhurst.com.

We will also be finishing the Memorial Zen Garden for David Quaintance.

June 26 and 27 we will be having our casino at Cowboys. We will need volunteers for this so please sign up at https://www.signupgenius.com/go/10c0e49aaa829a3fdc07-whca4.

WHCA would like to thank all those community members who have purchased the yearly community membership and are enjoying the benefits offered by companies in our community as well as the programs, classes, and community events. Please talk to your friends and neighbours about getting the membership and helping to support the community and building.

As always, if you have any questions, concerns, comments, or suggestions, please email them to me.

Thank you,

Bryan Polak

General Manager

generalmanager@westhillhurst.com

Facebook @WHCAab | Instagram @westhillhurstca

## WHCA Board of Directors

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President	Cher Jacobs president@westhillhurst.com
Vice President	Jan Cerny vice-president@westhillhurst.com
Past President	Patrick Craddock pastpres@westhillhurst.com
Treasurer	Christine Brown treasurer@westhillhurst.com
Secretary	Marc Coyte secretary@westhillhurst.com
Directors	
David Best	Dylan Richards
James Heater	Peter Studen
Marc Coyte	Lawrence Braul
Julie Impey	Leigha Pidde
Committee Contact	S
Planning	planning@westhillhurst.com
Transportation	transportation@westhillhurst.com
Newsletter	admin@westhillhurst.com
Community Engagement	volunteers@westhillhurst.com
Capital Projects	capitalprojects@westhillhurst.com
Community Garden	admin@westhillhurst.com

# **Facility Bookings/Rentals**

WHCA arena, gymnasium and studio spaces for rent! Now taking bookings. Please check our online calendar for available ice times:

events@westhillhurst.com

greencommittee@westhillhurst.com

www.westhillhurst.com/facility-rentals.

Community Events

Green Committee

Questions? bookings@westhillhurst.com.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Dr. Kolby Rieger

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#### 403-289-9185 | WWW.BRIARHILLDENTAL.CA

\*All services provided by a General Dentist

## Learn to Skate

WHSC | Spring 2023 Skate Registration



Spring 2023 skating registration is now open at the West Hillhurst Skating Club. We have Pre-CanSkate, CanSkate, and Adult and Teen Learn to Skate programs, as well as our extensive STARSkate programming. Registration is now open, complete program details (date/time/location), equipment requirements, are in the registration details.

#### **Register for Spring Skating 2023**

Please note, our skating programs only operate at the WHCA Arena in the spring on Mondays, Wednesdays, Fridays, and Saturdays.

#### **Important Registration Tips**

Prior to registering for any programs, please check that you have a valid annual WHCA and Skate Canada membership. If you don't have one or both memberships, or if either has expired, you will need to purchase or renew your memberships before you register for any of the programs. This will prevent errors in your registration process.

If you forgot your WHCA account password, please do not create a new account. Call Carla at 403-283-0464, ext. 6. to reset your password.

Questions about the WHCA Skate Club program? Contact skate@westhillhurst.com.



# WEST HILLHURST SQUASH & FITNESS

# **WHCA Squash and Fitness Centre Information**

West Hillhurst is very excited to announce the spring 2023 renewal of our three tennis courts.

This spring our courts will be repaved with a brand-new surface, layering and paint. Hosting 3 tennis courts and 6 pickleball courts.

With this amazing news we unfortunately will not be running and spring programming for tennis youth or adults until construction is complete.

We plan to continue summer programming for both youth and adults in July/June.

For any further information please email Chris: whfitness@ westhillhurst.com | 403-283-0464

#### **New Private/Semi-Private Training**

Please reach out to trainers directly for pricing and scheduling

Christine Shudra: beattles@telus.net | 403-815-4016 lan Coburn: ian.t.coburn@gmail.com | 403-714-3578 www.westhillhurst.com/meet-the-instructors

#### **Squash Lessons**

Sasha Thomson: sasha@thomsonfamily.ca Ozzie Vallejos: ozzievallejos@aol.com

Membership info can be found here: www.westhillhurst.com/membership-pricing

# **WHCA Member Card Discounts**

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

**Exclusive Member Card Discounts:** Our members receive promotional discounts with local businesses when they present a WHCA membership card.

- Amato Gelato: 10% off
- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Bowtown Music: 5% discount, excluding classes
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Framed on Fifth: 10% off picture framing services
- Cadence Chiropractic, Sport & Health: 1 to 20% discounts
- Canary Goods: 10% off

Questions: whfitness@westhillhurst.com | 403-283-0464

A few exciting updates for West Hillhurst Squash & Fitness for the months ahead!

23rd Annual West Hillhurst Squash Club Championships Tournament Results. A huge thank you to all our players, and sponsors that came out for an amazing Squash Club Champs. We saw many competitive games, including an intense exhibition game with ex-professional squash players, Andrew and Graeme Schnell.

#### **Youth Squash Lessons**

Session 2 Youth Squash Lessons comes to a close and we will look to continue youth squash lessons in early April. - stay tuned to our social media feeds for the latest updates and information on dates/registration.

#### Tennis / Lessons at West Hillhurst

West Hillhurst is extremely excited to announce the confirmed renovations of our 3 tennis courts. This spring tomko will be coming in and fully tearing up and replacing our tennis courts with brand-new surfaces!!! The time of construction will be weather dependent.

With this update, spring tennis lessons will not be happening for 2023. We look forward to running evening adult and weekday youth lessons for July & August. Information on summer lessons and tennis membership fees etc will come out this spring through email / social media.

- **Dignity Memorial:** 10% savings
- EcoEquitable: Use promo code 'WHCA' for a 15% discount
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- SunnyCider: 10% off any cider purchase at the Tap Room
- **Superior Vacuums:** 5% off any purchase or service
- Trinity Wellness Centre: 15% off your Initial Acupuncture Assessment & Treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products
- Tipperary's Pub: WHCA Team Specials

Contact generalmanager@westhillhurst.com or call 403-283-0464 for sponsorship and advertising opportunities, including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA's free member programs, visit westhillhurst.com. Membership cards must be shown. Online administration fees go back to WHCA.

# **West Hillhurst Preschool News**

by Lisa Kelly



# REGISTRATION 2022-2023

Registration for 3-5yr old programs for 2022-23 school year will open on the following dates:

Returning (current) students | Feb 28, 2022 - March 3, 2022

Students of Alumni families | March 4, 2022 - March 6, 2022

Open Registration | March 7, 2022

West Hillhurst Preschool is participating in the Provincial Affordability Program.

All parents of children zero - kindergamen age, will benefit from reduced fees through affordability grants. Funding is provided directly to operators and is to be used specifically to reduce fees. Fee reductions for 2022-2023 is a minimum of \$75/month, which will be automatically applied monthly to each students account.

REGISTER

www.westhillhurstpreschool.com

Questions: registrar@westhillhurstpreschool.com

April was an extremely fun time in preschool...We had ducks! The children (and adults) were so excited when the duck eggs arrived, and we patiently waited every day for them to hatch! A few days later the excitement levels were through the roof! The eggs started to crack and just like that we had ducklings! Each class got to name their class duck and watch how they grew and changed over the weeks. We even taught them to swim! The ducks are now happily back at the farm enjoying a more peaceful lifestyle!

After spring break, we started our new topic: Animals! The children were excited to take on the role of a veterinarian and use our vet dramatic play area to look after and take care of the many animals we have! We even had a pet shop so the children could buy a new pet to look after! We also have a new writing/craft area in the classroom. The children love free writing, and it is lovely to see them use their imagination to produce their own work that they are so proud of!

April saw the return of our music teacher Ms. Elle. The

children always enjoy her music lessons and all the exciting and fun instruments she brings along! May sees the return of soccer with Coach Steve! Always a highlight and a great end to the year!

For more information, please visit our website: www. westhillhurstpreschool.com, and check out our Facebook page 'West Hillhurst Community Preschool' and our Instagram page whcapreschool' to see all the exciting and fun things we get up too!

# **Community News**

by Peter Studen

The West-Hillhurst Community Association is excited to announce its 75th anniversary in September 2023! For three-quarters of a century, WHCA has been serving the residents of West-Hillhurst and creating a strong sense of community in the neighbourhood.

To celebrate this momentous occasion, WHCA is planning a series of family-friendly and adult events that are sure to be memorable. Whether you're looking for an opportunity to connect with your neighbours, learn something new, or simply have fun, there will be something for everyone. From live music and entertainment to food trucks and outdoor games, these events will be a great way to celebrate with family and friends.

But we can't do it alone! We need volunteers to help make these events a success. We're looking for enthusiastic and dedicated individuals who are passionate about building community and celebrating this important milestone. Whether you have experience in event planning or simply want to lend a helping hand, we would love to have you on board.

If you're interested in volunteering, please contact Peter Stunden, WHCA Director, at peter.stunden@ shaw.ca. Let's make this anniversary one to remember for years to come!



#### WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. (Please contact organizer/organization directly for information).

# **Youth Programming**

- New! Meg Sport Inline Skating www.magsport.ca
- Pedalheads Summer Camps www.pedalheads.com/alberta
- Summit Kids Before and After School Care and Summer Camps

Monday to Friday. www.summitkids.ca

WHCA T-Ball Spring

5 to 7 years. www.westhillhurst.com/youth-programs

- WHCA Spring Skills'n Drills with Triple Meg Soccer 8 to 12 years (Spots still left in the girls' program).
   www.westhillhurst.com/youth-programs
- WHCA Preschool 2023 to 2024 www.westhillhurstpreschool.com
- Jugando: Spanish Centre for Kids! www.jugando.ca
- Engineering for Kids

Ages 5 to 12. www.engineeringforkids.com/calgary

Young Rembrandts

Drawing classes for kids ages 4 to 12 years. www. youngrembrandts.com

Triple Meg Soccer

Summer registration open. www.triplemeg.com

Sportball

Winter registration open. www.sportball.ca/calgary

Kinder Studios

Dance for ages 3 months to 12 years. www.kinderstudios.ca

Baby/Toddler Music

www.mosspostpartum.com

Parent/Baby Yoga

www.mosspostpartum.com

Irish Dance

www.bradyacademy.ca

Karate jkaiwayama

www.jkaiwayama.ca

Hybrid Hockey

Hockey development programming. www.hybridhockey.net

- Calgary Roller Derby Jr. www.calgaryrollerderby.com. juniors@ calgaryrollerderby.com
- Breakaway Hockey & Ringette Development www.breakawaypowerskating.com

# **Adult Sports and Fitness Programming**

- WHCA Women's Squash
   www.westhillhurst.com/adult-programs
- NCHL (Adult Non-Contact Hockey League)
  Monday to Sunday. www.nchl.com
- Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm.jazzed@ telus.net

- Pre and Post Natal Fitness Programming
  Tuesdays. www.mossportpartum.com
- Parent/Baby Yoga

Wednesdays. www.mosspostpartum.com

• New! Reclaiming You!

Weekly activities and coaching to help you get back in touch with you, the things you love, and your purpose in life outside of being a mom. Thursdays. www.mosspostpartum.com

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca

Lisa Scott Bootcamp

Indoor and outdoor bootcamp, scottli@telus.net

High Fitness

HIGH fitness has brought aerobics back in a hip and unique way. maddier.highfit@gmail.com

JKA Karate (jkaiwayama)

Adult and youth Karate. www.jkaiwayama.ca

• Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defense. info@fight34.com

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport & Social Club

Volleyball, pickleball, floor hockey. www.calgarysportsclub.com

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com

#### WHCA EVENTS

#### We Need You! We Are Better Working Together!

We are looking for people who are interested in helping with events at West Hillhurst Community Association. If you have any ideas or are interested in helping, please contact events@westhillhurst.com.

# CASINO VOLUNTEERS NEEDED



JUNE 26 & 27, 2023 COWBOYS CASINO

Casino fundraising money helps provide one of the largest sources of revenue to help maintain WHCA operations, community events, programming, and facility updates

More information / registration link to volunteer

www.westhillhurst.com/casino



#### WHCA WILL BE CELEBRATING 75YRS THIS YEAR!!

We are asking if any community members have any pictures of the WHCA building / any events that took place at the West Hillhurst Community Centre

IF you do, please email or drop off pictures / copies to: Carla | admin@westhillhurst.com or 403-283-0464 ext 6

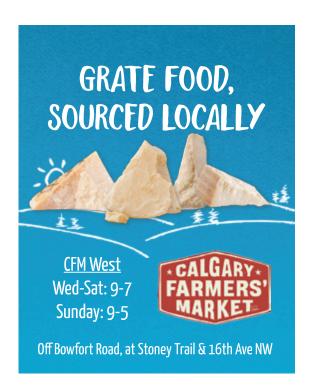


#### Sunday, May 28 from 9:00 am to 2:00 pm

Free community event – You can leave gently used items (drop and free shop), donate (bottle drive, clothing, sports equipment, bikes, books, household items), recycle (household batteries, metal, electronics), paper shredding. The City of Calgary Garbage packer trucks will also be onsite for the items you need to toss.

#### We are not accepting:

- Cardboard there is a drop off location at North Hill Mall
- Organic materials you can drop green bin organic materials at the city dump for free through their green program.
- Paint/paint cans or household chemicals/hazardous material (you can drop these off at your local fire stations – please confirm with them which locations offer this service).
- · Bricks, concrete, railroad tires
- Car seats recycling
- Tires
- Large household appliances
- Propane Tanks
- Glass
- Light bulbs or lights with light bulbs









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# **BUSINESS CLASSIFIEDS**

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**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**WEST HILLHURST MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

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HILLHURST / SUNNYSIDE CARPENTER / CONTRACTOR: Licensed carpenter for home or office renos or repairs. Small fixes to full renos. Whatever you need - framing, drywall and taping, painting, bathrooms and basements. Clean, safe work. Prompt service. 403-286-1788.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JOSHUA BLAIR CLASSICAL OSTEOPATHY: Helps find and fix the cause of your aches and pains through gentle manipulation so you can improve your wellbeing and be your best self! Better Structure. Better Function. Located at 1904-B 20th Avenue NW in Capitol Hill. Book online: www.jblairosteopathy.ca or by phone: 587-225-9734.

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# **CARDINAL** BY TREVOR RAMAGE





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List Price: \$925,000

MLS #A2033048

Old-world charm detailing fills this beautiful brick bungalow on a prominent corner lot.



#### 839 4 Avenue NW

List Price: \$599,900

Congratulations to my clients who trusted me with representing them with their sale.

Not intended to solicit buyers or sellers currently under contract with a broker.

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\*Based on Total Dollar Sales Volume for a Single Office