

SEPTEMBER 2023

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THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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Crows feet are for birds, not faces!

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THE WEST HILLHURST COMMUNITY ASSOCIATION PRESENTS

CELEBRATING 75 YEARS

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1948

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**FESTIVAL EVENTS**

1940S' MOVIE NIGHT  
MARKET FESTIVAL  
CONCERT & PARTY



**SEPTEMBER 14TH & 16TH, 2023  
WEST HILLHURST COMMUNITY CENTRE & PARK  
1940 6TH AVENUE NW, CALGARY**



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DETAILS  
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## GENERAL MANAGER'S MESSAGE

Hello West Hillhurst Community!

Hope everyone has been enjoying the summer! For those of us with family in Edson and surrounding areas, as well as places in BC, I hope they are safe from the fires and flooding. Incredible year to say the least.

This is a very busy and exciting time for us at West Hillhurst. We have removed the ice in the arena and are doing the compressor work in the plantroom. The brand-new tennis courts are open and going strong with programming, tennis, and pickleball (new this year). As for the lounge, we are working hard with the goal of re-opening for September.

We have finished the memorial garden. Please come, sit, meditate, and enjoy.

### Upcoming at the WHCA

#### September 4: WHCA Summer Wrap-Up Party

Pool party from 10:30 am to 12:00 pm, then from 12:00 to 3:00 pm, fun in the fields. Join us for a fun day with field games, bouncy castles, escape rooms, face painting, food trucks, and more. [www.westhillhurst.com/whca-events](http://www.westhillhurst.com/whca-events).

#### September 14 to 16: WHCA 75<sup>th</sup> Anniversary

WHCA will be celebrating our 75th anniversary this year and is working on celebration details, visit [grandtrunkfestival.com](http://grandtrunkfestival.com). Interested in volunteering? Contact Peter Stunden, WHCA Director, at [peter.stunden@shaw.ca](mailto:peter.stunden@shaw.ca).

### Event Volunteer Opportunities

WHCA will be celebrating our 75th anniversary this year and we are working on celebration details. Contact Peter Stunden, WHCA Director, at [peter.stunden@shaw.ca](mailto:peter.stunden@shaw.ca) for more information.

WHCA would like to thank all those community members who have purchased the yearly community membership and are enjoying the benefits offered by companies in our community as well as the programs, classes, and community events. Please talk to your friends and neighbours about getting the membership and helping to support the community and building.

As always, if you have any questions, concerns, comments, or suggestions, please email them to me.

Regards,

*Bryan Polak*

WHCA General Manager

[generalmanager@westhillhurst.com](mailto:generalmanager@westhillhurst.com)

## WHCA Board of Directors

President	Cher Jacobs <a href="mailto:president@westhillhurst.com">president@westhillhurst.com</a>
Vice President	Jan Cerny <a href="mailto:vice-president@westhillhurst.com">vice-president@westhillhurst.com</a>
Past President	Patrick Craddock <a href="mailto:pastpres@westhillhurst.com">pastpres@westhillhurst.com</a>
Treasurer	Christine Brown <a href="mailto:treasurer@westhillhurst.com">treasurer@westhillhurst.com</a>
Secretary	Marc Coyte <a href="mailto:secretary@westhillhurst.com">secretary@westhillhurst.com</a>

### Directors

David Best	Dylan Richards
James Heater	Peter Studen
Marc Coyte	Lawrence Braul
Julie Impey	Leigha Pidde

### Committee Contacts

Planning	<a href="mailto:planning@westhillhurst.com">planning@westhillhurst.com</a>
Transportation	<a href="mailto:transportation@westhillhurst.com">transportation@westhillhurst.com</a>
Newsletter	<a href="mailto:admin@westhillhurst.com">admin@westhillhurst.com</a>
Community Engagement	<a href="mailto:volunteers@westhillhurst.com">volunteers@westhillhurst.com</a>
Capital Projects	<a href="mailto:capitalprojects@westhillhurst.com">capitalprojects@westhillhurst.com</a>
Community Garden	<a href="mailto:admin@westhillhurst.com">admin@westhillhurst.com</a>
Community Events	<a href="mailto:events@westhillhurst.com">events@westhillhurst.com</a>
Green Committee	<a href="mailto:greencommittee@westhillhurst.com">greencommittee@westhillhurst.com</a>

## Facility Bookings/Rentals

WHCA arena, gymnasium and studio spaces for rent! Now taking bookings. Please check our online calendar for available ice times:

[www.westhillhurst.com/facility-rentals](http://www.westhillhurst.com/facility-rentals).

Questions? [bookings@westhillhurst.com](mailto:bookings@westhillhurst.com).

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## WHCA EVENTS

### 'The Nest' Restaurant and Lounge

Coming fall 2023! Our newly renovated and revamped lounge will be reopening above the ice rink! Previously known as "The Barn", we are excited to reopen it up to all West Hillhurst users as "The Nest"! More details to come.

The WHCA is hiring for the following positions. Please visit our website for more information. [www.westhillhurst.com/careers](http://www.westhillhurst.com/careers).

- Arena Ice Operator
- Squash and Fitness Centre Member Services
- Head Chef
- Cooks/Line Cooks/Prep
- Servers/Bartenders
- Dishwashers – Email HR
- Front-of-House Manager



The poster features a banner with 'WHCA SUMMER WRAP-UP MONDAY, SEPT 4' in white text on a black background. Below the banner, it lists 'POOL PARTY @ BOWVIEW POOL' from 10:30am to 12:00pm and 'FIELD PARTY' from 12:00pm to 3:00pm. The field party activities include Escape Pods, YYC Food Trucks, Field Games, Face Painting, and Grass Volleyball. There are also boxes for 'YYC Foodtrucks' and 'TELUS'. The WHCA logo is at the bottom left.

### Upcoming at the WHCA

[www.westhillhurst.com/whca-events](http://www.westhillhurst.com/whca-events).

- **September 4 from 10:30 am to 12:00 pm and 12:00 to 3:00 pm** - Summer Wrap-Up Party! Pool party in the morning, followed by afternoon fun with field games, bouncy castles, escape rooms, face painting, food trucks, and more. Registration is required for the pool party.

- **September 9 and 10** - Curbside Community Treasure Hunt
- **September 9** - 75 Trees for 75 Years tree pick-up for those who purchased
- **September 14 to 16** - WHCA will be celebrating our 75th anniversary this year and is working on celebration details. Movie, concert, and more, visit [grandtrunkfestival.com](http://grandtrunkfestival.com). Contact Peter Stunden, WHCA Director, at [peter.stunden@shaw.ca](mailto:peter.stunden@shaw.ca).

### West Hillhurst Community Preschool Registration 2023-2024 School Year

#### Program Highlights

- Small class sizes (ratio 1:9).
- Amazing additional programming is included in the program (skating, soccer, art, music, etc.). Instruction is provided by qualified instructors.
- Rates are subsidized by the government monthly affordability grant (tuition less than \$75 per month), as well as government low-income subsidies available.
- Kindergarten-age children are eligible to attend (they can attend kindergarten and preschool on the same day and still qualify for the affordability grant).

For more information, please visit our website, [www.westhillhurstpreschool.com](http://www.westhillhurstpreschool.com) and check out our Facebook page 'West Hillhurst Community Preschool' to see all the exciting and fun things we get up to!

#### We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact [info@westhillhurst.com](mailto:info@westhillhurst.com).



A collage of photos from WHCA events with the text 'FOLLOW WHCA' in large, bold, black letters. Below the text are social media icons and links for Instagram (@westhillhurstca), Facebook (West Hillhurst Community Association), and the website (www.westhillhurst.com). The WHCA logo is also visible.

## WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact organizer/organization directly for information.

### Youth Programming

#### **New! WOW Occupational Therapy**

WOW Occupational Therapy is offering programs to support children with ADHD and similar presentations. Limited spots are available. October to December 2023 registration. [WOWoccupationaltherapy@gmail.com](mailto:WOWoccupationaltherapy@gmail.com).

#### **WHCA Preschool 2023-2024**

[www.westhillhurstpreschool.com](http://www.westhillhurstpreschool.com)

#### **WHCA Basketball 2023-2024**

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### **WHCA Fall Baseball 2023**

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### **WHCA Squash - Fall 2023**

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### **WHCA Tot Dance 2023**

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### **WHCA Youth Chess Program**

More programming coming in the fall. [www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### **Jugando: Spanish Centre for Kids!**

[www.jugando.ca](http://www.jugando.ca)

#### **Engineering for Kids**

Ages 5 to 12. [www.engineeringforkids.com/calgary](http://www.engineeringforkids.com/calgary)

#### **Young Rembrandts: Drawing Classes for Kids**

Ages 4 to 12 years. [www.youngrembrandts.com](http://www.youngrembrandts.com)

#### **Triple Meg Soccer**

[www.triplemeg.com](http://www.triplemeg.com)

#### **Hybrid Hockey**

Hockey development programming. Non-instructional school day skating and skills program. September 2023 to May 2024. [www.hybridhockey.net](http://www.hybridhockey.net)

#### **Sportball**

[www.sportball.ca/calgary](http://www.sportball.ca/calgary)

#### **Kinder Studios**

Dance for ages 3 months to 12 years. [www.kinderstudios.ca](http://www.kinderstudios.ca)

#### **Baby/Toddler Music**

[www.mosspostpartum.com](http://www.mosspostpartum.com)

#### **Parent/Baby Yoga**

[www.mosspostpartum.com](http://www.mosspostpartum.com)

#### **Irish Dance**

[www.bradyacademy.ca](http://www.bradyacademy.ca)

#### **Karate Jkaiwayama**

[www.jkaiwayama.ca](http://www.jkaiwayama.ca)

#### **Calgary Roller Derby Jr.**

[www.calgaryrollerderby.com](http://www.calgaryrollerderby.com).  
[juniors@calgaryrollerderby.com](mailto:juniors@calgaryrollerderby.com)

#### **Breakaway Hockey and Ringette Development**

[www.breakawaypowerskating.com](http://www.breakawaypowerskating.com)

#### **Summit Kids Before/After School Care**

Monday to Friday. [www.summitkids.ca](http://www.summitkids.ca)

### Adult Sports and Fitness Programming

#### **Yogamaya**

Yin, gentle, and flow yoga classes. [www.yogamaya.ca](http://www.yogamaya.ca)

#### **WHCA Women's Squash**

[www.westhillhurst.com/adult-programs](http://www.westhillhurst.com/adult-programs)

#### **NCHL (Adult Non-Contact Hockey League)**

Monday to Sunday. [www.nchl.com](http://www.nchl.com)

#### **Jazzercise with Judy**

Monday and Wednesday. 6:00 to 7:00 pm. [jazzed@telus.net](mailto:jazzed@telus.net)

#### **Pre and Post Natal Fitness Programming**

Tuesdays. [www.mossportpartum.com](http://www.mossportpartum.com)

#### **Parent/Baby Yoga**

Wednesdays. [www.mosspostpartum.com](http://www.mosspostpartum.com)

#### **Lisa Scott Bootcamp**

Indoor and outdoor boot camp. [scottlj@telus.net](mailto:scottlj@telus.net)

#### **High Fitness**

High fitness has brought aerobics back in a hip and unique way. [maddier.highfit@gmail.com](mailto:maddier.highfit@gmail.com)

#### **JKA Karate (Jkaiwayama)**

Adult and youth Karate. [www.jkaiwayama.ca](http://www.jkaiwayama.ca)

#### **Fight 34 Krav Maga**

We teach the Krav Maga system of realistic self-defence. [info@fight34.com](mailto:info@fight34.com)

# WHCA Squash and Fitness Centre Information

## New Private/Semiprivate Training

Please reach out to trainers directly for pricing and scheduling.

Christine Shudra: beattles@telus.net, 403-815-4016

Ian Coburn: ian.t.coburn@gmail.com, 403-714-3578

[www.westhillhurst.com/meet-the-instructors](http://www.westhillhurst.com/meet-the-instructors)

## Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca

Ozzie Vallejos: ozzievallejos@aol.com

Membership info can be found here: [www.westhillhurst.com/membership-pricing](http://www.westhillhurst.com/membership-pricing)

Questions? [whfitness@westhillhurst.com](mailto:whfitness@westhillhurst.com) | 403-283-0464, ext. 1

A few exciting updates for West Hillhurst Squash and Fitness for the months ahead!



## TENNIS MEMBERSHIPS 2023

Family **\$125**

Individual **\$75**

Members can book courts up to 7 days in advance online. Members have unlimited bookings - but limited to 1/day - per name.

## DROP IN PICKLEBALL / TENNIS

**\$20** / court

can only book 1 day in advance - net included - not paddles / balls

## TENNIS LADDER

July 1 - August 30

FREE for all Tennis Members | Levels 2.5 - 5.5

Email Brian for info / registration: [brian@enslaw.ca](mailto:brian@enslaw.ca)

## Yarn Ball

Drop-in adult floor hockey. [robvh2@gmail.com](mailto:robvh2@gmail.com)

## Calgary Sport and Social Club

Volleyball, pickleball, floor hockey. [www.calgarysportsclub.com](http://www.calgarysportsclub.com)

## Calgary Roller Derby

Adult roller derby. [www.calgaryrollerderby.com](http://www.calgaryrollerderby.com)

## Chinook City Roller Derby

Adult roller derby. [michael.p.willie@gmail.com](mailto:michael.p.willie@gmail.com)

## WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! We are currently taking bookings from now until December 2023. Please check our online calendar for available times at [www.westhillhurst.com/facility-rentals](http://www.westhillhurst.com/facility-rentals). Questions? Email [bookings@westhillhurst.com](mailto:bookings@westhillhurst.com).



## Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the City. Should the meeting fall on a holiday, it will be held on the Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on [www.westhillhurst.com/planning](http://www.westhillhurst.com/planning).

Go to <http://developmentmap.calgary.ca> to find details and timelines on specific development projects.

Email the WHPC directly at [planning@westhillhurst.com](mailto:planning@westhillhurst.com).

# 75 TREES FOR 75 YEARS

Help us get 75 trees planted in West Hillhurst  
to celebrate the WHCA 75th anniversary

Plant a 75th anniversary "legacy tree" on your property  
15 gallon trees available for \$75 (subsidized from >\$200)  
Delivery to WHCA September 9th 2023

See website for details and to register for your tree

FHN Foothills Nurseries



## WHCA GREEN COMMITTEE

### Concerned About Climate Change? Want to Make a Difference?

The WHCA Green Committee is active in West Hillhurst and looking for more members to help with environmental initiatives in our neighbourhood. With events such as the spring clothing swap, 75 Trees project, and advocating for our neighbourhood parks, there are lots of ways to get involved.

The green committee meets monthly (virtually) and has a variety of projects focused on sustainability in our neighbourhood. Join us! Volunteers are always welcome. If this is something you would like to discuss, don't hesitate to reach out to the WHCA Green Committee at [greencommittee@westhillhurst.com](mailto:greencommittee@westhillhurst.com).



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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**WEST HILLHURST MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**TLC CLEANING:** Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email [tlc.cleaning@shaw.ca](mailto:tlc.cleaning@shaw.ca).

**ADAIR TREE CARE LTD. PROFESSIONAL ARBORISTS:** Calgary's trusted arborists since 1997. Expert tree pruning, removal, stump grinding, pest and disease management, fertilization, and planting. We love your trees! 403-686-6030, [www.adairtreecare.com](http://www.adairtreecare.com).

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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## Adult Pickleball

Interested in playing the fastest growing sport in North America?



Starting mid-September, West Hillhurst will be running our own pickleball program. All that is required is a WHCA membership and applicable monthly fees.

For more information, phone Carla at 403-283-0464, ext. 6, or email [admin@westhillhurst.com](mailto:admin@westhillhurst.com).



## West Hillhurst Preschool News

by Lisa Kelly

### A New School Year

We hope you all enjoyed the summer break with your family and friends. The teachers have been busy planning lots of exciting topics and activities for the children. To help support orientation to Preschool, the teachers will be inviting the children (and parents) to a 'meet the teachers' event at the start of September. Remember to check your mailbox for your special invite!

We are so lucky to have such a wonderful team of staff in the Preschool and we will be welcoming them back for the new term. Our wonderful Miss Giulliana will be the teacher for our Tuesday/Thursday morning class as well as continuing our Spanish programming on Monday, Wednesday, and Friday afternoons. We are pleased that Miss Lisa will be returning as the teacher for Tuesday/Thursday afternoon classes and continuing her role of Preschool Administrator. Miss Cicely will be continuing Monday/Wednesday/Friday mornings as the teacher, as well as our Teaching Assistant for Tuesday and Thursday mornings. Miss Vicki will be continuing as Teaching Assistant for the Monday/Wednesday/Friday morning class and Miss Damariz will continue to be the teaching assistant in our Spanish program with Miss Giulliana. Ms Damariz and Ms Vicki will job share the Tuesday/Thursday afternoon Teaching Assistant role, working alongside Miss Lisa. Our teachers are a vital component to the Preschool's success, and we are thrilled to have a dynamic and wonderful team.

For more information, please visit our website at [www.westhillhurstpreschool.com](http://www.westhillhurstpreschool.com) and check out our Facebook page, 'West Hillhurst Community Preschool' to see all the exciting and fun things we get up to!

## The West Hillhurst Transportation Committee

The WHCA Transportation Committee works with the Planning Committee to advocate for vehicle, pedestrian, cycling, and transit safety and access in our neighbourhood.

The WHCA Transportation and Mobility Committee exists to:

- Work with the City of Calgary on Transportation plans and issues related to our community.
- Work with community members by letting them know how they can resolve transportation issues.
- Advocate for our community to get new and improved transportation research and devices.

### Our Committee Meets Monthly and Has Four Current Priorities:

#### 1. Kensington Rd Safety Measures

We are expecting safety improvements on Kensington Rd this summer. These changes arose from two children getting hit on Kensington Rd in 2022 and the advocacy of resident Patrick McKay, our mobility committee, and our councillor Terry Wong. Info is here: <https://www.calgary.ca/roads/kensington-rd-safety-improvements.html>. Importantly there will be new flashing beacon crosswalks on 16 St and 18 A St. This is great news for our community.

#### 2. Protected Bike Lanes on 5 and 6 Ave NW

The route from 10 St NW to Helicopter Park connects a community pool, parks, community associations, schools, daycares, and residences. We believe a protected bike lane beginning with a seasonal adaptive bike lane would enjoy wide usage. We continue advocating for things that promote safe bike usage and more mobility options, especially across Crowchild Trail.

#### 3. 19 St Streetscape

We continue to work with the city to improve the streetscape after a consultation that was done several years ago. We continue to prioritize the pedestrian experience.

#### 4. Post Construction Mobility Fixes

We continue to advocate for sidewalk, curb, and alley fixes that are supposed to occur post-construction.

Questions? Concerns? For more information, please contact [transportation@westhillhurst.com](mailto:transportation@westhillhurst.com).

# Live Life to the Fullest

## A Day in the Life at Cambridge Manor



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*Enjoy an active social life*



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# CARDINAL

BY TREVOR RAMAGE



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3



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1428



102F, 500 Eau Claire Avenue SW

List Price: \$624,900

MLS #A2070173

Enjoy being surrounded by social benefits and comfort in this stylishly renovated unit featuring high-end kitchen appliances, 2 generously-sized patios and multiple luxurious amenities. Within walking distance to Prince's Island Park.



SOLD

92 Hendon Drive NW

List Price: \$799,900

Thankful for the trust my clients have in me.  
Heartfelt congratulations to a loyal client.



SOLD

1908 Broadview Road NW

List Price: \$629,000

Warmest congratulations to my buyer.  
Welcome to your new home.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM



SCAN ME

25 YEARS #1 OFFICE WORLDWIDE  
RE/MAX  
REAL ESTATE (CENTRAL)

#1 OFFICE WORLDWIDE

\*Based on Total Dollar Sales Volume for a Single Office