WEST HILLHURS

WARBLER-

THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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BY TREVOR RAMAGE

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Magic Carpet Ride

Family Literacy Program



A family that reads together, grows together.

The Magic Carpet Ride program is for 3-5 year olds and their parents or caregivers. We help families learn to use everyday activities to build a love of literacy and learning. Held at convenient locations across Calgary.



Reading



At-Home Activities



Singing

FREE! Contact us to learn more:

famlit@canlearnsociety.ca (403) 686-9300 ext. 128



www.canlearnsociety.ca/magic-carpet-ride

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Capital Projects	capitalprojects@westhillhurst.com
Community Garden	admin@westhillhurst.com
Community Events	events@westhillhurst.com
Green Committee	greencommittee@westhillhurst.com



We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at www.westhillhurst.com/facility-rentals. Ouestions? Email rentals@westhillhurst.com.





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SCAN HERE TO VIEW ADDITIONAL WEST HILLHURST CONTENT

News, Events, & More

Crime **Statistics**

Real Estate **Statistics**

GENERAL MANAGER'S MESSAGE

Dear WHCA Community Members,

As we reflect on the past year, we are filled with gratitude for the incredible sense of community we share together. Whether you've been a neighbour for years or just joined us recently, your involvement and support have made our community stronger and more vibrant.

This holiday season, we wish you peace, joy, and special moments with family, friends, and loved ones. We hope you enjoy a well-deserved break, take time to relax, and make cherished memories.

Thank you for being an essential part of what makes West Hillhurst Community Association so special. As we look toward 2025, we are excited for the opportunities ahead to continue building a welcoming, supportive, and connected community.

Happy Holidays and warm wishes for a bright New Year! Regards,

Susan Lenio

General Manager, West Hillhurst Community Association generalmanager@westhillhurst.com

Don't forget to check out our website and social media pages for upcoming events, volunteer opportunities, and more!













WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

Youth Programming

www.westhillhurst.com/youth-programs

WHCA Preschool 2024-2025

Spots still available. www.westhillhurstpreschool.com

WHCA Youth Squash

6 to 14 years. www.westhillhurst.com/youth-programs/

New! Four-Week Drawing Series for Kids

www.westhillhurst.com/youth-programs/

WHCA Youth Indoor Pickleball

6 to 15 years. www.westhillhurst.com/youth-programs/

WHCA Clay for Kids

www.westhillhurst.com/youth-programs/

Tot Dance

4 to 6 years, unparented

https://www.westhillhurst.com/youth-programs/

WOW Occupational Therapy for Kids with ADHD

wowot.ca

Engineering for Kids

www.westhillhurst.com/youth-programs

Jugando: Spanish Centre for Kids!

www.jugando.ca

Sportball

www.sportball.ca/calgary

Baby/Toddler Music

www.coremusictherapy.com

Triple Meg Soccer

www.triplemeg.com

Calgary Roller Derby Jr.

www.calgaryrollerderby.com. juniors@calgaryrollerderby.com

Karate Jkaiwayama

www.jkaiwayama.ca

Hybrid Hockey

Hockey development programming. www.hybridhockey.net

Breakaway Hockey and Ringette Development

www.breakawaypowerskating.com

Summit Kids Before/After School Care

Monday to Friday. www.summitkids.ca

Adult Sports and Fitness Programming

www.westhillhurst.com/adult-programs

WHCA Women's Squash

www.westhillhurst.com/squash-lessons-programs

Boogie Nights

Dance fitness class, melissa.fellows@outlook.com

NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. www.nchl.com

Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm. jazzed@telus.net

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca

Lisa Scott Bootcamp

Indoor and outdoor boot camp. scottlj@telus.net

JKA Karate (Jkaiwayama)

Adult and youth karate. www.jkaiwayama.ca

Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence. info@fight34.com

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport and Social Club

Volleyball, pickleball, floor hockey. www.calgarysportsclub.com

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com/juniors and calgaryjuniorrollerderby@gmail.com

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com



City Kids: Exploring 4-H Beyond the Farm

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs

The Intro Clubs in our city have been buzzing with excitement! We're wrapping up another round of daytime and evening programs, filled with hands-on workshops that let kids try new things and make connections with friends over six weeks.

Kids have enjoyed a wide range of activities, from pottery and beekeeping to crafting their own Grinch trees. Each workshop sparked creativity and teamwork, and the feedback from families has been fantastic. Along the way, the kids picked up core 4-H skills like leadership, communication, record-keeping, and community service.





One highlight was our Sourdough Workshop, where participants got a taste of bread dough-making, complete with a wheat grinding demonstration! They also learned about the science behind sourdough and had fun making pizzas with sourdough crust. The aroma of fresh pizza filled the air, and the favourite part was tasting their creations.

We're excited to announce that the Sourdough Workshop will be back in January as part of our next round of clubs, so those who missed it will get another chance!

The Intro Clubs are a great place for kids to grow, make friends, and have fun. We can't wait for the new workshops and activities coming up! For more information on upcoming clubs, please email introclubs@4hab.com. Thank you to all the families who've joined us on this journey—stay tuned for updates, and we hope to see you at our next workshop!



Come and Be a Go-Getter!

If you are 50 plus and want to get active, the West Hillhurst Go-Getters Association is the place for you!

Go-Getters' memberships are only \$35 per person per year. Membership includes special events each month like luncheons, Tea and Conversations, and Trivia afternoons. We also offer classes in card making and flower arranging and host exercise classes, games nights, and Wine and Paint events. Every Wednesday we hold a community bingo that is open to the public 18 and over.

- Mondays Euchre at 12:30 pm
- Tuesdays Canasta/Whist at 1:00 pm
- Wednesday Community bingo (open to the public) at 12:00 pm
- Thursdays Cribbage at 1:00 pm

For availability, times, and cost for all our programs, visit www.gogetters.ca, email programs@telus.net, or call 403-283-3720.

Or drop by and visit us anytime: Monday through Friday from 8:30 am to 3:30 pm.

West Hillhurst Go-Getters is located at 1940 – 6 Ave NW.

Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

- WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www.westhillhurst.com/planning.
- Go to developmentmap.calgary.ca to find details and timelines on specific development projects.
- Email the WHPC directly at planning@westhillhurst.com.

WEST HILLHURST PRESCHOOL NEWS



by Lisa Kelly

'What a wonderful time of year!'

It's hard to believe that November is over, and December is already here! We are all excited for the fun of the holiday season and the excitement that December brings! During this busy month, we enjoy talking about all the special holidays that people celebrate. We tell stories about families, friends, love, giving, and sharing. It is so wonderful for us to be able to share our holiday traditions and to learn about and appreciate our likenesses and differences.

We have also been enjoying the 'Secret Garden' in the winter where we play in the snow with our friends. The children love to pretend to cook in the garden, finding natural objects to make a delicious soup or make a warm fire with the sticks that they find! They also enjoying making obstacle courses with all the objects they can find and moving around it with their friends. We are so lucky to have an outdoor space that we can enjoy in different ways all year-round.

Our music lessons with Ms. Elle came to an end at the start of November, which we were all very sad about. We always love these lessons and enjoy learning new songs and experimenting with different instruments. It's lovely to see children's confidence grow in these classes and children's language develop with all the fun and engaging songs. We can't wait for her to return in 2025!

For more information or to register in our limited available spots, please visit our website: www. westhillhurstpreschool.com. Also, be sure to check out our Facebook page 'West Hillhurst Community Preschool' and our Instagram page to see all the exciting and fun things we get up to!







Our clinic brings together experienced practitioners from a variety of disciplines to provide a complete approach to your treatment.

Now Offering Osteopathy
Maela Gasiglia, D.O.M.P and Mike Viani B Kin, D.O.M.P

Services

- Registered Massage Therapy
- Osteopathy
- Acupuncture/Traditional Chinese Medicine
- RAPID NeuroFascial Reset
- Functional Medicine



Your Health Is Your Most Important Asset

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WHCA EVENTS

Friends of West Hillhurst! Come support local at The Nest and enjoy a delicious burger, hot wings, gluten-free options, and an affordable kids' menu. Takeout available.

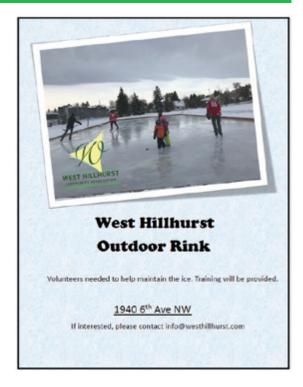
For takeout, reservations, and group bookings email thenest@westhillhurst.com or call 403-389-2039.

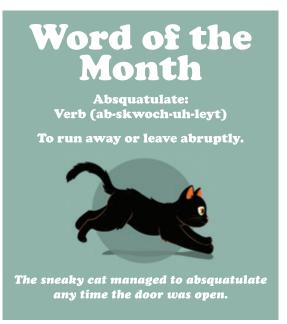




We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact info@westhillhurst.com.





West Hillhurst Racquet Club



New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

lan Coburn: ian.t.coburn@gmail.com, 403-714-3578 www.westhillhurst.com/meet-the-instructors

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca Ozzie Vallejos: ozzievallejos@aol.com

Membership information can be found at www.westhillhurst.com/membership-pricing. Questions? Contact whfitness@westhillhurst.com or 403-283-0464, ext. 1.



Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

https://app.skipthedepot.com/westhillhurst.



Adult Pickleball

Check out our WHCA website. The new outdoor (Tennis Courts) and indoor (Gym) schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email admin@westhillhurst.com.

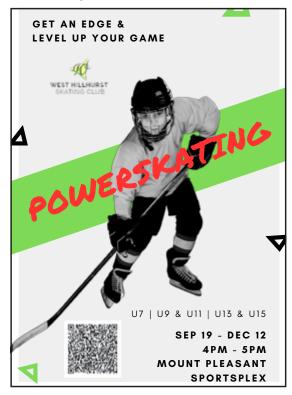




Learn to Skate

If you forgot your WHCA account password, please do not create a new account. Call our admin staff at 403-283-0464, ext. 6 to reset your password.

For questions about the WHCA Skate Club program contact skate@westhillhurst.com.









WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

Exclusive Member Card Discounts: Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

• Amato Gelato: 10% off

• Calgary Health Collective: 10 to 20% discounts

• Canary Goods: 10% off

• Dignity Memorial: 10% savings

• Eco Equitable: Use promo code 'WHCA' for a 15% discount

• Framed on Fifth: 10% off picture framing services

 Holiday Inn Express & Suites University Calgary: 10% discount on room bookings

 Kensington Wine Market: 10% off wine, 5% off beer and spirits

 Little Rock Painting: 20% discount, use promo code WHCA20

• Showhome Furniture: 20% off regular priced items, 10% off custom furniture

• Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.

• Sunny Cider: 10% off any cider purchased at the tap room

• Superior Vacuums: 5% off any purchase or service

 Trinity Wellness Centre: 15% off your initial acupuncture assessment and treatment

 Villages Calgary: 10% off purchases excluding rugs, food, and sale items

Vine Styles: 10% discount, excluding already discounted products

Contact generalmanager@westhillhurst.com or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit westhillhurst. com. Membership cards must be shown. Online administration fees go back to WHCA.



by Anne Burke

Phase 3 of the Connect: Calgary's Parks Plan is underway, and the draft plan was shared with the public and partners before Council's expected approval in early 2025. You can send questions or comments directly to the project team by emailing parksplan@ calgary.ca. Please note that these will not be included in the final Phase 3 What We Heard Report. A Park is a space set aside for enjoyment, recreation, education, cultural or aesthetic use, or for the protection of wildlife or natural habitats. An urban forest includes trees and shrubs intentionally planted, naturally occurring, or accidentally seeded within city limits. This means all trees in parks, river valleys, streets, roadways, natural areas, and commercial and private lands.

A Natural Area is a City-owned park or open space where the primary role is protection of a (relatively) undisturbed parcel or with a natural/native plant community. Natural areas are categorized to provide guidance for management and permitted uses according to habitat sensitivity and conservation needs. Habitat is the environment where the life cycle of a species is found and characteristics of the place (climate or suitable food and shelter). A Habitat Management Plan means a ten-year operational plan on how we manage natural areas that help maintain or improve the health and function of a park. Calgary's natural ecosystems are categorized by their habitat type (e.g., grassland, forest, wetland). There are also categories for classifying parks with natural environments: Special Protection or Major; Supporting (may be buffers), and other naturalized parks. Naturalization means improving management or repairing some function. For Environmentally Significant Areas, some key natural components recognized by the City of Calgary are Water Quality and Quantity; Rare, Intact, or Biologically Diverse content; and Habitat for Native Species of Interest. Read more at engage.calgary.ca/parksplan.



Calgary Confederation
Len Webber, MP
2020 – 10 St NW
Calgary, AB T2M 3M2

403-220-0888

Ien,webber@parl.qc.ca

Christmas Help

This month, many families will gather around the table to celebrate Christmas with loved ones. Unfortunately, the meal will not be as grand as it once was for a growing number of families.

Food Banks Canada has reported that food bank use in Canada is setting all-time records with shocking regularity. They report that up to 25% of Canadians are living in a state of poverty, while 35% feel worse-off financially. Canadians are struggling to keep their heads above water, relying on food banks to survive.

Food bank use in Canada has doubled since 2019 with over two million visits in March 2024 alone. This is 6% higher than last year and this year will likely set a new record.

Food Banks Canada blames inflation, housing costs, and insufficient social supports for creating the food insecurity problem.

At the same time, a 23% hike in the carbon tax is not helping. If you tax the farmer who grows the food, and the trucker who ships the food, you end up taxing the Canadian who buys the food.

One-third of those using food banks are children. One-in-five is employed and 70% live in market rent housing. These are people struggling to keep up. Food insecurity has a huge impact on one's mental health and overall health outcomes. This in turn puts additional stress on other social services and the healthcare system.

This Christmas season, if you are able, please donate to a food bank or food pantry so that we can all celebrate Christmas like we used to.

While the need for donations continues throughout the year, your Christmas donation sends a special message of support to those who need it the most during the holiday season.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

WEST HILLHURST MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.

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☑ info@bmaxbrokers.com | ६ 403-249-2269



The Fairplay Christmas Tree Event

December 15 to 24

With a purchase of \$10 or more, you are invited to choose a free gift from our tree for your pet!

Fairplay Pet Supply 2604 Kensington Rd NW

The Simpsons

The Simpsons made their grand debut on Fox with the holiday episode "Simpsons Roasting on an Open Fire" on December 17, 1989. That means Homer, Marge, Bart. Lisa, and Maggie have been making us laugh for 35 years — and counting!



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Wishing you a joyful holiday season filled with warmth, happiness, and special moments.



111 Woodland Lane

List Price: \$2,999,900

Experience a sophisticated, tranquil lifestyle on 4 acres in Bearspaw, complete with a chef-inspired country kitchen, an outdoor saltwater pool, and multiple elegant spaces for indoor and outdoor living.



370 Capri Crescent NW

List Price: \$2,150,000

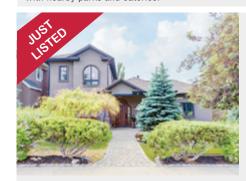
Congratulations to terrific clients. Your continuous trust and loyalty are the greatest compliments I could receive.



2329 6 Avenue NW

List Price: \$1,999,900

An exceptional home with stunning curb appeal framed by mature trees. Features include a custom staircase, an elegant wine room, all nestled in a vibrant neighbourhood with nearby parks and eateries.









2447



1827 11 Avenue NW

List Price: \$1,499,900

Breathtaking views await. Enjoy serene landscaping, an open floor plan, a walkout lower level, and a dream garage complete with a lift.

Not intended to solicit buyers or sellers currently under contract with a broker.

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*Based on Total Dollar Sales Volume for a Single Office