

JULY 2024

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# your WEST HILLHURST WARBLER

THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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# FOLLOW WHCA



WESTHILLHURSTCA



THENESTWHCA



WEST HILLHURST COMMUNITY ASSOCIATION



WWW.WESTHILLHURST.COM

# BARKER'S

• FINE DRY CLEANING •

## PICK UP & DELIVERY SERVICES



403-282-2226

THANK YOU  
THANK YOU  
THANK YOU



*Diane Becker*

Thank you Diane Becker for your beautiful gift of all the Perennial Plants to enhance the WHCA Garden

## Know the signs of **STROKE**

**F** **Face**  
is it drooping?

**A** **Arms**  
can you raise both?

**S** **Speech**  
is it slurred or jumbled?

**T** **Time**  
to call 9-1-1

**Beat stroke**  
**Call 9-1-1 FAST**  
heartandstroke.ca/FAST

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## WHCA Board of Directors

President	Dylan Richards president@westhillhurst.com
Vice President	Casey Kennedy vice-president@westhillhurst.com
Past President	James Heater pastpres@westhillhurst.com
Treasurer	Margot Davidson treasurer@westhillhurst.com
Secretary	Deborah Kowbel secretary@westhillhurst.com

### Directors

David Best	James Heater	Will Overend
Julie Impey	Angela Pucci	Jan Burwell
Alberto Trejo	Gord Chester	Maggie Lam
Lawrence Braul		

### Committee Contacts

Planning	Karen Dahl whcaplanningcommittee@gmail.com
Transportation	Janice Paskey transportation@westhillhurst.com
Newsletter	admin@westhillhurst.com
Community Engagement	volunteers@westhillhurst.com
Capital Projects	capitalprojects@westhillhurst.com
Community Garden	admin@westhillhurst.com
Community Events	events@westhillhurst.com
Green Committee	greencommittee@westhillhurst.com

## WEST HILLHURST PRESCHOOL NEWS



by Lisa Kelly

The West Hillhurst Community Preschool is a place where kids play, grow, and learn. We offer morning and afternoon classes for three-to five-year-old children in both English and Spanish Bilingual in our bright and inviting classroom on the second floor of the West Hillhurst Community Centre. General registration for 2024-2025 is now open.

For more information, please visit our website at [www.westhillhurstpreschool.com](http://www.westhillhurstpreschool.com).

### WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at [www.westhillhurst.com/facility-rentals](http://www.westhillhurst.com/facility-rentals). Questions? Email [rentals@westhillhurst.com](mailto:rentals@westhillhurst.com).



## FAIRPLAY PET SUPPLY

...everything  
pets

2604 Kensington Rd. NW 403-283-2117

## WHCA EVENTS

### Summer Hours

We are open Tuesday to Friday, 4:30 to 11:00 pm.

Come up and try our new smash burger, grilled cheese, and everyone's favourite, our tater tots!

For reservations and group bookings, email [thenest@westhillhurst.com](mailto:thenest@westhillhurst.com) or call 403-389-2039.



## WEST HILLHURST COMMUNITY ASSOCIATION

PRESCHOOL • RESTAURANT • STUDIO / GYM RENTALS  
ARENA • YOUTH PROGRAMS • HEALTH & RACQUET CLUB

[WWW.WESTHILLHURST.COM](http://WWW.WESTHILLHURST.COM)

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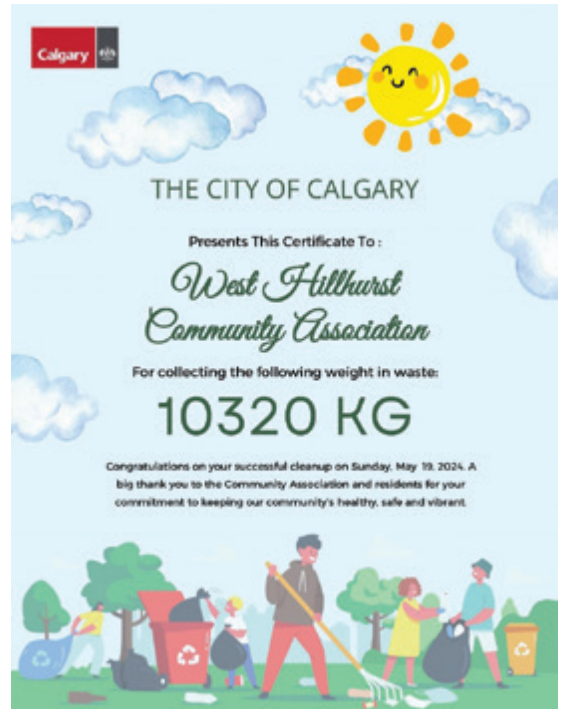
 [THENESTWHCA WESTHILLHURSTCA](https://www.instagram.com/thenestwhca)

### We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact [info@westhillhurst.com](mailto:info@westhillhurst.com).

*Happy Dominion Day, eh!*

Canada Day is celebrated annually on July 1. But did you know that before 1982, it was called Dominion Day? This name reflected Canada's status as a self-governing colony within the British Empire. However, in 1982 it was changed to the patriotic name we know and love today to better assert Canada's independence



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## WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

### Youth Programming

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

### Summer Camps

#### Pedalheads Summer Camps

[www.westhillhurst.com/youth-programs/](http://www.westhillhurst.com/youth-programs/)

#### New! Northwest Warriors Summer Camps

#### Hybrid Hockey

Hockey development programming. August prep camp.  
[www.hybridhockey.net](http://www.hybridhockey.net).

#### Sportball

[www.sportball.ca/calgary](http://www.sportball.ca/calgary).

#### Breakaway Hockey and Ringette Development

[www.breakawaypowerskating.com](http://www.breakawaypowerskating.com).

#### Summit Kids Before/After School Care and Summer Camps

Monday to Friday. [www.summitkids.ca](http://www.summitkids.ca).

### Adult Sports and Fitness Programming

#### WHCA Women's Squash

[www.westhillhurst.com/adult-programs](http://www.westhillhurst.com/adult-programs).

#### WHCA Tennis

<https://www.westhillhurst.com/adult-programs/>.

#### NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. [www.nchl.com](http://www.nchl.com).

#### Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm. [jazzed@telus.net](mailto:jazzed@telus.net).

#### Pre and Post Natal Fitness Programming

Tuesdays. [www.mossportpartum.com](http://www.mossportpartum.com).

#### Parent/Baby Yoga

Wednesdays. [www.mossportpartum.com](http://www.mossportpartum.com).

#### Yogamaya

Yin, gentle, and flow yoga classes. [www.yogamaya.ca](http://www.yogamaya.ca).

#### Lisa Scott Bootcamp

Indoor and outdoor boot camp. [scottlj@telus.net](mailto:scottlj@telus.net).

#### JKA Karate (Jkaiwayama)

Adult and youth karate. [www.jkaiwayama.ca](http://www.jkaiwayama.ca).

#### Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence.  
[info@fight34.com](mailto:info@fight34.com).

#### Yarn Ball

Drop-in adult floor hockey. [robvh2@gmail.com](mailto:robvh2@gmail.com).

#### Calgary Sport and Social Club

Volleyball, pickleball, floor hockey. [www.calgarysportsclub.com](http://www.calgarysportsclub.com).

#### Calgary Roller Derby

Adult roller derby. [www.calgaryrollerderby.com/juniors](http://www.calgaryrollerderby.com/juniors) and [calgaryjuniorrollerderby@gmail.com](mailto:calgaryjuniorrollerderby@gmail.com).

#### Chinook City Roller Derby

Adult roller derby. [michael.p.willie@gmail.com](mailto:michael.p.willie@gmail.com).



## Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

<https://app.skipthedepot.com/westhillhurst>.

SKIP THE DEPOT & WEST HILLHURST COMMUNITY ASSOCIATION  
DONATEWESTHILLHURST  
BOTTLES  
CLOTHING  
ELECTRONICS  
promocode: DONATEWESTHILLHURST  
www.westhillhurst.com/skip-the-depot



Become a Go-Getter!

We are an energetic and diverse group of individuals 50+ who thrive on staying active, making new friends, and trying new things. The Go-Getters offer fitness classes, luncheons, and monthly special events. And during the week we host a variety of card games, including:

- Mondays: Euchre
- Tuesdays: Canasta/Whist
- Wednesdays: Community Bingo
- Thursdays: Cribbage

**Memberships for 2024 are Only \$35 and Are Available Now**

To purchase a membership or to learn more about the Go-Getters, please call 403-283-3720, or send an email to [gogetters@telus.net](mailto:gogetters@telus.net). If you are in the neighbourhood, feel free to drop by and visit us Monday to Friday between 8:30 am and 3:30 pm.

The Go-Getters are located at 1940 6 Avenue NW. You will find us at the SW corner of the WHCA facility building.

## Planning Committee

*by Karen Dahl*

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the City. Should the meeting fall on a holiday, it will be held on the Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on [www.westhillhurst.com/planning](http://www.westhillhurst.com/planning).

Go to [developmentmap.calgary.ca](http://developmentmap.calgary.ca) to find details and timelines on specific development projects.

Email the WHPC directly at [whcaplanningcommittee@gmail.com](mailto:whcaplanningcommittee@gmail.com).

## News from the Friends of Nose Hill

*by Anne Burke*

The guided free Nose Hill Flower Walk on Tuesday, July 9 at 7:00 pm will meet at the parking lot on 14 Street and 64 Avenue NW. You are also invited to another exciting plan for a pair of weed pulls at the south-end of Nose Hill by the Winter Club, on Saturday, July 13 and Sunday, July 21 from 9:00 to 11:30 am. The Nose Hill ecologist ([andrew.phelps@calgary.ca](mailto:andrew.phelps@calgary.ca)) says, for dense infestations, that early season pulling allows for a more effective application of herbicide throughout the whole plant later. July and early August are the busiest times to catch many weed species before they go to seed. Events are booked early to beat the heat. Jim Davis, the Program Coordinator for Activations and Education for Calgary Parks and Open Spaces, will assist and said to let him know of any questions at [jim.davis@calgary.ca](mailto:jim.davis@calgary.ca). He wrote: "Yes, we have been working to schedule two volunteer projects to address Canada and Notting Thistle at Nose Hill Park. The current plan is to start at 9:00 am on both days, ending around 11:30 am. We will be meeting at the Park's parking lot at the corner of the Winter Club and working on the south-end of the park, moving clockwise to the west/north. The event is open to up to twenty volunteers working alongside a couple of Parks' staff who will give safety and task demos and bring all required tools. Prospective volunteers should wear closed-toe shoes and long pants, clothing suitable for weather conditions that day, and bring gloves if they have them. We also will have gloves available. Parks' staff will map the event, track weed removals, and drop them at a designated facility".

## West Hillhurst Racquet Club



### New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

Christine Shudra: [beattles@telus.net](mailto:beattles@telus.net), 403-815-4016  
 Ian Coburn: [ian.t.coburn@gmail.com](mailto:ian.t.coburn@gmail.com), 403-714-3578  
[www.westhillhurst.com/meet-the-instructors](http://www.westhillhurst.com/meet-the-instructors)

### Squash Lessons

Sasha Thomson: [sasha@thomsonfamily.ca](mailto:sasha@thomsonfamily.ca)  
 Ozzie Vallejos: [ozzievallejos@aol.com](mailto:ozzievallejos@aol.com)

Membership information can be found at [www.westhillhurst.com/membership-pricing](http://www.westhillhurst.com/membership-pricing).  
 Questions? Contact [whfitness@westhillhurst.com](mailto:whfitness@westhillhurst.com) or 403-283-0464, ext. 1.

SQUASH ALBERTA

## PRIVATE SQUASH LESSONS

*Sasha Thomson*  
[sasha@thomsonfamily.ca](mailto:sasha@thomsonfamily.ca)

*Ozzie Vallejos*  
[ozzievallejos@aol.com](mailto:ozzievallejos@aol.com)

EMAIL FOR MORE INFO



1940 6th Ave NW



TENNIS



PICKLEBALL

## DROP-IN INFO

OUTDOOR COURTS

\$18/hr. per court (tennis or pickleball)  
 Racquet / ball rentals available  
1-day advance booking

CALL 403-283-0464 ext 1

# SUMMER 2024 Skating Registration



## Now Open Online

[www.westhillhurst.com/whsc-registration](http://www.westhillhurst.com/whsc-registration)

Join Us  
**July 2 to Aug 21**  
 WHCA Arena

STARSkate sessions booked in weekly increments for ease of scheduling

Adult only sessions on Friday evenings from 5:30-6:30 pm



WEST HILLHURST  
 SKATING CLUB



HELLO  
 SUMMER!

## Adult Pickleball

Check out our WHCA website. The New Outdoor (Tennis Courts) and Indoor (Gym) schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email [admin@westhillhurst.com](mailto:admin@westhillhurst.com).



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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**WEST HILLHURST MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** \$50 for a hockey bag full of gear. We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301. Equipment pick-up / drop-off service available.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**A+ CANADIAN CLEANING:** A private, residential, customized cleaning service, established in 2007. References available from longstanding clientele. Got pets? No problem, we love all animals. To schedule an estimate, call or text Laura at 403-370-5885 or visit [www.apluscanadiancleaning.com](http://www.apluscanadiancleaning.com).

**TLC CLEANING:** Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email [tlc.cleaning@shaw.ca](mailto:tlc.cleaning@shaw.ca).



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

## WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

**Exclusive Member Card Discounts:** Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

- Amato Gelato: 10% off
- Calgary Health Collective: 10 to 20% discounts
- Canary Goods: 10% off
- Dignity Memorial: 10% savings
- Eco Equitable: Use promo code 'WHCA' for a 15% discount
- Framed on Fifth: 10% off picture framing services
- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Little Rock Painting: 20% discount, use promo code WHCA20
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.
- Sunny Cider: 10% off any cider purchased at the tap room
- Superior Vacuums: 5% off any purchase or service
- Trinity Wellness Centre: 15% off your initial acupuncture assessment and treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products

Contact [generalmanager@westhillhurst.com](mailto:generalmanager@westhillhurst.com) or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit [westhillhurst.com](http://westhillhurst.com). Membership cards must be shown. Online administration fees go back to WHCA.



**WEST HILLHURST**  
**COMMUNITY MEMBERSHIP**

**ANNUAL WHCA FAMILY MEMBERSHIP \$35**

MEMBER PROGRAMS | SKATE / STICKS N PUCKS / TAI CHI  
WHCA PROGRAM ACCESS / DISCOUNT ICE TIMES  
DISCOUNTS AT LOCAL BUSINESSES



[www.westhillhurst.com/whca-membership](http://www.westhillhurst.com/whca-membership)



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<b>News, Events, &amp; More</b> 	<b>Crime Statistics</b> 	<b>Real Estate Statistics</b> 
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ANNUAL & SESSIONAL CLASSES

[WWW.FREEHOUSEDANCE.COM](http://WWW.FREEHOUSEDANCE.COM)

# WHAT'S NEW IN OUR NEIGHBOURHOOD



SCAN FOR INFO

**Eau Claire Athletic Club**, Calgary's new private athletic facility, slated to open in early 2025, in the former YMCA building

[EACathleticClub.ca](http://EACathleticClub.ca)

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creating caring communities

## Bethany Calgary Redevelopment News

Get project updates at [developmentbethany.com](http://developmentbethany.com)

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- Face Cloths
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- Microfibre Cloths
- Dish Rags

### Mat Rentals

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- Waterhog
- Scraper
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# CARDINAL

BY TREVOR RAMAGE



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**List Price: \$2,250,000**

MLS # A2138236

Experience sophisticated living in this modern masterpiece, where impeccable attention to detail shines. Enjoy effortless entertaining with a unique chef's dream kitchen, formal dining room, and a spacious lower level featuring a convenient walkout.



**812 Memorial Drive NW**

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A beautifully renovated home featuring custom herringbone oak floors and a magnificent 12-foot quartzite kitchen island with a book-matched waterfall edge. Steps from Prince's Island Park and Kensington.



**1221 17A Street NW**

**List Price: \$1,699,900**

Sending congratulations to my sellers and buyer on a collaborative negotiation. Appreciative for the connections from the past.



**2236 Bowness Road NW**

**List Price: \$1,199,900**

Extending heartfelt congratulations to new clients on your successful sale.

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SCAN ME



**#1 OFFICE WORLDWIDE**  
\*Based on Total Dollar Sales  
Volume for a Single Office