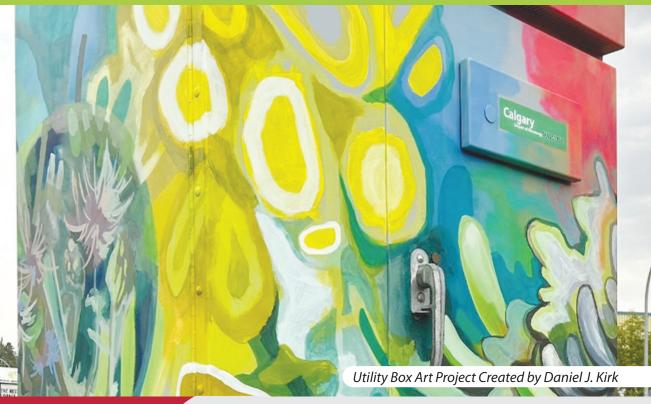
WEST HILLHURST

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WHCA Board of Directors

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Past President	James Heater pastpres@westhillhurst.com
Treasurer	Margot Davidson treasurer@westhillhurst.com
Secretary	Deborah Kowbel secretary@westhillhurst.com
Directors	

Will Overend	Lawrence Braul	Maggie Lam
Julie Impey	Angela Pucci	Jan Burwell
Alberto Trejo	Gord Chester	

Committee Contacts

Planning	Karen Dahl planning@westhillhurst.com
Transportation	Janice Paskey transportation@westhillhurst.com
Newsletter	admin@westhillhurst.com
Community Engagement	volunteers@westhillhurst.com
Capital Projects	capitalprojects@westhillhurst.com
Community Garden	admin@westhillhurst.com
Community Events	events@westhillhurst.com
Green Committee	greencommittee@westhillhurst.com



WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at www.westhillhurst.com/facility-rentals. Ouestions? Email rentals@westhillhurst.com.



GENERAL MANAGER'S MESSAGE

Dear WHCA Community Members,

Our Go-Getters Seniors Centre celebrated its 45th anniversary! Forty-five years ago, a vision was born—a vision of a place where our seniors could come together, connect, and thrive. Thanks to the dedication of many passionate individuals, that vision has flourished into the vibrant centre we cherish today.

Thank you to local artist Daniel J. Kirk on his amazing work on the utility box art project. The location of the project is at the southeast corner of 19 St and 5 Ave, across from the WHCA building. Come check out this beautification project.



Fall News and Events

- AGM November 13
- Food Bank Collection November 12 to December 13
- Team Town Appreciation Night November 27 and 28 www.westhillhurst.com/whca-events

We appreciate all community members who have purchased the yearly membership, contributing to our community's development. In addition to our member programs, some additional benefits of having a WHCA membership are access to WHCA Events (at least ten throughout the year), registration for programs like preschool, soccer, skating, discounted non-prime time ice rates, and our two outdoor rinks. WHCA would like to thank the local businesses that have partnered up with the community association to provide even more benefits to our membership holders.

The WHCA board has been working on updating our strategic plan, thank you for all your feedback from the survey. If you would like to join the board, please reach out by November 1, 2024.

We value your thoughts and views. If you have any questions, comments, or concerns please don't hesitate to get in touch with us, and don't forget to check out our website and social media pages for upcoming events, volunteer opportunities, and more!

Regards,

Susan Lenio

General Manager, West Hillhurst Community Association generalmanager@westhillhurst.com

WEST HILLHURST GO-GETTERS ASSOCIATION

Come and Be a Go-Getter!

If you are 50 plus and want to get active, the West Hillhurst Go-Getters Association is the place for you!

Go-Getters' memberships are only \$35 per person per year. Membership includes special events each month like luncheons, Tea and Conversations, and Trivia afternoons. We also offer classes in card making and flower arranging and host exercise classes, games nights, and Wine and Paint events. Every Wednesday we hold a community bingo that is open to the public 18 and over.

- Mondays Euchre at 12:30 pm
- Tuesdays Canasta/Whist at 1:00 pm
- Wednesday Community bingo (open to the public) at 12:00 pm
- Thursdays Cribbage at 1:00 pm

For availability, times, and cost for all our programs, visit www.gogetters.ca, email programs@telus.net, or call 403-283-3720.

Or drop by and visit us anytime: Monday through Friday from 8:30 am to 3:30 pm.

West Hillhurst Go-Getters is located at 1940 – 6 Ave NW.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



Green Committee

The WHCA Green Committee salutes the West Hillhurst Girl Guide units who planted the native pollinator plant seeds we provided to them earlier this summer.

This was all part of the Butterflyway Project, which is a volunteer-led movement that is about growing habitats for bees and butterflies in neighbourhoods throughout Canada.

Next spring we're hoping to add some native pollinator plants along the Dairy Lane pathway which connects 19 St NW to 3 Ave NW. For more information on how you can participate in the Butterflyway, please email greencommittee@westhillhurst.com.

The WHCA Green Committee is recruiting green-minded folks to join in our efforts to greenify West Hillhurst. We want to hear your green ideas and tell your green stories.

Whether it be planting a pollinator garden, advocating for the urban canopy, participating in our clothing exchange, cleaning up the neighbourhood, or adding solar panels to your roof, every little thing helps.



WHCA EVENTS

Friends of West Hillhurst! Come support local at The Nest and enjoy a delicious burger, hot wings, gluten-free options, and an affordable kids' menu. Takeout available.

For takeout, reservations, and group bookings email thenest@westhillhurst.com or call 403-389-2039.





We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact info@westhillhurst.com.

JOIN THE WHCA BOARD OF DIRECTORS FOR 2024-2025!

WHAT WE'RE LOOKING FOR:

Individuals with strong background in:

- Finance
- Law
- Fundraising
- Volunteer management

Those who are passionate about our community and its continued improvements.

HOW TO APPLY:

Email generalmanager@westhillhurst.com

Sign up to attend our AGM online or in person via www.westhillhurst.com/agm/

Must hold valid WHCA Annual Membership:

To purchase or renew, please visit www.westhillhurst.com/whca-membership/ or call 403-283-0464 ext. 6

The board meets every second Wednesday from September - June



WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

Youth Programming

www.westhillhurst.com/youth-programs.

New! WHCA Preschool 2024-2025

Limited spots for fall. www.westhillhurstpreschool.com.

New! WHCA Youth Squash

Ages 6 to 14 years.

www.westhillhurst.com/youth-programs/.

New! WHCA Youth Indoor Pickleball

Ages 6 to 15 years.

www.westhillhurst.com/youth-programs/.

New! WOW Occupational Therapy for Kids with ADHD wowot.ca.

Jugando

Spanish Centre for Kids! www.jugando.ca.

Baby/Toddler Music

www.mosspostpartum.com.

Triple Meg Soccer

www.triplemeg.com.

Calgary Roller Derby Jr.

www.calgaryrollerderby.com. juniors@calgaryrollerderby.com.

Karate Jkaiwayama

www.jkaiwayama.ca.

Hybrid Hockey

Hockey development programming. www.hybridhockey.net.

New! Engineering for Kids

www.westhillhurst.com/youth-programs.

Sportball

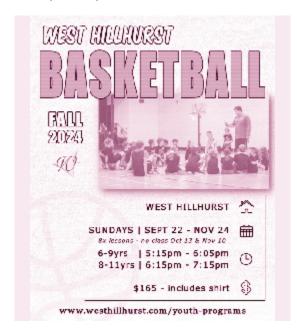
www.sportball.ca/calgary.

Breakaway Hockey and Ringette Development

www.breakawaypowerskating.com.

Summit Kids Before/After School Care

Monday to Friday. www.summitkids.ca.



Adult Sports and Fitness Programming

New! Calgary Health Collective - Wellness Series Thursday, November 7 from 6:00 to 7:00 pm

Join Dr. Angela Pucci and other knowledgeable practitioners in this New Wellness Series program. Free for WHCA members!

Throughout the six-week course, attendees will learn about osteopathy, the lymphatic system, body talk, ladies' sleep patterns, and joint mobility.

Registration and WHCA annual memberships are required.

WHCA Women's Squash

NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. www.nchl.com.

Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm. jazzed@telus.net.

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca.

Lisa Scott Bootcamp

Indoor and outdoor boot camp. scottlj@telus.net.

JKA Karate (Jkaiwayama)

Adult and youth karate. www.jkaiwayama.ca.

Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence. info@fight34.com.

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com.

Calgary Sport and Social Club

Volleyball, pickleball, floor hockey. www.calgarysportsclub.com.

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com/juniors and calgaryjuniorrollerderby@gmail.com.

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com.

Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

- WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www.westhillhurst.com/planning.
- Go to developmentmap.calgary.ca to find details and timelines on specific development projects.
- Email the WHPC directly at planning@westhillhurst.com.



by Anne Burke

For two weeks in fall 2024 about 800 goats grazed a 58-hectare area of the Rubbing Stone Hill Natural Parkland Zone in Nose Hill Park. The number of goats has increased from past years because it allows the same amount to be done in half the time. Like elk and bison, the herd of livestock reduces overgrown vegetation, shrubs, and trees in grasslands. Parking was limited when the Nose Hill 64 Avenue NW parking lot partially closed to accommodate moving the goats in and out of the park. Program Ambassadors were on site at Nose Hill Rubbing Stone Hill north of the parking lot. As a precaution, parts of the park and pathways were temporarily fenced off to public access during this grazing period. Park users were asked to follow all posted signage and closures. They were not to approach the goats and were directed to avoid electric fences used to contain the animals. Cyclists should have slowed down near grazing areas. Visitor dogs had to be kept on leash for their safety because off-leash herding dogs were working in the park.

In 2016 City Council approved an amendment to the Parks and Pathways bylaw to permit targeted grazing and help recover rough fescue habitat. Depending on terrain, there have also been goats in Confluence Park, McHugh Bluff, and Ralph Klein Park, while sheep were used in an area of the Weaselhead. Goats are preferred for woody material and undergrowth, but sheep are considered better for pasture-like areas. Other methods of vegetation control combine mechanical (hand pulling) and chemical spraying. The use of grazing comes with value added for biodiversity which helps native seeds to germinate and grow. The City gains both citizen interest and engagement to promote public education.

WEST HILLHURST PRESCHOOL NEWS



Settling Into Preschool

by Lisa Kelly

As we move into November, leaving the excitement of Halloween, the first snow fall, and Thanksgiving behind us, it has been lovely to see the students settling into our classroom routines, making new friends, and engaging in learning. The preschool teachers are enjoying getting to know the children and their families, and we would like to thank all of our parent volunteers who have been busy helping with playdough, laundry, library books, and so much more!

Preschool is a wonderful opportunity for children to meet new people and to make friends with other children within the same age group. Our teaching staff are always observing and encouraging children to learn how to cooperate, to wait their turn, and to use language to communicate their needs and wants. This in turn leads to a positive fostering of relationships within the classroom.

For more information or to register for our limited available spots, please visit our website, www. westhillhurstpreschool.com. Also, be sure to check out our Facebook page 'West Hillhurst Community Preschool' and our Instagram page to see all the exciting and fun things we get up to!





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WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

Exclusive Member Card Discounts: Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

· Amato Gelato: 10% off

• Calgary Health Collective: 10 to 20% discounts

• Canary Goods: 10% off

• Dignity Memorial: 10% savings

• Eco Equitable: Use promo code 'WHCA' for a 15% discount

• Framed on Fifth: 10% off picture framing services

- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Little Rock Painting: 20% discount, use promo code WHCA20
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.
- Sunny Cider: 10% off any cider purchased at the tap
- Superior Vacuums: 5% off any purchase or service
- Trinity Wellness Centre: 15% off your initial acupuncture assessment and treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products

Contact generalmanager@westhillhurst.com or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit westhillhurst. com. Membership cards must be shown. Online administration fees go back to WHCA.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

WEST HILLHURST MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.

West Hillhurst Racquet Club



New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

lan Coburn: ian.t.coburn@gmail.com, 403-714-3578 www.westhillhurst.com/meet-the-instructors

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca Ozzie Vallejos: ozzievallejos@aol.com

Membership information can be found at www.westhillhurst.com/membership-pricing. Questions? Contact whfitness@westhillhurst.com or 403-283-0464, ext. 1.



Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

https://app.skipthedepot.com/westhillhurst.



Adult Pickleball

Check out our WHCA website. The new outdoor (Tennis Courts) and indoor (Gym) schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email admin@westhillhurst.com.

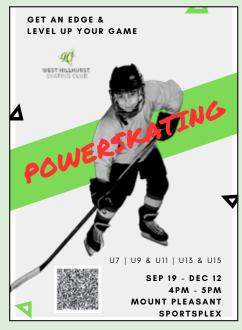


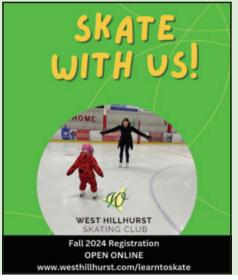


Learn to Skate

If you forgot your WHCA account password, please do not create a new account. Call our admin staff at 403-283-0464, ext. 6 to reset your password.

For questions about the WHCA Skate Club program contact skate@westhillhurst.com.











CARDINAL

BY TREVOR RAMAGE



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List Price: \$1,799,900

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List Price: \$799.900

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2361









2206 3 Avenue NW

List Price: \$1.699.900

Congratulations to my sellers and buyers! It was a pleasure working together. Here's to new beginnings for everyone. Grateful for your trust.

Not intended to solicit buyers or sellers currently under contract with a broker.







*Based on Total Dollar Sales SCAN ME Volume for a Single Office