

FEBRUARY 2025

DELIVERED MONTHLY TO 3,625 HOUSEHOLDS

your WEST HILLHURST WARBLER

THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



☎ 403.850.2560

**RE/MAX
FIRST**



CARDINAL

BY TREVOR RAMAGE

HONESTY • INTEGRITY • EXPERIENCE



CARDINALBYRAMAGE.COM

Not intended to solicit buyers or sellers currently under contract with a broker.

OFFICIAL



PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca



MAXIMUM HEALTH
WELLNESS CENTRE

Have an old injury that just won't go away?
Discomfort you just don't seem to be able to get rid of?
Have you tried Osteopathy or RAPID?

Book your appointment at maximumhealth.ca.

Services

- Registered Massage Therapy
- Osteopathy
- Acupuncture/Traditional Chinese Medicine
- RAPID NeuroFascial Reset
- Functional Medicine



Your Health Is Your Most Important Asset

maximumhealth.ca
#4 213 19th ST NW
403-283-0725

Book Now

bethany.
creating caring communities

Bethany Calgary Redevelopment News

Get project updates at
developmentbethany.com

BMAX BROKERS

MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

info@bmaxbrokers.com | 403-249-2269

Receive a
FREE BAG of DENTAL TREATS

with the purchase of any bag of Nutram Dog Food

Offer valid while supplies last.

\$11.99
 value!



MADE IN CANADA
 with pride



nutram

**OPTIMUM
 COMBINATIONS**

Dental health concerns
 are one of the **leading causes**
for veterinarian visits
 in Canada



FREE GIFT

Buy any Nutram Dog Food Bag and
 receive a **FREE** Bag of Dental Treats
 Made in Canada

Fairplay PET SUPPLY



\$11.99
 value!



cognitive+

immunity+

digestive+

mobility+

TO THE CONSUMER: Valid on one Nutram product. Limit one coupon per household. Limit one coupon per item purchased. Reproduction, altering or tampering in any way with this coupon may constitute fraud and is prohibited. Cannot be combined with any other offers or discounts. Offer valid while supplies last.

Redeemable exclusively at: Fairplay Pet Supply, 2604 Kensington Rd NW, Calgary, AB T2N 3S5 Expires: February 28, 2025

WHCA Board of Directors

President	Dylan Richards president@westhillhurst.com
Vice President	Casey Kennedy vice-president@westhillhurst.com
Past President	James Heater pastpresident@westhillhurst.com
Treasurer	Will Overend treasurer@westhillhurst.com
Secretary	Deborah Kowbel secretary@westhillhurst.com

Directors

Lawrence Braul	Elizabeth Lakin	Gord Chester
Maggie Lam	Margot Davidson	Angela Pucci
Julie Impey		

Committee Contacts

Planning	Karen Dahl planning@westhillhurst.com
Transportation	Janice Paskey transportation@westhillhurst.com
Newsletter	admin@westhillhurst.com
Community Engagement	volunteers@westhillhurst.com
Capital Projects	capitalprojects@westhillhurst.com
Community Garden	admin@westhillhurst.com
Community Events	events@westhillhurst.com
Green Committee	greencommittee@westhillhurst.com



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at www.westhillhurst.com/facility-rentals. Questions? Email rentals@westhillhurst.com.



SCAN HERE TO VIEW ADDITIONAL WEST HILLHURST CONTENT

<p>News, Events, & More</p>	<p>Crime Statistics</p>	<p>Real Estate Statistics</p>
--	--------------------------------	--------------------------------------

GENERAL MANAGER'S MESSAGE

Dear West Hillhurst Community,

As we wrap up the winter months, I can't help but feel excited for what's to come this spring. I want to extend a heartfelt thank you to everyone who participated in Girls Hockey Day—a collaborative event presented by West Hillhurst Community Association and Northwest Warriors Hockey Association. This special day was aimed at bringing together female players, coaches, parents, and supporters for development, growth, and, most importantly, a celebration of the game we all love. Your enthusiasm, dedication, and passion truly made the day unforgettable, and we look forward to continuing to foster the growth of girls' hockey in our community.

The West Hillhurst Community Association will be participating in a fundraiser casino on Sunday, March 16 and Monday, March 17, 2025. It will be held at ACE Casino Airport (40 Aero Cres NE). Money raised from the casino provides one of the largest sources of revenue to maintain operations at the WHCA. We are in need of volunteers, registration is open. www.westhillhurst.com/casino-2025.

Thank you for your continued support of our programs and events. Together, we are building a strong, vibrant community where everyone can thrive.

Warm regards,

Susan Lenio

General Manager, West Hillhurst Community Association
generalmanager@westhillhurst.com

*Don't forget to check out our website and social media pages for upcoming events, volunteer opportunities, and more!



WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

Exclusive Member Card Discounts: Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

- Amato Gelato: 10% off
- Calgary Health Collective: 10 to 20% discounts
- Canary Goods: 10% off
- Dignity Memorial: 10% savings
- Eco Equitable: Use promo code 'WHCA' for a 15% discount
- Framed on Fifth: 10% off picture framing services
- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Little Rock Painting: 20% discount, use promo code WHCA20
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.
- Sunny Cider: 10% off any cider purchased at the tap room
- Superior Vacuums: 5% off any purchase or service
- Trinity Wellness Centre: 15% off your initial acupuncture assessment and treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products

Contact generalmanager@westhillhurst.com or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit westhillhurst.com. Membership cards must be shown. Online administration fees go back to WHCA.

WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

Youth Programming

www.westhillhurst.com/youth-programs

WHCA Preschool 2024-2025

Spots still available. www.westhillhurstpreschool.com

WHCA Youth Squash

6 to 14 years. www.westhillhurst.com/youth-programs/

WHCA Lunchtime Literacy Program

Ages 4 to 6. www.westhillhurst.com/youth-programs/

New! Youth Break Dancing

7 to 12 years. www.westhillhurst.com/youth-programs/

Tot Dance

4 to 6 years, unparented

<https://www.westhillhurst.com/youth-programs/>

WOW Occupational Therapy for Kids with ADHD

wowot.ca

Jugando: Spanish Centre for Kids!

www.jugando.ca

Sportball

www.sportball.ca/calgary

Triple Meg Soccer

www.triplemeg.com

Calgary Roller Derby Jr.

www.calgaryrollerderby.com.

juniors@calgaryrollerderby.com

Karate Jkaiwayama

www.jkaiwayama.ca

Hybrid Hockey

Hockey development programming.

www.hybridhockey.net

Breakaway Hockey and Ringette Development

www.breakawaypowerskating.com

Summit Kids Before/After School Care

Monday to Friday. www.summitkids.ca

Adult Sports and Fitness

Programming

www.westhillhurst.com/adult-programs

WHCA Women's Squash

www.westhillhurst.com/squash-lessons-programs

Boogie Nights

Dance fitness class. melissa.fellows@outlook.com

NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. www.nchl.com

Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm.

jazzed@telus.net

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca

Lisa Scott Bootcamp

Indoor and outdoor boot camp. scottlj@telus.net

JKA Karate (Jkaiwayama)

Adult and youth karate. www.jkaiwayama.ca

Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence.

info@fight34.com

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport and Social Club

Volleyball, pickleball, floor hockey.

www.calgarysportsclub.com

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com/juniors

and calgaryjuniorrollerderby@gmail.com

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com





Come and Be a Go-Getter!

If you are 50 plus and want to get active, the West Hillhurst Go-Getters Association is the place for you!

Go-Getters' memberships are only \$35 per person per year. Membership includes special events each month like luncheons, Tea and Conversations, and Trivia afternoons. We also offer classes in card making and flower arranging and host exercise classes, games nights, and Wine and Paint events. Every Wednesday we hold a community bingo that is open to the public 18 and over.

- Mondays – Euchre at 12:30 pm
- Tuesdays – Canasta/Whist at 1:00 pm
- Wednesdays – Community bingo (open to the public) at 12:00 pm
- Thursdays – Cribbage at 1:00 pm

For availability, times, and cost for all our programs, visit www.gogetters.ca, email programs@telus.net, or call 403-283-3720.

Or drop by and visit us anytime: Monday through Friday from 8:30 am to 3:30 pm.

West Hillhurst Go-Getters is located at 1940 – 6 Ave NW.

Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

- WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www.westhillhurst.com/planning.
- Go to developmentmap.calgary.ca to find details and timelines on specific development projects.
- Email the WHPC directly at planning@westhillhurst.com.

HIPO-HOP & BEGINNER BREAKING

youth

Pulse Studios

**\$115 | AGES 7-11yrs | WHCA
6X SESSIONS | JAN 18 - MARCH 1**

www.westhillhurst.com/youth-programs | no class feb 15

FALL SPORTS PROGRAMS

• January 10 - February 28
no class Feb 14

• Fridays

• 7 classes

• \$120

Pulse Studios

4 - 6yrs

3:30pm - 4:20pm

TOT DANCE

www.westhillhurst.com/youth-programs



by Lisa Kelly

The West Hillhurst Community Preschool is a vibrant learning environment where children can play, grow, and thrive. We offer morning and afternoon classes for three- and four-year-olds in both English and Spanish bilingual. Our bright and inviting classroom, located on the second floor of the West Hillhurst community centre, provides a conducive space for children to engage in play-based learning.

Our exceptional teaching staff employs a play-based curriculum to help children develop essential social, emotional, and intellectual skills that will lay a strong foundation for future academic success. Additionally, our location offers access to the in-house facilities of the West Hillhurst community centre, including the gym, ice rink, and soccer field, providing children with opportunities for physical activity and exploration.

As a parent-run preschool, we recognize the significance of parent involvement in enhancing our programs. Throughout the year, we offer various volunteer opportunities, such as roles on the Executive Committee and the Special Events team, to help make playdough.

Above all, we strive to create a warm and caring classroom where children can learn through play while meeting the diverse physical, social, intellectual, creative, and emotional needs of each individual child.

To register, participants must have an annual WHCA membership. Online registration is available through our website: www.westhillhurstpreschool.com. If you have any questions or require further information, please don't hesitate to contact us at info@westhillhurstpreschool.com.



Cats, Canines, & Critters of Calgary



Basha and Molly, *Elbow Scene*



Daisy Nulo and Nulo Pickles, *McKenzie Towne*



Howie and Pepper, *Crestmont*



Tucker and Bentley, *McKenzie Towne*

To have your pet featured, email news@mycalgary.com

WHCA EVENTS

Friends of West Hillhurst! Come support local at The Nest and enjoy a delicious burger, hot wings, gluten-free options, and an affordable kids' menu. Takeout available.



For takeout, reservations, and group bookings email thenest@westhillhurst.com or call 403-389-2039.

WEST HILLHURST COMMUNITY ASSOCIATION

PRESCHOOL • RESTAURANT • STUDIO / GYM RENTALS
ARENA • YOUTH PROGRAMS • HEALTH & RACQUET CLUB

WWW.WESTHILLHURST.COM

1940 6TH AVE NW

 [THENESTWHCA
WESTHILLHURSTCA](https://www.instagram.com/thenestwhca)

We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact info@westhillhurst.com.



THE NEST
WINTER HOURS
1940 6 AVE NW CALGARY

MONDAY
4:30PM-11PM

TUESDAY
4:30PM-11PM

WEDNESDAY
4:30PM-11PM

THURSDAY
4:30PM-11PM

FRIDAY
3:00PM-12AM

thenest@westhillhurst.com
403 389 2039

Upstairs at the West Hillhurst Community Association

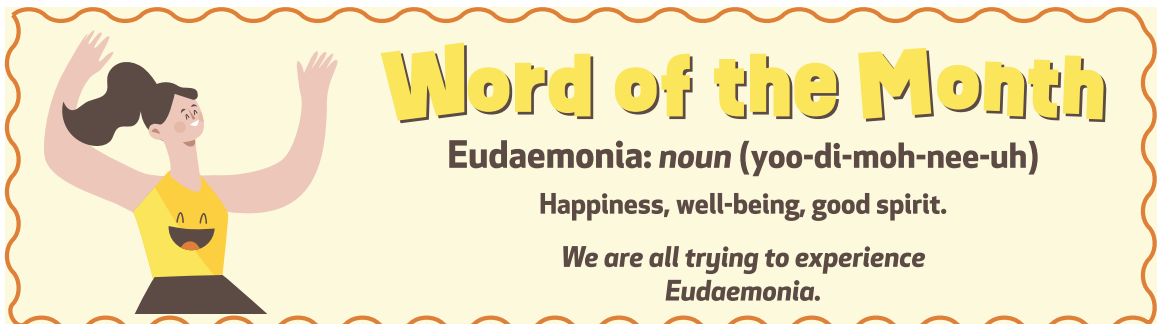


WHCA GREEN COMMUNITY PRESENTS
Clothing Swap
3-5PM SUNDAY FEB 2
WHCA DANCE STUDIO 1940 6 AVE NW

JOIN US FOR OUR ANNUAL CLOTHING SWAP! SWAP INSTEAD OF SHOP!
REDUCE TEXTILE WASTE AND CUT BACK ON CARBON EMISSIONS
REFRESH YOUR WARDROBE, SAVE MONEY, MEET A NEIGHBOUR :)
AND HELP THE PLANET!

DO BRING: UP TO 20 ITEMS OF WOMEN'S CLOTHING YOU NO LONGER WEAR,
IN GREAT CONDITION, FRESHLY WASHED

DON'T BRING: DAMAGED CLOTHING, UNDERGARMENTS, SWIMSUITS,
NIGHTWEAR OR KIDS CLOTHING



Word of the Month
Eudaemonia: noun (yoo-di-moh-nee-uh)
Happiness, well-being, good spirit.
We are all trying to experience Eudaemonia.

Adult Pickleball

Check out our WHCA website. The new outdoor (Tennis Courts) and indoor (Gym) schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email admin@westhillhurst.com.

WEST HILLHURST
COMMUNITY
MEMBERSHIP

ANNUAL WHCA FAMILY MEMBERSHIP \$35

MEMBER PROGRAMS | SKATE / STICKS N PUCKS / TAI CHI
WHCA PROGRAM ACCESS / DISCOUNT ICE TIMES
DISCOUNTS AT LOCAL BUSINESSES

WEST HILLHURST
COMMUNITY ASSOCIATION

www.westhillhurst.com/whca-membership

VECOVA™

Move, strengthen, and rejuvenate with Vecova's energizing fitness programs —designed for all levels and all bodies

- Cardio Dance, Strength, and Stretch Fusion
- Pumped Up Strength
- Full Body Strength & Mobility
- Parent & Baby Pilates
- Parent & Baby Power Fusion
- Work-It Circuit
- Flow Yoga
- Chair & Wall Yoga
- Aqua Circuits

Registration Opens Feb 18th @ 8am

www.vecova.ca | [@wearevecova](https://www.instagram.com/wearevecova) | 403-284-1121 | 3304 33 St NW

West Hillhurst Racquet Club



New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

Ian Coburn: ian.t.coburn@gmail.com, 403-714-3578
www.westhillhurst.com/meet-the-instructors

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca
Ozzie Vallejos: ozzievallejos@aol.com

Membership information can be found at www.westhillhurst.com/membership-pricing.
Questions? Contact whfitness@westhillhurst.com or 403-283-0464, ext. 1.

WEST HILLHURST
90
SQUASH ALBERTA

PRIVATE SQUASH LESSONS

Sasha Thomson
sasha@thomsonfamily.ca

Ozzie Vallejos
ozzievallejos@aol.com

EMAIL FOR MORE INFO

Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

<https://app.skipthedepot.com/westhillhurst>.

SKIP THE DEPOT & **WEST HILLHURST COMMUNITY ASSOCIATION**

Donate & from your used clothing, bottles, and electronics!

BOTTLES
CLOTHING
ELECTRONICS

promocode: **DONATEWESTHILLHURST**

www.westhillhurst.com/skip-the-depot

Learn to Skate

If you forgot your WHCA account password, please do not create a new account. Call our admin staff at 403-283-0464, ext. 6 to reset your password.

For questions about the WHCA Skate Club program contact skate@westhillhurst.com.

**GET AN EDGE &
LEVEL UP YOUR GAME**



**WEST HILLHURST
SKATING CLUB**



POWERSKATING

U7 | U9 & U11 | U13 & U15

**SEP 19 - DEC 12
4PM - 5PM
MOUNT PLEASANT
SPORTSPLEX**



SKATE WITH US!



**WEST HILLHURST
SKATING CLUB**

**WINTER 2025
Registration Now Open**

SKATE WITH US!




SKATE WITH US!



SKATE WITH US!



SKATE WITH US!





News from the Friends of Nose Hill

by Anne Burke

Natural parkland is green space with a (relatively) low level of maintenance and natural or naturalizing vegetation. Natural areas are accessible (by trail networks) or have limited/little public access. A master plan deals with current and future needs by population for park/greenspace. The Municipal Protected Areas Program demonstrates how biodiversity will be protected, conservation lands connected, and how Canadians will gain an appreciation for local nature. A Municipal Eco Toolkit by the Miistakis Institute for Alberta municipalities will help maintain their natural infrastructure systems (municipal30x30.ca).

Nature Canada is building a web of partners to help Canada achieve its biodiversity conservation goals to protect 30% of land, water, and marine areas by 2030. As of 2022, Canada has only protected 13.7% of land. The Canadian City Parks Report surveyed 35 Canadian municipalities, 2,500+ residents of Canadian cities, as well as park staff and other professionals across the country. One-third of cities said addressing federal biodiversity and land protection goals are a high priority. When 81% of Canadians are living in urban areas, protecting land in urban areas is vital. Cities are in dire need of new space for parks. Park budgets are not keeping pace. Partnerships are critical when cities need policies and structures. Park issues are increasing and require more training and collaborations. Departmental structures can promote collaboration or disconnection. Some residents feel disempowered but still want to engage. Mental and physical health benefits are key although there is a lack of programs. There are nine case studies in the 2024 Report which includes analysis of key data from surveys of both municipal staff and residents of Canadian cities, for new and ongoing issues facing parks, and how to help city staff make better decisions about programs, policies, and funding. Read more at parkpeople.ca.



West Hillhurst Real Estate Update

Last 12 Months West Hillhurst
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2024	\$875,000	\$860,000
November 2024	\$1,260,000	\$1,280,000
October 2024	\$995,000	\$975,000
September 2024	\$1,187,500	\$1,170,000
August 2024	\$849,900	\$823,500
July 2024	\$1,224,500	\$1,187,750
June 2024	\$890,000	\$887,500
May 2024	\$849,900	\$865,000
April 2024	\$839,500	\$824,000
March 2024	\$877,450	\$872,500
February 2024	\$923,950	\$987,499.50
January 2024	\$734,450	\$751,250

Last 12 Months West Hillhurst
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2024	6	7
November 2024	9	13
October 2024	20	17
September 2024	22	10
August 2024	15	9
July 2024	12	14
June 2024	19	10
May 2024	23	17
April 2024	20	26
March 2024	20	22
February 2024	13	10
January 2024	18	8

To view more detailed information that comprise the above
MLS averages please visit wshh.mycalgary.com



Calgary Confederation
Len Webber, MP
 2020 – 10 St NW
 Calgary, AB T2M 3M2
 ☎ 403-220-0888
 ✉ len.webber@parl.gc.ca

Are You Registered?

Canada will have a federal election this year, but its timing is uncertain. We may be in the middle of one by the time you read this.

When an election is called, Elections Canada provides information about when and where you can vote. To do this, the non-partisan government agency maintains the federal electors list.

The electors' list, the Register, is continually updated with information from a variety of sources, but there is a chance your information is not up-to-date, especially if you have moved since the last federal election in 2021.

You can verify if you are registered to vote by visiting www.elections.ca. You must be at least 18 years of age and a Canadian citizen to vote. If you do not have access to the internet, you can call 1-800-463-6868 for assistance.

You can register at the polls when you go to vote, but, if you register in advance at the right address, you will receive a voter information card in the mail when a federal election is called. The voter information card tells you when, where, and the ways to vote. An up-to-date registration will also make the voting process faster.

Maintaining the list is a mammoth job as the Register contains records for almost 28 million voters.

Each year, over 13% of all eligible elector information changes. In addition to address changes, electors turning 18 and new Canadian citizens are added to the Register, and the names of deceased electors are removed.

Canadians living abroad can vote in a Canadian election if they are registered on the International Register of Electors. More information on registering here and learning how to cast your vote from outside Canada is available at www.elections.ca.

Your participation in our elections is critical to our democracy. Please vote!

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

WEST HILLHURST MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LLEWELLYN LAW – YOUR COMMUNITY LAWYER: Located at Kensington Road & Crowchild Trail. Specializing in Real Estate, Wills & Estates, Civil Litigation, and Notary Public services. Free parking. By appointment. After-hours notary services available. Call/Text: 403-802-3695. Visit llewellynlaw.net.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc_cleaning@shaw.ca.



Cat-and-Mouse Game

On February 10, 1940, the iconic cat-and-mouse duo, *Tom and Jerry*, made their big screen debut! Created by William Hanna and Joseph Barbera, this cat-and-mouse game would go on to capture the hearts of generations.



BRAIN GAMES

SUDOKU

	1				6		
		3					4
4		5		1	9		
	5				6		3 1
	3		1	2	7		
8		1	3				7
			9	6	8	3	
3						8	
		8					2

SCAN THE QR CODE FOR THE SOLUTION



TASK FORCE ANIMAL HOSPITAL

Calgary's first not-for-profit veterinary hospital, supported by donations

There is a critical need for accessible, subsidized, quality veterinary care



cataskforce.org



Coming to Calgary in early 2025



help keep families together

Registered Charity No. 825596018 RR0001



EAU CLAIRE ATHLETIC CLUB

NEW YEAR. NEW CLUB. MAKE IT YOURS.

OPENING
SOON

Discover Eau Claire Athletic Club, where wellness, fitness and community come together. Individual, Family & Corporate memberships available - **Spaces are limited!** Book a tour & join our email list to learn more.



www.ecathleticclub.ca | info@ecathleticclub.ca | 101 3 St SW



ANITA MORTGAGE

AVENUE Financial
Real Estate Solutions



Time to Renew Your Mortgage?

Don't Settle –
Discover Better Rates
and Options! Get
Ready to Save Big!



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

The Little Month



We all know February is the shortest month of the year, but did you know the Welsh have a cute nickname for the month. The Welsh call February “y mis bach,” which means “the little month”.

free house
dance
plus

2020 12th Ave NW
403-282-0555

NEW
KIDS & ADULT
WINTER
CLASSES!
JANUARY - MARCH
REGISTRATION NOW OPEN

KIDS • TEENS • ADULTS
ALL LEVELS • NON-COMPETITIVE • PERFORMANCE DIVISION
ANNUAL & SESSIONAL CLASSES

WWW.FREEHOUSEDANCE.COM

CARDINAL

BY TREVOR RAMAGE



RE/MAX FIRST

📞 403.850.2560



1221 17A Street NW

Explore one of many land opportunities coming soon in West Hillhurst & Hounsfield Heights/Briar Hill!

Minutes from downtown, river pathways, and schools.

Choose from a variety of lot sizes and configurations to suit your needs.

Call for more information.



2.5



1034



210, 116 7A Street NE

List Price: \$489,900

Congratulations to my first-time homebuyer and referred client. It's a privilege to be part of your family's venture again.



2.5



1401



1721B 1 Avenue NW

List Price: \$749,900

Discover charm and functionality in this home featuring custom stained glass, a vaulted great room, bespoke kitchen, and sunlit deck with garage access. Steps from amenities and Bow River pathways, it's urban living at its best.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM

