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200000	events@westimmust.	com				



WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at www.westhillhurst.com/facility-rentals. Questions? Email rentals@westhillhurst.com.





Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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GENERAL MANAGER'S MESSAGE

Dear West Hillhurst Community,

Spring has sprung!

Let's make this Mother's Day extra special! Whether you're planning a heartfelt celebration with your family or taking time to appreciate the special women in your life, we hope this month brings you moments of joy and love. Don't forget to take a moment to show appreciation for all the amazing moms in our community.

Community Garage Sale May 24, 9:00 am to 2:00 pm

It's time to clean out those closets and declutter! Join us for the annual Community Garage Sale on May 24. Whether you're buying or selling, it's a great chance to find hidden treasures and meet your neighbours. Mark your calendars and get ready for a fun day of treasure hunting!

Spruce Up the Neighbourhood Community Cleanup Event May 25, 9:00 am to 2:00 pm

On May 25, we'll be hosting a free community cleanup event – You can leave gently used items (drop and free shop), donate (bottle drive, clothing, sports equipment), recycle (household batteries, metal, electronics), use the paper shredding station, and toss.

Community Garden Plots Available for Rent!

Looking to grow your own veggies or flowers this season? We have garden plots available for rent in the community garden! Get your hands dirty, connect with nature, and watch your plants flourish. If you're interested, please contact us to reserve your plot today.

A huge thank you to the Community Facility Enhancement Program (CFEP) and the City of Calgary for your support in helping us complete our arena dressing room HVAC project. These building improvements wouldn't have been possible without your contributions.

Stay connected with us on social media for all the latest news, updates, and announcements.

Warm regards,

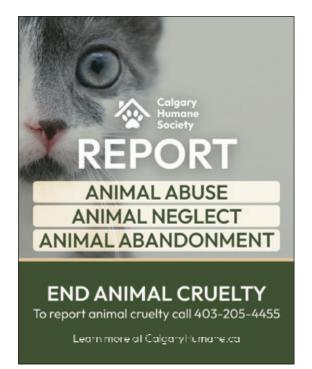
Susan Lenio

General Manager, West Hillhurst Community Association generalmanager@westhillhurst.com

P.S. Don't forget to check out our website and social media pages for upcoming events, volunteer opportunities, and more!







WHCA EVENTS



We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact info@westhillhurst.com.



THE NEST

Friends of West Hillhurst! Come support local at The Nest and enjoy a delicious burger, hot wings, gluten-free options, and an affordable kids' menu. Takeout available.



For takeout, reservations, and

group bookings email thenest@westhillhurst.com or call 403-389-2039.



Butter keep A Secret!

Have you heard the rumor about butter?

Never mind, I shouldn't be spreading it.

WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

Exclusive Member Card Discounts: Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

- Amato Gelato: 10% off
- Calgary Health Collective: 10 to 20% discounts
- Canary Goods: 10% off
- Dignity Memorial: 10% savings
- Eco Equitable: Use promo code 'WHCA' for a 15% discount
- Framed on Fifth: 10% off picture framing services
- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Little Rock Painting: 20% discount, use promo code WHCA20
- Shae Spa: \$50 off initial treatment
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.
- Sunny Cider: 10% off any cider purchased at the tap room
- Superior Vacuums: 5% off any purchase or service
- Trinity Wellness Centre: 15% off your initial acupuncture assessment and treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products

Contact generalmanager@westhillhurst.com or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit westhillhurst. com. Membership cards must be shown. Online administration fees go back to WHCA.

WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

Youth Programming

www.westhillhurst.com/youth-programs

WHCA Preschool 2025-2026

Spots still available. www.westhillhurstpreschool.com

WHCA Lunchtime Literacy Program - FULL Ages 4 to 6. www.westhillhurst.com/youth-programs/

WOW Occupational Therapy for Kids with ADHD wowot.ca

Jugando: Spanish Centre for Kids! www.jugando.ca

Sportball www.sportball.ca/calgary

Triple Meg Soccer www.triplemeg.com

Calgary Roller Derby Jr. www.calgaryrollerderby.com. juniors@calgaryrollerderby.com

Karate Jkaiwayama www.jkaiwayama.ca

Breakaway Hockey and Ringette Development www.breakawaypowerskating.com

Summit Kids Before/After School Care Monday to Friday. www.summitkids.ca

WHCA T-Ball 5 to 8 years

WHCA Youth and Adult Spring Group Tennis Lessons



www.westhillhurst.com/whca-soccer



U4 | U6 | U8 AGE GROUPS



TUESDAYS - THURSDAYS MAY 6 - JUNE 19, 2025 TIMBITS SOCCER

Come join us and learn the basics to advance your soccer skills through fun drills, practice, and games!

Registration includes soccer ball, photo, jersey, medal, and June 21 Tournament!





Adult Sports and Fitness Programming

www.westhillhurst.com/adult-programs

WHCA Women's Squash

www.westhillhurst.com/squash-lessons-programs

Boogie Nights

Dance fitness class. melissa.fellows@outlook.com

NCHL (Adult Non-Contact Hockey League) Monday to Sunday. www.nchl.com

Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm. jazzed@telus.net

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca

Lisa Scott Bootcamp Indoor and outdoor boot camp. scottlj@telus.net JKA Karate (Jkaiwayama) Adult and youth karate. www.jkaiwayama.ca

Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence. info@fight34.com

Yarn Ball Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport and Social Club

Volleyball, pickleball, floor hockey. www.calgarysportsclub.com

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com/juniors and calgaryjuniorrollerderby@gmail.com

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com



Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

- WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www.westhillhurst.com/planning.
- Go to developmentmap.calgary.ca to find details and timelines on specific development projects.
- Email the WHPC directly at planning@westhillhurst.com.



by Anne Burke

We were contacted about restoration work at Nose Hill. Alberta Native Plant Rescue has some native grasses they've rescued from development sites around Calgary and can plant them out. Past stewardship projects were in Fish Creek Park and Cochrane area. Native species are popular but are at increasing risk from invasive species (weeds) and land development. This Volunteer Group gathers a variety of native grasses and rare plants, then safely relocates them. Some are rough fescue grass, the Prairie sage, blanket flower, blazing star, yarrow, and more. When the native grassland restoration project involves sharing seedlings with the public, participants should bring clean tools and be dressed appropriately.

This year's World Migratory Bird Day theme, Shared Spaces: Creating Bird-friendly Cities and Communities, highlights the urgent need for urban planning and protecting birds. It's time to rally our community and Calgary is certified as bird friendly. Saturday, May 10 marks peak spring migration in Canada. Every action counts to help save bird lives. https://www.birdday.ca/.

Nature Alberta is the coordinator of Important Bird and Biodiversity Areas (IBAs) for Habitat Stewardship, enlisting community and government support. National partners include Birds Canada and Nature Canada. The program was initiated in the 1980s by BirdLife International. Nature Alberta is responsible for recruiting volunteer caretakers who collect bird data; they conduct at least one bird count per year (preferably during migration) and submit the results to eBird Canada. Some other duties are conducting site assessments, restoring habitat, raising awareness, and advocacy efforts. There are currently over 600 IBAs across Canada, including 48 in Alberta all viewable on a Google map. An online directory tracks locations, birds, habitats, threats, and conservation issues. You can access the database, interactive maps, desktop tools, and downloadable PDF maps at https://naturealberta. ca/habitat-stewardship/.



Think you know how to have fun on a Wednesday afternoon?

You called it: Bingo!

Every Wednesday starting at 11:30 am the Go-Getters host Bingo at our centre. Just like the big halls, we feature a professional caller, progressive jackpots, Nevada pull-tickets, and a canteen with food and beverages available for purchase. Open to the public. Must be 18+ to play.

If you enjoy playing Euchre, we invite you to join us Tuesday nights for Euchre after Dark.

Play starts at 6:30 pm and goes until about 9:00 pm. Access is from the entrance on the West side of the building.

Become a Go-Getter!

We are an energetic and diverse group of individuals 50+ who thrive on staying active, making new friends, and trying new things. The Go-Getters offer a variety of fitness classes, daily card games, and monthly special events.

Memberships for 2025 are only \$35 and are available now.

To purchase a membership or to learn more about the Go-Getters, please call 403-283-3720, or send an email to programs@telus.net. If you are in the neighbourhood, feel free to drop by and visit us Monday to Friday between 8:30 am and 3:30 pm.

The Go-Getters are located at 1940 6 Avenue NW. You will find us at the SW corner of the WHCA facility building.



WEST HILLHURST PRESCHOOL NEWS



by Lisa Kelly

New Life...

April is always a fun month in preschool! It's when our ducks arrive! This is now a yearly tradition that we all look forward to! The children (and adults) were so excited when the duck eggs arrived, and we patiently waited every day for them to hatch! On average it takes 28 days for the ducks to hatch, and as the days went by the excitement levels grew and grew! The day finally arrived! The eggs started to crack and just like that we had ducklings! Each class voted and picked a name for their class duck, and we all enjoyed watching how they grew and changed over the weeks that we took care of them. Our favourite part was teaching them to swim! The ducks are now happily back at the farm enjoying a more peaceful lifestyle! Thank you to the parents who helped organize the ducks, making sure we had everything we needed.

This month, soccer with Triple Meg returns and each class will take part in four sessions with Coach Steve and his team. The children always enjoy these sessions and it's lovely to see the skills that they develop in such a short period of time.

We still have limited spots in some classes for our 2025/2026 program. For more information, please visit our website at www.westhillhurstpreschool.com, our Facebook page 'West Hillhurst Community Preschool', and our Instagram page @whcapreschool to see all the exciting and fun things we get up to!





Learn to Skate

If you forgot your WHCA account password, please do not create a new account. Call our admin staff at 403-283-0464, ext. 6 to reset your password.

For questions about the WHCA Skate Club program contact skate@westhillhurst.com.



West Hillhurst Racquet Club



New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

lan Coburn: ian.t.coburn@gmail.com, 403-714-3578 www.westhillhurst.com/meet-the-instructors

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca Ozzie Vallejos: ozzievallejos@aol.com

Membership information can be found at www.westhillhurst.com/membership-pricing. Questions? Contact whfitness@westhillhurst.com or 403-283-0464, ext. 1.



BUSINESS CLASSIFIEDS For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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WEST HILLHURST MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

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GARDEN DESIGN & LANDSCAPING FOR YOUR INNER-CITY SITE: Book a consultation with a local garden designer specializing in inner-city landscapes, pocket gardens & hardscape solutions. Make the most of your yard with Calgary-proven trees, shrubs & flowers. Design with plant list only or installation & hardscaping included. Contact 403-585-1125 or design@everhaus.ca.

VIRTUAL ASSISTANCE FOR SMALL BUSINESSES OR BUSY PROFESSIONALS: Bookkeeping (Xero, QuickBooks, OpenInvoice), administration, calendar management, PowerPoint presentations, research & data management, Spanish & French tutoring for kids, personalized support for your business needs. With over 20 years of experience, I provide reliable, professional, punctual and tailored assistance. Visit www.riliservices. com. Lilia Saro. riliservices@gmail.com.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.



Adult Pickleball

Check out our WHCA website. The new outdoor (Tennis Courts) and indoor (Gym) schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email admin@westhillhurst.com.



WHCA Gardens

Gardeners, welcome back to the 2025 season at WHCA.

You may have noticed that some of the beds have been repaired and are waiting for the planting season to begin.

Save the date for our annual Garden Cleanup. Date: Saturday, May 10 (Please RSVP to Carla) Time: 10:00 am to 2:00 pm

Come out and have fun meeting your fellow gardeners for a few hours. The more the merrier to clean up the whole area.

See you in the garden!



Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

https://app.skipthedepot.com/westhillhurst.



GAMES & PUZZLES Guess the Video Game!

- 1. This video game was developed and published by Atari in 1972, making it one of the earliest and most well-known video games.
- 2. With over 300 million copies sold, this is the bestselling video game of all time.
- 3. Physicist William Higinbotham created the very first game called _____; and no, it's not what you think!
- 4. A video game classic, the character of Mario was originally called ______.
- 5. Beginning as a joke, this 1999 Nintendo 64 game included an unlikely rap about its main characters.
- 6. The Stalfos are the only enemy creatures to appear in every edition of this video game since its creation.







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403.850.2560



911 36 Street NW List Price: \$1,049,900

MLS #A2204242

Tucked away on a quiet, tree-lined street, just steps from the Bow River Pathway and minutes to top hospitals and downtown. Features include a chef's kitchen, vaulted ceilings and spa-like ensuite.



721 19 Street NW List Price: \$875,000 MLS #A2203071

A prime development corner lot with a west-facing backyard, across from a park. Features include an updated kitchen, renovated bath and flexible living space.



1721B 1 Avenue NW List Price: \$725,000

Congratulations to my clients on their successful sale. Your time and patience were instrumental in achieving this excellent outcome.



64 Willow Park Green SE List Price: \$1,550,000

Sincere congratulations to my client on their recent purchase. It has been a genuine pleasure to collaborate with you once again.

Not intended to solicit buyers or sellers currently under contract with a broker.

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