

OCTOBER 2025

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# your WEST HILLHURST WARBLER

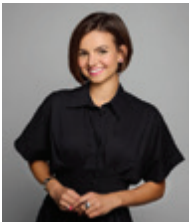
THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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[official-plumbing-heating.ca](http://official-plumbing-heating.ca)



## WEST HILLHURST GO-GETTERS ASSOCIATION

Think you know how to have fun on a Wednesday afternoon?

You called it: Bingo!

Every Wednesday starting at 11:30 am the Go-Getters host Bingo at our centre. Just like the big halls, we feature a professional caller, progressive jackpots, Nevada pull-tickets, and a canteen with food and beverages available for purchase. Open to the public. Must be 18+ to play.

If you enjoy playing Euchre, we invite you to join us Tuesday nights for Euchre after Dark.

Play starts at 6:30 pm and goes until about 9:00 pm. Access is from the entrance on the West side of the building.

### Become a Go-Getter!

We are an energetic and diverse group of individuals 50+ who thrive on staying active, making new friends, and trying new things. The Go-Getters offer a variety of fitness classes, daily card games, and monthly special events.

Memberships for 2025 are only \$35 and are available now.

To purchase a membership or to learn more about the Go-Getters, please call 403-283-3720, or send an email to [programs@telus.net](mailto:programs@telus.net). If you are in the neighbourhood, feel free to drop by and visit us Monday to Friday between 8:30 am and 3:30 pm.

The Go-Getters are located at 1940 6 Avenue NW. You will find us at the SW corner of the WHCA facility building.



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# WHCA Board of Directors

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Past President	James H. pastpresident@westhillhurst.com
Treasurer	Will O. treasurer@westhillhurst.com
Secretary	Deborah K. secretary@westhillhurst.com

## Directors

Lawrence B., Elizabeth L., Gord C., Maggie L., Angela P., Julie I.

## General Contacts

Community Events and Volunteers	info@westhillhurst.com
Community Garden, Newsletter and Pickleball	admin@westhillhurst.com

## West Hillhurst Advocacy Groups

WH Planning	whcaplanningcommittee@gmail.com
WH Transportation and Mobility	whca.transportation@gmail.com
WH Green Community	whca.transportation@gmail.com

### WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at [www.westhillhurst.com/facility-rentals](http://www.westhillhurst.com/facility-rentals). Questions? Email [rentals@westhillhurst.com](mailto:rentals@westhillhurst.com).



# WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

**Exclusive Member Card Discounts:** Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

- Amato Gelato: 10% off
- Calgary Health Collective: 10 to 20% discounts
- Canary Goods: 10% off
- Dignity Memorial: 10% savings
- Eco Equitable: Use promo code 'WHCA' for a 15% discount
- Framed on Fifth: 10% off picture framing services
- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Little Rock Painting: 20% discount, use promo code WHCA20
- Shae Spa: \$50 off initial treatment
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.
- Sunny Cider: 10% off any cider purchased at the tap room
- Superior Vacuums: 5% off any purchase or service
- TrinityWellness Centre: 15% off your initial acupuncture assessment and treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products

Contact [generalmanager@westhillhurst.com](mailto:generalmanager@westhillhurst.com) or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit [westhillhurst.com](http://westhillhurst.com). Membership cards must be shown. Online administration fees go back to WHCA.

## GENERAL MANAGER'S MESSAGE

Dear West Hillhurst Community,

Fall is here at WHCA, and with it comes a season full of programs, events, and community connection!

We're excited to invite you to our annual Halloween event this month—always a community favourite. Be sure to bring the whole family out for some spooky fun, treats, and activities that bring our neighbourhood together. Please visit our website for event details and follow us on social media.

Our fall programming is now in full swing, and there truly is something for everyone. From clay and art workshops to squash, youth basketball, tot and youth dance, skating, and so much more—including fantastic external programs—you'll want to register early as spots fill quickly. Don't miss out!

A special thank you goes out to local artist Daniel J. Kirk for his incredible contributions to our community beautification projects. His work on the utility box art project and the stunning mural at the front of WHCA has added vibrancy and creativity to our neighbourhood—be sure to stop by and take a look!

A heartfelt thank you to all community members who have purchased a yearly WHCA membership. Your support directly contributes to the growth and vitality of our neighbourhood. Membership comes with many benefits, including access to WHCA-hosted events (at least ten each year), priority registration for programs such as preschool and soccer, discounted family non-prime-time ice rates, and use of our two outdoor rinks.

We are also excited to share some of our member-exclusive programs: Member Skate, Sticks and Puck: Weekly from September through June, plus monthly holiday/weekend offerings, and Adult Tai Chi: Sunday mornings.

And finally, we'd like to acknowledge and thank the many local businesses who have partnered with WHCA to provide additional perks and benefits to our membership holders. Their support helps us grow stronger together.

We can't wait to see you around WHCA this fall!

### Stay Connected!

Follow us on social media to stay up to date with the latest community news, events, and more.

Cheers,

*Susan Lenio*

General Manager, West Hillhurst Community Association

[generalmanager@westhillhurst.com](mailto:generalmanager@westhillhurst.com)

P.S. Don't forget to check out our website and social media pages for upcoming events, volunteer opportunities, and more!



## West Hillhurst Transportation and Mobility Committee

The WHCA transportation and mobility committee works with the planning committee to advocate for vehicle, pedestrian, cycling, and transit safety and access in our neighbourhood.

Our goals:

1. To work with the City of Calgary on transportation plans and issues related to our community.
2. To work with community members by letting them know how they can resolve transportation issues.
3. To advocate for infrastructure spending in our community.



## Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

- WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on [www.westhillhurst.com/planning](http://www.westhillhurst.com/planning).
- Go to [developmentmap.calgary.ca](http://developmentmap.calgary.ca) to find details and timelines on specific development projects.
- Email the WHPC directly at [whcaplanningcommittee@gmail.com](mailto:whcaplanningcommittee@gmail.com).

# SKIP THE DEPOT

Donate \$\$ from your used clothing, bottles, and electronics!!



**WEST HILLHURST**  
COMMUNITY ASSOCIATION

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CLOTHING 

ELECTRONICS 

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 **INFO** [www.westhillhurst.com/skip-the-depot](http://www.westhillhurst.com/skip-the-depot)

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## Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

<https://app.skipthedepot.com/westhillhurst>.

## THE NEST

Friends of West Hillhurst! Come support local at The Nest and enjoy a delicious burger, hot wings, gluten-free options, and an affordable kids' menu. Takeout available.



For takeout, reservations, and group bookings email [thenest@westhillhurst.com](mailto:thenest@westhillhurst.com) or call 403-389-2039.



**THE NEST**  
1940 6 AVE NW CALGARY

**TUESDAY**  
4:30PM-11PM

**WEDNESDAY**  
4:30PM-11PM

**THURSDAY**  
4:30PM-11PM

**FRIDAY**  
3PM-12AM

**SATURDAY**  
4:30PM-11PM

HOURS SUBJECT TO CHANGE  
[thenest@westhillhurst.com](mailto:thenest@westhillhurst.com)  
403-389-2039  
UPSTAIRS AT THE ICE RINK

## WHCA EVENTS

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[WWW.WESTHILLHURST.COM](http://WWW.WESTHILLHURST.COM) 1940 6TH AVE NW THENESTWHCA WESTHILLHURSTCA

Exciting news for this month! It's our annual Halloween event.

Stay tuned for more details on our website and follow us on our social media.

### We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact [info@westhillhurst.com](mailto:info@westhillhurst.com).



**WEST HILLHURST**  
**COMMUNITY**  
**MEMBERSHIP**

**ANNUAL WHCA FAMILY MEMBERSHIP \$35**

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WHCA PROGRAM ACCESS / DISCOUNT ICE TIMES  
DISCOUNTS AT LOCAL BUSINESSES

**WEST HILLHURST**  
COMMUNITY ASSOCIATION

[www.westhillhurst.com/whca-membership](http://www.westhillhurst.com/whca-membership)



## WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

### Youth Programming

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### Youth Basketball

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### Hip-Hop & Beginner Breaking

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### Tot Dance

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### Clay for Kids

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

#### WHCA Preschool 2025-2026

Spots still available. [www.westhillhurstpreschool.com](http://www.westhillhurstpreschool.com)

#### WOW Occupational Therapy for Kids with ADHD

[wowot.ca](http://wowot.ca)

#### Jugando: Spanish Centre for Kids!

[www.jugando.ca](http://www.jugando.ca)

#### Sportball

[www.sportball.ca/calgary](http://www.sportball.ca/calgary)

#### Triple Meg Soccer

[www.triplemeg.com](http://www.triplemeg.com)

#### Calgary Roller Derby Jr.

[www.calgaryrollerderby.com](http://www.calgaryrollerderby.com)

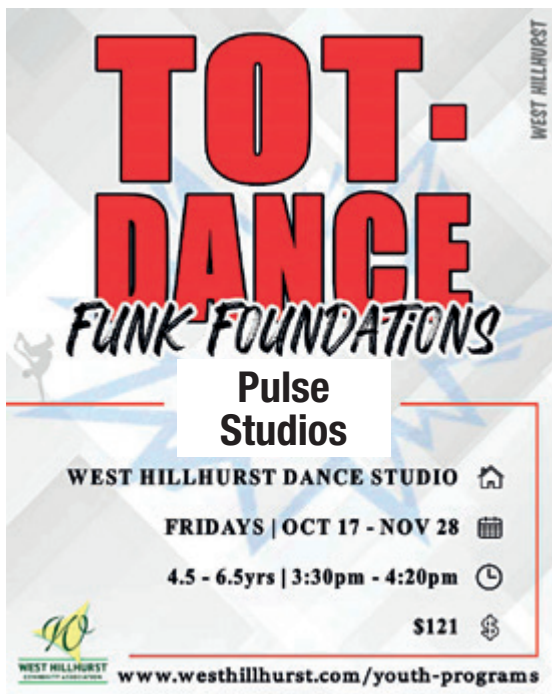
[juniors@calgaryrollerderby.com](mailto:juniors@calgaryrollerderby.com)

#### Karate Jkaiwayama

[www.jkaiwayama.ca](http://www.jkaiwayama.ca)

#### Summit Kids Before/After School Care

Monday to Friday. [www.summitkids.ca](http://www.summitkids.ca)





**HIP-HOP & BEGINNER BREAKING**

**PULSE STUDIOS**

**SATURDAYS | 1:30PM - 2:30PM**

**\$121 | AGES 7-12yrs | WHCA**

**7X SESSIONS | SEPT 20 - NOV 8**

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

## Adult Sports and Fitness Programming

[www.westhillhurst.com/adult-programs](http://www.westhillhurst.com/adult-programs)

### Boogie Nights

Dance fitness class. [melissa.fellows@outlook.com](mailto:melissa.fellows@outlook.com)

### NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. [www.nchl.com](http://www.nchl.com)

### Jazzercise with Kathy Taylor

\*Jazzercise under new management

Mondays and Wednesdays. 6:00 to 7:00 pm.

[jazzstrathcona@gmail.com](mailto:jazzstrathcona@gmail.com)

### Yogamaya

Yin, gentle, and flow yoga classes. [www.yogamaya.ca](http://www.yogamaya.ca)

### Lisa Scott Bootcamp

Indoor and outdoor boot camp. [scottlj@telus.net](mailto:scottlj@telus.net)

### JKA Karate (Jkaiwayama)

Adult and youth karate. [www.jkaiwayama.ca](http://www.jkaiwayama.ca)

### Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence.  
[info@fight34.com](mailto:info@fight34.com)

### Calgary Sport and Social Club

Volleyball, pickleball, floor hockey.  
[www.calgarysportsclub.com](http://www.calgarysportsclub.com)

### Calgary Roller Derby

Adult roller derby. [www.calgaryrollerderby.com/juniors](http://www.calgaryrollerderby.com/juniors)  
and [calgaryjuniorrollerderby@gmail.com](mailto:calgaryjuniorrollerderby@gmail.com)

### Chinook City Roller Derby

Adult roller derby. [michael.p.willie@gmail.com](mailto:michael.p.willie@gmail.com)

### Fit for Dance: Dance Fitness Class

[fitforchangeeyyc@gmail.com](mailto:fitforchangeeyyc@gmail.com)

### Burlesqueise: Dance Fitness Class

Contact Jessie at [burlesqueiseingo@gmail.com](mailto:burlesqueiseingo@gmail.com)



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## Bethany Calgary Redevelopment News

Get project updates at  
[developmentbethany.com](http://developmentbethany.com)



### A Time to Be Thankful...

by Lisa Kelly

We have a lot to be thankful for this month! After the summer break, it was great to be back in the classroom with our friends, learning and playing together. Thanks to our incredible team of teachers, the children have spent the past month getting to know one another and settling into a routine of free-play, circle and story time, as well as daily art activities. As parents, we delight in the stories of their day and all that they are learning.

We have two overarching themes in the Preschool for the fall, 'All about me/Getting to know you' and 'The Fall'. Each class has been planning activities linked to these themes based on their class's individual interests and needs. These themes help us facilitate the development of creative thinking, problem solving, self-confidence, and independence in our students.

We'd like to thank those of you who purchased apples through our recent apple fundraiser. We are deeply grateful to be a part of a community that is committed to supporting the enrichment of our local children.

We still have some available spots in our classes. Please visit our website: [www.westhillhurstpreschool.com](http://www.westhillhurstpreschool.com) to find out more. Also, be sure to check out our Facebook page 'West Hillhurst Community Preschool' and our Instagram page to see all the exciting and fun things we get up to!

**West Hillhurst Community Preschool**

**SPOTS STILL AVAILABLE**

**2025-2026**

PLAY BASED CURRICULUM - AGES 3-5

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LIMITED SPOTS AVAILABLE - REGISTER AT [WWW.WESTHILLHURSTPRESCHOOL.COM](http://WWW.WESTHILLHURSTPRESCHOOL.COM) TODAY TO SECURE YOURS!

Questions? [info@westhillhurst.com](mailto:info@westhillhurst.com) | 403 283 0464 x3

### WHCA Gardens

Well done all of you gardeners, the garden area looked fabulous this year. We hope everyone had some good crops this year, but now is the time to put the garden to rest for the winter months. Please clean up your plot by October 31, 2025.

Thank you and hope to see you all next spring.

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## West Hillhurst Skating Club

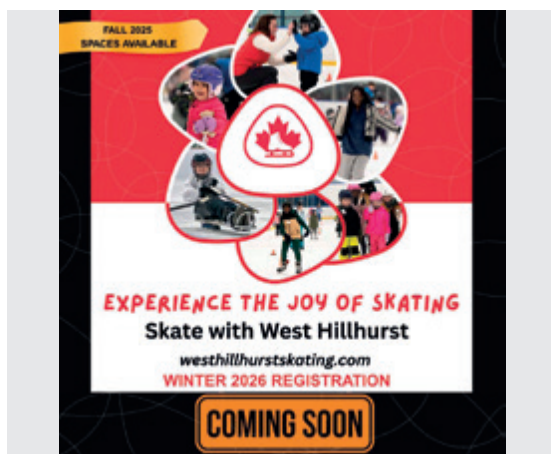
West Hillhurst Skating Club (WHSC) is a not-for-profit Skate Canada sanctioned club that hosts skating programs in the northwest Calgary communities of West Hillhurst, Brentwood, and Mount Pleasant. Providing instruction to skaters aged three to adult, it is the mission of WHSC to provide programs that allow skaters to develop fundamental skating skills while supporting goal-achievement and creativity in a positive, safe, and fun skating environment. West Hillhurst Skating Club has proudly operated within the West Hillhurst Community Association for more than 35 years. As a pillar of the community, WHSC will continue to serve WHCA members and Calgarians for decades to come.

Over the past few years, WHSC has seen significant growth. In an effort to better serve members, the WHSC has moved to a new website and email address! To explore the programs they offer and register for summer skating, visit the new website. Fall 2025 programming is open with limited spots left and Winter 2026 programming will be opening soon!

All inquiries can be sent to  
[director@westhillhurstskating.com](mailto:director@westhillhurstskating.com).

*Jaclyn Holmes and Amy Cardinal*

Co-Directors of Skating  
West Hillhurst Skating Club  
[director@westhillhurstskating.com](mailto:director@westhillhurstskating.com)  
[info@westhillhurstskating.com](mailto:info@westhillhurstskating.com)  
[www.westhillhurstskating.com](http://www.westhillhurstskating.com)





## West Hillhurst Racquet Club

WEST HILLHURST  
**RACQUET**  
CLUB

### New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

Ian Coburn: [ian.t.coburn@gmail.com](mailto:ian.t.coburn@gmail.com), 403-714-3578

[www.westhillhurst.com/meet-the-instructors](http://www.westhillhurst.com/meet-the-instructors)

### Squash Lessons

Sasha Thomson: [sasha@thomsonfamily.ca](mailto:sasha@thomsonfamily.ca)

Ozzie Vallejos: [ozzievallejos@aol.com](mailto:ozzievallejos@aol.com)

Membership information can be found at  
[www.westhillhurst.com/membership-pricing](http://www.westhillhurst.com/membership-pricing).

Questions? Contact [whfitness@westhillhurst.com](mailto:whfitness@westhillhurst.com) or  
403-283-0464, ext. 1.

WEST HILLHURST RACQUET CLUB

# SQUASH COACHES

## PRIVATE LESSONS



**OZZIE VALLEJOS**  
[ozzievallejos@aol.com](mailto:ozzievallejos@aol.com)



**SASHA THOMSON**  
[sasha@thomsonfamily.ca](mailto:sasha@thomsonfamily.ca)

Squash Alberta    WEST HILLHURST RACQUET CLUB    Squash Canada

## Adult Pickleball

Check out our WHCA website. New indoor fall gym schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email [admin@westhillhurst.com](mailto:admin@westhillhurst.com).

WEST HILLHURST RACQUET CLUB



**ALLISON GENOVESE**  
**CERTIFIED PICKLEBALL COACH**

Allison Genovese is an IPTPA and NCCP certified pickleball coach with a passion for teaching players of all ages and skill levels. She has medaled in singles, women's, and mixed doubles across 4.0–5.0 tournaments and is currently competing at the 4.5 level.

Allison's coaching style emphasizes smart shot selection and effective strategies that align with today's fast-paced and evolving game. While Allison is a competitive player, her top priority is to make the game fun and ensure everyone around her enjoys their time on the court.

**AVAILABLE FOR PRIVATE & SEMI PRIVATE LESSONS**  
MORE INFO | [allisong.pickleball@gmail.com](mailto:allisong.pickleball@gmail.com)

WEST HILLHURST RACQUET CLUB

SQUASH ALBERTA



**FALL 2025**

# YOUTH SQUASH

AT THE WEST HILLHURST RACQUET CLUB

- FRIDAYS | OCT 17 - NOV 21
- 6X LESSONS | \$84 & \$108

6-9yrs - intro level | 3:00pm - 3:35pm  
8-16yrs - beg & inter level | 3:45pm - 5:00pm

[www.westhillhurst.com/youth-programs](http://www.westhillhurst.com/youth-programs)

WEST HILLHURST  
RACQUET CLUB

SQUASH  
ALBERTA



FALL 2025

LADIES | SQUASH

AT THE WEST HILLHURST RACQUET CLUB

• SUNDAYS | OCT 19 - NOV 30

• 7X LESSONS | \$145

intro / beginner | 4:15pm - 5:00pm

intermediate | 5:00pm - 6:00pm

[www.westhillhurst.com/adult-programs](http://www.westhillhurst.com/adult-programs)



## News from the Friends of Nose Hill

by Anne Burke

The first recorded land occupancy of Nose Hill was an 88,000-acre lease in 1882. Large range leases were bought by well-financed ranchers, such as Senator Patrick Burns, who purchased most of two sections of Nose Hill. Cattle grazing occurred until Nose Hill was established as a park. Crops, such as wheat, oats, and rapeseed, were first grown on the plateau in 1907. Privately held farmland was horse pasture until 1912. The negative impact of horse and cattle grazing was widespread on slopes and ravines. However, it helped to control taller nuisance weeds, such as thistle and common nettle.

By 1910, Calgary's boundaries extended north to 48 Avenue. Residential development between 1945 and 1959 pushed as far north as Capri Avenue and east of 14 Street as far north as 56 Avenue. Aerial photographs reveal traffic to and from fields on the Hill to sites in the ravines and gullies along the escarpment. There were many old vehicle trails. Pickups and 4x4 trucks on the Hill used the sloping benches south of 56 Avenue and east of 24 Street. Trail development and use by walkers increased with the Winter Club.

Gravel mining began in 1961. Many Owls Valley was part of the route for commercial trucks on the main road and along the ridge on the south slope of the valley. Severe damage was caused to slope crests and the top of hummocky areas. Construction of John Laurie Boulevard in 1968-69 caused overuse in areas without fencing. More people trespassed on private lands north of the Boulevard or drove to riding club stables south of the gravel pit. There were many horse trails and dirt bikes, walkers, and joggers from 1975 to 1980. Agriculture on the Hill was suspended in 1979.



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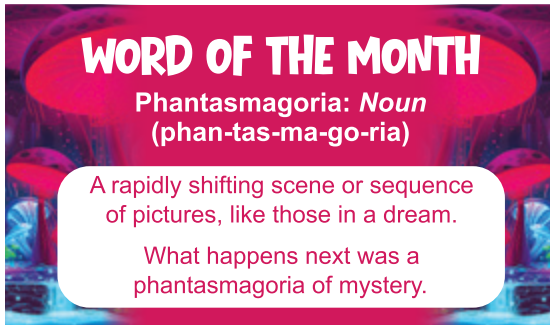
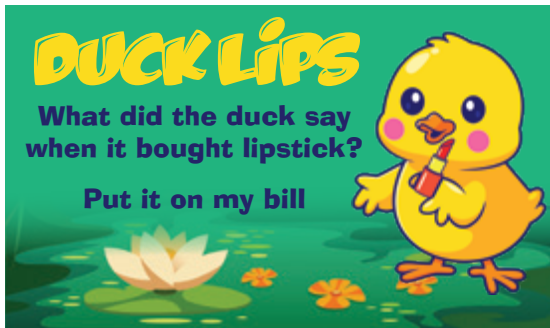
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☎ 403-607-9292

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✉ [EMANCHEBLI@ROYALLEPAGE.CA](mailto:EMANCHEBLI@ROYALLEPAGE.CA)



BRAIN GAMES

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6								
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	7			6				
				9	1	3		
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			4					6
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**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**WEST HILLHURST MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita Russell at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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1.5



1047



540, 1304 15 Avenue SW

List Price: \$267,500

MLS #A2253032

Modern updates, ideally located near 17th Ave's vibrant energy, and full of style. Features include a private balcony with city views, a primary bedroom with dual closets and covered parking.



1



696



1014, 1111 6 Avenue SW

List Price: \$319,900

MLS #A2241988

Move-in ready corner unit. Features include in-suite laundry, titled parking, panoramic Bow River views and is only steps from downtown and Kensington.



1



675



211, 35 Inglewood Park SE

List Price: \$299,900

Congratulations to my sellers on the successful sale of this stylish retreat in a vibrant and historic community.



1



807



1402, 733 14 Avenue SW

List Price: \$295,000

Success is sweet. Proof that patience and smart investing go hand in hand. Congratulations to my amazing clients.

Not intended to solicit buyers or sellers currently under contract with a broker.

**CARDINAL**BYRAMAGE.COM

